mexican_enchilada_stack.md 12/24/2019

Mexican Enchilada Stack

Ingredients

- 1 lb shredded Chicken (rotisserie works)
- 1 poblano chile, cut into matchsticks
- 2 red bell peppers, cut into matchsticks
- 1/2 head of cauliflower, cut into 1/2 inch chunks
- 2 sweet potatoes, peeled and cut into 1/2 inch cuges (about 1 1/2 cups)
- 1 medium onion, halved and silvered
- 1 can enchilada sauce (~14 ounces)
- 1 cup corn kernels
- 3 tablespoons heat safe oil (avocado or coconut)
- 1 1/2 teaspoons ground cumin
- 2 garlic cloves, minced
- salt & black pepper
- 1/2 cup chopped fresh cilantro
- 2 cups homemade or store bought salsa/pico de gallo
- 2 ounces baby spinach leaves (about 2 big handfuls)
- 9-10 corn tortillas, halved (try making homemade tortillas!)
- 2 cups shredded cheese (I used a cheddar-Monterey Jack blend)
- sour cream and thinly sliced scallions (green onions) for garnish, if desired

Instructions

- 1. Preheat the oven to 425 degrees F.
- 2. Lightly oil a large shallow roasting pan or rimmed cookie sheet. Place poblanos, red bell peppers, cauliflower, sweet potato, onion, and corn kernels onto cookie sheet. Drizzle oil and sprinkle the cumin and minced garlic over top. Add a generous pinch or two of salt and black pepper, then use your hands to mix everything together. After everything is coated well, spread the vegetables evenly in the pan.
- 3. Roast for 30-40 minutes until vegetables are tender and begin to brown in spots. Stir or shake the pan every 10 minutes for even roasting. Remove pan from oven and reduce oven temperature to 350 degrees F.
- 4. Prepare an 9x13" baking pan with nonstick spray.
- 5. In a small bowl, stir the cilantro into the salsa. Spread 1/4 cup of salsa into the bottom of the baking pan.
- 6. Dip the tortillas in enchilada sauce and add them as a layer to completely cover the salsa.
- 7. Top with 1/3 of the vegetables, a handful of spinach, and 1/3 of the cheese. Make a second layer of tortilla, salsa, vegetables, spinach, and cheese. Top with with a layer of tortillas, salsa, vegetables, and cheese.
- 8. Cover with aluminum foil. Bake for 20 minutes. Remove the foil and bake another 10 minutes, until cheese is melted and everything is heated through.
- 9. Let it sit for 5 minutes and cut into squares. Serve with sour cream and a sprinkle of sliced scallions. Serves 4-5 Notes