**Table 1. Questionnaire items.** Variables come from two major domains: social and well-being. In the survey, questions were asked that probed aspects of these domains. From these questions a series of variables were derived. Multiple variables could be derived from a single question, as some item-level responses were free responses which provided rich detail.

|  |  |  |  |
| --- | --- | --- | --- |
| **Domain** | **Question** | **Abbreviation(s)** | **Item-level responses** |
| Social | How many individuals live in your household, not including yourself? | Immediate network size (INS) | Numeric response |
| Please list the relationship that each individual in your household has with you and indicate the amount of time you have spent with them (in hours), during the past week. | IN\_URels | Numeric response for each relationship (i.e. mother: 40, father: 40, brother1: 60, brother2: 20) |
| Please list the relationship that each individual in your household has with you and indicate how positive or negative that relationship has been, during the past week | IN\_valw | Very positive: 5,  Positive: 4,  Neutral: 3,  Negative: 2,  Very negative: 1  Each relationship was given its own rating (i.e. mother: 3, father: 3, brother1: 5, brother1: 1) |
| Well-being (Wellb) | How much of the time, during the past week, have you been a nervous person? | anxiety | Much less than usual,  Less than usual,  About the same as usual,  More than usual,  Much more than usual |
| How much of the time, during the past week, have you felt calm and peaceful? | pos\_affect\_calm | Much less than usual,  Less than usual,  About the same as usual,  More than usual,  Much more than usual |
| How much of the time, during the past week, have you felt downhearted and blue? | depression | Much less than usual,  Less than usual,  About the same as usual,  More than usual,  Much more than usual |
| How much of the time, during the past week, have you been a happy person? | pos\_affect\_happy | Much less than usual,  Less than usual,  About the same as usual,  More than usual,  Much more than usual |
| How much of the time, during the past week, have you felt so down in the dumps that nothing could cheer you up? | behav\_emo\_control | Much less than usual,  Less than usual,  About the same as usual,  More than usual,  Much more than usual |

**Table 2. Summary statistics.**

|  |  |  |
| --- | --- | --- |
| **Measure** | **Mean** | **Standard Deviation** |
| INS | 1.84 | 1.42 |
| IN\_URels | 1.90 | 1.00 |
| IN\_valw | 1.34 | 0.75 |
| Anxiety | 3.48 | 0.93 |
| Depression | 3.22 | 0.95 |
| Behavioral/emotional control | 3.01 | 0.94 |
| Positive affect calm | 2.58 | 0.92 |
| Positive affect happy | 2.70 | 0.80 |
| Well-being | 0 | 0.94 |
| Boredom | 3.50 | 0.95 |
| Interests | 3.21 | 1.13 |
| Regulation | 2.83 | 0.67 |
| Routine | 2.11 | 0.89 |
| Health | 3.76 | 0.79 |

**Table 3. Path analysis results.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Dependent Variable** | **Independent Variable** | **β** | **SE** | ***p*** |
| Anxiety | Well-being | 0.39 | 0.05 | < .001 |
| Positive calm affect | Well-being | -0.42 | 0.05 | < .001 |
| Depression | Well-being | 0.46 | 0.06 | < .001 |
| Positive happy affect | Well-being | -0.38 | 0.05 | < .001 |
| Behavioral/emotional control | Well-being | 0.43 | 0.06 | < .001 |
| Well-being | INS | 0.03 | 0.06 | 0.636 |
| Well-being | IN\_URels | 0.00 | 0.08 | 0.978 |
| Well-being | IN\_valw | -0.38 | 0.14 | 0.001 |