Inserting sections

This is the first paragraph.

This is the second paragraph.

This is the third paragraph, in a new section.

This is the fourth paragraph, in a new section.

This document contains 4 Sections.  
Section 1 has 3 non-empty paragraphs.  
Section 2 has 1 non-empty paragraphs.  
Section 3 has 1 non-empty paragraphs.  
Section 4 has 0 non-empty paragraphs.