

A Web Page
 https://BeFit.de

BeFit

[Home](#) [Services](#) [Our Products](#) [About](#) [Studios](#) -

Aktion on all our studios!

Only for a short time!

Secure now!

Image buttons

In 2003, the first "BeFit Fitness Studio" opened its doors in Ostkreuz under the name "Get Fit First".
 The small, family-run gym came to life in a former tennis hall.
 For only 10 EURO per month, it was affordable for young and old and quickly developed into a popular meeting place. Expansion occurred and the popular family atmosphere of the "Get Fit First" gyms reached other districts in Berlin and Brandenburg.

Over time, the previously exclusive fitness offering was expanded to include saunas, showers and trainer support, as well as wi-fi and a variety of courses. We were one of the first fitness centres to offer a flat rate for drinks.

In the studios, customers always called us "BeFit" for short, so it became "BeFit". To this day, the family-run "BeFit Fitnessclub" stands for a family atmosphere, good value for money and personal care.

We offer a variety of people a meeting place and not just an anonymous fitness hall. We look forward to being or becoming this meeting place for you in the future.

Only images

BeFit Studios <ul style="list-style-type: none"> Cottbus Potsdam Ostkreuz Ostkreuz Women 	Services <ul style="list-style-type: none"> Fitness equipments Cardio Courses Spa Sauna Drinks WIFI 	Information <ul style="list-style-type: none"> About Terms of Services Imprint Privacy Contact us
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Connect with us

The "BeFit Studios" and "Information" items are buttons, but the "Service" ones are just a list.



TECHNOGYM

Engaging physical activity, correct nutrition, and a positive mindset: the more people we inspire to make these a habit, the better the quality of life on the planet. We call it Wellness: help us spread the word.



The Wellness Company



BIOTECH USA

Protein Powder is a great protein powder for dedicated athletes looking for high protein content. Like all BioTech USA products. Protein Powder consists of safe and carefully selected nutrients. Prepared with high-quality milk and soy proteins, Protein Powder delivers a whole range of BCAAs, L-Glutamine, and other essential and non-essential amino acids. Its protein content contributes to the growth and maintenance of the muscle mass.

BODYENGINEERS

BeFit is the one and only distribution for Bodyengineers in Germany. Only here you will find the original products. Body Engineers has founded in 2014 in Amsterdam the Netherlands by Aerospace Engineer and world champion fitness model Tavi Castro. A brand built around the vision to bring elegant styling, quality, and performance to a formerly dull fitness industry we look to bridge the gap between European fashion and the fitness lifestyle that has exploded in the years that followed.



Worldwide Fitness Company

PANATTA

BeFit uses only Panatta weights. For Panatta, Made in Italy means design, beauty, qualitative excellence, craftsmanship, and extreme passion. Our equipment is designed, produced, and tested in Italy. It is a result and an expression of a concept characterized by innovative product and production processes. This also, and above all, means Love for the territory that hosts us and watches us grow.

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Information

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us





About

We have designed the ideal training atmosphere for each of our clients. BeFit Gym Germany transforms into the most pleasant space for your training session with its 850m² in Cottbus, 800m² in Potsdam, 933m² in Ostkreuz and 785m² in Ostkreuz Women of trendy furnishings. Modern equipment that has received EU certification is all available in all our locations. Because we place a high value on our clients' safety, we have chosen vinyl and rubber flooring that complies with EU fire and health regulations. Additionally, our gyms offer a massage area, SPA and much more on its property that can satisfy the needs of its members by offering them: relief from stress, relaxation, a decrease in muscle stiffness and weariness after training, as well as injury prevention. We took care to design spacious locations that are airy and bright, where you won't ever get fatigued. With us, you may receive professional guidance, a tailored plan, and the highest level of on-the-spot attention for personal or group training. In all our locations we have a trainer that will look after you regardless of your objectives or level of athletic ability. Utilize your ability to the fullest in a stimulating environment that will never demotivate you. Choose a time that works for you, create a plan specific to your requirements with the assistance of our instructors, who are leaders in their fields, and begin training.

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Information

[About](#)
[Terms of Services](#)
[Imprint](#)
[Privacy](#)
[Contact us](#)

Connect with us



Home Services Our Products About Studios



Aktion! Only for a short time!

Register now!

Photo

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Facilities -

All-inclusive

Now new: Solariumflat I 3 hours
Free parking | Solarium | Drinksflat |
Showers | Individual training
plans with certified trainers |
Separate men's and women's sauna |
Aerobics classes | Nutritional
advice | Indoor cycling | W-Lan
hotspot

Contact Information

You can find us here:

Tel: 0355 / 4869 9448

Blechen Carré 3rd floor
Karl-Liebknecht-Strasse 136
03046 Cottbus

Mon - Fri 7-23 h
Sat - Sun 9-22 h

Prices -

Basic - 19,90€/month

All inclusive - 29,90€/month

Course Plan

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00	Backfit	Cycling	Backfit				
10:00	Yoga	Yonga	Korce	Hot Iron		Pilates	
11:00	Mobility-training				Mobility-training	Zumba	
16:00	Hot Iron		Zumba				
17:00	CrossFit	Hot Iron		CrossFit	Yoga		
18:00	Boxing	Korce		Boxing			
19:00	Yonga						

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Services

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Information

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us





Photo

Send you to registration page

Facilities**All-inclusive**

Now new: Solariumflat I 3 hours
 Free parking I Solarium I Drinksflat I
 Showers I Individual training
 plans with certified trainers I
 Separate men's and women's sauna I
 Aerobics classes I Nutritional
 advice I Indoor cycling I W-Lan
 hotspot

Contact Information**You can find us here:**

Tel: 030-68 08 44 04

Rollbergstraße 2-8
12053 BerlinMo – Fr 7-23 h
Sa – So 9-22 h**Prices****Basic - 19,90€/month****All inclusive - 29,90€/month****Course Plan**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00	Backfit	Cycling	Backfit				
10:00	Yoga	Yonga	Korce	Hot Iron		Pilates	
11:00	Mobility-training				Mobility-training	Zumba	
16:00	Hot Iron		Zumba				
17:00	CrassFit	Hot Iron		CrassFit	Yoga		
18:00	Boxen	Korce		Boxen			
19:00	Yonga						

BeFit Studios

Cottbus
 Potsdam
 Ostkreuz
 Ostkreuz Women

Sevices

Fitness equipements
 Cardio
 Courses
 Spa
 Sauna
 Drinks
 WIFI

Informatio

About
 Terms of Services
 Imprint
 Privacy
 Contact us

Connect with us



Home Services Our Products About Studios



Facilities

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Showers | Individual training
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advice | Indoor cycling | W-Lan
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Contact Information

You can find us here:

Tel: 030-68 08 44 02

Neckarstraße 24-25
12053 Berlin

Mo – Fr 7-23 h
Sa – So 9-22 h

Prices

Basic - 19,90€/month

All inclusive - 29,90€/month

Course Plan

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
18:00	Boxing	Korce		Boxing			
19:00	Yonga						

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Services

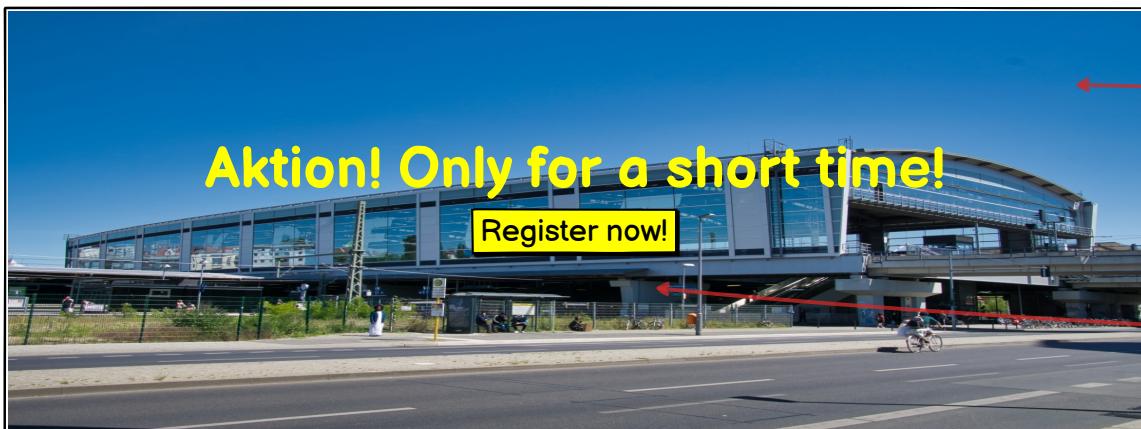
Fitness equipments
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Information

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us





Photo

Send you to registration page

Facilities**All-inclusive**

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 Showers I Individual training
 plans with certified trainers I
 Separate men's and women's sauna I
 Aerobics classes I Nutritional
 advice I Indoor cycling I W-Lan
 hotspot

Contact Information

You can find us here:

Tel: 030-41 20 62 32
 Müllerstraße 36 13353
 Berlin U-Bhf. Seestraße

Mo – Fr 7-23 h
 Sa – So 9-22 h

Prices**Basic - 19,90€/month****All inclusive - 29,90€/month****Course Plan**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00	Indoor-Cycling	Barbells	Indoor-Cycling	Barbell	Strong by Zumba		
10:00	Strong by Zumba	Fatburner	Strong by Zumba	Fatburner	Belly Leg Butt	Power Morning	Belly Leg Butt
11:00	Pilates		Indoor Cycling	Indoor Cycling	Indoor Cycling	Body shape	Body shape
12:00	Stretch & Relax	BodyFit	Yoga		Yoga	Fatburner	Fatburner
15:00							Workout
16:00							Pilates
17:00	Fatburner	BodyShape	Upper Body	BodyShape	Belly Leg Butt		
18:00	BodyShape	Fatburner	Fatburner	Fatburner	Upper Body		
19:00	Belly Leg Butt	Pilates	Belly Leg Butt	Yoga	Flow Yoga		

BeFit Studios

Cottbus
 Potsdam
 Ostkreuz
 Ostkreuz Women

Sevices

Fitness equipements
 Cardio
 Courses
 Spa
 Sauna
 Drinks
 WiFi

About
 Terms of Services
 Imprint
 Privacy
 Contact us

Connect with us

[Home](#) [Services](#) [Our Products](#) [About](#) [Studios](#)**Basic**

Equipment training
Showers
Sauna
Free WLAN

For only
19,90€/month

[Select](#)**All inclusive**

Equipment training
Mineral drinks
Access to all course
Massage
Sauna
Showers
Free WLAN

For only
29,90€/month

[Select](#)

After selecting an offer you get redirected to FillInfoPersonal webpage

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Information

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us





BeFit

[Home](#) [Services](#) [Our Products](#) [About](#) [Studios](#) ▾

Please fill out the information below

First Name Family Name

Date of Birth

Street N°

Postcode City

Email address

AGB

*An email with your data will be sent to us so we have your contract ready for your first day.

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Information

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us





BeFit

[Home](#) [Services](#) [Our Products](#) [About](#) [Studios](#) ▾

Contact Us

Ostkreuz

Tel: 030-68 08 44 02

Neckarstraße 24-25
12053 Berlin

Mo – Fr 7-23 h
Sa – So 9-22 h

Ostkreuz Women

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Mo – Fr 7-23 h
Sa – So 9-22 h

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Information

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us



Terms of Services

General Terms and Conditions of BeFit GmbH

§1 Validity of the General Terms and Conditions

These General Terms and Conditions apply to all contracts between BeFit GmbH and its members. Members are those persons who are entitled to use the BeFit Studios on the basis of a membership contract concluded with BeFit GmbH.

§2 Subject matter of the contract

The contractual partner (member) is entitled to use the BeFit GmbH premises during opening hours within the agreed scope. The house rules are binding for every member and can be seen in the respective current version on the premises of BeFit GmbH. The house rules contain, above all, regulations on the permissible use of the equipment/studio and on safeguarding the rights of other members.

§3 Term and termination of membership contracts

The membership contract is concluded with a fixed contract term, which can be found in the respective contract. Unless otherwise agreed in writing and the membership has not been terminated with a notice period of 1 month prior to the expiry of the contract term, the contract shall be automatically extended by 1 month after the expiry of the basic term. Notice of termination must be in writing and must be sent to the official business address of BeFit GmbH, Müllerstraße 36, 13353 Berlin, stating the membership number.

§4 Membership fees

The agreed membership fee is payable in advance and will be collected by SEPA direct debit authorisation, unless another method of payment has been agreed. If the collection fails for reasons for which the account holder is responsible, BeFit GmbH will charge an additional reminder processing fee of € 2.50 in addition to the bank charges incurred.

If the member is in arrears with the payment of two monthly fees, the studio may switch the direct debit to cash payment.

§5 Delay in payment/Studio ban

If the member is in arrears with the payment of three contributions, the subsequent contributions up to the next ordinary termination date shall become due immediately. In the event of late payment, the studio may assert a right of retention (studio ban). The assertion of the fees or the pronouncement of the studio ban shall not constitute termination of the contract. The member is entitled to use the services specified in the contract as soon as the outstanding debt has been settled and the studio no longer asserts a right of retention.

Furthermore, BeFit GmbH reserves the right to terminate the contract in due time in the event of two unsuccessful reminders and to demand the fees due up to that point through Inkasso Becker.

§6 Price adjustment right

The fees include the currently valid VAT rates. In the event of a statutory increase in VAT, BeFit GmbH is entitled to increase the membership fee.

§7 Changes to the contract

Changes of name, address and bank details must be notified to BeFit GmbH in writing without delay.

§8 Youths

Membership for young people before the age of 18 is only possible with the consent of their legal guardians. Membership for young people is only possible from the age of 15.

§9 Membership card/photo

The member receives a membership card from the studio. The cost of the membership card is included in the service fee. Access to the studio is only permitted on presentation of the membership card. If the member loses or damages his/her membership card, the member must pay € 10.00 to BeFit GmbH for the reissue of the membership card. Passing on the

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Informatio

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us





BeFit

[Home](#) [Services](#) [Our Products](#) [About](#) [Studios](#) ▾

Imprint

Responsible according to § 5 TMG:

BeFit GmbH
Müllerstr. 36
13353 Berlin

Managing Director:
Roland Briegert

Contact:
Phone 030 68 08 44 04

E-mail: info@Be-Fit.de
For questions about prices, courses, opening hours
or any other questions, please feel free to call the respective studio.
Your BeFit Team

Tax number:
37 / 287 / 30140

Commercial register: Berlin-Charlottenburg Local Court
HRB 169089 B

photos:
© Dennis Pakulat - pakulat-fotografie.de
© Warren Goldswain - Fotolia.com
© Rido - Fotolia.com

Note on dispute resolution

We are not obliged and not willing to participate in a dispute resolution procedure before a consumer arbitration board according to the Consumer Dispute Resolution Act (VSGB).

Disclaimer:

Liability for contents

The contents of our pages have been prepared with the greatest care. However, we cannot assume any liability for the correctness, completeness and up-to-dateness of the contents. As a service provider, we are responsible for our own content on these pages in accordance with the general laws pursuant to § 7 para. 1 TMG. However, according to §§ 8 to 10 TMG, we are not obliged as a service provider to monitor transmitted or stored third-party information or to investigate circumstances that indicate illegal activity. Obligations to remove or block the use of information in accordance with general laws remain unaffected by this. However, liability in this regard is only possible from the point in time at which a concrete infringement of the law becomes known. If we become aware of any such infringements, we will remove the relevant content immediately.

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BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Informatio

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us



Privacy

Privacy policy

Thank you for visiting our website. The protection of your data is of particular importance to the management of BeFit GmbH. The use of our website is possible without any indication of personal data. If you want to use a special service of the BeFit GmbH via our website, processing of personal data could become necessary. In the event that personal data is processed and there is no legal basis for the processing, we will obtain the consent of the data subject.

The processing of personal data, such as the name, address, e-mail address, or telephone number of the data subject shall always be in line with the European Data Protection Regulation, and in accordance with the country-specific data protection laws applicable to the BeFit GmbH. In this data protection declaration, our company informs the data subjects about the type, scope and purpose of the processing of personal data carried out by us. Furthermore, the data subjects are informed about their rights.

As the controller, the BeFit GmbH has implemented extensive technical and organisational measures to ensure the most complete protection of personal data processed through this website. Nevertheless, data transmissions via the Internet can be subject to security vulnerabilities and complete protection is not possible. Therefore, every data subject is free to transmit personal data to us by other means.

1. definitions

This privacy statement uses terms that were defined when the General Data Protection Regulation (GDPR) was adopted. To ensure that this data protection declaration is easy to read and understand, we explain the terms used in advance:

1.1 personal data

Personal data are all data and information relating to an identified or identifiable natural person (data subject). An identifiable data subject is one who can be identified, directly or indirectly, by reference to an identifier such as a name, an identification number, location data, an online identifier or to one or more factors specific to the physical, physiological, genetic, mental, economic, cultural or social identity of that natural person.

1.2 Data subjects

Data subjects are persons whose personal data are processed by the controller.

1.3 Processing

Processing means any operation or set of operations which is performed upon personal data, such as collection, recording, organisation, filing, storage, adaptation or alteration, retrieval, consultation, use, disclosure by transmission, dissemination or otherwise making available, alignment or combination, restriction, erasure or destruction.

1.4 Restriction of Processing

Restriction of processing is the marking of stored personal data with the aim of limiting their future processing.

1.5 Pseudonymisation

Pseudonymisation is the processing of personal data in such a way that the personal data can no longer be attributed to a data subject without the help of additional information. This additional information must be kept secure and separate so that the personal data cannot be attributed to the data subject.

BeFit Studios

Cottbus
Potsdam
Ostkreuz
Ostkreuz Women

Sevices

Fitness equipements
Cardio
Courses
Spa
Sauna
Drinks
WIFI

Informatio

About
Terms of Services
Imprint
Privacy
Contact us

Connect with us

