

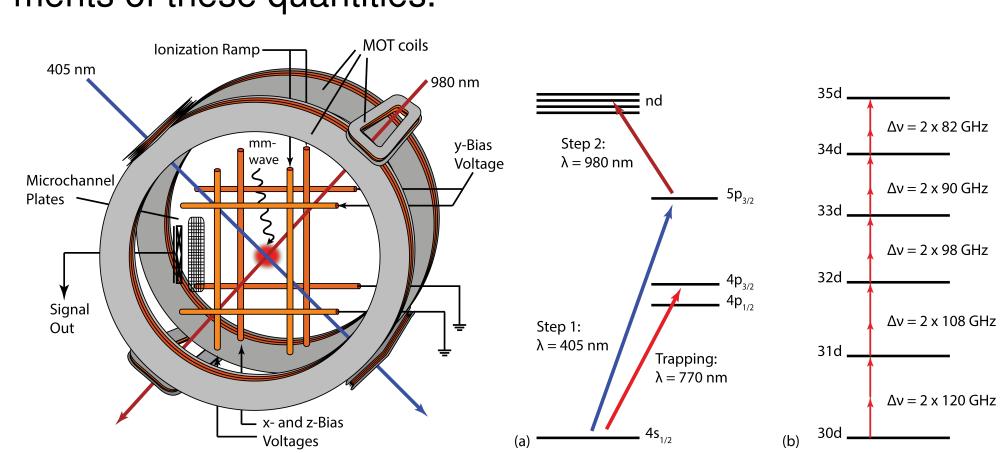
Millimeter-wave precision spectroscopy of potassium in Rydberg states

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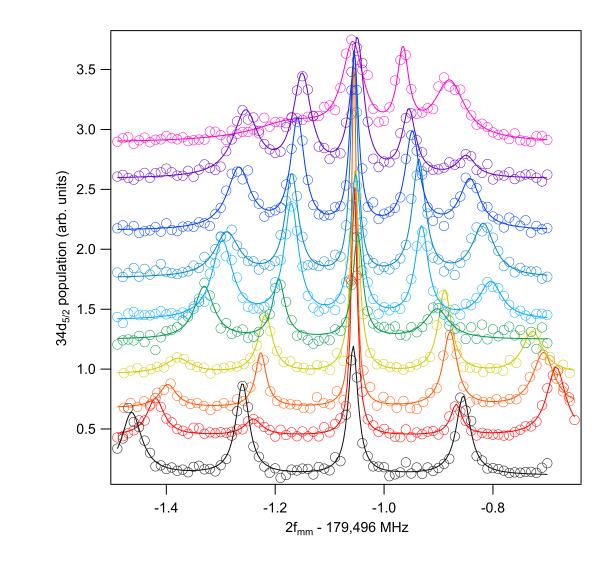
Abstract

We measure two-photon mm-wave transitions between nd_i and $(n+1)d_i$ Rydberg states for $30 \le n \le 35$ in 39K to an accuracy 5×10^{-8} to determine high-n d-state quantum defects and absolute energy levels. ³⁹K atoms are trapped and cooled to 2-3 mK in a MOT, and excited from $4s_{1/2}$ to $nd_{3/2}$ or $nd_{5/2}$ by frequency-stabilized 405 nm and 980 nm ECDL's in succession. The magnetic-field insensitive $nd_i \rightarrow (n+1)d_i$ $\Delta m = 0$ transitions are driven by a 16 μ s-long pulse of mmwaves before the atoms are selectively ionized for detection. The (n+1)d population is measured as a function of mmwave frequency. Static electric fields in the MOT are nulled in three dimensions to eliminate DC Stark shifts. The transitions exhibit small but measurable AC Stark shifts at resonance. Field-free intervals are determined both by extrapolating a sequence of measurements made as a function of mm-wave power to zero and directly without extrapolation by applying Ramsey's separated oscillating fields method. Our results give quantum defects for the high-n states that are an order of magnitude more accurate than earlier measurements of these quantities.



The MOT cloud is trapped in a magnetic field and cooled by a 770 nm laser (not shown). The rods provide a static field and an ionization field. A mm-wave drives nd \rightarrow (n+1)d transitions. (a) Trapping and excitations from $4s_{1/2}$ to nd states in 2 steps. (b) Two-photon mm-wave transitions and their approximate frequencies.

Magnetic-field insensitive $\Delta m = 0$ transitions

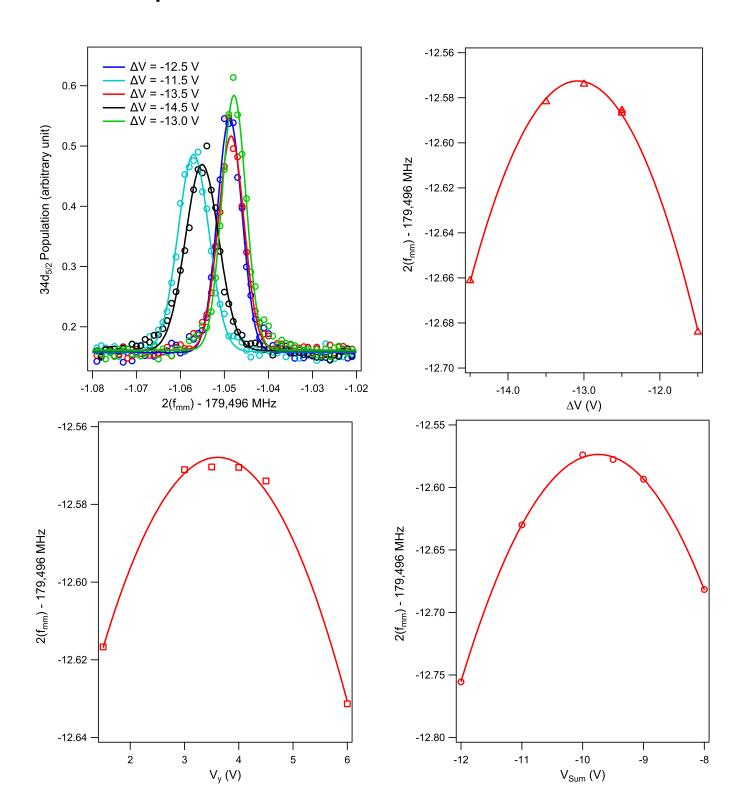


Static field elimination

Energy levels at highly excited states are sensitive to external static electric fields. Measured nd \rightarrow (n+1)d transition frequencies vary quadratically with the static field amplitude:

$$\Delta \nu_{nd \to (n+1)d} = \nu_0 - \frac{1}{2} \Delta \alpha E^2,$$

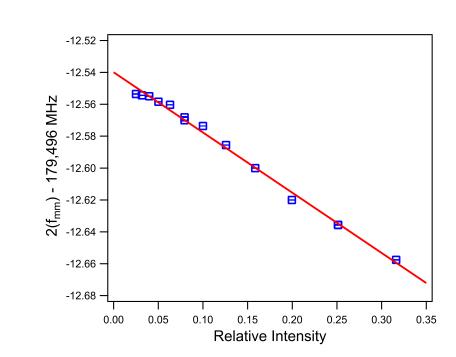
where $\Delta \alpha$ is the difference between the (n+1)d and nd polarizabilities. In general, α represents how strongly energy levels shift in response to an external static electric field.



Static field elimination for $33d_{5/2} \rightarrow 34d_{5/2}$ transition. Shown are $34d_{5/2}$ population distributions and transition frequencies at different static field values in orthogonal directions. Projected maximum frequency in one direction corresponds to a DC bias that nullifies the field in that direction.

Zero mm-wave power extrapolation

While not a large effect, the energy shift caused by the mmwave source is significant at our level of precision. This shift is directly proportional to the intensity of the interacting mmwave.



Zero-power extrapolation for $33d_{5/2} \rightarrow 34d_{5/2}$ transition after static field elimination. The y-intercept of the linear fit of the measured transition frequencies is the mm-wave-free transition frequency. The energy shifts from 0.35 to 0 relative intensity are on the order of a few kHz.

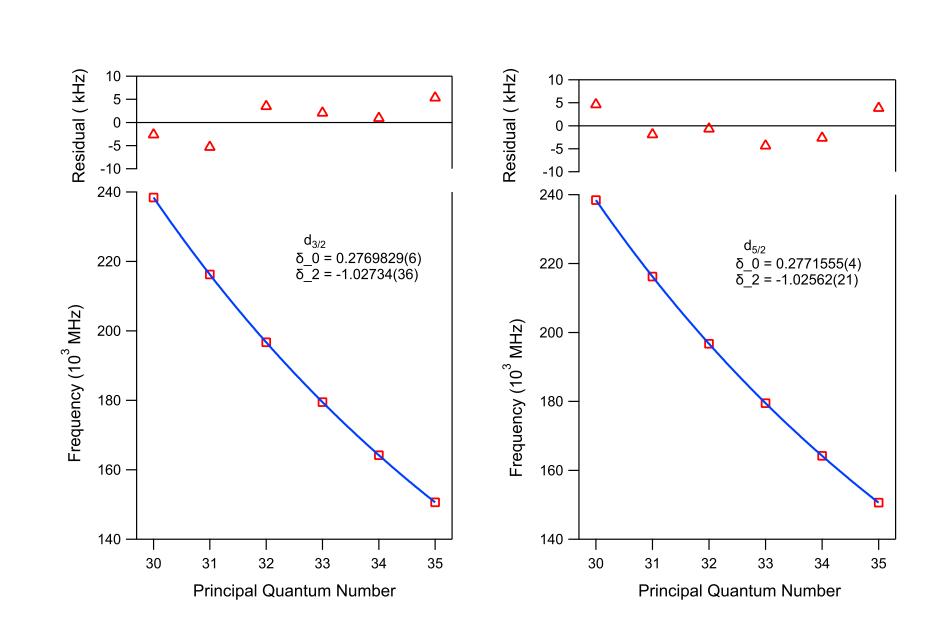
Determination of d-state quantum defects

The absolute energies are given by:

$$E_n = -\frac{hcR_K}{(n - \delta(n))^2},$$

where n is the principal quantum number, and $\delta(n)$ is parameterized by two coefficients, δ_0 and δ_2 , as:

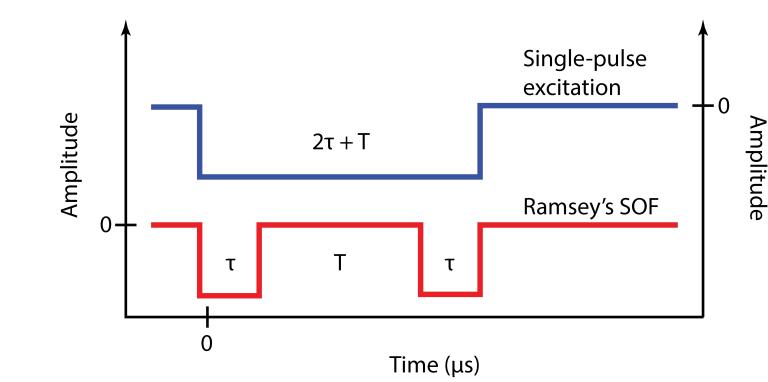
$$\delta(n) = \delta_0 + \frac{\delta_2}{(n - \delta_0)^2}.$$

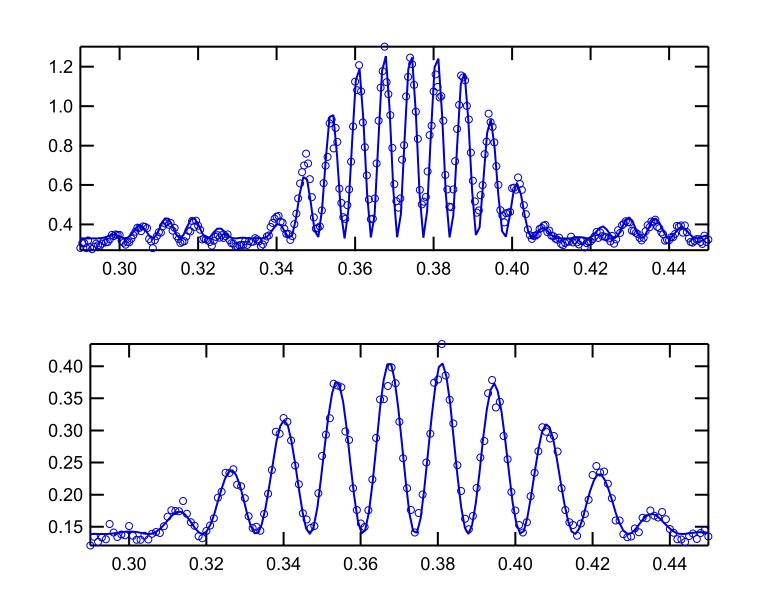


nd \rightarrow (n+1)d transition frequencies versus principal quantum number. A fit of the measured resonance frequencies are used to determine δ_0 and δ_2 for the d_{3/2} and d_{5/2} states. Residuals of the fit are less than a part in 10⁷ of the transition frequencies.

Ramsey's SOF, an alternative technique

Ramsey's separated oscillatory field method removes the need for zero-power extrapolation. K atoms in the nd state are exposed to a double pulse of width τ and delay T instead of a long, single pulse.

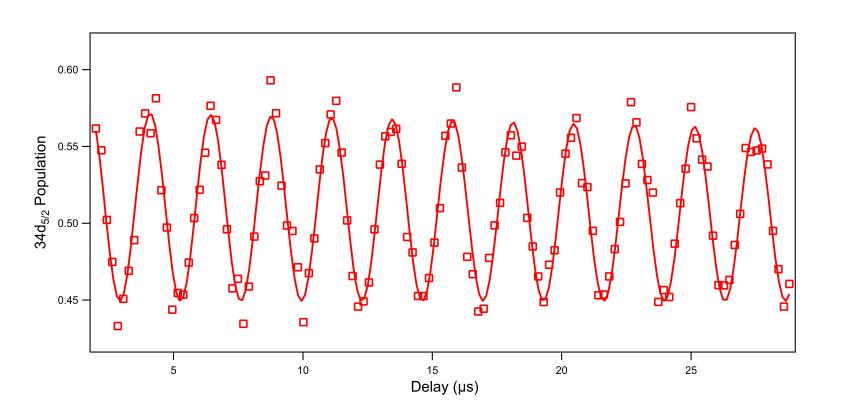




The final (n+1)d population oscillates as a function of T:

$$P_{(n+1)d} \propto \cos^2\left(\frac{\Delta_0 T}{2}\right),$$

where $\Delta_0 = \omega_0 - [E_{(n+1)d} - E_{nd}]/\hbar$ is the beat frequency between the mm-wave frequency and the atomic transition frequency in zero oscillatory field.



With known mm-wave frequency offset, fitting a cosine squared to a delay scan signal allows for determining the zero-power frequency for the $33d_{5/2} \rightarrow 34d_{5/2}$ transition.

The fit gives $\Delta_0/2\pi=$ -0.4277 MHz. With an initial mm-wave frequency offset of -12.96 MHz, the field-free $33d_{5/2} \rightarrow 34d_{5/2}$ spacing is:

$$\Delta \nu_0 = \nu_{\text{offset}} - \Delta_0/2\pi + 179,496 \text{ MHz}$$

= -12.96 MHz + 0.4277 MHz + 179,496 MHz
= 179,483.47 MHz,

consistent with the zero-power-extrapolated value.

Acknowledgments

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