В1

► Thiamine, TPP

B2

riboflavin, FAD, FMN

B3

► Niacin, NAD+

B5

pantothenic acid, CoA

B6

pyridoxine, PLP

B-complex deficiencies

often result in dermatitis, glossitis, and diarrhea. All water soluble vitamins wash out easily from body except B12 and folate (stored in liver).

B12

cobalamin

C

ascorbic acid

Vitamin A (retinol) function

 antioxidant, constituent of visual pigments (retinal), essential for normal differentiation of epithelial cells into specialized tissue (pancreatic cells, mucus-secreting cells)

vitamin A (retinol) deficiency

night blindeness, dry skin

vitamin A (retinol) excess

- Arthralgias, fatigue, headaches, skin changes, sore throat, alopecia.
 - Teratogenic (cleft palate, cardiac abnormalities), pregnancy test must be done before isotretinoin is prescribed for severe acne.

Retinol

 is vitamin A, so think Retin-A (used topically for wrinkles and acne).
 Found in leafy vegetables.

Wernicke korsakoff

confusion, ophthalmoplegis, ataxia and memory loss, confabulation, personality change.

Vitamin B1 (Thiamine) deficiency

► Impaired glucose breakdown—ATP depletion. Highly aerobic tissues (brain and heart) are affected first. Wernicke-Korsakoff syndrome and beriberi. Seen in malnutrition as well as alcoholism (secondary to malnutrition and malabsorption.)

cheilosis

 inflammation of lips, scaling and fissues at the corners of the mouth), corneal vascularization.
 vitamin B2 (riboflavin deficiency)

Vitamin B3 excess

facial flushing (due to pharmacologic doses for treatment of hyperlipidemia). Vitamin B3 in corn not absorbable unless treated. Excess untreated corn in diet can lead to pellagra (deficiency)

vitamin B6 (pyridoxine) deficiency

▶ sideroblastic anemias, convulsion.....

Vitamin B6 function

 cystathionine synthesis, heme syn, glycogen phosphorylase, decarboxylation reactions, ALT and AST transamination

Vitamin B12 deficiency caused by

malabsorption (sprue, enteritis, Diphyllobothrium latum), lack of intrinsic factor (pernicious anemia, gastric bypass surgery), or absence of terminal ileum (Crohn's disease). Use Schilling test to detect the etiology of the deficiency.

Abnormal myelin is seen in B12 deficiency

due to ↓ methionine or ↑ methylmalonic acid (from metabolism of accumulated methylmalonyl-CoA).

Drugs cause folic acid deficiency

phenytoin, sulfonamides, MTX, seen in alcoholism and pregnancy.

SAM

➤ ATP + methionine=== SAM. Regeneration of methionine is dependent on vitamin B12 and folate.

Sam transfers methyl units.

Sam required for the conversion NE to epinephrine.

Biotin

cofactor for carboxylation enzymes (which add a 1-carbon group)

D2

ergocalciferol, consumed in milk.

D3

cholecalciferol, formed in sun-exposed skin

storage form of vitamin D

▶ 25-OH D3

active form of vitamin D

► 1,25 (OH)2 D3 (calcitriol)

Excess of vitamin D

 Hypercalcemia, loss of appetite, stupor. Seen in sarcoidosis, a disease where the epithelioid macrophages convert vitamin D into its active form.

Vitamin E function

 Antioxidant (protect erythrocytes and membrances from free-radical damage)

Vitamin K Function

Catalyzes γ -carboxylation of glutamic acid residues on various proteins concerned with blood clotting. Synthesized by intestinal flora. Therefore, vitamin K deficiency can occur after the prolonged use of broad-spectrum antibiotics.

vitamin K deficiency

Neonatal hemorrhage with ↑ PT and ↑ aPTT but normal bleeding time, because neonates have sterile intestines and are unable to synthesize vitamin K.

zinc function

 \blacktriangleright essential for the activity of 100+ enzymes. Important in the formation of zinc fingers (transcription factor motif)

ethanol metabolism

ethanol ====acetaldehyde (located in cytosol) ====acetate (located in mitochondria) NAD+ is the limiting reagent, alcohol dehydrogenase operates via zero-order kinetics ethanol metabolism use up NAD+

marasmus

energy malnutrition resulting in tissue and muscle wasting, loss of subcutaneous fat, and variable edema.

kwashiorkor fatty liver

fatty change due to decrease apolipoprotein syn

Hug takes two metabolism sites

► Heme syn, Urea cycle, Gluconeogenesis

rate derterminging enzyme of glycolysis

► Phosphofructokinase-1 (PFK-1)

De novo pyrimidine syn

carbamoyl phosphate synthetase II

gluconeogenesis

fructose-1,6-bisphosphatase

glucokinase

▶ an enzyme that catalyzes the phosphorylation of glucose using a molecule of ATP

Kinase

Use ATP to add high-energy phosphate group onto substrate (e.g. phosphofructokinase)

phosphorylase

 adds inorganic phosphate onto substrate without using ATP (glycogen phosphorylase)

phosphatase

removes phosphate group from substrate (e. g. fructose-1,6-biphosphatase)

dehydrogen ase

oxidizes substrate (e. g pyruvate dehydrogenase)

 ${\sf carboxylase}$

 Add 1 carbon with the help of biotin (e.g. pyruvae carboxylase)

Malate-aspartate shuttle

heart and liver, aerobic metabolism, produce 32 ATP

glycerol-3-phosphate shuttle

muscle, aerobic metabolism, produce 30 ATP

ATP structure

▶ Base= Adenine, Triphosphate moiety, Ribose.

NADPH used in

 1. Anabolic processes 2. Respiratory burst 3. P-450 4. Glutathione reductase anabolic processes (steroid and fatty acid synthesis)

phosphorylation of glucose to yield glucose-6-phosphate

1st step of glycolysis, first step of glycogen syn in the liver. Catalyzed by hexokinase or glucokinase (location depend)

glucokinase

has high Vmax, it cannot be satisfied.

Glucose

produce= glucose-6-phosphate, enzyme= hexokinase/ glucokinase, need ATP

fructose-6-P

produce= fructose-1,6-BP. Enzyme= phosphofructokinase-1, increase= AMP, fructose-2,6-BP. Inhibit= ATP and Citrate, need ATP

1,3-BPG

procude= 3-PG, enzyme= phosphoglycerate kinase, produce ATP

phosphoenol pyruvate

produce=pyruvate, enzyme= pyruvate kinase, increase= fructose-1,6-BP, decrease= ATP, and Alanine.

pyruvate

produce= acetyl-coA, enzyme= pyruvate dehydrogenase, decrease= ATP, NADH, and acetyl-coA.

FBPase-2 and PFK-2

are part of the same complex but respond in opposite manners to phosphorylation by protein kinase A

Fasting PFK-2

► Fasting state= increase glucagon== increase cAMP== increase protein kinase A = increase FBPase-2, decrease PFK-2
PFK-2 increase fructose-2,6-bisphosphate, stimulate PFK-1, increase glycolysis

fed state of PFK-2

increase insulin= decrease cAMP = decrease protein kinase A
 = decrease FBPase-2, increase PFK-2

pyruvate metabolism

pyruvate —Lactate (H+, NADH and LDH needed, NAD+ produced)= .End of anaerobic glycolysis (major pathway in RBCs, leukocytes, kidney medulla, lens, testes, and cornea). Pyruvate — acetyl-coA, (NAD+, PDH, B1 needed) = transition from glycolysis to TCA cycle.

pyruvate to alanine

ALT needed. Alanine carries amino groups to the liver from Muscle

pyruvate to oxaloactetate

 PC,biotin, CO2, and ATP needed. Oxaloacetate can replenish TCA cycle or be used in Gluconeogenesis

cori cycle

muscle/RBC through anaerobic glycolysis to produce lactate, lactate goes to liver, in liver produce glucose, send to muscle/RBC

pyruvate to acetyl-coA

Produce 1 NADH, 1 CO2. PDH needed.

TCA cycle

Produces 3 NADH, 1 FADH2, 2 CO2, 1 GTP per acetyl- CoA
 12 ATP/acetyl-CoA (2× everything per glucose).

 $\alpha\text{-ketoglutarate dehydrogenase}$

requires same cofactors as the pyruvate dehydrogenase complex (B1, B2, B3, B5, lipoic acid).

NADH produced in TCA cycle

 1. isocitrate to a-ketoglutarate (CO2 produced also) 2. a-ketoglutarate to succinyl-coA (CO2 produced also) 3. malate to oxaloacetate

FADH2 produced

succinate to fumarate

GTP produced

Succinyl-coA to succinate (CoA produced)

Electron transport inhibitors

► Rotenone, CN-, antimycin A, CO.

ATPase inhibitors

► Oligomycin.

Uncoupling agents

▶ aspirin, 2,4-DNP, aspirin, and thermogenin in brown fat.

Electron transport

NADH → 3 ATP; 1 FADH2 → 2 ATP. NADH electrons from glycolysis and TCA cycle enter mitochondria via the malate-aspartate or glycerol-3-phosphate shuttle. FADH2 electrons are transferred to complexII (at a lower energy level than NADH).

Pyruvate carboxylase

▶ Requires biotin, ATP. Activated by acetyl-CoA.

PEP carboxykinase

In cytosol. Oxaloacetate \rightarrow phosphoenolpyruvate. Requires GTP.

Pathway Produces Fresh Glucose.

 Pyruvate carboxylase, PEP carboxykinase, Fructose-1,6bisphosphatase, Glucose-6- phosphatase

muscle cannot gluconeogenesis

▶ it lacks glucose-6-phosphatase

HMP shunt, pentose phosphate pathway

Produces NADPH from glucose-6-phosphate, yields ribose for nucleotide syn, and glycolytic intermediates, 2 distinct phases, both occur in cytoplasm, No ATP is used or produced.

Oxidative phase of HMP

 Glucose-6-phosphate dehydrogenase Gucose-6-pi—- 2 NADPH, ribulose-5-Pi, CO2, NADPH (for fatty acid and steroid synthesis, glutathione reduction, and cytochrome P-450)

nonoxidative phase of HMP

Transketolases (require thiamine) ribulose-5-Pi— ribulose-6-Pi, G3P, F6P.

respiratory burst (oxidative burst)

 involves the activation of membrane-bound NADPH oxidase (in neutrophils, macrophages). Results in the rapid release of reactive oxygen intermediates (ROIs)

O2 to O2 *

▶ NADPH oxidase. Deficiency = chronic granulomatous disease.

O2 * to H2O2

superoxide dismutase

H2O2 to HOCI

myeloperoxidase

H2O2 plus GSH

catalase/Glutathione peroxidase,

GSSG + NADPH

▶ produce GSH + NADP+, glutathione reductase.

NADP++G6P

▶ produce NADPH and 6PG, enzyme = G6PD,

WBCs of patients with Chronic granulomatous disease

▶ can utilize H2O2 generated by invading organisms and convert it to ROIS. Patients are at increase risk for infection by catalase-positive species (e. G. S. aureus, aspergillus) because they neutralize their own H2O2, leaving WBC without ROIs for fighting infections.

 $Infection \,+\, G6P\,\, deficiency \,+\, hemolysis\,\, in\,\, RBC$

free radical generated via inflammatory response can diffuse into RBCs and cause oxidative damage.
 G6PD deficiency is more prevalent among blacks.
 X-linked recessive disorder. ↑ malarial resistance.

Galactokinase deficiency symptoms

 galaxtose appears in blood and urine, infantile cataracts. May initially present as failure to track objects or to develop a social smile

Lactase deficiency

 Age-dependent and/or hereditary lactose intolerance (blacks, Asians) due to loss of brush-border enzyme.
 Symptoms: bloating, cramps, osmotic diarrhea. Treatment: avoid milk or add lactase pills to diet.

sorbitol

from glucose through enzyme (aldose reductase), then enzyme (sorbitol dehydrogenase) to fructose in organ (liver, ovaries, and seminal vesicles). in schwann cells, lens, retina, and kidney, no sorbitol dehydrogenase, sorbitol accumulation, osmotic pressure, then water into cell. Leads to cataracts, retinopathy, and peripheral neuropathy in prolonged hyperglycemic diabets. So does fructose, and galactose like glucose.

Glucogenic/ketogenic

▶ Ile, Phe, Tyr, Thr.

Glucogenic

Met, Val, Arg, His.Only L-form amino acids are found in proteins.

Basic

Arg and His are required during periods of growth. Arg and Lys are ↑ in histones, which bind negatively charged DNA. Arg is most basic. His has no charge at body pH.

Urea cycle

amino acid catabolism results in the formation of common metabolites (e. g = pyruvate, acetyl-CoA). Urea (NH2-CO-NH2), NH2 from (NH4+ and aspartate), CO from CO2

Ordinarily, careless crappers Are Also Frivolous About Urination

 Ornithine, Carbamoyl phosphate, Citrulline, Aspartate, Argininosuccinate, fumarate, Arginine, Urea.

Transport of ammonium by alanine and glutamine

► Glutamate + pyruvate== a-ketoglutarate + alanine. Amino acid + a-ketoglutarate== a-ketoacids + glutarate. in liver, produce glucose, and Urea from glutamate

Ammonia intoxication

tremor, slurring of speech, somnolence, vomiting, cerebral edema, blurring of vision.

ornithine transcarbamoylase deficiency

Most common urea cycle disorder. X-linked recessive (other urea cylce enzyme deficiency are autosomal recessive). Interferes with the body's ability to eliminate ammonia. Often evident in the first few days of life. But may present with late onset. Excess carbomoyl phosphate is converted to orotic acid (part of pyrimidine syn pathway). Findings= orotic acid in blood and urine, decrease BUN, symptoms of hyperammonemia.

breakdown products via MAO and COMT

Dopamine= HVA, Norepinephrine= VMA, Epinephrine= metanephrine.

maternal PKU

lack of proper dietary therapy during pregnancy. Findings in infant= microcephaly, mental retardation, growth retardation, congenital heart defects.

Phenylketones-

phenylacetate, phenyllactate, and phenylpyruvate.

PKU

Autosomal-recessive disease. Incidence $\simeq 1{:}10{,}000$. Disorder of aromatic amino acid metabolism \to musty body odor.

ocular albinism

X-linked recessive

albinism

► Lack of melanin results in an ↑ risk of skin cancer. Variable inheritance due to locus heterogeneity.

Homocystinuria

result in excess homocysteine, and cysteine becomes essential. Can cause mental retardation, osteoporosis, tall stature, kyphosis, lens subluxation (downward and inward), and atherosclerosis (stroke and MI).

cysteine metabolism

methionine get rid of CH3 vis Sam = homocysteine. Homocysteine to cystathionine through enzyme (cystathionine synthase with B6), then to cysteine. Homocysteine with CH3 THF through enzyme (homocysteine methyltransferase with B12) to THF and Methionine.

Cystinuria

► Treat with acetazolamide to alkalinize the urine. Cystine is made of 2 cysteines connected by a disulfide bond. Autosomal-recessive disease.

I Love Vermont maple syrup.

blocked degradation of branched amino acids (IIe, Val, Leu) due to $\downarrow \alpha$ -ketoacid dehydrogenase.

hartnup disease

an autosomal recessive disorder. Defective neutral amino acid transporter on renal and intestinal epithelial cells. Causes tryptophan excretion in urine and absorption from the gut. Leads to pellagra.

Insulin with glycogen

- Insulin dephosphorylates (\downarrow cAMP $\rightarrow \downarrow$ PKA= protein kinase A).
 - insulin bind with receptor tyrosine kinase dimerizes, through protein phosphatase, dephosphate of glycogen phosphorylase and glycogen phosphrylase kinase, make them inactive, stop break down glycogen.

glucagon and epinephrine with glycogen

glucagon from liver, Epi from liver and muscle through Adenylyl cyclase, increase cAMP, increase protein kinase A, phosphalase Glycogen phosphorylase kinase and glycoen phosphorylase, make them active, break down glycogen. Ca++ /Calmodulin in muscle activates phosphorylase kinase==glycogenolysis.

glycogen

Branches have α (1,6) bonds; linkages have α (1,4) bonds. UDP-glucose pyrophosphorylase Glycogen synthase Branching enzyme Glycogen phosphorylase Debranching enzyme A small amount of glycogen is degraded in lysosomes by α -1,4- glucosidase glucose-1-phosphate through UDP-glucose pyrophosphorylase to UDP-glucose, then through enzyme (glycogen synthase) to storage form of glycogen

Glucose-6-phosphate

through enzyme (glucose-6-phosphatase) to glucose +PiVon Gierke's disease = enzyme deficiency

Pompe's trashes the Pump (heart, liver, and muscle).

ightharpoonup Lysosomal lpha-1,4- glucosidase (acid maltase) deficiency

Debranching enzyme lpha-1,6-glucosidase deficiency

► Gluconeogenesis is intact.normal blood lactate levels

Lysosomal storage diseases XR

fatty acid syn

start from acetyl-coA in mitochondrial, through citrate shuttle to cytoplasm, then + CO2 (biotin) to malonyl-CoA, then make 16 C FA (palmitate). SYtrate = SYnthesis.

fatty acid degradation

- Fatty acid + CoA through enyzme (fatty acid CoA synthetase) to Acyl-CoA (in cytoplasm), then through carnitine shuttle to mitochondrial, through b-oxidation breakdown to acetyl-CoA groups, finally get ketone bodies + productor to TCA cycle.
 - Fatty acid degradation occurs where its products will be consumed—in the mitochondrion.

Acyl-CoA dehydrogenase deficiency:

► ↑ dicarboxylic acids, ↓ glucose and ketones.

Carnitine deficiency:

inability to utilize LCFAs and toxic accumulation.
 causes weakness, hypotonia, hypoketotic, and hypoglycemia

Ketone bodies

- Made from HMG-CoA. Ketone bodies are metabolized by the brain to 2 molecules of acetyl-CoA. In liver, fatty acid and amino acids are metabolized to acetoacetate and β-hydroxybutyrate (to be used in muscle and brain).
 - In prolonged starvation and diabetic ketoacidosis, oxaloacetate is depleted for gluconeogenesis. In alcoholism, excess NADH shunts oxaloacetate to malate. Both processes stall the TCA cycle, which shunts glucose and FFA to ketone bodies.

Cholesterol synthesis

Rate-limiting step is catalyzed by HMG-CoA reductase, which converts HMG-CoA to mevalonate. 2/3 of plasma cholesterol is esterified by lecithin-cholesterol acyltransferase (LCAT).

Essential fatty acids

Linoleic and linolenic acids.
 Arachidonic acid, if linoleic acid is absent.
 Eicosanoids are dependent on essential fatty acids.

100-meter sprint (seconds) energy use

stored ATP, creatine phosphate, anaerobic glycolysis.
 1 g protein or carbohydrate = 4 kcal.
 1 g fat= 9 kcal

1000-meter run (minutes)

► + oxidative phosphorylation.

Marathon (hours)

Glycogen and FFA oxidation; glucose conserved for final sprinting.

Fasting and starvation

Priorities are to supply sufficient glucose to brain and RBCs and to preserve protein

Days 1–3

lood glucose level maintained by: 1. Hepatic glycogenolysis and glucose release 2. Adipose release of FFA 3. Muscle and liver shifting fuel use from glucose to FFA 4. Hepatic gluconeogenesis from peripheral tissue lactate and alanine, and from adipose tissue glycerol and propionyl-CoA from odd-chain FFA metabolism (the only triacylglycerol components that can contribute to gluconeogenesis)

After day 3

Muscle protein loss is maintained by hepatic formation of ketone bodies, supplying the brain and heart.

After several weeks

▶ Ketone bodies become main source of energy for brain, so less muscle protein is degraded than during days 1–3. Survival time is determined by amount of fat stores. After this is depleted, vital protein degradation accelerates, leading to organ failure and death.

Pancreatic lipase

degradation of dietary TG in small intestine.

Lipoprotein lipase (LPL)

degradation of TG circulating in chylomicrons and VLDLs.

Hepatic TG lipase (HL)

degradation of TG remaining in IDL.

Hormone-sensitive lipase

degradation of TG stored in adipocytes.

Lecithin-cholesterol acyltransferase (LCAT)

catalyzes esterification of cholesterol

Cholesterol ester transfer protein (CETP)

mediates transfer of cholesterol esters to other lipoprotein particles.

A-I-

Activates LCAT.

B-100-

▶ Binds to LDL receptor, mediates VLDL secretion.

C-II---

► Cofactor for lipoprotein lipase.

B-48

Mediates chylomicron secretion.

E-

Mediates Extra (remnant) uptake.

Lipoprotein functions

 Lipoproteins are composed of varying proportions of cholesterol, triglycerides, and phospholipids.
 LDL transports cholesterol from liver to tissue; HDL transports it from periphery to liver.

Chylomicron

Delivers dietary triglycerides to peripheral tissues. Delivers cholesterol to liver in the form of chylomicron remnants, which are mostly depleted of their triacylglycerols. Secreted by intestinal epithelial cells. Excess causes pancreatitis, lipemia retinalis, and eruptive xanthomas.

Apolipoproteins B-48, A-IV, C-II, and E

VLDL

 Delivers hepatic triglycerides to peripheral tissues. Secreted by liver. Excess causes pancreatitis.
 B-100, C-II, and E

IDL

 Formed in the degradation of VLDL. Delivers triglycerides and cholesterol to liver, where they are degraded to LDL.
 B-100 and E

LDL

Delivers hepatic cholesterol to peripheral tissues. Formed by lipoprotein lipase modification of VLDL in the peripheral tissue. Taken up by target cells via receptor-mediated endocytosis. Excess causes atherosclerosis, xanthomas, and arcus corneae.

B-100

HDL

Mediates centripetal transport of cholesterol (reverse cholesterol transport, from periphery to liver). Acts as a repository for apoC and apoE (which are needed for chylomicron and VLDL metabolism). Secreted from both liver and intestine.

hyperchylomicronemia

 Chylomicrons increased, TG, cholesterol increased in blood level, Lipoprotein lipase deficiency or altered apolipoprotein C-II. Causes pancreatitis, hepatosplenomegaly, and eruptive/pruritic xanthomas but no increase of athrosclerosis

hypercholesterolemia

► LDL increased, Cholesterol increased in blood level. Autosomal dominant, absent or decrease LDL receptors. Causes accelerated atherosclerosis, tendon (achilles) xanthomas, and corneal arcus.

hypertrigly ceridemia

VLDL increase, TG increased in blood level, hepatic overproduction of VLDL. Causes pancreatitis.

Abeta-lipoproteinemia

hereditary inability to syn lipoproteins due to deficiency in apoB-100 and apoB-48. Autosomal recessive. Symptoms appear in the first few months of life. Intestinal biospy shows accumulation within enterocytes due to inability to export absorbed lipid as chylomicrons. Findings: failure to thrive, steatorrhea, acanthocytosis, ataxia, and night blindness.

Polymerase chain reaction (PCR)

- Molecular biology laboratory procedure that is used to synthesize many copies of a desired fragment of DNA. Steps:
 - 1. DNA is denatured by heating to generate 2 separate strands 2. During cooling, excess premade DNA primers annual to a specific sequence on each strand to be amplified
 - 3. Heat-stable DNA polymerase replicates the DNA sequence following each primer These steps are repeated multiple times for DNA sequence amplification.

agarose gel eletrophoresis

used for size separation of PCR products (smaller molecules travel further), compared against DNA ladder.

Southern blot

A DNA sample is electrophoresed on a gel and then transferred to a filter. The filter is then soaked in a denaturant and subsequently exposed to a labeled DNA probe that recognizes and anneals to its complementary strand. The resulting double- stranded labeled piece of DNA is visualized when the filter is exposed to film.

Northern blot

Similar technique, except that Northern blotting involves radioactive DNA probe binding to sample RNA.

Western blot

Sample protein is separated via gel electrophoresis and transferred to a filter. Labeled antibody is used to bind to relevant protein.

Microarrays

Thousands of nucleic acid sequences are arranged in grids on glass or silicon. DNA or RNA probes are hybridized to the chip, and a scanner detects the relative amounts of complementary binding. used to profile gene expression levels or to detect single nucleotide polymorphisms (SNPs)

Enzyme-linked immunosorbent assay (ELISA)

A rapid immunologic technique testing for antigen-antibody reactivity. Patient's blood sample is probed with either 1. Test antigen (coupled to color-generating enzyme)—to see if immune system recognizes it; or 2. Test antibody (coupled to color-generating enzyme)—to see if a certain antigen is present If the target substance is present in the sample, the test solution will have an intense color reaction, indicating a positive test result.

Fluorescence in situ hybridization (FISH)

Fluorescent probe binds to specific gene site of interest. Specific localization of genes and direct visualization of anomalies (e.g., microdeletions) at molecular level (when deletion is too small to be visualized by karyotype.) Fluorescence = gene is present. No fluorescence = gene has been deleted.

palindromic sequences

▶ the sequence on 1 strand reads the same in the same direction on the complementary strand),

Cloning methods

- Cloning is the production of a recombinant DNA molecule that is self-perpetuating. 1. DNA fragments are inserted into bacterial plasmids that contain antibiotic resistance genes. These plasmids can be selected for by using media containing the antibiotic, and amplified. Restriction enzymes ligate DNA at 4- to 6-bp palindromic sequences, allowing for insertion of a fragment into a plasmid.
 - 2. Tissue mRNA is isolated and exposed to reverse transcriptase, forming a cDNA (lacks introns) library.

Sanger DNA sequencing

Dideoxynucleotides halt DNA polymerization at each base, generating sequences of various lengths that encompass the entire original sequence. The terminated fragments are electrophoresed and the original sequence can be deduced.

Transgenic strategies in mice involve:

1. Random insertion of gene into mouse genome (constitutive). 2. Targeted insertion or deletion of gene through homologous recombination with mouse gene (constitutive). Knock-out = removing a gene. Knock-in = inserting a gene. Gene can be manipulated at specific developmental points using an inducible Cre-lox system with an antibiotic-controlled promoter (e.g., to study a gene whose deletion causes an embryonic lethal).

RNAi-

dsRNA is synthesized that is complementary to the mRNA sequence of interest. When transfected into human cells, the dsRNA separates and promotes degradation of the target mRNA, knocking down gene expression.

karyotyping

■ a process in which metaphase chromosomes are stained, ordered, and numbered according to morphology, size, arm-length ratio and banding pattern. Can be performed on a sample of blood, bone marrow, amniotic fluid, or placental tissue. Used to diagnose chromosomal imbalance (e. g. autosomal trisomies, microdeletions, sex chromosome disorders.)

Codominance

▶ Neither of 2 alleles is dominant (e.g., blood groups).

Variable expression

- Nature and severity of the phenotype varies from 1 individual to another.
 - 2 patients from neurofibromatosis may have varying disease severity.

Incomplete penetrance

Not all individuals with a mutant genotype show the mutant phenotype.

Pleiotropy

I gene has > 1 effect on an individual's phenotype. PKU causes many seemingly unrelated symptoms ranging from mental retardation to hair/skin changes.

Imprinting

Differences in phenotype depend on whether the mutation is of maternal or paternal origin (e.g., AngelMan's syndrome [Maternal], Prader-Willi syndrome [Paternal]).

Anticipation

 Severity of disease worsens or age of onset of disease is earlier in succeeding generations (e.g., Huntington's disease).

Loss of heterozygosity

▶ If a patient inherits or develops a mutation in a tumor suppressor gene, the complementary allele must be deleted/mutated before cancer develops. This is not true of oncogenes. retinoblastoma

Dominant negative mutation

Exerts a dominant effect. A heterozygote produces a nonfunctional altered protein that also prevents the normal gene product from functioning. mutation of Tx factor in its allosteric site. Nonfunctioning mutant can still bind DNA, preventing wild-type Tx factor from binding.

Linkage disequilibrium

► Tendency for certain alleles at 2 linked loci to occur together more often than expected by chance. Measured in a population, not in a family, and often varies in different populations.

Mosaicism

Occurs when cells in the body have different genetic makeup (e.g., lyonization random X inactivation in females). can be a germ-line mosaic, which may produce disease that is not carried by parent's somatic cells.

Locus heterogeneity

 Mutations at different loci can produce the same phenotype (e.g., albinism).
 marfan's syndrome, MEN 2B, and homocystinuria, all cause marfanoid habitus.

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Heteroplasmy

Presence of both normal and mutated mtDNA, resulting in variable expression in mitochondrial inherited diseases.

Uniparental disomy

 Offspring receives 2 copies of a chromosome from 1 parent and no copies from the other parent

Hardy-Weinberg law assumes:

► There is no mutation occurring at the locus There is no selection for any of the genotypes at the locus Mating is completely random Thereisnomigration into or out of the population being considered

Hardy-Weinberg population genetics

Disease prevalence: p2 + 2pq + q2 = 1 Allele prevalence: p + q = 1 p and q are separate alleles; 2pq = heterozygote prevalence. The prevalence of an X-linked recessive disease in males = q and in females = q2

Imprinting

- At a single locus, only 1 allele is active; the other is inactive (imprinted/inactivated by methylation). Deletion of the active allele \rightarrow disease.
 - Can also occur as a result of uniparental disomy. Chromosome 15.

Prader-Willi syndrome

Deletion of normally active paternal allele.
 Mental retardation, obesity, hypogonadism, hypotonia.

Angelman's syndrome

Deletion of normally active maternal allele.
 Mental retardation, seizures,
 ataxia, inappropriate laughter (happy puppet).

Autosomal dominant

- Often due to defects in structural genes. Many generations, both male and female, affected.
 Often plaintropic and in many cases, present clinically after
 - Often pleiotropic and, in many cases, present clinically after puberty. Family history crucial to diagnosis.

Autosomal recessive

▶ 25% of offspring from 2 carrier parents are affected. Often due to enzyme deficiencies. Usually seen in only 1 generation. Commonly more severe than dominant disorders; patients often present in childhood.

Hypophosphatemic rickets.

➤ X-linked dominant formed known as vitamin D-resistant rickets. Inherited disorder resulting in increase phosphate wasting at proximal tubule. Results in rickets-like presentation.

Mitochondrial inheritance

 Transmitted only through mother. All offspring of affected females may show signs of disease.
 Variable expression in population due to heteroplasmy.

Leber's hereditary optic neuropathy

mitochondrial myopathies.
 degeneration of retinal ganglion cells and axons. Leads to acute loss of central vision.

Achondroplasia

▶ Autosomal-dominant cell-signaling defect of fibroblast growth factor (FGF) receptor 3. Results in dwarfism; short limbs, but head and trunk are normal size. Associated with advanced paternal age.

Adult polycystic kidney disease

Always bilateral, massive enlargement of kidneys due to multiple large cysts. Patients present with pain, hematuria, hypertension, progressive renal failure. 90% of cases are due to mutation in APKD1 (chromosome 16). Associated with polycystic liver disease, berry aneurysms, mitral valve prolapse. Juvenile form is recessive.

Familial adenomatous polyposis

► Colon becomes covered with adenomatous polyps after puberty. Progresses to colon cancer unless resected. Deletion on chromosome 5 (APC gene); 5 letters in "polyp."

Familial hypercholesterolemia (hyperlipidemia type IIA)

▶ Elevated LDL owing to defective or absent LDL receptor. Heterozygotes (1:500) have cholesterol ≈ 300 mg/dL. Homozygotes (very rare) have cholesterol ≈ 700+ mg/dL, severe atherosclerotic disease early in life, and tendon xanthomas (classically in the Achilles tendon); MI may develop before age 20.

hereditary hemorrhagic telangiectasia (Osler-weber-Rendu syndrome)

 inherited disorder of blood vessels. Findings: telangiectasia, recurrent epistaxis, skin discolorations, arteriovenous malformations (AVMs).

Hereditary spherocytosis

Spheroid erythrocytes; hemolytic anemia; ↑ MCHC. Splenectomy is curative.

Huntington's disease

► Findings: depression, progressive dementia, choreiform movements, caudate atrophy, and ↓ levels of GABA and ACh in the brain. Symptoms manifest in affected individuals between the ages of 20 and 50. Gene located on chromosome 4; triplet repeat disorder. "Hunting 4 food."

Marfan's syndrome

► Fibrillin gene mutation → connective tissue disorders. Skeletal abnormalities—tall with long extremities, pectus excavatum, hyperextensive joints, and long, tapering fingers and toes (arachnodactyly; see Figure 110). Cardiovascular—cystic medial necrosis of aorta → aortic incompetence and dissecting aortic aneurysms. Floppy mitral valve. Ocular—subluxation of lenses.

multiple endocrine neoplasias

several distinct syndromes (1, 2A, 2B) characterized by familial tumors of endocrine glands, including pancreas, parathyroids, pituitary, thyroid, and adrenal medulla. MEN2A, 2B are associated with ret gene.

Neurofibromatosis type 1 (von Recklinghausen's disease)

► Findings: café-au-lait spots, neural tumors, Lisch nodules (pigmented iris hamartomas). Also marked by skeletal disorders (e.g., scoliosis), optic pathway gliomas, pheochromocytoma, and ↑ tumor susceptibility. On long arm of chromosome 17; 17 letters in von Recklinghausen.

Neurofibromatosis type 2

▶ Bilateral acoustic neuroma, juvenile cataracts. NF2 gene on chromosome 22; type 2 = 22.

Tuberous sclerosis

► Findings: facial lesions (adenoma sebaceum), hypopigmented "ash leaf spots" on skin, cortical and retinal hamartomas, seizures, mental retardation, renal cysts and renal angiomyolipomas, cardiac rhabdomyomas, ↑ incidence of astrocytomas. Incomplete penetrance, variable presentation.

von Hippel-Lindau disease

Findings: hemangioblastomas of retina/cerebellum/medulla; about half of affected individuals develop multiple bilateral renal cell carcinomas and other tumors. Associated with deletion of VHL gene (tumor suppressor) on chromosome 3 (3p). Von Hippel–Lindau = 3 words for chromosome 3. constitutive expression of HIF (transcription factor) and activation of angiogenic growth factor.

Cystic fibrosis

 Autosomal-recessive defect in CFTR gene on chromosome 7, commonly deletion of Phe 508. CFTRchannelactivelysecretesCl- inlungsand GI tract and actively reabsorbs Cl- from sweat. Defective CI- channel \rightarrow secretion of abnormally thick mucus that plugs lungs, pancreas, and liver \rightarrow recurrent pulmonary infections (Pseudomonas species and S. aureus), chronic bronchitis, bronchiectasis, pancreatic insufficiency (malabsorption and steatorrhea), meconium ileus in newborns. ↑ concentration of CI- ions in sweat test is diagnostic. Treatment: N-acetylcysteine to loosen mucous plugs.

Duchenne's (X-linked)

Frame-shift mutation → deletion of dystrophin gene → accelerated muscle breakdown. Onset before 5 years of age. Weakness begins in pelvic girdle muscles and progresses superiorly. Pseudohypertrophy of calf muscles due to fibrofatty replacement of muscle; cardiac myopathy. The use of Gowers' maneuver, requiring assistance of the upper extremities to stand up, is characteristic (indicates proximal lower limb weakness).

Diagnose muscular dystrophies by \uparrow CPK and muscle biopsy.

Try (trinucleotide) hunting for my fried eggs (X).

huntington's disease= CAG. Myotonic dystrophy= CTG,
 Fragile X syndrome= CGG, Friedreich's ataxia= GAA

Down syndrome

Flate facies, congenital heart disease (most commonly septum-primum-type ASD). Associated with increase risk of ALL and Alzheimer's disease (> 35 years old.) 95% of cases due to meiotic nondisjunction of homologous chromosomes (associated with advanced maternal age). 4% of cases due to robertsonian translocation. 1% of cases due to down mosaicism (no maternal association).

pregnancy screen of down syndrome

decrease a-fetoprotein, decrease estriol, increase b-hCG, increase inhibin A.

edwards syndrome

congenital heart disease, death usually occurs within 1 year of birth. Most common trisomy resulting in live birth after down syndrome.

patau's syn

congenital heart disease, death usually occurs within 1 year of birth. Holoprosencephaly.

robertsonian translocation

 nonrecciprocal chromosomal translocation. unbalanced translocations balanced translocations.

nonreciprocal chromosal translocation

commonly involves chromosome pairs 13, 14, 15, 21 and 22 long arems of 2 acrocentric chromosomes (chromosomes with centromeres near their ends) fuse at the centromere and the 2 short arms are lost.

balanced translocations

normally do not cause any abnomal phenotype.

unbalanced translocations

result in miscarriage, still birth, and chromosomal imbalance (
 e. g. down syndrome, patau's syndrome)

Chromosomal inversions

chromosome rearrangement in which a segment of a chromosome is reversed end to end. May result in decrease fertility.

Pericentric

▶ Involves centromere; proceeds through meiosis.

Paracentric

Does not involve centromere; does not proceed through meiosis.

williams syndrome

congenital microdeletion of long arm of chromosome 7 (deleted region includes elastin gene). Findings= distinctive "elfin" facies, mental retardation, hypercalcemia (increase sensitivity to vitamin D), well-developed verbal skills, extreme friendliness with strangers, cardiovascular problems.

rich in Rough endoplamic reticulum

Mucus-secreting goblet cells of the small intestine and antibody-secreting plasma cells.

Cell cycle phases

Checkpoints control transitions between phases; regulated by cyclins, CDKs, and tumor suppressors
 Mitosis (shortest phase): prophase-metaphase-anaphase-telophase. G1 and G0 are of variable duration.
 G stands for Gap or Growth; S for Synthesis.

CDKs-

► Cyclin-dependent kinases, constitutive and inactive.

Cyclins—

regulatory proteins that control cell cycle events. phase specific, activate CDKs.

Cyclin-CDK complexes

must be both activated and inactivated for cell cycle to progress.

Rb and p53 tumor suppressors

normally inhibit G1-to-S progression; mutations in these genes result in unrestrained growth.

Permanent cells

Remain in G0, regenerate from stem cells. Neurons, skeletal and cardiac muscle cells, and RBCs remain in G0.

Stable (quiescent) cells

► Enter G1 from G0 when stimulated. Hepatocytes, lymphocytes.

Labile cells

Never go to G0, divide rapidly with a short G1. Bone marrow, gut epithelium, skin, hair follicles.

Functions of Golgi apparatus

Distribution center of proteins and lipids from ER to the plasma membrane, lysosomes, and secretory vesicles
 Modifies N-oligosaccharides on asparagine 3. Adds
 O-oligosaccharides to serine and threonine residues 4. Addition of mannose-6-phosphate to specific lysosomal proteins, which targets the protein to the lysosome 5. Proteoglycan assembly from proteoglycan core proteins 6. Sulfation of sugars in proteoglycans and of selected tyrosine on proteins

Vesicular trafficking proteins:

▶ COPI: retrograde, Golgi → ER. COPII: anterograde, RER → cis-Golgi. Clathrin: trans-Golgi → lysosomes, plasma membrane → endosomes (receptor-mediated endocytosis).

present of chediak higashi syndrome

recurrent pyogenic infections, partial albinism, and peripheral neuropathy.

Microtubule

Cylindrical structure composed of a helical array of polymerized dimers of α - and β -tubulin. Each dimer has 2 GTP bound. Incorporated into flagella, cilia, mitotic spindles. Grows slowly, collapses quickly. Microtubules are also involved in slow axoplasmic transport in neurons.

Kartagener's syndrome

Results in male and female infertility (sperm immotile), bronchiectasis, and recurrent sinusitis (bacteria and particles not pushed out); associated with situs inversus.

Plasma membrane composition

Asymmetric fluid bilayer. Contains cholesterol (50%), phospholipids (50%), sphingolipids, glycolipids, and proteins. High cholesterol or long saturated fatty acid content → ↑ melting temperature, ↓ fluidity.

Ouabain

▶ inhibits Na+-K+ ATPase by binding to K+ site.

Cardiac glycosides

digoxin and digitoxin from foxglove) also inhibit the Na+-K+ ATPase, causing ↑ cardiac contractility. indirect inhibition of Na/Ca exchange. Increase [Ca] inside of the cardiac muslce cell

Be (So Totally) Cool, Read Books.

Type I: BONE.

Type II: carTWOlage.

Type III (Reticulin)

Type IV: Under the floor (basement membrane).

Collagen synthesis and structure

- Inside fibroblasts
 - 1. Synthesis (RER)
 - 2. Hydroxylation (ER)
 - 3. Glycosylation (ER)
 - 4. Exocytosis

Outside fibroblasts

- 5. Proteolytic processing
- 6. Cross-linking

Synthesis (RER)

Translation of collagen α chains (preprocollagen)— usually Gly-X-Y polypeptide (X and Y are proline, hydroxyproline, or hydroxylysine).

Hydroxylation (ER)

► Hydroxylation of specific proline and lysine residues (requires vitamin C).

Glycosylation (ER)

• Glycosylation of pro- α -chain lysine residues and formation of procollagen (triple helix of 3 collagen α chains).

Exocytosis

Exocytosis of procollagen into extracellular space.

Proteolytic processing

 Cleavage of terminal regions of procollagen transforms it into insoluble tropocollagen.

Cross-linking

Reinforcement of many staggered tropocollagen molecules by covalent lysine-hydroxylysine cross-linkage (by lysyl oxidase) to make collagen fibrils.

Ehlers-Danlos syndrome

► Faulty collagen synthesis causing: 1. Hyperextensible skin 2. Tendency to bleed (easy bruising) 3. Hypermobile joints

Osteogenesis imperfecta

- Most common form is autosomal-dominant with abnormal collagen type I.
 - 1. Multiple fractures occurring with minimal trauma (brittle bone disease), which may occur during the birth process
 - 2. Blue sclerae due to the translucency of the connective tissue over the choroid
 - Hearing loss (abnormal middle ear bones) 4. Dental imperfections due to lack of dentin
 May be confused with child abuse.
 Type II is fatal in utero or in the neonatal period.

Incidence is 1:10,000.

alport's syndrome

due to a variety of gene defects resulting in abnormal type IV collagen. Most common form is X-linked recessive. Characterized by progressive hereditary nephritis and deafness. May be associated with ocular disturbances. Typer IV collagen is an important structural component of the basement membrane of the kidney, ears, and eyes.