## 1 Supplement Materials

## 1.1 Simulation

To control the number of free parameters, we choose the ideal bead-rod polymer model to describe the dynamics of chromosomes in nucleus, without considering the exclusive volume effect. As we will see later that the system can be reduced to a one free parameter model, i.e.  $T_{eff}$ .

The simulation of model bead connected with rigid rod utilize the technique of Brownian Dynamics[1]. The dynamical equation of beads representing chromosome loci is

$$\dot{\mathbf{r}}_i = \frac{1}{\xi} (\mathbf{F}_i^b + \mathbf{F}_i^c + \mathbf{F}_i^e + \mathbf{F}_i^{pseudo}) \tag{1}$$

where  $\mathbf{r}_i$  is the position vector of the *i*th bead,  $\xi$  is friction coefficient,  $\mathbf{F}_i^b$  is random force,  $\mathbf{F}_i^c$  is constraint force caused by rigid rod constraints,  $\mathbf{F}_i^e$  is external force and  $\mathbf{F}_i^{pseudo}$  is pseudo force added to mimic the statistics of beadspring. Notice that the statistics of bead-rod is not exactly same as bead-spring. Subtle differences are caused by the intrinsic "rigid" of rods[2, 1].

The random force, which characterize the fluctuation origin of beads dynamics, is a typical Brownian force satisfies the following conditions

$$\langle \mathbf{F}_{i}^{b} \rangle = \mathbf{0}; \langle \mathbf{F}_{i}^{b}(t)\mathbf{F}_{i}^{b}(t') \rangle = 2k_{B}T_{c}\xi\delta_{ij}\delta(t-t')$$
 (2)

 $k_B$  is Boltzmann constant and  $T_c$  is *characterizing temperature* characterize the level of randomness arise from the thermal motion of solvent molecules and some sorts of interactions between chromosome and proteins.

The constraint force for a specific bead in a bead-rod ring writes

$$\mathbf{F}_{i}^{c} = \lambda_{i} \mathbf{u}_{i} - \lambda_{i-1} \mathbf{u}_{i-1} \tag{3}$$

where  $\lambda_i$  is strength of tension on the rod between *i*th and (i+1)th bead,  $\mathbf{u}_i$  is the unit vector along this rod and i=N ends to i=0.

In case of constant force field, the external force is constant  $\mathbf{F}_i^e = -\xi \mathbf{v}$  acting on every bead except the pinned one representing SPB.

The pseudo force is calculated using

$$\mathbf{F}_{i}^{pseudo} = -\frac{\partial U_{met}}{\partial \mathbf{r}_{i}}; U_{met} = \frac{1}{2}k_{B}T_{c}ln(detG)$$
(4)

where G is the metric matrix of the bead-rod system [4].

Since the rods present in our model are rigid rods, additional constrained equations are needed to keep the rod length unchangeable

$$(\mathbf{r}_{i+1} - \mathbf{r}_i)^2 - a^2 = 0 \tag{5}$$

where a is rod length.

Parameters above can be eliminated and dimensionless term of the dynamical equations can be obtained by the scaling  $\mathbf{r}' \to \mathbf{r}/a$ ;  $t' \to t/(\xi a^2/k_B T_c)$ ;

 $\mathbf{F}' \to \mathbf{F}/(k_B T_c/a)$ . Our only free parameter effective temperature which is also dimensionless is defined as

$$T_{eff} = \frac{Fa}{k_B T_c} = \frac{\xi va}{k_B T_c} \tag{6}$$

Numerical scheme employed to solved the set of constrained differential equations (1) and (5) is predictor-corrector algorithm used widely in bead-rod simulation[1, 5, 3]. Basic steps include calculating a prediction of  $\mathbf{r}_i(t+\delta t)$  without considering the constraint force followed by a correction step, i.e. solving the algebra constraint equations to get constraint forces and re-plugin to the original equations for the corrected  $\mathbf{r}_i(t+\delta t)$ . The differential equations are solved using Euler iterative method with a time step  $dt=10^{-4}$ . Statistical results are all obtained based on the ensemble of  $10^{10}$  steps after equilibrium.

## References

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