

Sub-Doppler Sysiphus Cooling

The surprise finding:

Optical molasses are much
Colder than expected

Also:

The variation of temperature
with detuning is not as expected

Where to look for ideas?

→ Check your assumptions!

We assumed:

- 2-level system

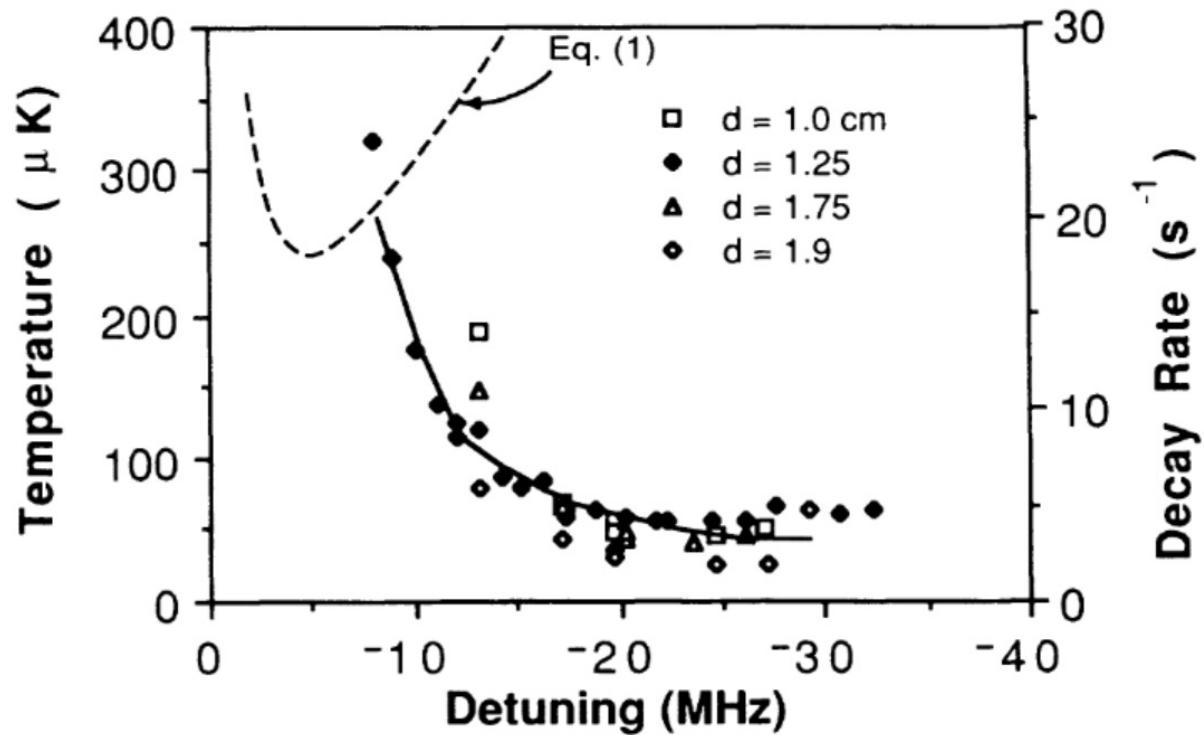
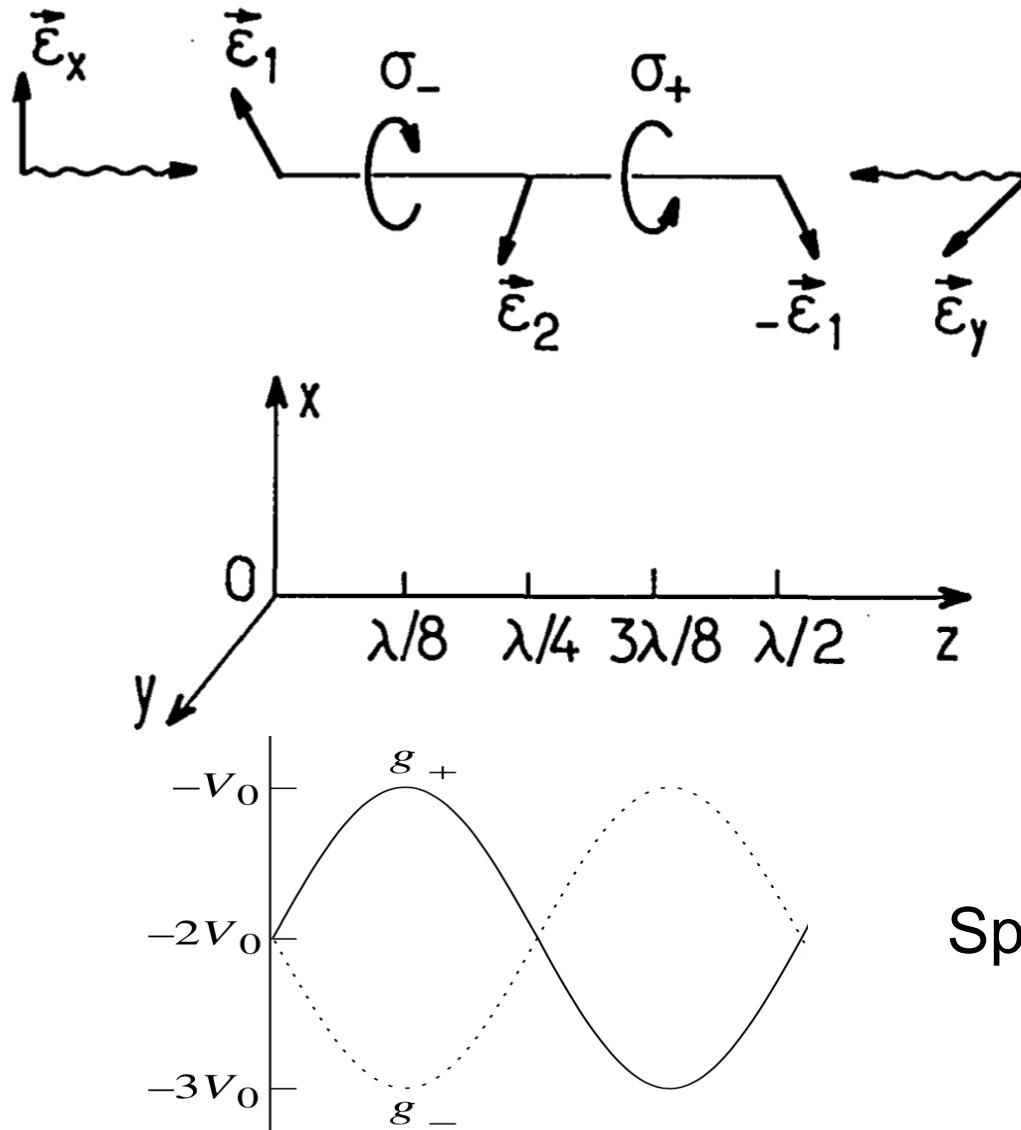


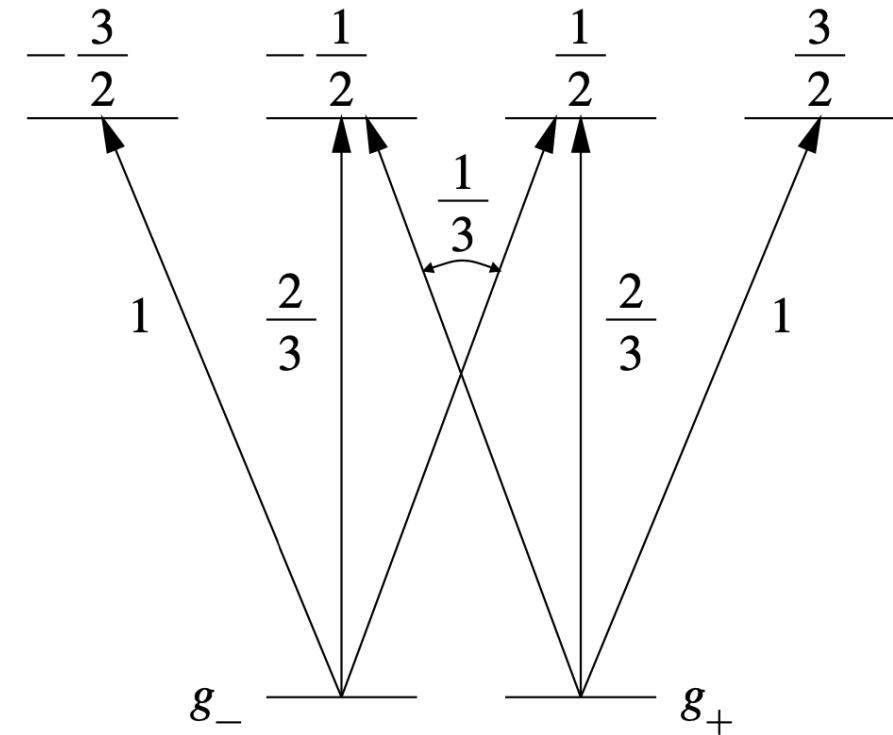
FIG. 2. T vs Δ by TOF for various separations d . The solid curve represents the measured molasses decay rate; it is not a fit to the temperature data, but its scale was chosen to emphasize its proportionality to the temperature data. The dashed line shows the temperature expected on the basis of Eq. (1).

Sub-Doppler Sysiphus Cooling

Polarization gradients



Internal structure



Spatially dependent light shifts

Sub-Doppler Sysiphus Cooling

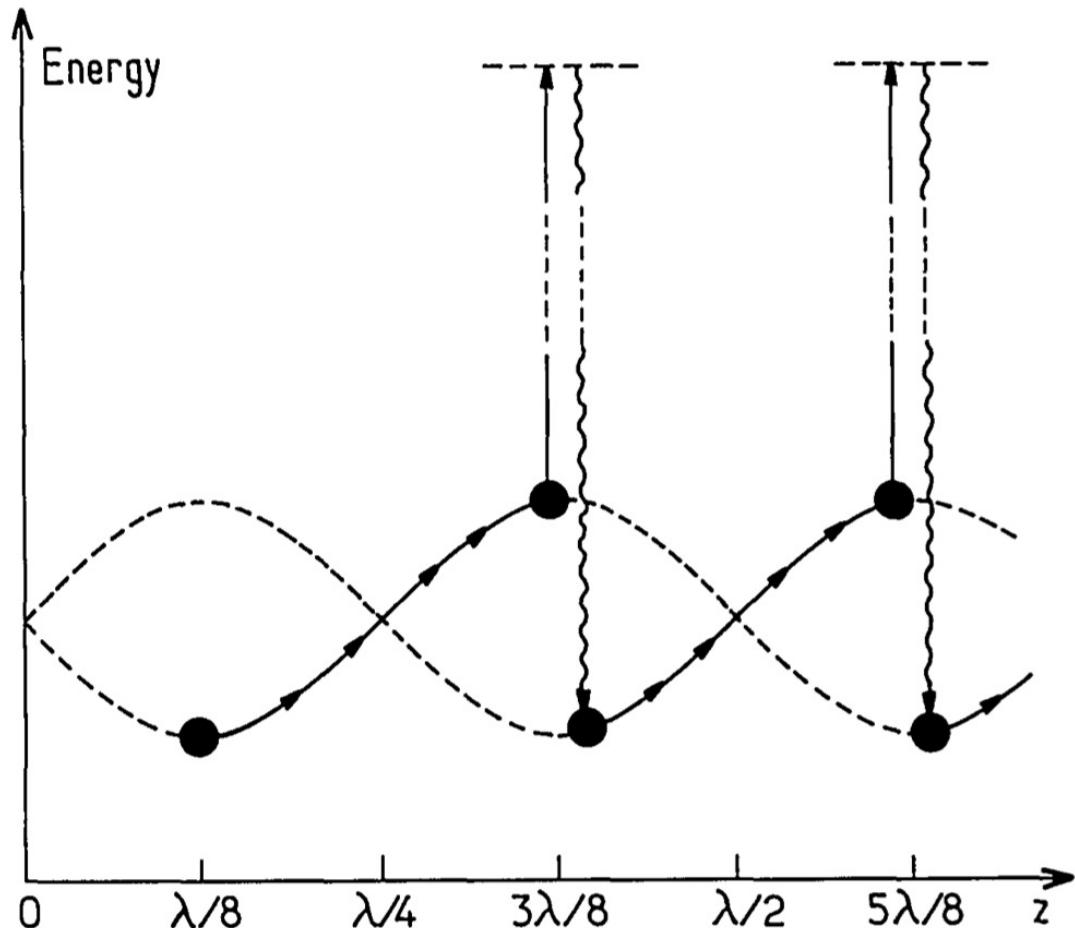


Fig. 4. Atomic Sisyphus effect in the lin \perp lin configuration. Because of the time lag τ_p due to optical pumping, the atom sees on the average more uphill parts than downhill ones. The velocity of the atom represented here is such that $v\tau_p \sim \lambda$, in which case the atom travels over λ in a relaxation time τ_p . The cooling force is then close to its maximal value.

Looks like stimulated blue molasses, but note:
These dressed levels are superpositions of
ground-state levels!
The effective scattering rate and light shifts are:

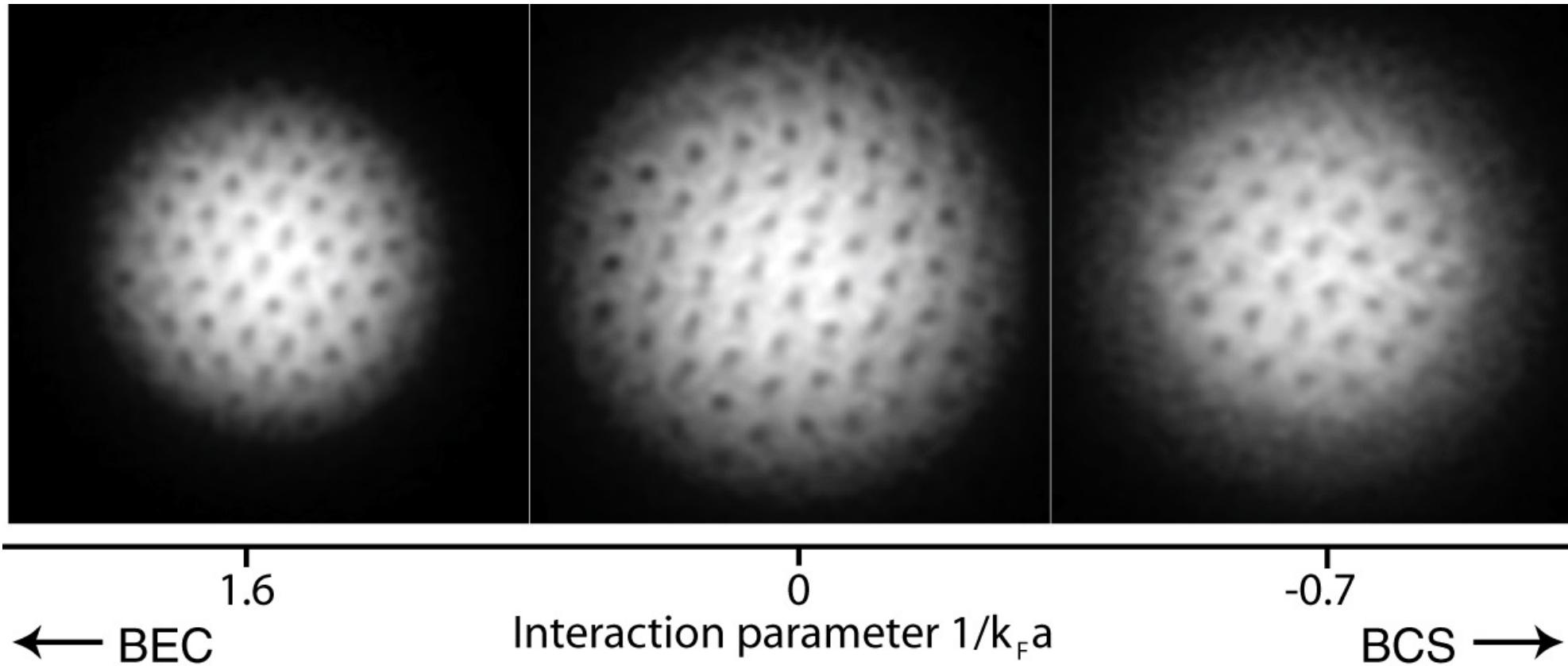
$$\Gamma' \sim \Omega^2 \Gamma / \delta^2,$$

$$\Delta' \sim \Omega^2 / \delta,$$

Cooling Rate:

$$\frac{dW}{dt} \sim \frac{-\hbar \Delta'}{\tau_p} = -\hbar \Delta' \Gamma'.$$

Superfluid Bose and Fermi Gases



Some reviews

Varenna Notes:

on BEC:

Ketterle, Durfee, Stamper-Kurn, *Making, Probing and Understanding BEC*

http://cua.mit.edu/ketterle_group/Projects_1999/Pubs_99/kett99varennna.pdf

on Fermi Gases:

Ketterle, Zwierlein, *Making, Probing and Understanding Ultracold Fermi Gases*

<http://arxiv.org/abs/0801.2500>

Zwierlein, *Thermodynamics of Strongly Interacting Fermi Gases*,

Varenna School of Physics “Enrico Fermi” 2014, vol 191

Stefano Giorgini, Lev P. Pitaevskii, Sandro Stringari

The theory of Fermi gases

<http://arxiv.org/abs/0706.3360>

Immanuel Bloch, Jean Dalibard, Wilhelm Zwerger

Many-Body Physics with Ultracold Gases:

<http://arxiv.org/abs/0704.3011>

Lecture Notes “The BEC-BCS crossover and the Unitary Fermi Gas”

Edited by W. Zwerger, Springer, 2012

How cold is ultracold?

Atoms move at:

$\sim 1 \text{ mm/s}$

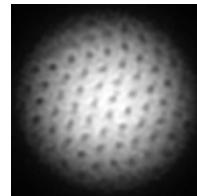
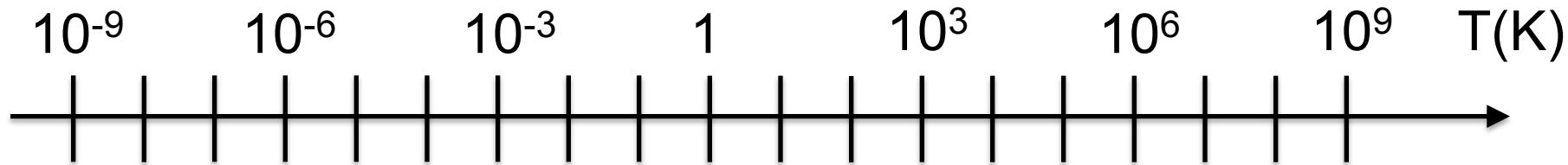


$\sim 100 \text{ m/s}$



$\sim 10^6 \text{ m/s}$

NY – Paris in 10 seconds



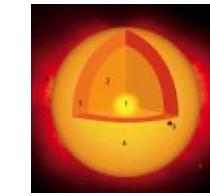
Ultracold atom experiments



Outer space



Your living room



Center of the sun



Supernova explosion

Particles behave as waves



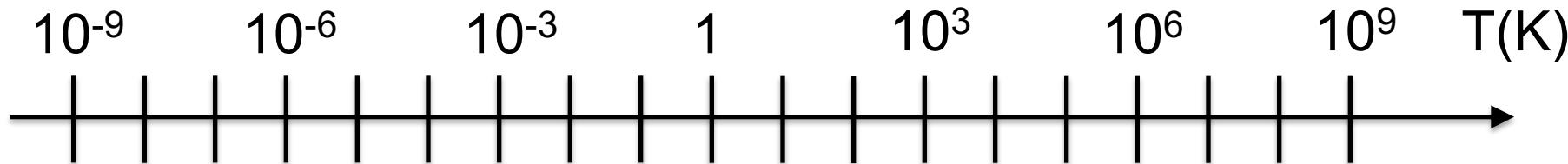
*Louis
de Broglie*

$$\lambda = \frac{h}{mv}$$

Mass

Velocity

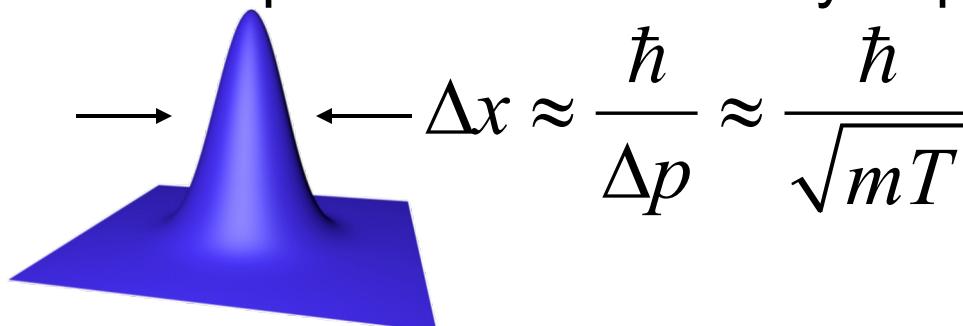
Planck's constant



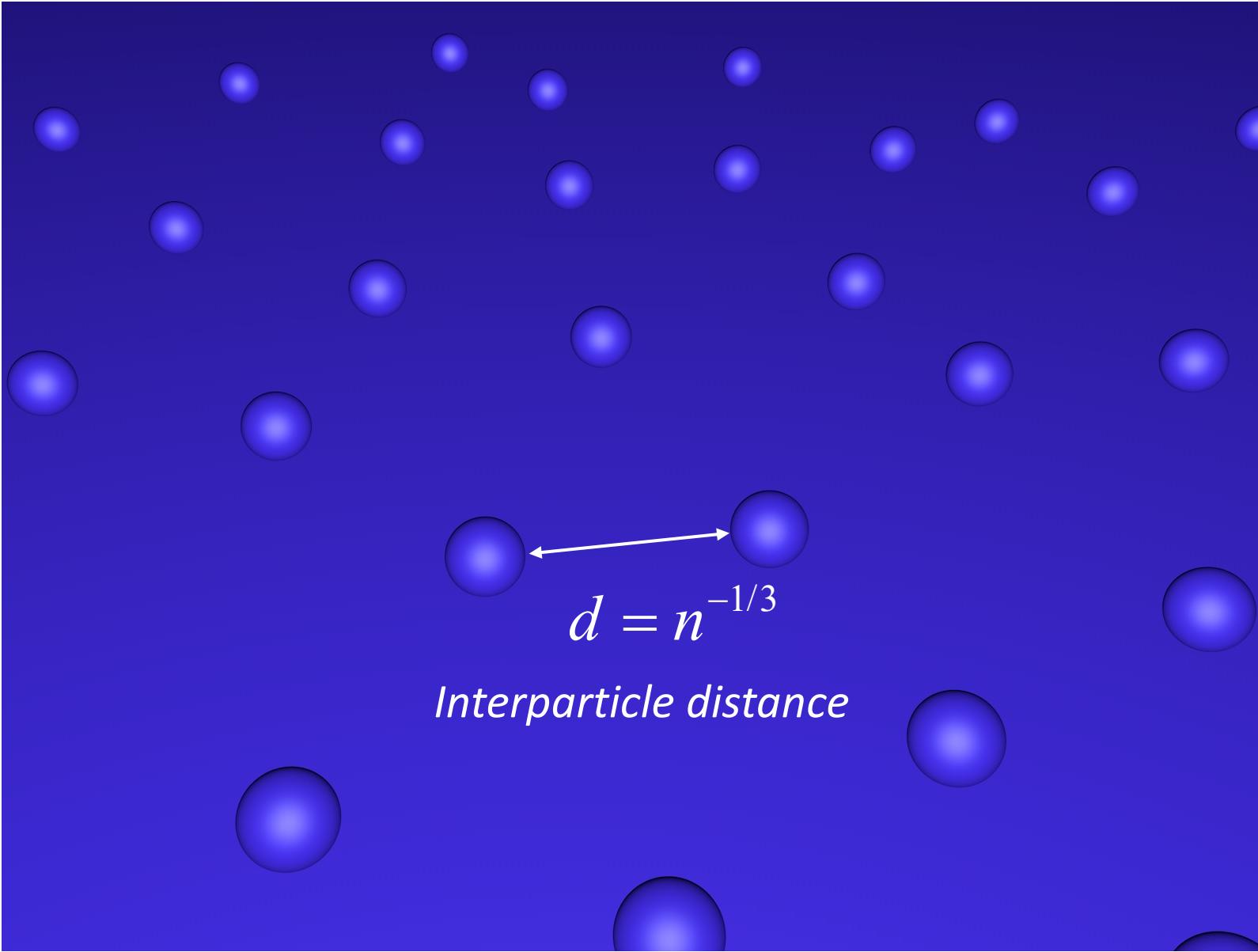
*Werner
Heisenberg*

Temperature = Uncertainty of velocity²

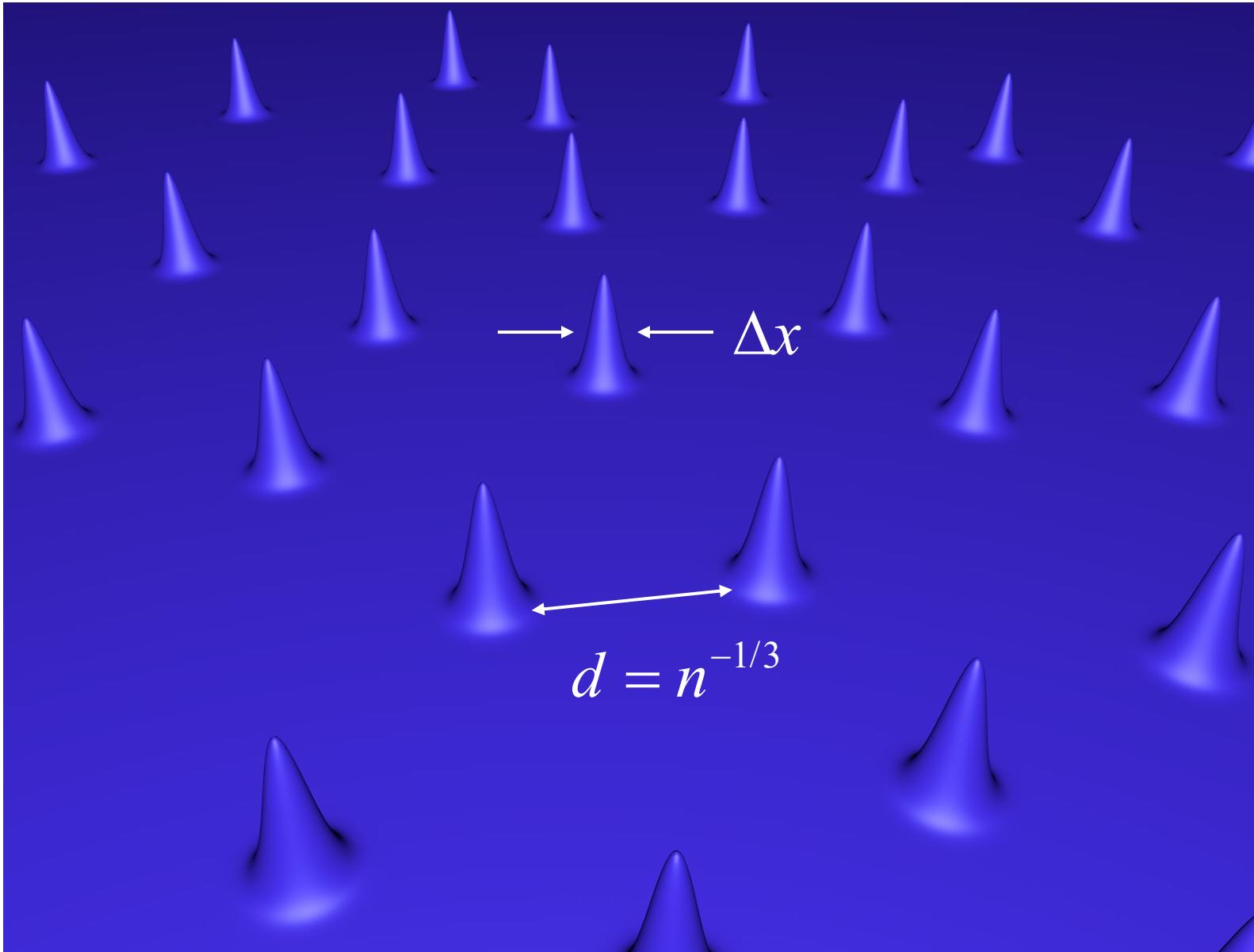
Size of a wave packet = Uncertainty of position



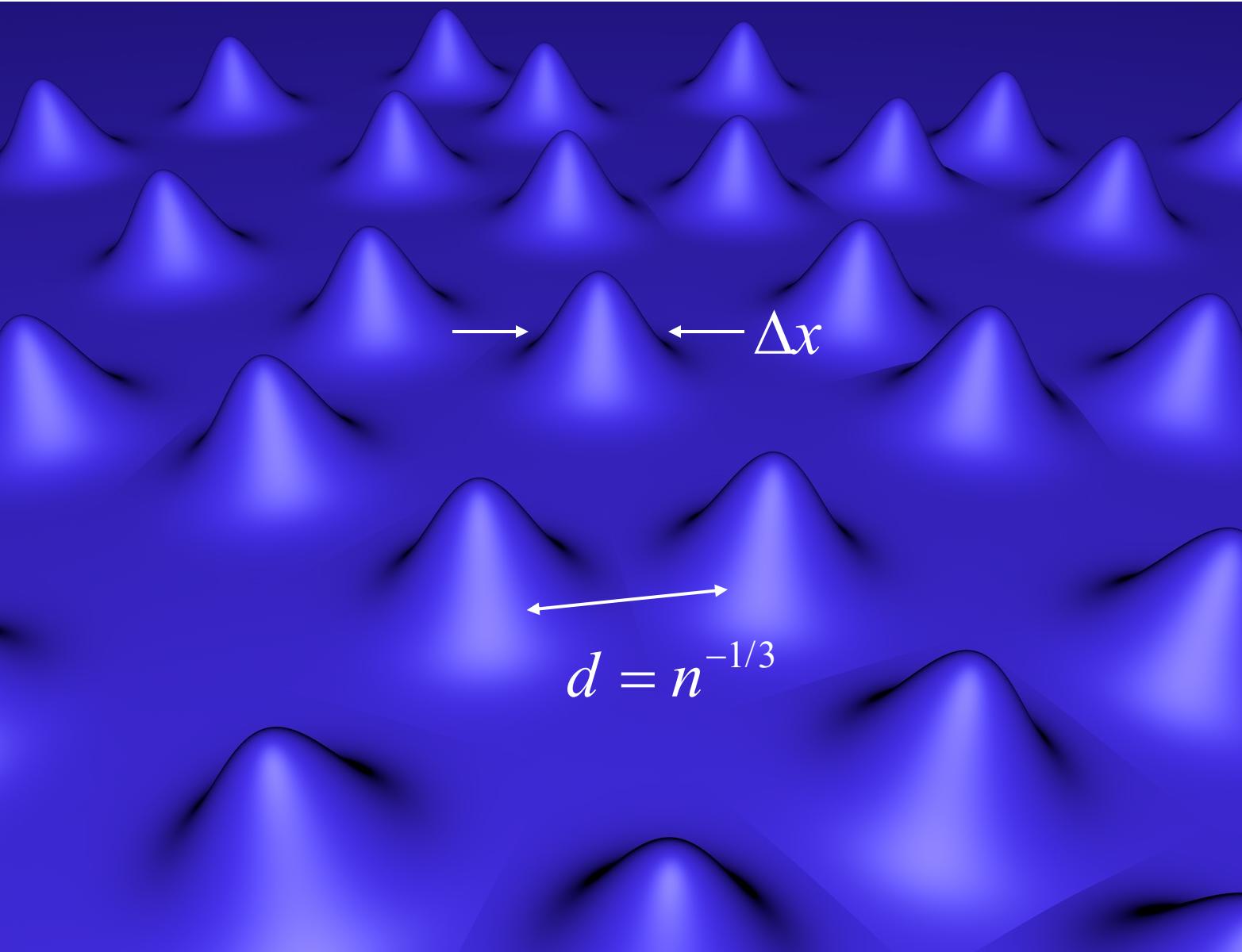
Particles...



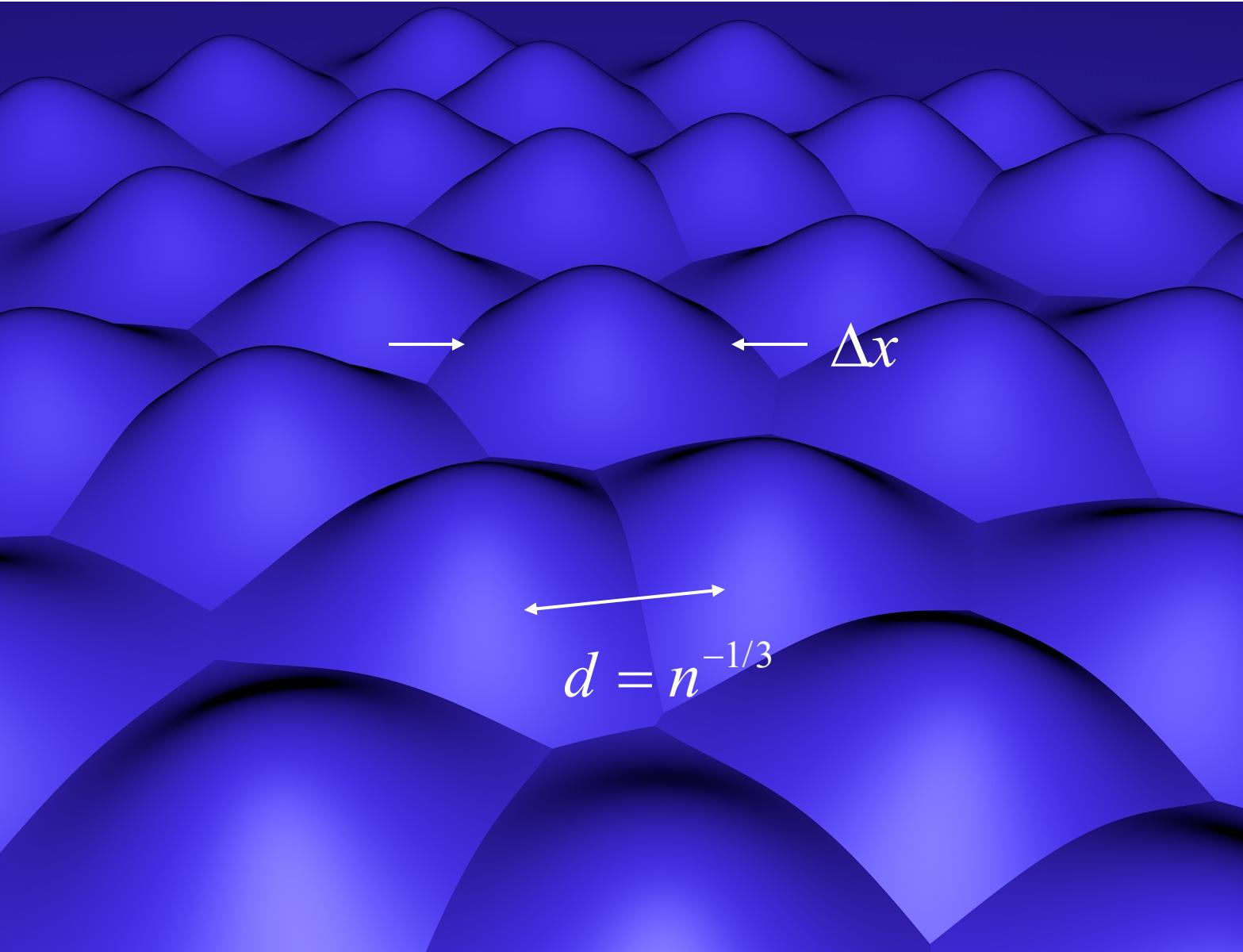
...behave as waves



When does wave mechanics matter?



When does wave mechanics matter?



Bosons versus Fermions

Fermions (unsociable):

Half-Integer Spin

Pauli blocking \rightarrow Form Fermi sea

No phase transition at low Temperature



Fermi Feb. 1926

Dirac Oct. 1926

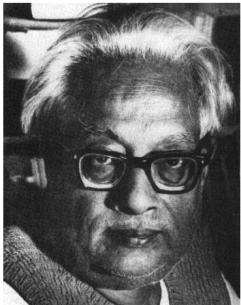
Bosons (sociable):

Integer Spin

Can share quantum states

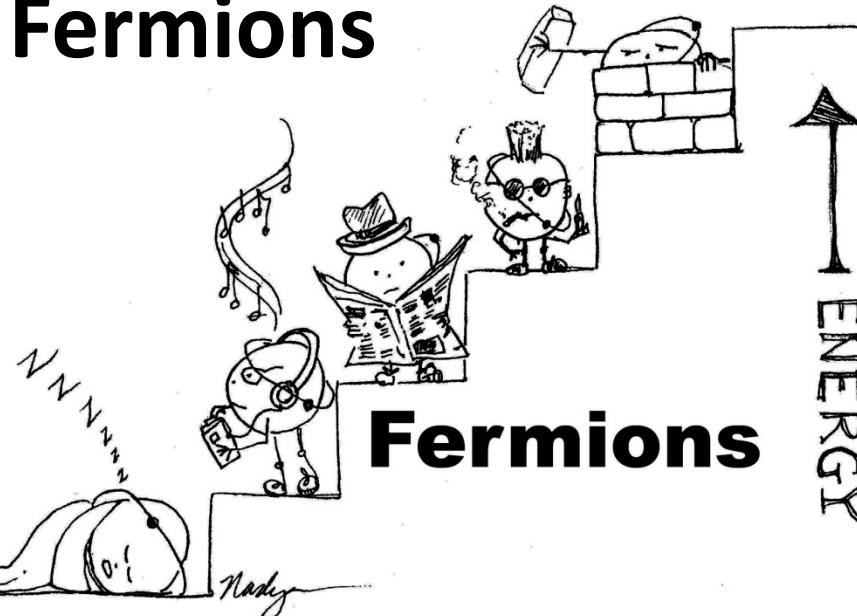
At low temperatures:

Bose-Einstein condensation

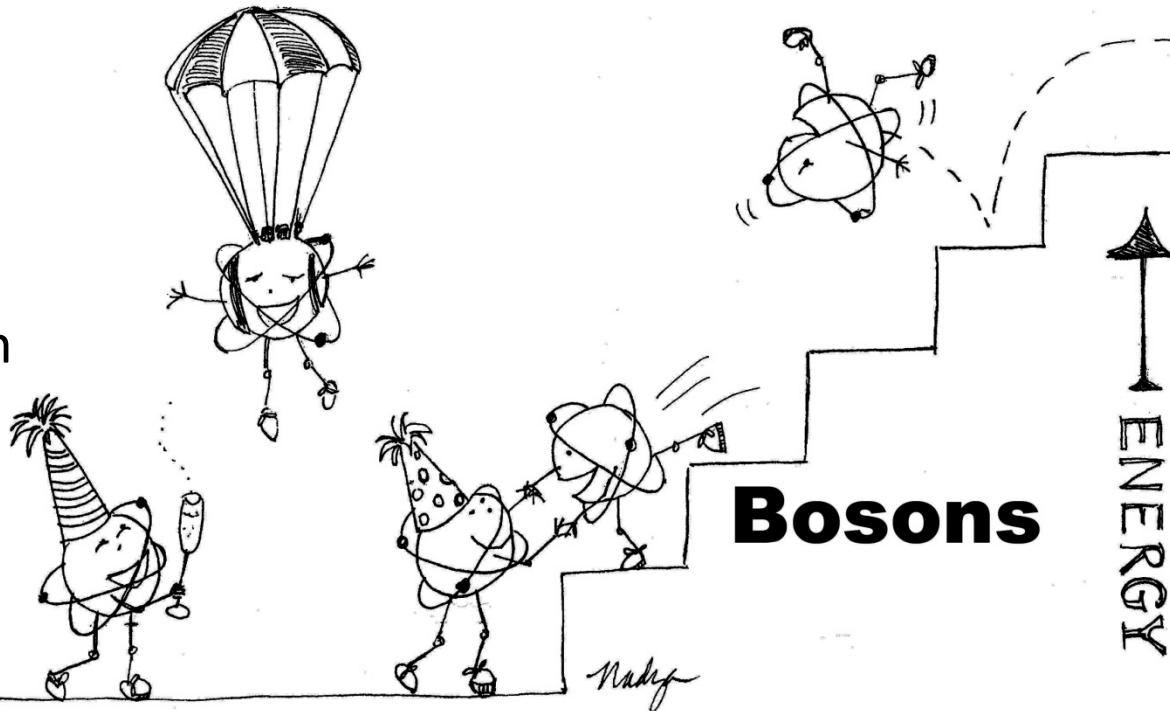


Bose 1924

Einstein 1924/25



Fermions



Bosons

Bosons



N bosons sharing one and the same macroscopic matter wave

(Artist's conception)

Fermions

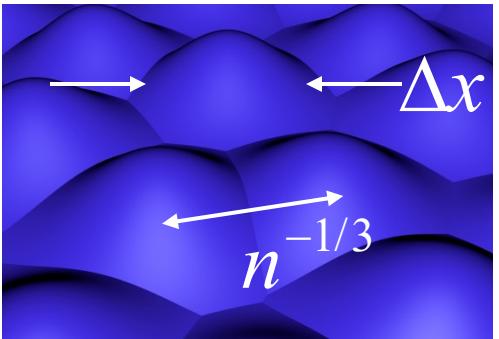


N fermions avoiding each other

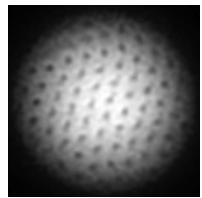
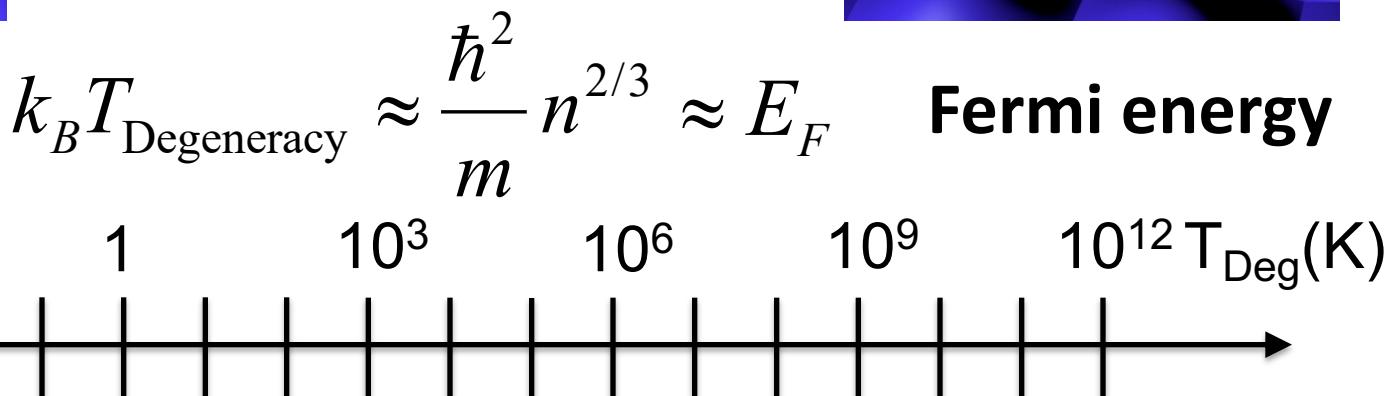
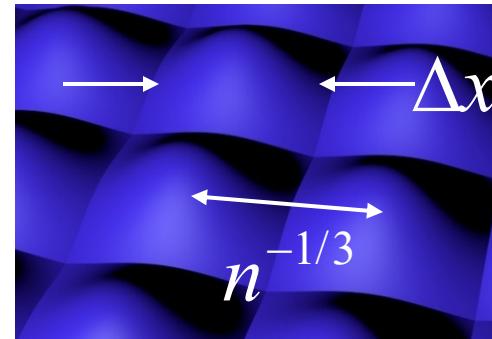
(Artist's conception from 2009 - but realized in the lab in 2015)

Condition for quantum degeneracy

Position uncertainty \sim Interparticle spacing



$$\Delta x = \frac{\hbar}{\Delta p} \approx n^{-1/3}$$



Ultracold
atomic gases



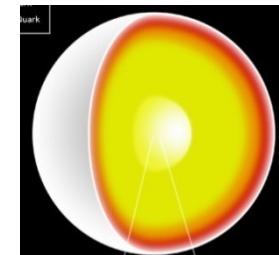
Liquid Helium



Metals

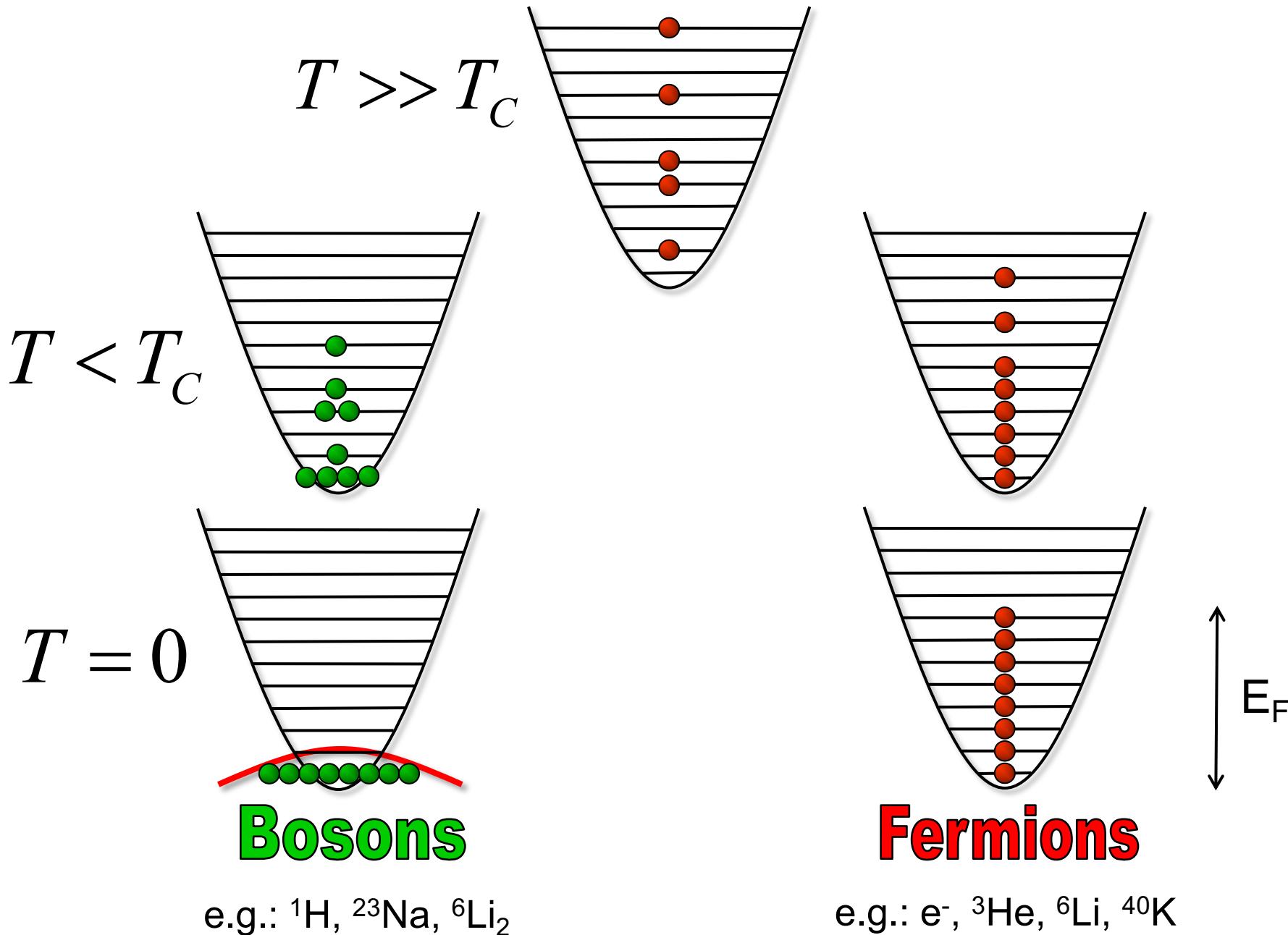


White dwarf

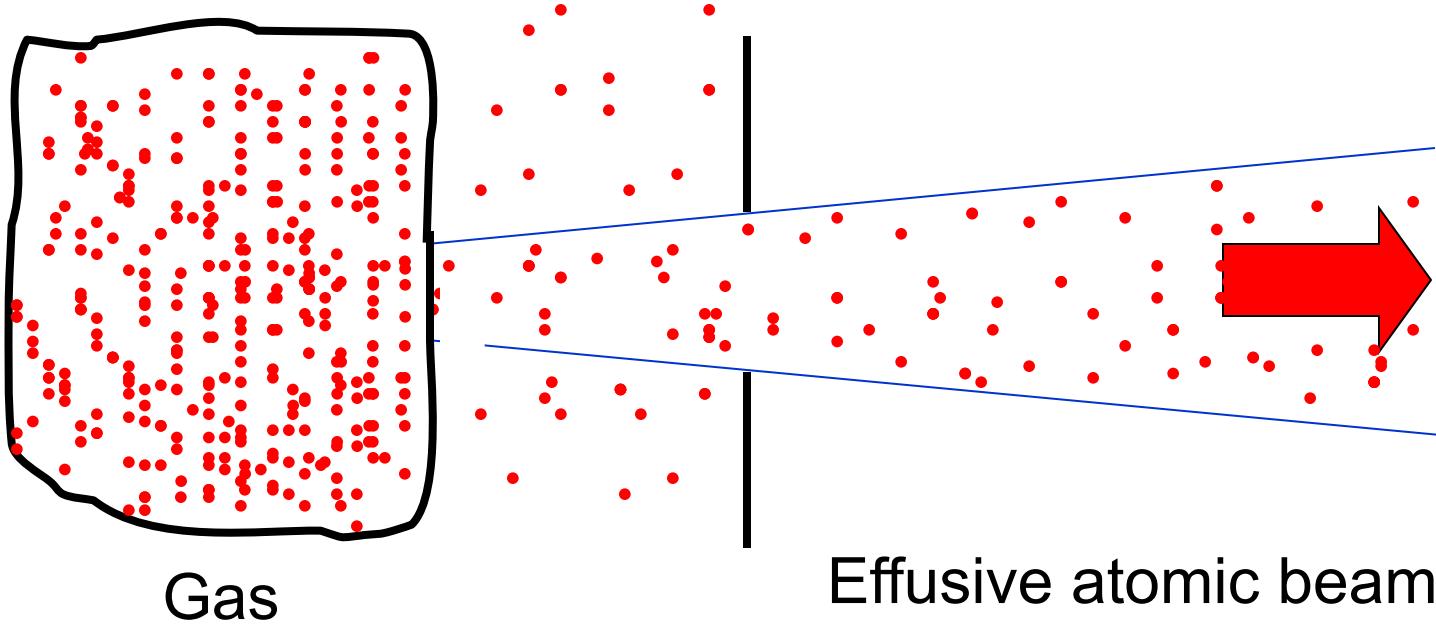


Neutron star

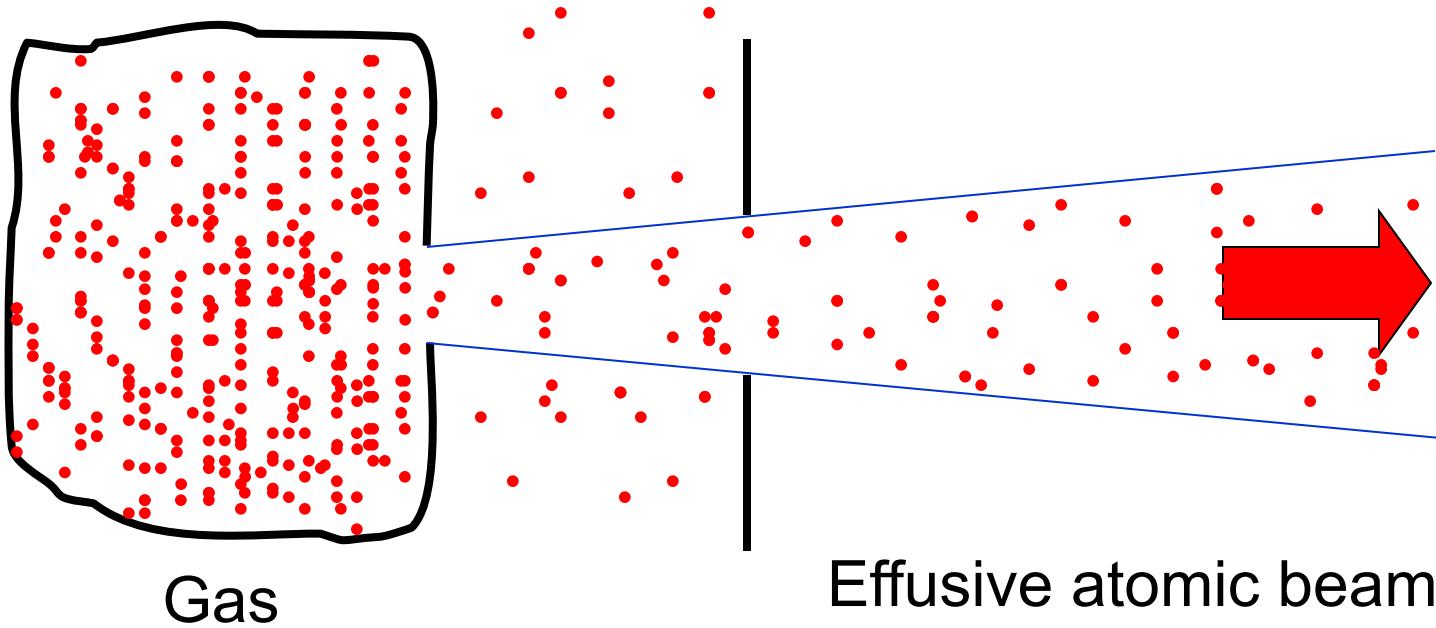
Bosons vs Fermions



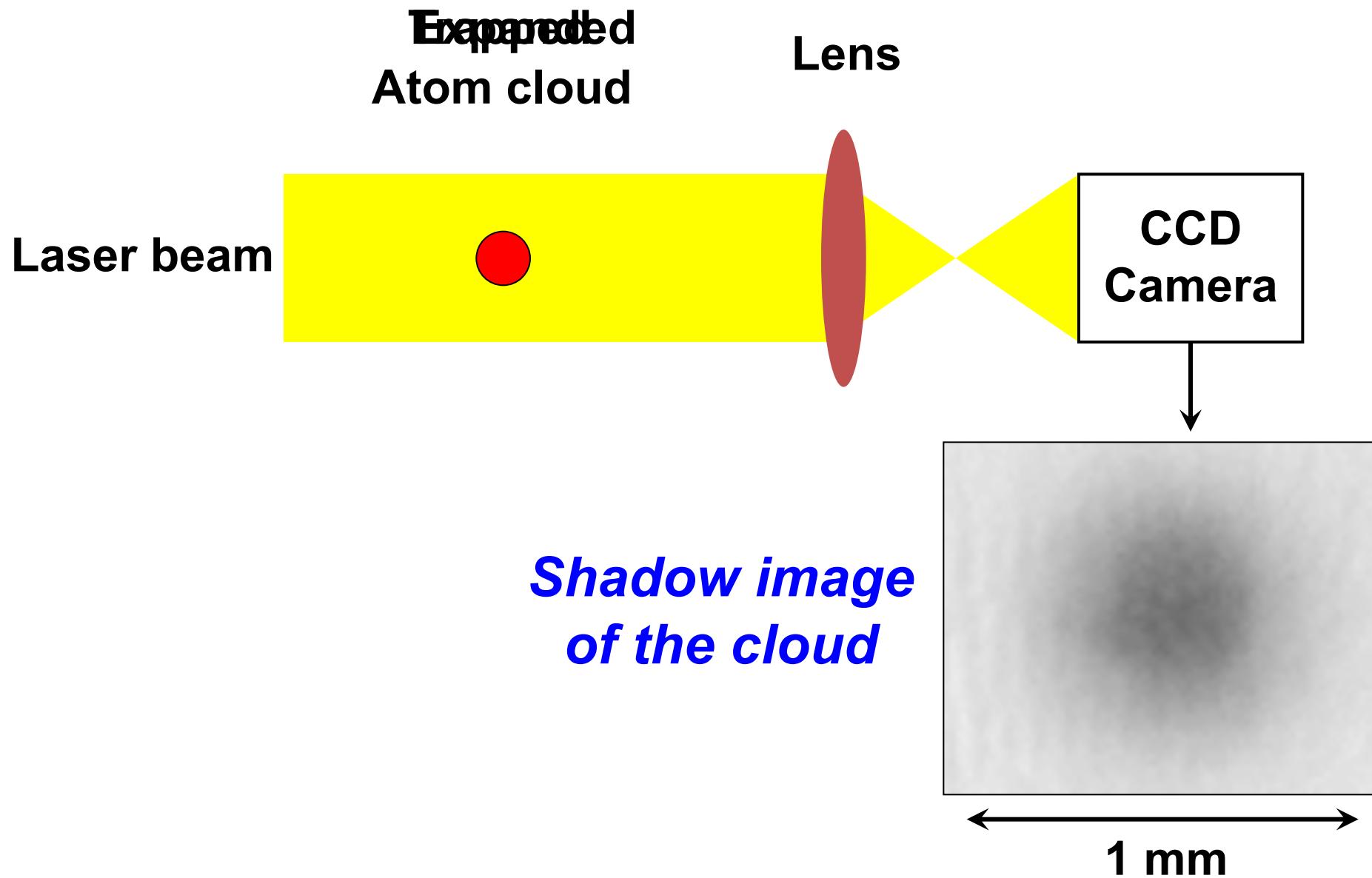
How to measure temperature?

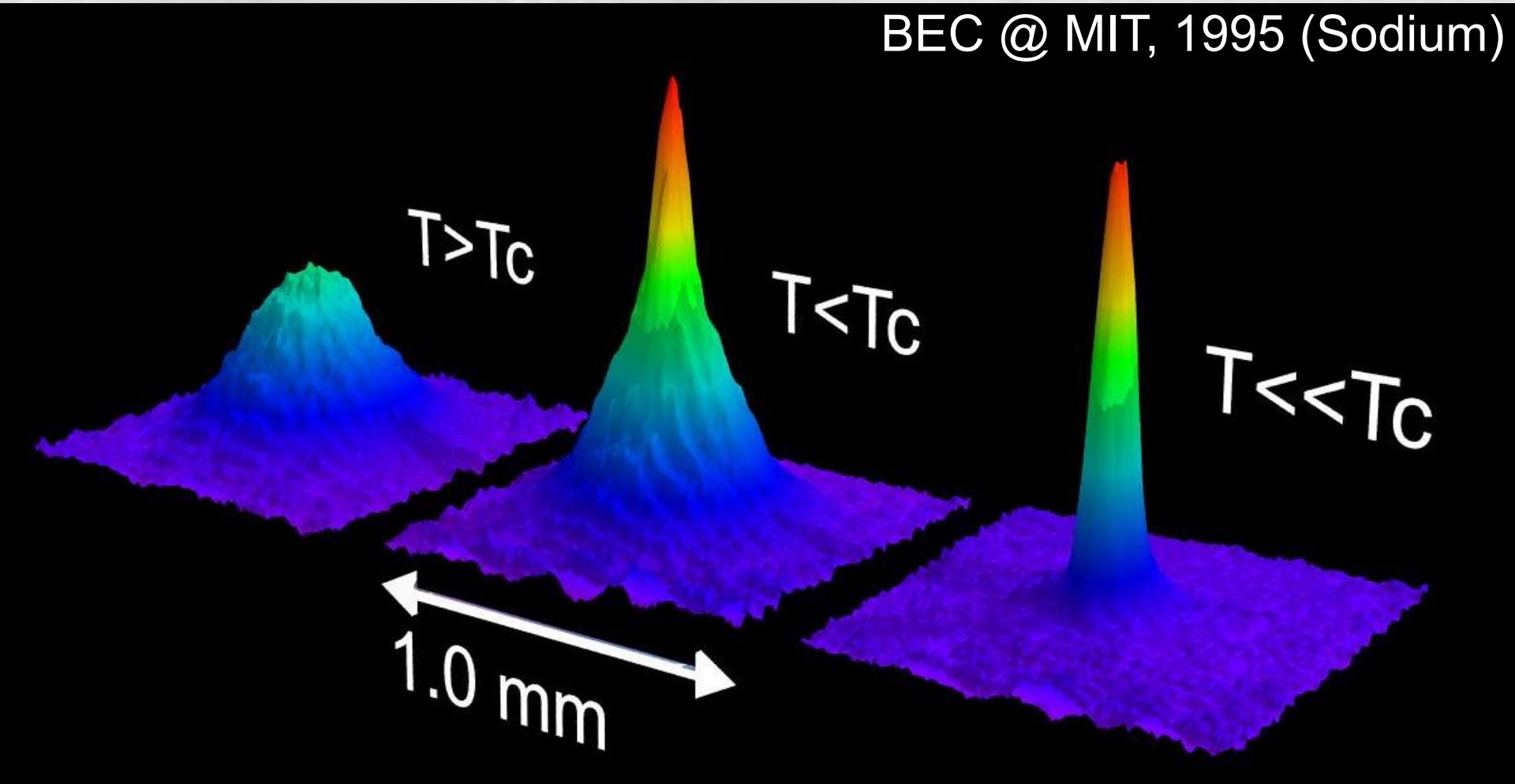


How to measure temperature?



Observation of the atom cloud





Superfluidity in Bosonic Gases

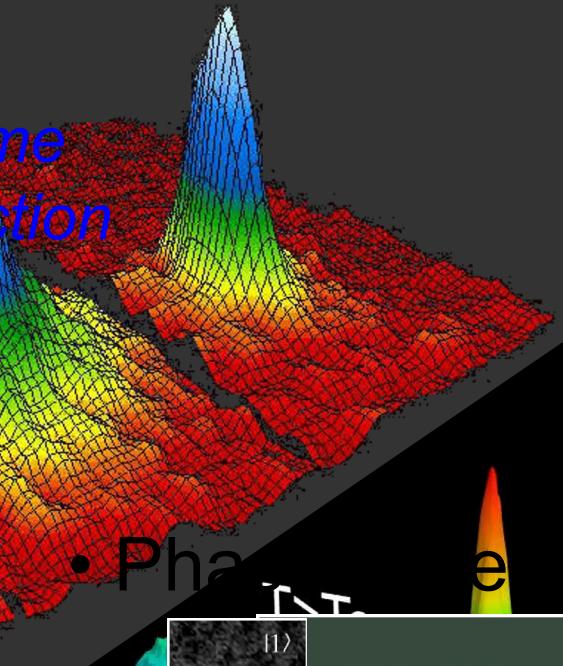
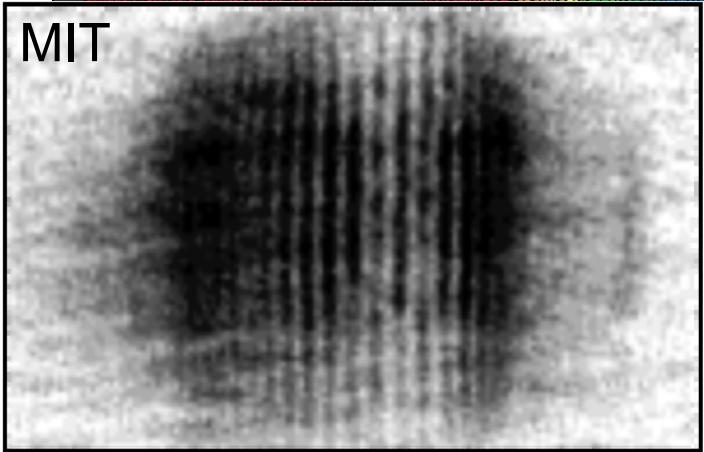
BEC @ JILA, Juni '95

(Rubidium)

- BEC 1995

*All atoms occupy same
macroscopic wavefunction*

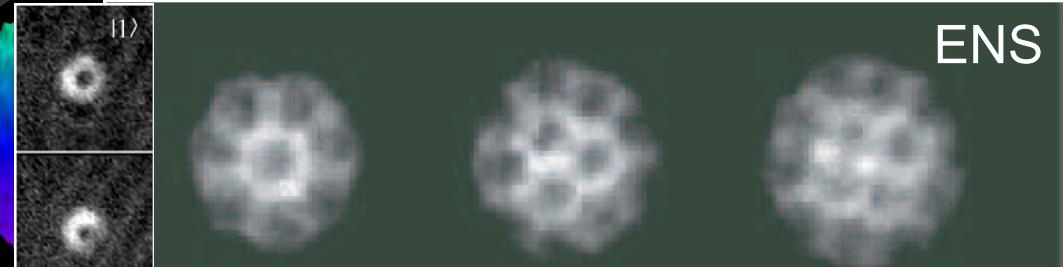
MIT



• Phase



ENS



- Superfluid

*Frictionless flow,
quantized vorticity*

BEC @ MIT, Sept.

JILA

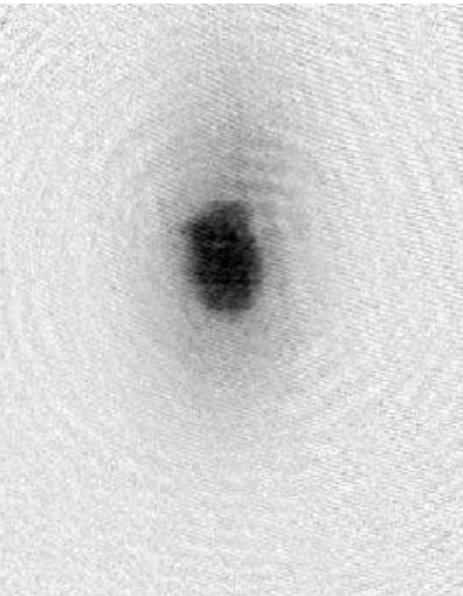
(a)

0 nm

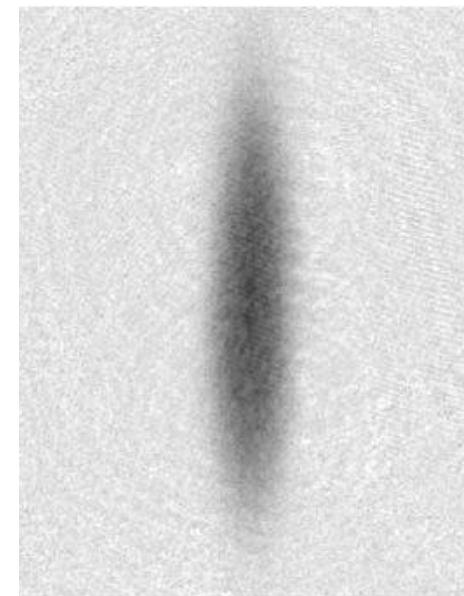
(Rubidium)

Bosons vs Fermions

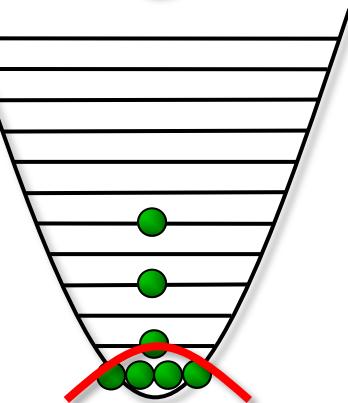
^{23}Na



^6Li



$$T < T_C$$

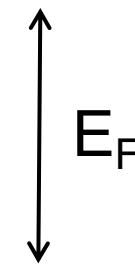


Bosons

e.g.: ^1H , ^{23}Na , $^6\text{Li}_2$

Fermions

e.g.: e^- , ^3He , ^6Li , ^{40}K



Non-interacting Fermi gas

- Fermi-Dirac Statistics:

$$f(\epsilon) = \frac{1}{e^{\beta(\epsilon-\mu)} + 1}$$

At T = 0:

$$f(\epsilon) \rightarrow \theta(E_F - \epsilon)$$

- Fermi gas in a box:

$$\epsilon = \frac{\hbar^2 k^2}{2m}$$

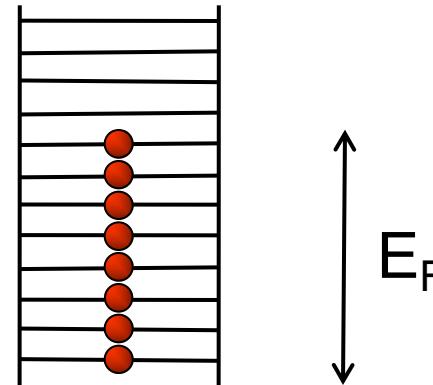
$$N = \int d^3x \int \frac{d^3k}{(2\pi)^3} \theta \left(E_F - \frac{\hbar^2 k^2}{2m} \right)$$

$$n = \frac{1}{(2\pi)^3} \text{Volume of sphere in k-space with radius } k_F$$

$$= \frac{1}{6\pi^2} k_F^3$$

$$E_F = \frac{\hbar^2 k_F^2}{2m}$$

$$k_F = (6\pi^2 n)^{-1/3} \sim 1/\text{Interparticle spacing}$$



Non-interacting Fermi gas

- Fermi-Dirac Statistics:

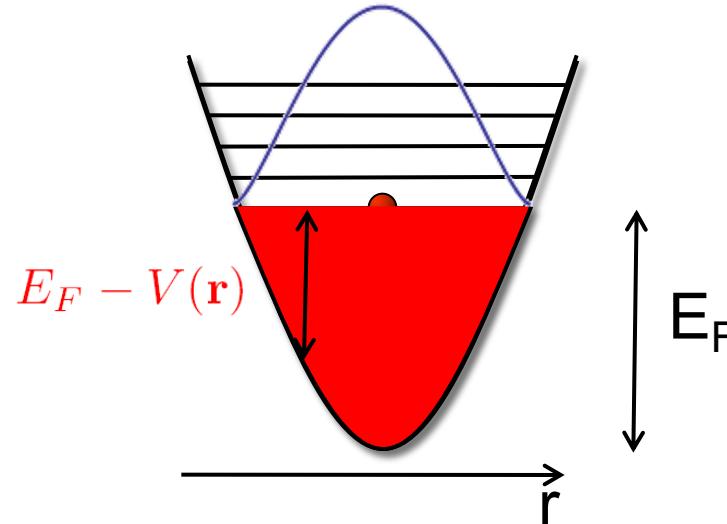
$$f(\epsilon) = \frac{1}{e^{\beta(\epsilon-\mu)} + 1}$$

At T = 0:

$$f(\epsilon) \rightarrow \theta(E_F - \epsilon)$$

- Fermi gas in a trap:

$$\epsilon_F(\mathbf{r}) = E_F - V(\mathbf{r})$$

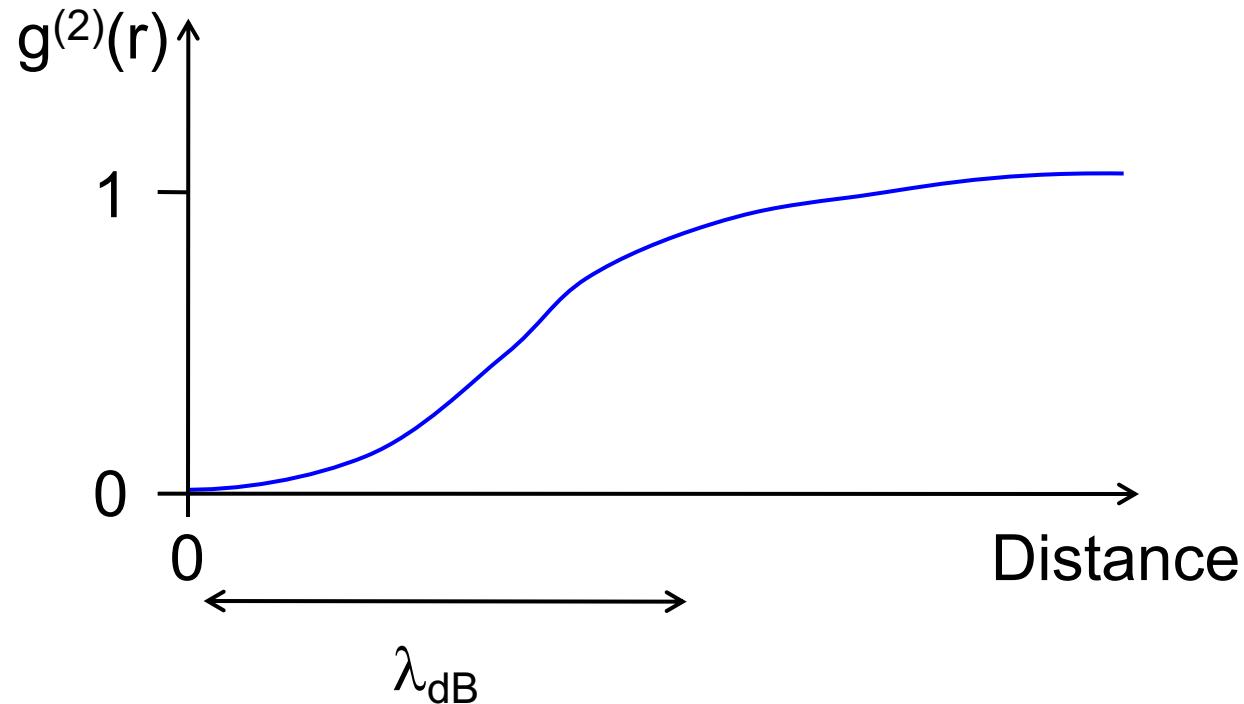


$$n(\mathbf{r}) = \frac{1}{6\pi^2} k_F(\mathbf{r})^3 = \frac{1}{6\pi^2 \hbar^3} (2m(E_F - V(\mathbf{r})))^{3/2}$$

(Local density approximation)

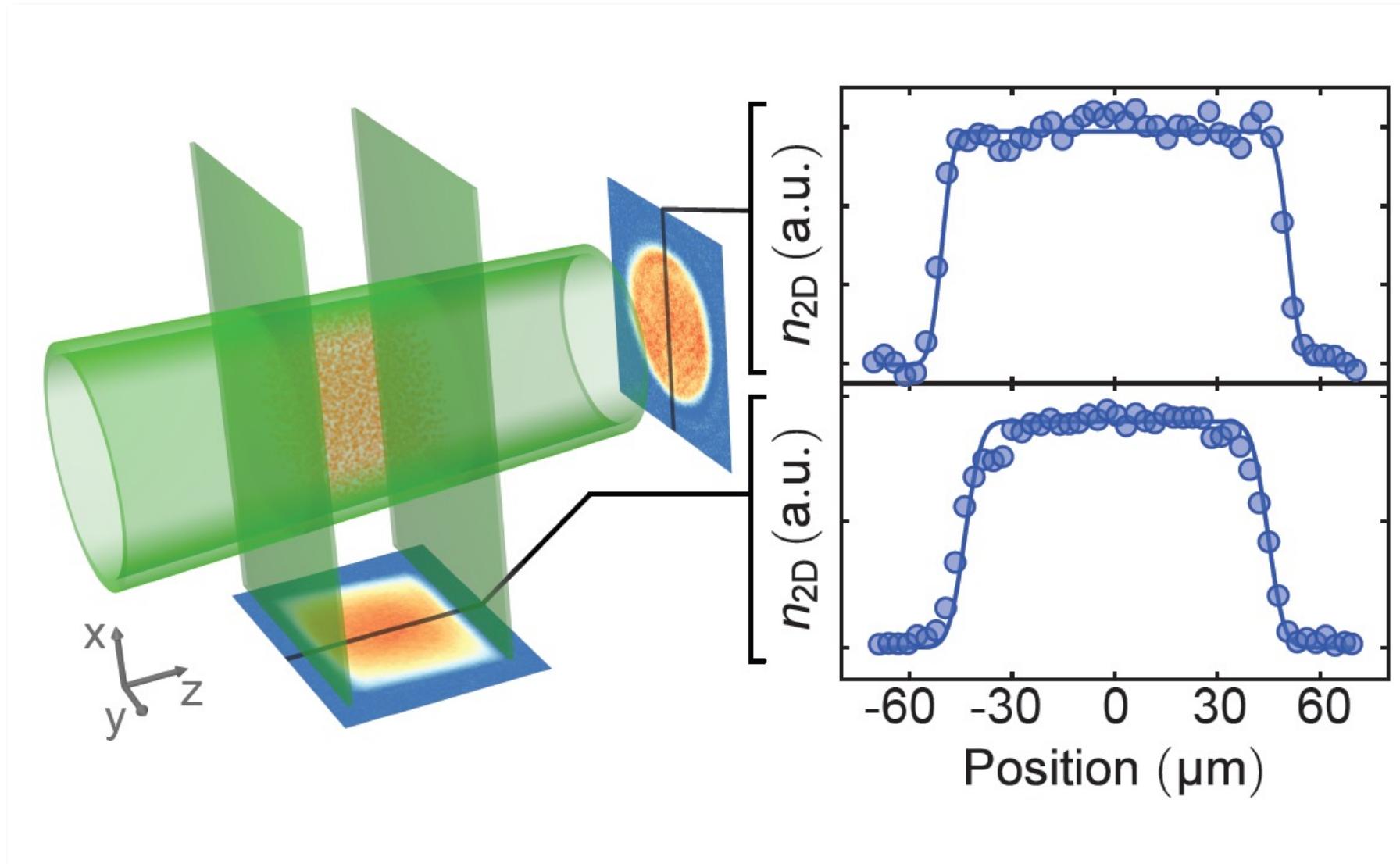
Freezing out of collisions

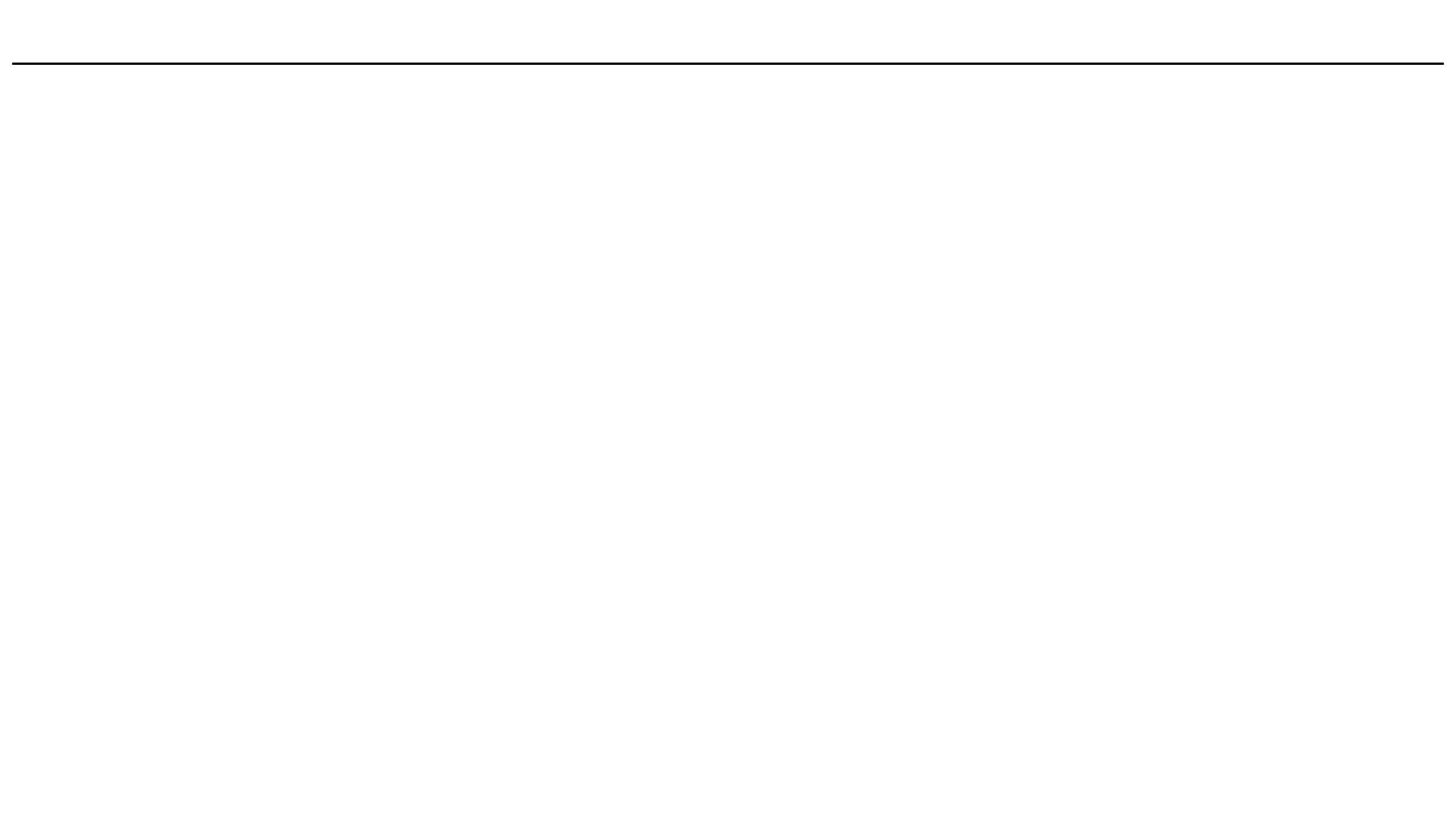
Pair correlations in a Fermi gas:



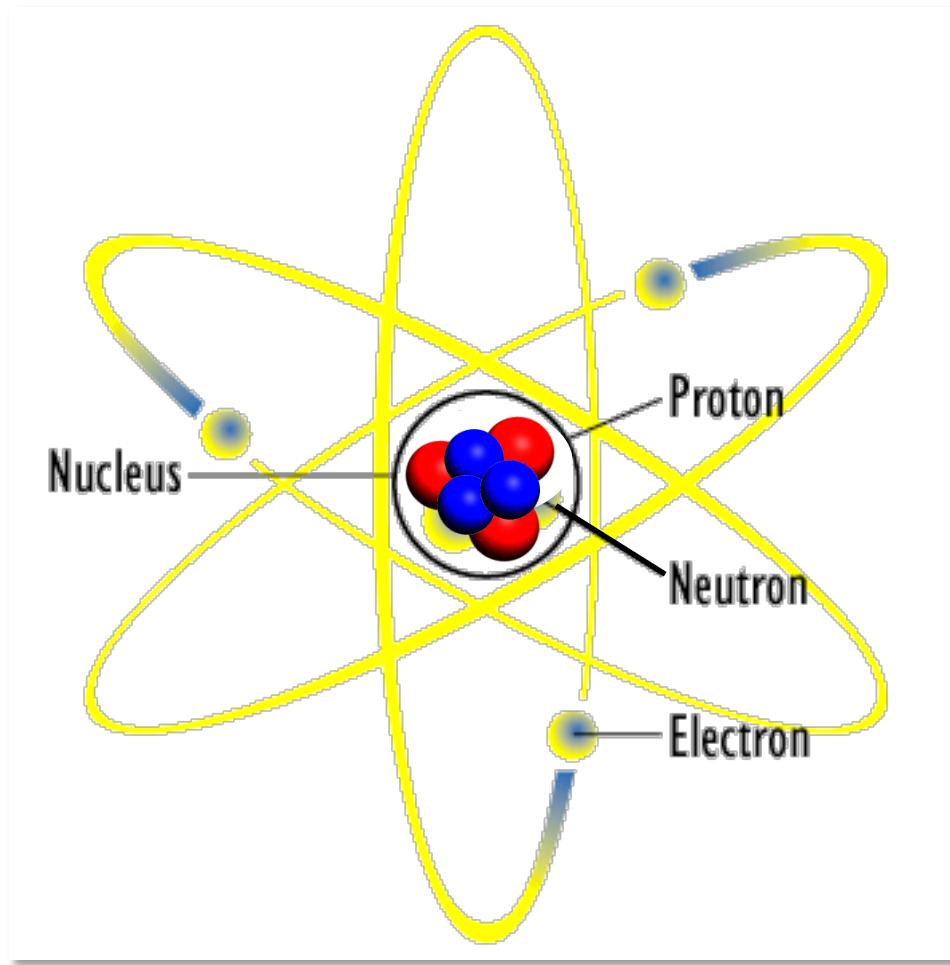
No interactions if range of potential is $< \lambda_{dB}$

Fermions in a Box

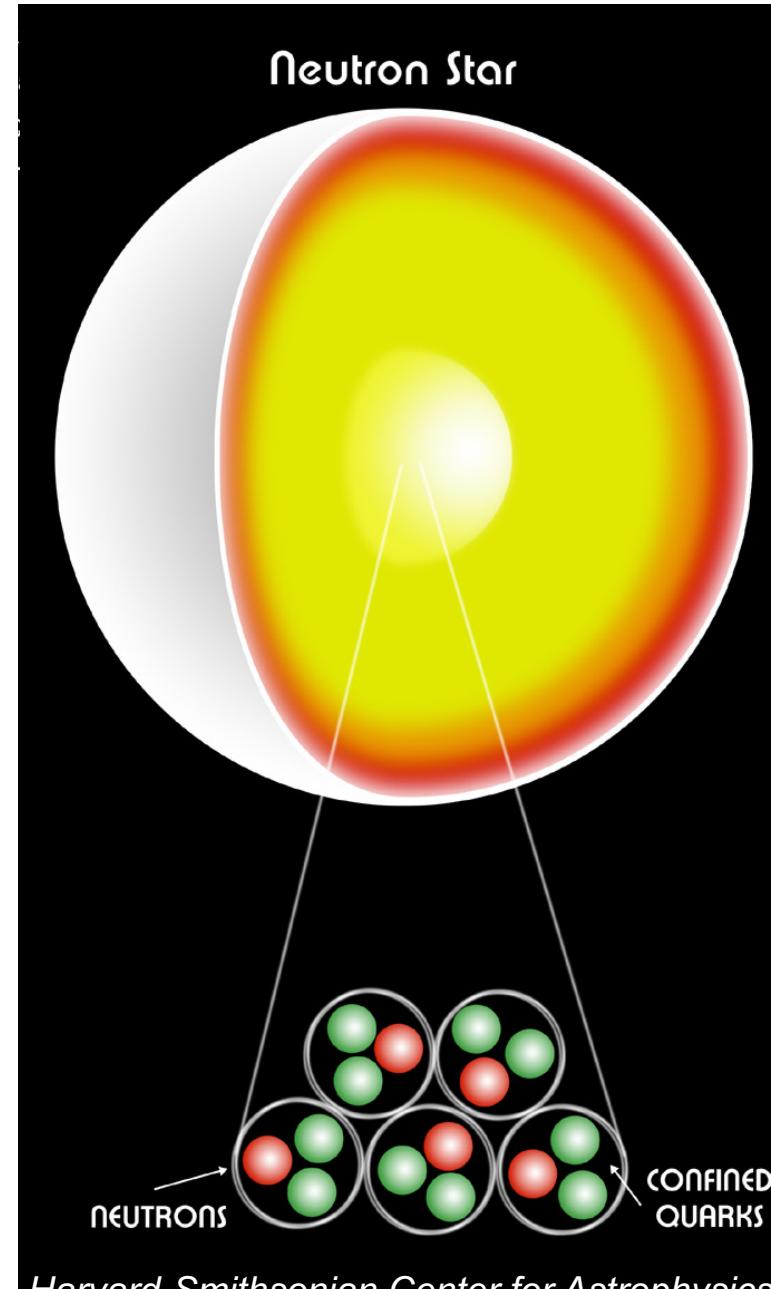




Fermions – The Building Blocks of Matter



Lithium-6



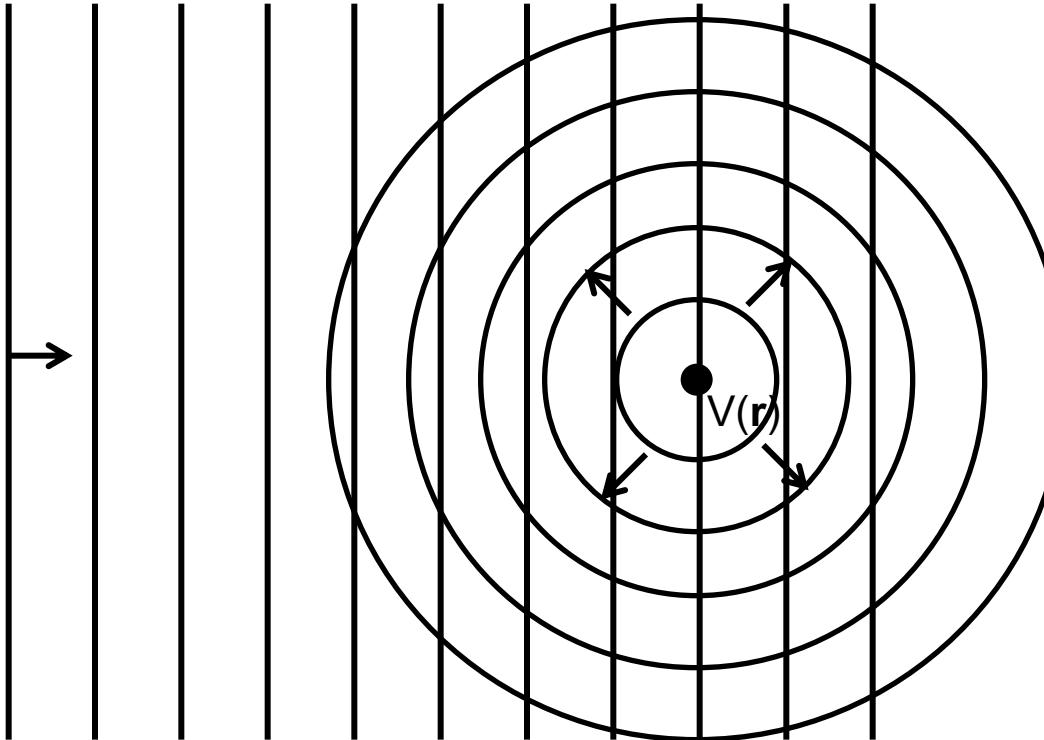
Scattering Theory

Incoming plane wave

$$e^{ikz-i\omega t}$$

For s-wave:

$$e^{ikz} \approx \frac{1}{kr} \sin(kr)$$



$$e^{ikz} + f_k \frac{1}{r} e^{ikr} \rightarrow \frac{1}{kr} e^{i\delta(k)} \sin(kr + \delta(k))$$

Radially outgoing wave

$$f_k(\vartheta, \varphi) \frac{1}{r} e^{ikr-i\omega t}$$

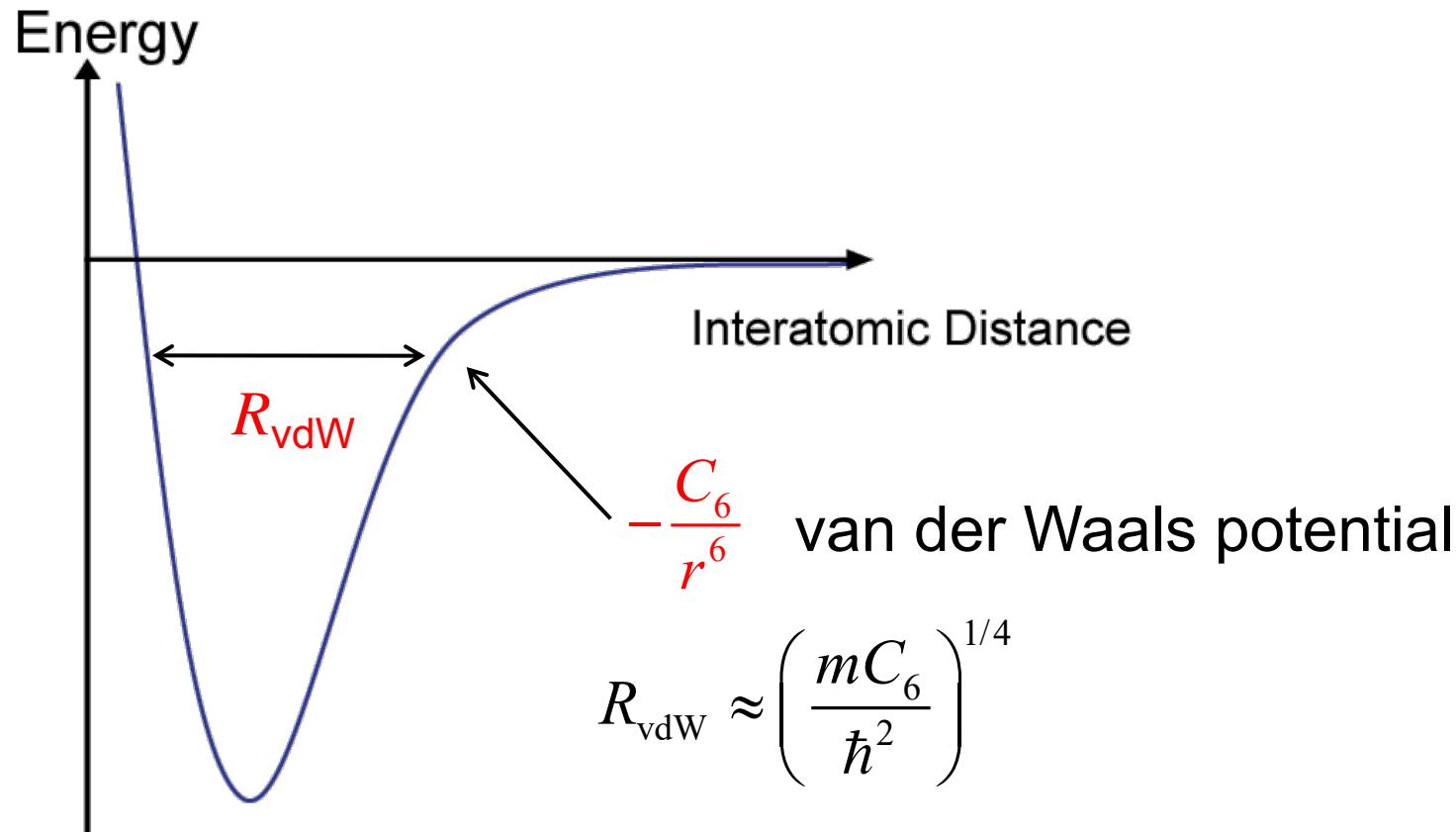
For s-wave:

$$f_k \frac{1}{r} e^{ikr-i\omega t}$$

$$f_k = \frac{1}{k} e^{i\delta(k)} \sin(\delta(k))$$

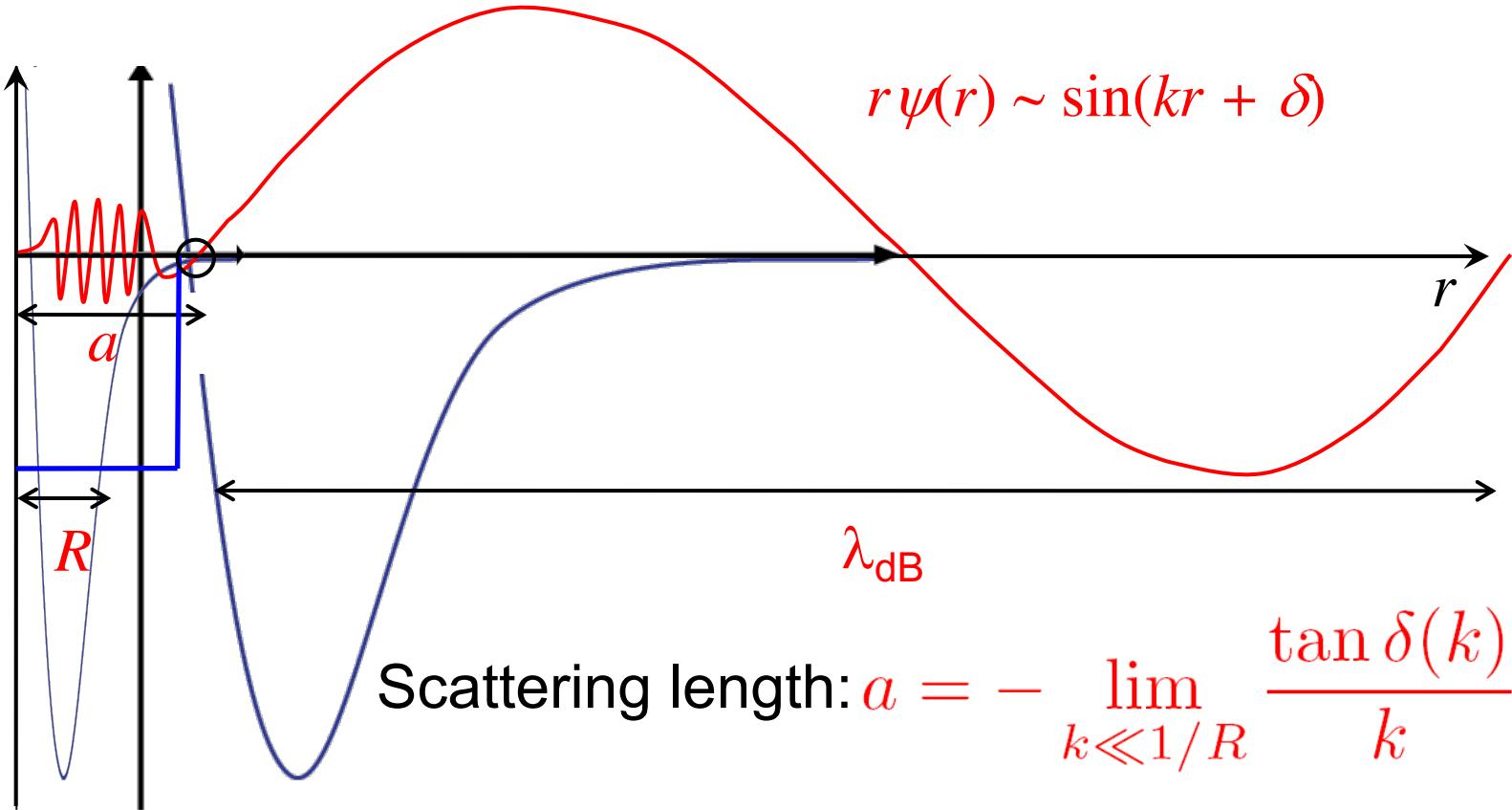
In words: All that happens at low momenta is that one gets a phase shift

Interatomic interactions



- For Alkali atoms: $R_{\text{vdW}} \sim 50\text{-}200 \text{ } a_0$
- Ultracold collisions: $\lambda_{dB} \approx 1 \mu\text{m} \gg R$
→ atoms do not probe the details of the potential

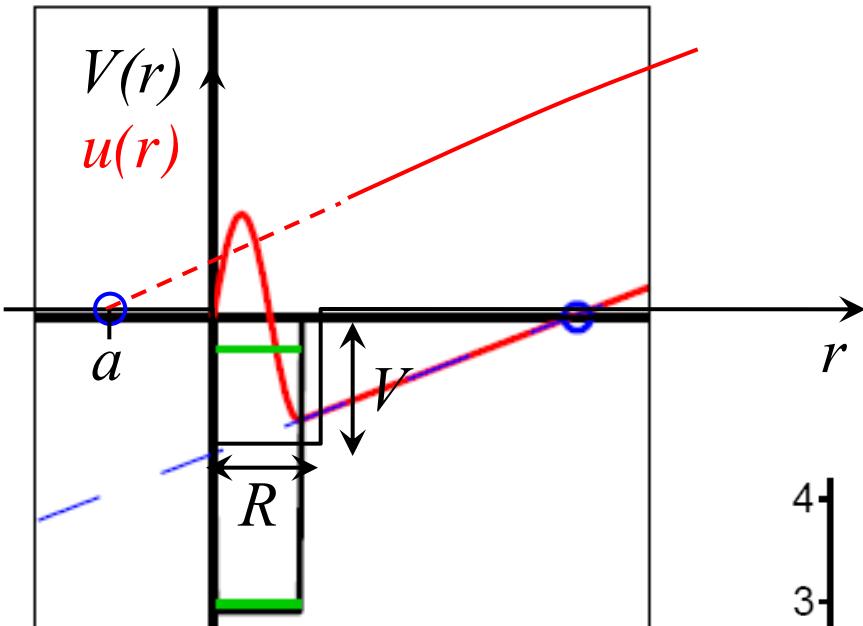
Interatomic interactions



$$\text{Scattering length: } a = - \lim_{k \ll 1/R} \frac{\tan \delta(k)}{k}$$

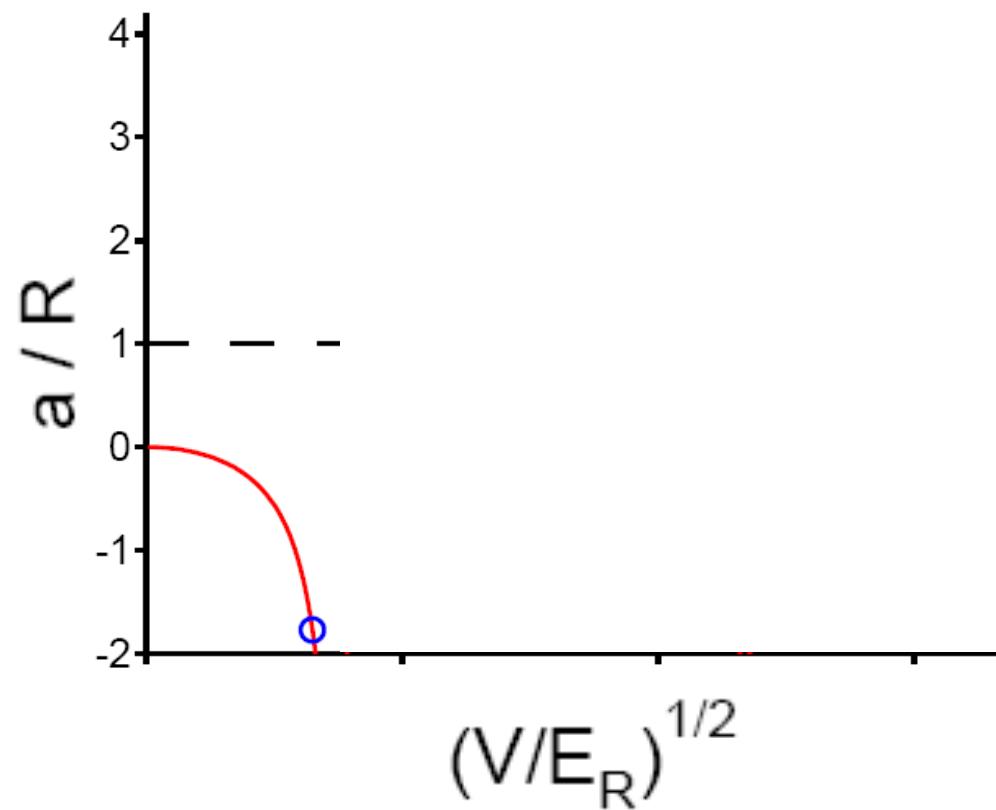
- For Alkali atoms: $R_{vdW} \sim 50\text{-}200 a_0$
 - Ultracold collisions: $\lambda_{dB} \approx 1\mu m \gg R$
- atoms do not probe the details of the potential

Scattering Resonances



$$u(r) = \begin{cases} \sin(k(r - a)) & r > R \\ \text{other form} & r \leq R \end{cases}$$

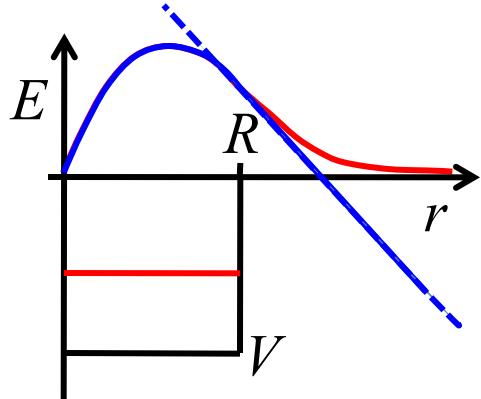
(s-wave) scattering length



Tunable Interactions

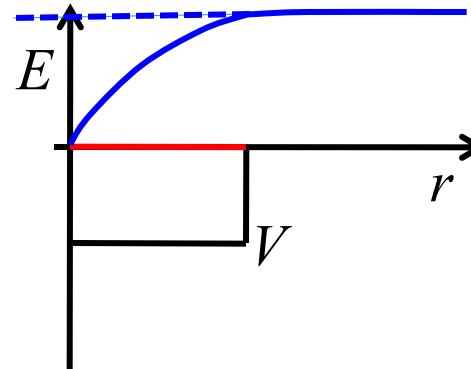
Vary interaction strength between spin up and spin down

Example: tunable square well (with $k_F R \ll 1$):



strong attraction
deep bound state

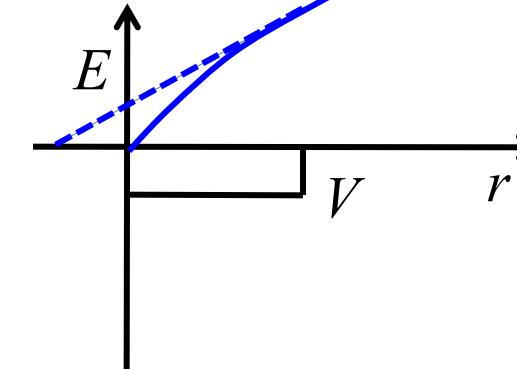
$$a > 0$$



Resonance
bound state appears

scattering length

$$a \rightarrow \pm\infty$$



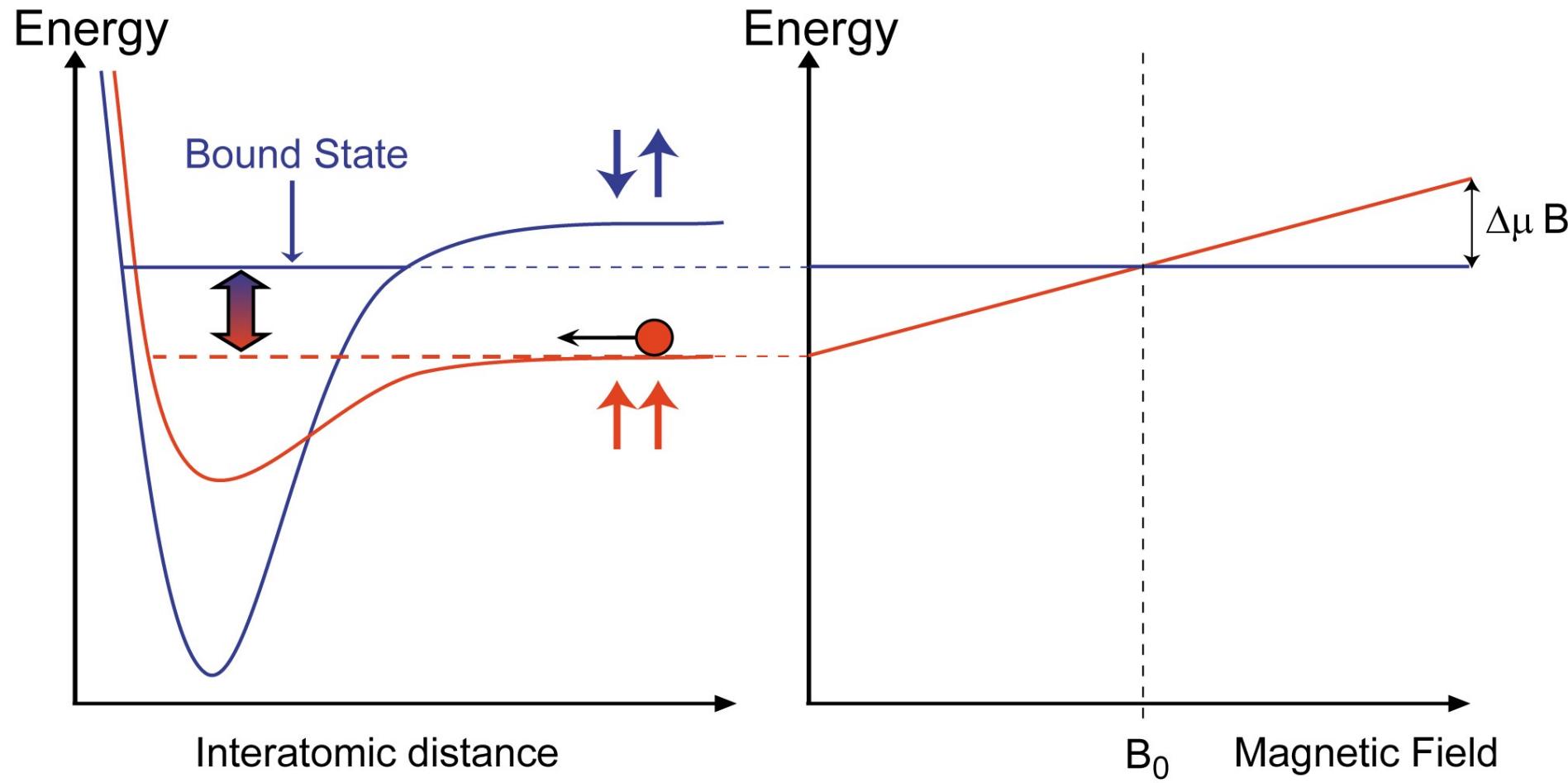
weak attraction
no bound state

$$a < 0$$

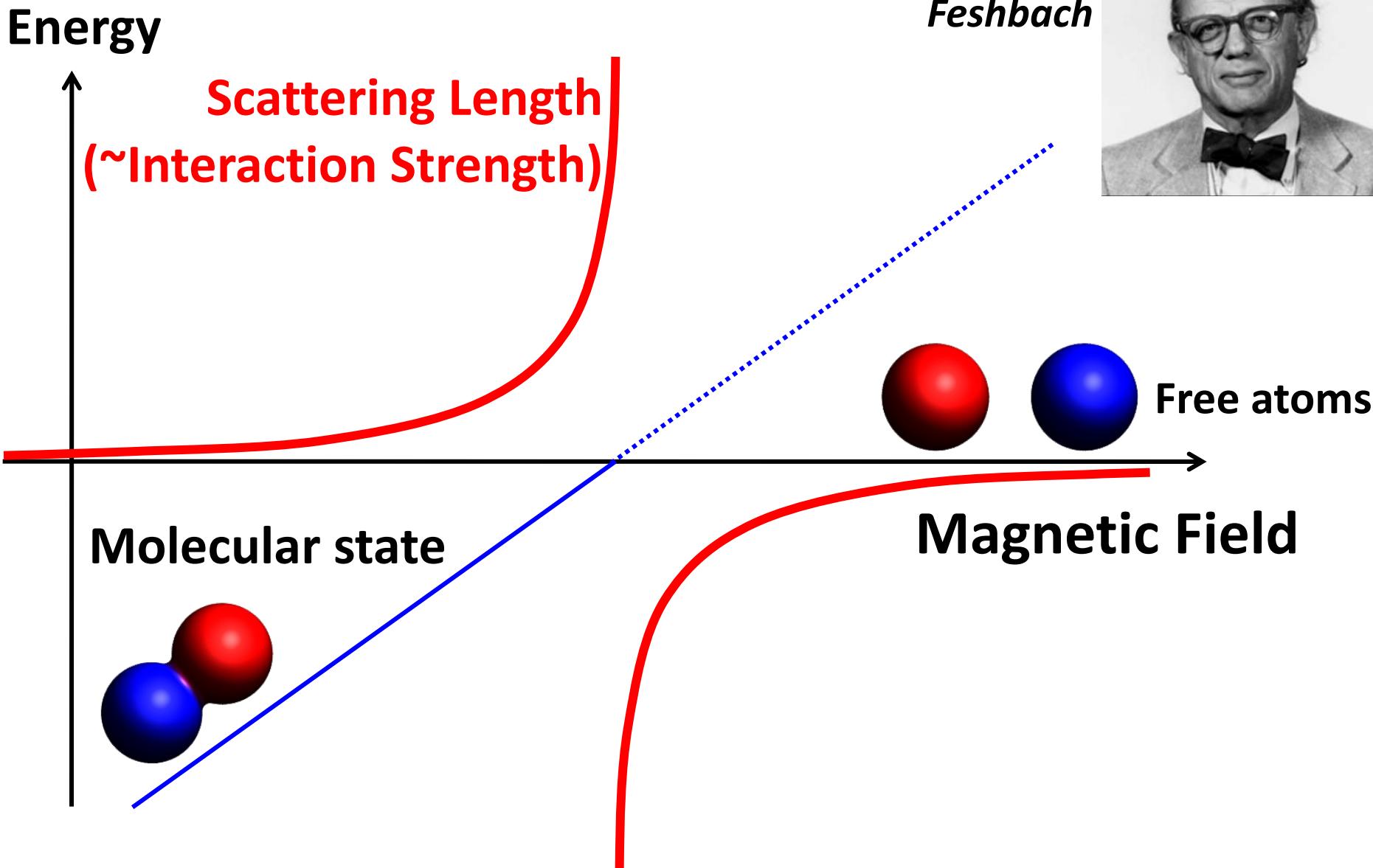
Important for Many-Body
Physics:

$$\frac{\text{Interparticle distance}}{\text{Scattering length}} = \frac{1}{k_F a}$$

Feshbach resonances: Tuning the interactions

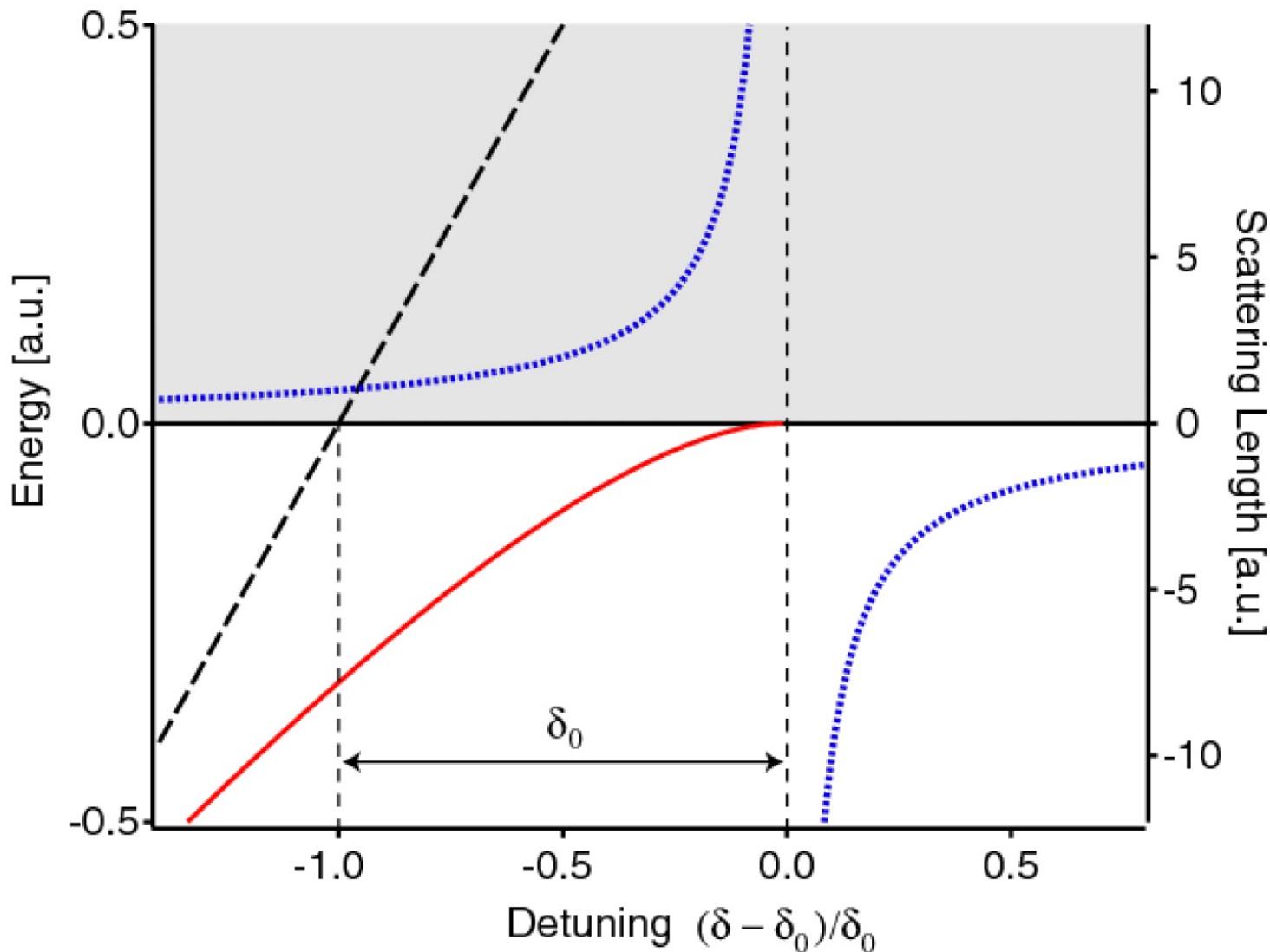


Feshbach resonances: Tuning the interactions



Feshbach Resonances: Tuning the interactions

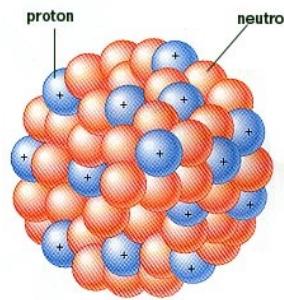
Recall HW7



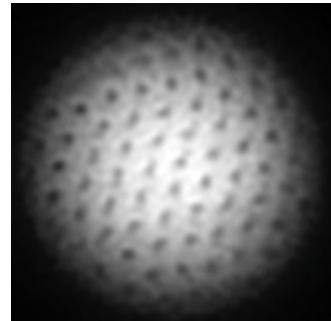
Strongly Interacting Fermi Systems

Length scales

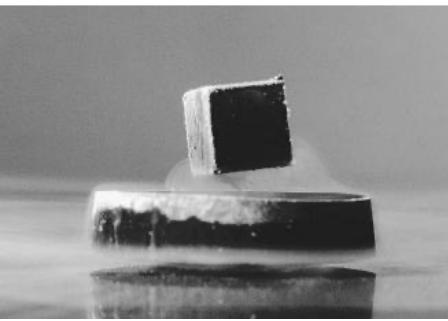
10^{-15} m



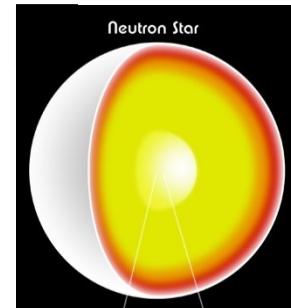
1 mm



1 m



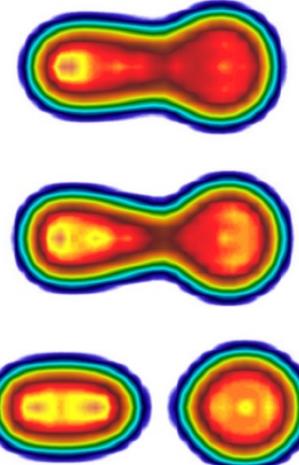
10^4 m



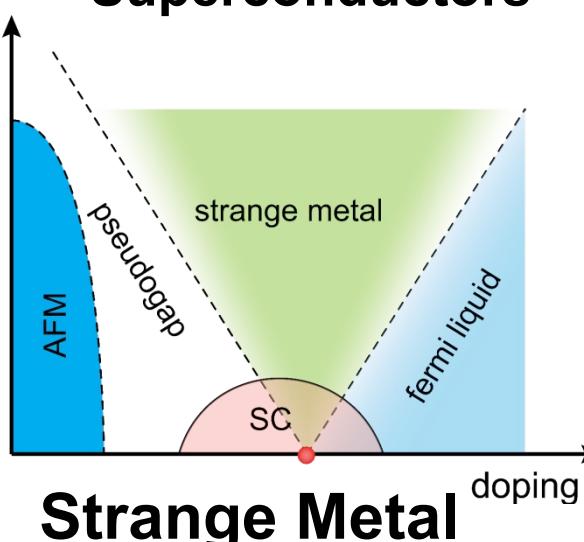
10^7 m



Nuclei



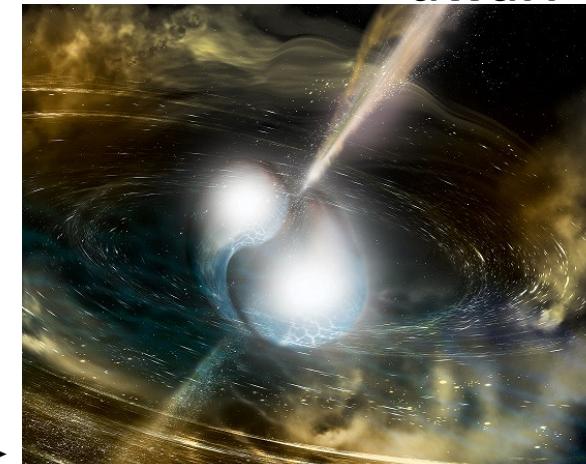
Ultracold
Gases



High- T_c
Superconductors

Nuclear Fission

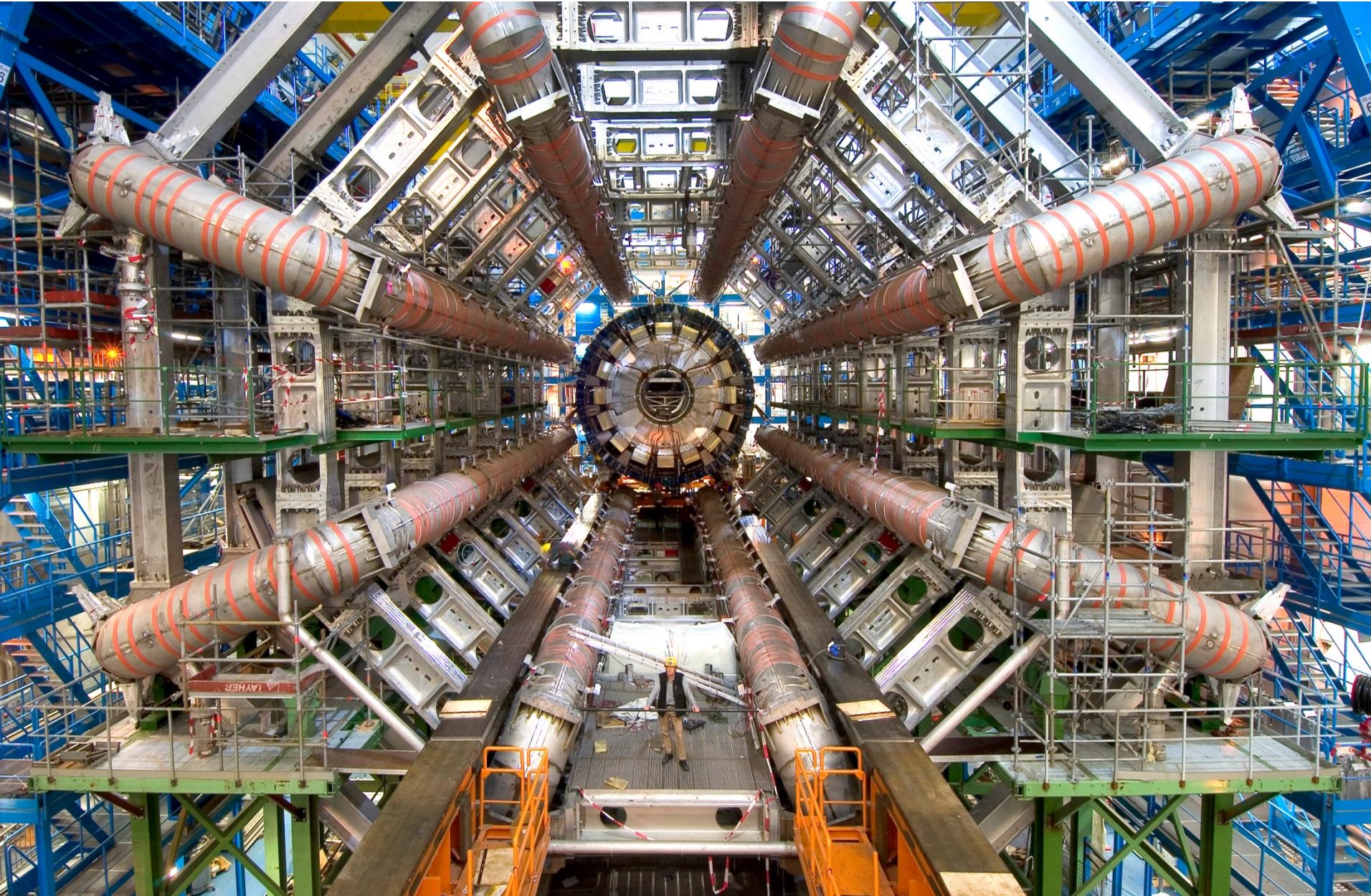
Neutron Star

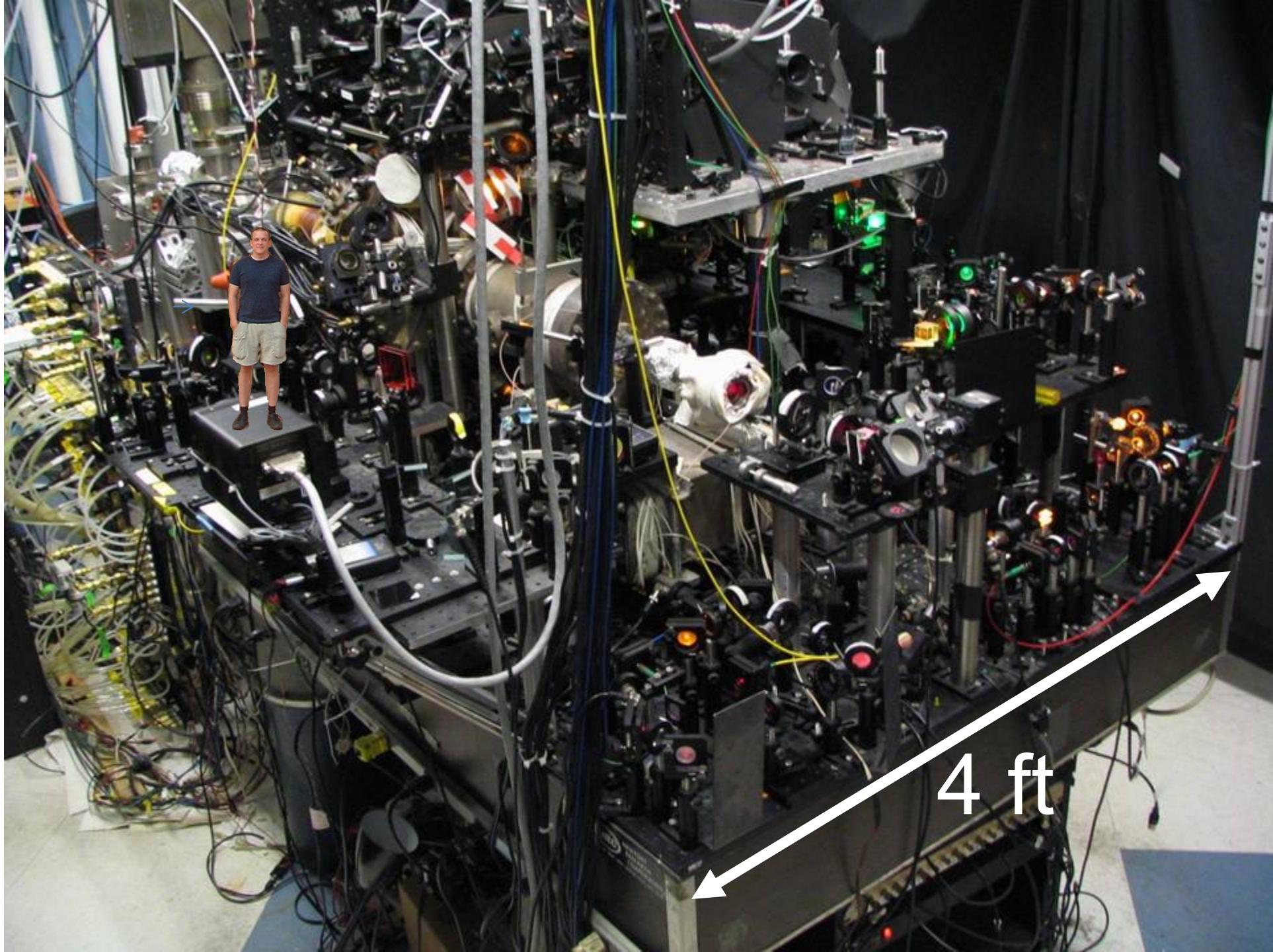


White
dwarf

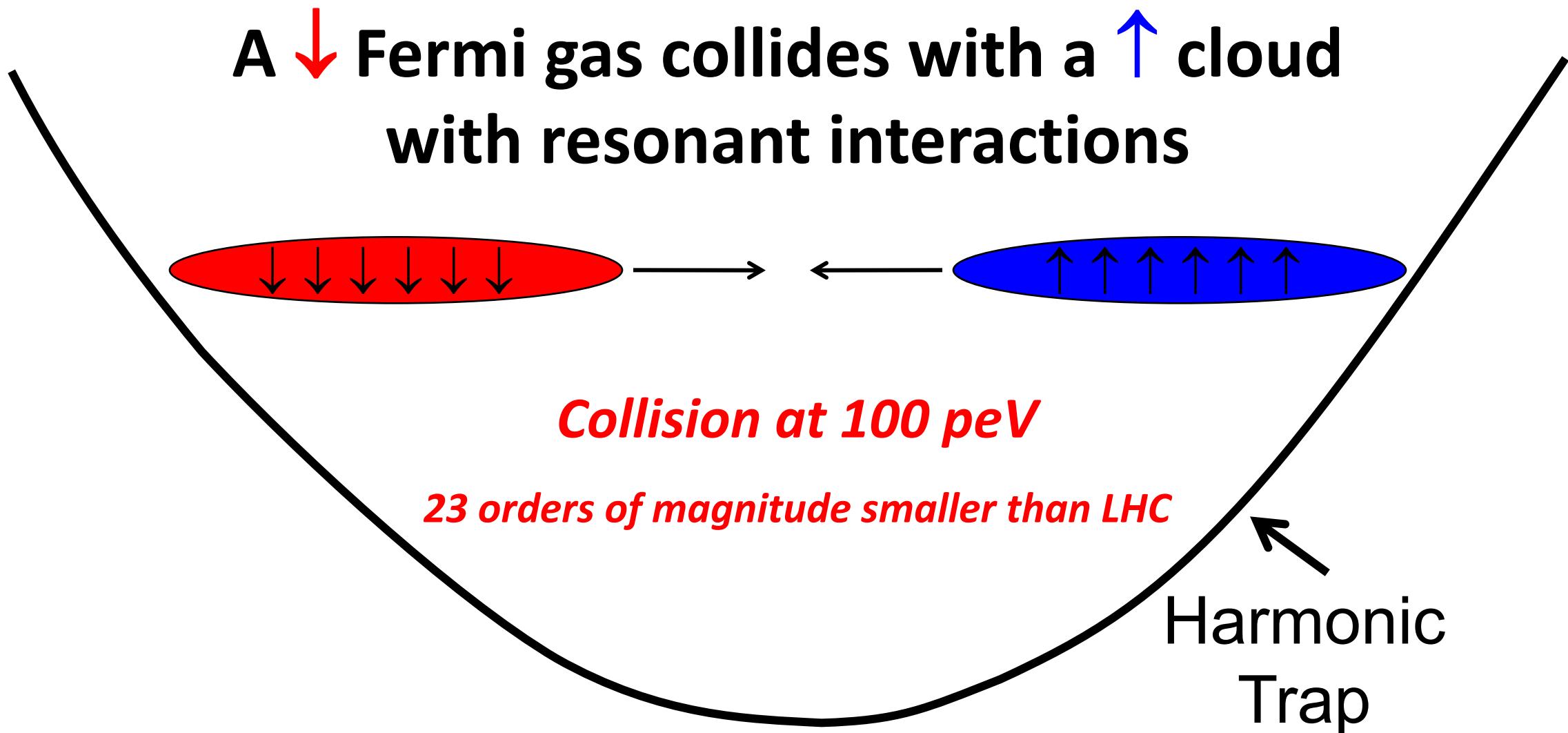
Neutron Star Merger

Large Hadron Collider (LHC)



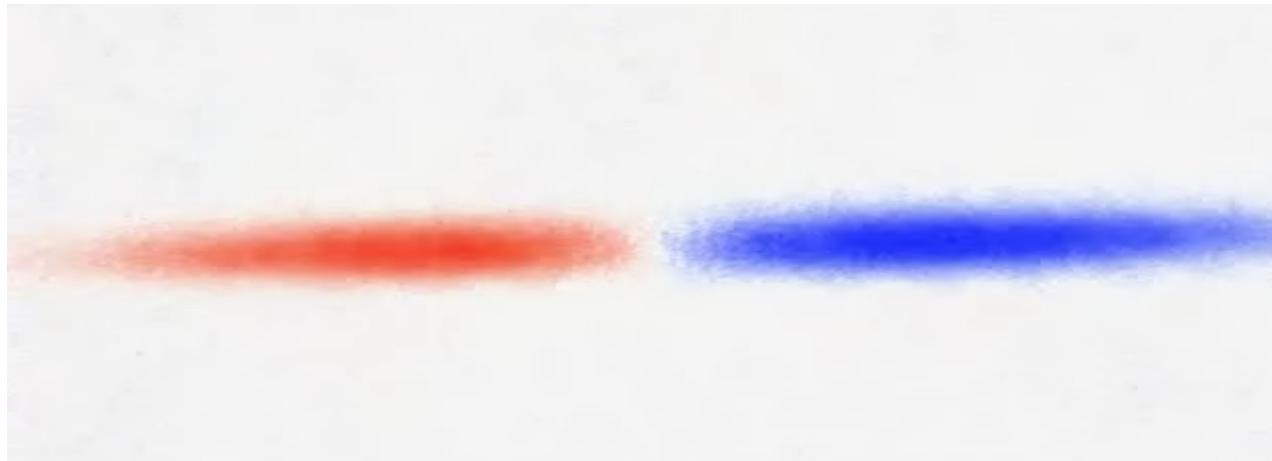


Little Fermi Collider (LFC)

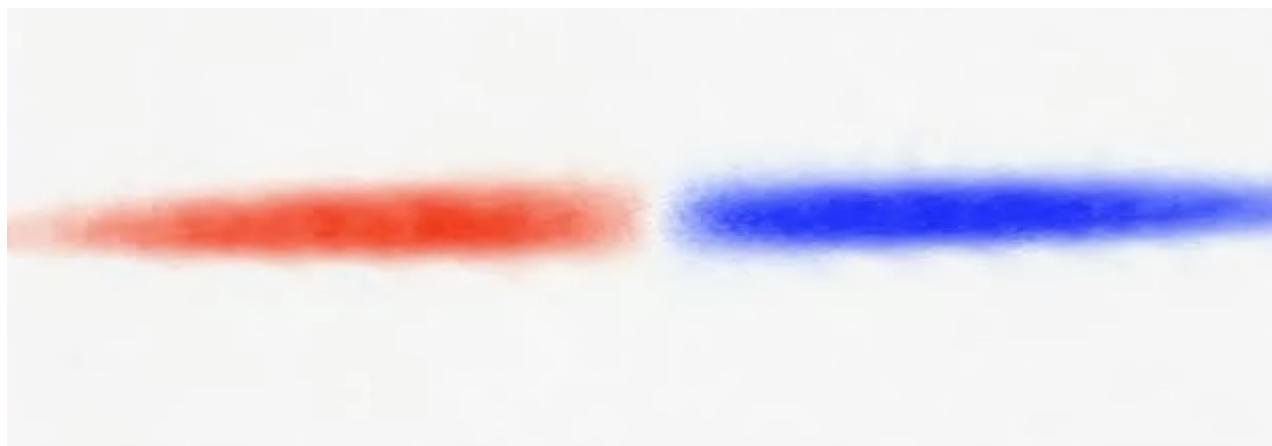


Little Fermi Collider (LFC)

Without Interactions

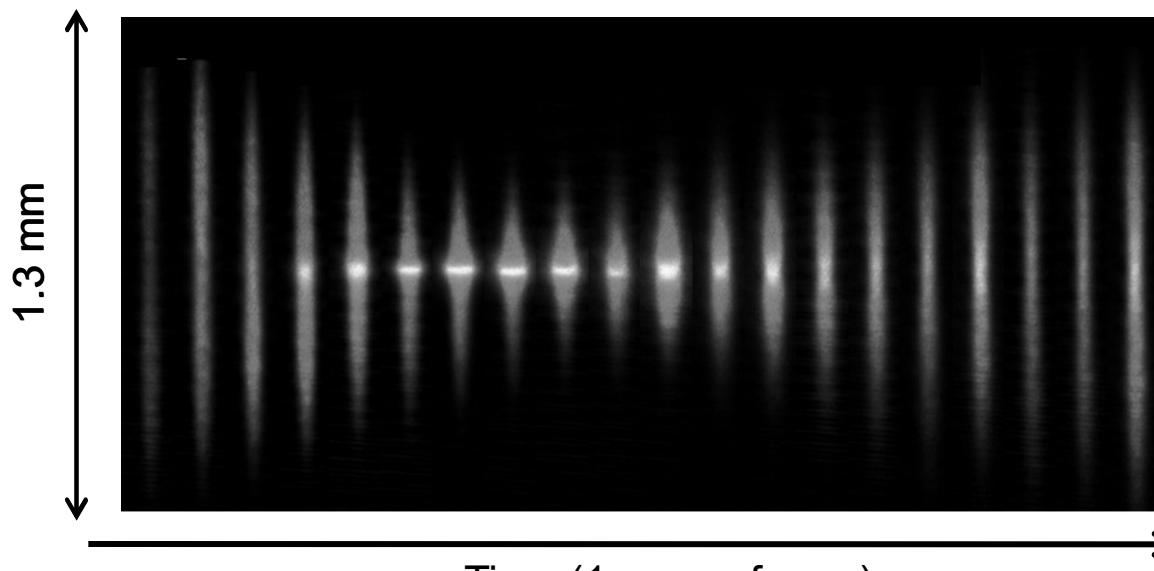
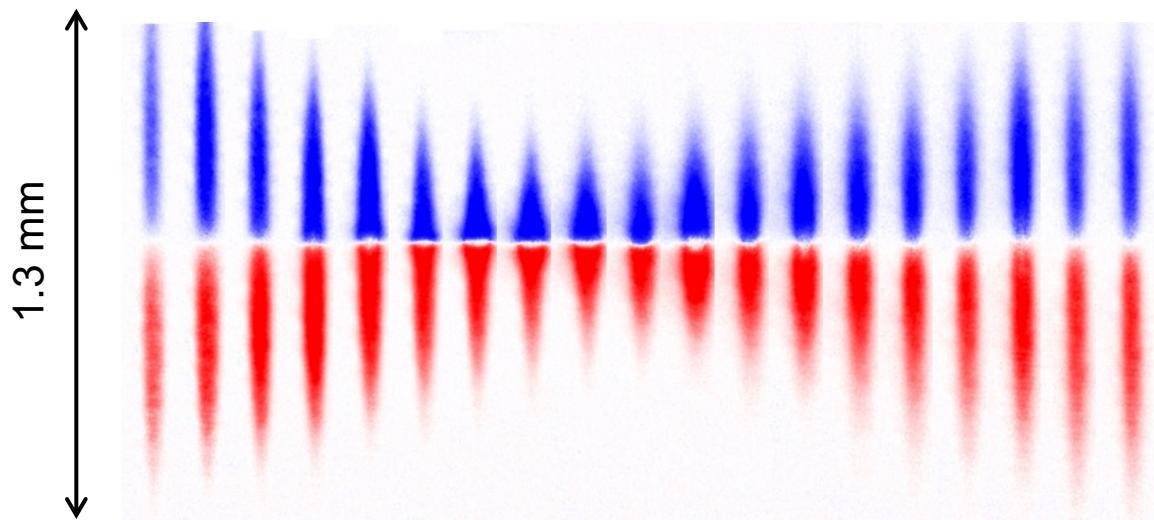


Resonant Interactions

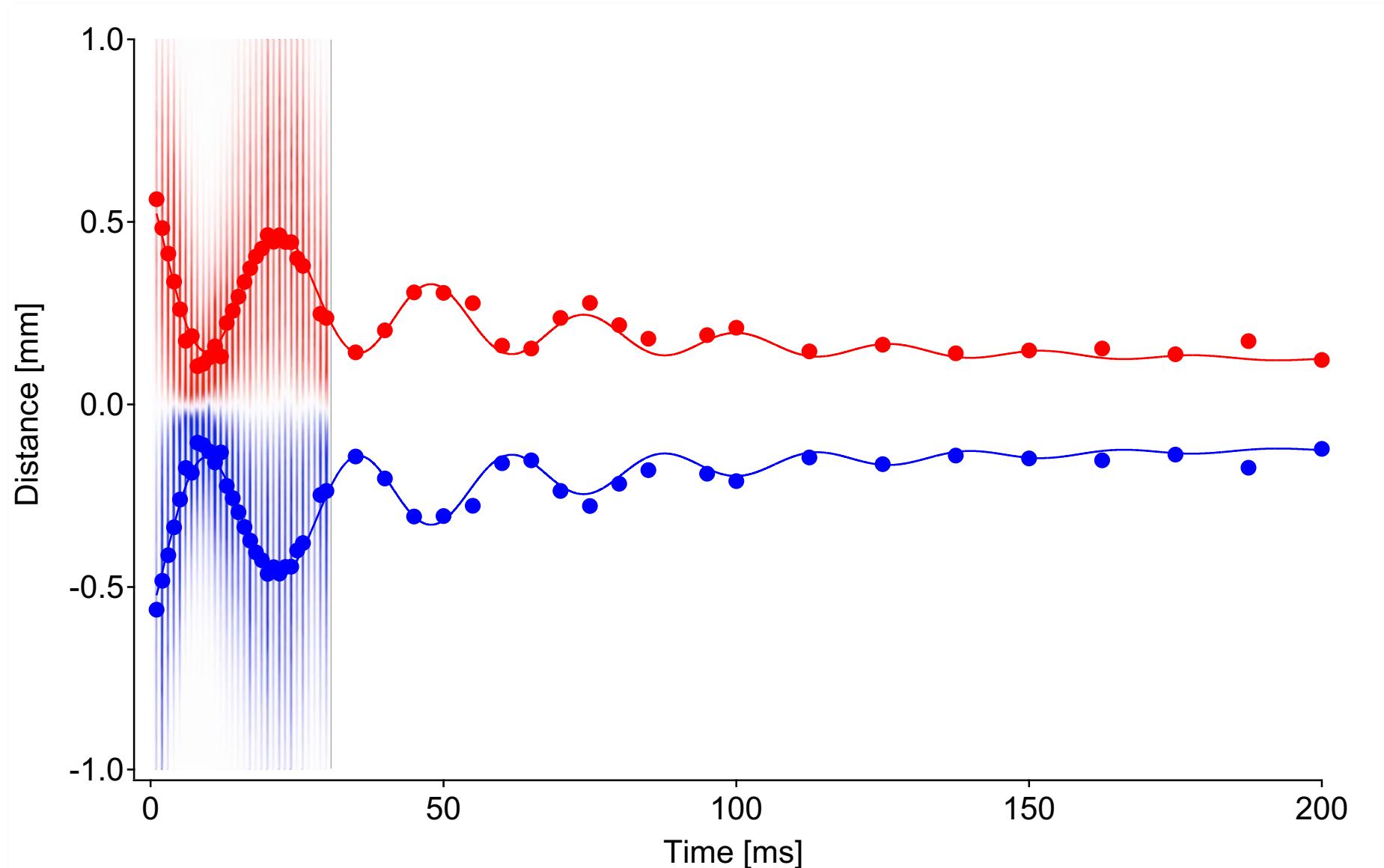


The bouncing gas

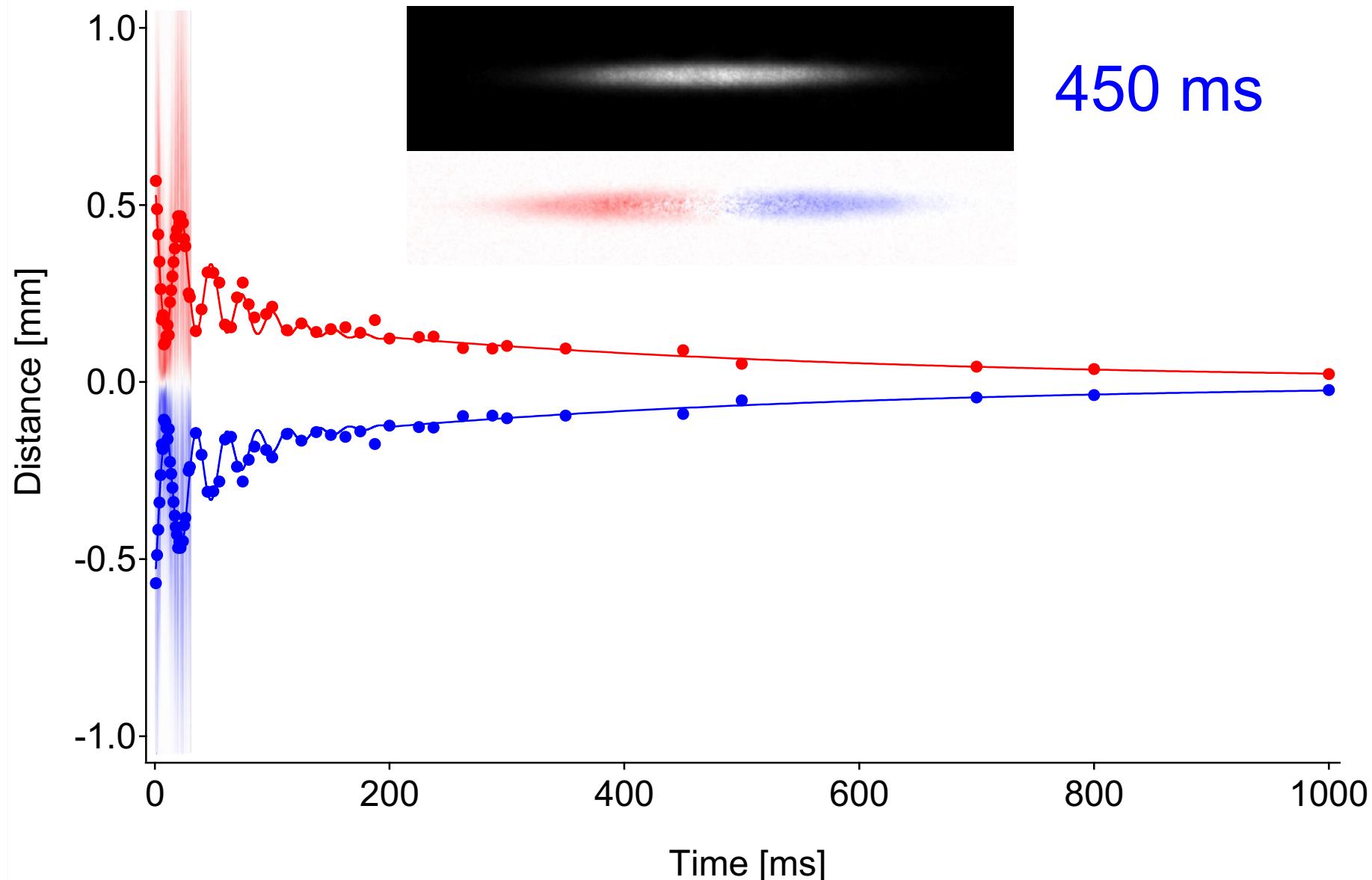
First collision



Later times



Much later times



Quantum limit of spin diffusion

Mean free path \sim Interparticle spacing d

Diffusion constant:

$$D \sim \text{mean free path} \times \text{average velocity}$$
$$\cancel{d} \times \frac{\hbar}{m \cancel{d}}$$

$$D \sim \frac{\hbar}{m} = \frac{\text{Planck's constant}}{\text{Particle mass}} = \frac{(0.1 \text{ mm})^2}{1 \text{ s}}$$

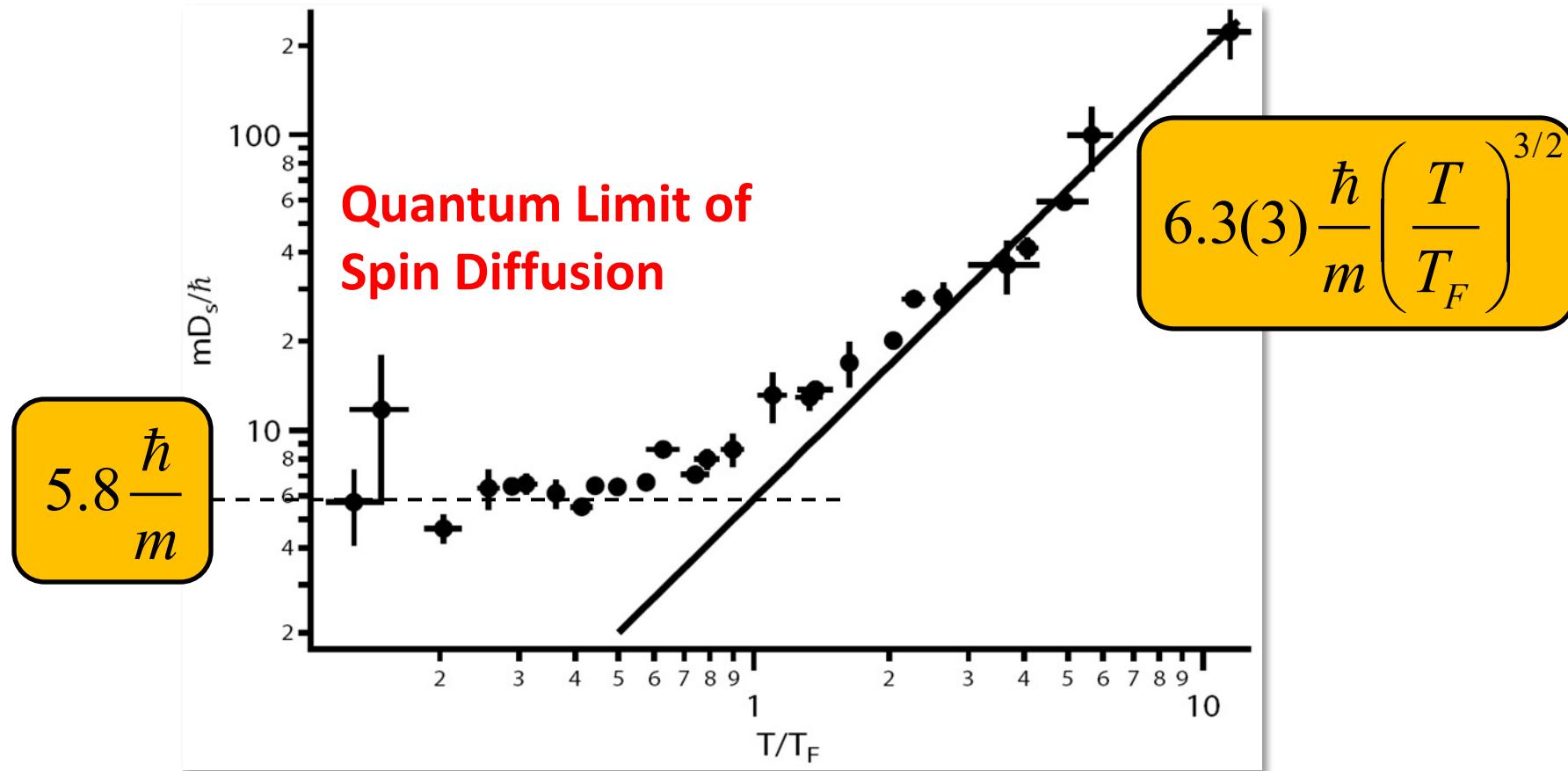
→ Quantum Limit of Diffusion

In a hot relativistic fluid (e.g. Quark-Gluon Plasma): $D \sim \frac{\hbar c^2}{m c^2 \rightarrow T}$

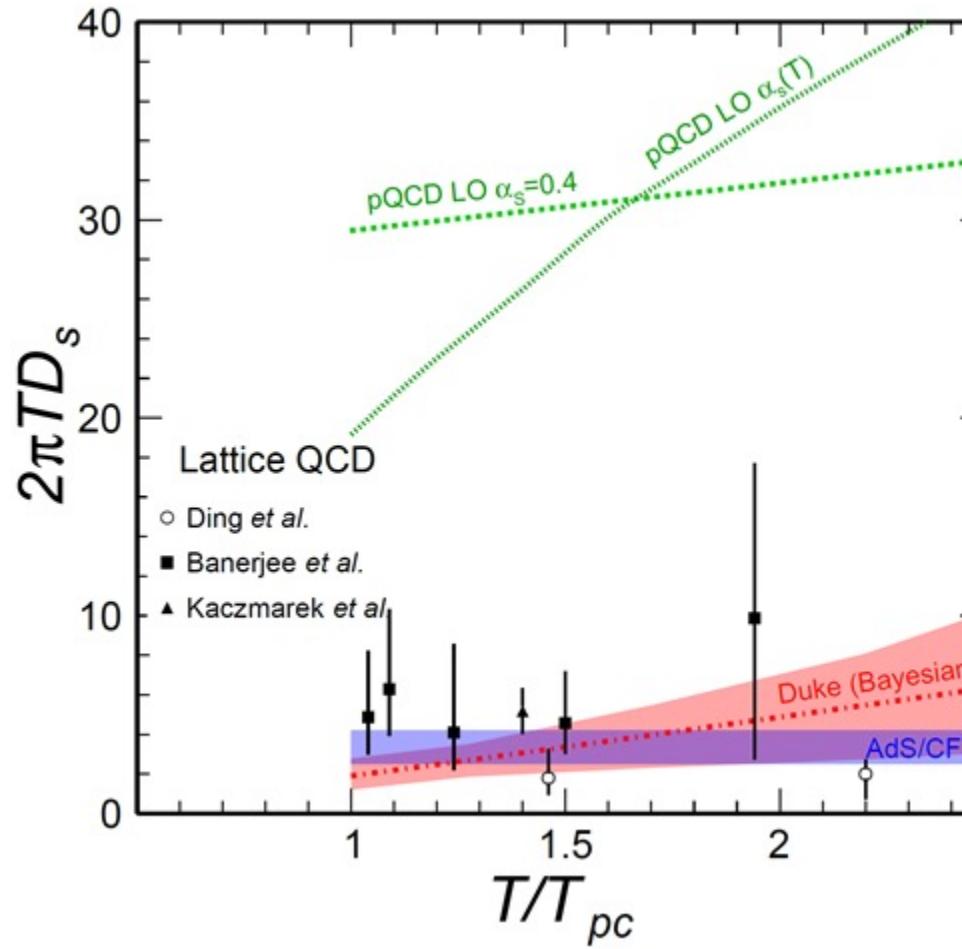
Spin Diffusion vs Temperature

Spin current = $-D \cdot$ Spin density gradient

Universal high-T behavior:



Diffusivity in the Quark-Gluon Plasma



**Can Fermi Gases become
superfluid?**

Superconductivity

Electrons are Fermions

Discovery of superconductivity 1911



Heike
Kamerlingh-Onnes
1911

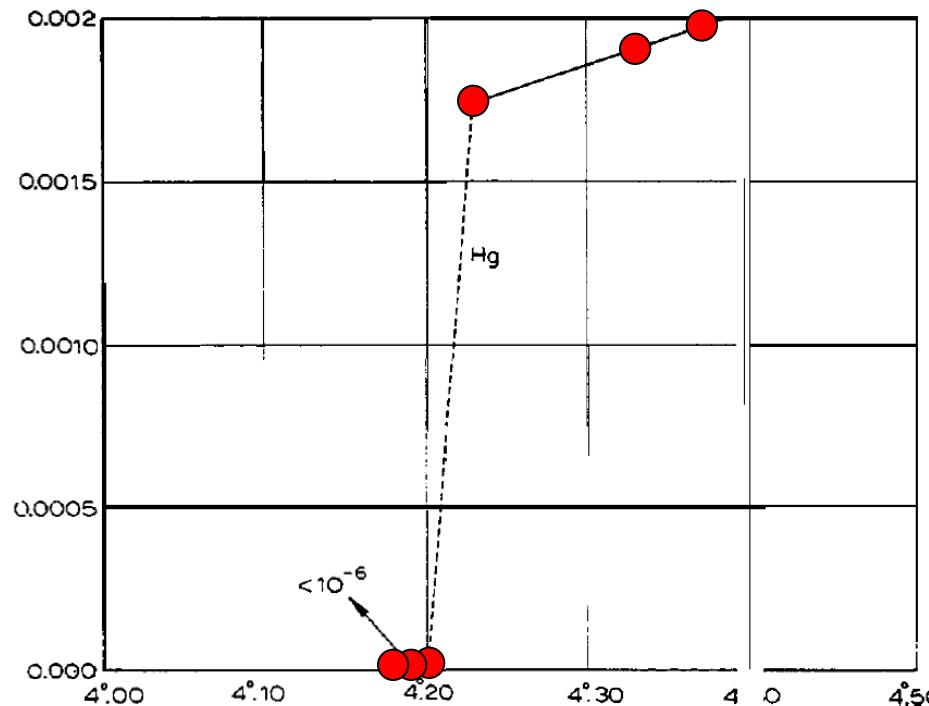


Fig. 17.

Fermionic Superfluidity

Condensation of Fermion Pairs

- Helium-3 (Lee, Osheroff, Richardson 1971)
- Superconductors: *Charged* superfluids of electron pairs
Frictionless flow \Leftrightarrow Resistance-less current



John Bardeen



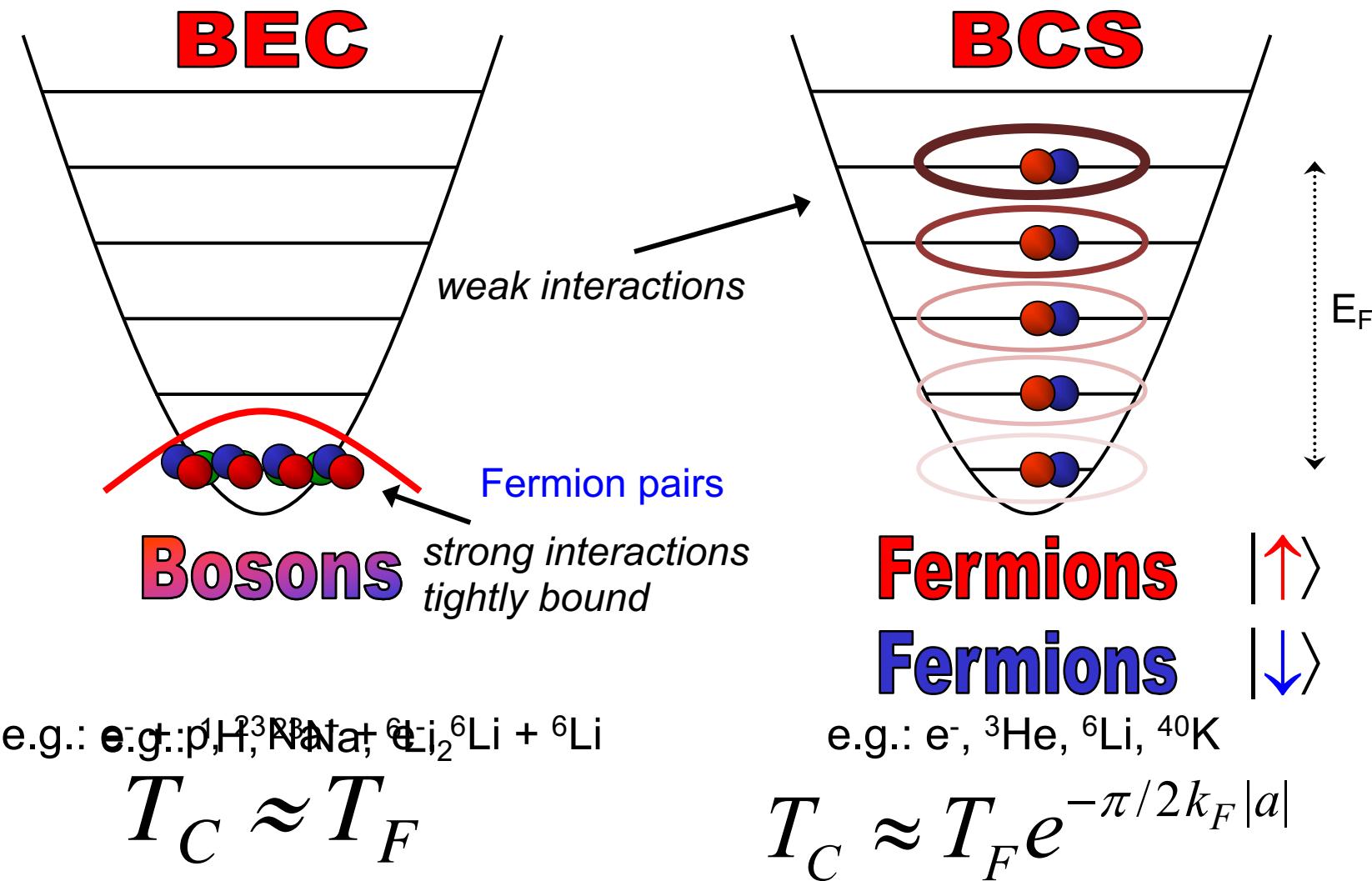
Leon N. Cooper



John R. Schrieffer

- Neutron stars
In the core: Quark superfluid

Bosons vs Fermions



Interatomic interactions

- Mean-field interaction energy: $E_{\text{MF}} = \frac{4\pi\hbar^2 n a}{m}$

- Weak or strong interaction? $\frac{E_{\text{MF}}}{E_F} \simeq k_F a$

$$k_F = (6\pi^2 n)^{1/3} \sim 1/2000 a_0$$

$$a \sim 50 - 100 a_0$$

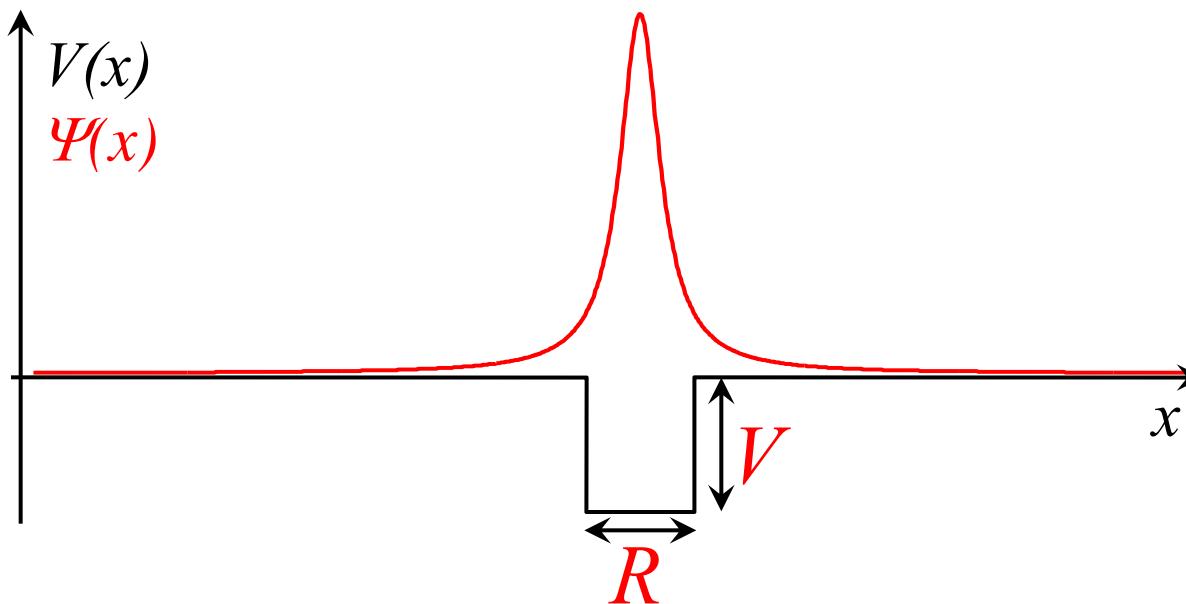
$$k_F a \lesssim 5\%$$

- Typically weak interaction
- Superconductors: Electron-Phonon interaction

also weak: $\frac{\hbar\omega_D}{E_F} = \frac{100 \text{ K}}{10\,000 \text{ K}} \sim 1\%$

How can we have atom pairs with arbitrarily weak interaction?

Two particle bound states in 1D, 2D, 3D



Localizing a wavefunction to within R

→ momentum uncertainty $\Delta p = \frac{\hbar}{R}$

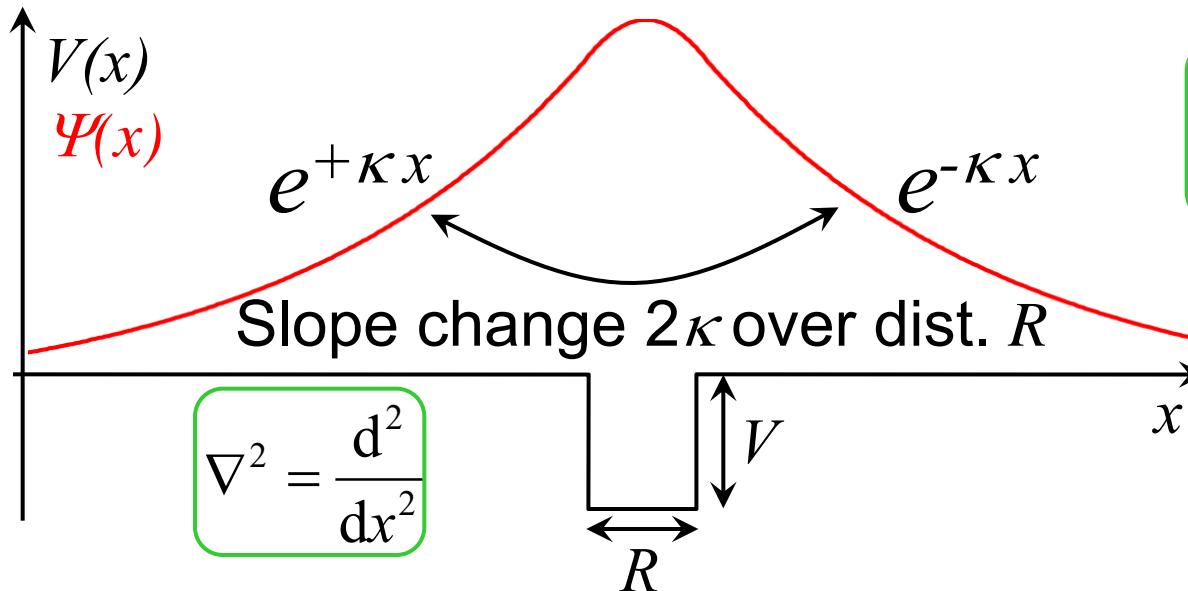
→ kinetic energy cost: $E_{Kin} = \frac{\hbar^2}{mR^2} \equiv E_R$

Requires potential energy

$$V \approx \frac{\hbar^2}{mR^2} = E_R$$

Two particle bound states in 1D, 2D, 3D

1D:



Question: *Is there a bound state for arbitrarily small V ?*

Kinetic energy cost: $E_{\text{kin}} = \text{Curvature of } \Psi \sim \kappa/R$

Potential energy $V \approx E_{\text{kin}}$, hence: $\kappa \sim V$

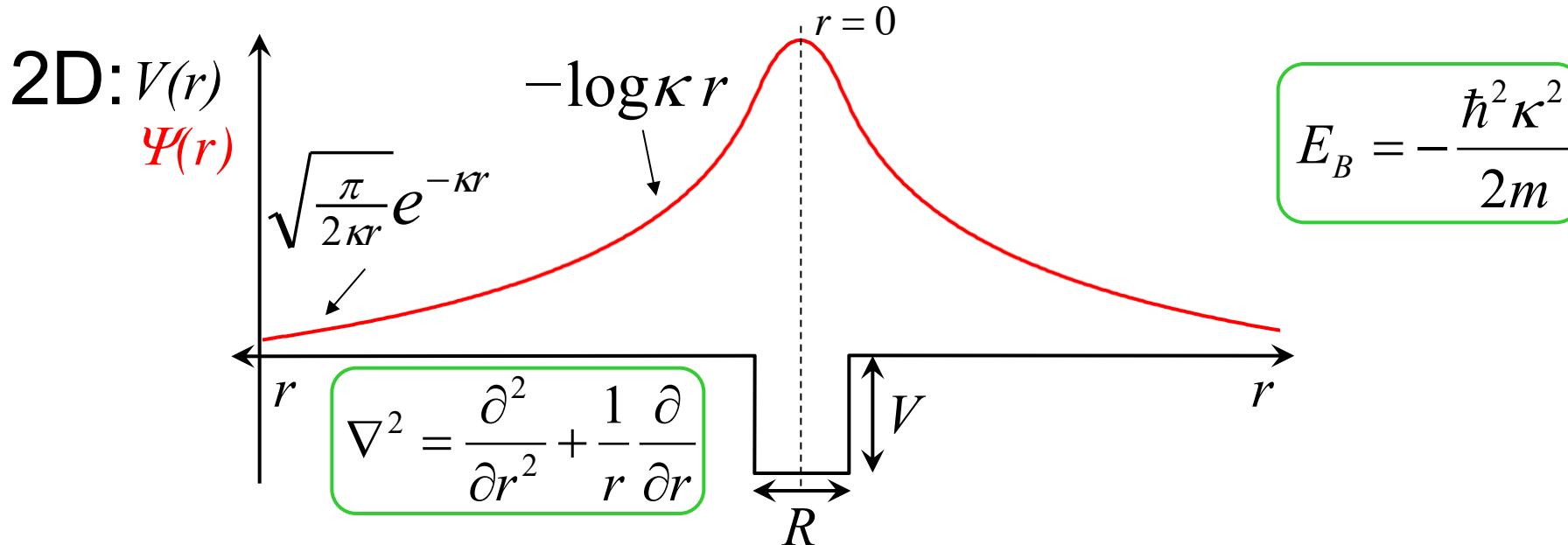
Answer: *Yes!*

Bound state energy:

$$E_B \approx -V^2/E_R \quad \xleftarrow{\text{quadratic in } V}$$

Particle localized to within $R E_R/V$

Two particle bound states in 1D, 2D, 3D



Question: **Is there a bound state for arbitrarily small V ?**

Kinetic energy cost: $E_{\text{kin}} = E_R / |\log(\kappa R)|$

Potential energy $V \approx E_{\text{kin}}$, hence: $\kappa = \frac{1}{R} e^{-cE_R/V}$

Answer: **Yes!**

Bound state energy:

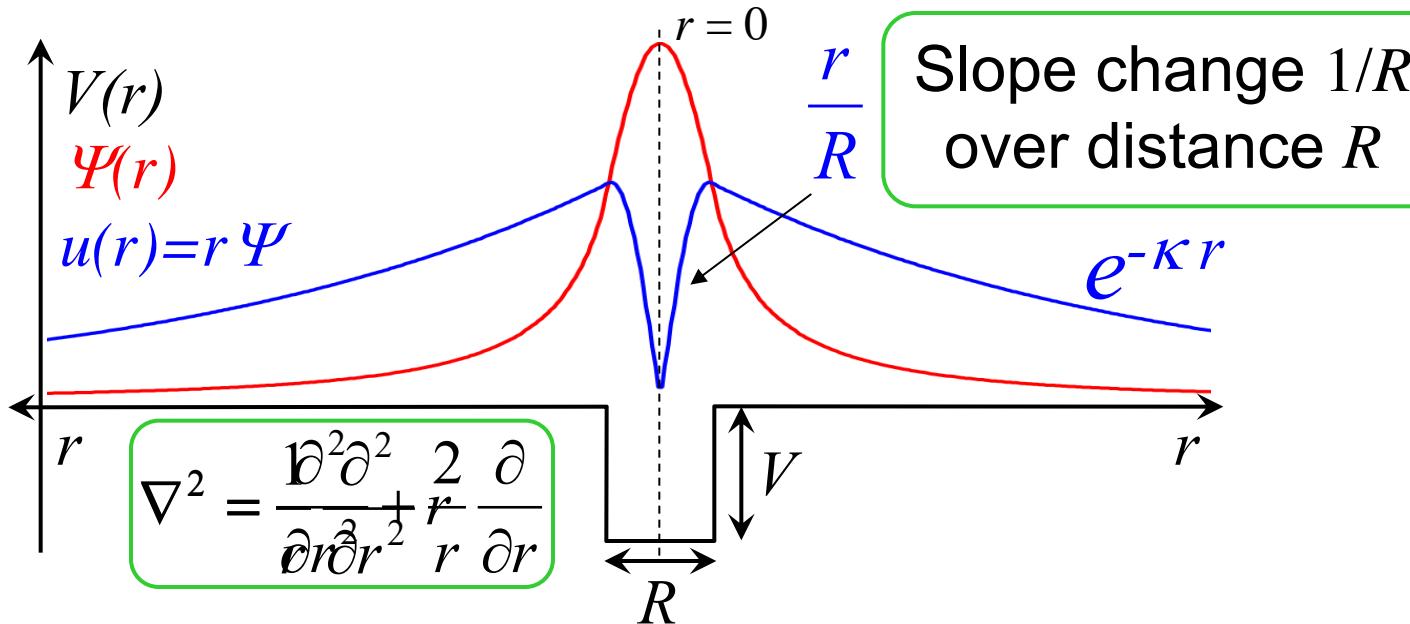
$$E_B = E_R e^{-2cE_R/V}$$

exponential
in $1/V$

Particle localized to within $R e^{cE_R/V}$

Two particle bound states in 1D, 2D, 3D

3D:



Question: **Is there a bound state for arbitrarily small V ?**

Kinetic energy cost: $E_{\text{kin}} = \text{Curvature of } u = E_R$

Potential energy $V \approx E_{\text{kin}}$ must be at least $\sim E_R$

Answer: **No!**

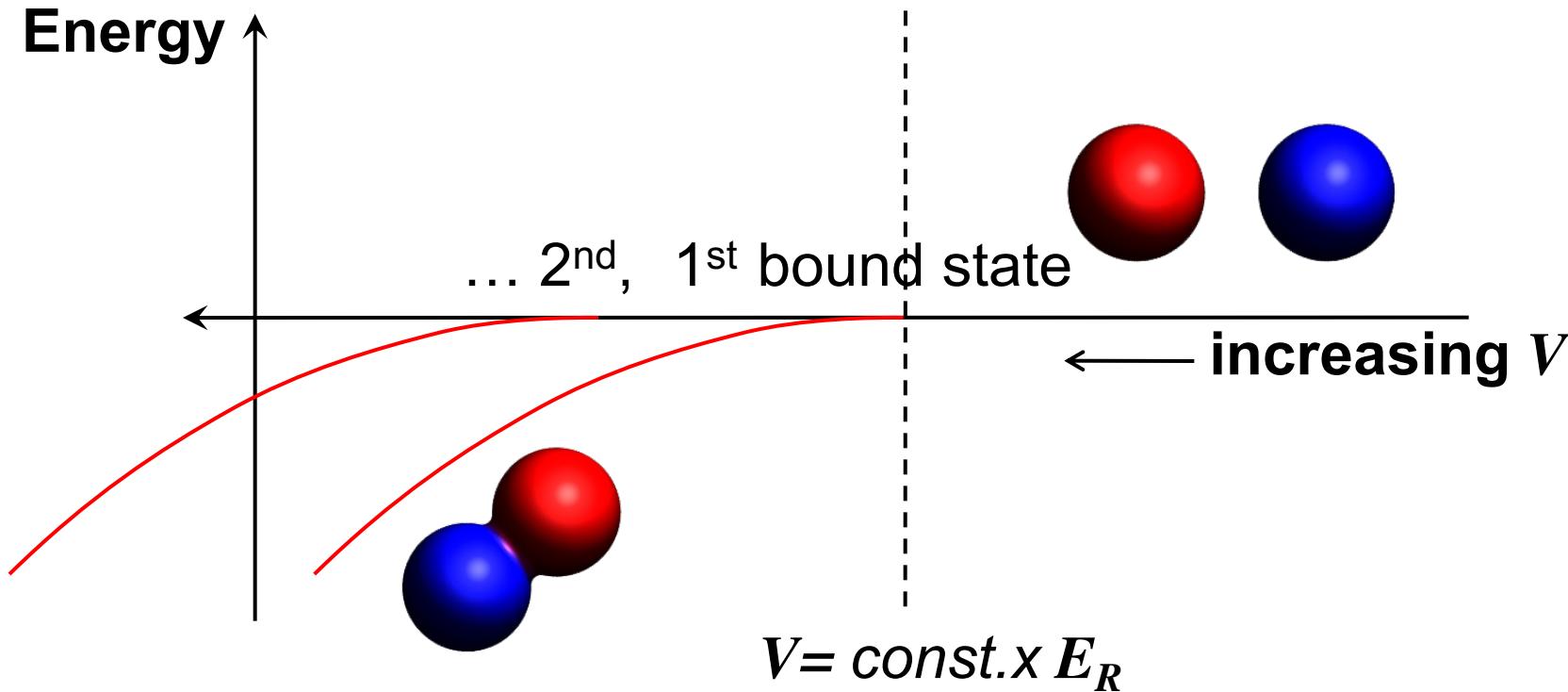
Bound state energy:

$$E_B \approx -(V - V_{th})^2 / E_R$$

Particle localized to within $R/(V - V_{th})$

quadratic
In $V - V_{th}$

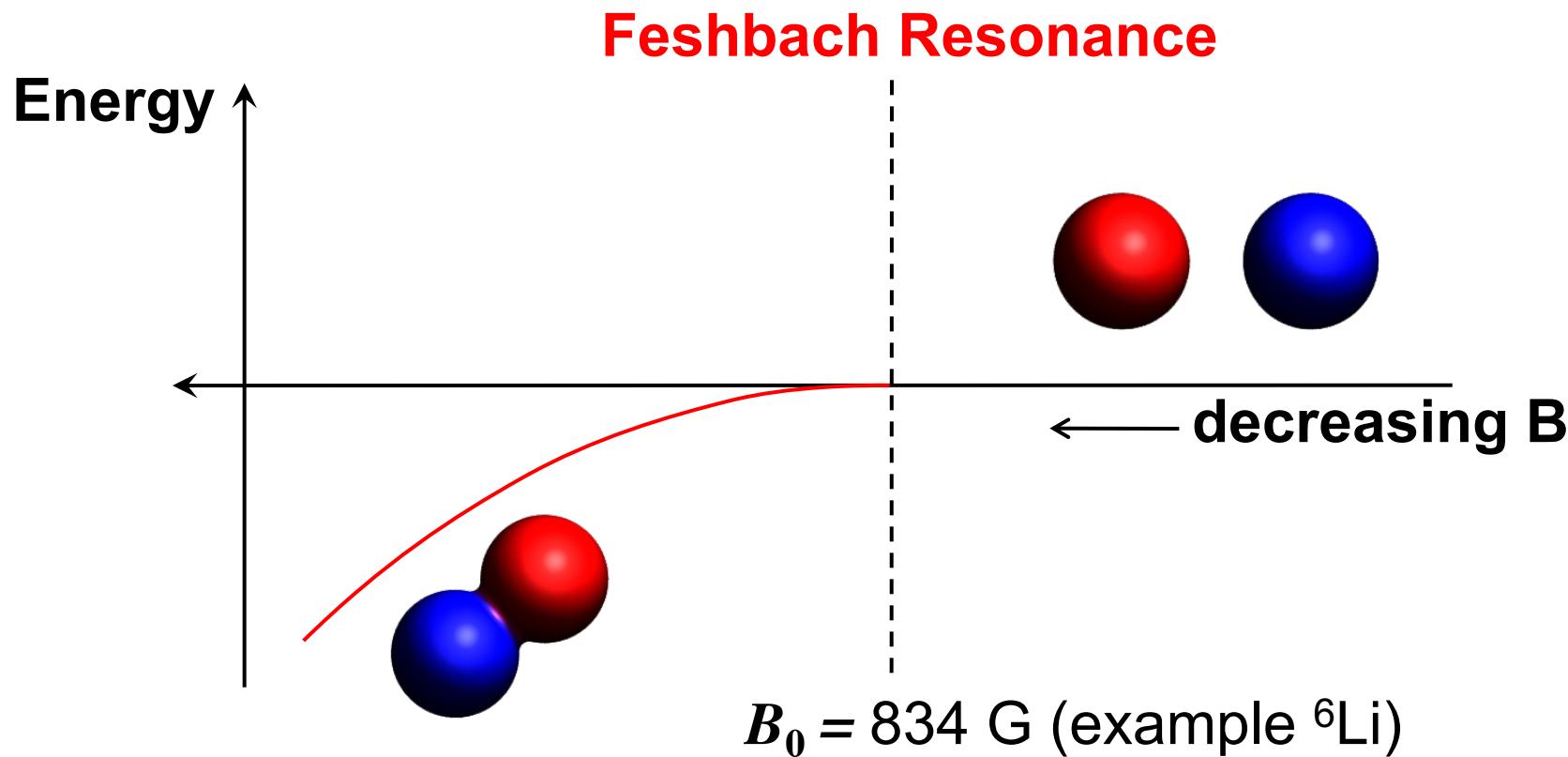
Two-particle bound states in 3D



Atoms form
stable molecules

Isolated atom pairs
are unstable

Two-particle bound states in 3D



Atoms form
stable molecules

Isolated atom pairs
are unstable

Relation to the density of states

Schrödinger equation for two interacting particles:

$$\left(-\frac{\hbar^2}{r m} (\nabla^2 - \kappa^2) \psi(\mathbf{r}) \right. = V(\mathbf{r}) \psi(\mathbf{r}) \quad \left. \left(E = -\frac{\hbar^2 \kappa^2}{m} \right) \right.$$

In momentum space:

$$\frac{\hbar^2}{m} (-q^2 - \kappa^2) \psi(\mathbf{q}) = -\frac{m}{\hbar^2} \frac{1}{q^2 + \kappa^2} \int \frac{d^n q'}{(2\pi)^n} V(\mathbf{q} - \mathbf{q}') \psi(\mathbf{q}')$$

Short range potential: $(R \ll 1/\kappa)$ $V(\mathbf{q}) = -VR^n$ for $q < 1/R$

$$\frac{1}{VR^n} = \int_{q \lesssim \frac{1}{R}} \frac{d^n q}{(2\pi)^n} \frac{m}{\hbar^2} \frac{1}{q^2 + \kappa^2}$$

Integrate over q , divide by common factor $\int_{q' \lesssim \frac{1}{R}} \frac{d^n q'}{(2\pi)^n} \psi(\mathbf{q}')$, introduce

$$\frac{\Omega}{VR^n} = \int_{\epsilon < E_R} d\epsilon \frac{\rho_n(\epsilon)}{2\epsilon + |E|}$$

$$\begin{aligned} \epsilon &= \frac{\hbar^2 q^2}{2m} \\ \rho_n(\epsilon) &- \text{d.o.s.} \\ \Omega &- \text{Volume} \end{aligned}$$

Connection with the density of states

Bound state equation:

$$\frac{\Omega}{VR^n} = \int_{\epsilon < E_R} d\epsilon \frac{\rho_n(\epsilon)}{2\epsilon + |E|}$$

Note: This is simply $\left\langle \frac{1}{\text{potential energy}} \right\rangle = \left\langle \frac{1}{\text{kinetic energy}} \right\rangle$

Left hand side $\rightarrow \infty$ for $|V| \rightarrow 0$

Right hand side $\rightarrow \infty$ only if integral diverges for $E \rightarrow 0$

1D:	$\rho_1(\epsilon) \sim \frac{1}{\sqrt{\epsilon}}$	$\frac{1}{V} \sim \frac{1}{\sqrt{ E }}$	$E_{1D} \sim -V^2/E_R$
2D:	$\rho_2(\epsilon) \sim \text{const.}$	$\frac{1}{V} \sim -\log(E)$	$E_{2D} \sim -2E_R e^{-\frac{2\Omega/R^2}{T_{2D}}}$
3D:	$\rho_3(\epsilon) \sim \frac{1}{V}$	$\frac{1}{V} \sim \frac{1}{E_R} \left(1 + \sqrt{\frac{ E }{E_R}}\right)$	$E_{3D} \sim -(V - V_{\text{th}})^2/E_R$

Cooper Pairing

- In 3D and for too weak an attraction, there is no bound state for two isolated particles
- But: For a pair condensate we need pairing...
- Idea: The presence of nearby atoms might modify the density of states! This could lead to pairing!

Cooper Pairing

Bound Electron Pairs in a Degenerate Fermi Gas*

LEON N. COOPER

Physics Department, University of Illinois, Urbana, Illinois
(Received September 21, 1956)

Cooper Pairing

Consider two particles \uparrow, \downarrow , on top of a filled, “inert” Fermi sea

- Proceed exactly as before, but now disallow momenta below k_F that are Pauli blocked
- Search for a small binding energy

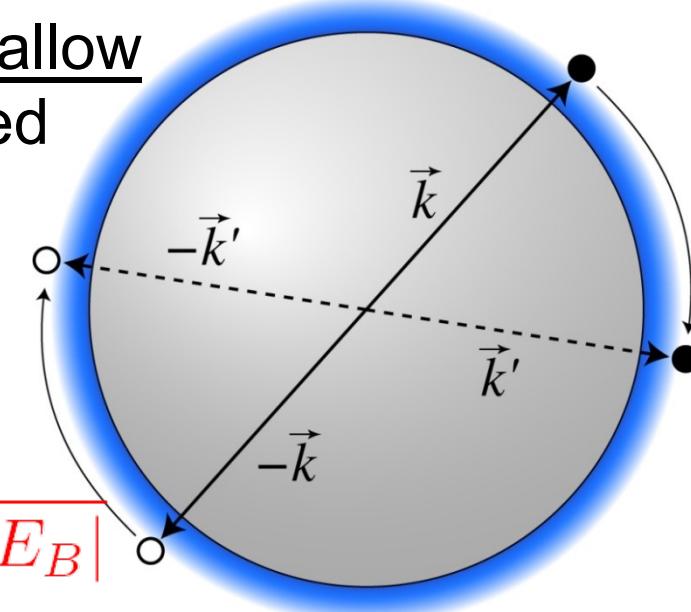
$$E_B = E - 2E_F < 0$$

- Bound-state equation:

$$\frac{\Omega}{VR^3} = \int_{E_F < \epsilon < E_F + E_R} d\epsilon \frac{\rho_{3D}(\epsilon)}{2(\epsilon - E_F) + |E_B|}$$

- For superconductors: $E_R = \hbar\omega_{Debye} \ll E_F$
scattering confined to Fermi surface $\rightarrow \rho_{3D}(\epsilon) \approx \rho_{3D}(E_F) = \text{const.}$
a constant like in 2D! \rightarrow Bound state!

$$E_B = -2\hbar\omega_D e^{-\frac{2\Omega R^3}{\rho_{3D}(E_F)V}}$$



The Fermi sea is unstable towards pairing

Cooper pairing in atomic gases

- For atomic gases: $E_R = \frac{\hbar^2}{mR^2} \gg E_F$, integral diverges as $E_R \rightarrow \infty$
- This divergence, clearly due to short range physics, is already encountered for two-particle scattering
- Low-energy particles will never probe the high-energy scale of V , the well depth. The relevant physical parameter is the scattering phase shift / the scattering length a
→ via renormalization one can replace V with scattering length a

$$\frac{\Omega}{VR^3} = \frac{m\Omega}{4\pi\hbar^2 a} - \int d\epsilon \rho_3(\epsilon) \frac{1}{2\epsilon} \quad \left(VR^3 \rightarrow \frac{4\pi\hbar^2}{m} a \right)$$

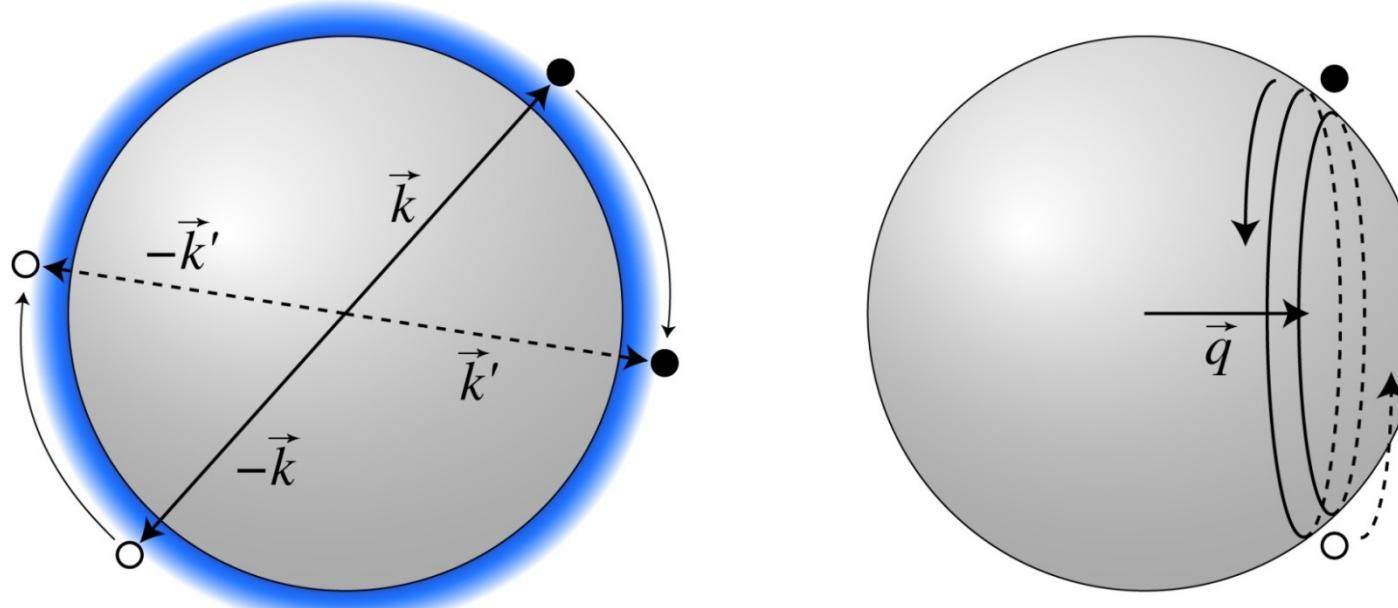
- Intuitively, as all energies are $< E_F$, the Fermi energy itself will provide the natural cut-off.
- Bound state:

$$E_B = -\frac{8}{e^2} E_F e^{-\frac{\pi}{k_F |a|}}$$

Typical: $|a| \sim 5 \text{ nm}$ $\approx E_F 10^{-28}$ VERY small energy
 $1/k_F \sim 100 \text{ nm}$

Cooper Pairing

Consider two particles \uparrow, \downarrow , on top of a filled, “inert” Fermi sea



Total momentum zero

Total momentum non-zero

- Reduced density of states
- Much smaller binding energy

The important pairs are those with zero momentum

BCS Wavefunction

**How can we find a state in which all fermions
are paired in a self-consistent way?**



John Bardeen



Leon N. Cooper



John R. Schrieffer

BCS Wavefunction

- Many-body wavefunction for a condensate of Fermion Pairs:

$$\Psi(\mathbf{r}_1, \dots, \mathbf{r}_N) = \varphi(|\mathbf{r}_1 - \mathbf{r}_2|) \chi_{12} \dots \varphi(|\mathbf{r}_{N-1} - \mathbf{r}_N|) \chi_{N-1,N}$$

↑
 Spatial pair wavefunction ↑
 Spin wavefunction

$$\chi_{ij} = \frac{1}{\sqrt{2}}(|\uparrow\rangle_i |\downarrow\rangle_j - |\downarrow\rangle_i |\uparrow\rangle_j)$$

- Second quantization:

$$|\Psi\rangle_N = \int \prod_i d^3 r_i \varphi(\mathbf{r}_1 - \mathbf{r}_2) \Psi_\uparrow^\dagger(\mathbf{r}_1) \Psi_\downarrow^\dagger(\mathbf{r}_2) \dots \varphi(\mathbf{r}_{N-1} - \mathbf{r}_N) \Psi_\uparrow^\dagger(\mathbf{r}_{N-1}) \Psi_\downarrow^\dagger(\mathbf{r}_N) |0\rangle$$

- Fourier transform: Pair wavefunction: $\varphi(\mathbf{r}) = \sum_k \varphi_k \frac{e^{i\mathbf{k} \cdot \mathbf{r}}}{\sqrt{\Omega}}$
Operators: $\Psi_\sigma^\dagger(\mathbf{r}) = \sum_k c_{k\sigma}^\dagger \frac{e^{-i\mathbf{k} \cdot \mathbf{r}}}{\sqrt{\Omega}}$

- Pair creation operator: $b^\dagger = \sum \varphi_k c_{k\uparrow}^\dagger c_{-k\downarrow}^\dagger$

- Many-body wavefunction: $|\Psi\rangle_N = b^{\dagger N/2} |0\rangle$
a fermion pair condensate

$|\Psi\rangle_N$ is not a Bose condensate

$$|\Psi\rangle_N = b^{\dagger N/2} |0\rangle$$

- Commutation relations for pair creation/annihilation operators

$$[b^\dagger, b^\dagger]_- = \sum_{kk'} \varphi_k \varphi_{k'} \left[c_{k\uparrow}^\dagger c_{-k\downarrow}^\dagger, c_{k'\uparrow}^\dagger c_{-k'\downarrow}^\dagger \right]_- = 0 \quad \checkmark$$

$$[b, b]_- = \dots = 0 \quad \checkmark$$

$$[b, b^\dagger]_- = \dots = \sum_k |\varphi_k|^2 (1 - n_{k\uparrow} - n_{k\downarrow}) \neq 1 \quad \times$$

Occupation of momentum k

- pairs do not obey Bose commutation relations, *unless* $n_k \ll 1$

$$[b, b^\dagger]_- \approx \sum_k |\varphi_k|^2 = 1 \quad \text{BEC limit of tightly bound molecules}$$

BCS Wavefunction

- Introduce coherent state / switch to grand-canonical description:

$$\begin{aligned}\mathcal{N} |\Psi\rangle &= \sum_{J_{\text{even}}} \frac{N_p^{J/4}}{(J/2)!} |\Psi\rangle_J = \sum_M \frac{1}{M!} N_p^{M/2} b^\dagger^M |0\rangle \\ &= e^{\sqrt{N_p} b^\dagger} |0\rangle \\ &= \prod_k e^{\sqrt{N_p} \varphi_k c_{k\uparrow}^\dagger c_{-k\downarrow}^\dagger} |0\rangle \quad c_k^\dagger \text{ and } c_{k'}^\dagger \text{ commute} \\ &= \prod_k (1 + \sqrt{N_p} \varphi_k c_{k\uparrow}^\dagger c_{-k\downarrow}^\dagger) |0\rangle \text{ because } c_k^{\dagger 2} = 0\end{aligned}$$

- Normalization: $\mathcal{N} = \prod_k \frac{1}{u_k} = \prod_k \sqrt{1 + N_p |\varphi_k|^2}$

- BCS wavefunction:
$$|\Psi_{\text{BCS}}\rangle = \prod_k (u_k + v_k c_{k\uparrow}^\dagger c_{-k\downarrow}^\dagger) |0\rangle$$

with $v_k = \sqrt{N_p} \varphi_k u_k$ and $|u_k|^2 + |v_k|^2 = 1$

Many-Body Hamiltonian

- Second quantized Hamiltonian for interacting fermions:

$$\hat{H} = \sum_{\sigma} \int d^3r \hat{\Psi}_{\sigma}^{\dagger}(\mathbf{r}) \left(-\frac{\hbar^2 \nabla^2}{2m} \right) \hat{\Psi}_{\sigma}(\mathbf{r}) + \int d^3r \int d^3r' \hat{\Psi}_{\uparrow}^{\dagger}(\mathbf{r}) \hat{\Psi}_{\downarrow}^{\dagger}(\mathbf{r}') V(\mathbf{r} - \mathbf{r}') \hat{\Psi}_{\downarrow}(\mathbf{r}') \hat{\Psi}_{\uparrow}(\mathbf{r})$$

- Contact interaction: $V(\mathbf{r}) = V_0 \delta(\mathbf{r})$
- Fourier transform via $\hat{\Psi}_{\sigma}^{\dagger}(\mathbf{r}) = \sum_k c_{k\sigma}^{\dagger} \frac{e^{-i\mathbf{k}\cdot\mathbf{r}}}{\sqrt{\Omega}}$

$$\hat{H} = \sum_{k,\sigma} \epsilon_k c_{k\sigma}^{\dagger} c_{k\sigma} + \frac{V_0}{\Omega} \sum_{k,k',q} c_{k+\frac{q}{2}\uparrow}^{\dagger} c_{-k+\frac{q}{2}\downarrow}^{\dagger} c_{k'+\frac{q}{2}\downarrow} c_{-k'+\frac{q}{2}\uparrow}$$

- **BCS Approximation:**

Only include scattering between zero-momentum pairs

$$\hat{H} = \sum_{k,\sigma} \epsilon_k c_{k\sigma}^{\dagger} c_{k\sigma} + \frac{V_0}{\Omega} \sum_{k,k'} c_{k\uparrow}^{\dagger} c_{-k\downarrow}^{\dagger} c_{k'\downarrow} c_{-k'\uparrow}$$

- Solve via 1) Variational Ansatz, 2) via Bogoliubov transformation

Variational Ansatz:

- Insert BCS wavefunction into Many-Body Hamiltonian.
- Minimize Free Energy:

$$\mathcal{F} = \left\langle \hat{H} - \mu \hat{N} \right\rangle = \sum_k 2\xi_k v_k^2 + \frac{V_0}{\Omega} \sum_{k,k'} u_k v_k u_{k'} v_{k'} \quad \text{with } \xi_k = \epsilon_k - \mu$$

- Result:

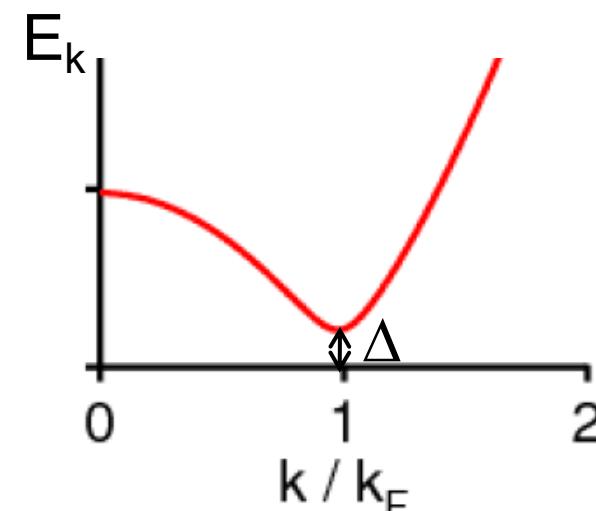
$$v_k^2 = \frac{1}{2} \left(1 - \frac{\xi_k}{E_k} \right)$$

$$u_k^2 = \frac{1}{2} \left(1 + \frac{\xi_k}{E_k} \right)$$

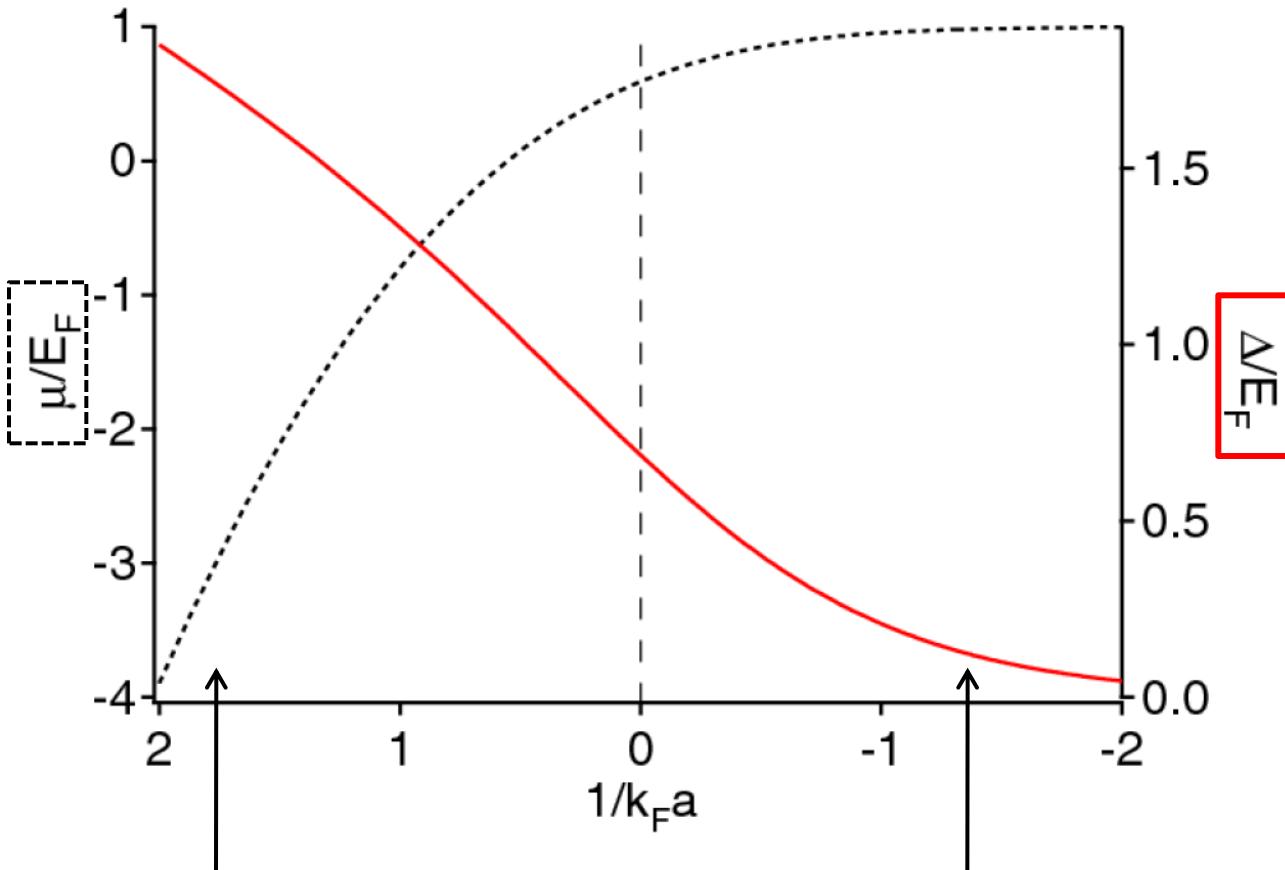
$$\text{with } E_k = \sqrt{\xi_k^2 + \Delta^2}$$

- Gap equation:

$$\Delta = -\frac{V_0}{\Omega} \sum_k u_k v_k = -\frac{V_0}{\Omega} \sum_k \frac{\Delta}{2E_k}$$



Solution of the gap equation



BEC-side: Molecules

BCS-side: Gap exponentially small

$$\mu \approx -\frac{\hbar^2}{2ma^2} = \frac{1}{2}E_B$$

$$\begin{aligned}\mu &\approx E_F \\ \Delta &\approx \frac{8}{e^2}e^{-\pi/2k_F|a|}\end{aligned}$$

Comparison of bound state energies

Bound state equation

- Molecules:

$$\frac{\Omega}{VR^3} = \int d\epsilon \frac{\rho_3(\epsilon)}{2\epsilon + |E|}$$

Binding energy
(after renormalization)

$$E = -\frac{\hbar^2}{ma^2} \quad \text{only for } a > 0$$

- Cooper pairs (simple model):

$$\frac{\Omega}{VR^3} = \int_{\epsilon > E_F} d\epsilon \frac{\rho_{3D}(\epsilon)}{2(\epsilon - E_F) + |E_B|}$$

- Cooper pairs (BCS solution):

$$\frac{\Omega}{VR^3} = \int d\epsilon \frac{\rho_3(\epsilon)}{2\sqrt{(\epsilon - \mu)^2 + \Delta^2}}$$

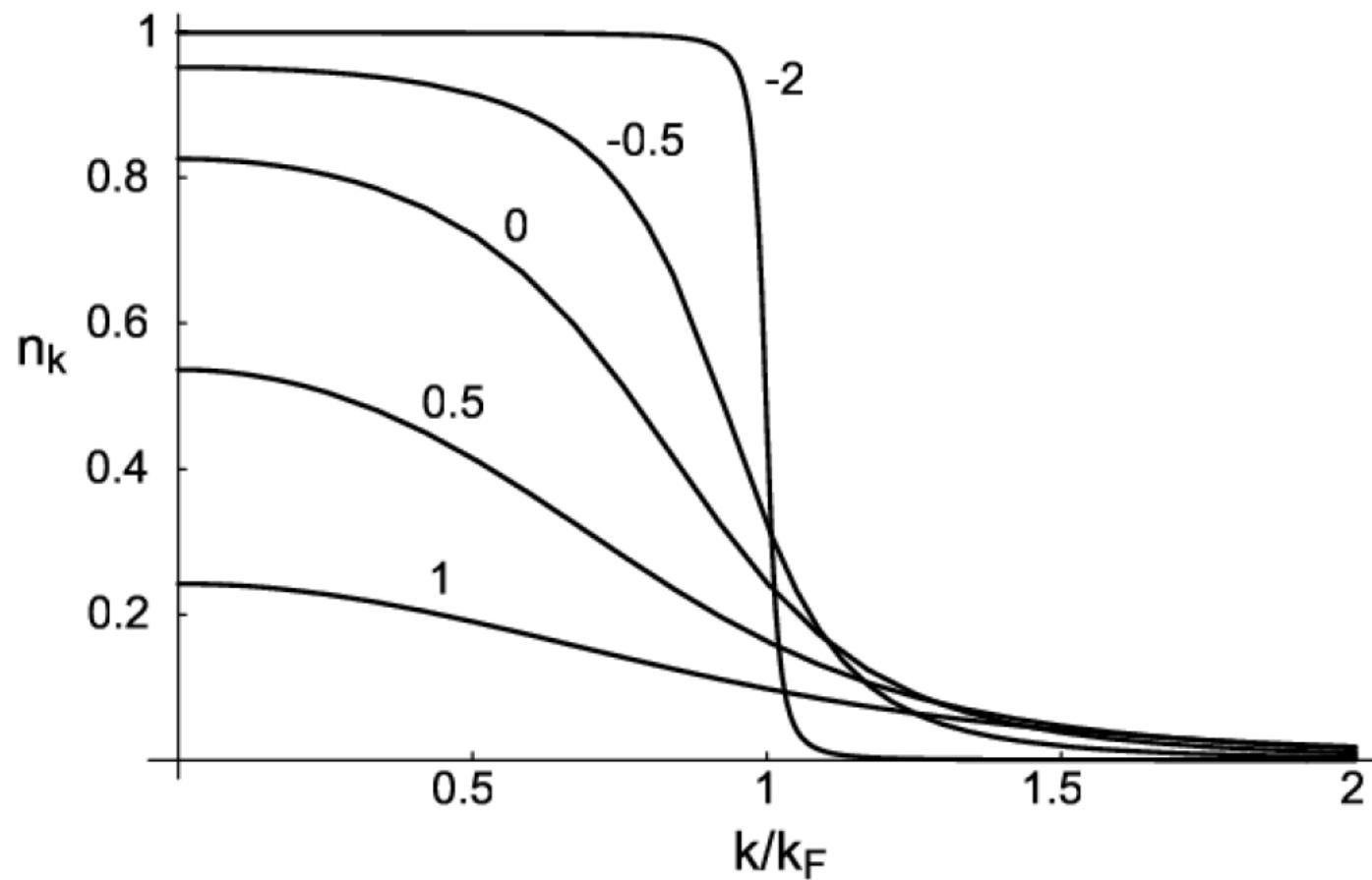
$$a < 0$$

$$E_B = -\frac{8}{e^2} E_F e^{-\frac{\pi}{k_F |a|}}$$

$$\Delta = -\frac{8}{e^2} E_F e^{-\frac{\pi}{2k_F |a|}}$$

$$k_F |a| \ll 1$$

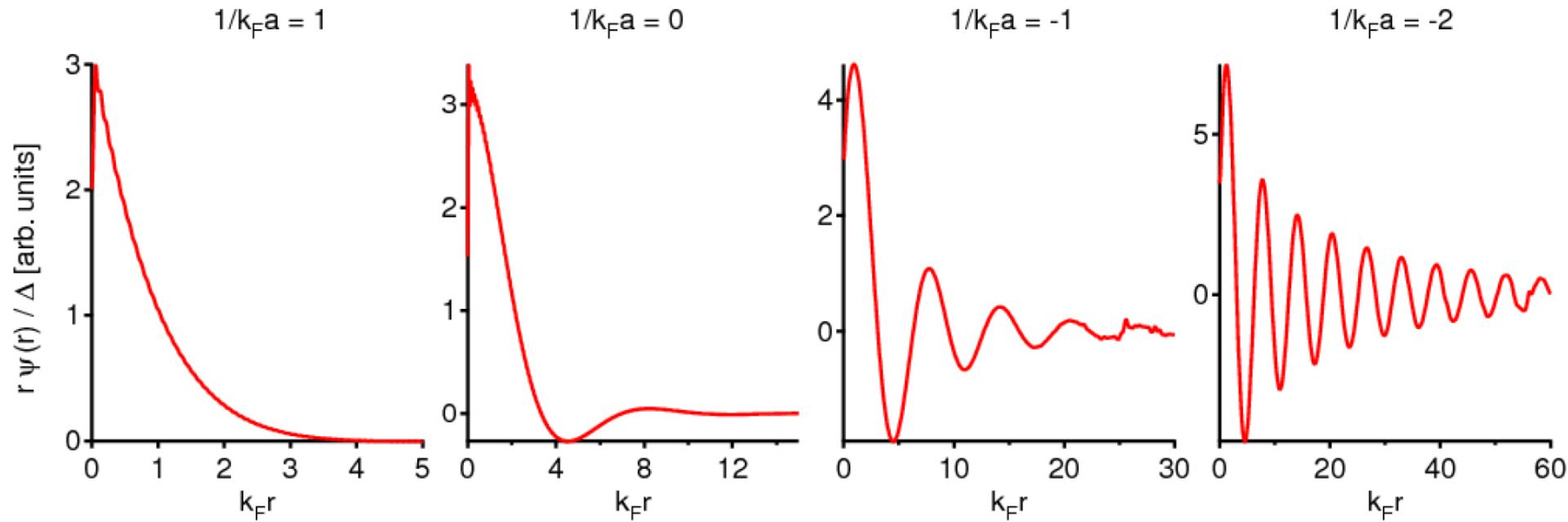
Momentum distribution



Evolution of the Pair wavefunction

$$\psi(\mathbf{r}_1, \mathbf{r}_2) = \langle \Psi_{BCS} | \Psi_{\uparrow}^{\dagger}(\mathbf{r}_1) \Psi_{\downarrow}^{\dagger}(\mathbf{r}_2) | \Psi_{BCS} \rangle = \frac{1}{\Omega} \sum_k u_k v_k e^{-i\mathbf{k} \cdot (\mathbf{r}_1 - \mathbf{r}_2)}$$

$$= \frac{1}{\Omega} \sum_k \frac{\Delta}{2E_k} e^{-i\mathbf{k} \cdot (\mathbf{r}_1 - \mathbf{r}_2)}$$

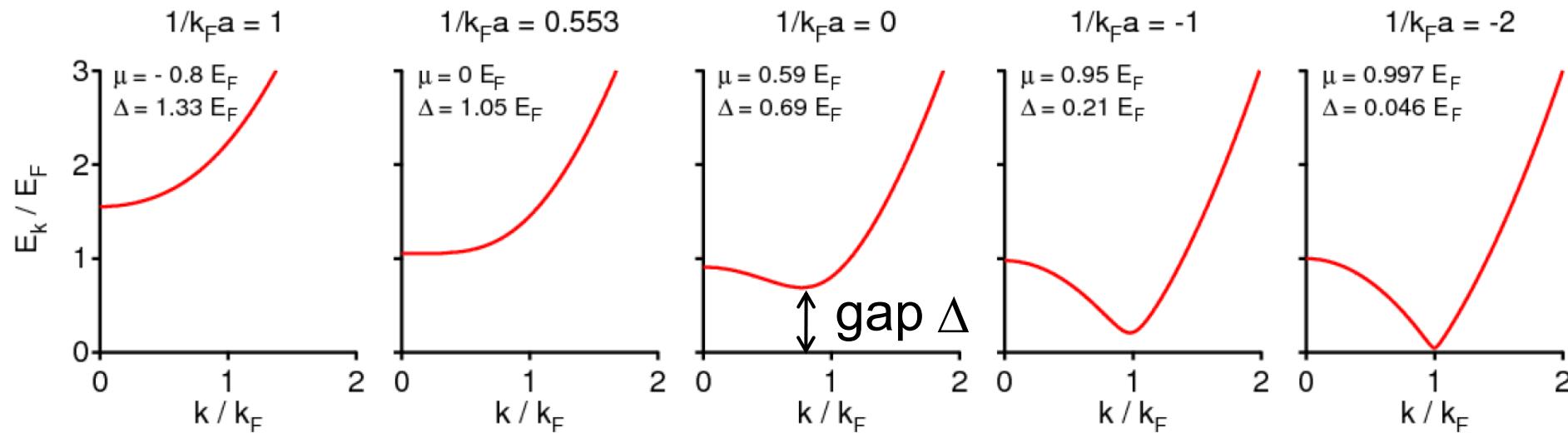


Molecules

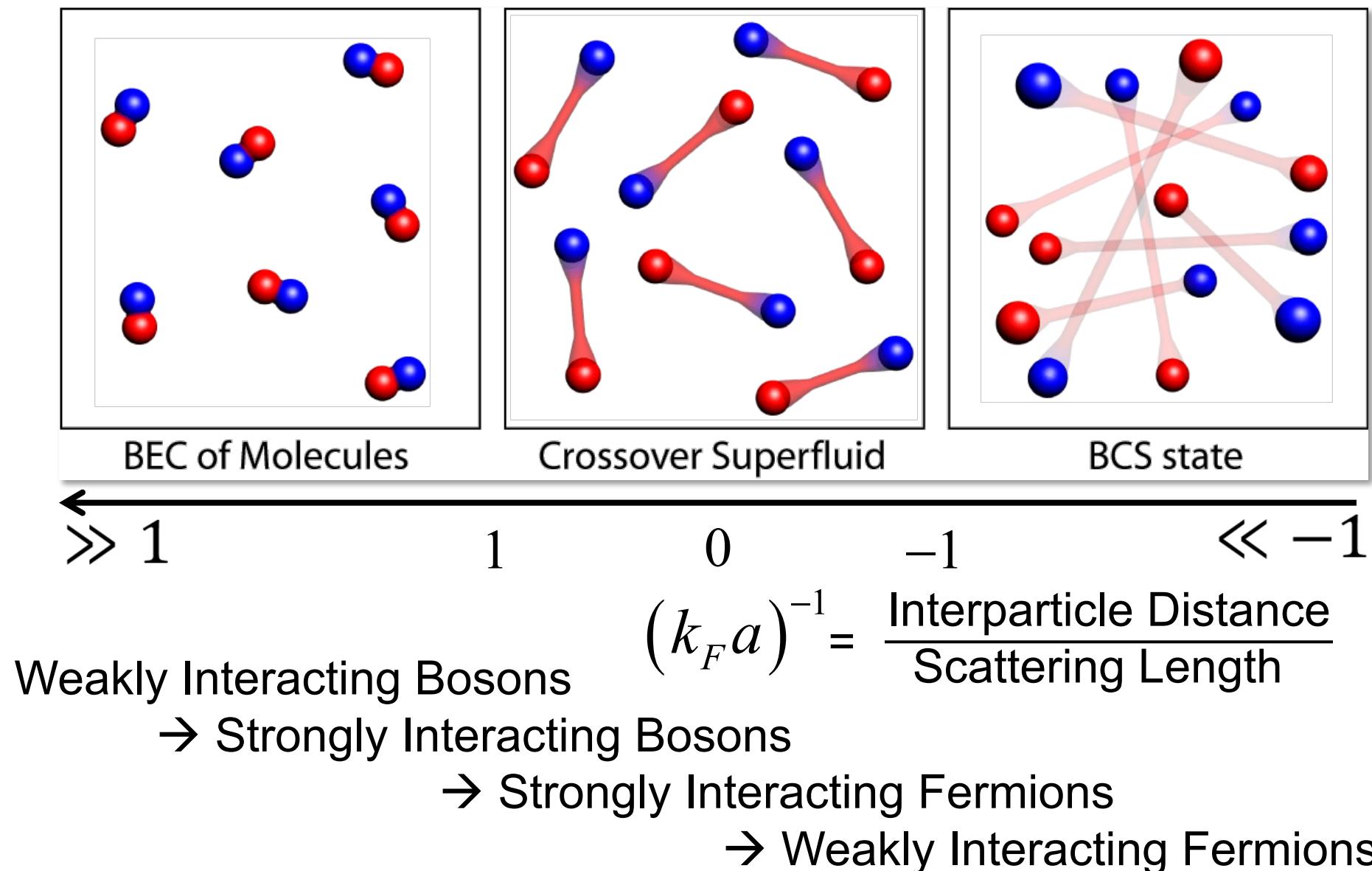
Cooper pairs

Quasi-particle Spectrum

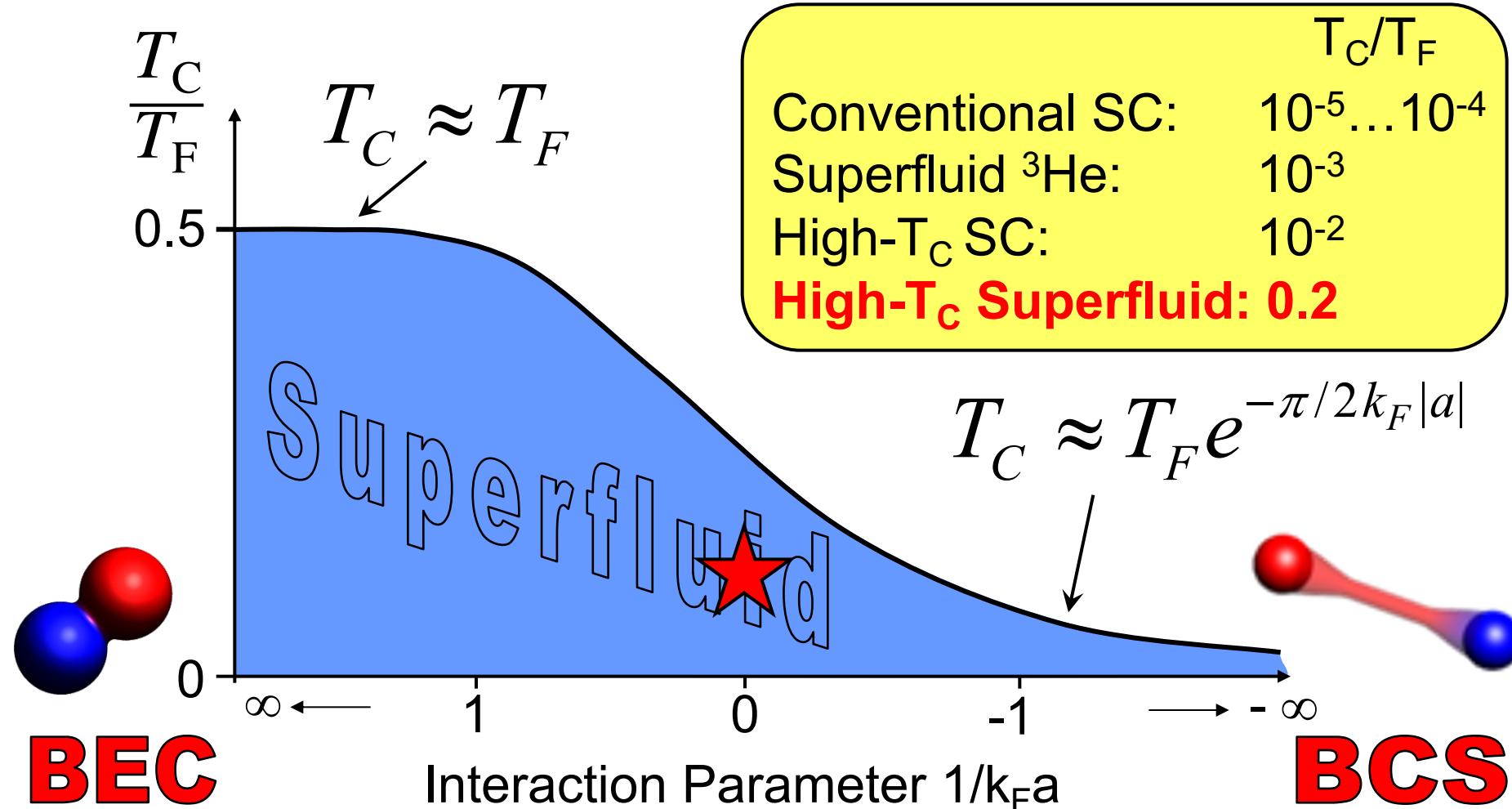
$$E_k = \sqrt{(\epsilon_k - \mu)^2 + \Delta^2}$$



From BEC to BCS



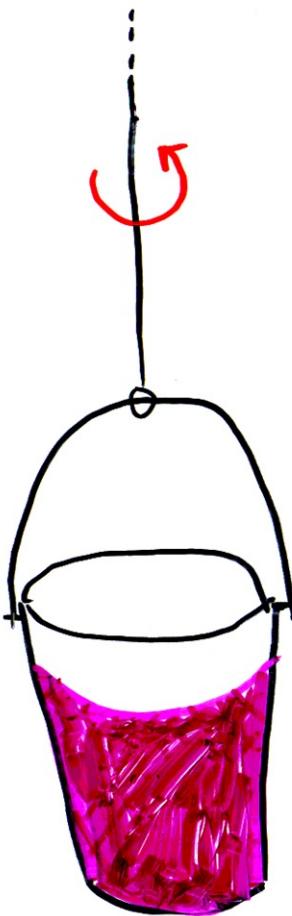
Critical Temperature for Fermionic Superfluidity



Scaled to the density of electrons in solids:

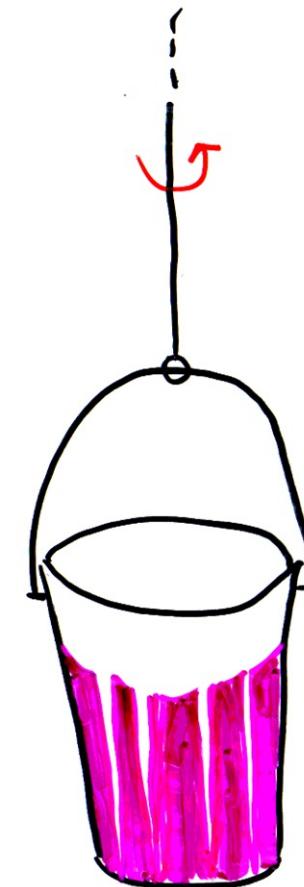
Superconductivity far above room temperature!

Rotating Fluids



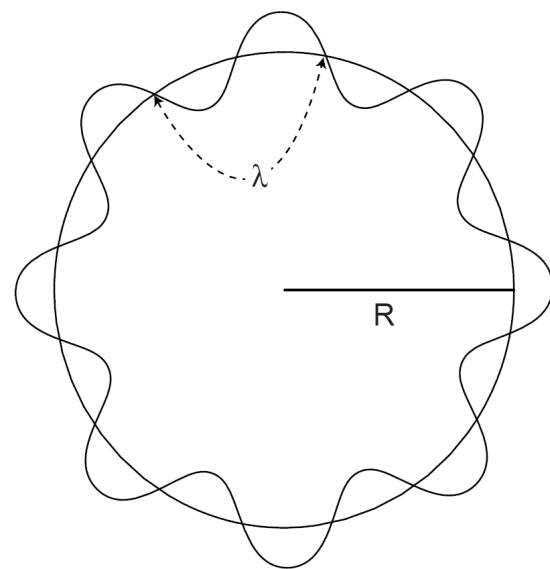
Normal

Fluid



Quantum

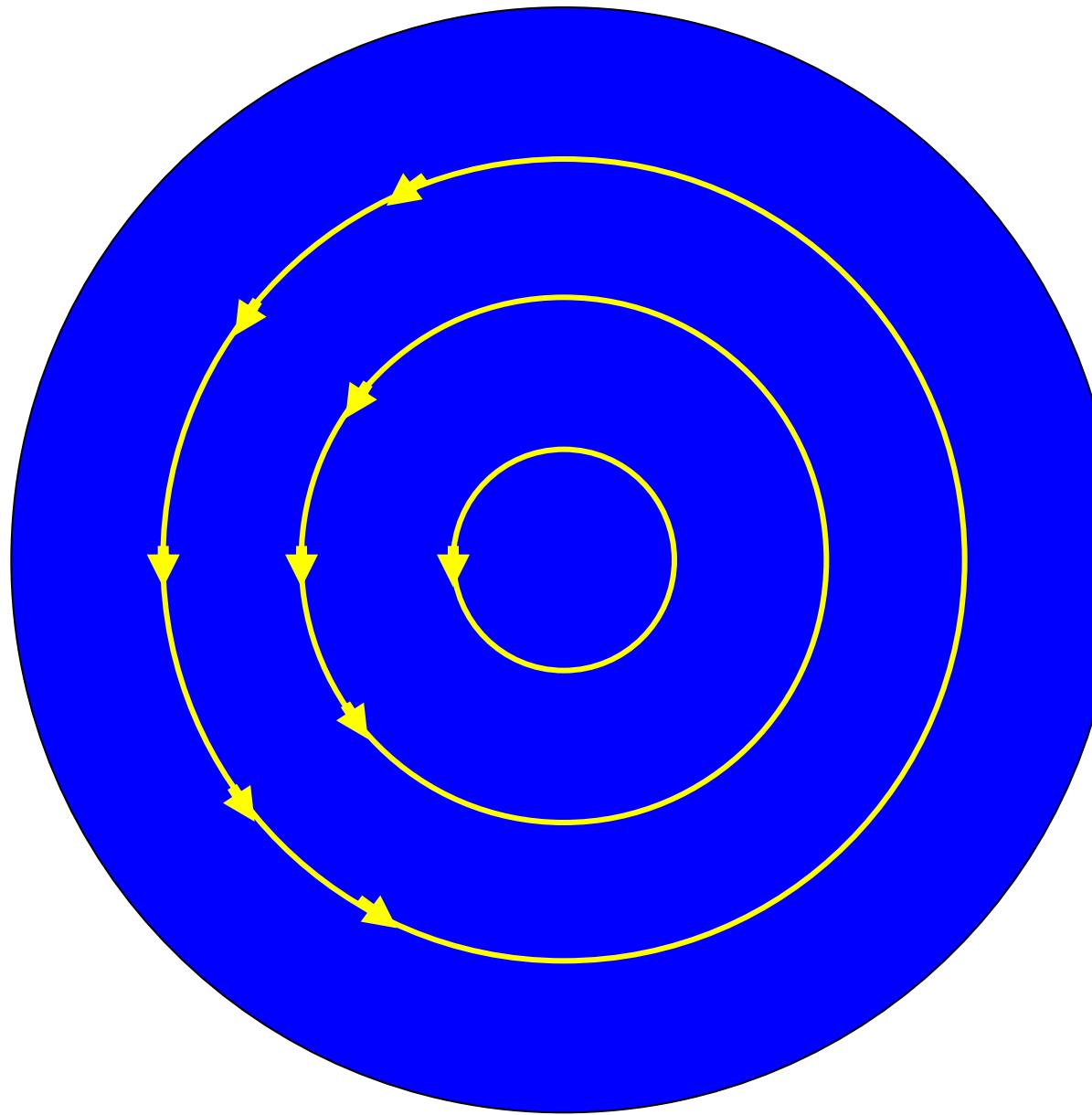
Rotating superfluid



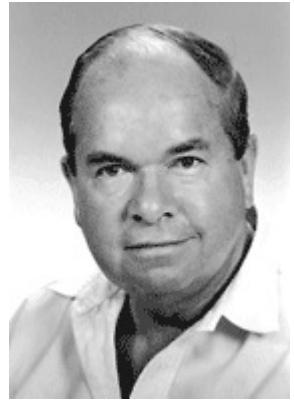
$$\oint p \, dx = \hbar h$$



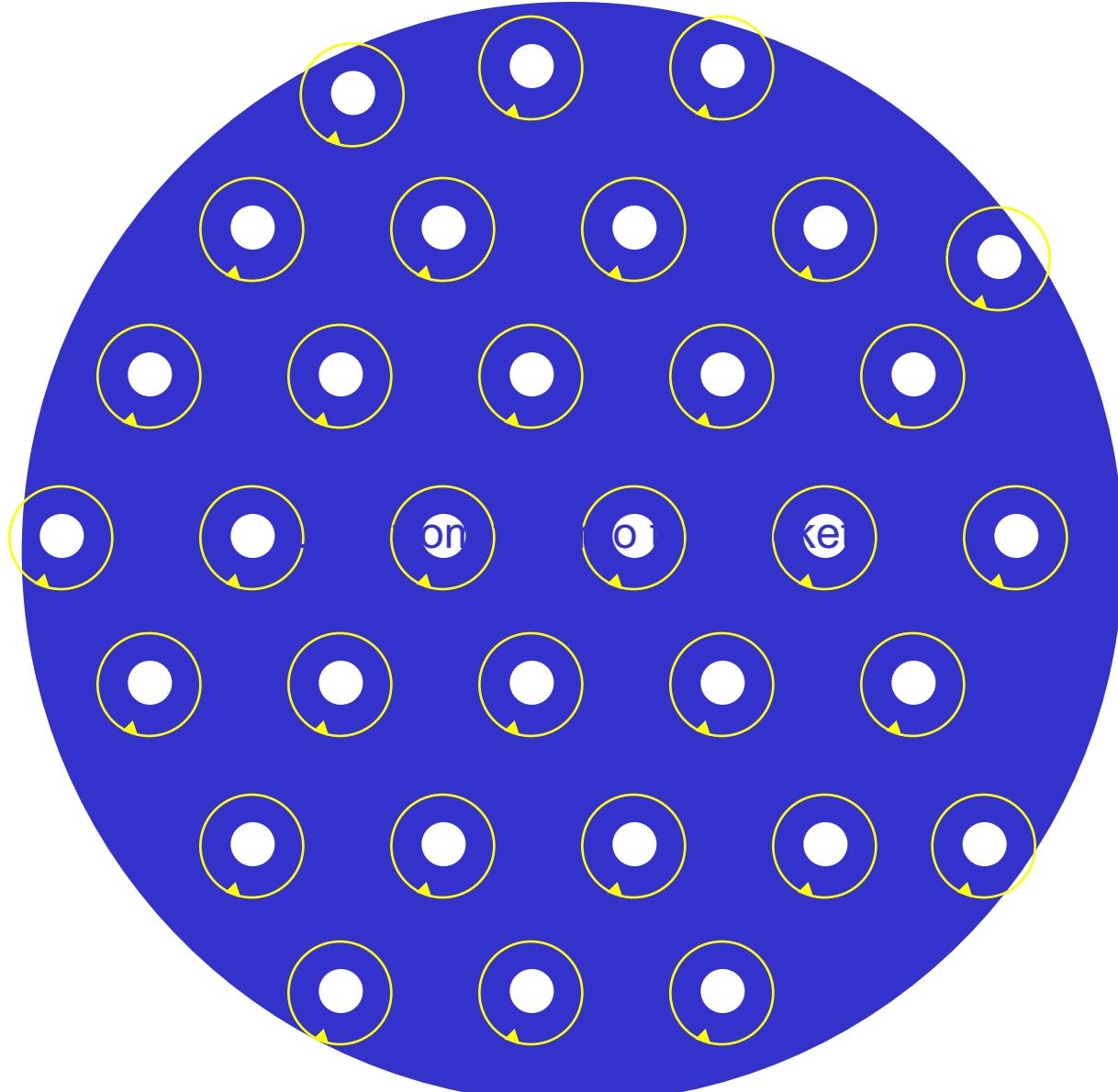
Does it rotate like this?



Like this!



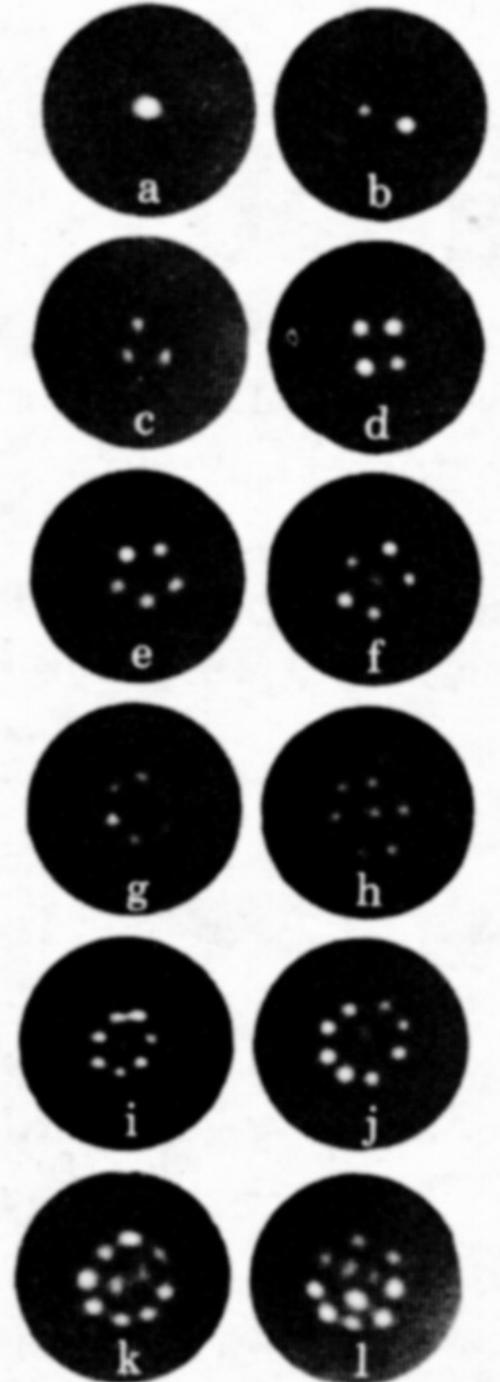
Aleksei A.
Abrikosov



Abrikosov lattice (triangular lattice)

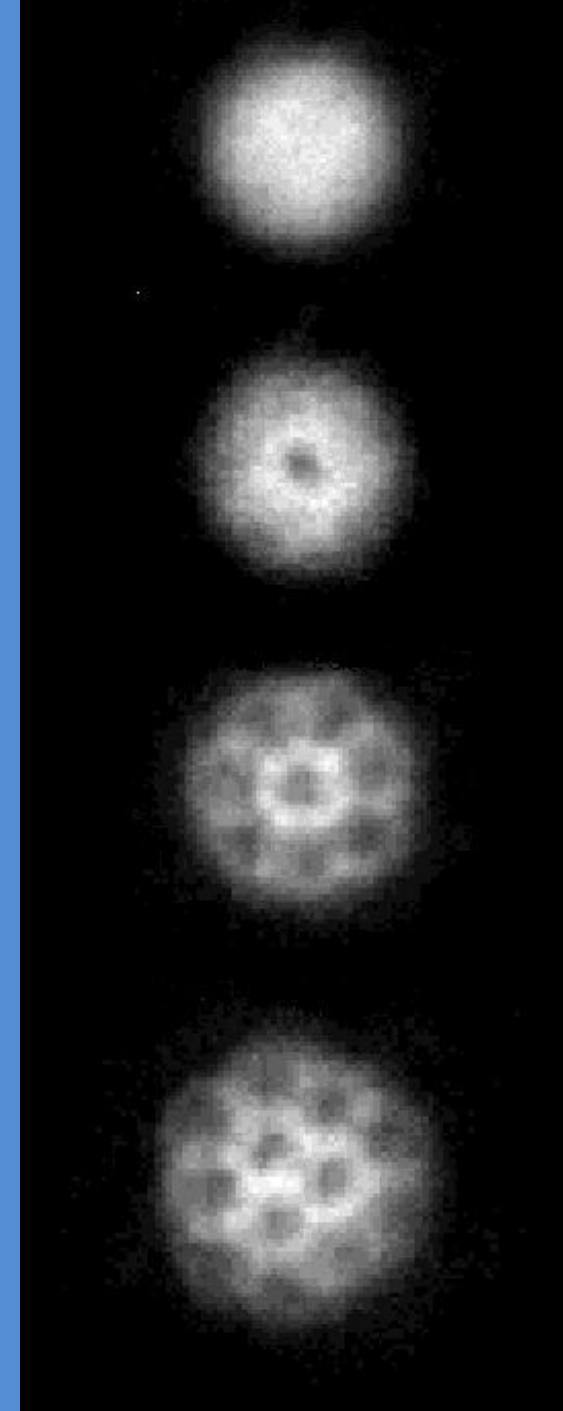
Vortex Arrays in Bosonic Gases / Fluids

Berkeley
(R.E. Packard, 1979)
Helium-4



ENS
(J. Dalibard, 2000)
Rubidium BEC

*Also: Phase engineering
of single vortices in BEC:
JILA (1999)*



THE DIRECT OBSERVATION OF INDIVIDUAL FLUX LINES
IN TYPE II SUPERCONDUCTORS

U. ESSMANN and H. TRÄUBLE

*Institut für Physik am Max-Planck-Institut für Metallforschung, Stuttgart and
Institut für theoretische und angewandte Physik der Technischen Hochschule Stuttgart*

Received 4 April 1967

Neutral superfluids under rotation

$$\vec{F} = 2m\vec{v} \times \vec{\omega}$$

Coriolis force in rotating frame

\Leftrightarrow

Superconductors in magnetic field

$$\vec{F} = q\vec{v} \times \vec{B}$$

Lorentz Force

U. Essmann and H. Träuble,
Physics Letters A, 24, 526 (1967)

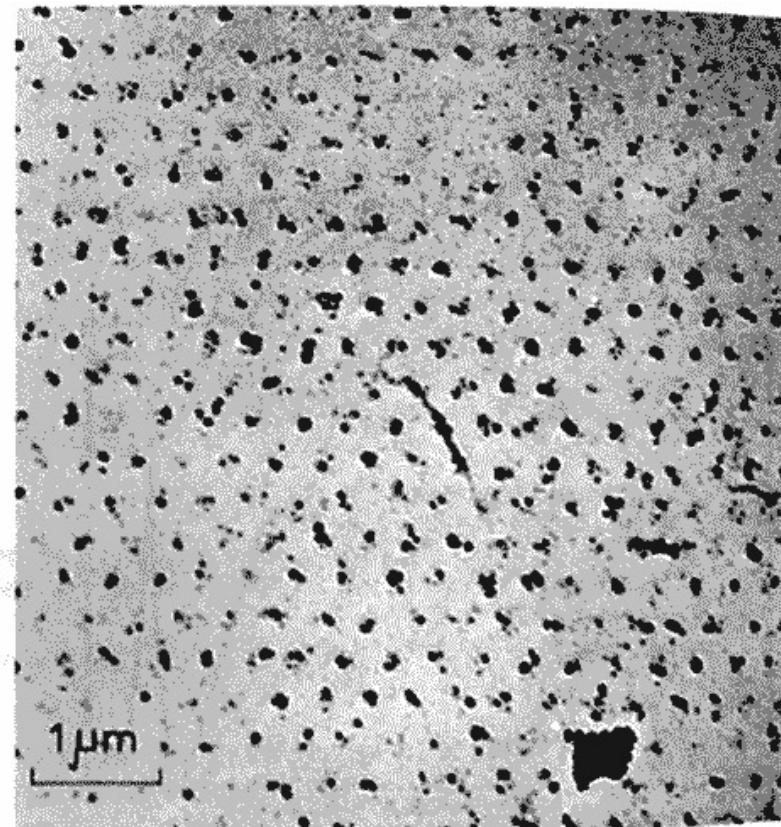
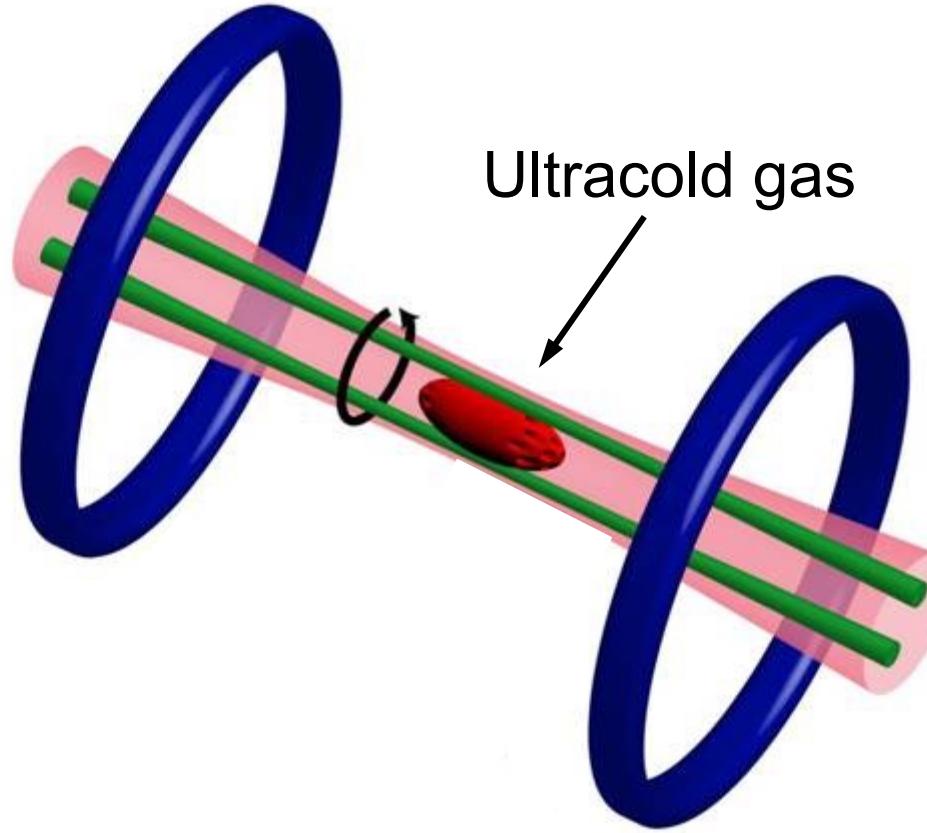
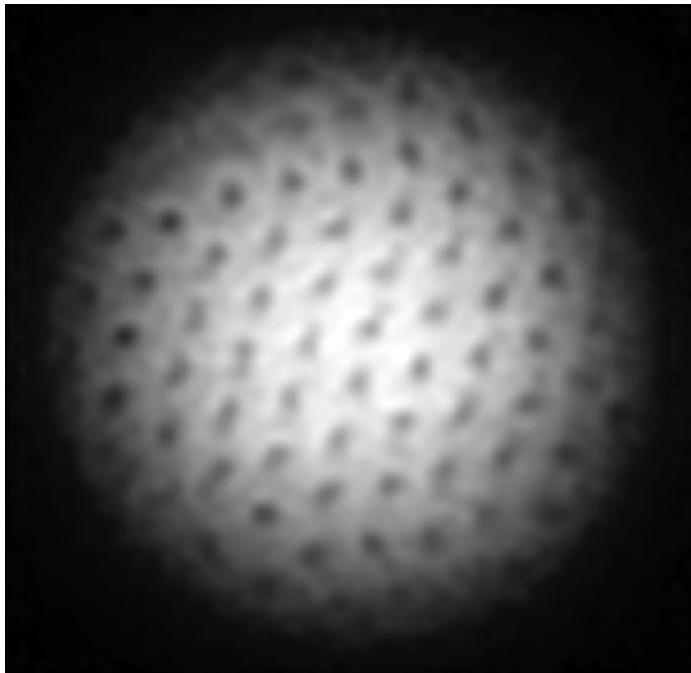
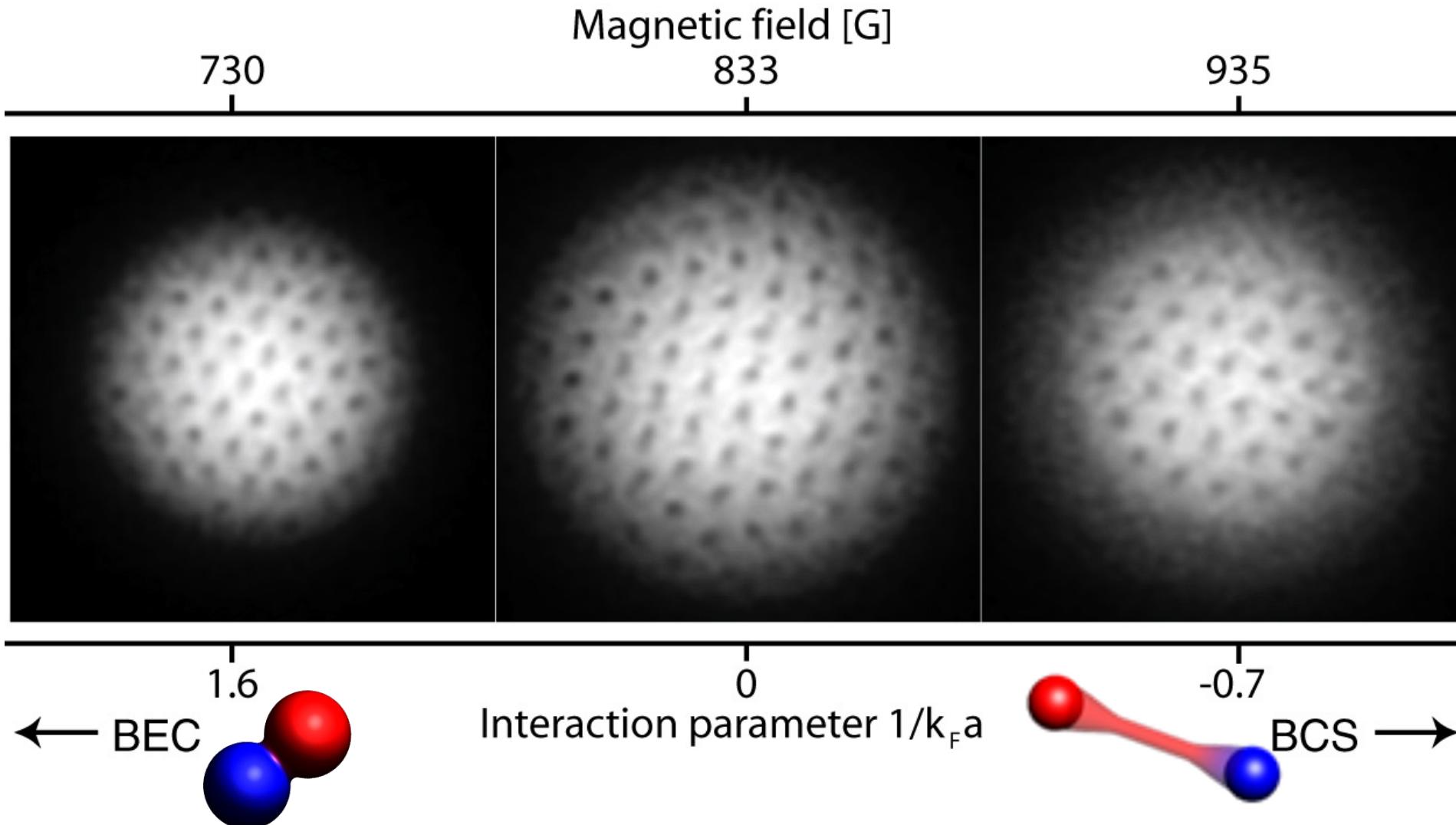


Fig. 1. "Perfect" triangular lattice of flux lines on the surface of a lead-4at%indium rod at 1.1°K. The black dots consist of small cobalt particles which have been stripped from the surface with a carbon replica.

Demonstration of superfluidity in a Fermi gas



Vortex lattices in the BEC-BCS crossover

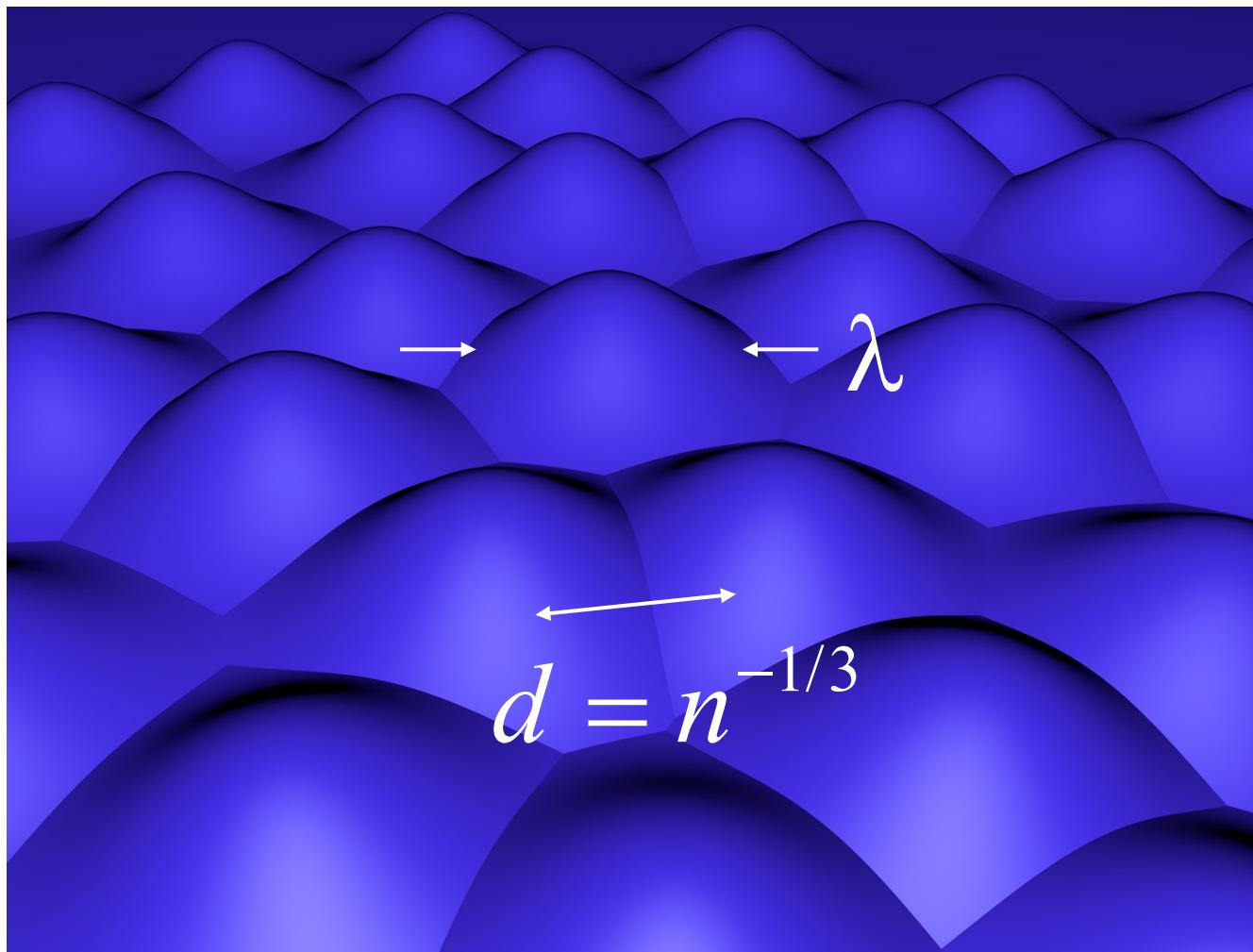


M.W. Zwierlein, J.R. Abo-Shaeer, A. Schirotzek, C.H. Schunck, W. Ketterle,
Nature 435, 1047-1051 (2005)

The Unitary Fermi Gas

Only two length scales:
Interparticle spacing $n^{-1/3}$
De Broglie wavelength λ_{dB}

Only two corresp. energy scales:
Fermi energy E_F
Temperature $k_B T$



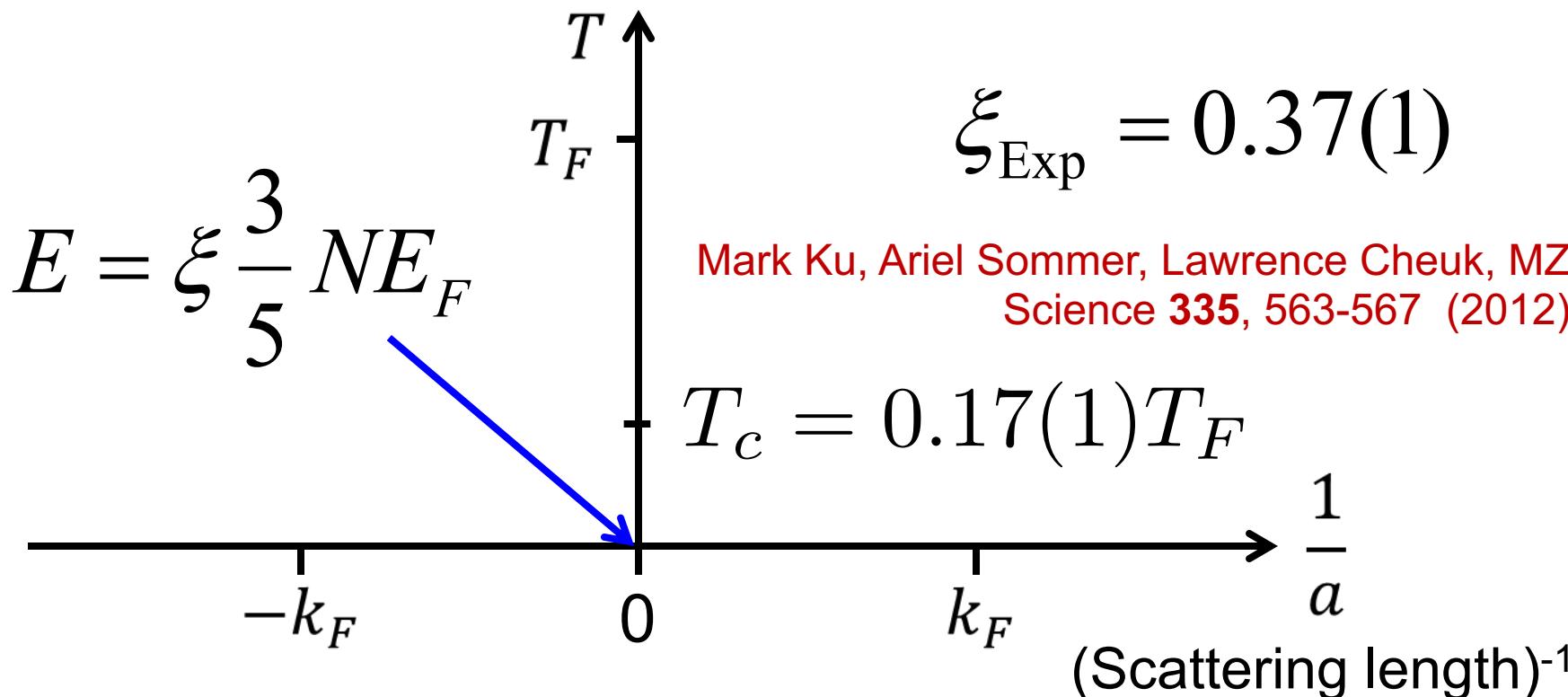
The Unitary Fermi Gas

Only two length scales:
Interparticle spacing $n^{-1/3}$
De Broglie wavelength λ_{dB}

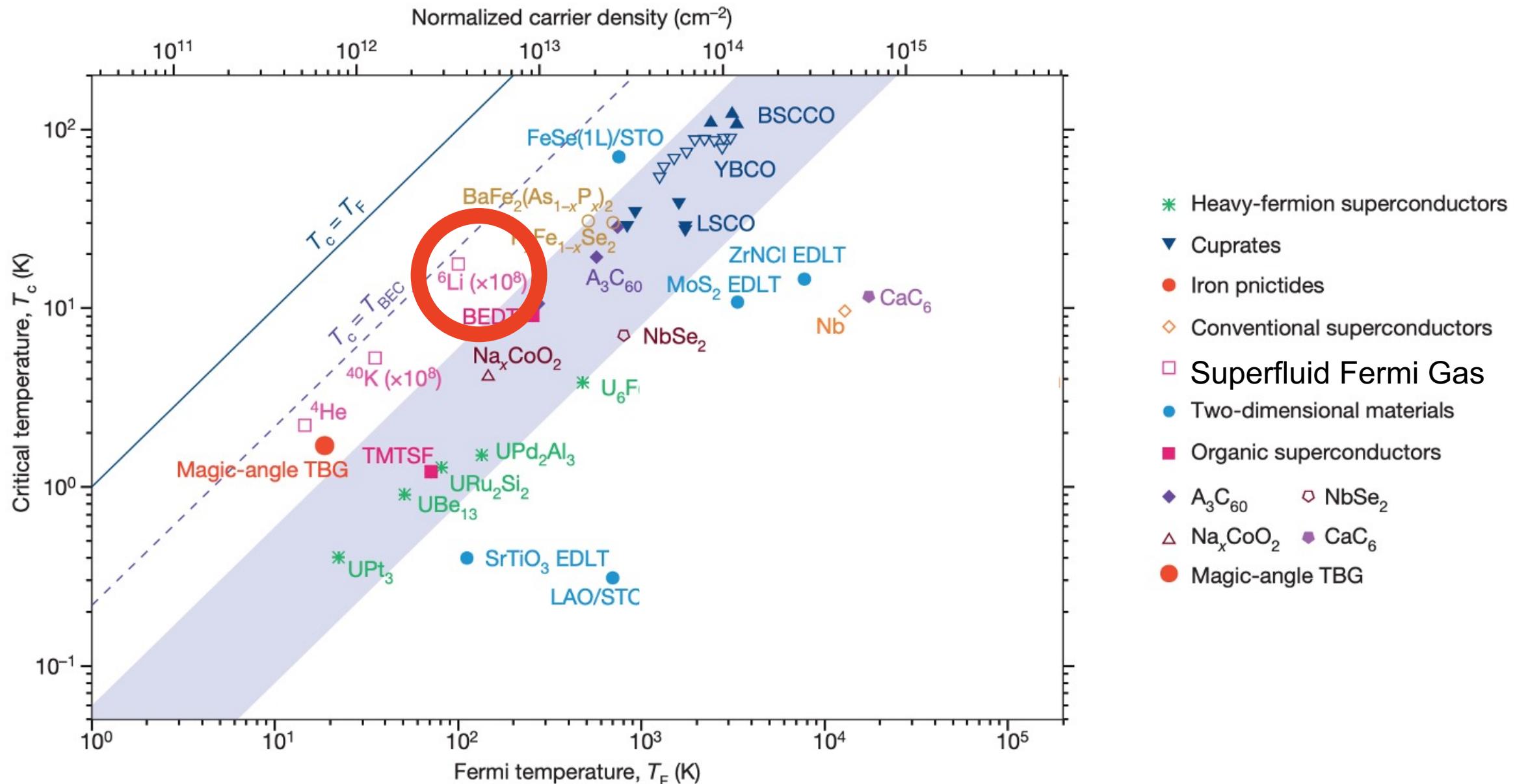
Only two corresp. energy scales:
Fermi energy E_F
Temperature $k_B T$

→ Universal equation of state

Duke/NC State, ENS, JILA, Innsbruck, Swinburne, MIT



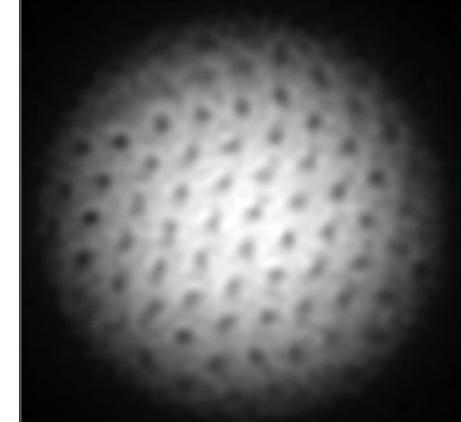
Fermi Gas on the Uemura Plot



From Cao et al., Nature 2018

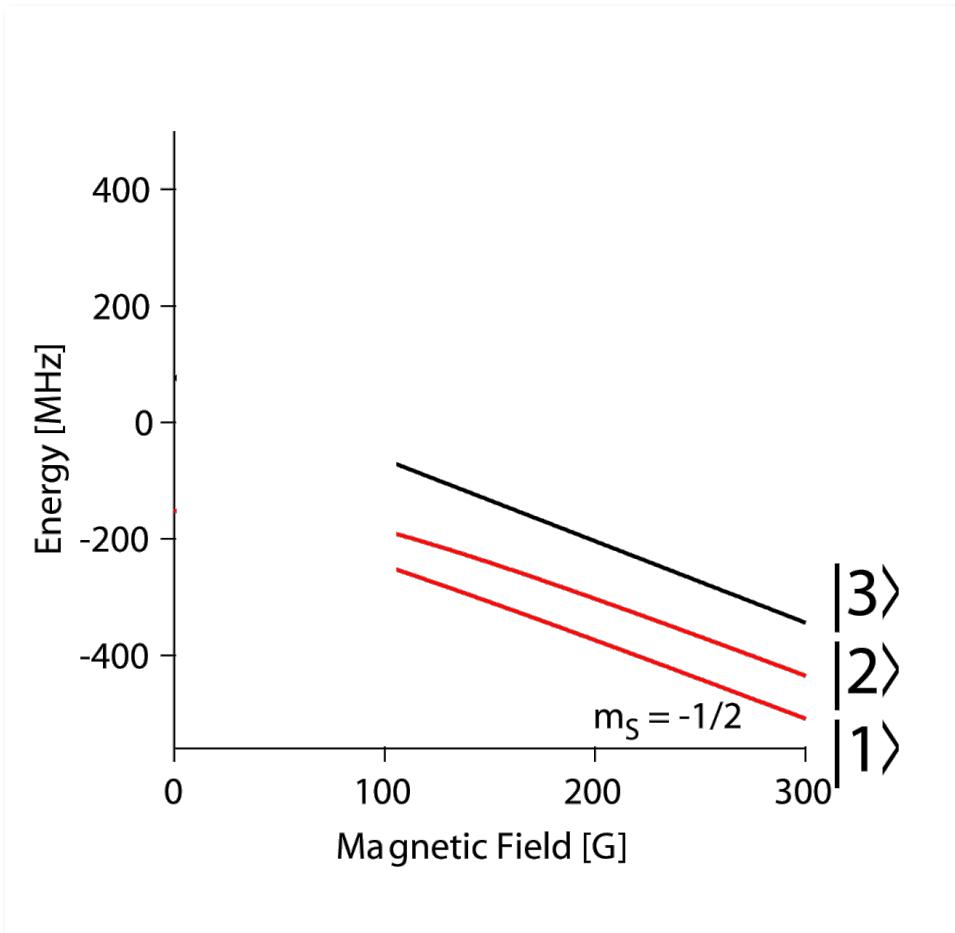
Binding Energy of Pairs

A Gedanken experiment



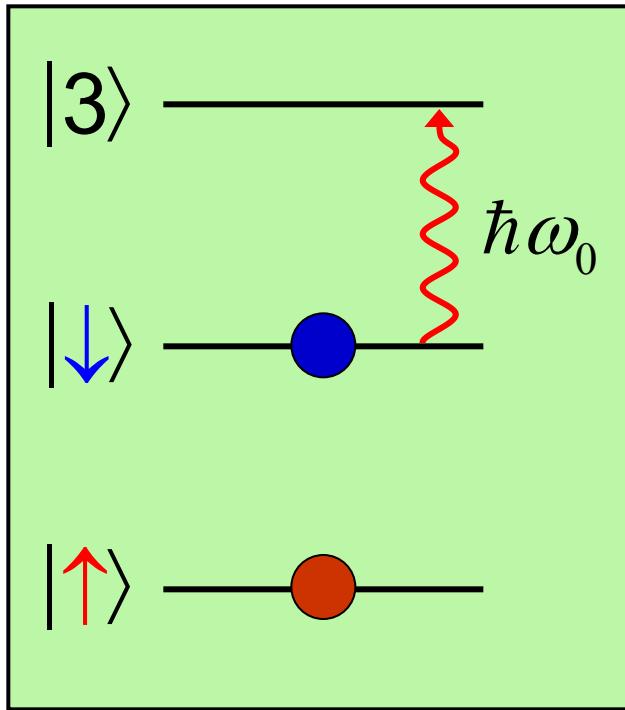
What is the energy cost of removing one fermion
from the superfluid?

Radiofrequency spectroscopy

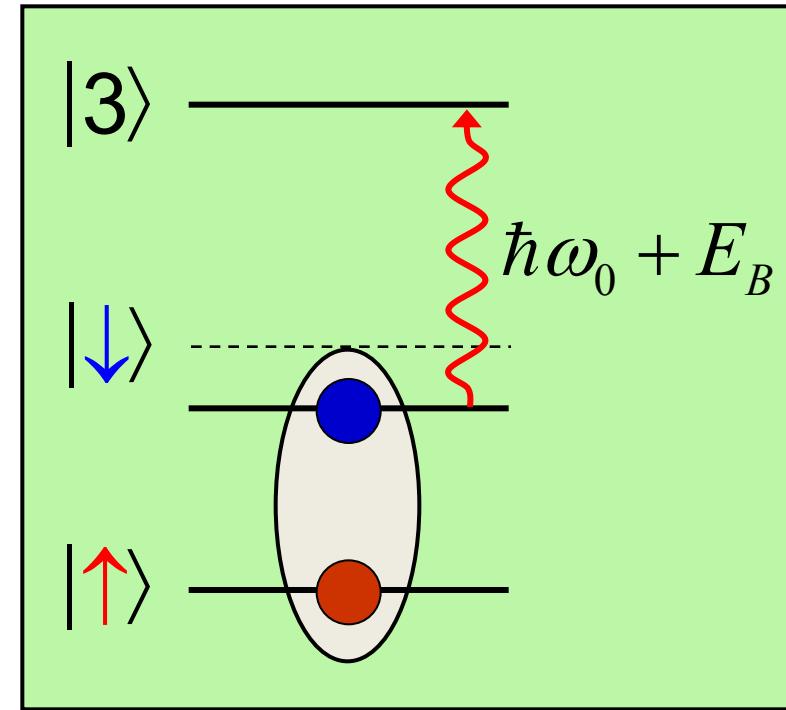


Radiofrequency spectroscopy

No interactions



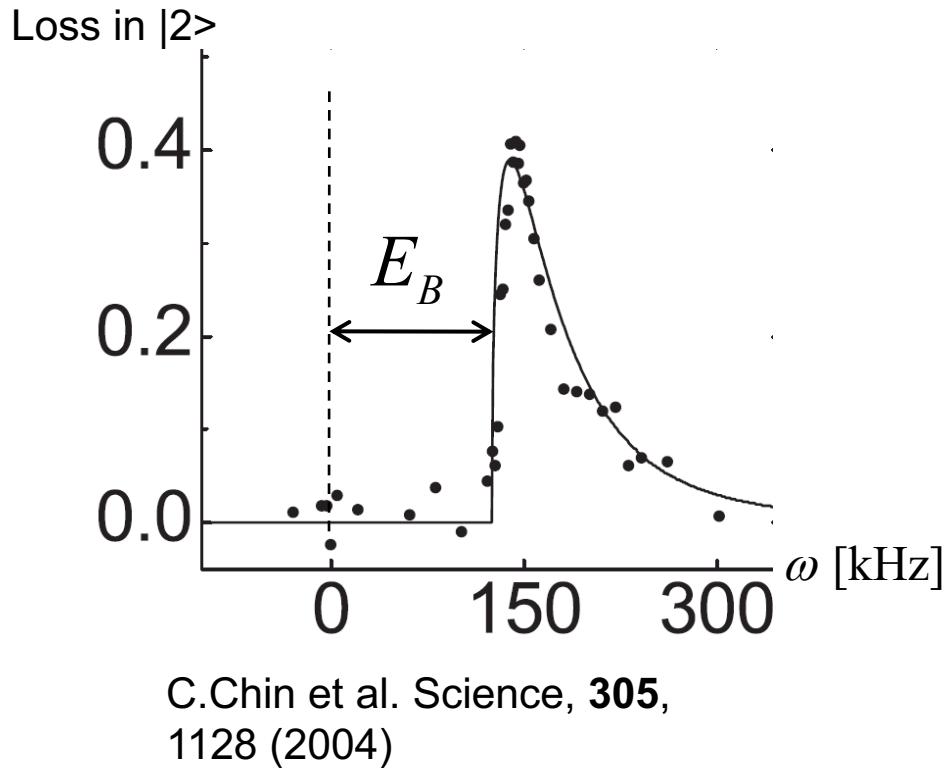
Molecular Pairing



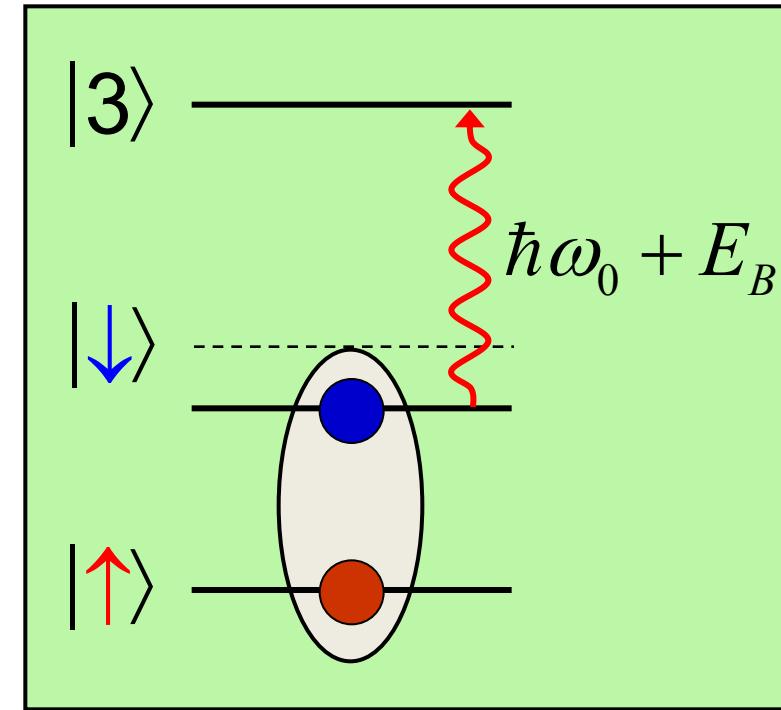
Photon energy = Zeeman + Binding + Kinetic energy

$$\hbar\omega = \hbar\omega_0 + E_B + 2\varepsilon_k$$

Radiofrequency spectroscopy



Molecular Pairing

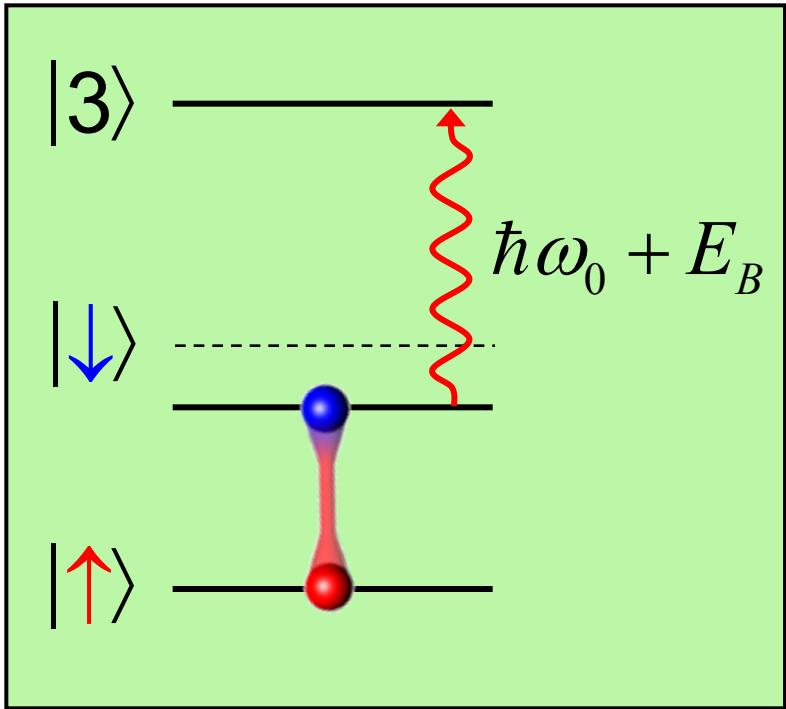


Photon energy = Zeeman + Binding + Kinetic energy

$$\hbar\omega = \hbar\omega_0 + E_B + 2\varepsilon_k$$

Radiofrequency spectroscopy

BCS pairing is a many-body affair. Does the picture still hold?



Energy gain due to pairing (BCS):

$$\delta E(N) = E_{SF}(N) - E_{Normal}(N) = -\frac{3}{8} N \frac{\Delta^2}{E_F}$$

Binding energy per particle:

$$E_B = \frac{\delta E(N+2) - \delta E(N)}{2} = -\frac{\Delta^2}{2E_F}$$

Photon energy = Zeeman + Quasiparticle + Kinetic energy

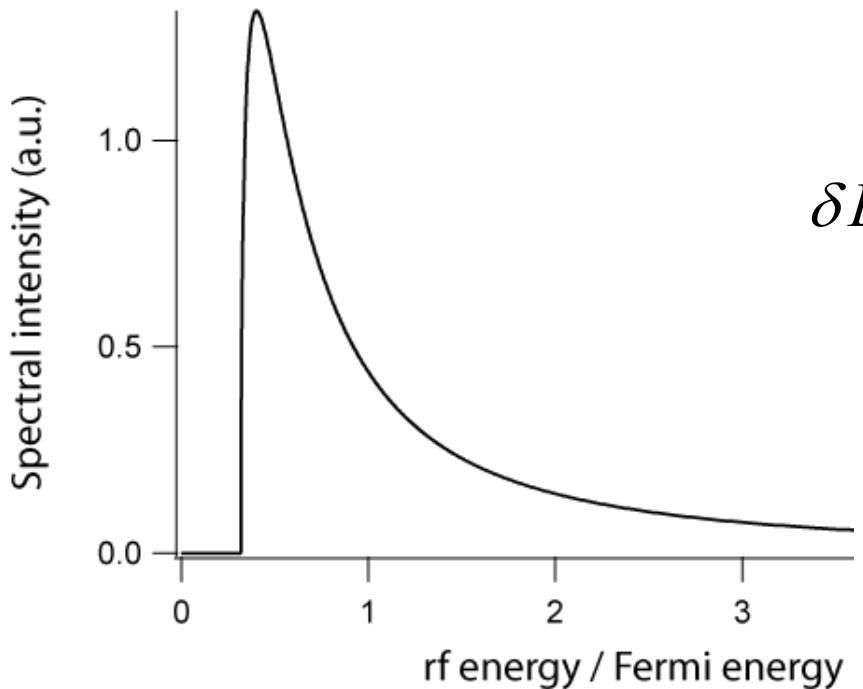
$$\hbar\omega = \hbar\omega_0 + E_k - \mu + \epsilon_k$$

Onset at

$$\hbar\omega = \hbar\omega_0 + \frac{\Delta^2}{2E_F}$$

BCS pairing is a many-body affair. Does the picture still hold?

Radiofrequency spectroscopy



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$$\hbar\omega = \hbar\omega_0 + \frac{\Delta^2}{2E_F}$$

Radiofrequency spectroscopy

Fermi's Golden Rule:

$$\Gamma(\omega) \equiv \frac{2\pi}{\hbar} \sum_f \left| \left\langle f \left| \hat{V} \right| \Psi_{\text{BCS}} \right\rangle \right|^2 \delta(\hbar\omega - E_f)$$

Interaction: $\hat{V} = V_0 \sum_k c_{k3}^\dagger c_{k\uparrow} + c_{k\uparrow}^\dagger c_{k3}$

Insert quasiparticle operators: $c_{k\uparrow} = u_k \gamma_{k\uparrow} + v_k \gamma_{-k\downarrow}^\dagger$

Act on BCS-state: $c_{k3}^\dagger c_{k\uparrow} |\Psi_{\text{BCS}}\rangle = v_k c_{k3}^\dagger \gamma_{-k\downarrow}^\dagger |\Psi_{\text{BCS}}\rangle$

And thus: $\hat{V} |\Psi_{\text{BCS}}\rangle = V_0 \sum_k v_k c_{k3}^\dagger \gamma_{-k\downarrow}^\dagger |\Psi_{\text{BCS}}\rangle$

Radiofrequency spectroscopy

Fermi's Golden Rule:

$$\Gamma(\omega) \equiv \frac{2\pi}{\hbar} \sum_f \left| \left\langle f \left| \hat{V} \right| \Psi_{\text{BCS}} \right\rangle \right|^2 \delta(\hbar\omega - E_f)$$

Possible final states: $|k\rangle \equiv c_{k3}^\dagger \gamma_{-k\uparrow} |\Psi_{\text{BCS}}\rangle$

RF Photon provides: $\hbar\Omega(k) = \hbar\omega_{\uparrow 3} + E_k + \epsilon_k - \mu$

Invert: $\hbar\Omega(k) = \hbar\omega_{\uparrow 3} + E_k + \epsilon_k - \mu$ to get ϵ_k in terms of ω

Then: $\delta(\hbar\omega - \hbar\Omega(k)) = \frac{1}{\hbar} \frac{d\epsilon_k}{d\Omega} \delta(\epsilon_k - \epsilon(\omega))$

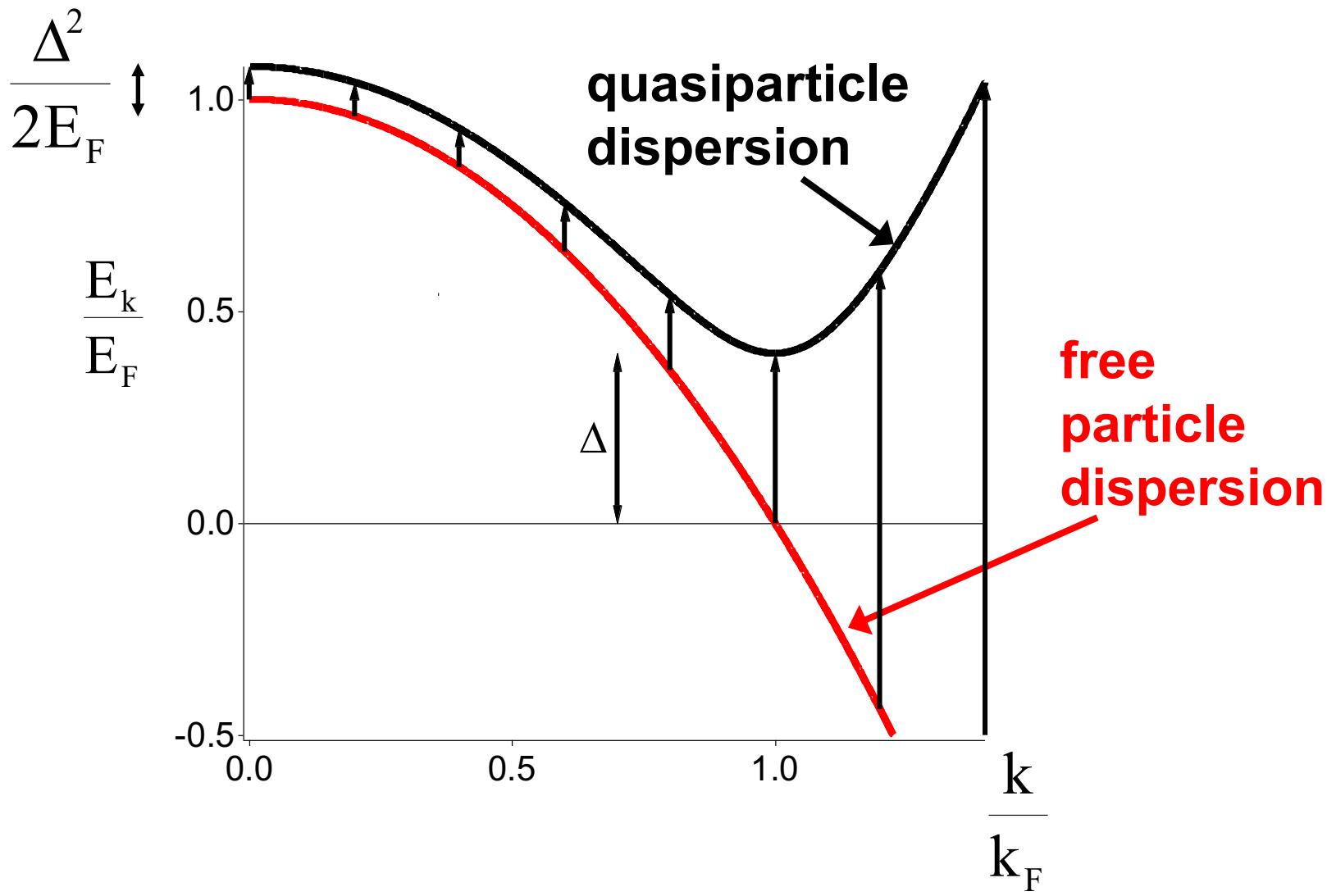
But: $\frac{d\Omega}{d\epsilon_k} = \frac{\xi_k}{E_k} + 1 = 2u_k^2$

And the final RF spectrum becomes:

$$\Gamma(\omega) = \frac{\pi}{\hbar} V_0^2 \rho(\epsilon_k) \left. \frac{v_k^2}{u_k^2} \right|_{\epsilon_k=\epsilon(\omega)} = \pi N_p V_0^2 \rho(\epsilon_k) |\varphi_k|^2 \Big|_{\epsilon_k=\epsilon(\omega)}$$

Radiofrequency spectroscopy

$$\hbar\Omega = \hbar\omega_{\uparrow 3} + E_k - (\mu - \varepsilon_k)$$



$$\Gamma(\omega) = \pi N_p V_0^2 \rho(\epsilon_k) |\varphi_k|^2 \Big|_{\epsilon_k=\epsilon(\omega)}$$

$$\hbar\omega_{\text{th}} = \sqrt{\mu^2 + \Delta^2} - \mu \rightarrow \begin{cases} \frac{\Delta^2}{2E_F} & \text{in the BCS-limit} \\ 0.31E_F & \text{on resonance} \\ |E_B| = \frac{\hbar^2}{ma^2} & \text{in the BEC-limit} \end{cases}$$

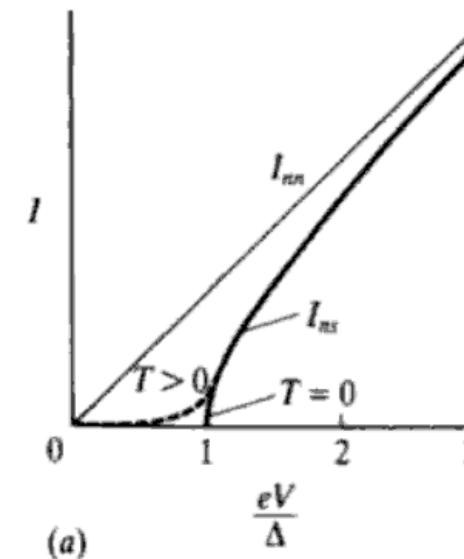
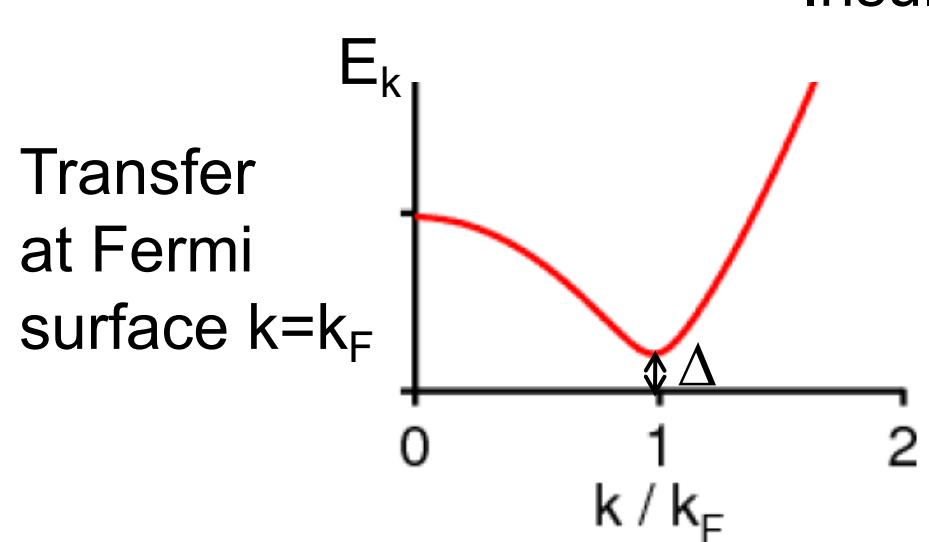
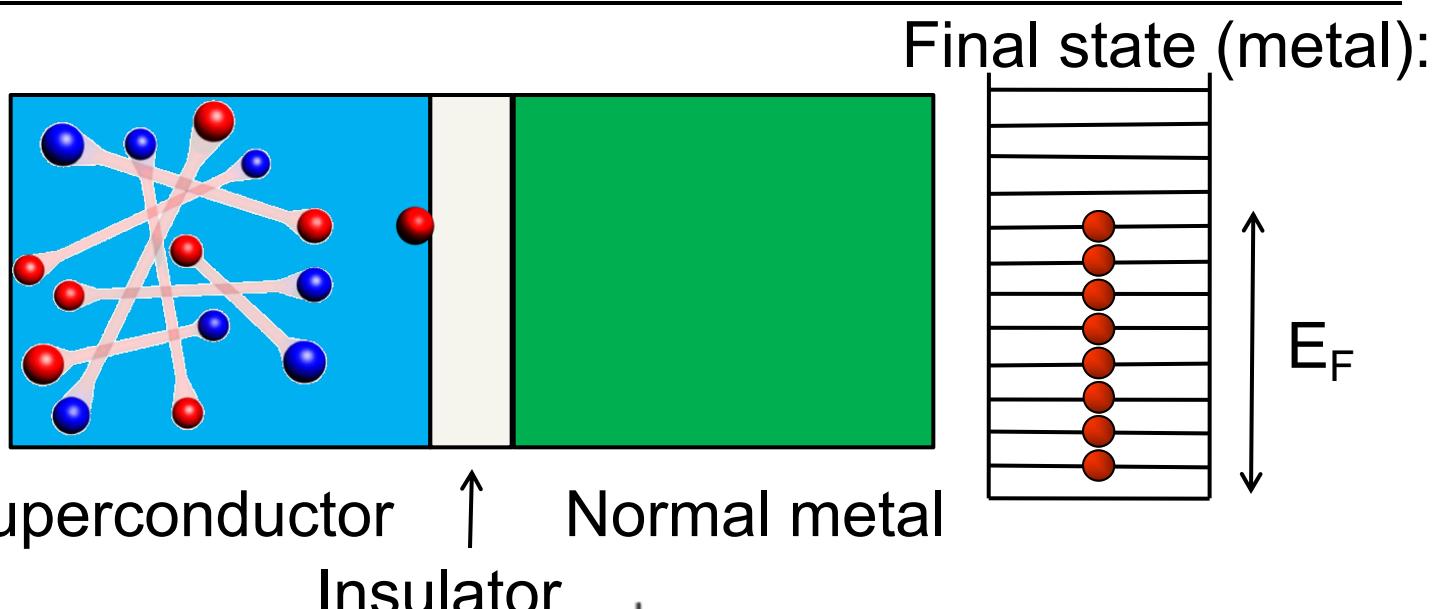
Explicitely:

$$\Gamma(\omega) = \frac{3\pi}{4\sqrt{2}\hbar} \frac{N V_0^2 \Delta^2}{E_F^{3/2}} \frac{\sqrt{\hbar\omega - \hbar\omega_{\text{th}}}}{\hbar^2\omega^2} \sqrt{1 + \frac{\omega_{\text{th}}}{\omega} + \frac{2\mu}{\hbar\omega}}$$

BEC-limit:

$$\Gamma_{\text{BEC}}(\omega) = \frac{4}{\hbar} N_M V_0^2 \sqrt{|E_B|} \frac{\sqrt{\hbar\omega - |E_B|}}{\hbar^2\omega^2}$$

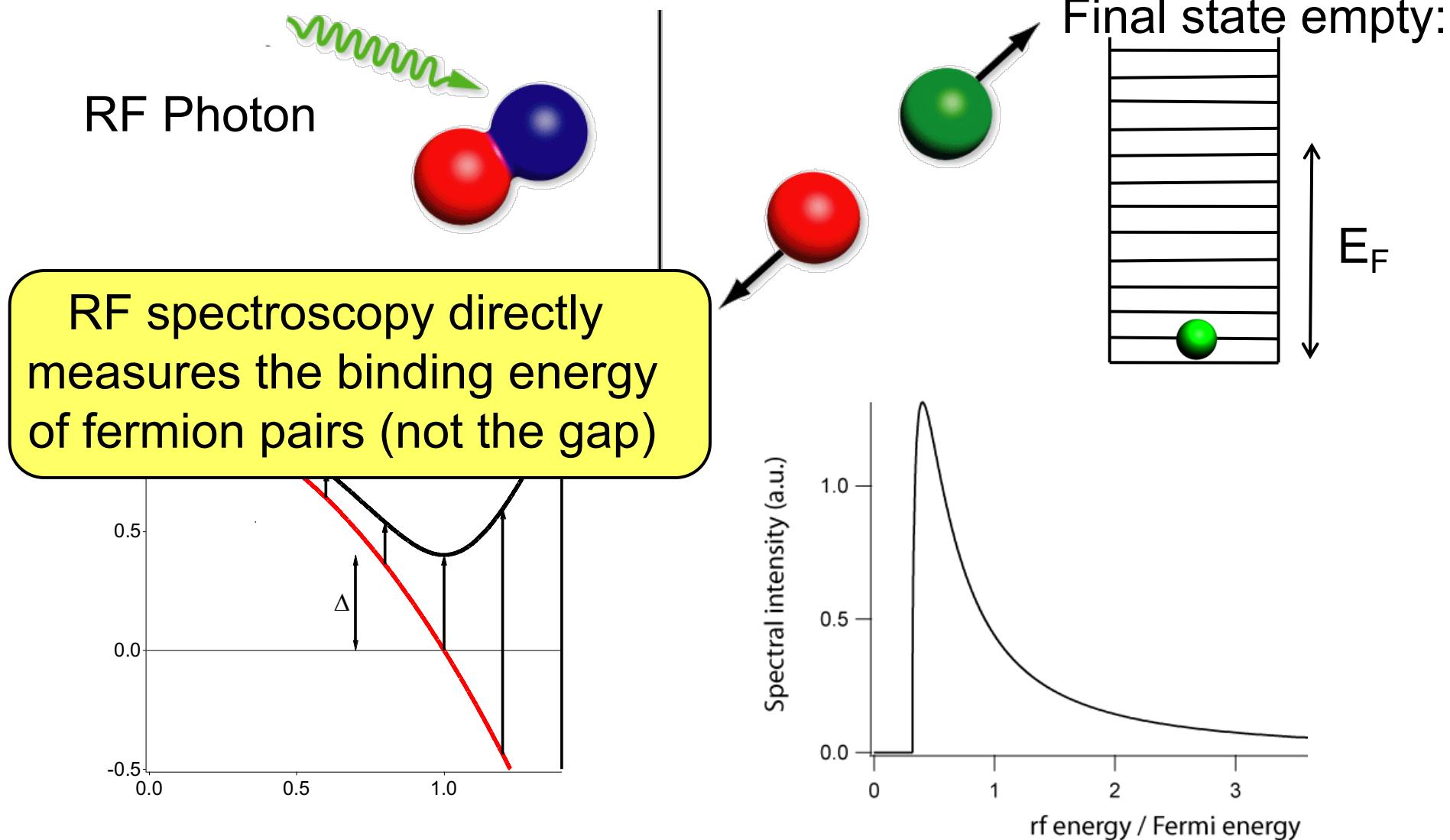
Connection to tunneling experiments



Onset at: $eV = \Delta$

Source: Tinkham,
Introduction to Superconductivity

Connection to tunneling experiments

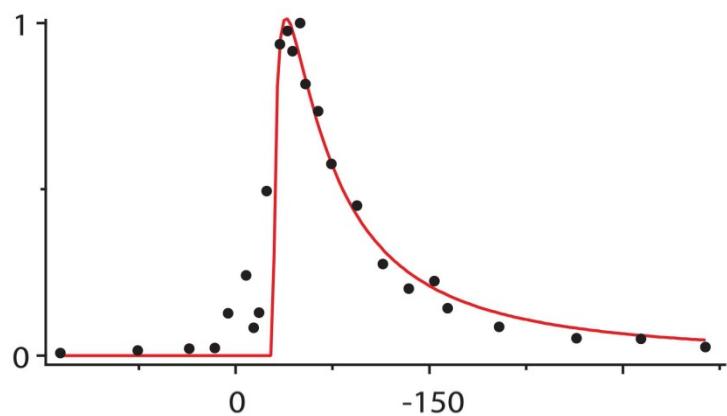


BCS limit, onset at:

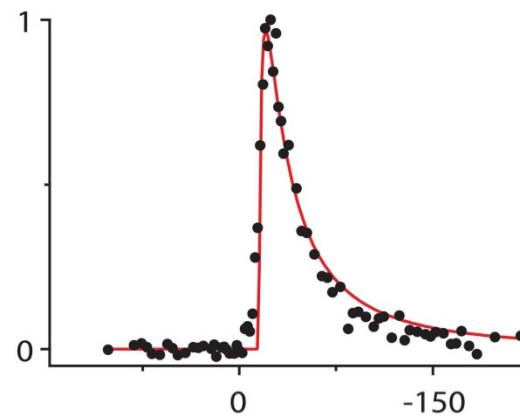
$$\hbar\omega - \hbar\omega_0 = \frac{\Delta^2}{2E_F}$$

Rf Spectra in the BEC-BCS Crossover

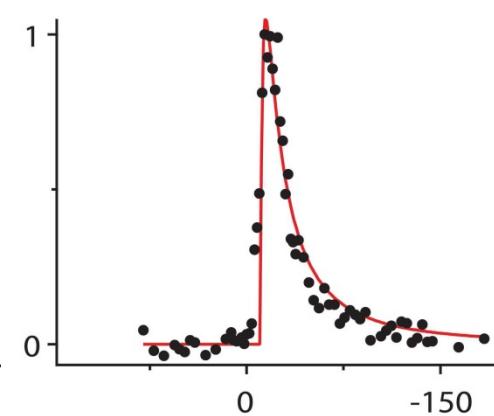
BEC



Unitarity



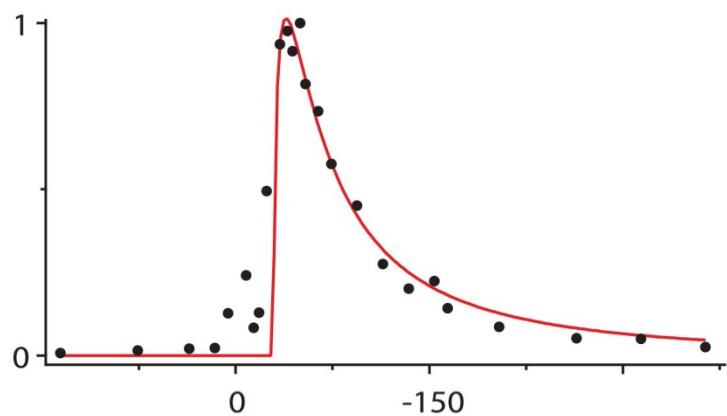
BCS



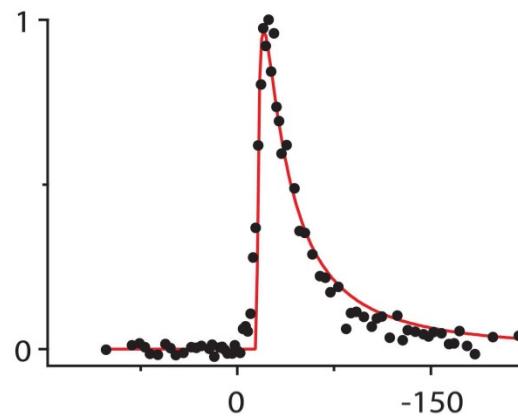
- Determine binding energy spectroscopically
- Infer size of the pairs at unitarity:
about half the interparticle spacing

Rf Spectra in the BEC-BCS Crossover

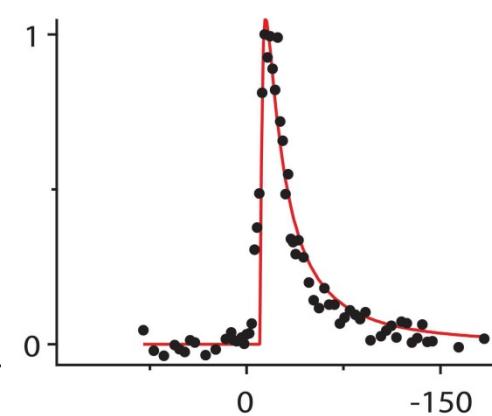
BEC



Unitarity

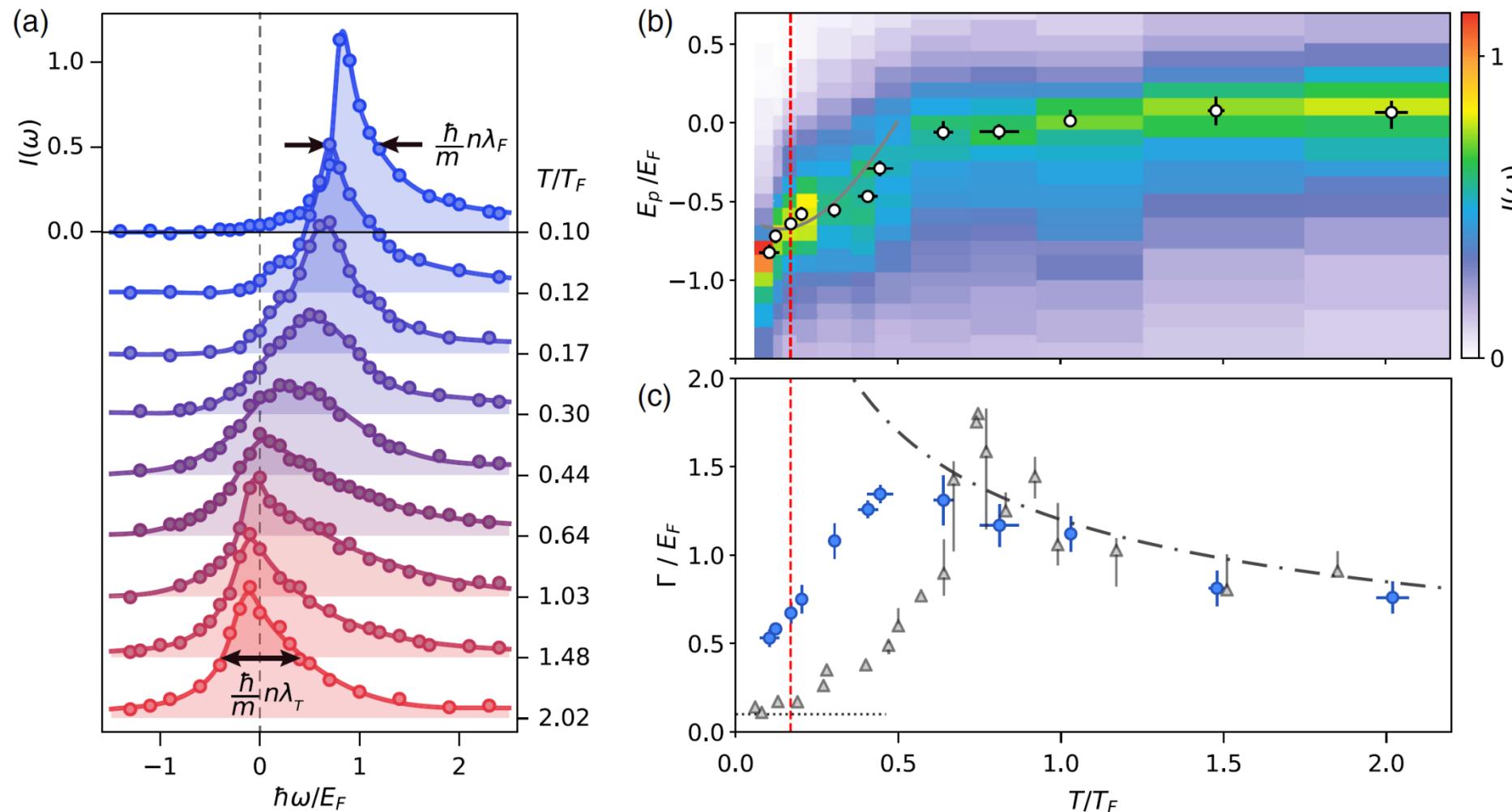


BCS



- Determine binding energy spectroscopically
- Infer size of the pairs at unitarity:
about half the interparticle spacing

Homogeneous spectra of balanced gas



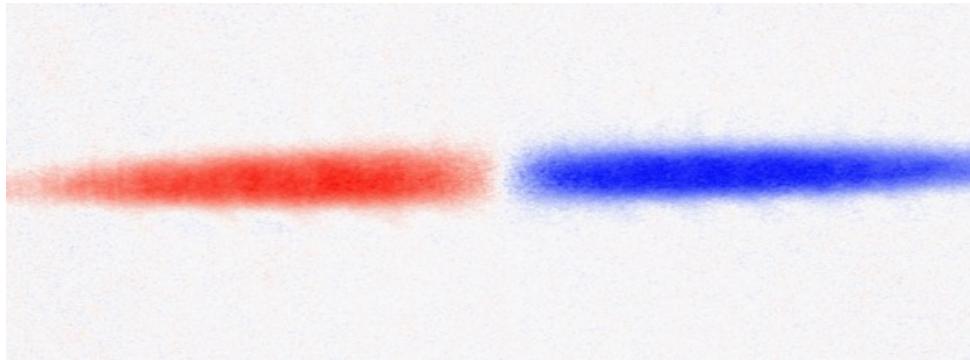
A single peak at all temperatures

B. Mukherjee, P. Patel, Z. Yan, R. Fletcher,
J. Struck, MZ, PRL 122, 203402 (2019)

Trapped spectra show double peaks:
C. Chin et al., Grimm group, Science 2005

Transport in Strongly Interacting Systems

e.g. Unitary Gas @ Feshbach Resonance



Mean free path \sim Interparticle spacing d

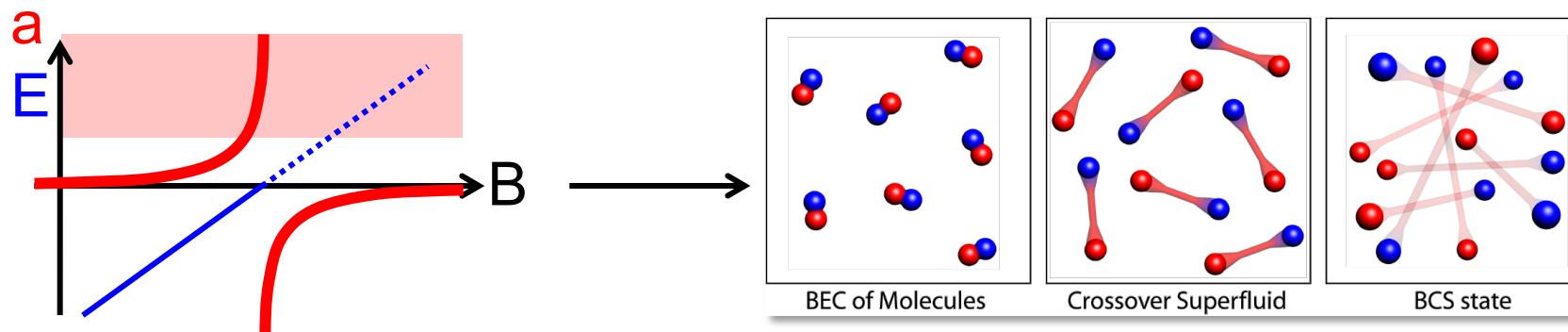
Average velocity $v \sim \frac{\hbar}{md}$

Quantum Limit of Diffusion (charge, spin, momentum, thermal)

$$D \sim vl \sim \frac{\hbar}{m}$$

Sound in strongly interacting Fermi Gases

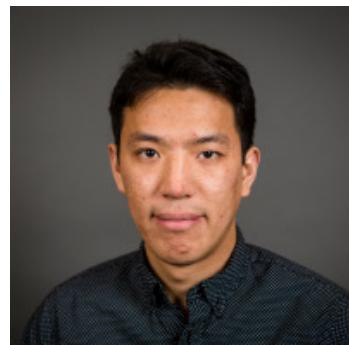
Feshbach Resonances \rightarrow e.g. BEC-BCS Crossover



Quantum Gases \rightarrow Quantum Fluids



Parth
Patel



Zhenjie
Yan



Biswaroop
Mukherjee

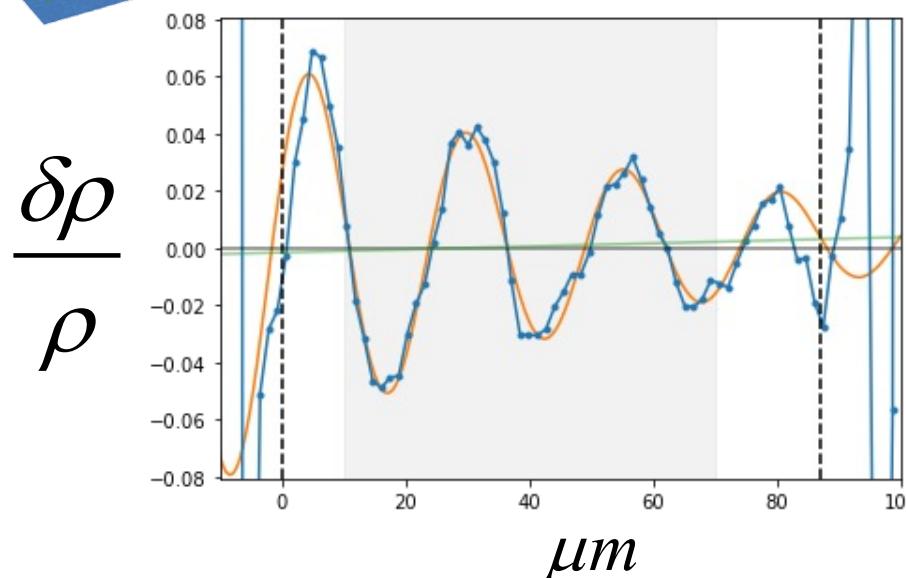
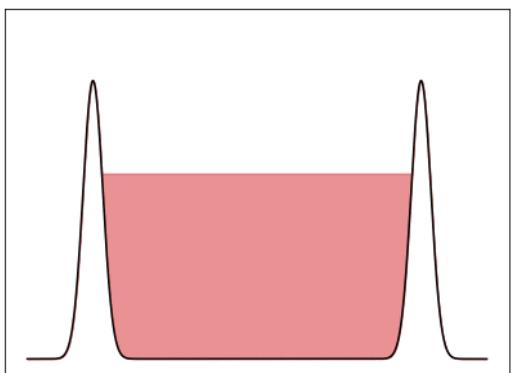
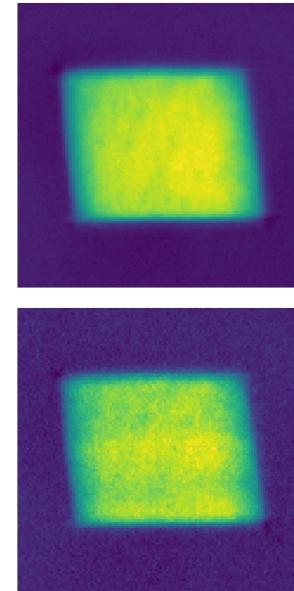
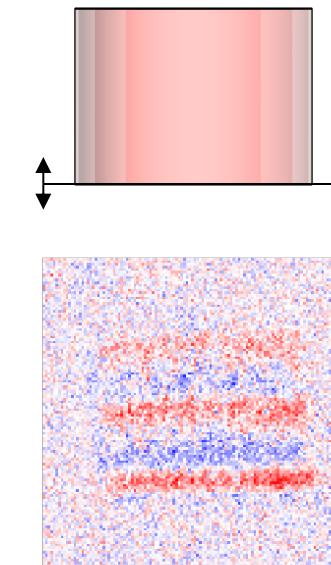
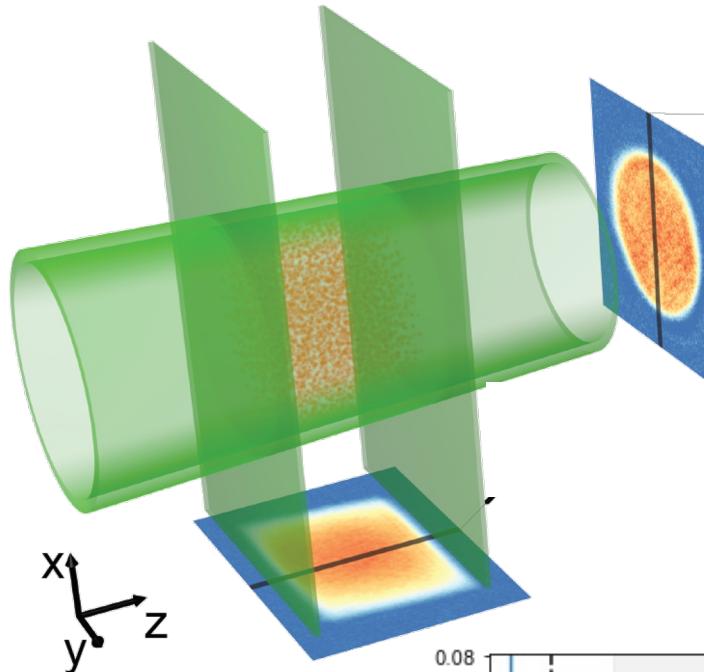


Dr. Richard
Fletcher



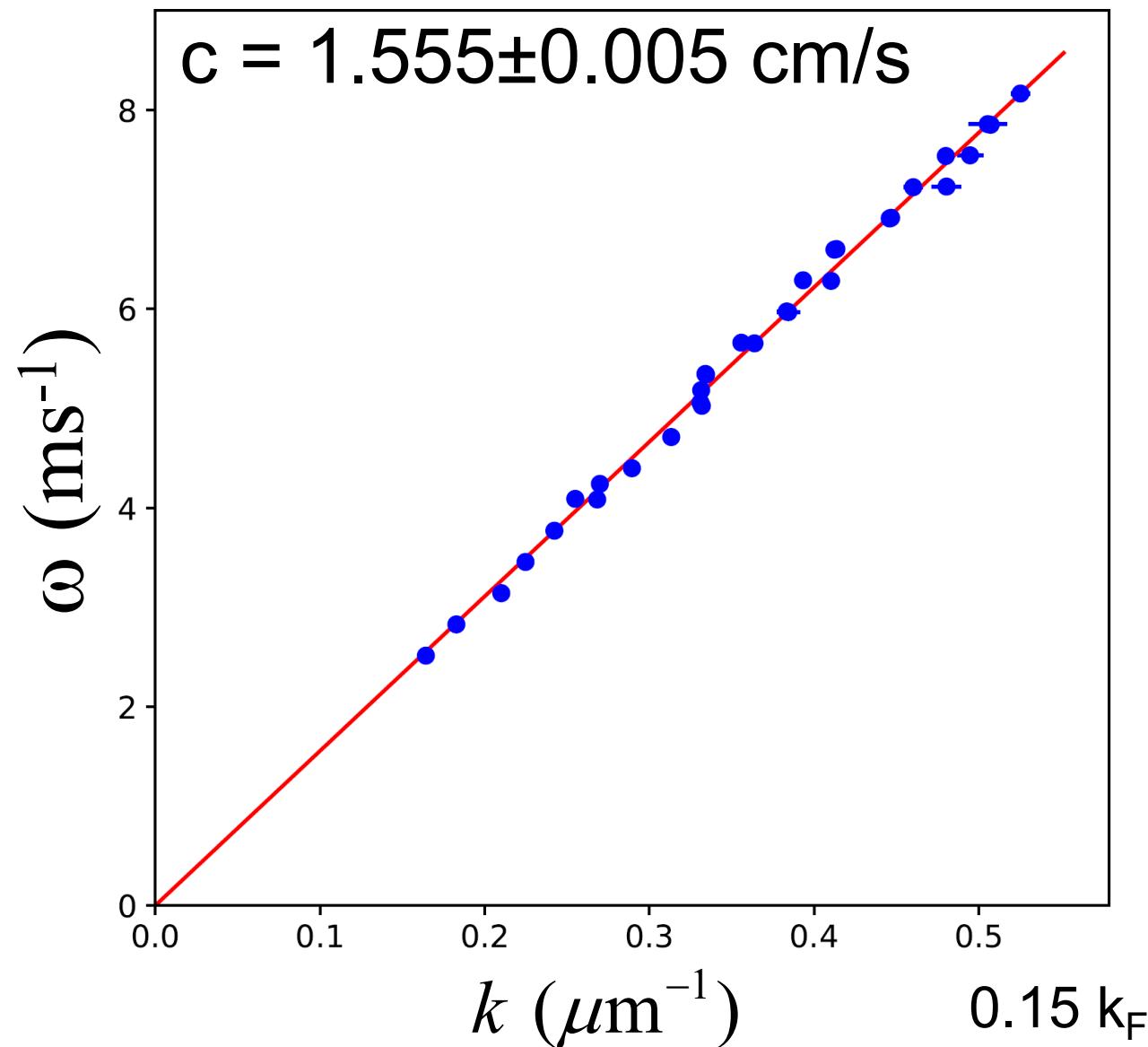
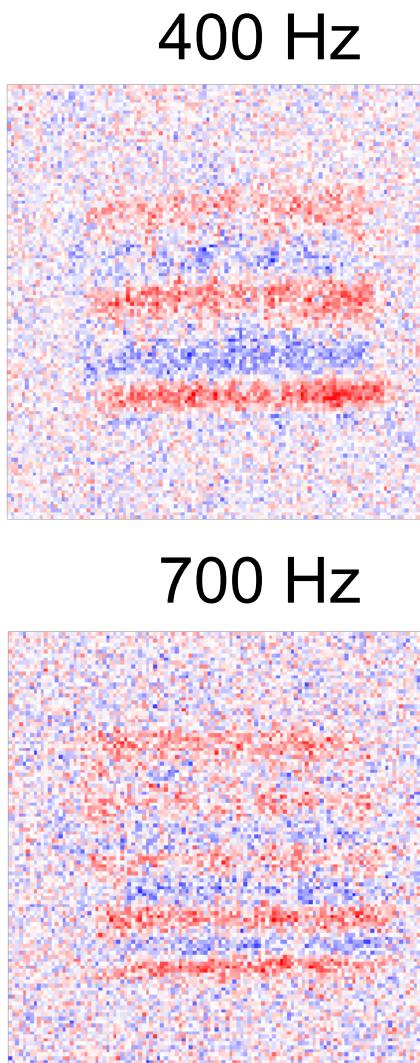
Dr. Julian
Struck

Creating Sound Waves in a Box



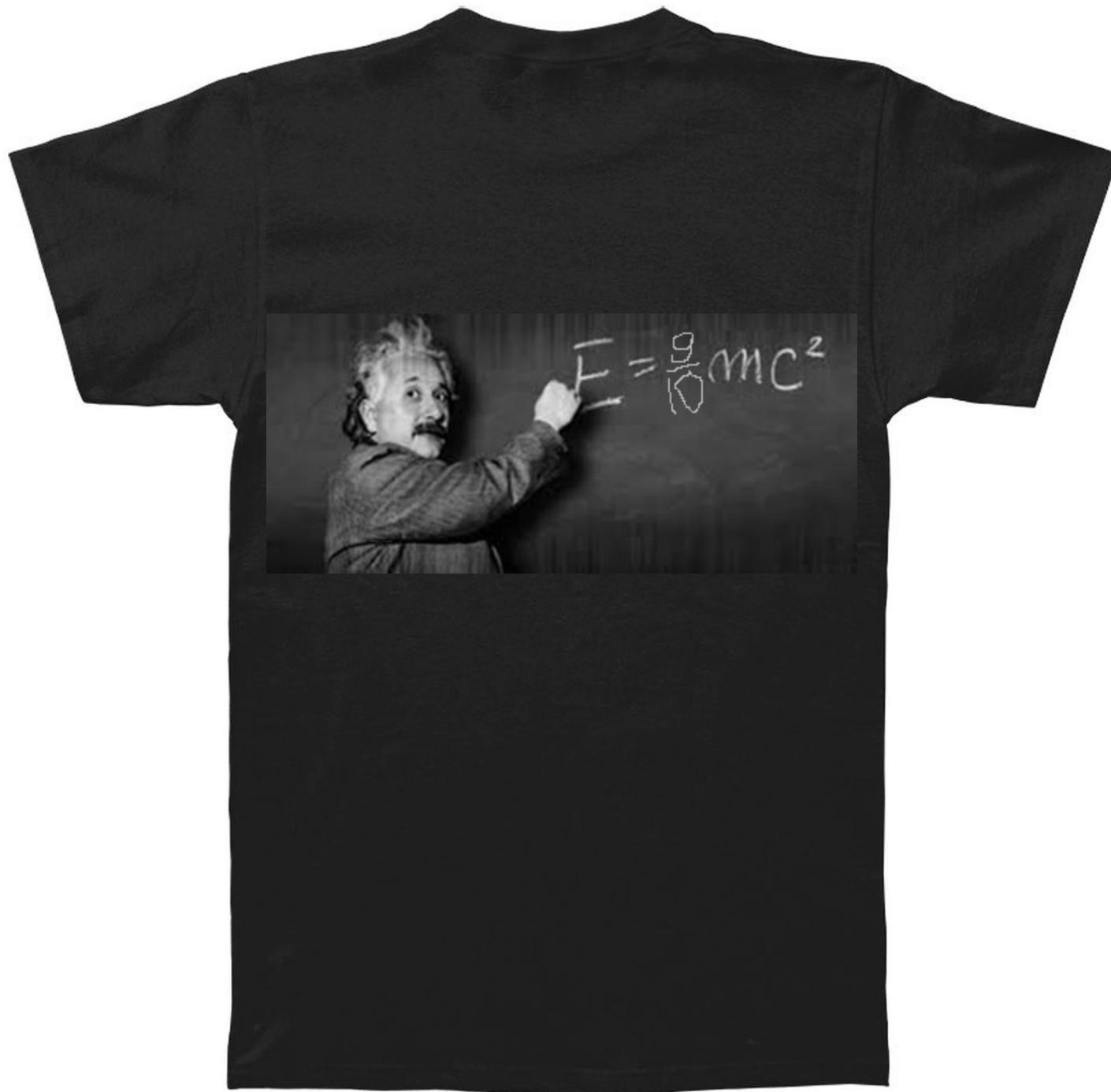
See also: 2D Bose gas, ENS (Dalibard),
3D Bose gas, Cambridge (Hadzibabic), Fermi gas, NCState (Thomas), 2D Fermi Gas, Hamburg (Moritz)

Dispersion relation



$$E = \frac{9}{10} m c^2$$

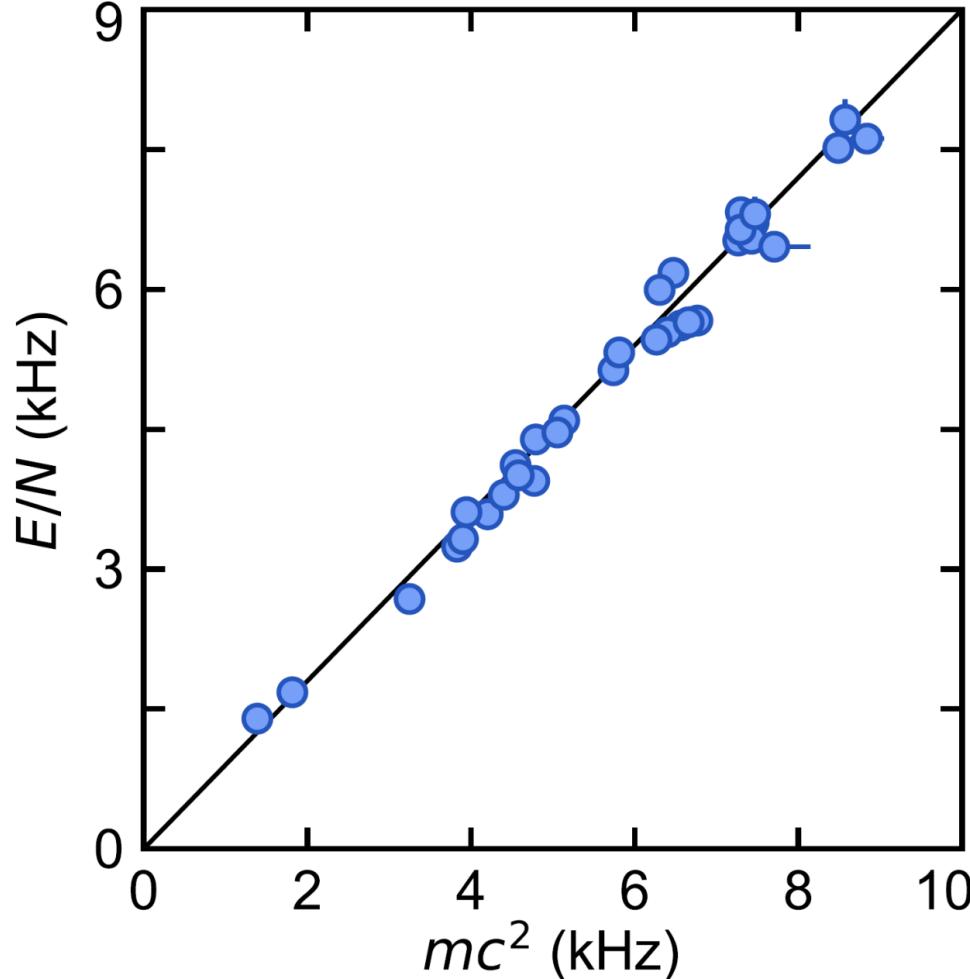
?



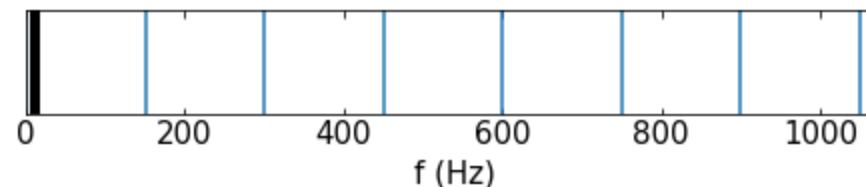
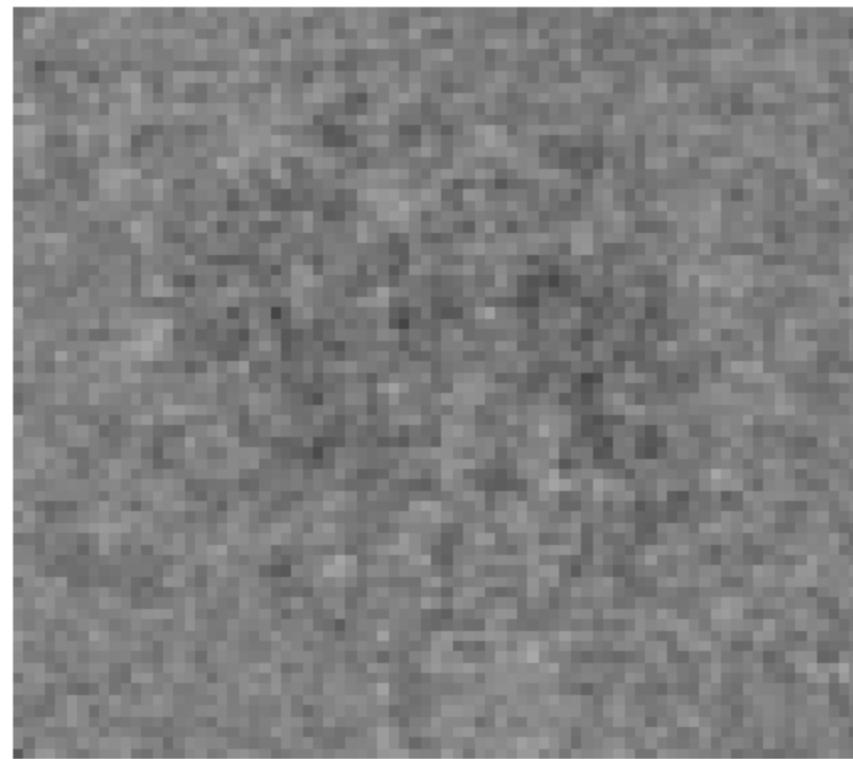
$$E = \frac{9}{10} m c^2$$

At unitarity:

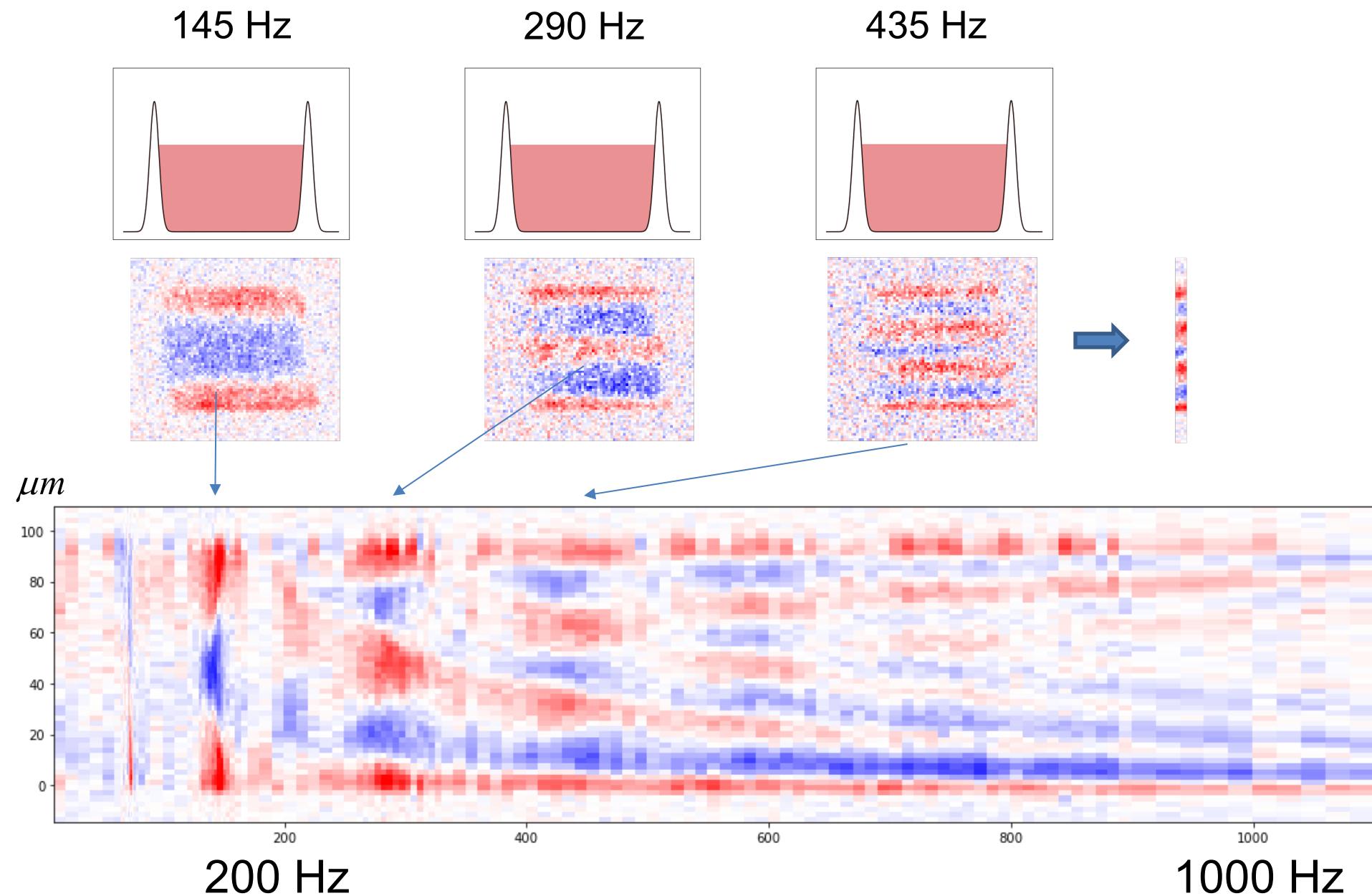
$$mc^2 = \frac{\partial p}{\partial n} \Big|_S = f(s) \frac{\partial p_0}{\partial n} \Big|_S = \frac{5}{3} \frac{p}{n} = \frac{10}{9} \frac{E}{N}$$



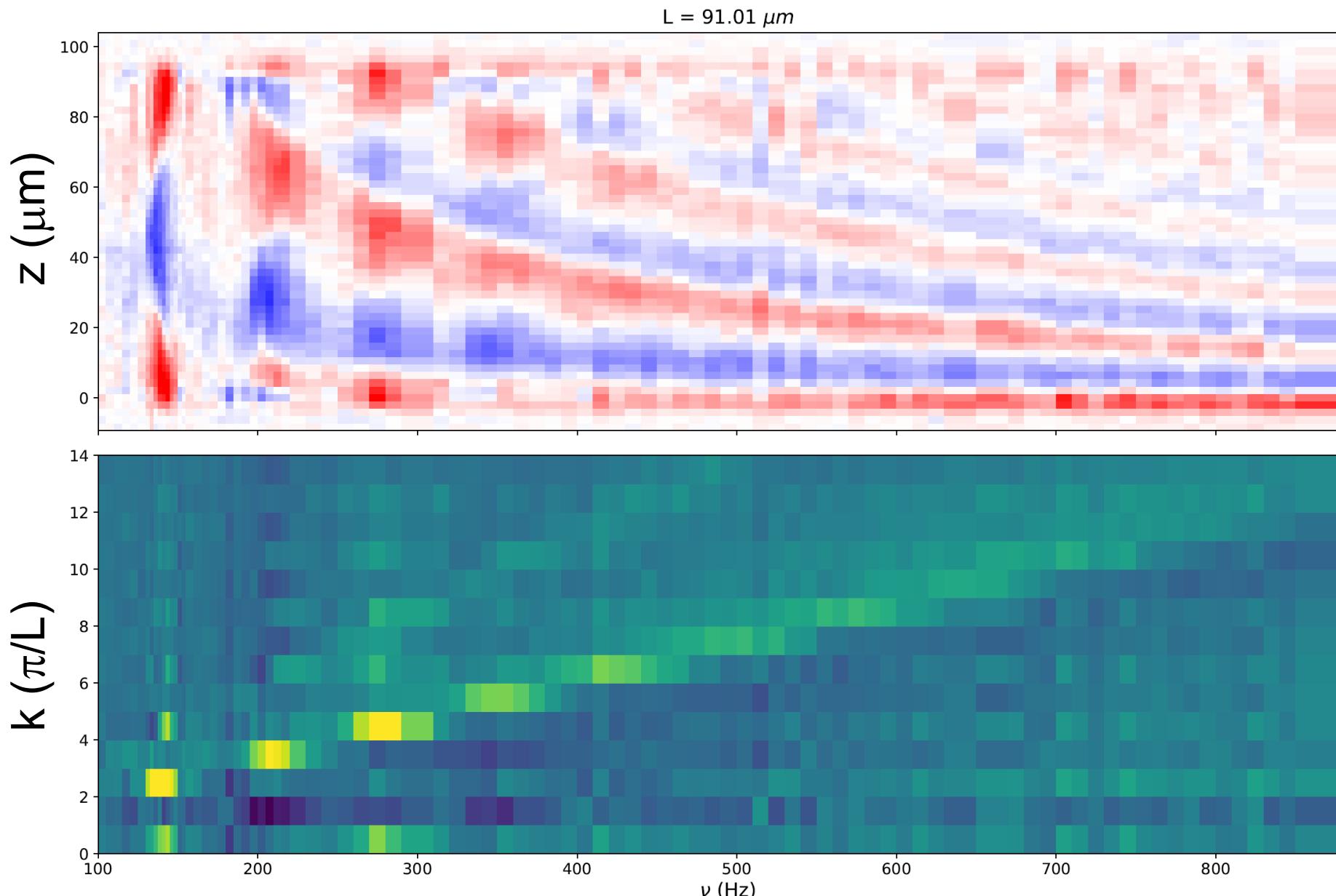
Resonant Modes



Resonant Modes



One-sided shaking: Even and odd

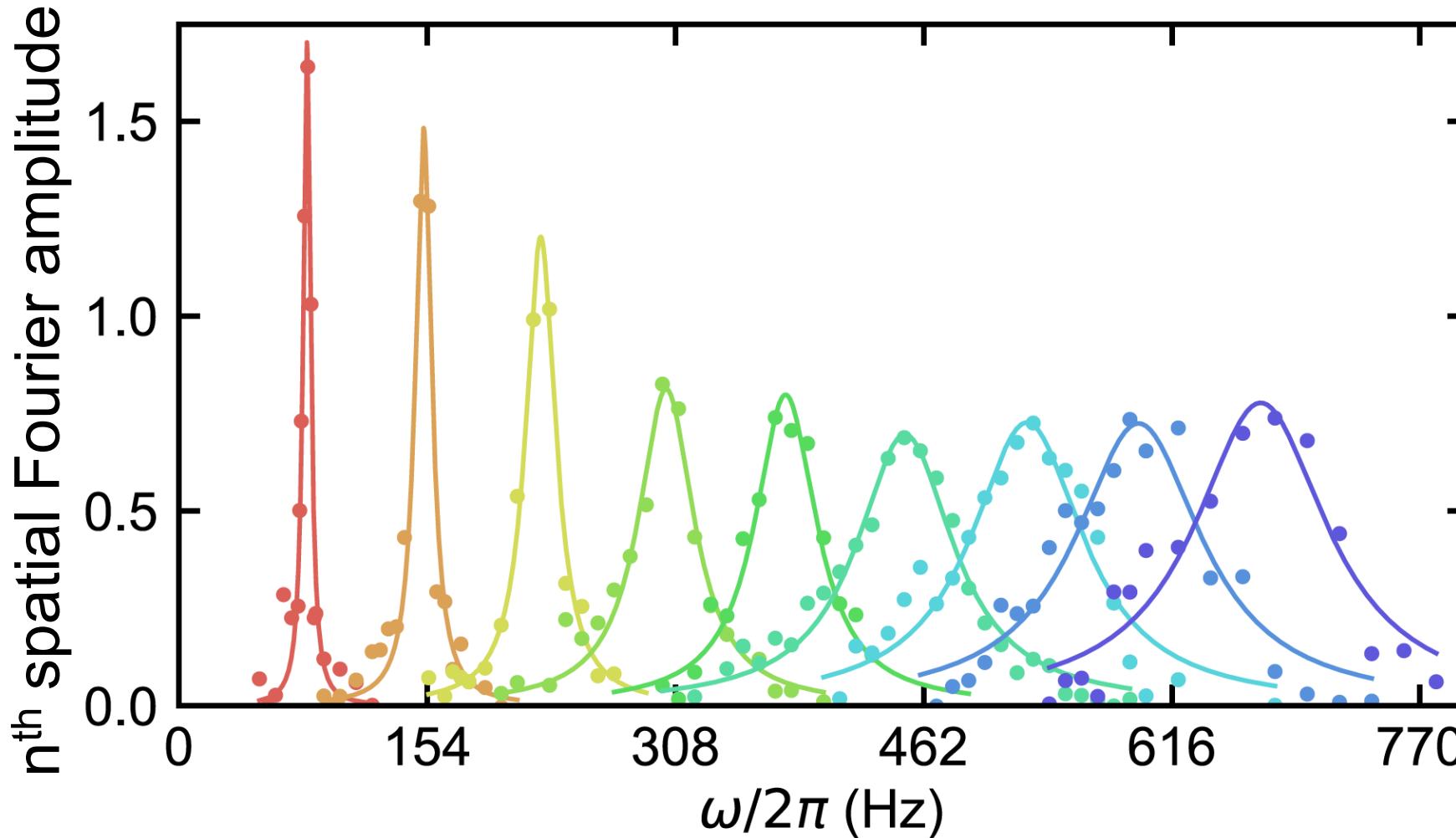


Unitary Hydrodynamics

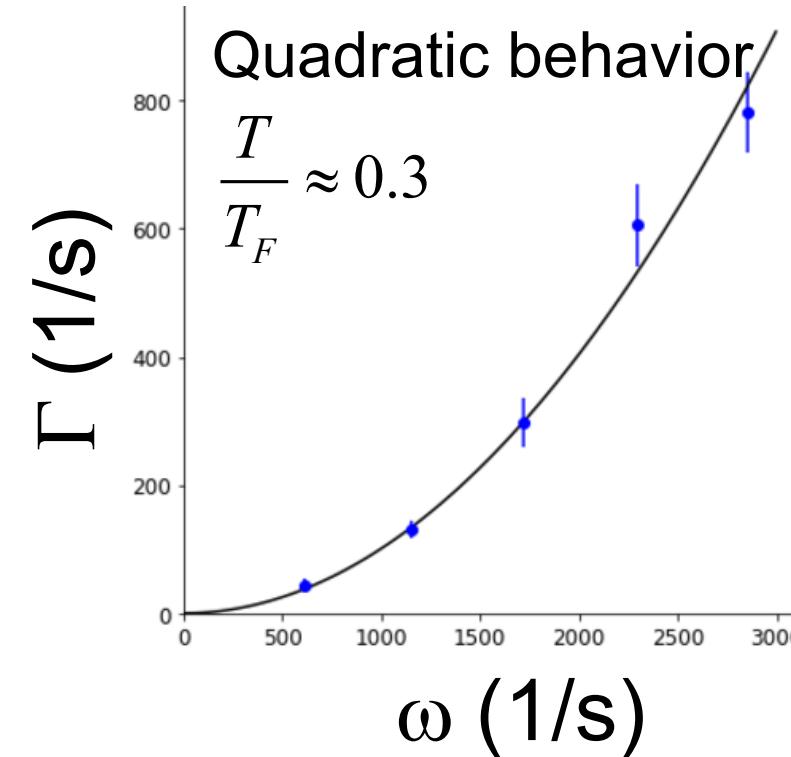
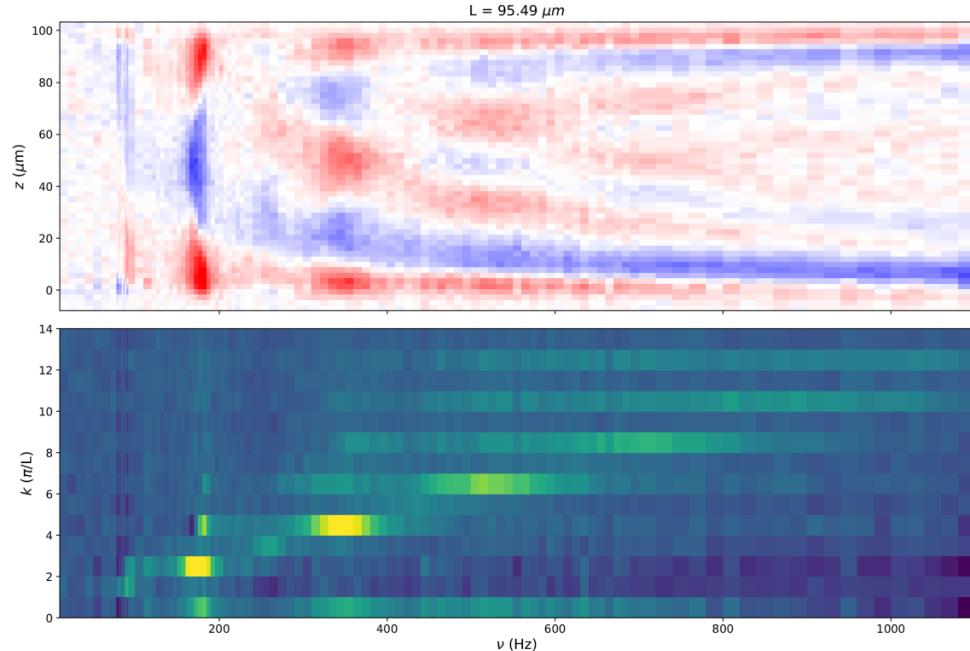
Mass	$\frac{\partial \rho}{\partial t} + \frac{\partial j}{\partial z} = 0$	Continuity equation
Momentum	$\frac{\partial j}{\partial t} + \frac{\partial p}{\partial z} = \frac{4}{3} \eta \frac{\partial^2 v}{\partial^2 z}$	Navier-Stokes equation viscosity damps fluid
	No bulk viscosity (ζ) due to scale invariance	
Heat	$\frac{\partial s}{\partial t} + \frac{\partial (vs)}{\partial z} = \frac{\kappa}{T} \frac{\partial^2 T}{\partial^2 z}$	thermal conduction increases entropy
Sound Diffusivity <i>due to viscosity & thermal conductivity</i>	$D = \frac{4}{3} \frac{\eta}{\rho} + \frac{4}{15} \frac{\kappa T}{P}$	
Dispersion relation	$\omega^2 = c^2 k^2 + i \omega D k^2$	
Damping rate:	$\Gamma = D k^2$	

Sound resonances

A direct measurement of the density response function



Sound Diffusivity from Sonogram Peaks



$$D = 2.1 \frac{\hbar}{m}$$

Quantum limited sound diffusion

Spin diffusion: Sommer et al., MIT 2011

Viscosity: Schaefer, Thomas (e.g. Science 2011)

Theory: Enss, Haussmann, Zwerger, Taylor, Randeria et al.

Viscosity of Superfluid Helium-4

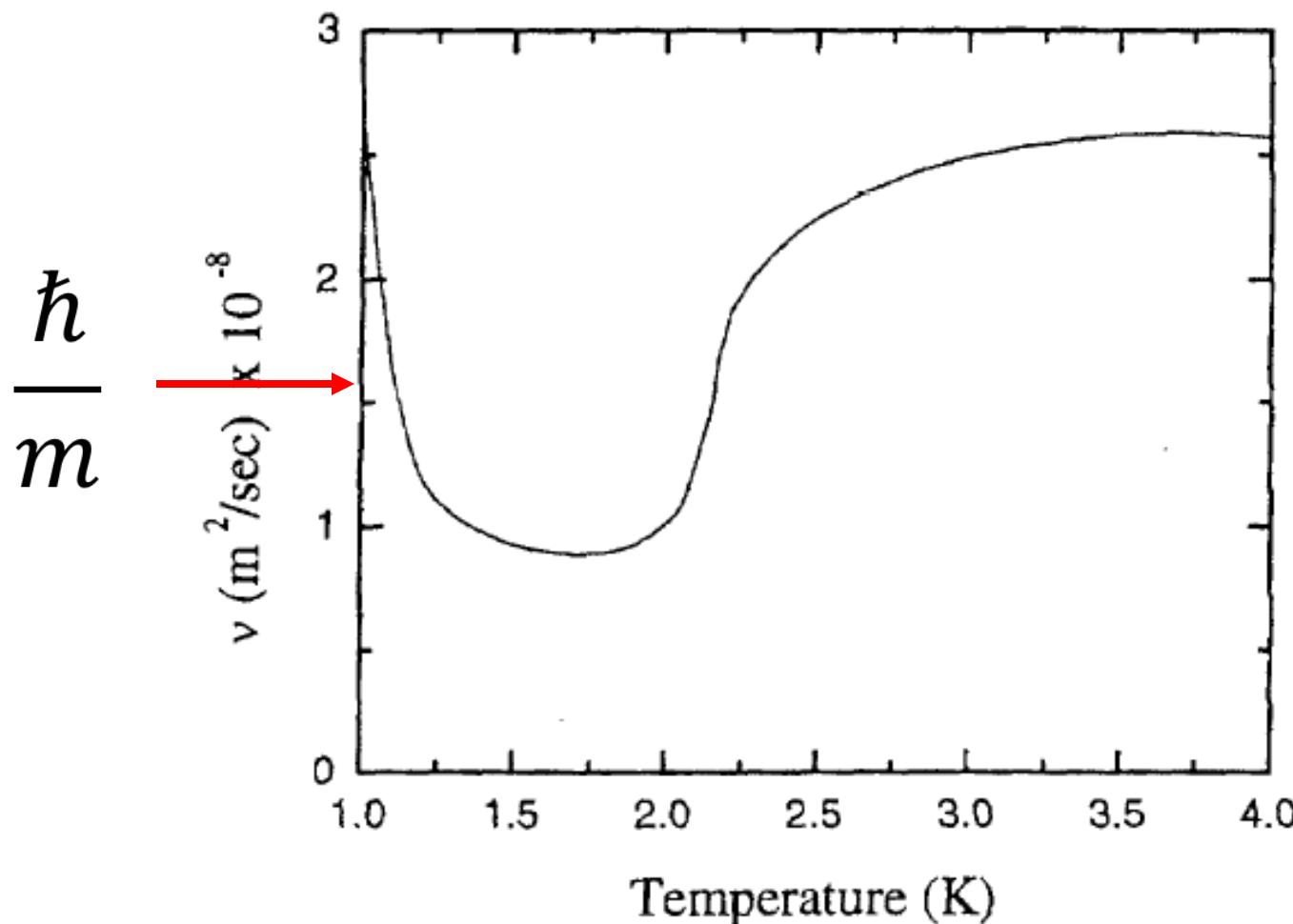
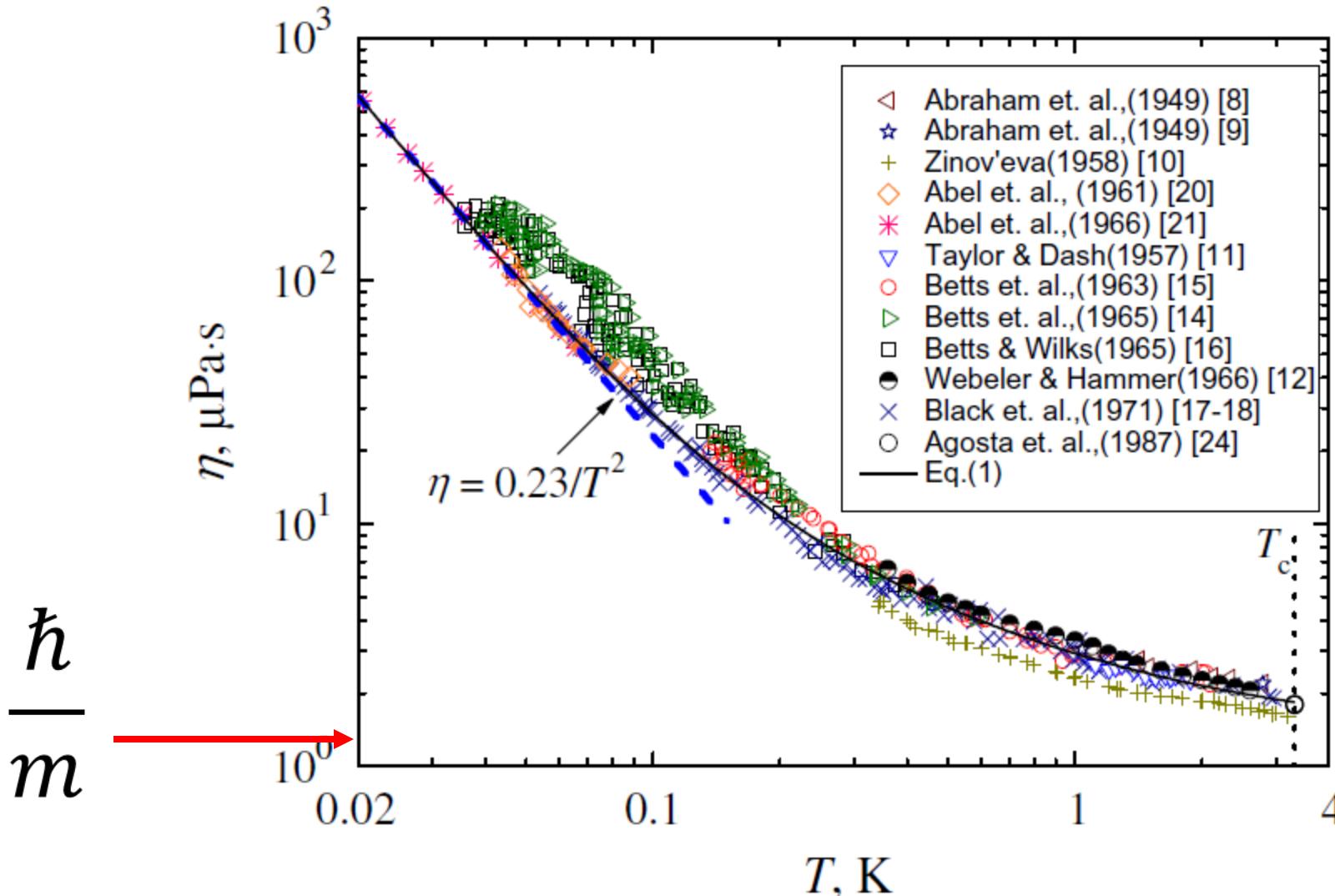


FIG. 12.3. The recommended values of the kinematic viscosity of liquid ${}^4\text{He}$, $\nu = \eta/\rho$, as a function of temperature at the saturated vapor pressure.

From: Donnelly, Barenghi, JPC Reference Data, 1998

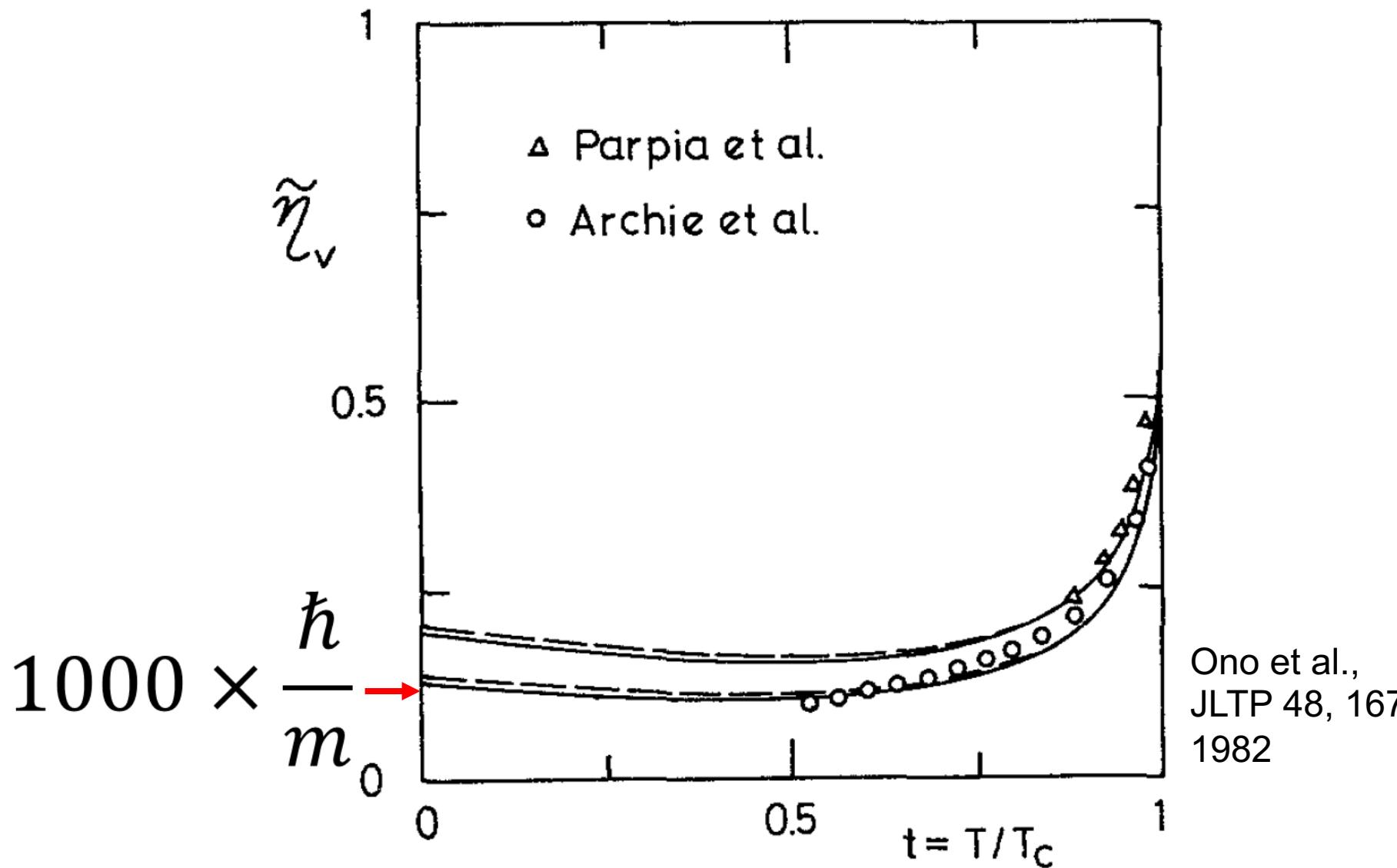
Viscosity of Superfluid Helium-3

Helium-3 above T_c : Fermi Liquid behavior

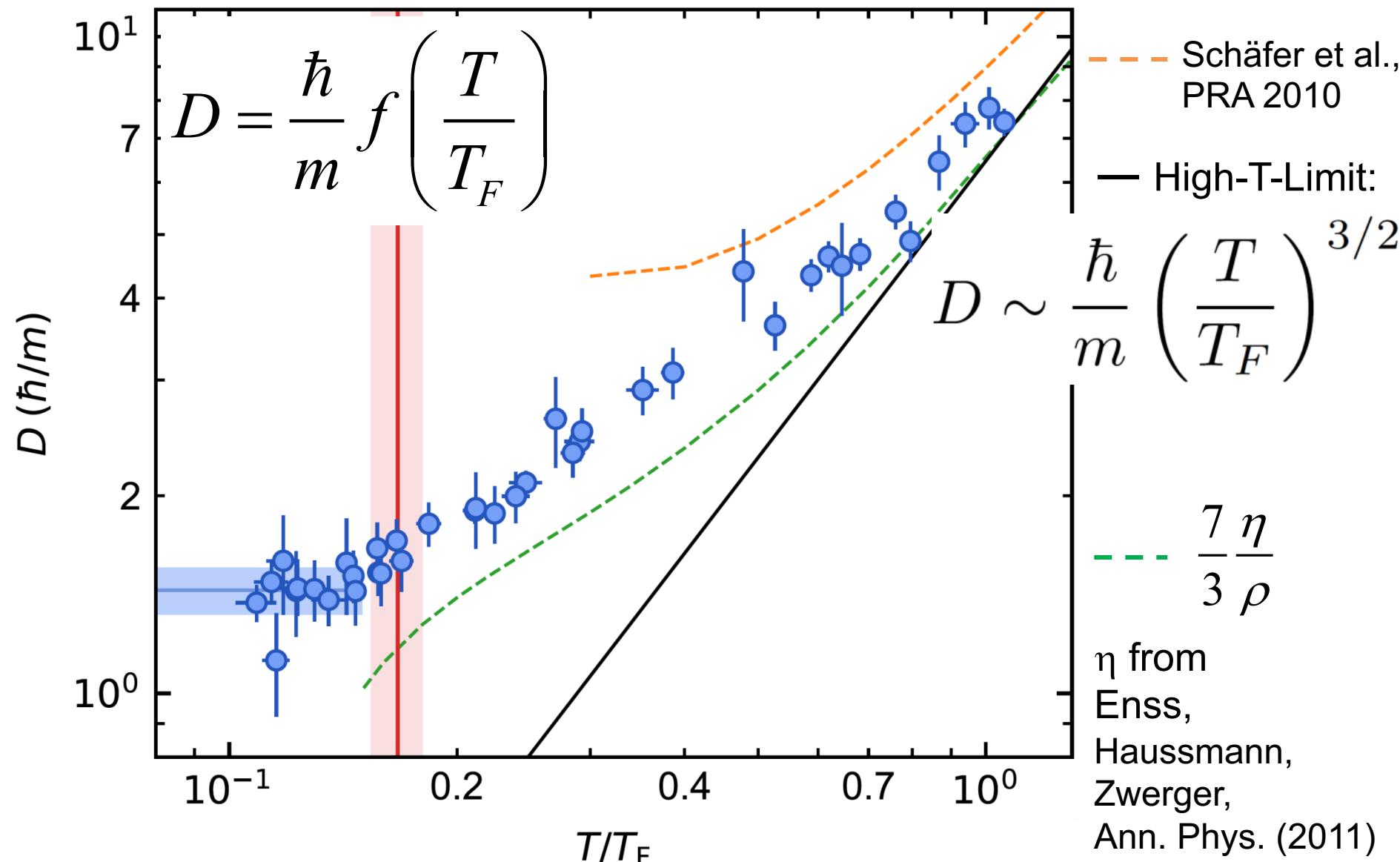


Viscosity of Superfluid Helium-3

Helium-3 below T_c : Sudden decrease, then constant



Quantum Limited Sound Diffusion



Unitary Two-Fluid Hydrodynamics

For 1D flow, linearized:



Laszlo Tisza

$$\frac{\partial \rho}{\partial t} + \frac{\partial j}{\partial z} = 0$$

Continuity equation

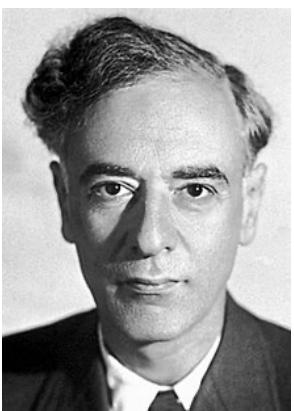
$$\frac{\partial j}{\partial t} + \frac{\partial p}{\partial z} = \frac{4}{3} \eta \frac{\partial^2 v_n}{\partial^2 z}$$

Navier-Stokes eq.
viscosity

damps normal fluid

$$\frac{\partial s}{\partial t} + \frac{\partial(v_n s)}{\partial z} = \frac{\kappa}{T} \frac{\partial^2 T}{\partial^2 z}$$

Entropy moving
with normal fluid,
thermal conduction
increases entropy



Lev Landau

Superfluid flow:

bulk viscosity

$$\frac{\partial v_s}{\partial t} + \frac{\partial \mu/m}{\partial z} = \rho_s \zeta_3 \frac{\partial^2(v_s - v_n)}{\partial^2 z}$$

normal-superfluid
interconversion

No other transport coefficients ($\zeta_1, \zeta_2, \zeta_4$)

due to scale invariance (Son, Stringari&Pitaevskii)

+Thermodynamics relating p, ρ, T, s, μ

First and Second Sound

Two fluids → Two sound modes

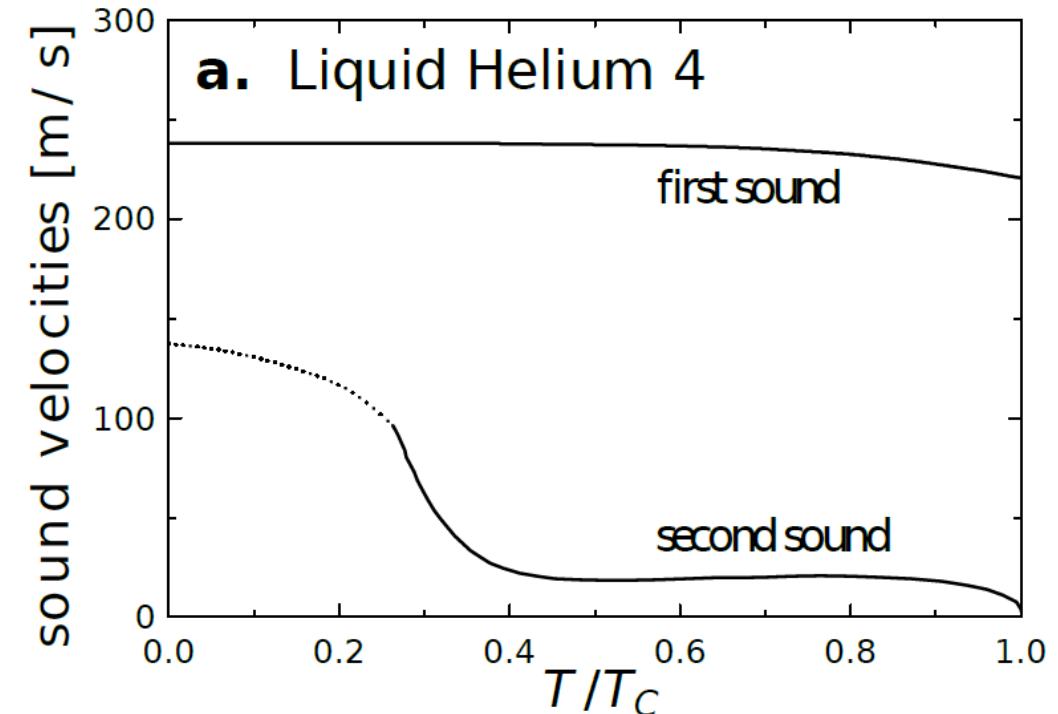
Review: *Stringari&Pitaevskii*
arXiv:1510.01306

For small expansivity: Density and Heat

$$c_{10}^2 = \left. \frac{\partial p}{\partial \rho} \right|_{S,N} = \frac{1}{\rho \kappa_s}$$

First sound, a density wave
normal and superfluid
oscillate in phase

$$c_{20}^2 = \left. \frac{\rho_s}{\rho_n} \frac{\partial T}{\partial \sigma} \right|_{\rho} \frac{\sigma^2}{\gamma} = \frac{\rho_s}{\rho_n} \frac{\sigma^2 T}{c_p}$$

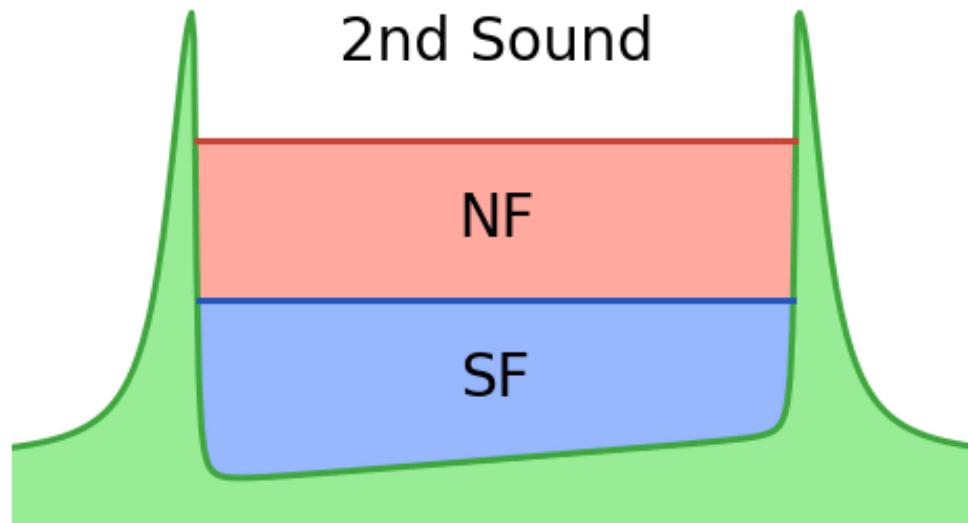


Second sound, a heat wave,
normal and superfluid oscillate out of phase

Second sound in a box

(Isentropic) expansivity at unitarity $-\frac{1}{\rho} \frac{\partial \rho}{\partial T} \Big|_S = -\frac{3}{2} \frac{1}{T}$ always non-zero
→ Can drive temperature wave using potential acting on density

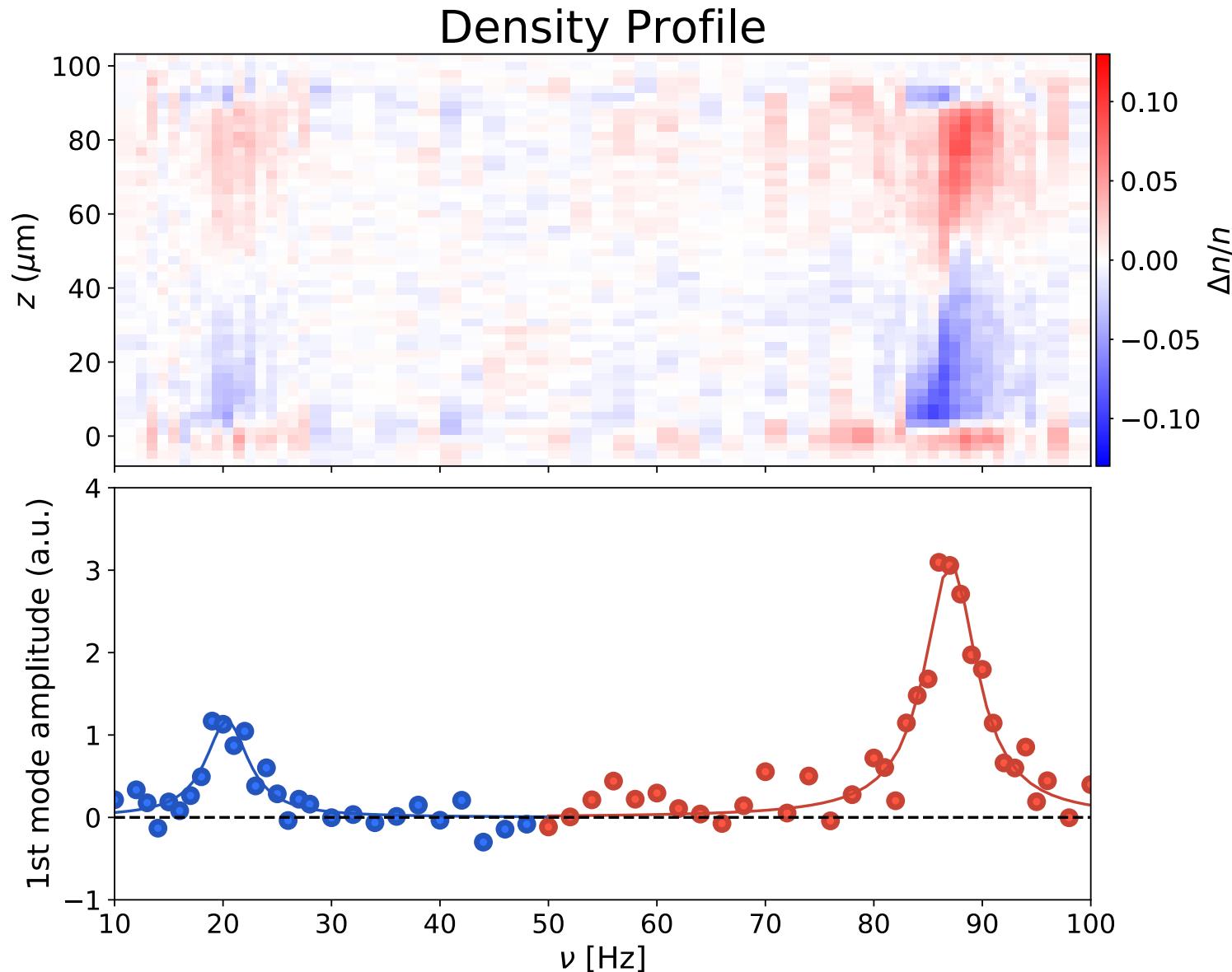
Apply oscillating gradient to the box



Observation of Second Sound in Quasi-1D geometry:
Sidorenkov et al., Grimm, Stringari&Piatevskii, Nature 2013

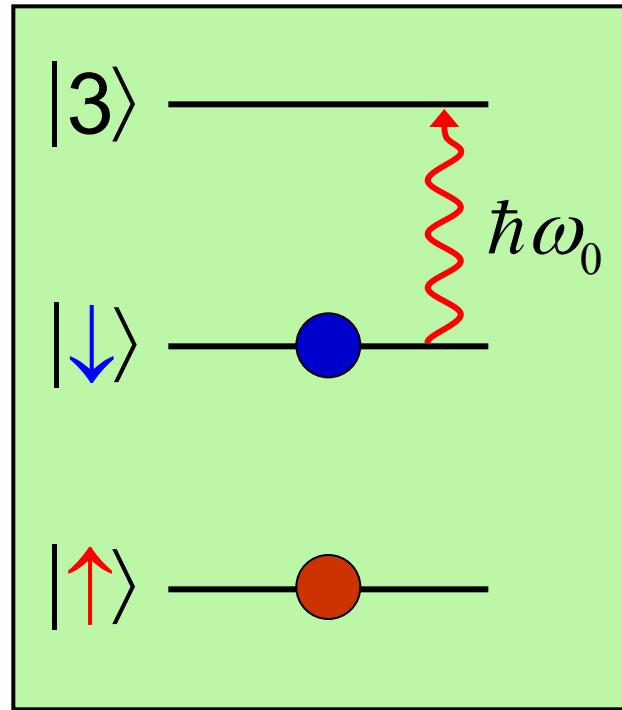
On bosons: weakly interacting situation: JILA (Debbie Jin 1996), MIT
Hydrodynamic gas: van der Straten

Second Sound seen in Density

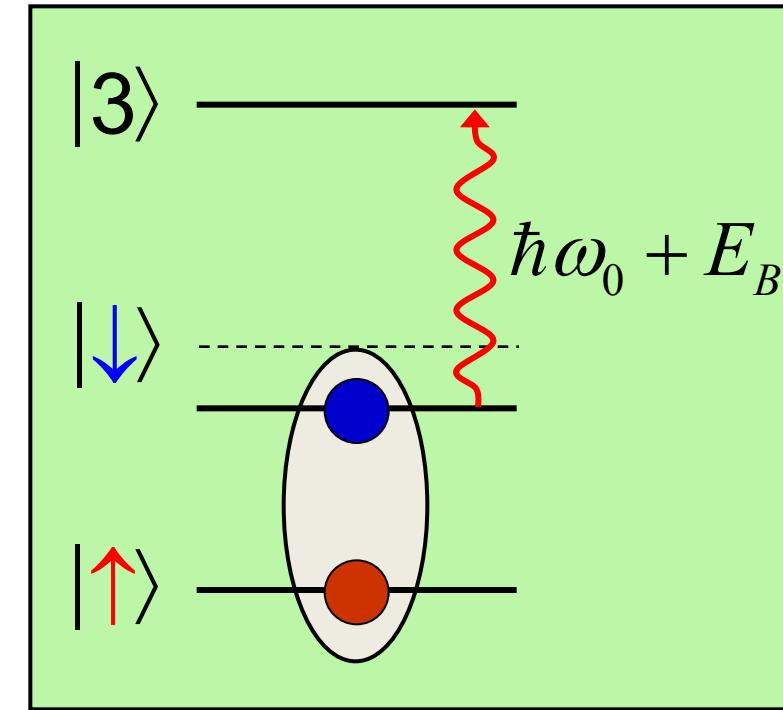


Radiofrequency spectroscopy

No interactions



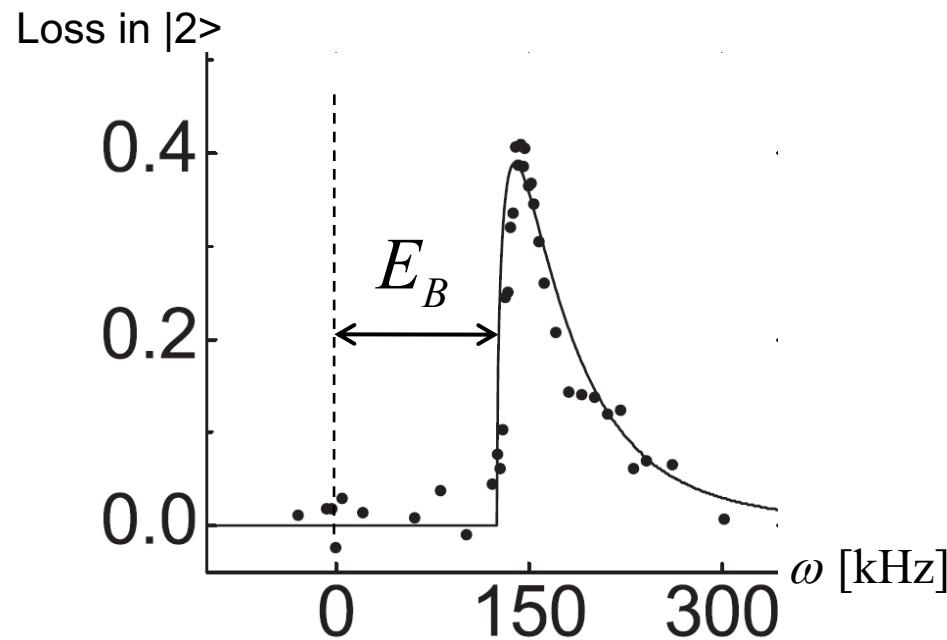
Molecular Pairing



Photon energy = Zeeman + Binding + Kinetic energy

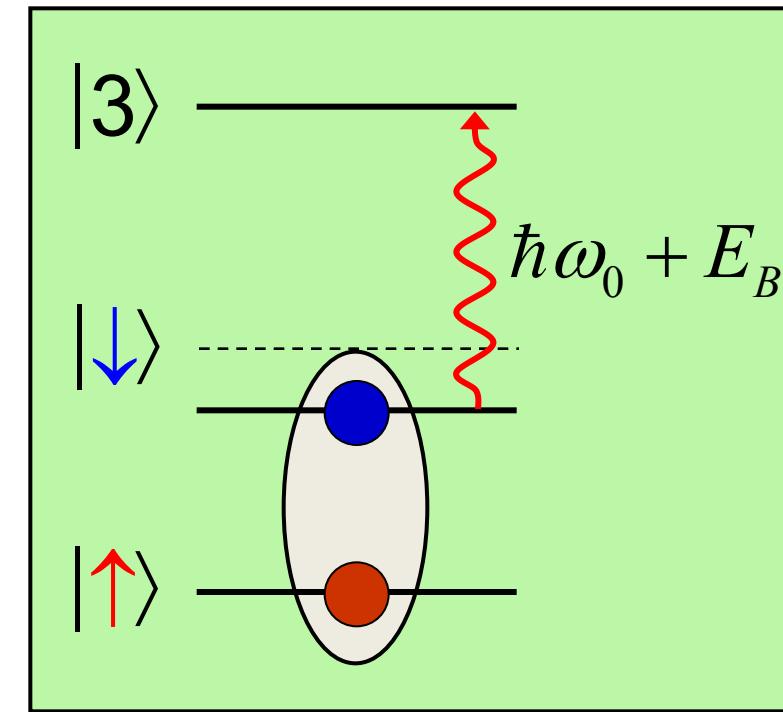
$$\hbar\omega = \hbar\omega_0 + E_B + 2\varepsilon_k$$

Radiofrequency spectroscopy



C.Chin et al. Science, 305,
1128 (2004)

Molecular Pairing

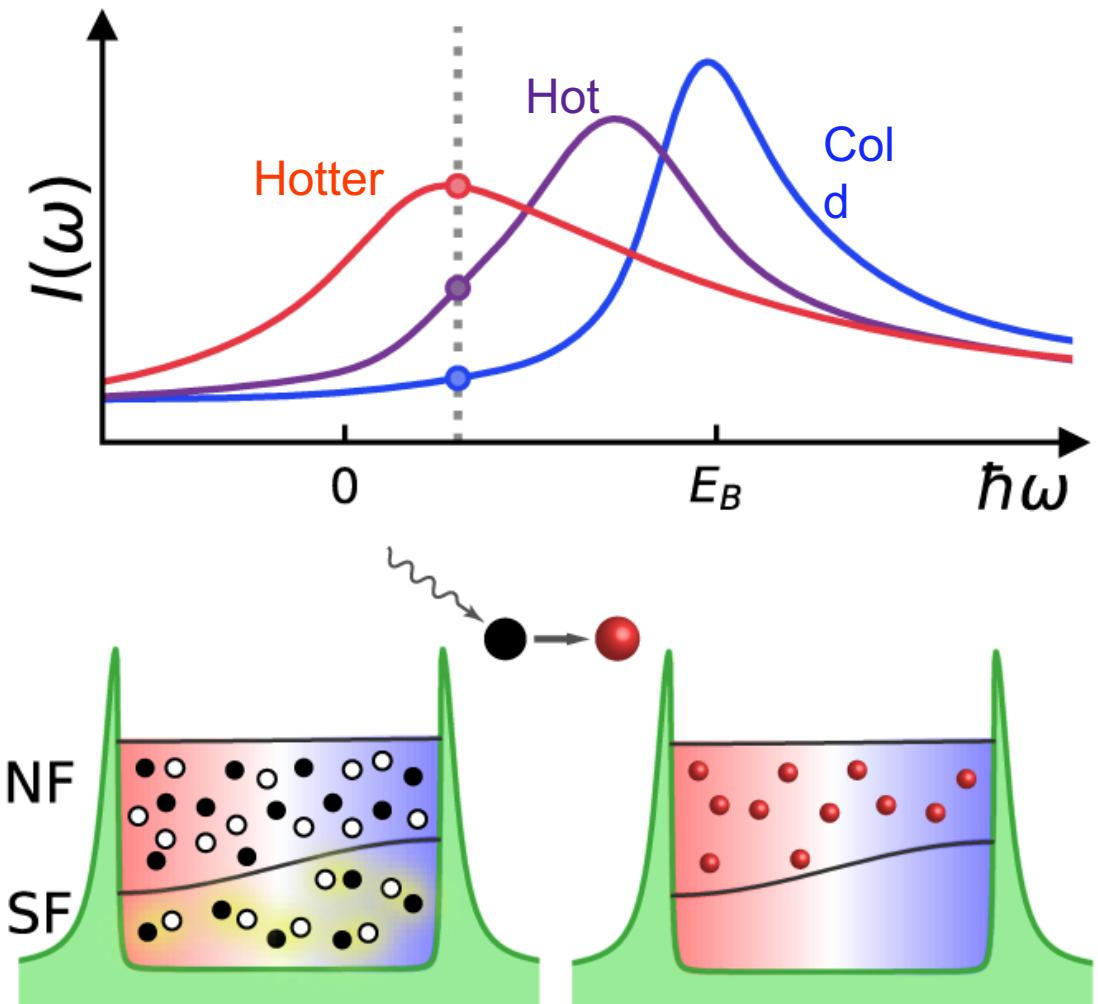


Photon energy = Zeeman + Binding + Kinetic energy

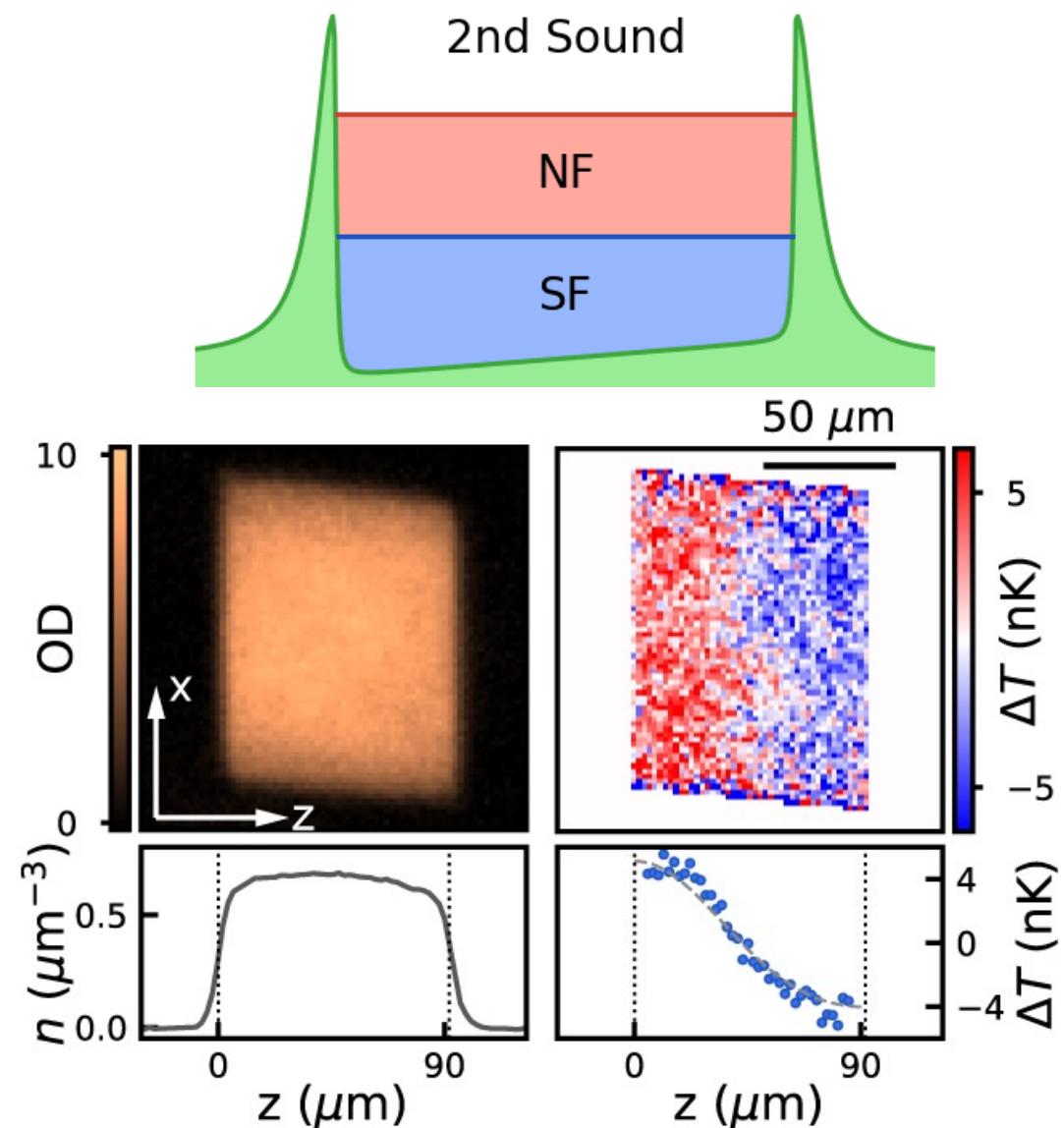
$$\hbar\omega = \hbar\omega_0 + E_B + 2\varepsilon_k$$

A local thermometer for heat transport

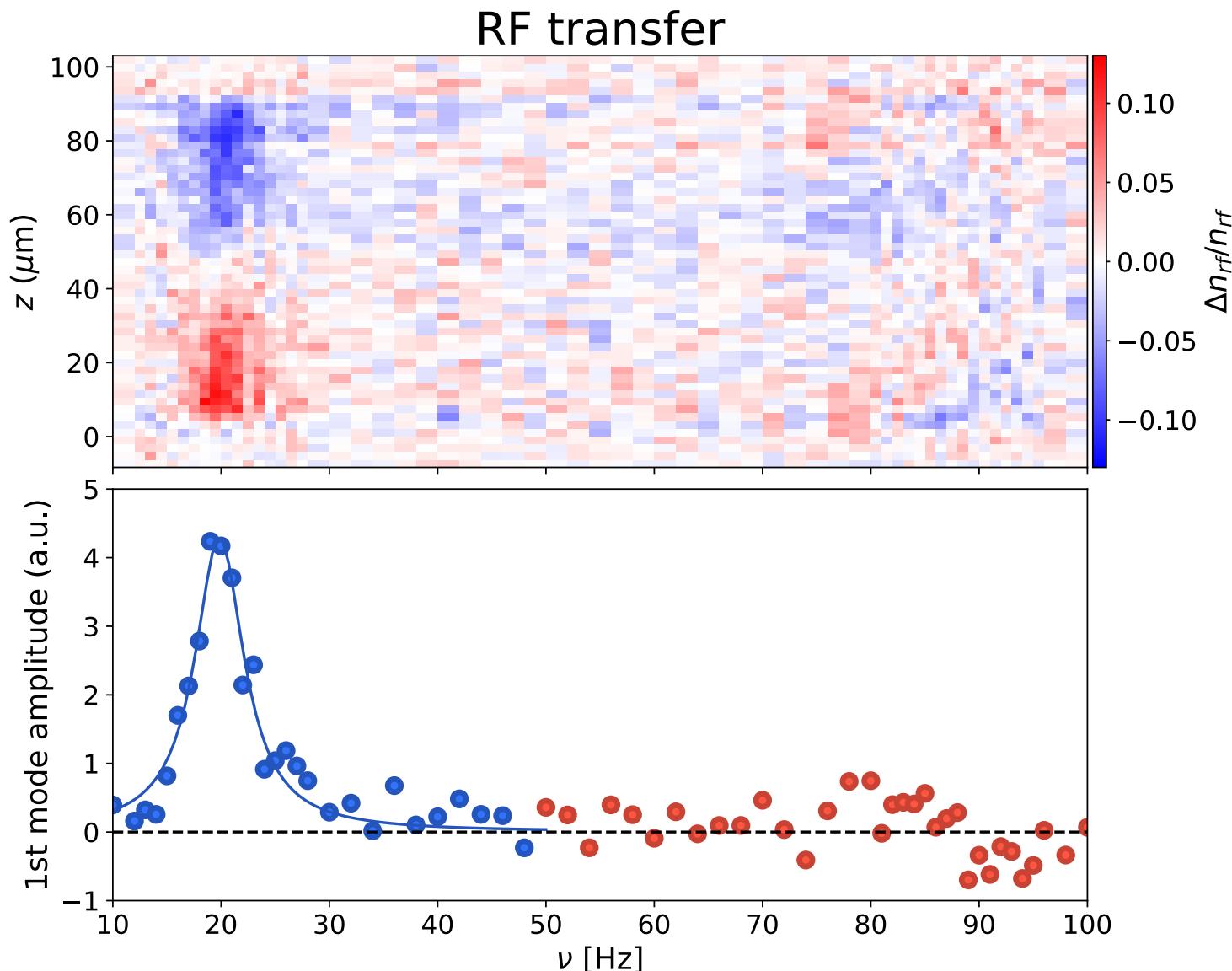
RF absorption spectra



2nd Sound Creation

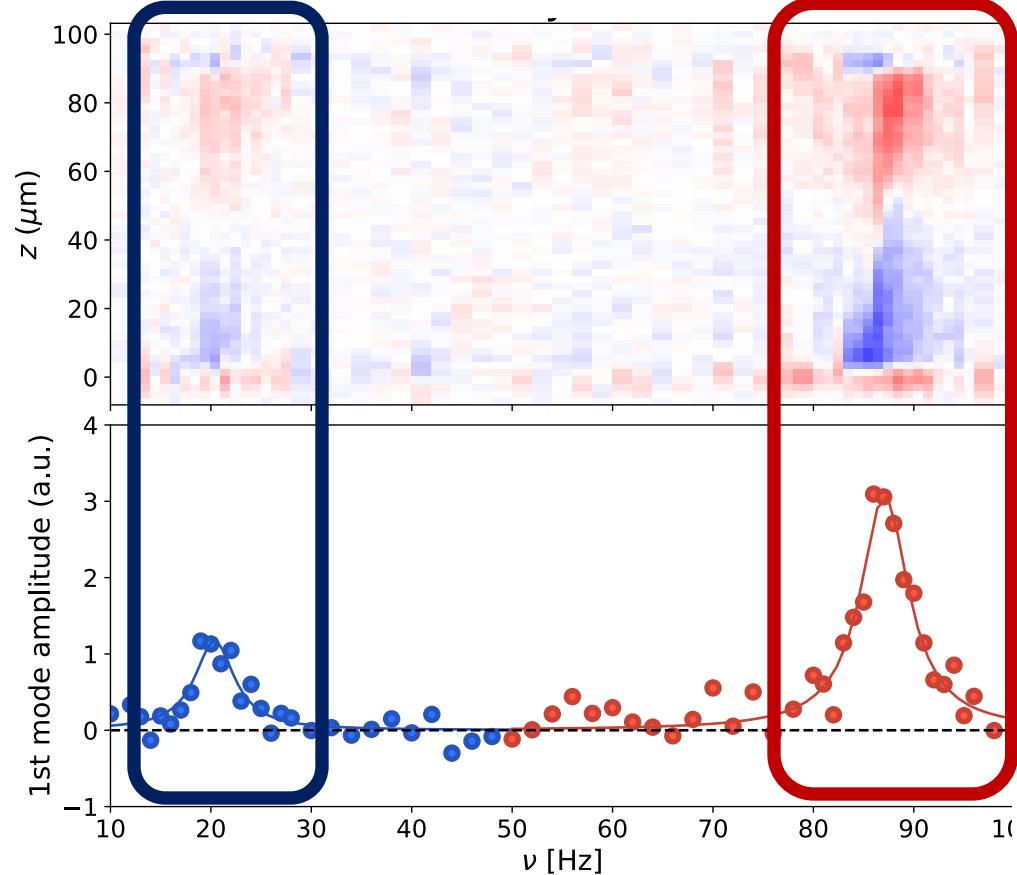


Second Sound with local thermometer

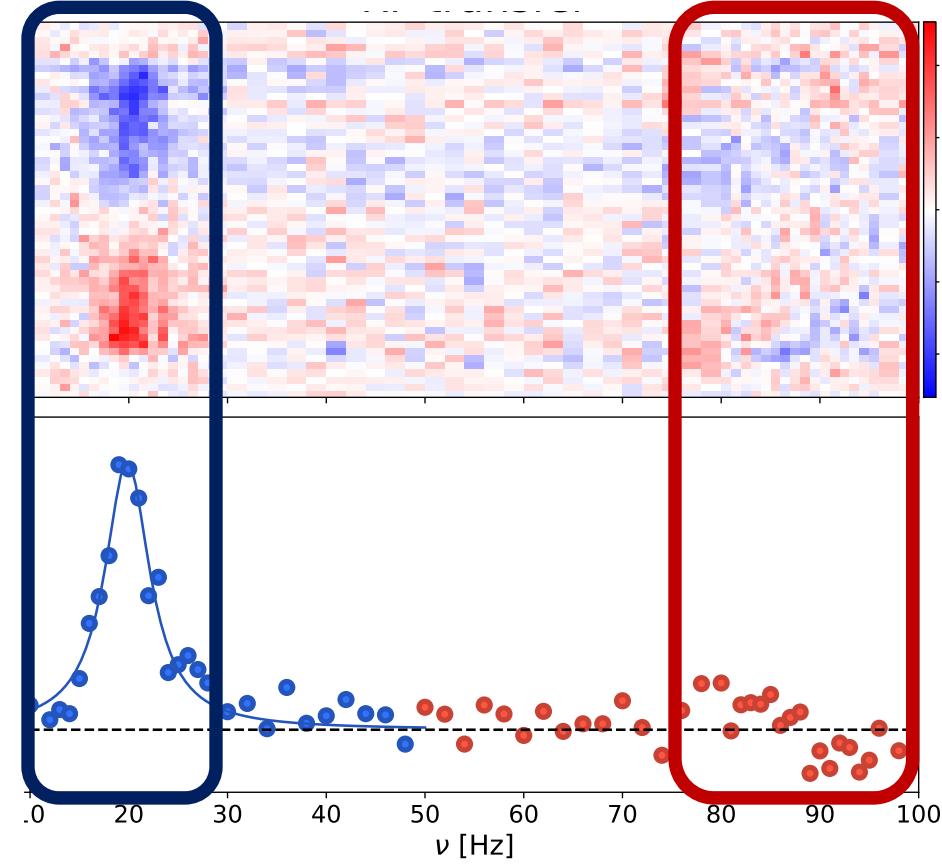


First and Second Sound

Density Probe

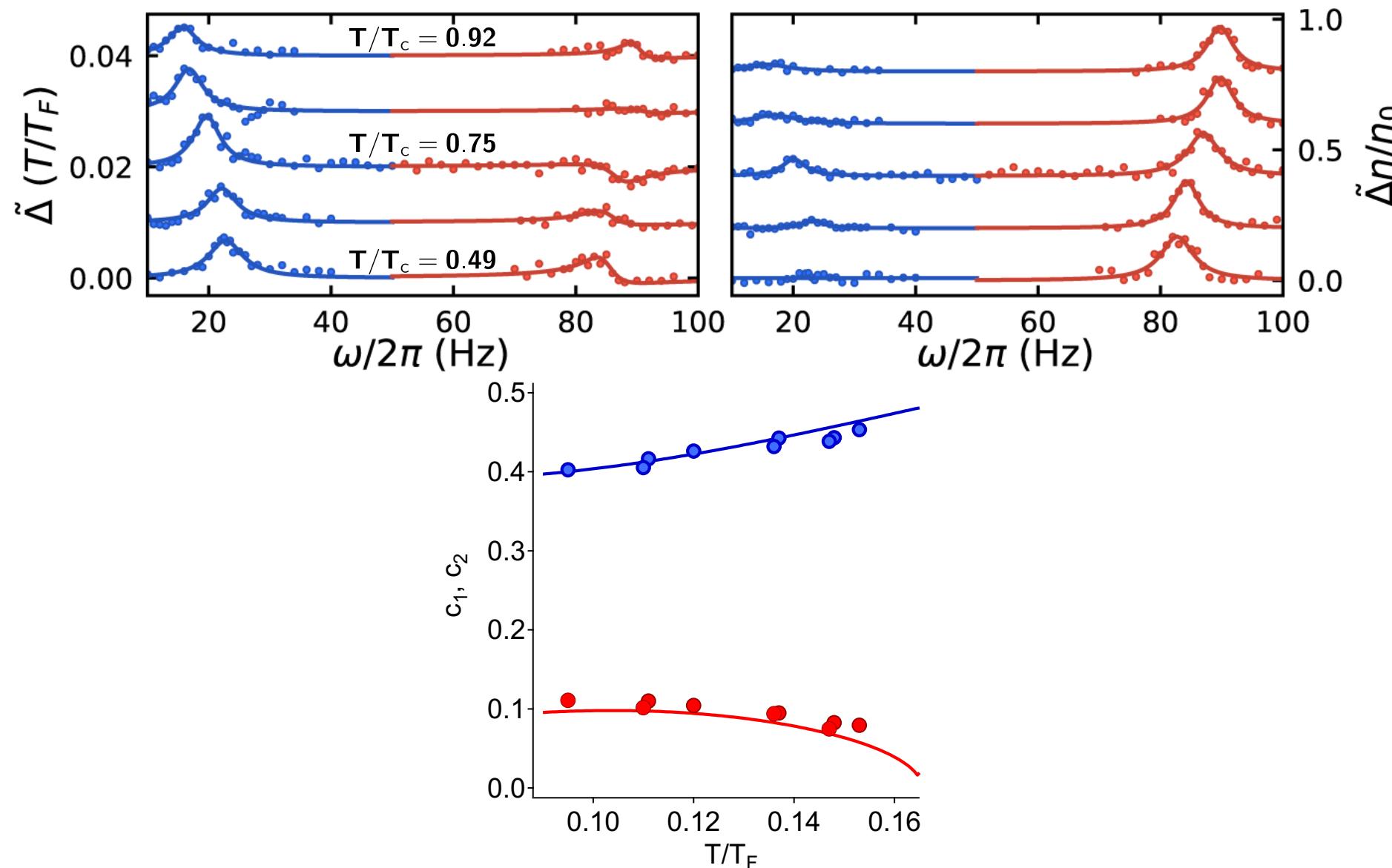


Temperature Probe
after RF transfer, n_{RF}

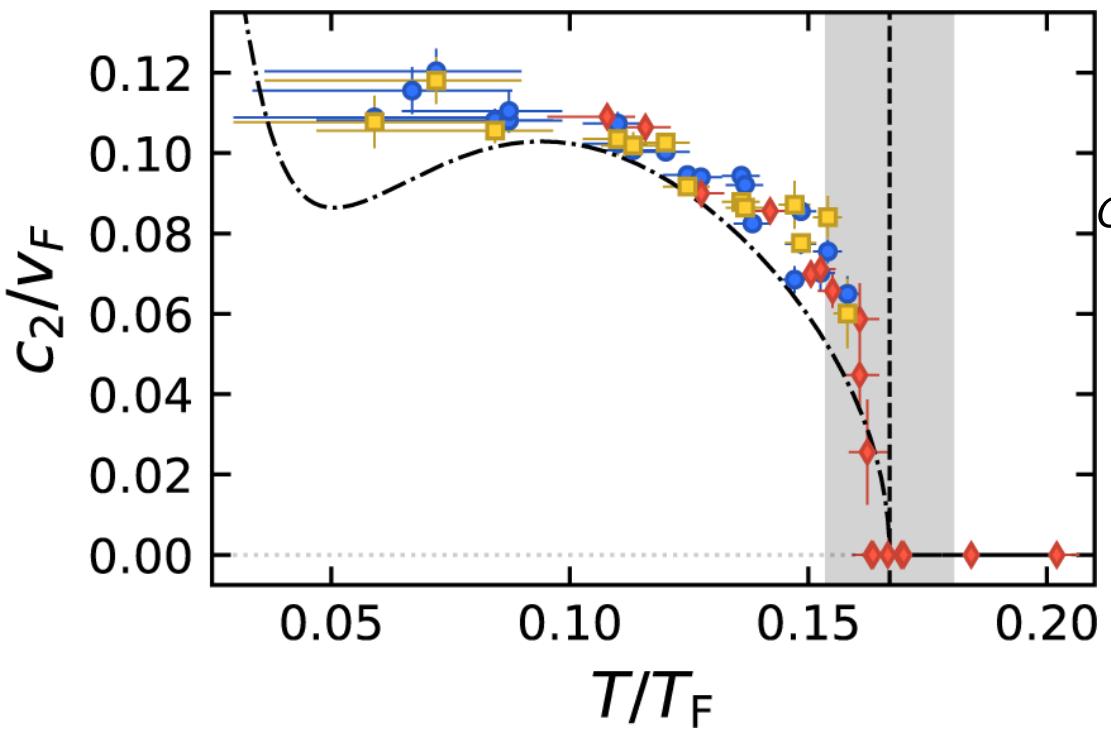


→ Speeds and Decay rates of First and Second sound

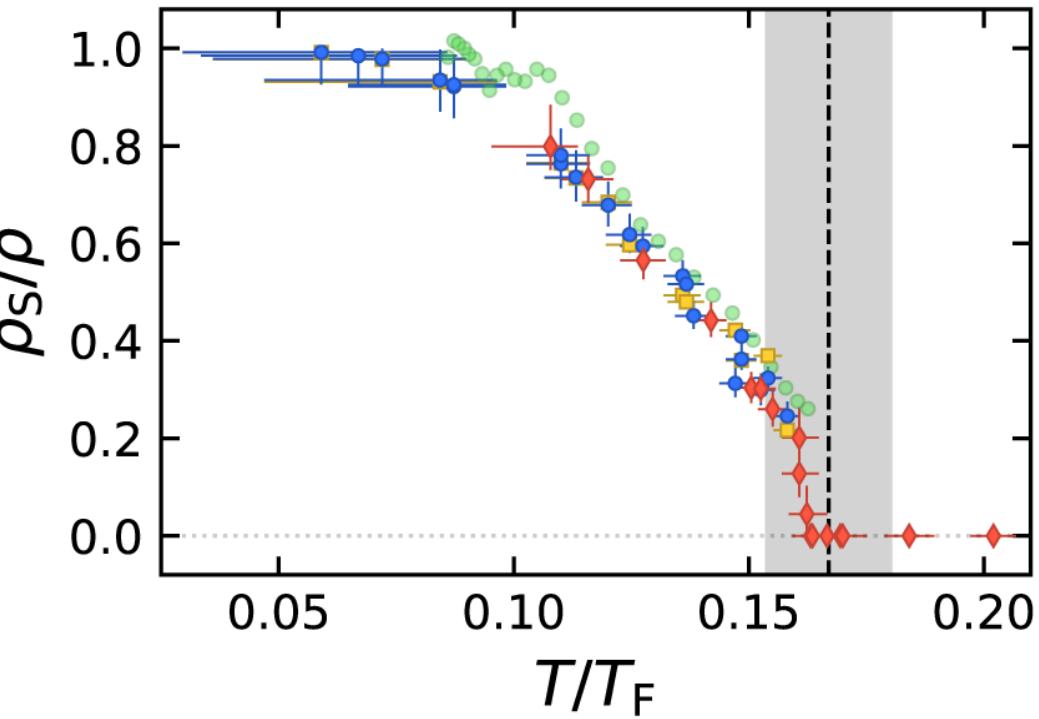
Speed of first and second sound



Superfluid fraction



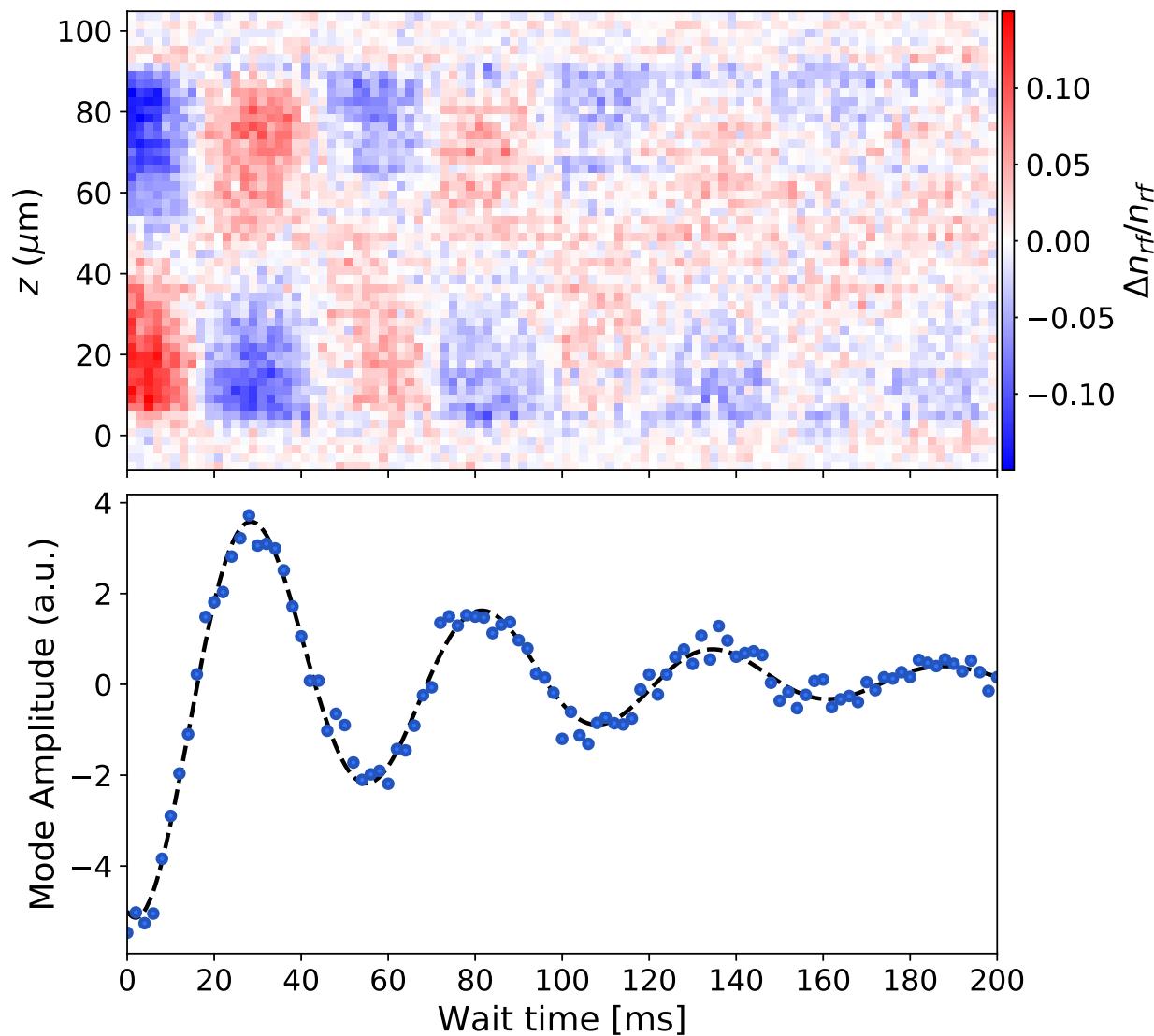
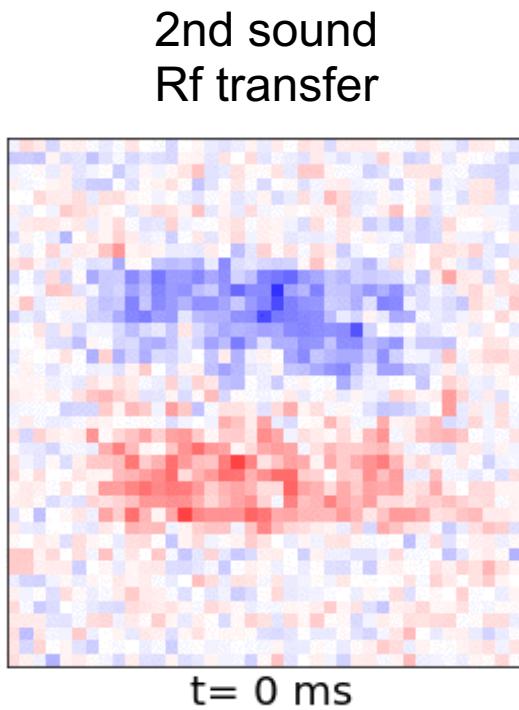
$$C_2^2 = \frac{\rho_S}{\rho_N} \frac{TS^2}{C_p}$$



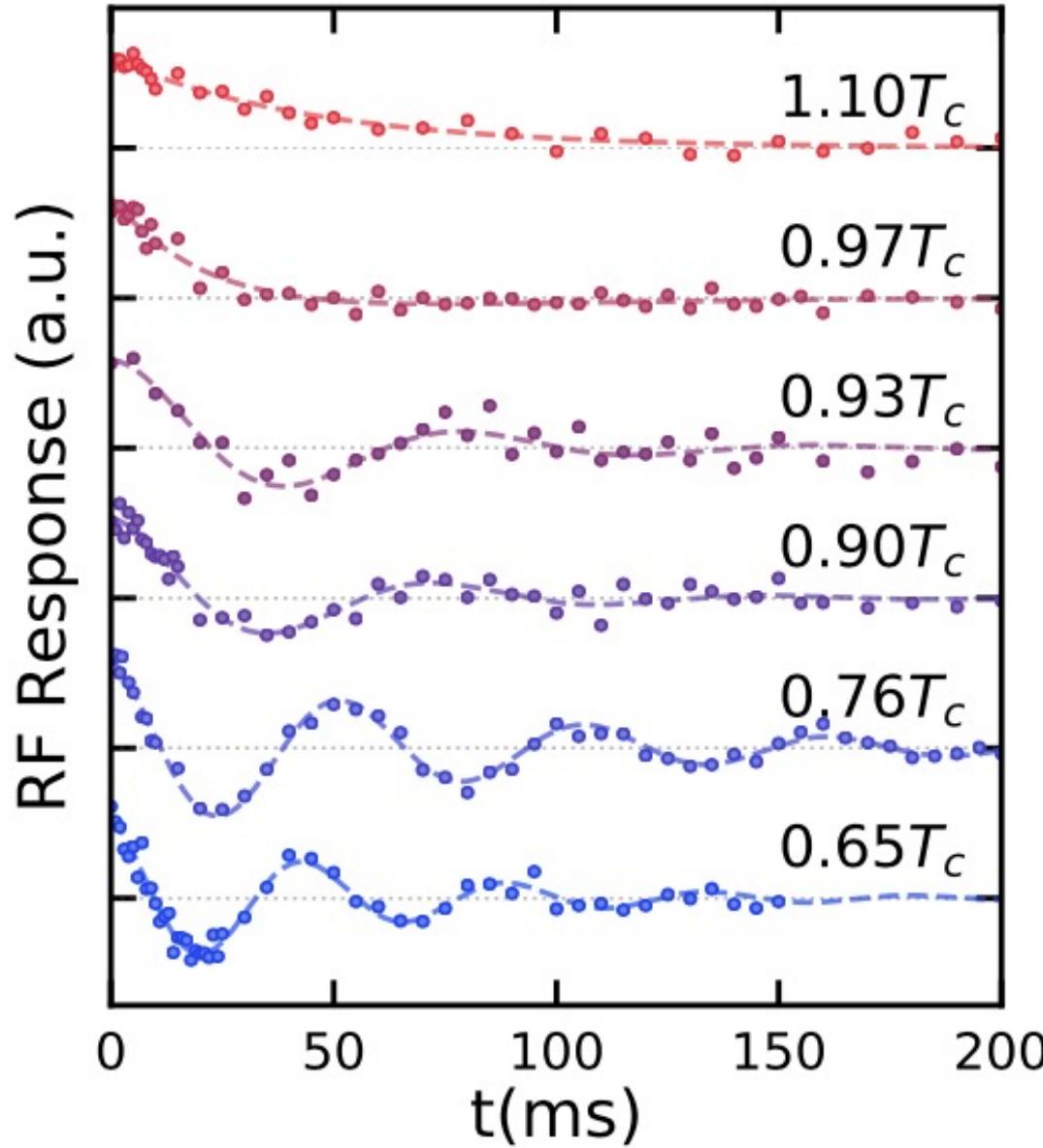
- Steady state response
- Free evolution, resonant shaking
- ◆ Free evolution, local heater

Damping of Second Sound

Temperature Probe

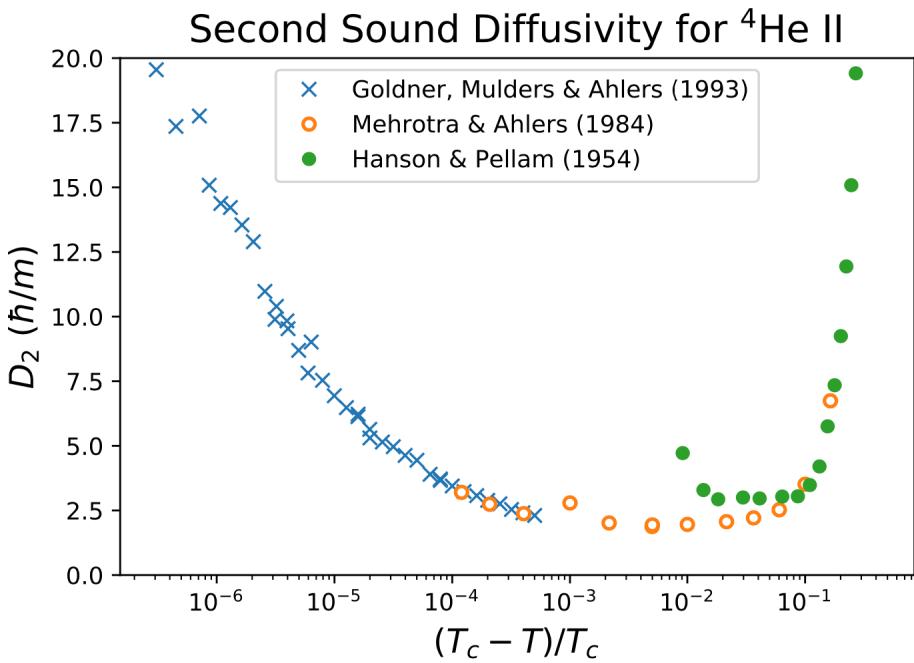
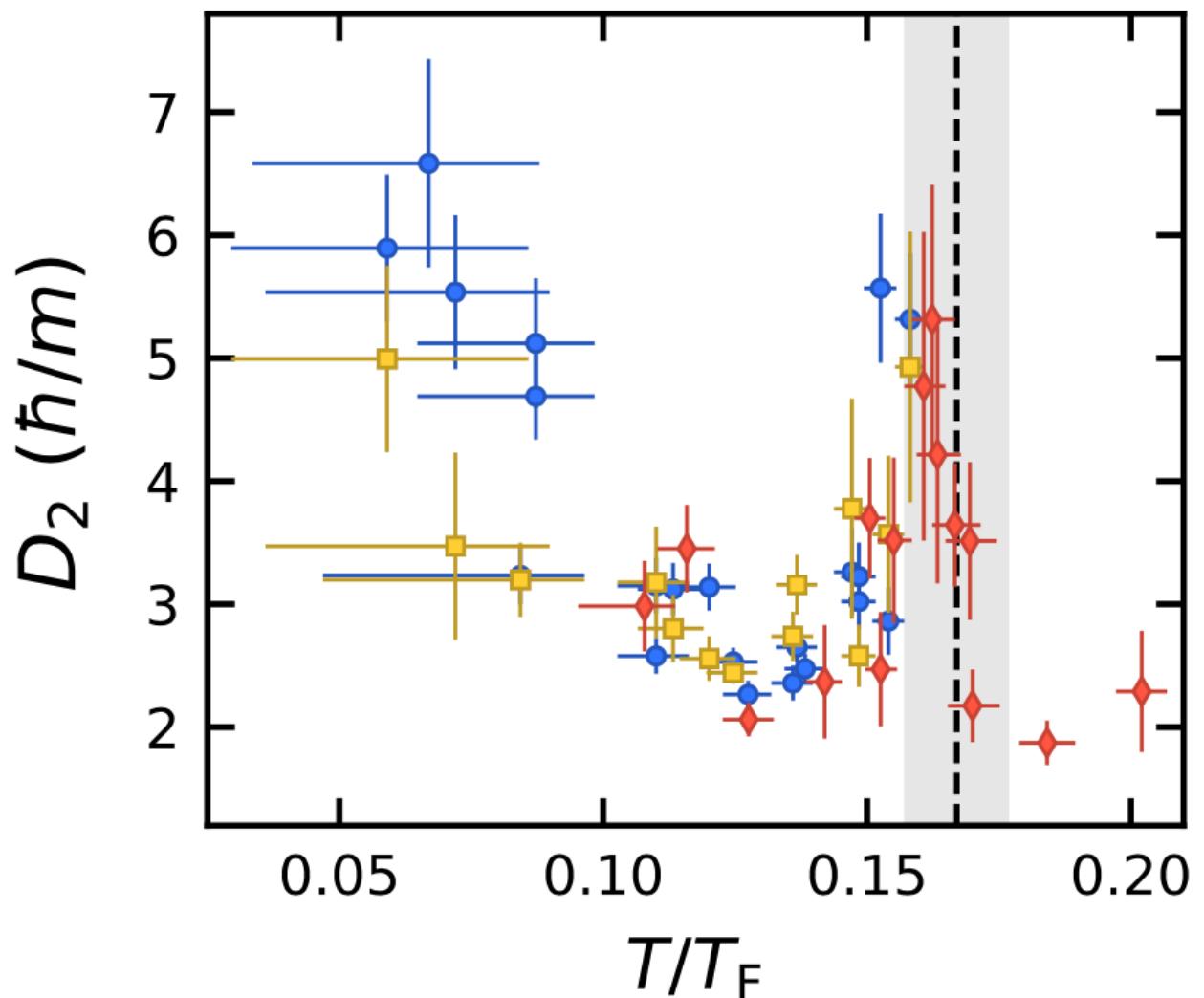


Transition from normal to superfluid



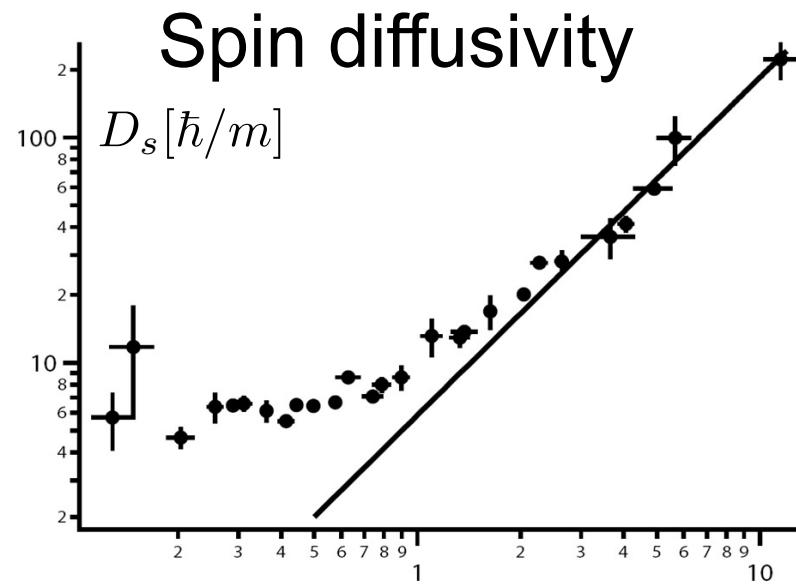
Diffusivity of Second Sound

$$D_2 = \Gamma_2/k^2$$

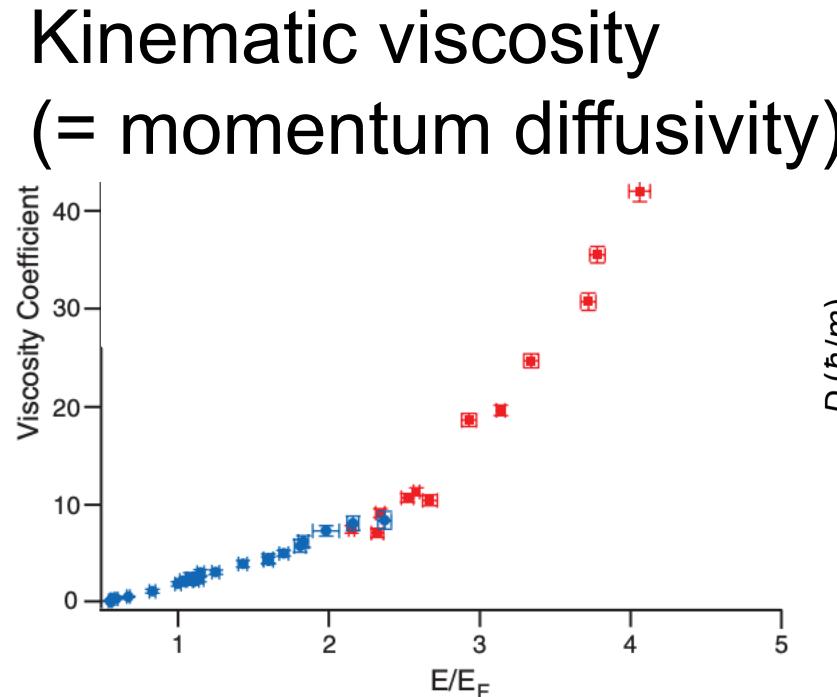


$$D_2 = \frac{\kappa}{c_p} + \frac{\rho_s}{\rho_n} \left(\xi_3 \rho + \frac{4}{3} \frac{\eta}{\rho} \right)$$

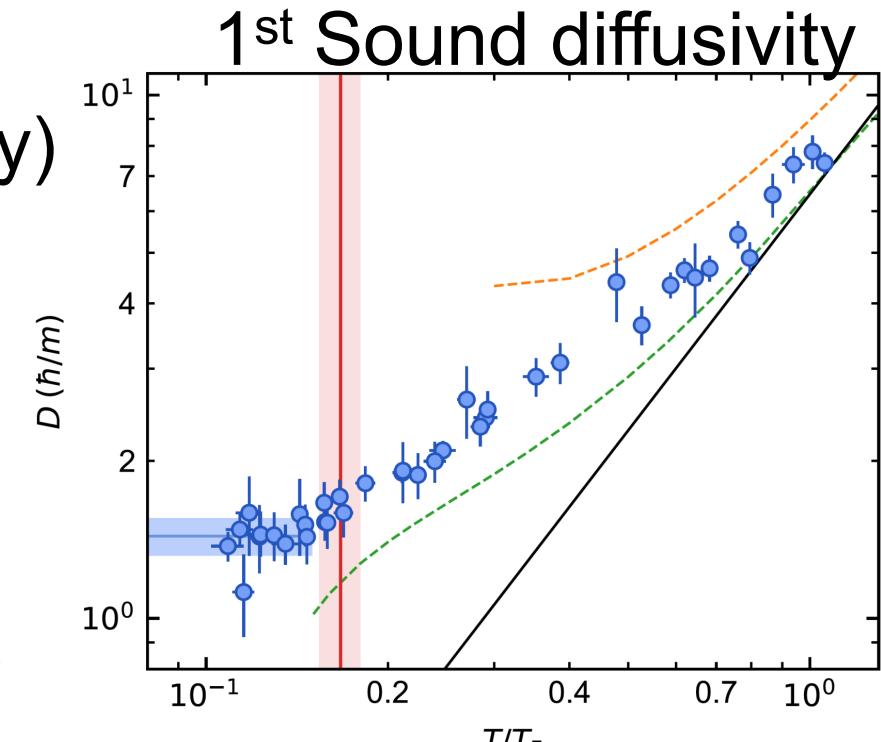
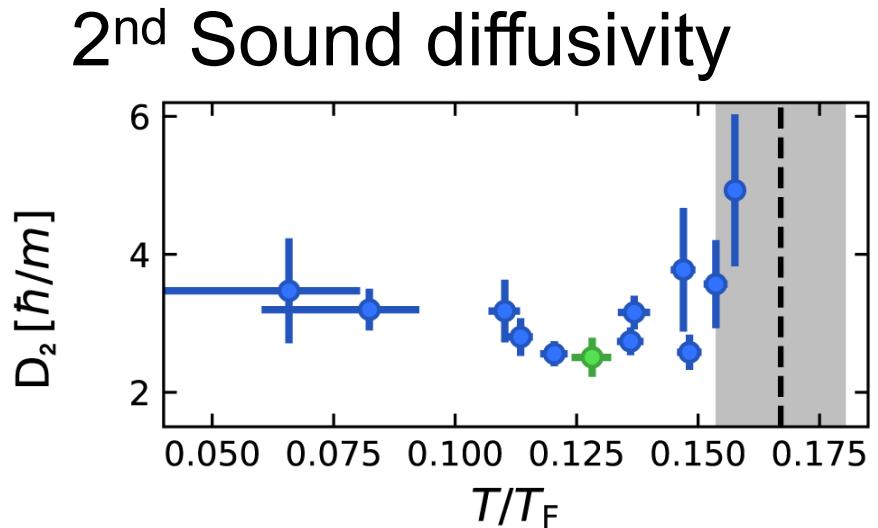
Diffusivities in the Unitary Gas



A.T. Sommer, M.J.H. Ku, G. Roati,
MZ, Nature 472, 201 (2011)



Cao et al., John Thomas group,
Science 331, 58 (2011)



P. Patel, Z. Yan, B. Mukherjee,
R. Fletcher, J. Struck, MZ,
Science 370, 1222 (2020)

Diffusivity (charge, spin, momentum, thermal)

$$D \sim \nu l \sim \frac{\hbar}{m}$$

Transport in Strongly Correlated Quantum Gases

Unifying themes of strongly interacting Fermi systems:

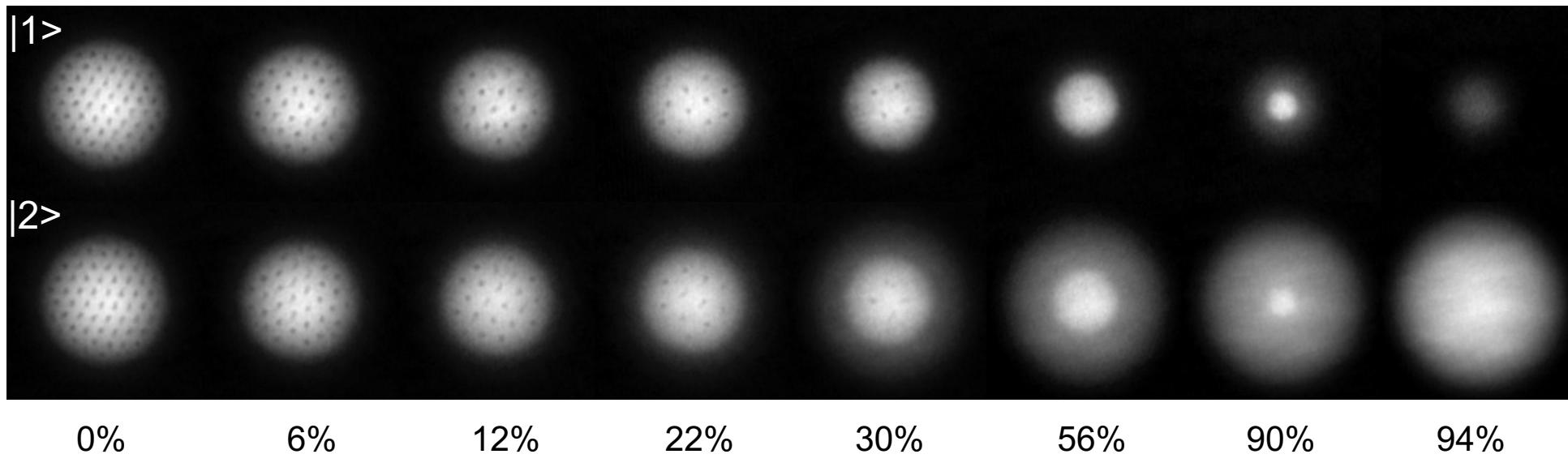
Loss of quasi-particle description: $\tau^{-1} \approx E_F / \hbar$

Quantum-Limited diffusivities:

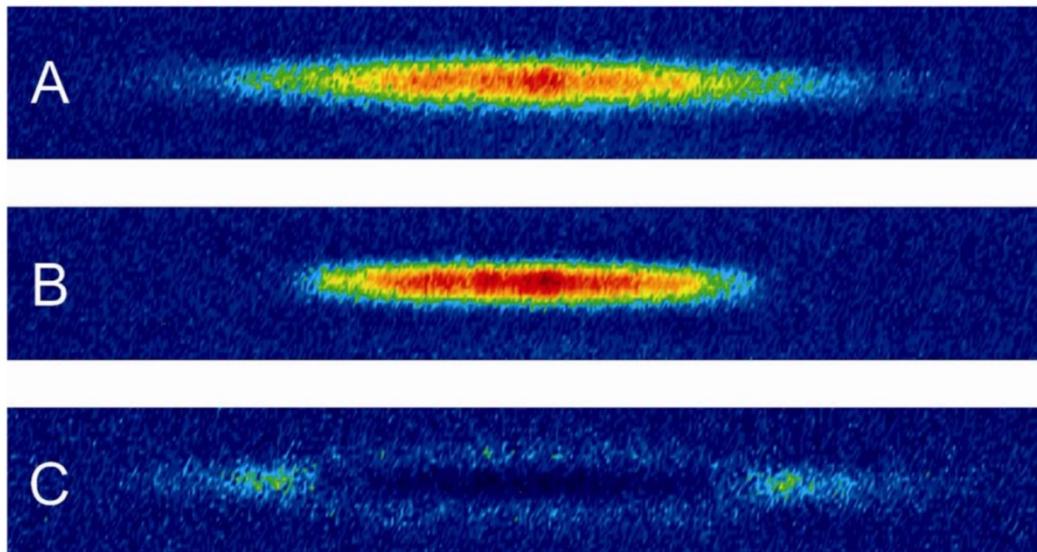
$$D \approx \frac{\hbar}{m}$$

- Universal Sound Diffusion in a Strongly Interacting Fermi Gas
Parth B. Patel, Zhenjie Yan, Biswaroop Mukherjee, Richard J. Fletcher, Julian Struck, MZ Science, 370, 1222 (2020)
- Spin Transport in a Mott Insulator of Ultracold Fermions
Matthew Nichols, Lawrence Cheuk, Melih Okan, Thomas Hartke, Enrique Mendez, T. Senthil, Ehsan Khatami, Hao Zhang, MZ, Science 363, 383 (2019)
- Doublon-Hole Correlations and Fluctuation Thermometry in a Fermi-Hubbard Gas
T. Hartke, B. Oreg, N. Jia, MZ, PRL 125, 113601 (2020)
- Bose polarons near quantum criticality
Zoe Z. Yan, Yiqi Ni, Carsten Robens, MZ, Science, 368, 190-194 (2020)
- Geometric squeezing into the lowest Landau level
Richard J. Fletcher, Airlia Shaffer, Cedric C. Wilson, Parth B. Patel, Zhenjie Yan, Valentin Crépel, Biswaroop Mukherjee, MZ, arXiv:1911.12347 (Science 2021, to be published)

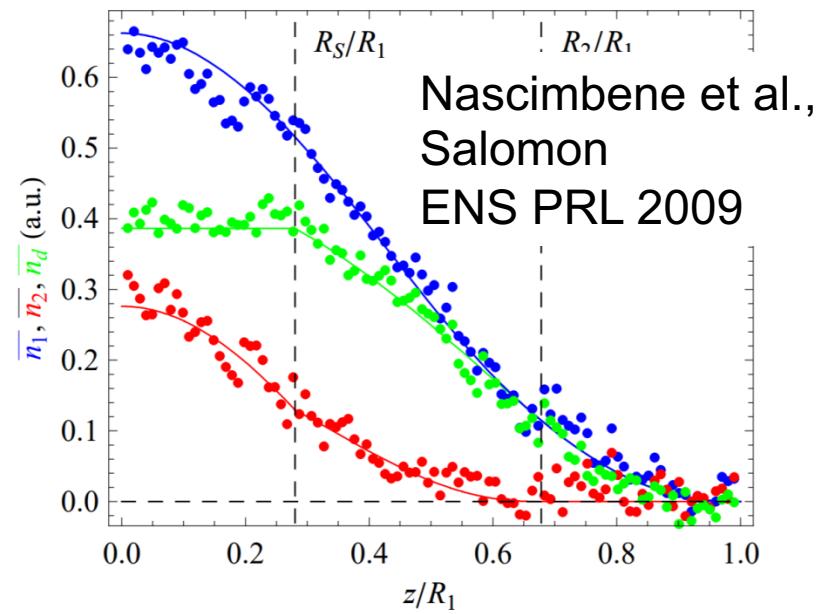
Spin Imbalanced Fermi Mixtures



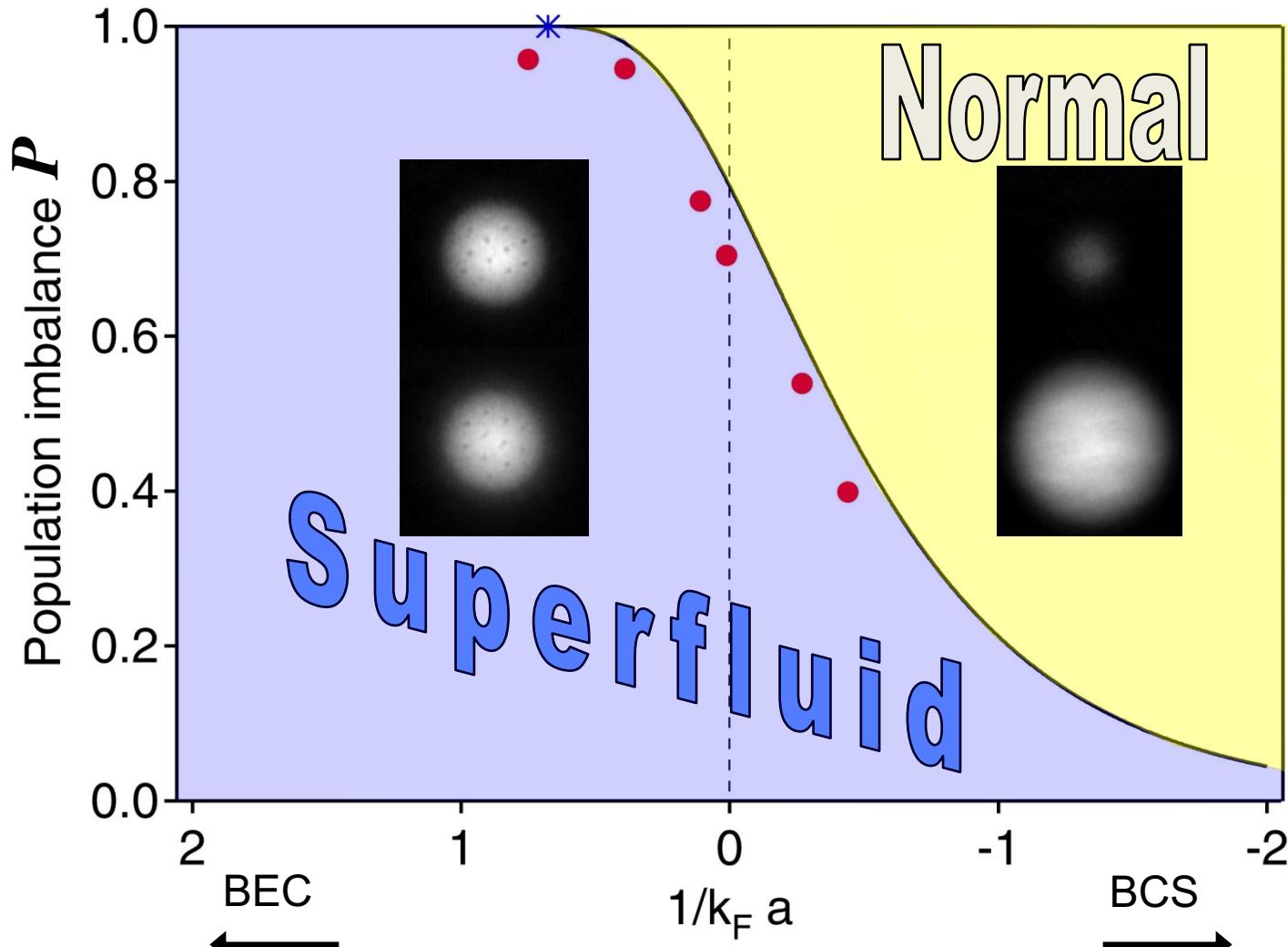
M.W. Zwierlein, A. Schirotzek, C.H. Schunck, W. Ketterle,
Science 311, 492 (2006)



Partridge et al., Hulet group, Rice, Science 2006



Phase Diagram for Unequal Mixtures



Breakdown: Critical polarization $P_c \propto$ Gap Δ

M.W. Zwierlein, A. Schirotzek, C.H. Schunck, W. Ketterle,
Science 311, 492 (2006)

Swimming in the Fermi sea

© F. Chevy



What is the fate of a single impurity in a Fermi sea?

Relevant for

- electron transport in lattices
- Kondo problem
- (single magnetic impurity)
- mobility of ^3He in ^4He
- motion of polaritons in semiconductors...
- determines a system's properties at low temperature
- represents the few-particle limit for N-body EOS

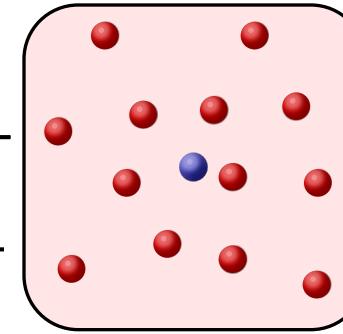
Quasi-particles for strong interactions?

N+1 body problem with resonant interactions

High temperature: Scattering cross section $\sigma \propto \lambda^2$

Scattering rate:

$$\Gamma = n\sigma v = n\lambda^2 \frac{\hbar}{m\lambda} = \frac{\hbar n^{2/3}}{m} \lambda n^{1/3} \sim \frac{E_F}{\hbar} \sqrt{\frac{T_F}{T}}$$



→ Energy uncertainty: $\Delta E = \hbar\Gamma \ll E \sim k_B T$

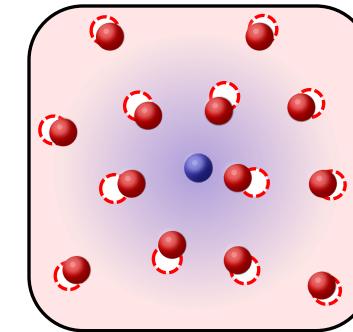
Quasi-particles for strong interactions?

N+1 body problem with resonant interactions

Low temperature: Pauli blocking of collisions

Scattering rate: $\Gamma = n\sigma_F v_F \left(\frac{T}{T_F}\right)^2$

→ Energy uncertainty: $\Delta E = \hbar\Gamma \ll E \sim E_F$

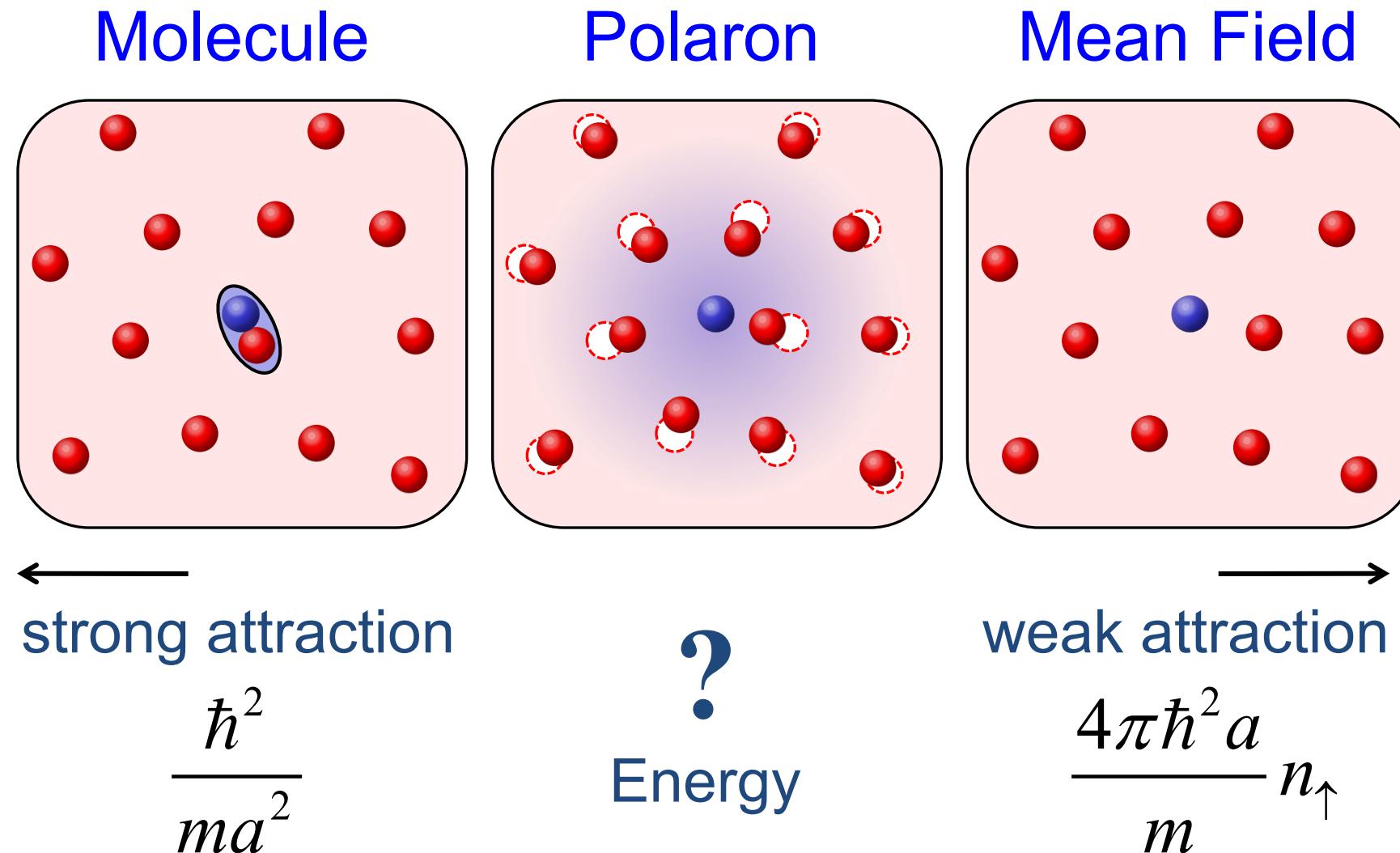


The **Fermi Polaron** emerges

$$E_P = -0.6E_F$$

Chevy, Lobo, Recati, Giorgini, Stringari, Prokof'ev, Svistunov, Forbes, Bulgac, Combescot, ...
Experiments: MIT, ENS, Innsbruck, Cambridge, LENS, MPQ, Technion, ...

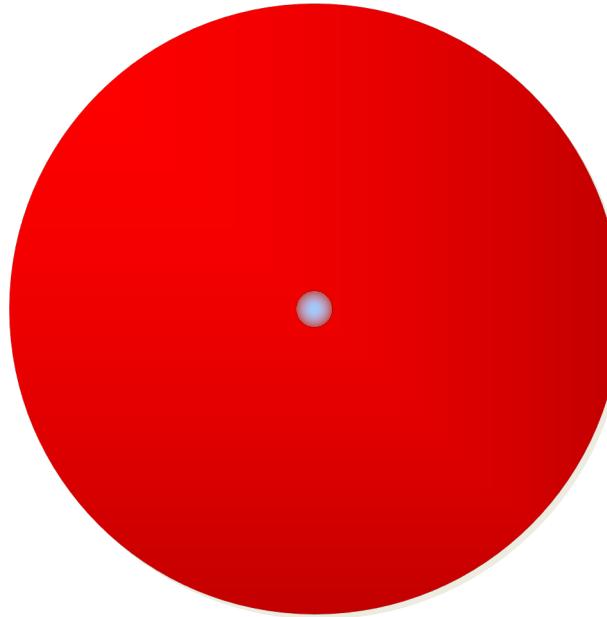
Some slides from 2009: Swimming in the Fermi Sea



Theory: Chevy, Forbes, Bulgac, Lobo, Giorgini, Stringari, Prokof'ev, Svistunov, Sachdev, Sheehy, Radzhovsky, Lamacraft, Combescot, Sa de Melo

Swimming in the Fermi sea

A single $|\downarrow\rangle$ atom immersed in a $|\uparrow\rangle$ cloud
with unitarity limited interactions



Binding energy must be universal

$$E_{\downarrow} = -AE_{F\uparrow}$$

$$A = 0.6$$

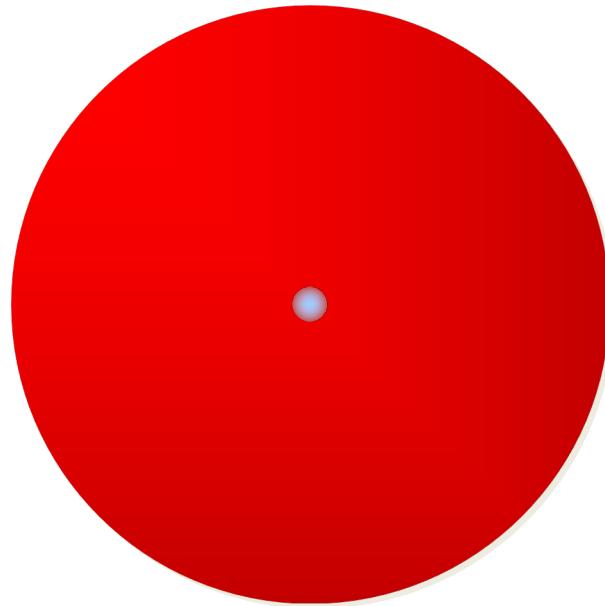
F. Chevy PRA **74**, 063628 (2006), Variational Cooper pair Ansatz

C. Lobo, A. Recati, S. Giorgini, S. Stringari, PRL **97**, 200403 (2006), Monte-Carlo

Swimming in the Fermi sea

Chevy's Ansatz:

$$|\Psi\rangle = \phi_0 |\mathbf{0}\rangle_{\downarrow} |FS\rangle_{\uparrow}$$

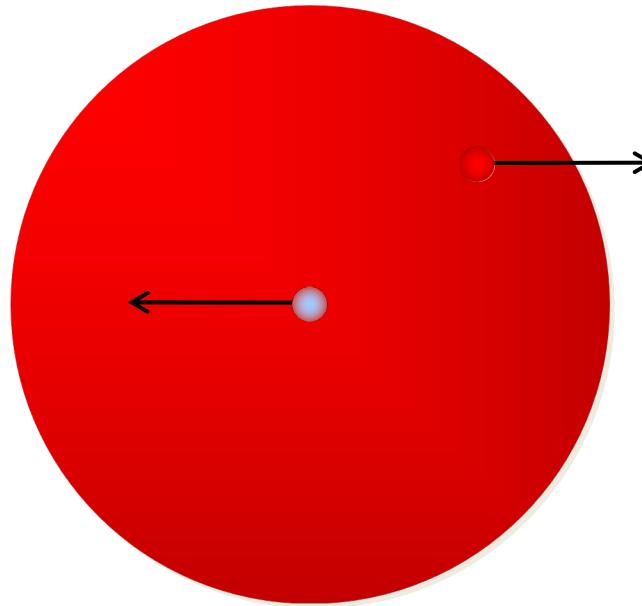
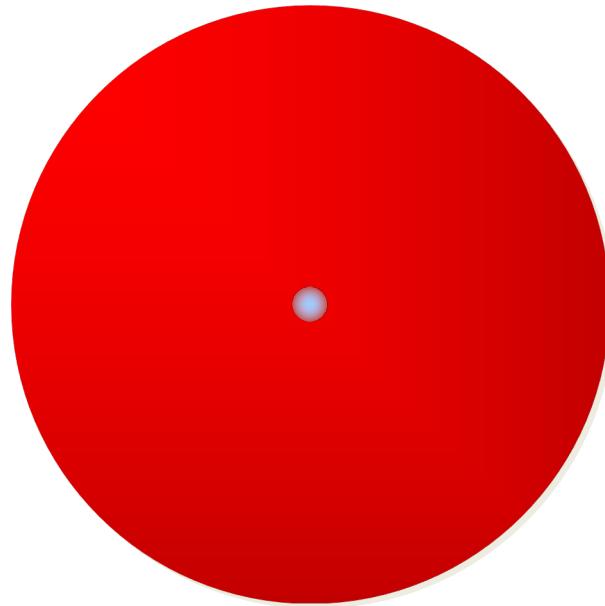


F. Chevy PRA **74**, 063628 (2006), Variational Cooper pair Ansatz
C. Lobo, A. Recati, S. Giorgini, S. Stringari, PRL **97**, 200403 (2006), Monte-Carlo

Swimming in the Fermi sea

Chevy's Ansatz:

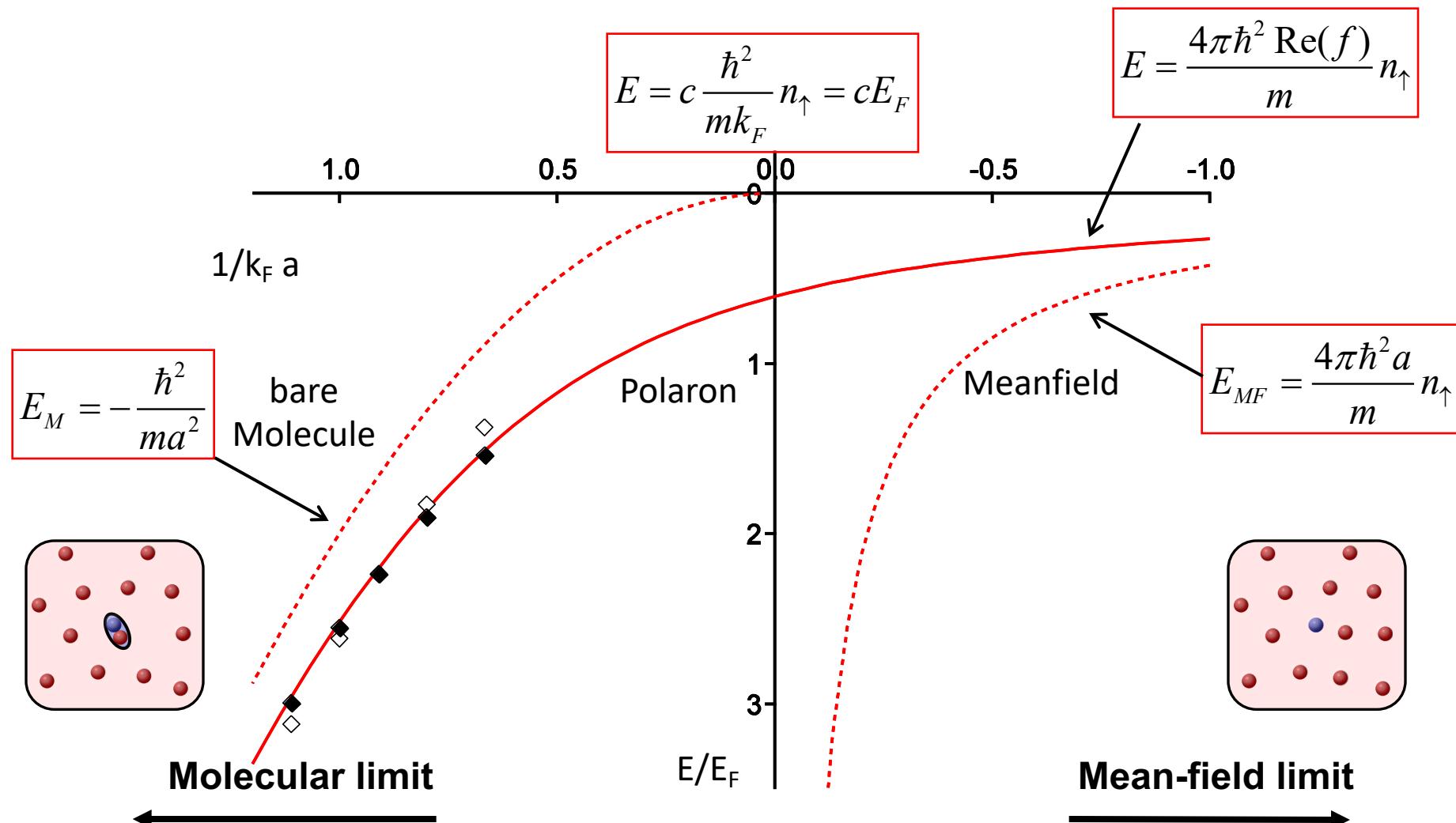
$$|\Psi\rangle = \phi_0 |\mathbf{0}\rangle_{\downarrow} |FS\rangle_{\uparrow} + \sum_{\substack{k > k_F \\ q < k_F}} \phi_{\mathbf{qk}} |\mathbf{q} - \mathbf{k}\rangle_{\downarrow} c_{\mathbf{k}\uparrow}^\dagger c_{\mathbf{q}\uparrow} |FS\rangle_{\uparrow}$$



F. Chevy PRA **74**, 063628 (2006), Variational Cooper pair Ansatz

C. Lobo, A. Recati, S. Giorgini, S. Stringari, PRL **97**, 200403 (2006), Monte-Carlo

Polaron Energy



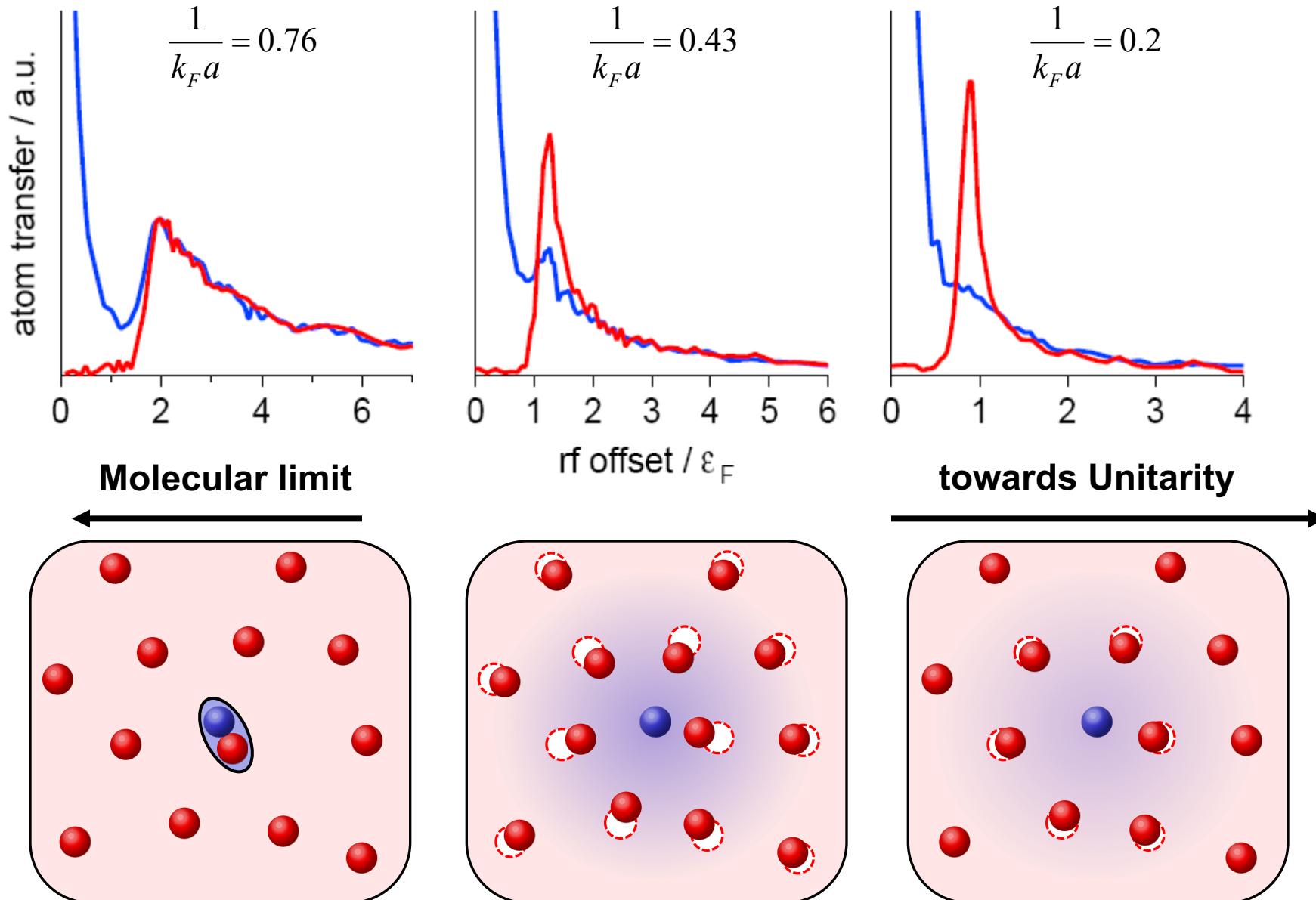
Variational approach/T-Matrix: F. Chevy PRA 74, 063628 (2006), Combescot, Giraud (2008)

Monte Carlo: C. Lobo, A. Recati, S. Giorgini, S. Stringari, PRL 97, 200403 (2006)

Diagrammatic Monte-Carlo: N. V. Prokof'ev and B. V. Svistunov, PRB 77, 125101 (2008)

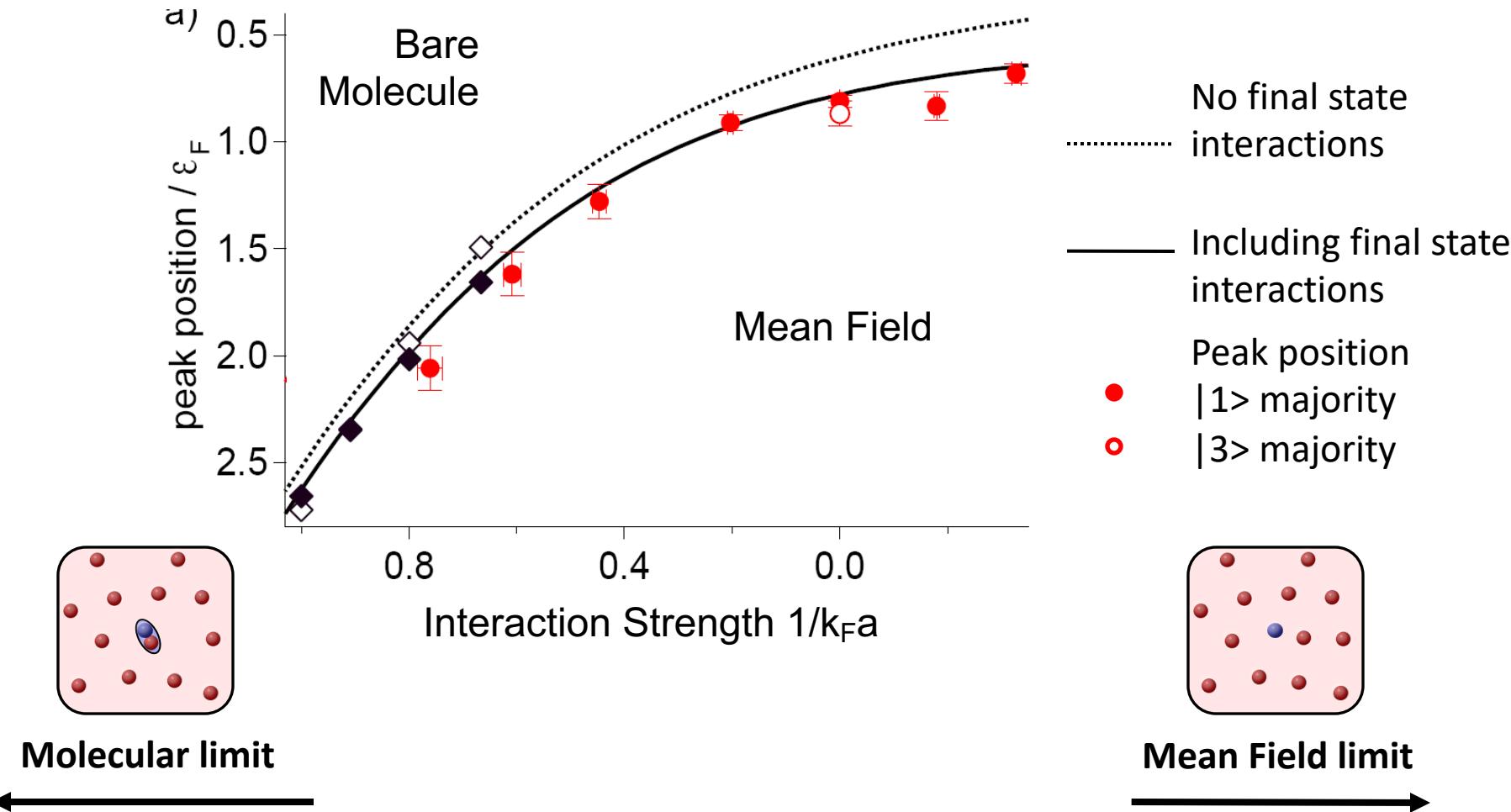
T-matrix/ladder approximation: P. Massignan, G. Bruun and H. Stoof, PRA 78, 031602 (2008)

Emergence of the Fermi Polaron



Polaron Energy vs Interaction Strength

A. Schirotzek, C. Wu, A. Sommer, MWZ, PRL 102, 230402 (2009)



Variational approach/T-Matrix: F. Chevy PRA 74, 063628 (2006), Combescot, Giraud (2008)

Monte Carlo: C. Lobo, A. Recati, S. Giorgini, S. Stringari, PRL 97, 200403 (2006)

Diagrammatic Monte-Carlo: N. V. Prokof'ev and B. V. Svistunov, PRB 77, 125101 (2008)

T-matrix/ladder approximation: P. Massignan, G. Bruun and H. Stoof, PRA 78, 031602 (2008)