

# Story Circle

## Activity

- Form a circle on stage.
- Start with one person sharing a short, simple story or anecdote. It could be something funny or a personal experience.
- The next person in the circle continues the story, adding their own twist or element.
- Keep the story going, with each person contributing a small part.
- This activity encourages creativity, collaboration, and helps everyone ease into expressing themselves in a lighthearted way.

## Physical Movement and Voice Variation

- As each person contributes to the story, you are encouraged to use physical gestures or movements to express elements of their part of the story.
- For example, if the story includes a character climbing a mountain, the person contributing that part can use gestures to mimic climbing.
- Experiment with varying voice tones and pitches to match the mood or characters in the story. For instance, if the story introduces a mysterious character, use a lower, hushed tone.

## Role Assignment:

- Once the story is created, the person designated as the director for that round gets to choose roles for each participant. Assign characters, creatures, or elements from the story to each person.

## Direction and Performance:

- The director takes on the central role and guides the others on how to act out their assigned roles. This includes suggesting movements, expressions, and even vocal tones that align with the characters or scenes.

## Rotation of Roles:

- After the performance, rotate roles so that each person has a chance to direct and act in subsequent rounds. This allows everyone to experience both directing and embodying different characters.

## Feedback and Discussion:

- Conclude each round with a brief discussion. Encourage participants to share their thoughts on the experience, what worked well, and how they can enhance their performance in the next round.