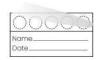


### **Blood Card Collection Kit**

#### This Kit Includes:



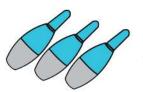
Blood Collection Card (2 or 3 depending on kit) Fill out every card in the package



Alcohol Pads (2)



Sterile Gauze Pad (1)



Single Use Lancets

(2 or 3 depending on kit)

Adhesive Bandages (2)







Specimen Bag (1)



1 prepaid return shipping label

Blood Collection Card

(2 or 3 depending on kit)

Fill out every card in the package





N F I image T E

ALLERGY LABS

**Blood Card Collection Kit** 

Alcohol Pads (2)



Sterile Gauze Pad (1)



Specimen Bag (1)



1 prepaid return shipping label

#### MUST BE MAILED WITHIN 24 HOURS AFTER FINGER PRICK BLOOD COLLECTION

to be received in the Laboratory no later than 7 days after collection Read ALL instructions on front AND back of this packet before beginning collection

#### Tips for Proper Blood Collection:

- Ensure you are well hydrated before attempting to perform draw.
- Promote blood flow to the hands by washing them in warm water.
- Shake hands in an up and down motion to promote blood flow to the fingers.
- For best results when performing the draw, please keep your hands and the blood collection card below heart level.
- 5. Smoking causes blood vessels to constrict and thus decreases blood flow. Please do not perform collection immediately after smoking
- Keep in mind you may need to perform multiple finger pricks to obtain the desired quantity during collection.

Fill out every card in the package

### MUST BE MAILED WITHIN 24 HOURS AFTER FINGER PRICK BLOOD COLLECTION

to be received in the Laboratory no later than 7 days after collection Read ALL instructions on front AND back of this packet before beginning collection

#### Tips for Proper Blood Collection:

- Ensure you are well hydrated before attempting to perform draw.
- Promote blood flow to the hands by washing them in warm water.
- Shake hands in an up and down motion to promote blood flow to the fingers.
- 4. For best results when performing the draw, please keep your hands and the blood collection card below heart level.
- 5. Smoking causes blood vessels to constrict and thus decreases blood flow. Please do not perform collection immediately after smoking
- Keep in mind you may need to perform multiple finger pricks to obtain the desired quantity during collection.

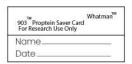
Fill out every card in the package

# INFI 🔀 TE

#### ALLERGY LABS

MUST BE MAILED WITHIN 24 HOURS AFTER FINGER PRICK BLOOD COLLECTION TO PREVENT REJECTED SPECIMENS, PLEASE READ ALL INSTRUCTIONS FRONT & BACK BEFORE BEGINNING COLLECTION

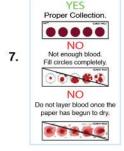
1.



Write your name, date of birth, and the date of collection in the designated fields. Use MM/DD/YYYY format.

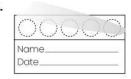


Clean the tip of your finger with the provided alcohol pad. It is suggested to use the pointer, middle, or ring finger of your non-dominant hand. Keep in mind you may need to use multiple fingers to obtain the desired quantity during collection.



Please take the time to review steps 7 and 8 for examples of proper and incorrect collection. We request that you fully fill ALL 5 CIRCLES of ALL CARDS provided. NOTE: Failure to provide sufficient sample may result in rejection.

2.

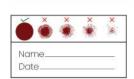


Pull back the flap on each blood card until you see the blood collection circles then place them on a flat surface such as a table or desk.



Remove the protective cap from the lancet by twisting it and pulling it off. Press the spring-loaded portion firmly into your fingertip until the needle releases and pricks the skin. Point your finger downward and begin squeezing the finger from the base to the tip in a "milking" motion to promote blood drops to form.

8. Fill out every card in the package



Once collection is complete, LEAVE THE FLAP OPEN and allow each card to dry naturally for 30 minutes. Do not use moving air or heat. Do not expose the card to direct sunlight. 3.



Wash hands with warm water to promote blood flow. You may also want to shake your hands in an up and down motion to promote further blood flow to the fingertips.



Fill the provided blood collection cards by touching the drop of blood to the CENTER of the first circle. (Please do not touch the card directly with your finger). Repeat the process of squeezing the finger from the base to the tip and placing drops on the paper until all circles are filled without overfilling.

It may take up to 5 drops of blood to fill 1 circle to the dashed line. Keep in mind you may need to perform multiple finger pricks to obtain the desired quantity during collection.

9.



When the card is dry, tuck the flap into the tab to close it. Place the card in the main section biohazard bag and fold and place your fully filled out requisition form in the outer flap of the bag. Seal the bag and place it in the prepaid envelope. Seal the envelope and place in your outgoing UPS mailbox or provide the envelope you your nearest UPS facility for shipment.

## INFI 🔀 TE

#### ALLERGY LABS

MUST BE MAILED WITHIN 24 HOURS AFTER FINGER PRICK BLOOD COLLECTION TO PREVENT REJECTED SPECIMENS, PLEASE READ ALL INSTRUCTIONS FRONT & BACK BEFORE BEGINNING COLLECTION

1.



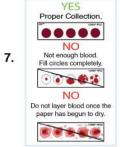
Write your name, date of birth, and the date of collection in the designated fields.

Use MM/DD/YYYY format.

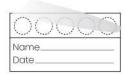




middle, or ring finger of your non-dominant hand. Keep in mind you may need to use multiple fingers to obtain the desired quantity during collection.



Please take the time to review steps 7 and 8 for examples of proper and incorrect collection. We request that you fully fill ALL 5 CIRCLES of ALL CARDS provided. NOTE: Failure to provide sufficient sample may result in rejection.



Pull back the flap on each blood card until you see the blood collection circles then place them on a flat surface such as a table or desk.



Remove the protective cap from the lancet by twisting it and pulling it off. Press the spring- loaded portion firmly into your fingertip until the needle releases and pricks the skin. Point your finger downward and begin squeezing the finger from the base to the tip in a "milking" motion to promote blood drops to form.

8. Fill out every card in the package

Once collection is complete, LEAVE

THE FLAP OPEN and allow each card

to dry naturally for 30 minutes. Do

not use moving air or heat. Do not

expose the card to direct sunlight.

Date\_

3.



Wash hands with warm water to promote blood flow. You may also want to shake your hands in an up and down motion to promote further blood flow to the fingertips.



Fill the provided blood collection cards by touching the drop of blood to the CENTER of the first circle. (Please do not touch the card directly with your finger). Repeat the process of squeezing the finger from the base to the tip and placing drops on the paper until all circles are filled without overfilling.

It may take up to 5 drops of blood to fill 1 circle to the dashed line. Keep in mind you may need to perform multiple finger pricks to obtain the desired quantity during collection.

9.



When the card is dry, tuck the flap into the tab to close it. Place the card in the main section biohazard bag and fold and place your fully filled out requisition form in the outer flap of the bag. Seal the bag and place it in the prepaid envelope. Seal the envelope and place in your outgoing UPS mailbox or provide the envelope you your nearest UPS facility for shipment.