Unique Identifiers

- Emails

- Devices

- Usernames

- UUIDs

- Database IDs

```ruby
create_table "users", force: :cascade do |t|
  t.string   "email",                  default: "", null: false
  t.string   "encrypted_password",     default: "", null: false
  t.string   "reset_password_token"
  t.datetime "reset_password_sent_at"
  t.datetime "remember_created_at"
  t.integer  "sign_in_count",          default: 0,  null: false
  t.datetime "current_sign_in_at"
  t.datetime "last_sign_in_at"
  t.string   "current_sign_in_ip"
  t.string   "last_sign_in_ip"
  t.datetime "created_at",                          null: false
  t.datetime "updated_at",                          null: false
end
```