

groceries \$264⁰⁰
Service \$600⁰⁰

total: \$864⁰⁰

Thank you!!

I appreciate any & all feedback!

I hope these meals nourish you

from the inside out!!
😊



NOURISH
PERSONAL CHEF SERVICES

July 19, 2023 • Menu for the Schlegel Family

Grilled Chicken Breasts w/ salt + pepper

Beef Ribs (cooked + raw) w/ salt + pepper + garlic

Pork Potsholders w/ green onion + garlic

Beef Tri-Tip Skewers w/ salt, pepper, + garlic

Chicken Skewers w/ onion, tomato, salt + pepper

Egg, Ham, + Cheese Cups

Enjoy + Bon Appetit!!

Chut Ayson