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Problem set: **#2**

1. Let  $A$  be a skew-Hermitian operator, i.e.,  $A^\dagger = -A$ .

(a) Let  $\lambda$  and  $|\lambda\rangle$  be an eigenvalue and eigenvector of  $A$ , respectively. Then we have

$$A|\lambda\rangle = \lambda|\lambda\rangle \implies \lambda\langle\lambda|\lambda\rangle = \langle\lambda|A|\lambda\rangle = -\langle\lambda|A^\dagger|\lambda\rangle = -\lambda^*\langle\lambda|\lambda\rangle \implies -\lambda = \lambda^*.$$

If  $\lambda$  is real, then the only solution is  $\lambda = 0$ . So, up to degeneracy  $A$  has at most one real eigenvalue which is 0.

(b) Let  $A, B$  be Hermitian operators. Then

$$[A, B] = AB - BA = A^\dagger B^\dagger - B^\dagger A^\dagger = (BA - AB)^\dagger = -(AB - BA)^\dagger = -[A, B]^\dagger.$$

Thus  $[A, B]$  is skew-Hermitian.

2. Let  $H, K$  be Hermitian operators with non-negative eigenvalues and assume that the trace is defined throughout this problem. Since  $H, K$  are Hermitian we may assume that there exist complete orthonormal bases  $\{|h_i\rangle\}$  and  $\{|k_i\rangle\}$  for  $H, K$  respectively with  $H|h_i\rangle = h_i|h_i\rangle$  and  $K|k_i\rangle = k_i|k_i\rangle$ , and  $h_i, k_i \geq 0$  for all  $i$ . With this, we can spectrally decompose  $H, K$  in their product as follows

$$HK = \sum_n h_n |h_n\rangle\langle h_n| \sum_m k_m |k_m\rangle\langle k_m| = \sum_{n,m} h_n k_m |h_n\rangle\langle h_n|k_m\rangle\langle k_m|.$$

Since  $\text{tr}(A) = \sum_i \langle\phi_i|A|\phi_i\rangle$  for any matrix  $A$  and orthonormal basis  $\{\phi_i\}$ , we have

$$\begin{aligned} \text{tr}(HK) &= \sum_j \langle h_j | \left[ \sum_{n,m} h_n k_m |h_n\rangle\langle h_n|k_m\rangle\langle k_m| \right] | h_j \rangle \\ &= \sum_{n,m} h_n k_m \langle h_n | k_m \rangle \langle k_m | h_n \rangle, \quad \text{by orthonormality} \\ &= \sum_{n,m} h_n k_m |\langle h_n | k_m \rangle|^2. \end{aligned}$$

Since  $h_i, k_i \geq 0$  for all  $i$ , and that the modulus square is always nonnegative, we see that  $\text{tr}(HK) \geq 0$ , as desired. Moreover, suppose  $\text{tr}(HK) = 0$ , then by the nonnegativity of each term in the sum above we must have  $h_n k_m |\langle h_n | k_m \rangle|^2 = 0$  for all  $n, m$ , or equivalently  $h_n k_m \langle h_n | k_m \rangle = 0$  for all  $n, m$ , i.e.,  $HK = 0$ .

3. Let a Hermitian operator  $H$  be given with positive spectrum and a complete orthonormal basis.

(a) We want to prove that for any two vectors  $|\alpha\rangle, |\beta\rangle$

$$|\langle\alpha|H|\beta\rangle|^2 \leq \langle\alpha|H|\alpha\rangle\langle\beta|H|\beta\rangle.$$

There are two ways to go about this proof, but both approaches are actually the same and only differ by appearance. I will present the notationally “light” version first. This goes as follows: Since  $H$  is Hermitian with positive spectrum, we may find a complete orthonormal basis in which  $H$  is diagonal. The transformation between  $H$  and its diagonalization  $D$  is given by a unitary operator  $U$  as  $H = U^\dagger D U$ . Since  $D$  is diagonal with positive entries, we can define its square root  $\sqrt{D}$ . From here, we can also define the square root of  $H$ , denoted  $\sqrt{H}$ , by  $U^\dagger \sqrt{D} U$ . We can check:

$$\sqrt{H}\sqrt{H} = U^\dagger \sqrt{D} U U^\dagger \sqrt{D} U = U^\dagger \sqrt{D} \sqrt{D} U = U^\dagger D U = H.$$

It is easy to show that  $\sqrt{H}$  is also Hermitian:

$$\sqrt{H}^\dagger = \left( U^\dagger \sqrt{D} U \right)^\dagger = U^\dagger \sqrt{D}^\dagger U = U^\dagger \sqrt{D} U = \sqrt{H},$$

where we have used the fact that  $\sqrt{D}$  is strictly diagonal and positive, thus Hermitian. The rest of the proof is now a simple application of the Cauchy-Schwarz inequality for inner products:

$$\begin{aligned} |\langle \alpha | H | \beta \rangle|^2 &= \left| \langle \alpha | \sqrt{H} \sqrt{H} | \beta \rangle \right|^2 = \left| \langle \alpha | \sqrt{H}^\dagger \sqrt{H} | \beta \rangle \right|^2 = \left| \langle \sqrt{H} \alpha | \sqrt{H} \beta \rangle \right|^2 \\ &\leq \langle \sqrt{H} \alpha | \sqrt{H} \alpha \rangle \langle \sqrt{H} \beta | \sqrt{H} \beta \rangle \\ &= \langle \alpha | \sqrt{H}^\dagger \sqrt{H} | \alpha \rangle \langle \beta | \sqrt{H}^\dagger \sqrt{H} | \beta \rangle = \langle \alpha | H | \alpha \rangle \langle \beta | H | \beta \rangle \end{aligned}$$

as desired.

The more notationally heavy approach is to consider a complete orthonormal eigenbasis for  $H$ , which we may call  $\{|\lambda_i\rangle\}$  where  $\{\lambda_i\}$  are the eigenvalues of  $H$ . Under this basis, we have

$$|\alpha\rangle = \sum_i a_i |\lambda_i\rangle \quad |\beta\rangle = \sum_i b_i |\lambda_i\rangle$$

and so

$$|\langle \alpha | H | \beta \rangle|^2 = \left| \sum_{i,j} a_i^* \langle \lambda_i | \lambda_j \rangle b_j \right|^2 = \left| \sum_i a_i^* \lambda_i b_i \right|^2 = \left| \sum_i (a_i \sqrt{\lambda_i})^* (b_i \sqrt{\lambda_i}) \right|^2.$$

Note that  $\sqrt{\lambda_i} \in \mathbb{R}^+$ , which is possible because  $\lambda_i > 0$ . Now, call

$$|\alpha'\rangle = \sum_i a_i \sqrt{\lambda_i} |\lambda_i\rangle \quad |\beta'\rangle = \sum_i b_i \sqrt{\lambda_i} |\lambda_i\rangle.$$

It is clear that

$$|\langle \alpha | H | \beta \rangle|^2 = |\langle \alpha' | \beta' \rangle|^2.$$

On the other hand, we have

$$\begin{aligned} \langle \alpha | H | \alpha \rangle &= \sum_{i,j} a_i^* a_j \lambda_j \langle \lambda_i | \lambda_j \rangle = \sum_i |a_i|^2 \lambda_i = \langle \alpha' | \alpha' \rangle \\ \langle \beta | H | \beta \rangle &= \sum_{i,j} b_i^* b_j \lambda_j \langle \lambda_i | \lambda_j \rangle = \sum_i |b_i|^2 \lambda_i = \langle \beta' | \beta' \rangle. \end{aligned}$$

Applying the Cauchy-Schwarz inequality,

$$|\langle \alpha | H | \beta \rangle|^2 = |\langle \alpha' | \beta' \rangle|^2 \leq \langle \alpha' | \alpha' \rangle \langle \beta' | \beta' \rangle = \langle \alpha | H | \alpha \rangle \langle \beta | H | \beta \rangle$$

and we're done.

- (b) The trace of  $H$  is simply the sum of its eigenvalues, so  $\text{tr}(H) > 0$ . To show explicitly, we use the orthonormal basis introduced in Part (a). Since  $\lambda_i > 0$  for all  $i$ , we have

$$\text{tr}(H) = \sum_i \langle \lambda_i | H | \lambda_i \rangle = \sum_i \lambda_i \langle \lambda_i | \lambda_i \rangle = \sum_i \lambda_i > 0.$$

4. Let a unitary operator  $U$  be given which satisfies the eigenvalue equation  $U |\lambda\rangle = \lambda |\lambda\rangle$ .

(a) Since  $\langle \lambda | \lambda \rangle \neq 0$  (because  $|\lambda\rangle$  is an eigenvector), we have

$$\langle \lambda | \lambda \rangle = \langle \lambda | U^\dagger U | \lambda \rangle = |\lambda|^2 \langle \lambda | \lambda \rangle \implies |\lambda|^2 = 1.$$

Since  $\lambda \in \mathbb{C}$ , it must be of the form  $\lambda = e^{i\theta}$  where  $\theta \in \mathbb{R}$ .

(b) Let distinct eigenvectors  $|\mu\rangle$  and  $|\lambda\rangle$  be given with corresponding (distinct) eigenvalues  $e^{i\theta_\mu}$  and  $e^{i\theta_\lambda}$ . We have

$$\langle \mu | \lambda \rangle = \langle \mu | U^\dagger U | \lambda \rangle = e^{-i\theta_\mu} e^{i\theta_\lambda} \langle \mu | \lambda \rangle.$$

Since  $e^{-i\theta_\mu} e^{i\theta_\lambda} \neq 1$ , equality holds only if  $\langle \mu | \lambda \rangle = 0$ .

5.

(a) First, we will show that the set of  $N \times N$  complex matrices form a vector space (over the complex numbers).

- The zero matrix  $O$  is the identity for vector (matrix) addition.
- For every matrix  $A$ , the matrix  $-A$  exists and  $A + (-A) = O$ , so every matrix has an additive inverse.
- Matrix addition is associative.
- Matrix addition is commutative.
- Scalar multiplication: For  $a, b \in \mathbb{C}$  and a matrix  $A$ , we have  $a(bA) = (ab)A = (ab)A$ , as usual.
- The number  $1 \in \mathbb{C}$  is the identity for scalar multiplication.
- Scalar multiplication is distributive with respect to matrix addition. Given  $a \in \mathbb{C}$  and matrices  $A, B$  we have  $a(A + B) = aA + aB$ .
- Finally, for  $a, b \in \mathbb{C}$  and a matrix  $A$ , we have  $(a + b)A = aA + bA$ .

Basically, the rules for matrix addition show that the set of  $N \times N$  complex matrices form a vector space. To show that the dimension of this space is  $N^2$ , we consider the following set of  $N^2$  matrices  $\{M(ij)\}_{i,j=1}^N$  where each  $M(ij)$  is an  $N \times N$  matrix whose entries are all zeros except for a 1 in the  $ij$  position. It is clear that there exists no non-trivial linear combination of the  $M(ij)$ 's that gives the zero matrix. Thus,  $\{M(ij)\}_{i,j=1}^N$  is a linearly independent set. Moreover, it is also obvious that any  $N \times N$  matrix can be written as a linear combination of the  $M(ij)$  matrices (i.e., given a matrix  $A = [a_{ij}]$  we have  $A = \sum a_{ij} M(ij)$ ). Therefore, the vector space of  $N \times N$  complex matrices is  $N^2$ -dimensional.

(b) Let  $\langle A, B \rangle = \text{Tr}(A^\dagger B)$ . We will show that  $(\cdot, \cdot)$  defines an inner product over the vector space  $\mathcal{V}$  above.

- Positive semidefinite: Given  $A \in \mathcal{V}$ . Then

$$\text{Tr}(A^\dagger A) = \left( A^\dagger A \right)_{ii} = A_{ij}^\dagger A_{ji} = A_{ji}^* A_{ji} = \sum_{i,j=1}^N |A_{ij}|^2 \geq 0,$$

with equality occurring if and only if  $A_{ij} = 0$  for all  $i, j$ , i.e.,  $A = 0$ .

- Linear in the second argument: For  $\beta \in \mathbb{C}$  and  $A, B \in \mathcal{V}$ , we have, by the linearity of the trace function,  $\text{Tr}(A^\dagger \beta B) = \beta \text{Tr}(A^\dagger B)$ . Moreover, given  $C \in \mathcal{V}$ , we have

$$\text{Tr}(A^\dagger (B + C)) = \text{Tr}(A^\dagger B + A^\dagger C) = \text{Tr}(A^\dagger B) + \text{Tr}(A^\dagger C).$$

- Conjugate-linear in the first argument (optional since the previous condition suffices): For  $\alpha \in \mathbb{C}$  and  $A, B \in \mathcal{V}$ , we have, by the linearity of the trace function,  $\text{Tr}((\alpha A)^\dagger B) = \text{Tr}(\alpha^* A^\dagger B) = \alpha^* \text{Tr}(A^\dagger B)$ . Similarly, given  $C \in \mathcal{V}$ ,

$$\text{Tr}((A + C)^\dagger B) = \text{Tr}(A^\dagger B + C^\dagger B) = \text{Tr}(A^\dagger B) + \text{Tr}(C^\dagger B).$$

- Conjugate symmetry: Given  $A, B \in \mathcal{V}$ , we have  $\text{Tr}(B^\dagger A) = \text{Tr}((A^\dagger B)^\dagger) = \overline{\text{Tr}((A^\dagger B)^\top)} = \overline{\text{Tr}(A^\dagger B)}$ , using the fact that  $\text{Tr}(X) = \text{Tr}(X^\top)$  for a square matrix  $X$ .

(c) By inspection, we can see that the collection  $\{\mathbb{I}, \sigma_1, \sigma_2, \sigma_3\}$  is linearly independent. It remains to show that it spans the space of  $2 \times 2$  complex matrices. To this end, let a  $2 \times 2$  matrix  $A$  be given.

$$A = \begin{pmatrix} a & b \\ c & d \end{pmatrix}.$$

We may write  $A$  as a linear combination of  $\{\mathbb{I}, \sigma_1, \sigma_2, \sigma_3\}$  as

$$A = \left(\frac{a+d}{2}\right)\mathbb{I} + \left(\frac{b+c}{2}\right)\sigma_1 + \left(\frac{c-b}{2i}\right)\sigma_3 + \left(\frac{a-d}{2}\right)\sigma_3.$$

Therefore,  $\{\mathbb{I}, \sigma_1, \sigma_2, \sigma_3\}$  also spans the space and so it is a basis for this space. Now, we claim that this basis under the normalization factor  $1/\sqrt{2}$

$$B = \left\{ \frac{1}{\sqrt{2}}\mathbb{I}, \frac{1}{\sqrt{2}}\sigma_1, \frac{1}{\sqrt{2}}\sigma_2, \frac{1}{\sqrt{2}}\sigma_3 \right\}$$

is orthonormal with respect to the inner product defined in Part (b). To see this, we observe that each element of the basis  $B$  is already Hermitian and that  $\sigma_i^2 = \mathbb{I} = \mathbb{I}^2$  for  $i = 1, 2, 3$ . So, we have that  $\text{Tr}\left((\sigma_i^\dagger/\sqrt{2})(\sigma_i/\sqrt{2})\right) = \text{Tr}(\sigma_i^2)/2 = \text{Tr}(\mathbb{I})/2 = \text{Tr}(\mathbb{I}^2)/2 = 1$ , as desired. Moreover, since each of  $\sigma_1, \sigma_2, \sigma_3$  is traceless, and that

$$\sigma_1\sigma_2 = i\sigma_3 \quad \sigma_2\sigma_3 = i\sigma_1 \quad \sigma_3\sigma_1 = i\sigma_2$$

all of which are traceless, we have  $\text{Tr}(\sigma_i^\dagger\sigma_j) = \text{Tr}(\sigma_i\sigma_j) \propto \text{Tr}(\sigma_k) = \text{Tr}(\mathbb{I}\sigma_k) = 0$  for all  $i \neq j$ . Therefore,  $B$  is mutually orthogonal collection of unit norm. In view of the previous result,  $B$  is an orthonormal basis.

(d) Let  $\Sigma(\cdot)$  denote the spectrum and  $\mathcal{E}$  the set of eigenvectors for each matrix. Note: to avoid confusion, we use the capital  $\Sigma$  rather than the lowercase. Except for the case of  $\mathbb{I}$ , the characteristic polynomial for each of  $\sigma_1, \sigma_2, \sigma_3$  is  $\lambda^2 = 1$ , so  $\lambda = \pm 1$ .

$$\begin{aligned} \mathbb{I} : \Sigma(\mathbb{I}) &= \{1, 1\} & \mathcal{E}(\mathbb{I}) &= \{\vec{v} : \vec{v} \in \mathbb{C}^2, \vec{v} \neq 0\} \\ \sigma_1 : \Sigma(\sigma_1) &= \{1, -1\} & \mathcal{E}(\sigma_1) &= \{(1 \ 1)^\top, (1 \ -1)^\top\} \\ \sigma_2 : \Sigma(\sigma_2) &= \{1, -1\} & \mathcal{E}(\sigma_2) &= \{(1 \ i)^\top, (1 \ -i)^\top\} \\ \sigma_3 : \Sigma(\sigma_3) &= \{1, -1\} & \mathcal{E}(\sigma_3) &= \{(1 \ 0)^\top, (0 \ 1)^\top\}, \end{aligned}$$

where the eigenvectors are ordered to match their corresponding eigenvalues.

(e) Let  $\mathbf{A} = (A_1, A_2, A_3)$  and  $\mathbf{B} = (B_1, B_2, B_3)$  be given such that  $[A_j, \sigma_i] = 0$  and  $[B_n, \sigma_m] = 0$  for all  $i, j, m, n$ . Then, using the following identities

$$\sigma_1\sigma_2 = i\sigma_3, \quad \sigma_2\sigma_3 = i\sigma_1, \quad \sigma_3\sigma_1 = i\sigma_2, \quad \sigma_2\sigma_1 = -i\sigma_3, \quad \sigma_3\sigma_2 = -i\sigma_1, \quad \sigma_1\sigma_3 = -i\sigma_2, \quad \sigma_i^2 = \mathbb{I},$$

we find

$$\begin{aligned} (\sigma \cdot \mathbf{A})(\sigma \cdot \mathbf{B}) &= (\sigma_1 A_1 + \sigma_2 A_2 + \sigma_3 A_3)(\sigma_1 B_1 + \sigma_2 B_2 + \sigma_3 B_3) \\ &= (A_1 B_1 + A_2 B_2 + A_3 B_3) + i\sigma_1(A_2 B_3 - A_3 B_2) + i\sigma_2(A_3 B_1 - A_1 B_3) + i\sigma_3(A_1 B_2 - A_2 B_1) \\ &= (\mathbf{A} \cdot \mathbf{B})\mathbb{I} + i\sigma \cdot (\mathbf{A} \times \mathbf{B}) \end{aligned}$$

as desired.

(f) We claim:

$$\exp(i\theta \sigma \cdot \mathbf{n}) = \cos \theta \mathbb{I} + i \sigma \cdot \mathbf{n} \sin \theta.$$

In view of Part (e), we observe that  $[\sigma \cdot \mathbf{n}]^{2n} = [(\mathbf{n} \cdot \mathbf{n})\mathbb{I}]^n = \mathbb{I}$  and thus  $[\sigma \cdot \mathbf{n}]^{2n+1} = \sigma \cdot \mathbf{n}$ . This will help with simplifying the power series expansion of  $\exp(i\theta \sigma \cdot \mathbf{n})$  below by splitting up the odd-powered and even-powered terms:

$$\begin{aligned} \exp(i\theta \sigma \cdot \mathbf{n}) &= \sum_{n=0}^{\infty} \frac{(i\theta)^n}{n!} [\sigma \cdot \mathbf{n}]^n \\ &= \sum_{k=0}^{\infty} \frac{(i\theta)^{2k}}{(2k)!} \mathbb{I} + [\sigma \cdot \mathbf{n}] \sum_{j=0}^{\infty} \frac{(i\theta)^{2j+1}}{(2j+1)!} \\ &= \sum_{k=0}^{\infty} \frac{(-1)^k \theta^{2k}}{(2k)!} \mathbb{I} + i[\sigma \cdot \mathbf{n}] \sum_{j=0}^{\infty} \frac{(-1)^j \theta^{2j+1}}{(2j+1)!} \\ &= \cos \theta \mathbb{I} + i \sigma \cdot \mathbf{n} \sin \theta. \end{aligned}$$

And we're done with the proof.

6.

- (a) To see that  $R := (1/\sqrt{2})(\mathbb{I} + i\sigma_x)$  is a rotation by  $-\pi/2$  around the  $x$ -axis, it suffices to show that (1)  $R$  keeps the  $\sigma_x$  eigenstates invariant and (2)  $R$  rotates clockwise the  $\sigma_z$  eigenstates into the  $\sigma_y$  eigenstates.

It is clear from the definition of  $R$  that  $R|\pm, x\rangle = |\pm, x\rangle$  (since  $|\pm, x\rangle$  is a simultaneous eigenket of both  $\mathbb{I}$  and  $\sigma_x$ ). So  $R$  keeps the  $x$ -axis the same. Now, the matrix representation of this operator in the  $z$  basis is

$$R = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & i \\ i & 1 \end{pmatrix}$$

Consider  $|+, z\rangle = (1 \ 0)^\top$ . We see that  $R|+, z\rangle = (1/\sqrt{2})(1 \ i)^\top = |+, y\rangle$ . Applying  $R$  one more time, we find  $R|+, y\rangle = R^2|+, z\rangle = i\sigma_x|+, z\rangle = i|-, z\rangle \equiv |-, z\rangle$ . The total effect is that  $+z$  gets rotated into  $+y$  and  $+y$  gets rotated into  $-z$ , all with  $x$  fixed. As a result,  $R$  is a rotation by  $-\pi/2$  about the  $x$ -axis.

To see this even more clearly, plot the  $yz$ -plane with the  $x$ -axis pointing out of the paper. Let the state  $|+, z\rangle$  represent the  $+z$  direction and  $|+, y\rangle$  represent the  $+y$  direction. Because  $R|+, z\rangle = |+, y\rangle$ ,  $R|+, y\rangle \equiv |-, z\rangle$  and  $R|-, x\rangle = |-, x\rangle$ , we have that  $+z$  gets sent to  $+y$ , and  $+y$  gets sent to  $-z$ . So, the  $yz$ -plane gets rotated by  $-\pi/2$  about the  $x$ -axis.

Alternatively, one could also do this problem by explicitly consider the  $x$ -rotation matrix  $\exp(-i\theta\sigma_x/2)$  where  $\theta = -\pi/2$ . The matrix exponentiation is straightforward. One finds that

$$\exp\left(+\frac{i\pi}{4}\sigma_x\right) = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & i \\ i & 1 \end{pmatrix} = \frac{1}{\sqrt{2}} (\mathbb{I} + i\sigma_x).$$

- (b) We will set  $\hbar/2 \equiv 1$  for convenience. The matrix elements of  $S_z$  in the  $y$ -basis are given by  $\langle y_i | S_z | y_j \rangle$ . So, in the  $y$ -basis,  $S_z$  is

$$S_z|_y = \begin{pmatrix} \langle +, y | S_z | +, y \rangle & \langle +, y | S_z | -, y \rangle \\ \langle -, y | S_z | +, y \rangle & \langle -, y | S_z | -, y \rangle \end{pmatrix} = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \equiv \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix},$$

where we have used the fact that  $S_z|+, y\rangle = |-, y\rangle$  and  $S_z|-, y\rangle = |+, y\rangle$ . Alternatively, we could calculate the matrix elements exclusively using known results in the  $z$ -basis (see Part (d)).

7. We want to construct a matrix which connects the  $z$ -basis to the  $x$ -basis. To do this, we must know how  $|\pm, z\rangle$  appears in the  $x$ -basis:

$$\begin{aligned} |+, z\rangle &= \frac{1}{\sqrt{2}} |+, x\rangle + \frac{1}{\sqrt{2}} |-, x\rangle \\ |-, z\rangle &= \frac{1}{\sqrt{2}} |+, x\rangle - \frac{1}{\sqrt{2}} |-, x\rangle. \end{aligned}$$

To see what vectors in the  $z$ -basis look like in the  $x$ -basis, we apply the following matrix to those vectors:

$$U = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1 \\ 1 & -1 \end{pmatrix}.$$

Compare this with the given formula:

$$\begin{aligned} U &= \sum_r |x_r\rangle \langle z_r| \\ &= |+, x\rangle \langle +, z| + |-, x\rangle \langle -, z| \\ &= |+, x\rangle \left( \frac{1}{\sqrt{2}} \langle +, x| + \frac{1}{\sqrt{2}} \langle -, x| \right) + |-, x\rangle \left( \frac{1}{\sqrt{2}} \langle +, x| - \frac{1}{\sqrt{2}} \langle -, x| \right) \\ &= \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & 1 \\ 1 & -1 \end{pmatrix}, \end{aligned}$$

which is consistent with what we found before.