



**133 La Casa Via Mammography  
Department**

133 LA CASA VIA # 120  
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Phone: 925-947-5320

March 7, 2023

Stephanie Schlegel  
6 Elizabeth Lane  
Danville CA 94526

858-472-1260  
MRN: 21412417  
Dear Ms. Schlegel,

Thank you for your recent visit to our facility. We are pleased to inform you that the results of your right mammogram and right breast ultrasound performed on 3/7/23 shows no evidence of malignancy.

A routine mammogram in one year is recommended.

Your mammogram shows that your breast tissue is dense. Dense breast tissue is common and is not abnormal. However, dense breast tissue can make it harder to evaluate the results of your mammogram and may also be associated with an increased risk of breast cancer.

This information about the results of your mammogram is given to you to raise your awareness and to inform your conversations with your doctor. Together, you can decide which screening options are right for you. A report of your results was sent to your physician.

Your estimated remaining lifetime risk of breast cancer is Tyrer-Cuzick: 17.25 % (compared to Tyrer-Cuzick: 10.76 % for the average woman your age.) This estimated risk is calculated using your breast density and the available personal and family history in your medical records.

For more information about risk assessment please visit [Breast Cancer Risk Assessment Information](https://www.johnmuirhealth.com/services/cancer-services/what-we-treat/breast-cancer-services.html) or type the following into a web browser  
<https://www.johnmuirhealth.com/services/cancer-services/what-we-treat/breast-cancer-services.html>

Please continue regular breast self-examination and report any changes that concern you, even if it is before your next appointment. If you have any further questions, please contact your provider.

Sincerely,

Myrna A Castelazo, MD