Sprint 1 – Product Backlog with User Stories & Acceptance Criteria					
ID	User Story	Story Points	Priority	Feature Component	Acceptance Criteria
	As a user, I want to register for an account so I can access the				• Form must include: Name, Email, Password, DOB • Password stored securely (encrypted) • Successful registration redirects to dashboard with
US_01	web app.	5	High	User Account	confirmation

	As a user, I want to complete an onboarding quiz to get personalized supplement and workout			AI	• Quiz captures: fitness goals, weight, height, age, sex, experience level. Data is saved securely to the database. System provides: • A personalized workout routine (exercises, sets, reps, equipment). • A supplement recommendati on list (name, dosage, purpose, timing). User sees the full plan in a
110 02	recommendati		II: ala	Personalizatio	confirmation
US_02	ons.	6	High	n	UI.

US_03	As a user, I want to log in securely to access my account.	5	High	User Account	Login only succeeds with valid credentials Invalid credentials show an error message Secure session token created on login
US_04	As a user, I want to reset my password if I forget it.	4	Medium	Forgot Password Page	 "Forgot password" link on login page Email sent with reset link Users can choose a new password and log in
US_05	As a user, I want to view the About Us page to learn about Gymnetics.	3	Low	Static Content	 Page contains mission statement, team bios, images Accessible via navbar
US_06	As a user, I want to view supplement products available for purchase.	5	High	Products Page	• Product listing shows image, name, price • "Add to Cart" button present

US_07	As a user, I want to add and manage items in my cart.	5	High	Cart Page	• Items added/remove d update cart • Subtotal displayed • Checkout button present
US_08	As a user, I want to complete my purchase using Stripe payments.	8	High	Stripe Integration	 Stripe form integrated and functional Payment success/error displayed Email receipt sent on success
US_09	As a user, I want to view the home page to learn about the web app.	3	Medium	Home Page	 Welcoming content and banner Navbar links to login/register/products/abou t us
US_10	As a team, we want to publish our sprint planning video to YouTube.	2	Medium	Planning Documentatio n	• Uploaded video link in wiki • Title/descripti on include GitHub link and sprint goals