



JOHN MUIR HEALTH  
MEDICAL IMAGING  
925-952-2701

December 25, 2023

Stephanie Schlegel  
6 Elizabeth Lane  
Danville CA 94526

858-472-1260  
MRN: 21412417

Dear Ms. Schlegel,

Our records indicate that you are due for your routine annual mammogram on 2/8/2024.

John Muir Health is happy to inform you that **we now offer 3D Mammography (tomosynthesis) at many of our locations.** Please inform the scheduler if you would like to have a 3D mammogram.

Please make an appointment for your physical examination with your doctor and a subsequent appointment for your mammogram. **PLEASE ASK YOUR DOCTOR FOR AN ORDER.** Please contact John Muir Scheduling at (925) 952-2701 to make your appointment. When scheduling your mammogram please be sure it is at least 366 days since your prior study. We also offer **on-line scheduling for screening mammograms, go to [www.johnmuirhealth.com/mychart/](http://www.johnmuirhealth.com/mychart/) and log-on via the portal.**

Please be aware that many breast cancers do not produce symptoms. Early detection requires a combination of monthly breast self-examination, yearly physical breast examination, and periodic mammography according to your age and physician's recommendations.

If you have had your mammogram done at another facility or if you will no longer be using John Muir Health for your mammographic exams due to reasons such as having moved, change of insurance, etc., please call us so that we may update our records accordingly.

Thank you for your cooperation.

Sincerely,  
John Muir Health, Medical Imaging