



# Faith Beyond Exhaustion

*(A Virtual Retreat Exclusively for All Faith Leaders)*

**May 12, 2022**

## Cultivating Resilience through Adversity

*This retreat provides opportunities to experience the power of connection & support by sharing challenges and how we overcome them. Creating conversations in sacred space about how we can thrive through difficult times while maintaining hope.*

**Featured Speaker: Reverend Troy DeCohen, Senior Pastor of Mount Vernon Heights Congregational Church, President of the United Black Clergy, Co-Chair of the Interfaith Clergy for Social Action**

*Leaders From All Faiths Are Welcome*

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**May is Mental Health Awareness Month**

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**Thursday May 12, 2022**

**12:00 noon – 3:30 pm (EDT)**

Register via email to [matthewcarrella9@gmail.com](mailto:matthewcarrella9@gmail.com)  
Please register **ASAP** and include mailing address  
in order to receive your Gift Packet & Zoom invitation

Any questions please contact Ellen Ritz  
[el.ritz@yahoo.com](mailto:el.ritz@yahoo.com) or 516-330-9778

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