US ID	Test Case ID	Test Case Description	Steps to Execute	Expected Result	Result (Pass/Fail)
USII	TCILI	Enter meal manually and view nutrition	1. Open food entry screen2. Input food name and portion3. Save meal	Calories and macros (protein, carbs, fats) are shown	Pass
USII	TC11.2	Ensure nutrition data is saved	1. Enter and save food2. Open meal log3. View saved item	Nutrition info is stored and shown correctly	Pass
US12	TC12.1	View weekly calories chart	1. Log meals for 7 days2. Open weekly progress screen3. Review graph	Weekly calories graph is displayed	Pass
US12	TC12.2	Check weekly macro average	1. Log meals with macros2. Open progress screen3. Review summary	Weekly macro average is shown (protein, carbs, fats)	Pass
US13		Change unit preference	1. Go to settings2. Change unit from metric to imperial3. Save and go to dashboard	Dashboard reflects new unit preference	
US13	TC13.2	Update health goal	1. Go to settings2. Change goal (e.g., weight loss to maintenance)3. Save and check dashboard	Calorie target updates accordingly	Pass
US13	TC13.3	Save preferences persistently	1. Change settings2. Log out3. Log back in and open settings	Changes are saved and persist between sessions	Pass