# PERSONAL INFORMATION

# Raquel Nogal Santamaría



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Sex Female | Date of birth 23/07/1998 | Nationality Spanish

#### PERSONAL STATEMENT

Fourth year Journalism student, currently looking for an internship in order to develop all the communication skills learnt during the past years.

#### **EDUCATION AND TRAINING**

# 14/08/2019–30/05/2020 Degree Programme in Multidisciplinary Communication Studies

Tampere University, Tampere (Finland)

- Specialization in Journalism
- Erasmus Student Exchange Programme

#### 2016-Present

# Degree in Journalism

Universidad Complutense de Madrid, Madrid (Spain)

#### **WORK EXPERIENCE**

# 10/2018-Present

# Contributor writing articles

The music of the week, Madrid (Spain)

- Write articles about all musical genres.
- Coverage of musical events, and press conferences.
- Interviews with different professionals of the musical level.
- Writing news of musical draft.

# 17/06/2019-13/08/2019

# Journalist

Diario de Burgos, Burgos (Spain)

- Internship in the local area of the newspaper
- Support and collaboration in the writing of the newspaper in the realization of reports, information and interviews

#### 06/2018-07/2018

#### Au pair

Gunnarsson Family, Grindavík (Iceland)

- Care of three minors
- Cleaning and maintenance of the house
- Language practice: English

# 2013-2016

# Basketball referee

Delegación burgalesa de baloncesto, Burgos (Spain)

# 11/2016

# Contributor writing articles



Moobys - Blog de cine y TV, Madrid (Spain)

# 11/2016 Volunteer in "Gran Recogida de Alimentos"

Fundación Banco de Alimentos de Madrid, Madrid (Spain)

# 07/2016 Volunteer in the preparatory meeting of the Spanish National Team for Eurobasket

2016

Federación Española de Baloncesto, Burgos (Spain)

# 07/2015 Volunteer in the preparatory meeting of the Spanish National Team for Eurobasket

2015

Federación Española de Baloncesto, Burgos (Spain)

#### 12/2014 Basketball coach

Baloncesto Tierra Burgos, Burgos (Spain)

#### PERSONAL SKILLS

#### Mother tongue(s)

#### Spanish

# Foreign language(s)

UNDERSTANDING		SPEA	WRITING				
Listening	Reading	Spoken interaction	Spoken production				
B2	B2	B2	B2	B2			
First Certificate in English (FCE) Test Of English as a Foreign Language (TOEFL)							
B1	B1	B1	B1	B1			
	Certificado de com	petencia lingüística del i	dioma francés				

French

English

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

Common European Framework of Reference for Languages

# Communication skills

- Good communication skills gained through my experience as a volunteer in different sports events as well as in my internship in a local newspaper.
- High capacity of adaptation to the different environments demanded by each proffesional experience (au pair, intern, musical and audiovisual platform contributor)

# Digital skills

	SELF-ASSESSMENT					
Communication		Content creation	Safety	Problem- solving		
Independent user	Proficient user	Basic user	Basic user	Basic user		

Digital skills - Self-assessment grid

Driving licence

В

# ADDITIONAL INFORMATION

Publications Publicación: Artículo [Top5] Actrices morenas más guapas del cine



#### Curriculum vitae

Lugar: https://moobys.es Fecha: 26 noviembre 2016

Publicación: Artículo Carolina Durante y Amaia Romero juntan voces y humor

Lugar: https://themusicoftheweek.com

Fecha: 10 diciembre 2018

Publicación: Artículo Vuelve con su octavo disco la reina sueca del "electropop"

Lugar: https://themusicoftheweek.com

Fecha: 13 diciembre 2018

Publicación: Artículo Regresa la princesa del pop punk: Avril Lavigne

Lugar: https://themusicoftheweek.com

Fecha: 20 diciembre 2018

Publicación: Artículo "All I Want For Christmas Is You" rompe el récord One-Day Streaming de Spotify

Lugar: https://themusicoftheweek.com

Fecha: 27 diciembre 2018



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Mother tongue(s)

Spanish

Foreign language(s)
English, French

		English					
	Self-	assessment of language	skills				
UNDERSTANDING		SPEAKING			WRITING		
Listening	Reading	Spoken interaction	Spoken pro	Spoken production		Writing	
B2 Independent user	B2 Independent user	B2 Independent user		B2 Independent user		B2 Independent user	
		Certificates and diploma	IS				
Title		Awarding body		Date		Level*	
First Certificate in English (FCE)		Universidad Cambridge		06/2014		B2	
Test Of English as a Foreign Language (TOEFL) –				11/2017		B2	
	Lingui	stic and intercultural exp	perience				
Description				Duration			
Using languages while living or travelling abroad: Programa de intercambio escolar en Worthing, Inglaterra: una semana viviendo con una familia de habla inglesa				3/12			
Using languages while living or travelling abroad: Programa de Au Pair en Grindavík, Islandia: trabajando y viviendo durante un mes con una familia de habla islandesa e inglesa			6/18–7/18				

French						
Self-assessment of language skills						
UNDERSTANDING		SPEAKING		WRITING		
Listening	Reading	Reading Spoken interaction Spoker		Writing		

The Europass Language Passport is part of the European Language Portfolio developed by the Council of Europe (www.coe.int/portfolio).









B1 Independent user	B1 Independent user		B1 Independent user	B1	B1 Independent user		B1 Independent user	
		С	ertificates and diploma	ıs				
Title		Awarding body		Date		Level*		
Certificado de competencia lingüística del idioma francés		Centro Superior de Idiomas Modernos de la Universidad Complutense de Madrid		26/11/2018		B1		
	Lin	guist	ic and intercultural exp	perience				
Description			Duration					
Using languages while living or travelling abroad: Programa de intercambio escolar en Niza, Francia: viviendo durante quince días con una familia de habla francesa			7/15					

