*NAME* **ABDULLAH**  *ROLL NO* **P18-0013** *SECTION*-**A**

**ASSESMENT ACTIVITY**

1. **DIALECTS IN RELATIONSHIP**

* Recently i have conversation with my school friend Faizanand we have shared some previous memories which are very closed to both of us. We both are having openness-closedness friendship sharing almost all of details we are going throughout life but one incident have changed the whole perspective as we have been playing cricket in school and accidently (not intentionally) ball hit him and he thought that I have hit him as revenge and we started blame game and then right after that we have parted ways and we almost ended our friendship and we have become autonomous but soon after few days we have realized our own mistakes and we found that both of us are guilty so we both fortunately agreed to neutralize the the whole scenario and to reframe the whole view and then through dialogue we became friend again.

1. **Distinguishing between relationship types**

* Arsalan, Shaff, Mubeen, Shan, Wasay are five friends are are in my acquaintances category. I have kept them in this category because I have very little interaction with them and I don’t share any of my important and personal information with them because I feel insecurity and mostly avoid to talk about their lifestyle or to take our relationship to a step ahead a major reason that I think that is major barrier is may be age gap or age difference because none of them is mine physic and age group so I didn’t feel comfortable to share much information with them .Yes, this relationship have the potential to change relationship from acquaintances to friends and then to close friends by compromising and to avoiding such things that are not liked by others .So by using temporal selection and by practicing topical segmentation we can improve and maintain relationship.
* Salman ,Haris, Faizan, bilal, Inamullah are in friend zone because I feel comfortable while talking to them and most of them are my class mate and day to day interaction with them also enhances the relation as friends and moreover eating food together also play a major role in improving relations .I mostly avoid to ask personal question about their family and studies or something that can hurt there feelings . Yes, it have ability to change status from friends to best friends by having continuous relationship and by not cutting off. It can also improve by using temporal selection , neutralization and reframing method to have relation in more better way.
* I consider Faizan as a best friend whom i consider him in this category because he is my school friend and I have spend most of the time with him and share a lot of memories with him and having a relations as a rollercoaster ride but at the end I realized that he is the one.The other two that I consider as a intimate or best friend are my parents they are the one who are with you in your most difficult time when no one wants relationship with and no one cares about you only parents are those personality and persona to help you out from deep well. The subject that I avoid mostly to not talk about even with the intimates or best friend is personal issues and those thing that have direct relation to me I have have my own solved it out. These are different from friend and other relationship because I have spent most the time with them rather then acquaintances or friends that are temporary or being for specific time period.
* The best thing i have learned about relationship that a good relationship is where two or more people are connected through something, whether blood, marriage or mutual affection, needs a steady dose of communication, similar objectives, respect, and trust and that collectively made a beautiful relation of friendship harmony and peace.

1. **Johari Window**

Abdullah

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Adaptable | Humors | Calm | Friendly | Trust-worthy | Dependable |

Faizan

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Cheerful | Happy | Introvert | Reflective | Shy | Tense |

Yep, the other version or the other side is quite different that what i have expected or what normally people thought but by get what other people fells and think about you is really matters and really help a lot to improve relations.

1. **Conversation and analysis**

* Trever and Meg discloses their feeling by making new plans for future and Trevor thinking to get married with meg while meg were pretty worried about Trevor job and future.
* When Meg was really worried about Trevor job and Trevor was not serious about his job he was thinking that he will easily get the job while Meg was looking to get scholarship for law school.
* They are dealing tensions focus on autonomy-connectedness, openness-closedness, and novelty-predictability. We can manage these tensions through temporal selection, topical segmentation, neutralization, and reframing.
* Meg real fear was that Trevor was jobless and he don’t have money power to meet the daily need of day to day life and he won’t be able to sustain the pressure and responsibility of Meg and later on his family. Moreover her fear was also that he would left alone if his salary can’t meet the daily expenses like what her dad did it before.