## ITEM 7 MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

The following discussion of the financial condition and results of operations for the years ended December 31, 2019 and December 31, 2018 should be read in conjunction with the audited consolidated financial statements and the notes to those statements that are included elsewhere in this report on Form 10-K. In addition to historical information, the following discussion contains certain forward-looking statements within the "safe harbor" provisions of the Private Securities Litigation Reform Act of 1995. These statements relate to our future plans, objectives, expectations and intentions. These statements may be identified by the use of words such as "may," "could," "believe," "future," "depend," "expect," "will," "result," "can," "remain," "assurance," "subject to," "require," "limit," "impose," "guarantee," "restrict," "continue," "become," "predict," "likely," "opportunities," "effect," "change," "future," "predict," and "estimate," and similar terms or terminology, or the negative of such terms or other comparable terminology. Although we believe the expectations expressed in these forward-looking statements are based on reasonable assumptions within the bounds of our knowledge of our business, our actual results could differ materially from those discussed in these statements. Factors that could contribute to such differences include, but are not limited to, those discussed in the "Risk Factors" section in Part I, Item 1A. We undertake no obligation to update publicly any forward-looking statements for any reason even if new information becomes available or other events occur in the future.

## Results of Operations

## Comparison of Year Ended December 31, 2019 to Year Ended December 31, 2018 (in 000's)

	December 31,				Change		
		2019		2018		\$	%
Net sales	\$	93,662	\$	103,350	\$	(9,688)	(9.4%)
Cost of goods sold Depreciation expense Total cost of goods sold	\$	68,367 3,146 71,513	\$	74,646 2,846 77,492	\$	6,279 (300) 5,979	7.7%
Gross profit Gross Profit % to net sales	\$	<b>22,149</b> 23.6%	\$	25,858 25.0%	\$	(3,709)	(14.3%)
Selling expenses Selling expenses % to net sales	\$	11,062 11.8%	\$	13,477 13.0%	\$	2,415	17.9%
General & administrative expenses General & administrative % to net sales	\$	12,828 13.7%	\$	13,616 13.2%	\$	788	5.8%
Goodwill and intangible asset impairment		-		1,244		1,244	100.0%
Amortization expense	\$	192	\$	631	\$	439	69.6%
Total operating expenses  Total operating expense % to net sales	\$	<b>24,082</b> 25.7%	\$	28,968 28.0%	\$	4,886	16.9%
Loss from operations Loss from operations % to net sales	\$	(1,933) (2.1%)	\$	(3,110) (3.0%)	\$	1,177	(37.8%)