



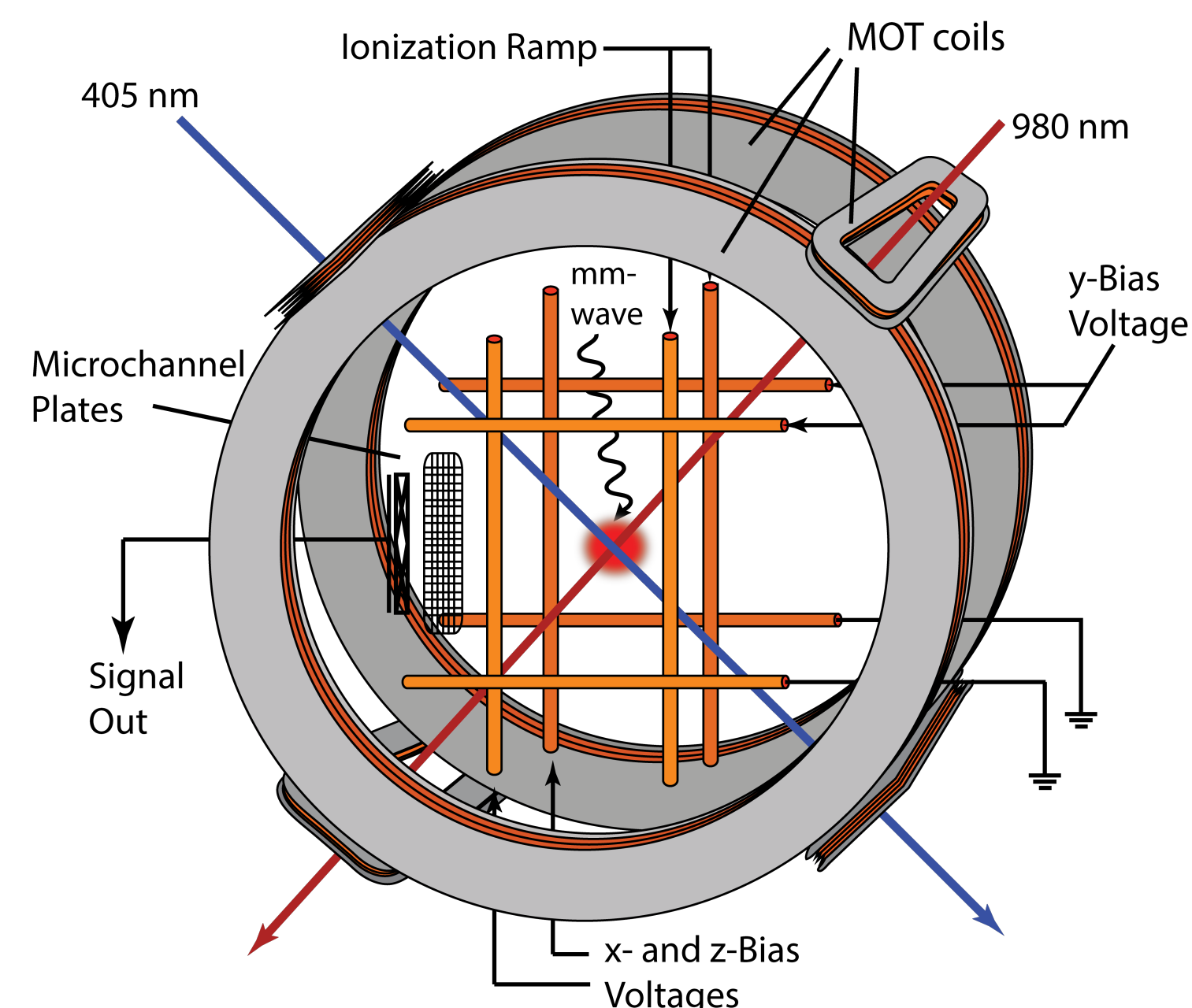
# Millimeter-wave precision spectroscopy of potassium in Rydberg states

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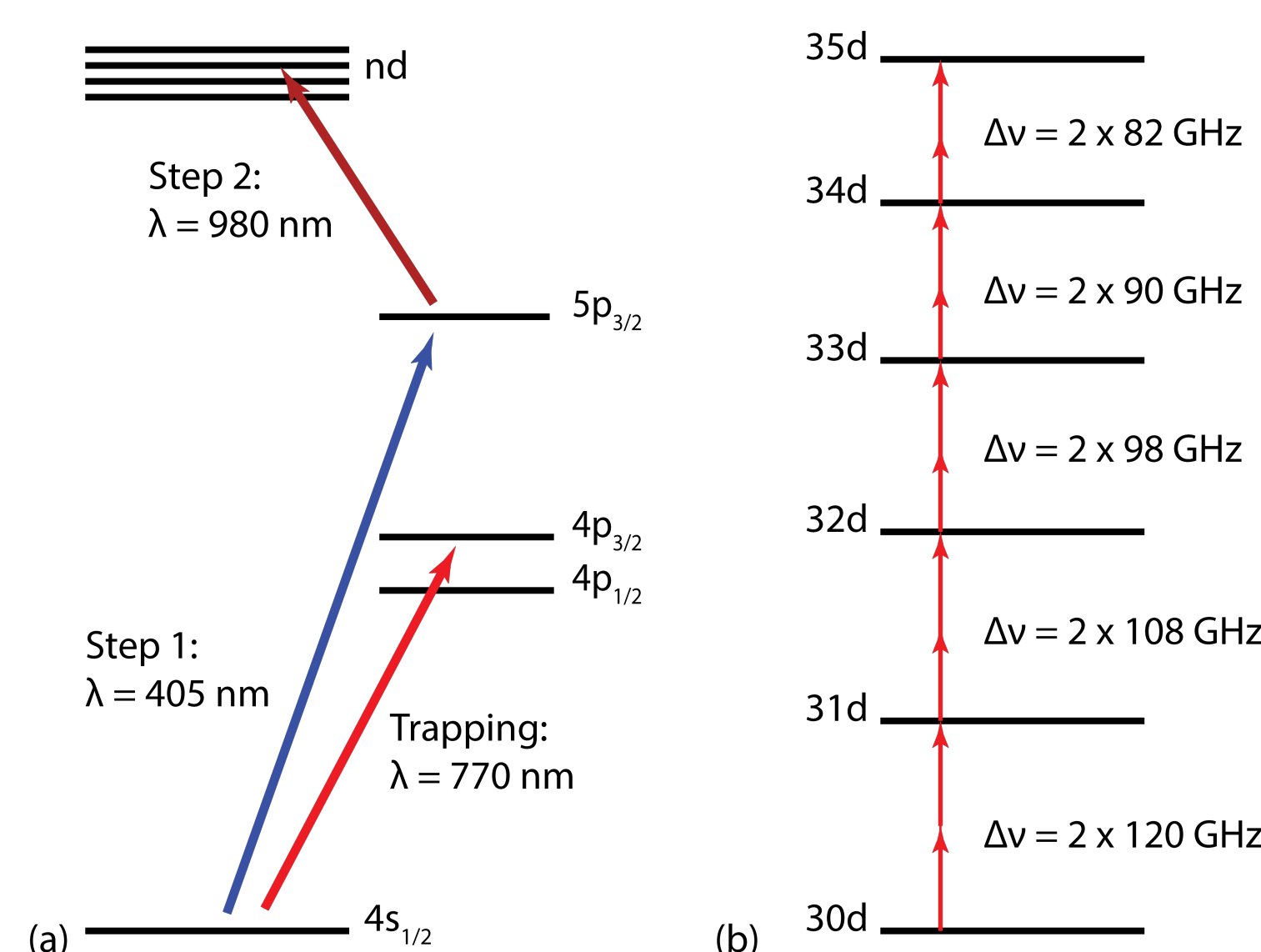
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## Abstract

We measure two-photon millimeter-wave  $nd_j \rightarrow (n+1)d_j$  transitions Rydberg states in potassium to an accuracy of 10 kHz ( $\approx 5 \times 10^{-8}$ ) for  $30 \leq n \leq 35$  to determine d-state quantum defects and absolute energy levels of potassium. K-39 atoms are magneto-optically trapped (MOT) and laser-cooled to 2-3 mK, then excited from  $4s_{1/2}$  to  $nd_{3/2}$  or  $nd_{5/2}$  by a 405 nm and 980 nm diode laser in succession.  $nd_j \rightarrow (n+1)d_j$ ,  $\Delta m = 0$  transitions are driven by a 16  $\mu$ s-long pulses of millimeter-wave before atoms are selectively ionized. The  $(n+1)d$  population is measured as a function of mm-wave frequency. Static fields in the MOT are nullified to  $< 50$  mV/cm in three dimensions to eliminate DC Stark shifts. Zero-oscillatory-field transition energies can be measured in two ways: (1) extrapolating zero-mm-wave resonance frequency and (2) Ramsey's separated oscillatory field (SOF) method.



**Figure 1:** Sketch of the MOT, with the MOT cloud trapped in a magnetic field created by 6 MOT coils and cooled by a 770 nm laser (not shown). The rods provide a static field and an ionization field. A mm-wave drives  $nd_j \rightarrow (n+1)d_j$  transitions.



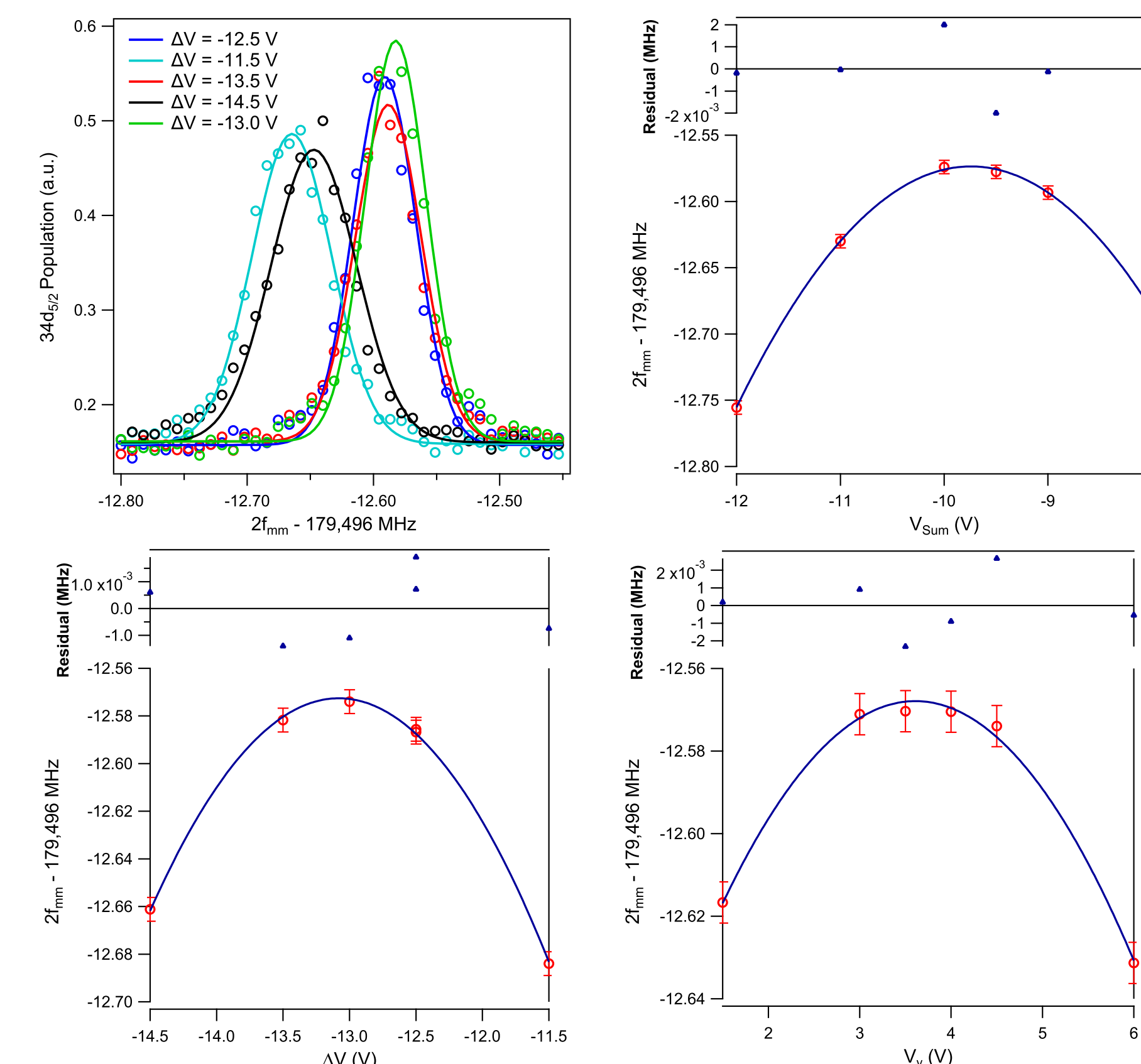
**Figure 2:** (a) Trapping & (b) d-d excitation scheme

## Static field elimination

Energy levels of Rydberg states are sensitive to external static electric fields. Measured  $nd \rightarrow (n+1)d$  transition frequencies vary quadratically with static field amplitude:

$$\Delta\nu_{nd_j \rightarrow (n+1)d_j} = \nu_0 - \frac{1}{2}\Delta\alpha E^2$$

where  $\Delta\alpha$  is the difference between the  $(n+1)d$  and  $nd$  polarizabilities, representing how strongly energy levels shift due to an external static electric field.

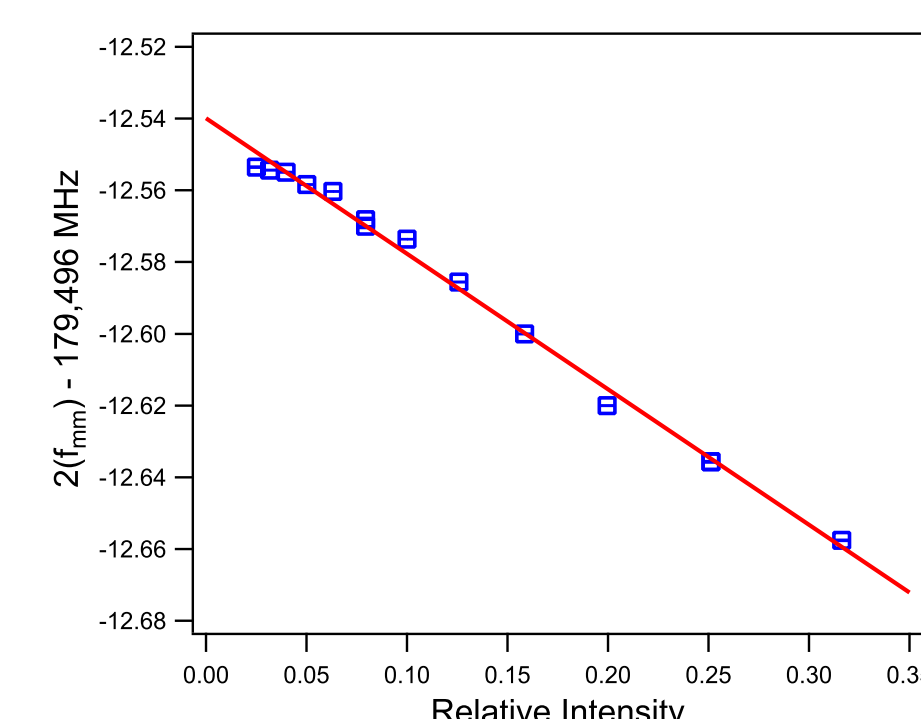


**Figure 3:**  $33d_{5/2} \rightarrow 34d_{5/2}$  DC Stark shifts & field nulling

Projected maximum frequency in one direction corresponds to a DC bias that nullifies the field in that direction.

## Zero mm-wave power extrapolation

While not a large effect, the energy shift caused by the mm-wave source is significant at our level of precision. This shift is directly proportional to the intensity of the interacting mm-wave.



**Figure 4:** Zero-power extrapolation for  $33d_{5/2} \rightarrow 34d_{5/2}$

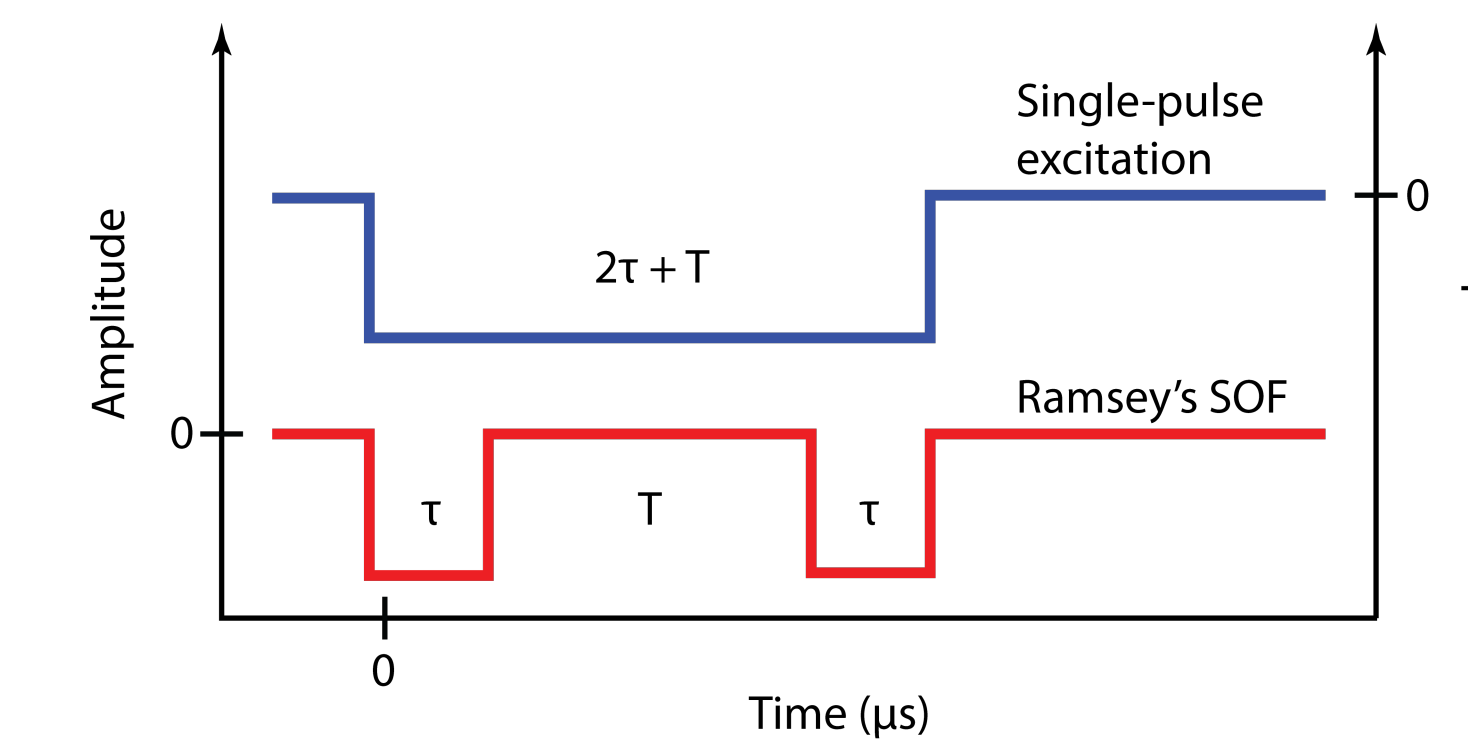
The y-intercept of the linear fit of the measured transition frequencies is the mm-wave-free transition frequency. The energy shifts from 0.35 to 0 relative intensity are on the order of a few kHz.

The  $33d_{5/2} \rightarrow 34d_{5/2}$  spacing can then be calculated:

$$\begin{aligned} \Delta\nu_0 &= 2f_{\text{mm}} = 179,496 \text{ MHz} - 12.540 \text{ MHz} \\ &= 179,483.46 \text{ MHz} \end{aligned}$$

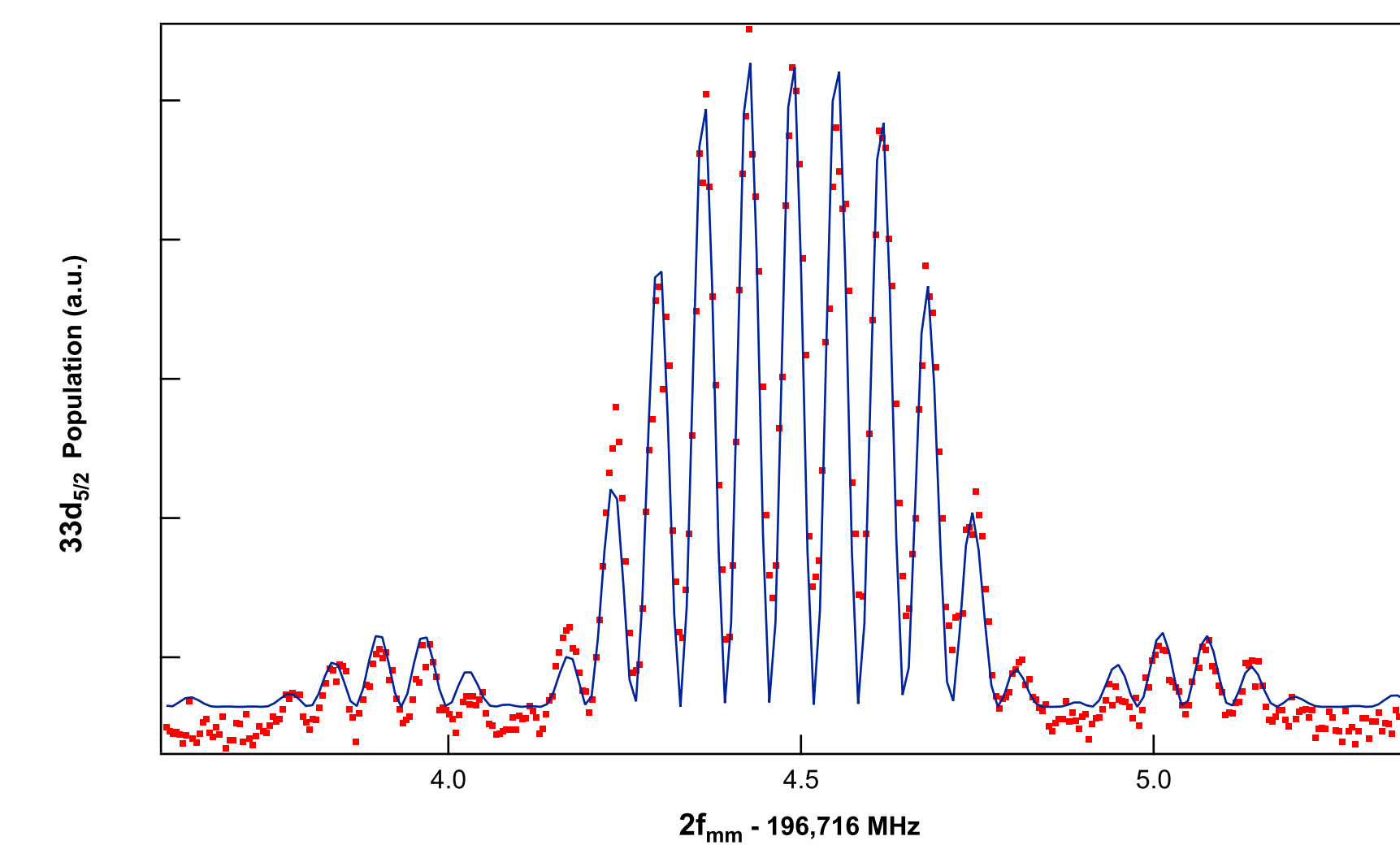
## Ramsey's SOF, an alternative technique

Ramsey's separated oscillatory field method removes the need for zero-power extrapolation. K atoms in the  $nd$  state are exposed to a double pulse of width  $\tau$  and delay  $T$  instead of a long, single pulse.



**Figure 5:** Single-pulse v. Ramsey's SOF scheme

A detuning scan reveals Ramsey fringes, as expected

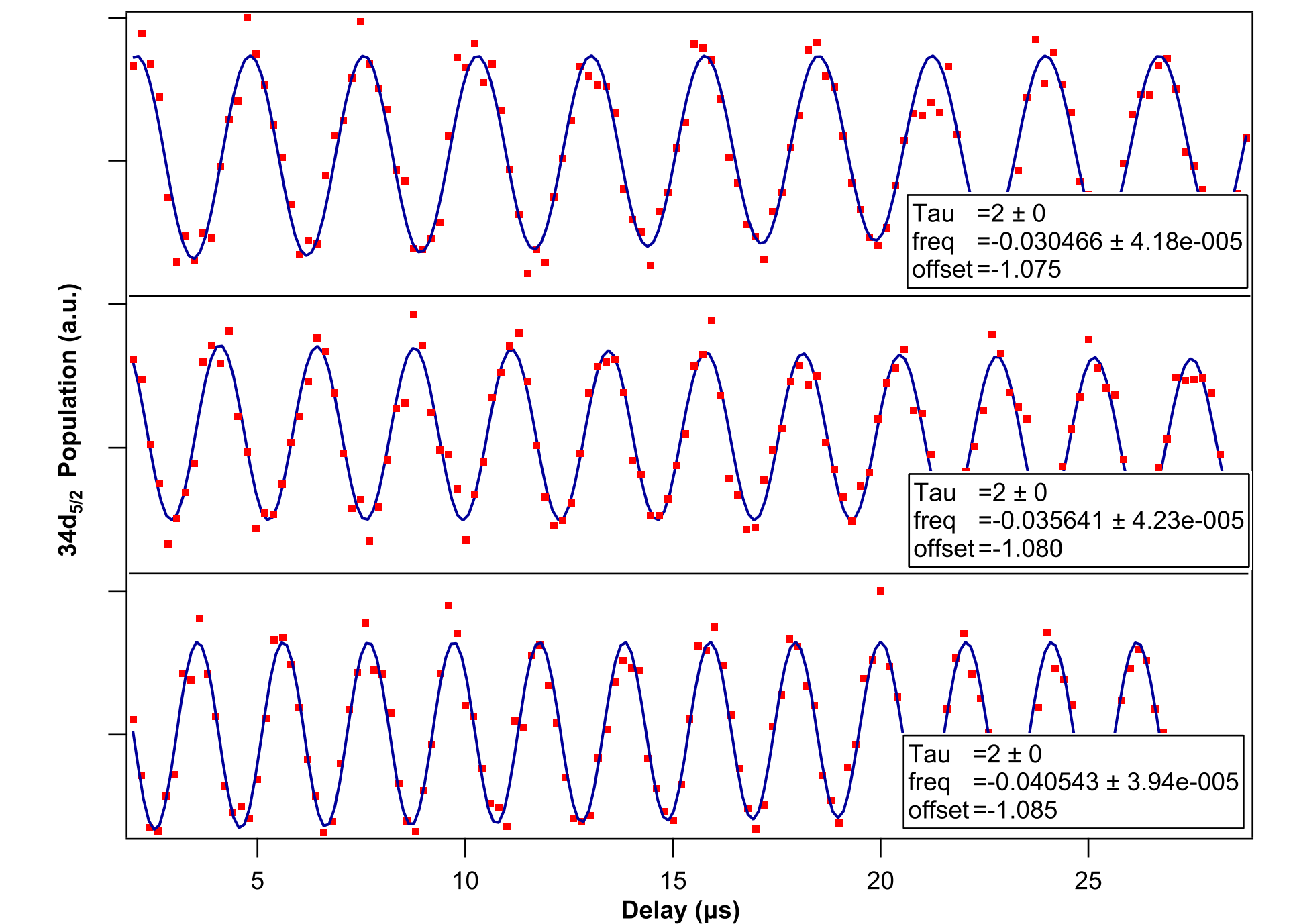


**Figure 6:** Ramsey fringes & fit for  $32d_{5/2} \rightarrow 33d_{5/2}$

$(n+1)d_j$  state population oscillates as a function of  $T$ :

$$P_{(n+1)d_j} \propto \cos^2\left(\frac{\Delta_0 T}{2}\right)$$

where  $\Delta_0 = \omega_0 - (E_{(n+1)d_j} - E_{nd_j})/\hbar$  is the beat frequency between the mm-wave and the atomic transition frequencies in zero oscillatory field. With known mm-wave frequency offset, fitting a cosine squared to a delay scan signal allows for determining the zero-power frequency for the  $33d_{5/2} \rightarrow 34d_{5/2}$  transition.



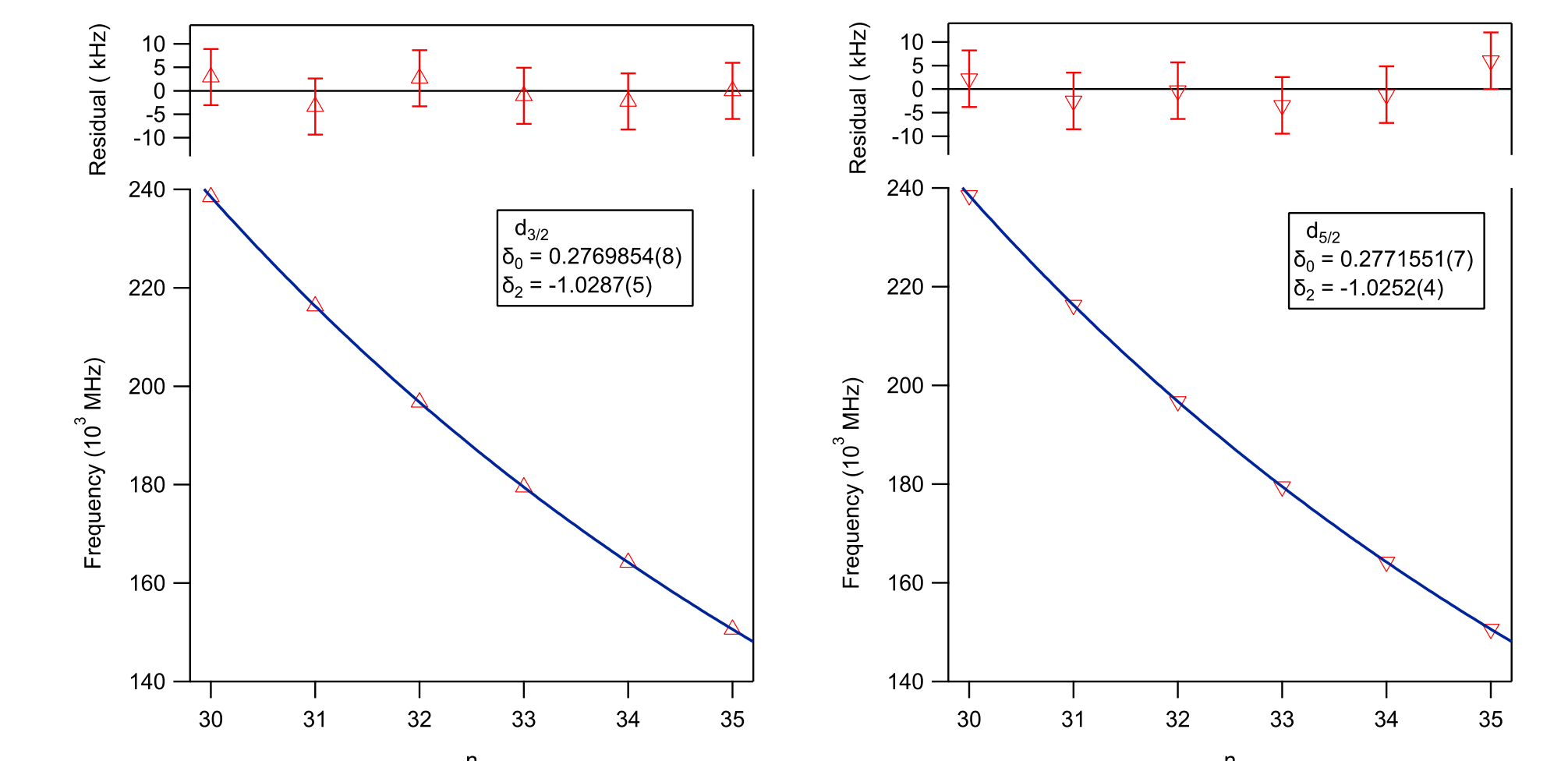
**Figure 7:** Delay ( $T$ ) scans at different  $\omega_0$ 's

## Determination of d-state quantum defects

The absolute energies are given by:

$$E_n = -\frac{hcR_K}{(n - \delta(n))^2}, \quad \delta(n) = \delta_0 + \frac{\delta_2}{(n - \delta_0)^2}$$

where  $n$  is the principal quantum number, and  $\delta(n)$  is parameterized by two coefficients,  $\delta_0$  and  $\delta_2$ .



**Figure 8:**  $\delta(n)$  dependence of  $E_n$  for  $d_{3/2}$  and  $d_{5/2}$

$nd_j \rightarrow (n+1)d_j$  transition frequencies versus principal quantum number. A fit of the measured transition energies is used to determine  $\delta_0$  and  $\delta_2$  for the  $d_{3/2}$  and  $d_{5/2}$  states. Residuals of the fit are less than  $5 \times 10^{-8}$  of the transition frequency.

## Acknowledgments

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