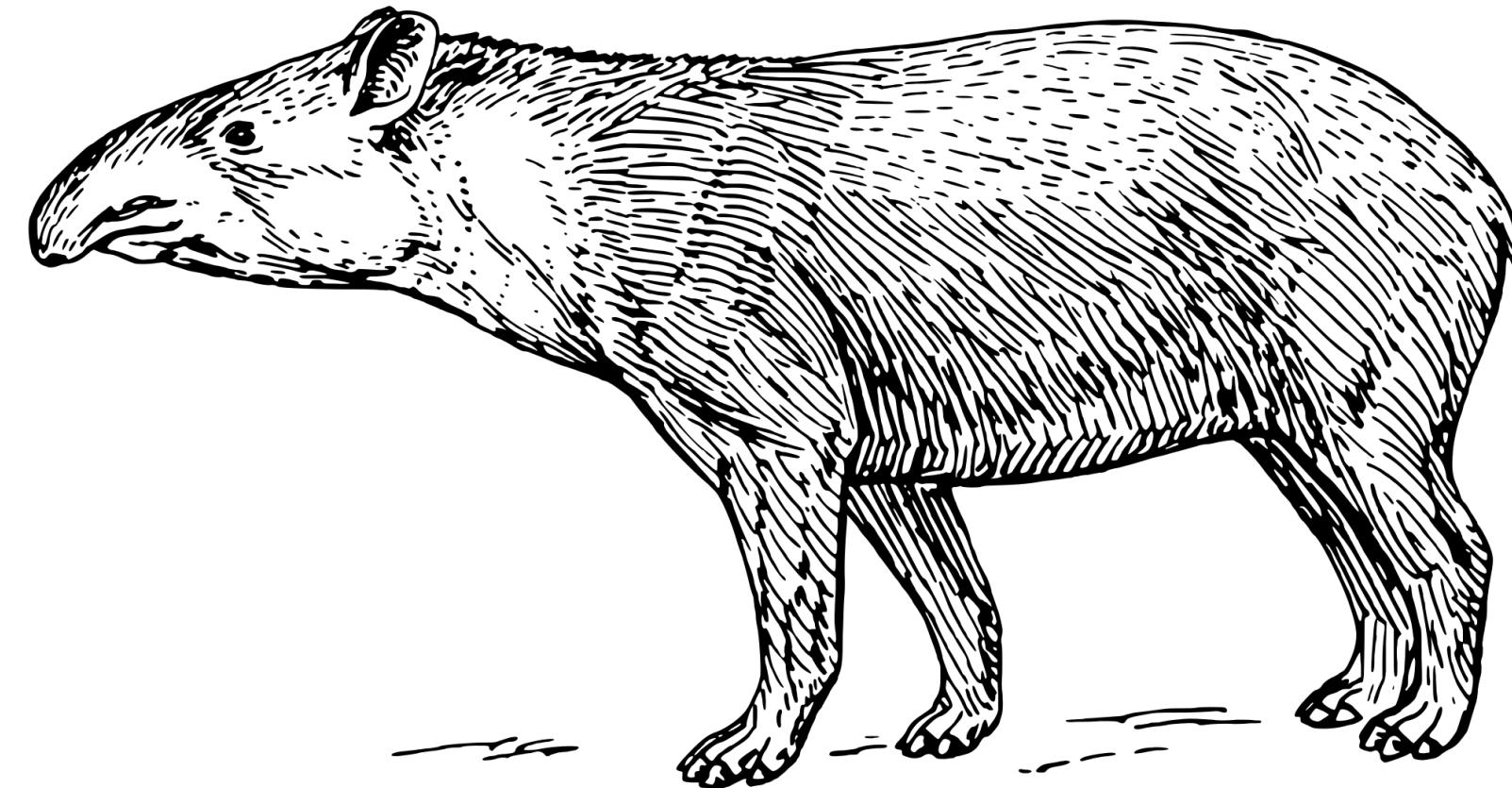


# Instability of exotic compact objects and its implications for GW echoes

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arXiv:1902.08180 with Yanbei Chen, Yiqiu Ma, Ka-Lok R. Lo and Ling Sun

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## The punch line

“Incoming gravitational waves can easily cause exotic compact objects to collapse into black holes, leaving NO gravitational-wave echoes towards null infinity! ”

# Why questioning black holes?

- Quantum gravity
- Quantum information considerations
- BH interior has pathology due to the Cauchy horizon
- ...

Also because we can!

- Advanced LIGO, LISA, future GW detectors...
- Event horizon telescope... *precision GW astrophysics!*

# Black hole (BH) vs Exotic compact object(ECO)

Black holes

solutions to GR

event horizon

information paradox

perfect ingoing boundary

Ringdown

Exotic compact objects

inspired by quantum gravity

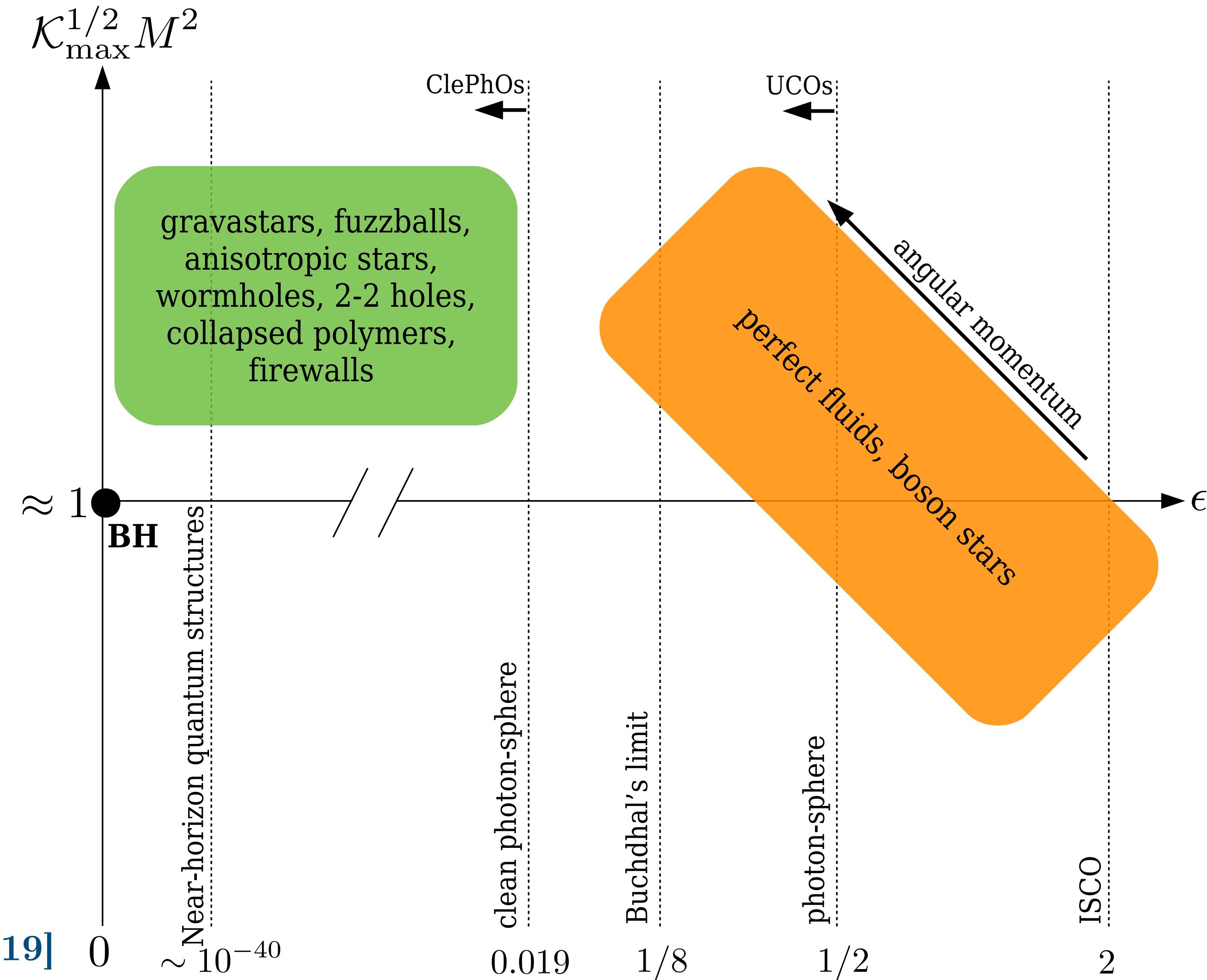
horizonless

no information paradox

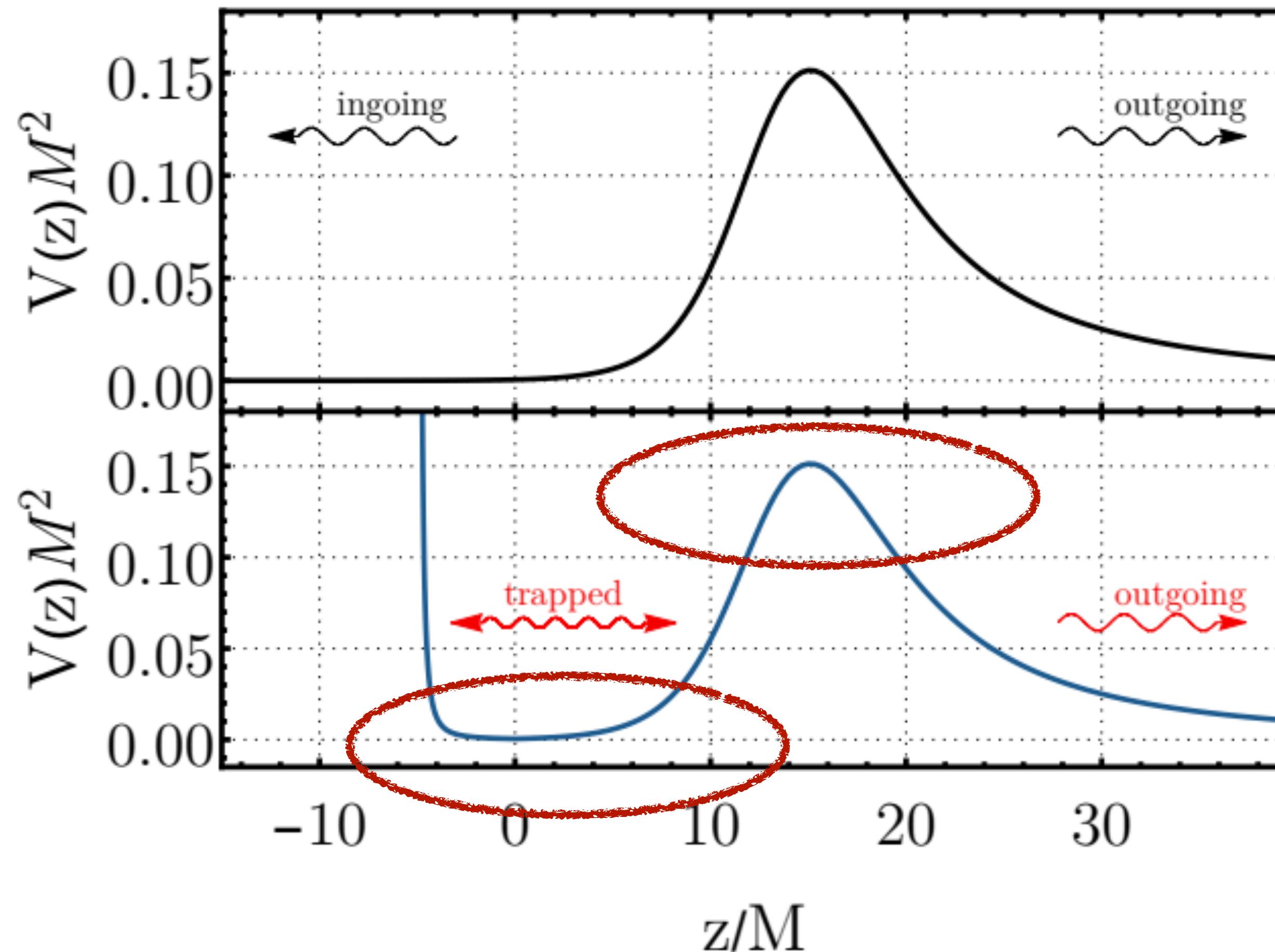
reflecting boundary

Ringdown + Echoes

# The ECO models



# Instability of ECOs



[Cardoso & Pani 2019]

photons can accumulate  
near the stable light ring

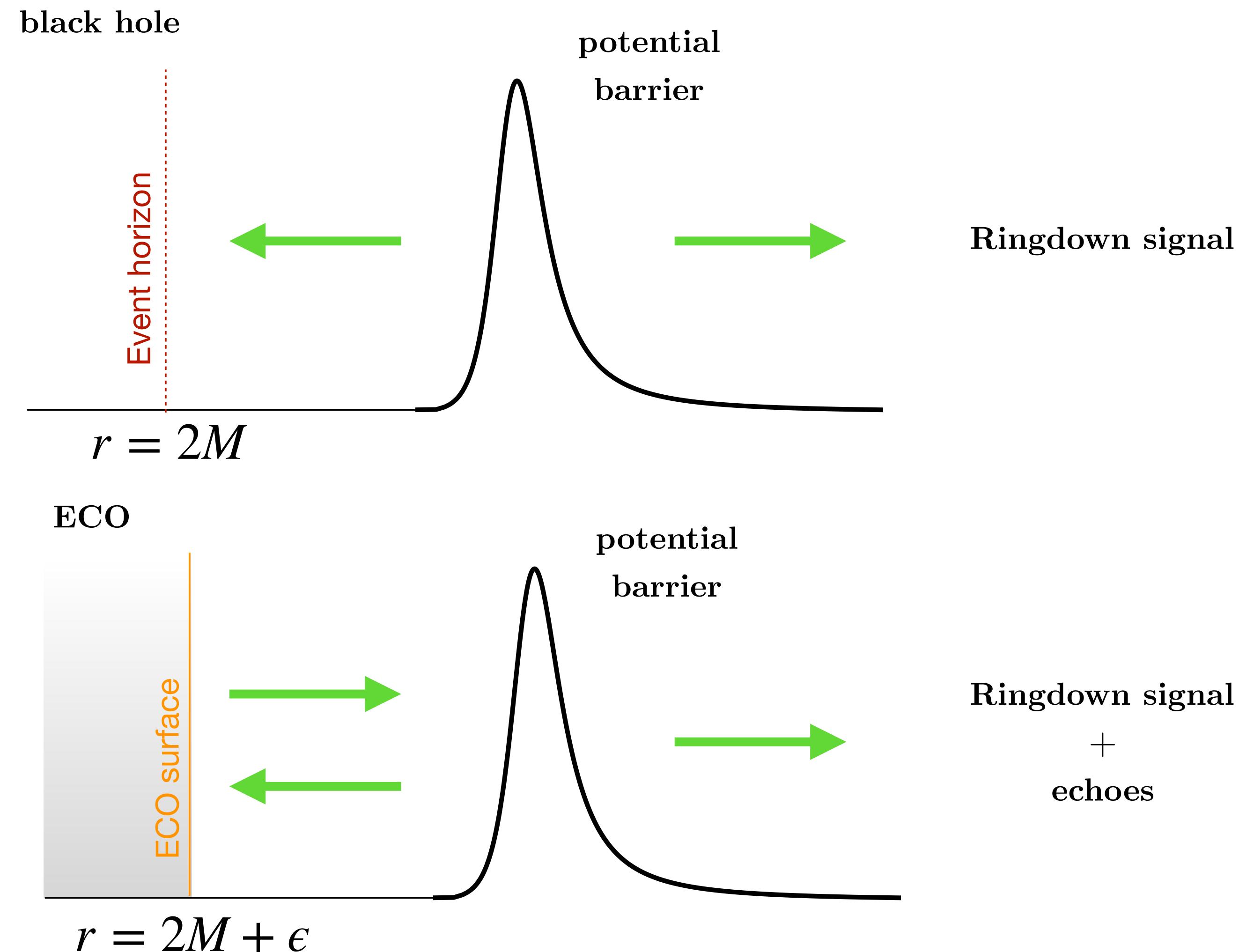
double light rings

nonlinear instabilities (?)

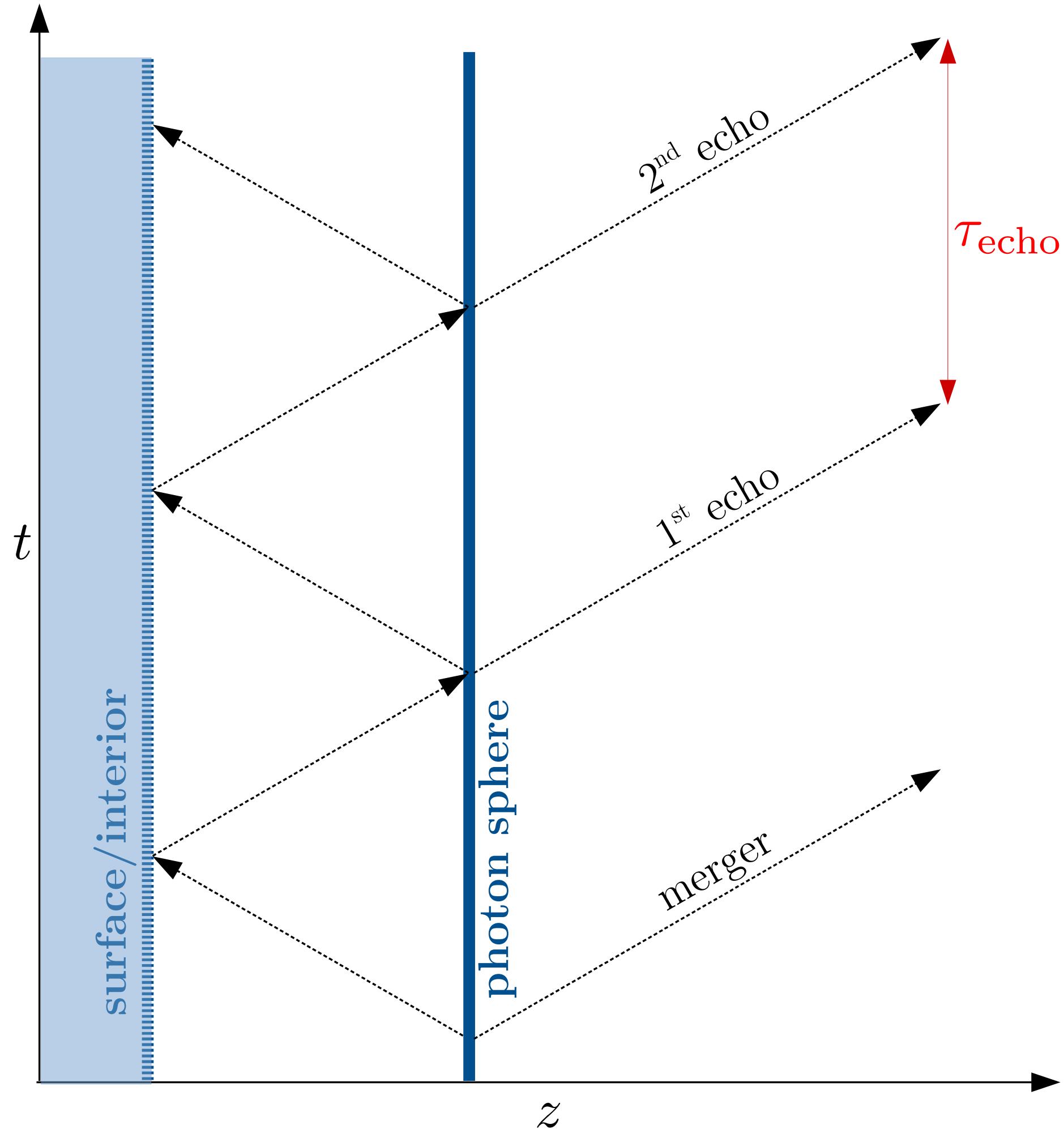
[Cunha, Berti, et al 2017]

# The GW echoes

- Ringdown signal generated near the potential barrier
- Ingoing waves get **reflected** at the ECO surface, giving rise to echoes
- Echo amplitude depends on the surface **reflectivity**
- Further **filtered** by the potential barrier



# The GW echoes



$$\tau_{\text{echo}} = 2|r_*^{\text{LR}} - r_*^{\text{ECO}}| \approx 2M + 4M \log(M/\epsilon)$$

More than one echo!

Search these signatures in the LIGO data!

# Motivations

- There are claims that echoes exist in the LIGO signals (still being debated)
- ECO can be **unstable** due to accreting matter [Rubio et al 2018]
- Let us consider a star or a particle plunging into an ECO...

*How does the ECO respond to the incoming GW signals?*

*Back-reactions on the ECO spacetime?*

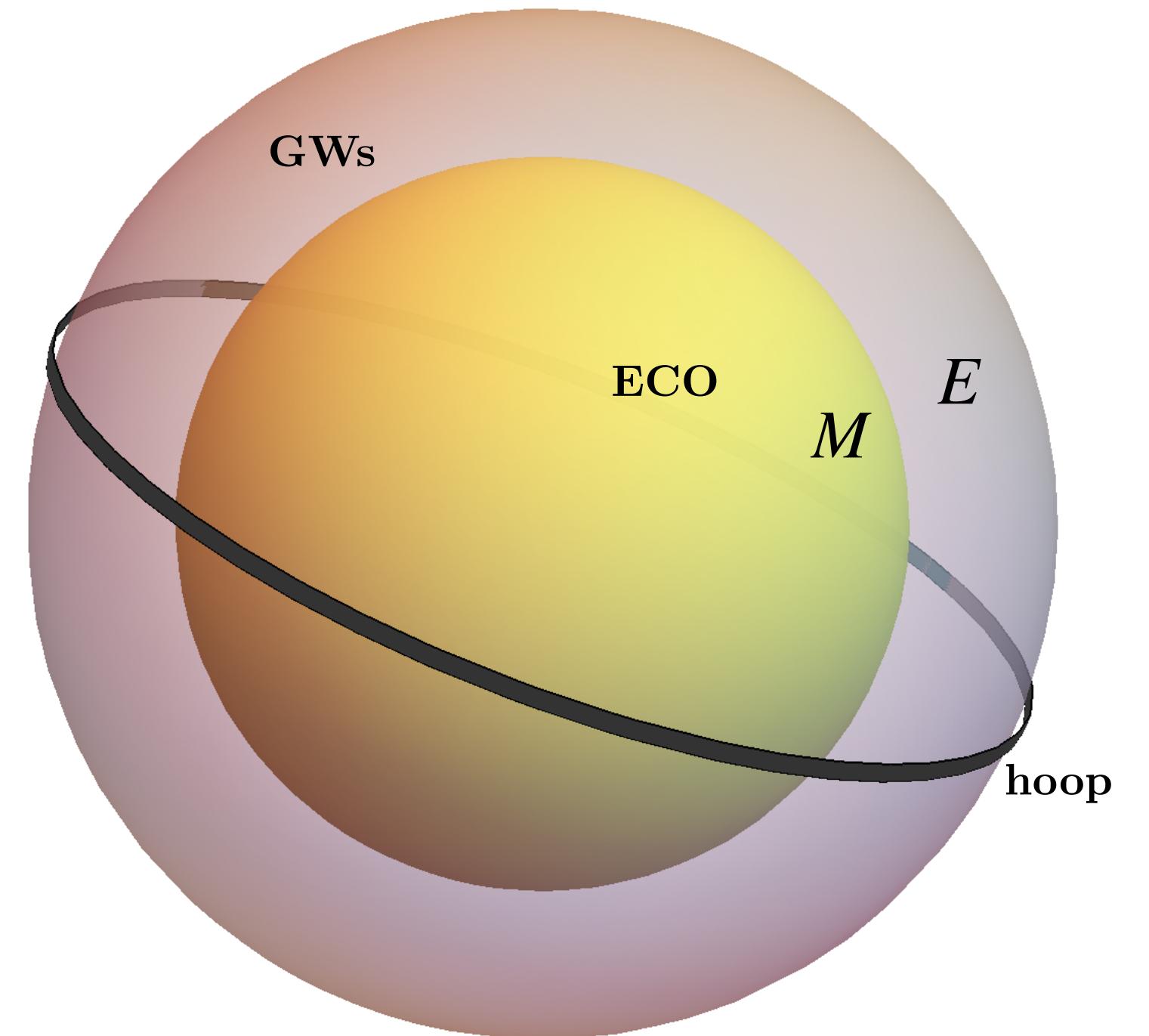
*Will the ECO simply collapses into a black hole?*

# The ‘‘Hoop Conjecture’’

- Black hole forms when all matter are within the ‘‘hoop’’
- The ‘‘hoop’’ is placed at the Schwarzschild radius

$$r_{\text{hoop}} = 2(M + E)$$

- More compact ECOs are easier to be put into the hoop
- Upper bound on the ECO compactness



[Thorne 1972]

# Estimates on the bound

- GW pulse with duration  $T$  and Energy  $E$

$$r_* = r + 2M \log(r/2M - 1)$$

*"tortoise coordinate"*

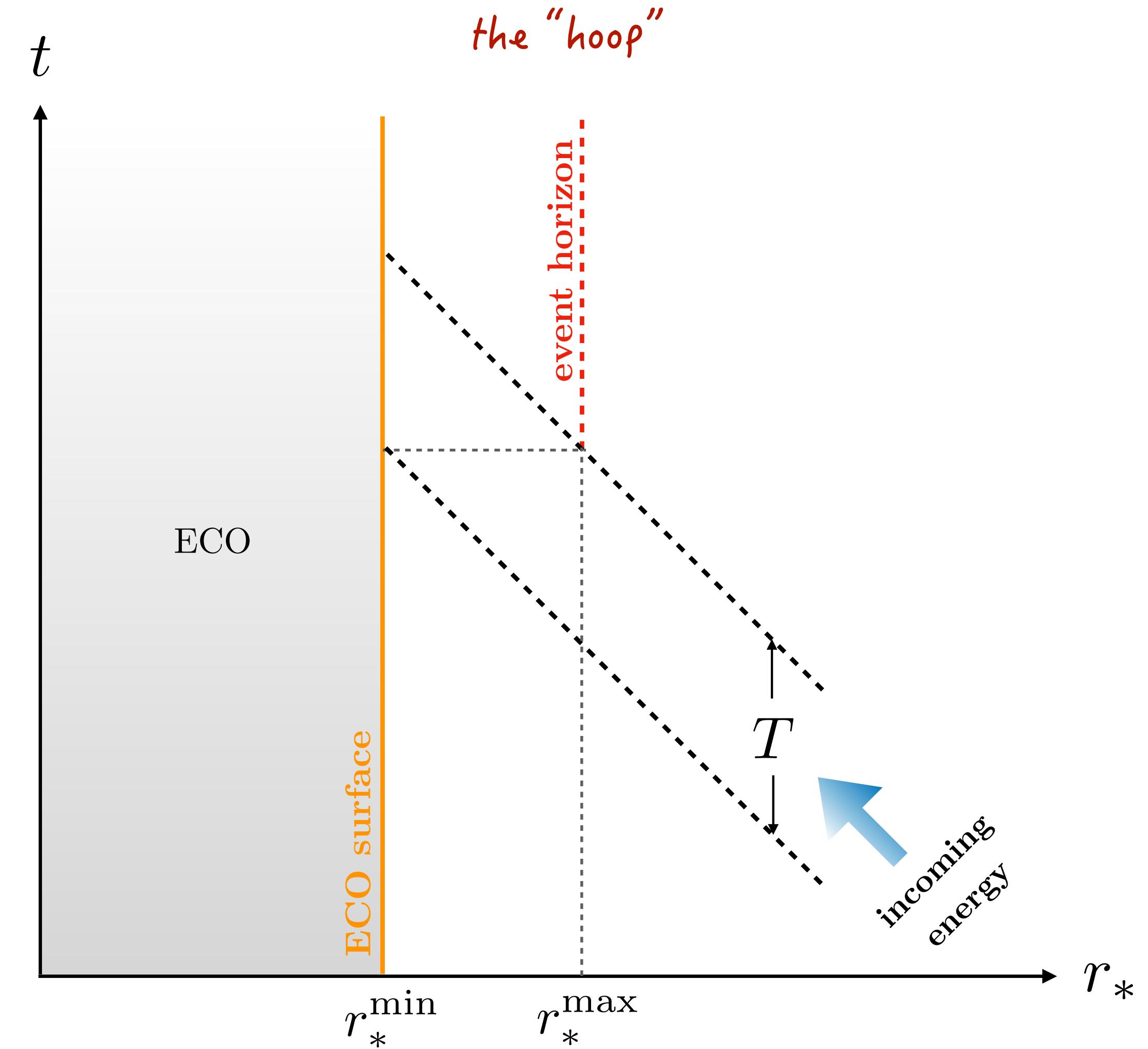
- At any given moment (in Schwarzschild time)

$$r_*^{\max} - r_*^{\min} = T$$

- Black hole can form for a critical  $T_c$

$$r_*^{\max} = 2(M + E)$$

$$r_*^{\min} = r_*^{\text{ECO}}$$



# Estimates on the bound

- To avoid black hole formation

$$T < 2E + 2M \log \left( \frac{2E}{r_{\text{ECO}} - 2M} \right)$$

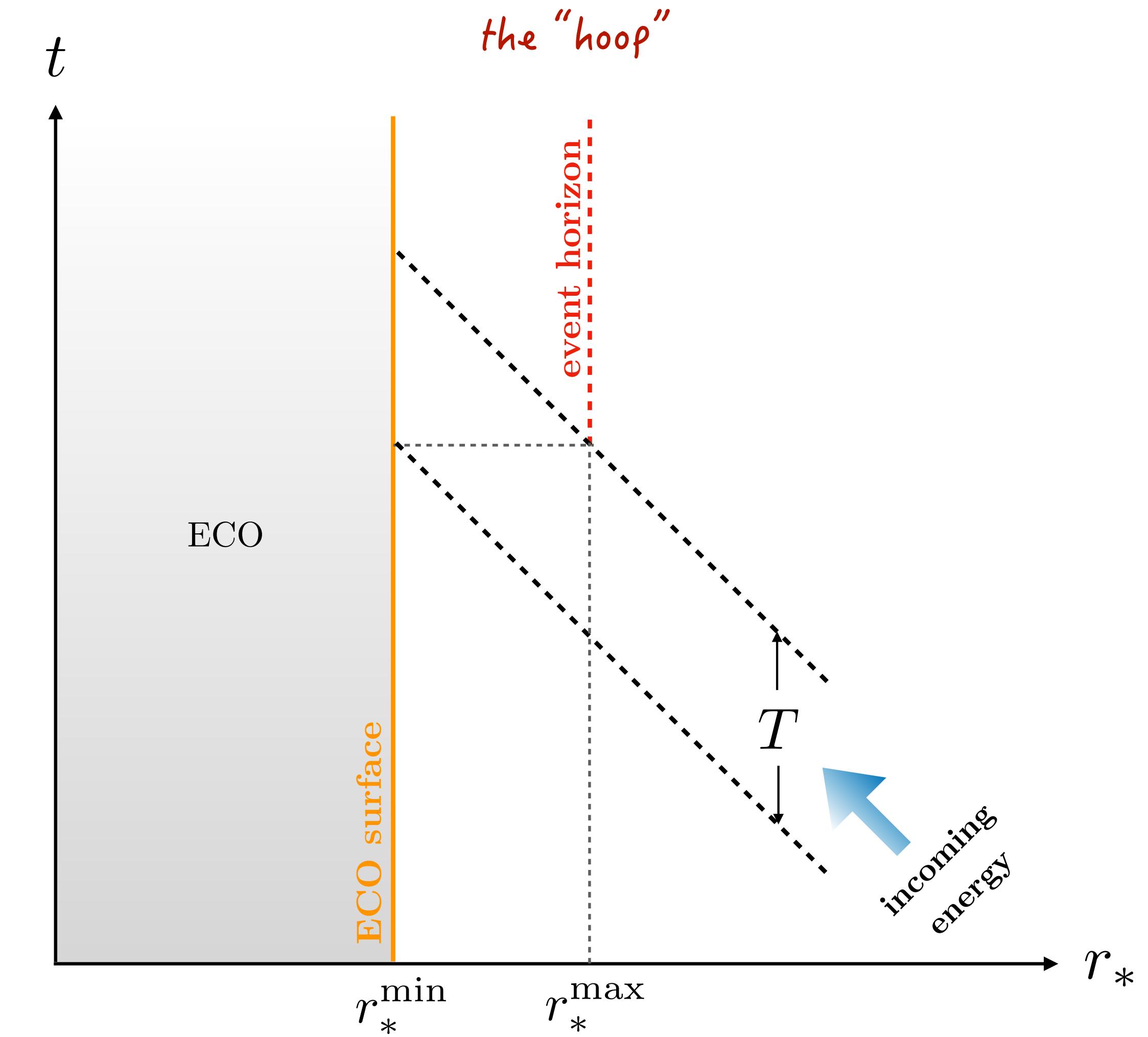
- Ringdown energy

$$E(t) = \alpha_H \eta M (1 - e^{-2\gamma t})$$

3%-10%

Symmetric mass ratio

Imaginary part  
of the QNM frequency



## Estimates on the bound

- To avoid BH formation, the location of the ECO surface must satisfy

$$r_{\text{ECO}} - 2M > 0.015\eta M \left(\frac{M\gamma}{0.1}\right) \left(\frac{\alpha_H}{0.05}\right)$$

- Typical values  $M\gamma \sim 0.1$ ,  $\alpha_H \sim 0.05$

- Far from Planck scale!

$$r_{\text{ECO}} - 2M \gg l_p$$

- Rough estimates, no back reactions

## Estimates that includes back reactions

- In-going Vaidya spacetime

$$ds^2 = - \left[ 1 - \frac{2M(v)}{r} \right] dv^2 + 2drdv + r^2 d\Omega^2$$

*advanced time*

- A spherically-symmetric spacetime absorbing null dust  $T_{ab} = \frac{dM/dv}{4\pi r^2} l_a l_b$

- Back reaction included
- Still an approximation

- GW energy is not spherically symmetrically distributed
- Does not capture GW oscillations

# Ingoing Vaidya spacetime

- Location of the trapped surface

$$r = 2M(v)$$

- Location of the event horizon

$$r_{\text{EH}}(v) = 2M(v) + \delta(v)$$

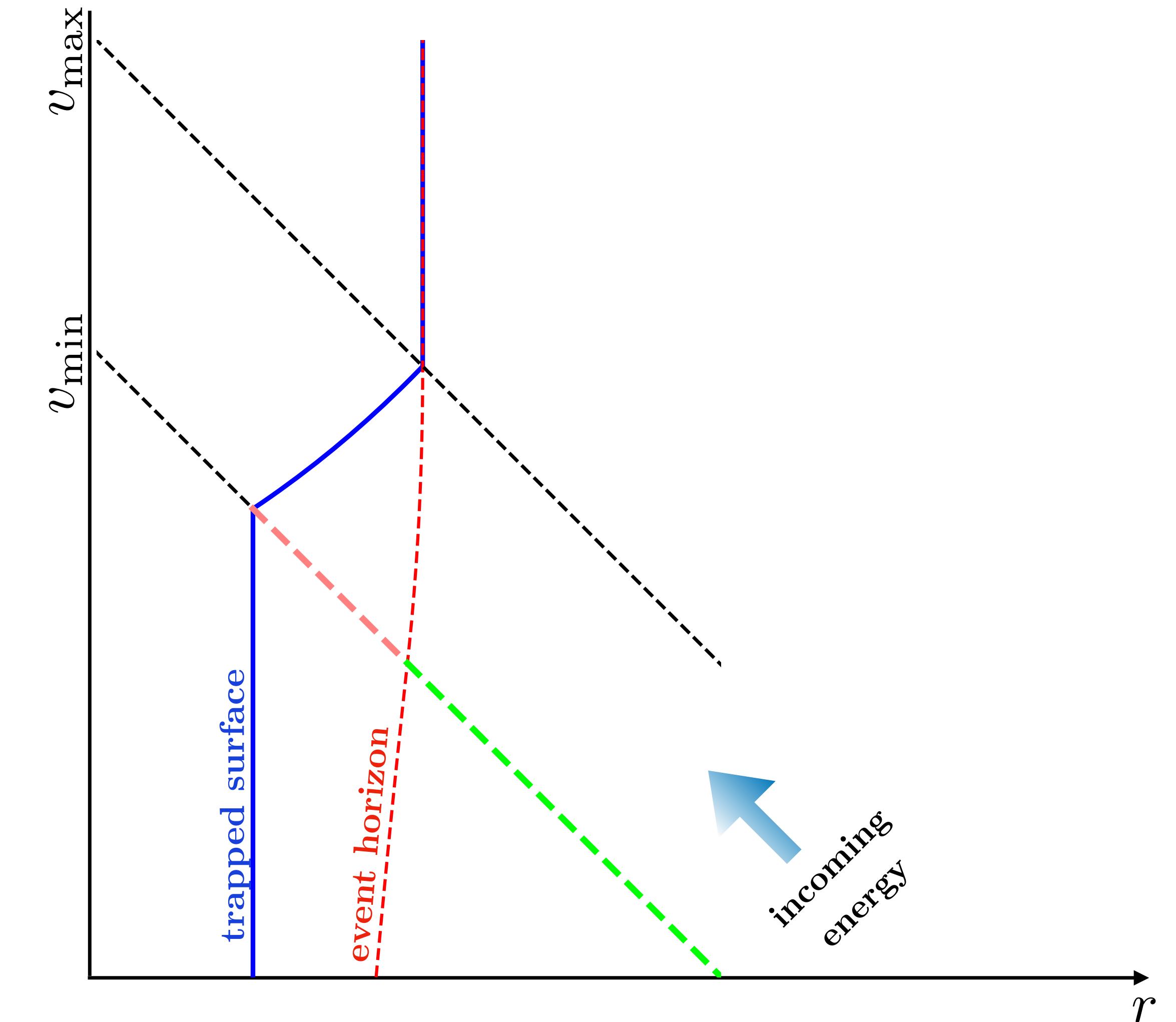
- Event horizon's **teleological** nature

*outgoing null geodesic*

$$2dr/dv = 1 - 2M(v)/r(v)$$

*final condition*

$$r_{\text{EH}}(v_{\max}) = 2(M_0 + E_{\text{tot}})$$



# Three scenarios for static ECOs

- Type (a): ECO promptly collapses

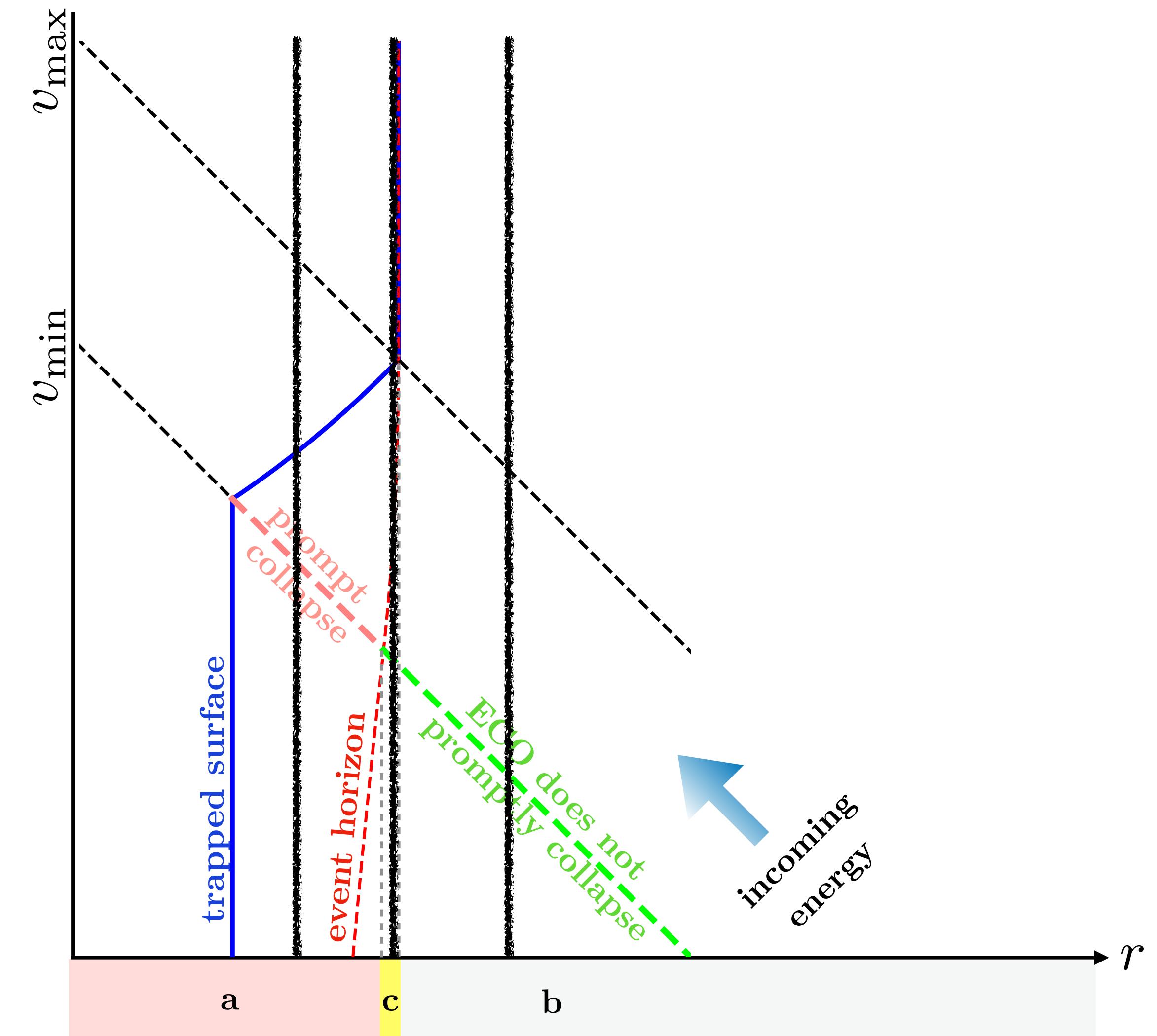
$$r_{\text{ECO}} < 2M_{\min} + \epsilon_{\text{th}}$$

- Type (b): ECO does not collapse

$$r_{\text{ECO}} > 2M_{\max}$$

- Type (c): ECO collapses after a while

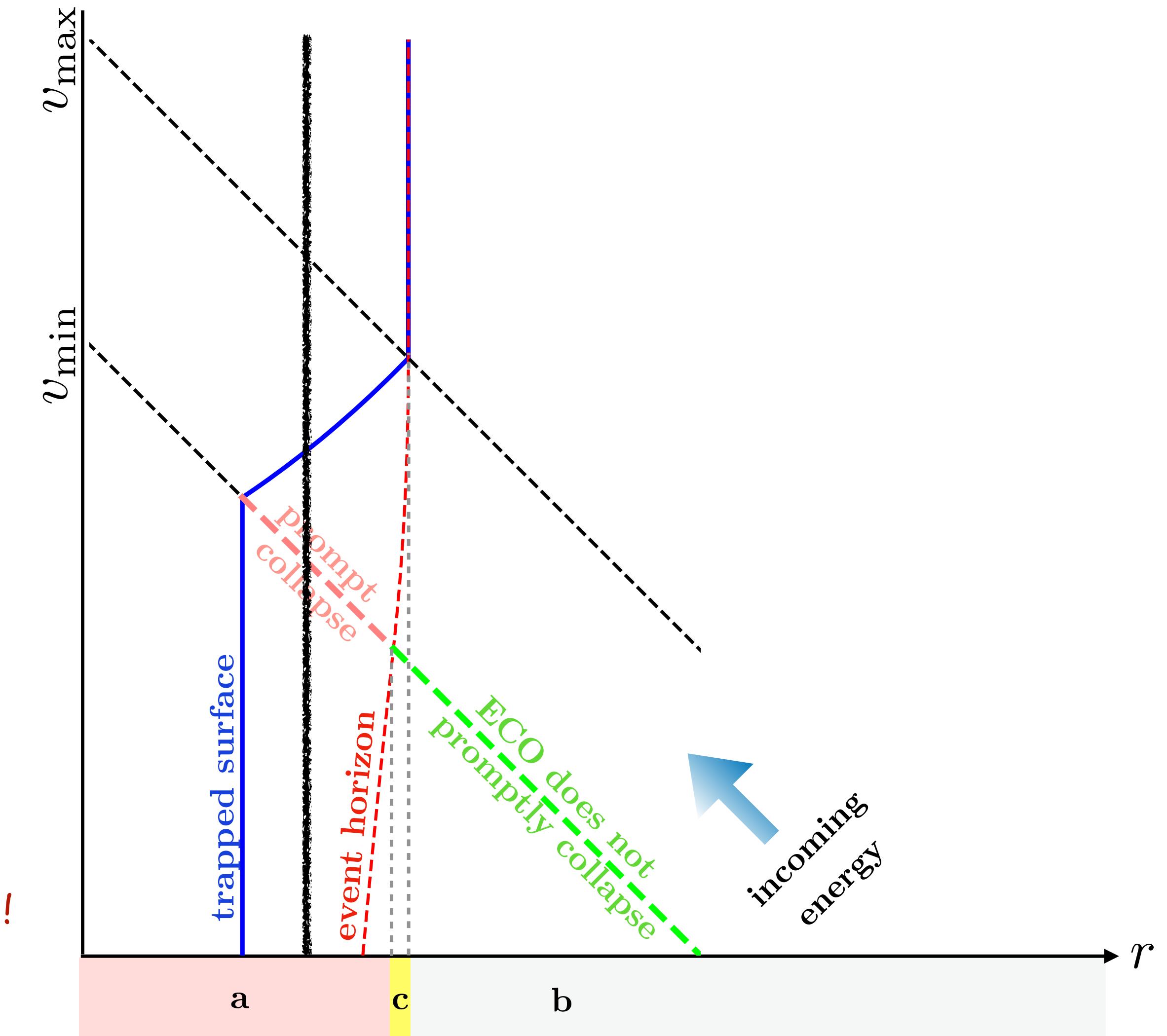
$$2M_{\min} + \epsilon_{\text{th}} < r_{\text{ECO}} < 2M_{\max}$$



## Type (a)

- ECO promptly collapses
- All GWs cross the **event horizon** first
- No reflected waves—**no** GW echoes
- Consistent with our previous argument

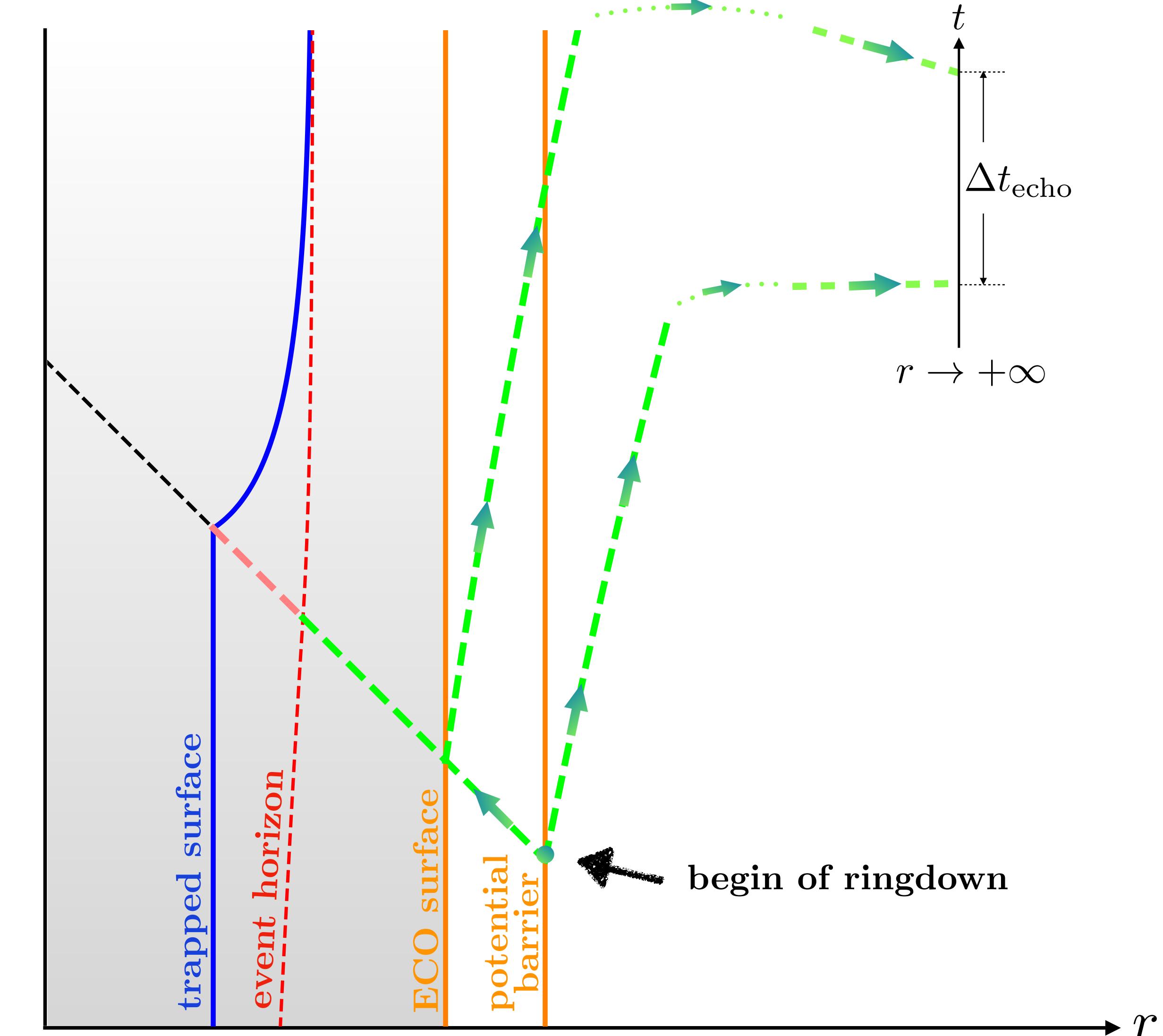
*Very compact ECOs are unstable against incoming GWs!*



## Type (b)

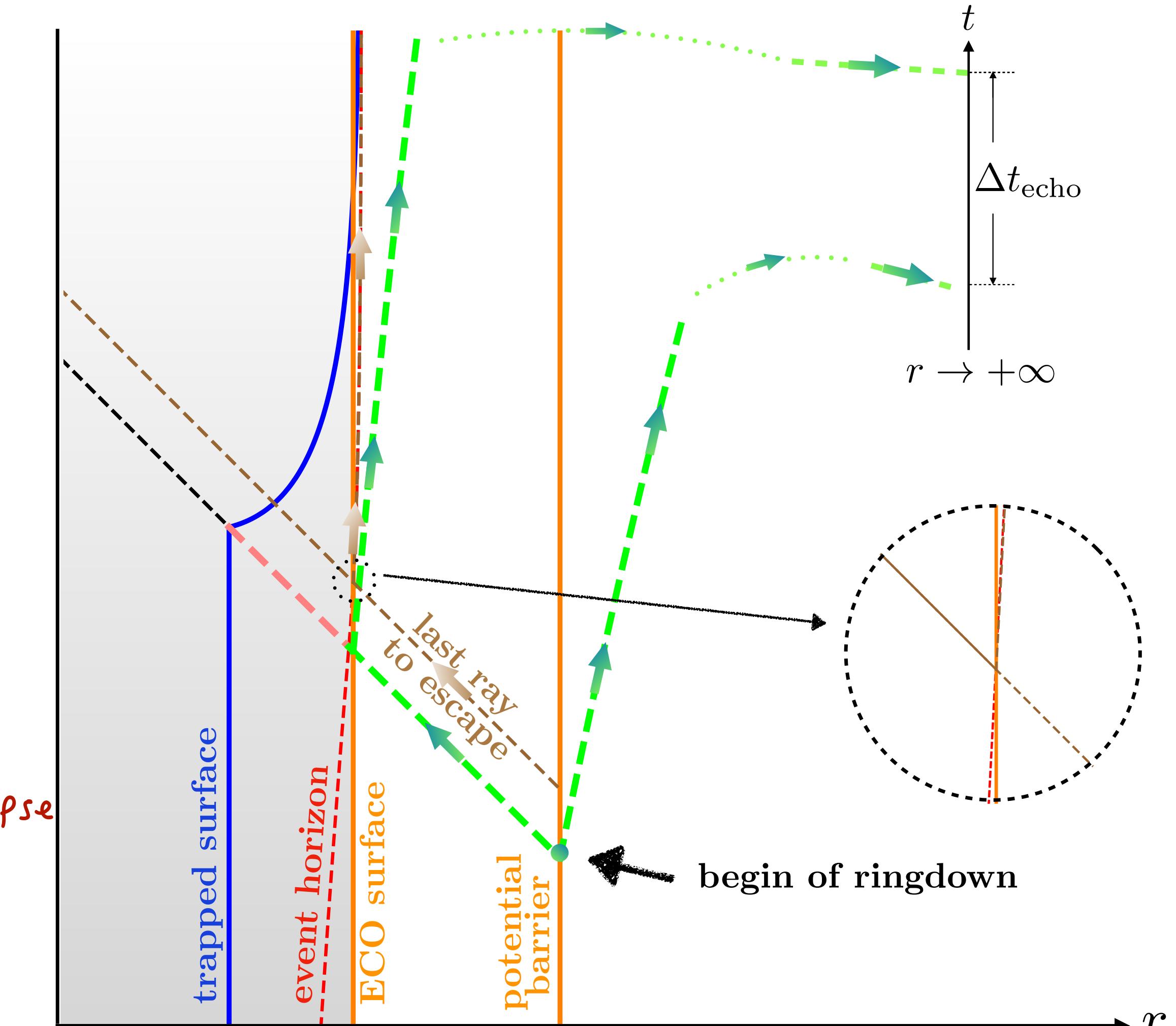
- ECO does **not** collapse
- Conventional echoes form
- Subsequent echoes also exist

*More than one echo!*



## Type (c)

- First part of GWs gets reflected
- Echo arises until the *last ray to escape*
- No subsequent echoes due to *collapse*
- Reflected waves seen “*frozen*”  
*redshifted due to gravitational collapse*
- Observer sees a *weakened QNM*  
*filtered by the potential barrier*



## Upper bounds on ECO compactness

- Using the Vaidya spacetime, we obtain the threshold compactness as

$$\frac{\epsilon_{\text{th}}}{2M} = 5.6 \times 10^{-3} \left( \frac{\alpha_H}{0.05} \right) \left( \frac{\eta}{0.25} \right)$$

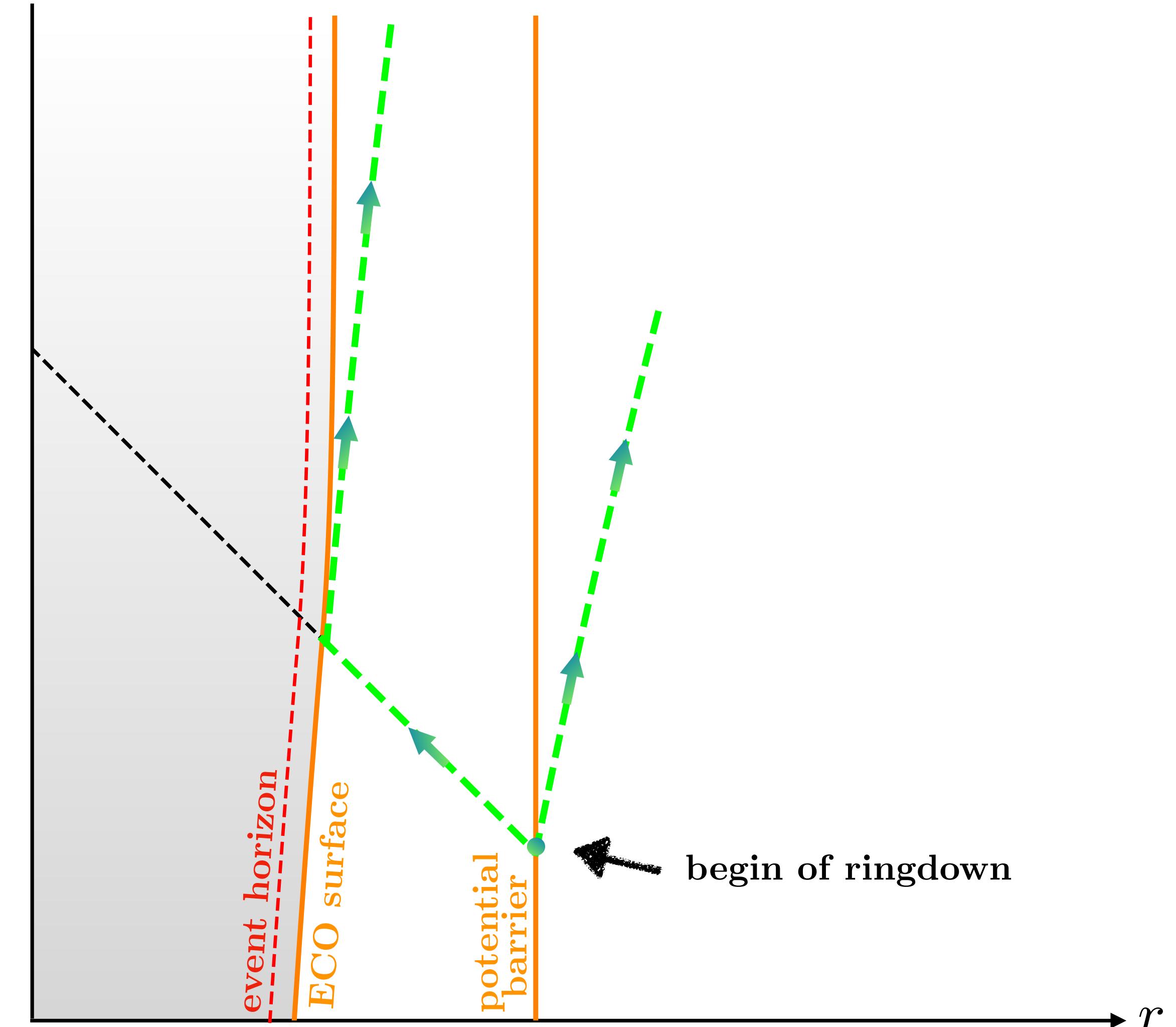
- In terms of proper length

$$\Delta_{\text{th}} = 0.6 \sqrt{M_1 M_2} \sqrt{\frac{\alpha_H}{0.05}}$$

- For both CBCs and EMRIs, both distances are much **larger** than the **Planck length**
- For stellar mass CBCs, the proper length of the bound is at least **Kilometer-scale**

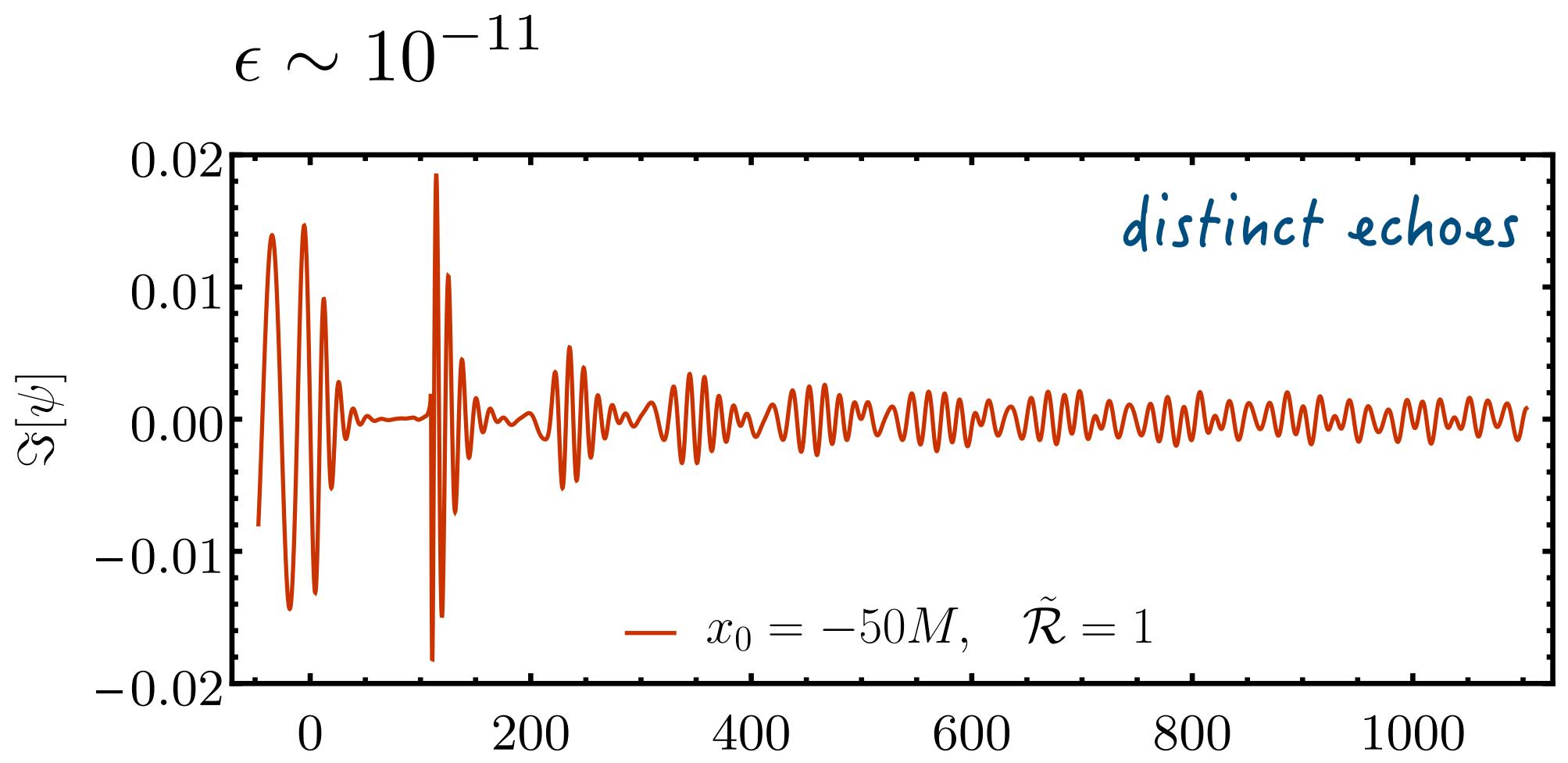
# Expanding ECOs

- So far we only assume a **static** ECO
- ECOs may **expand** in response to future incoming energy (exotic physics, etc)
- ECOs with **Planck-scale** compactness need to expand **accordingly** with the event horizon
  - “*teleological*”
  - non-local interactions*

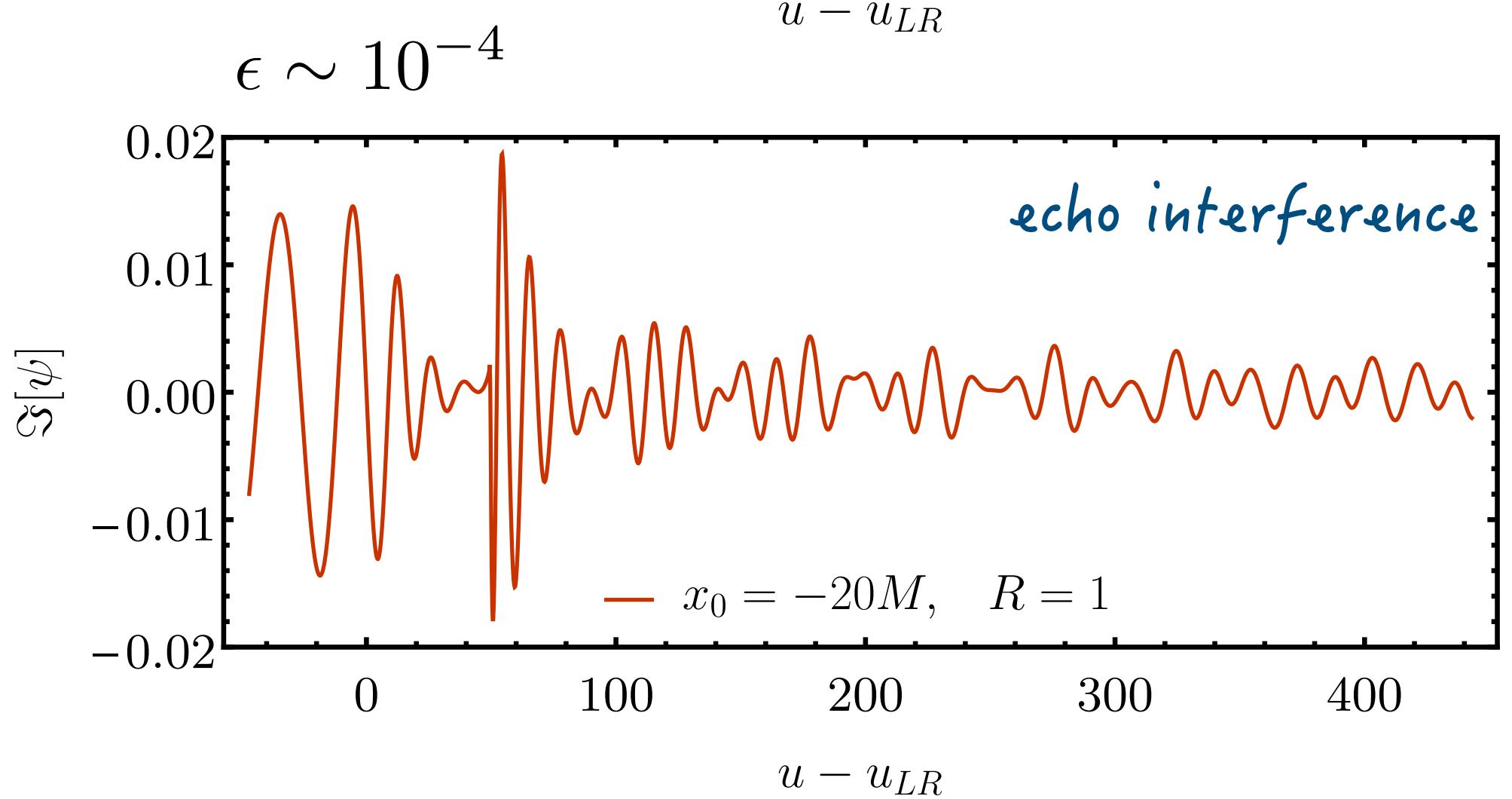


# Issues with small compactness

- Distinct echo pulses when spacing of echoes is larger than the echo duration



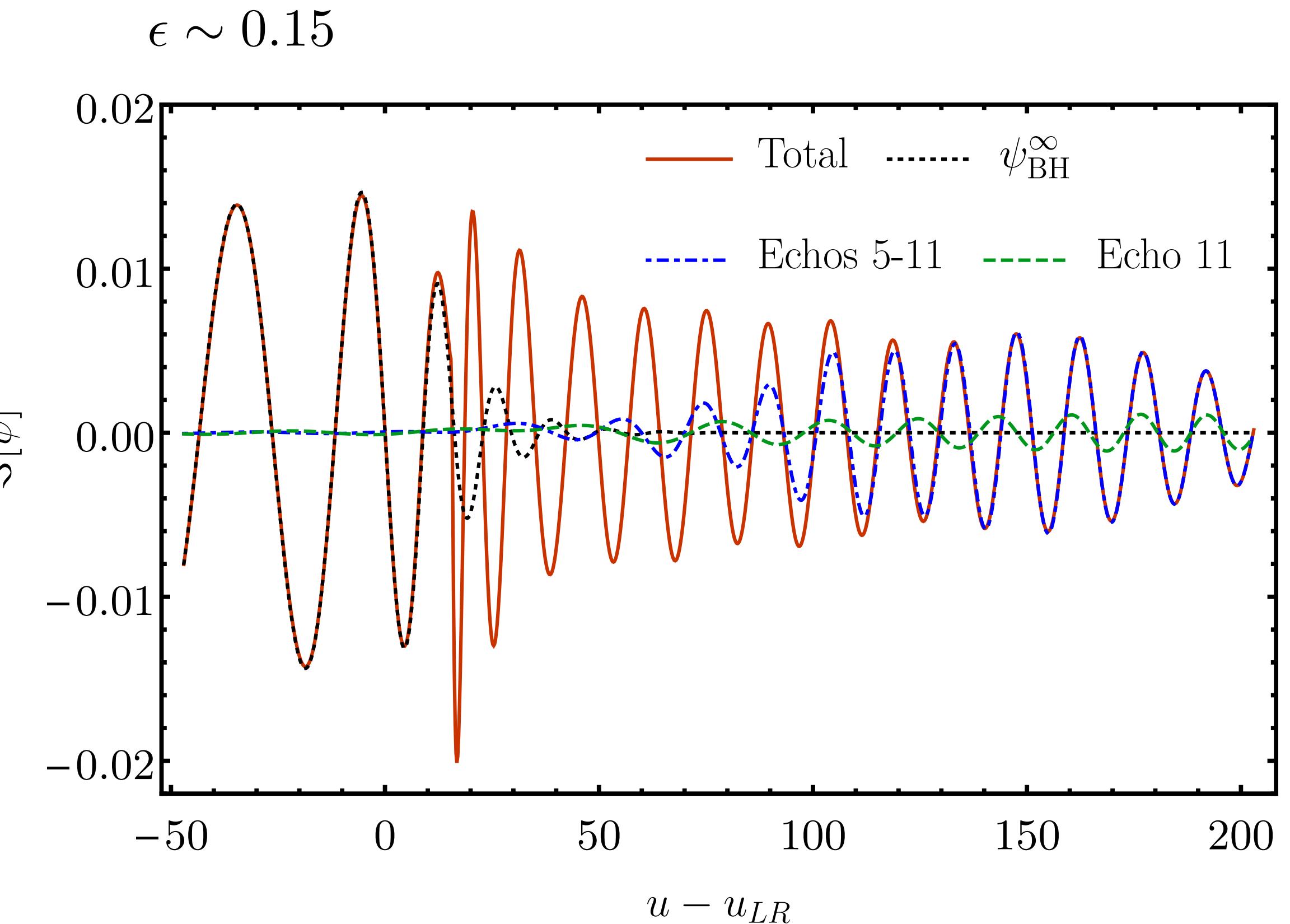
- Echoes can interfere with each other when their spacing is comparable to the echo duration



[Mark et al 2017]

# Issues with small compactness

- Waveform resembles a single decaying sinusoid
- Coherent superpositions of the late echoes  
*almost the same frequencies*
- No distinct echoes can be found  
*difficult for extractions from GW waveforms!*



# Quantifying the distinguishability

- Define a **ratio** between the two time scales

$$R \equiv \frac{\Delta t_{\text{echo}}}{\tau_{\text{echo}}} \sim 4M\gamma \log \frac{M}{\epsilon}$$

*spacing of echoes*      ↗  
                                        ↗  
   *ringdown time scale*  $\sim 1/\gamma$

- The echo is separated from the main wave when

$$R \gg 1$$

- Otherwise echoes can be **indistinguishable**

# Quantifying the distinguishability

- Connecting two bounds for type (b) ECOs

$$\frac{r_{\text{ECO}}}{M} - 2 = \frac{\epsilon_{\text{th}}}{M} + \exp\left(\frac{-R}{4M\gamma} + \frac{1}{2}\right)$$

*threshold compactness*



- LIGO CBCs:

$$M_1 \sim M_2$$

$$R_{\text{th}} \sim 1.9$$

*less distinct echoes*

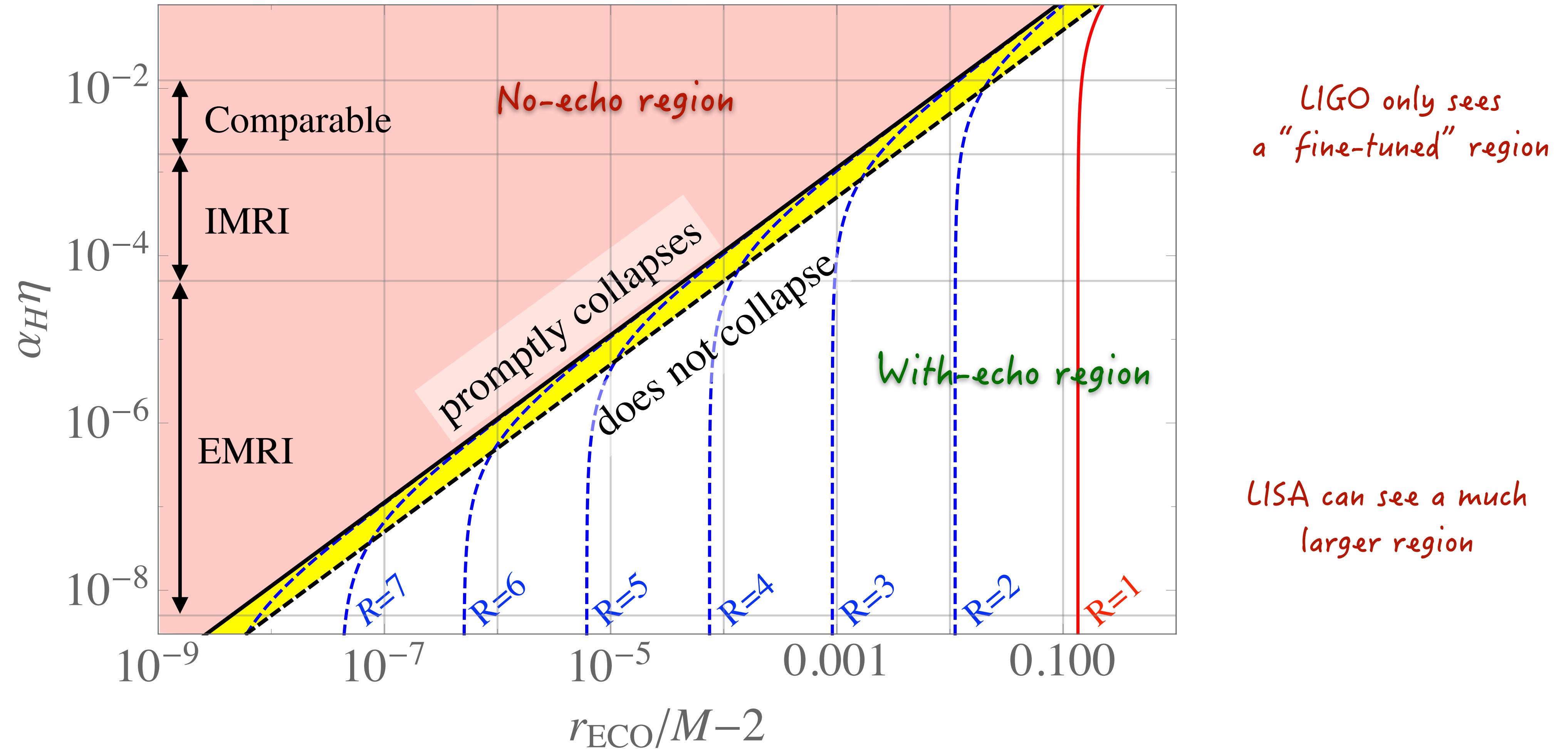
- LISA EMRIs:

$$M_2/M_1 = 10^{-6}$$

$$R_{\text{th}} \sim 7.8$$

*distinct echoes*

# Summary of GW-echo phenomenology



# Limits of our arguments

- Only focused on the echoes of **reflective** type, without considering those of **transmissive** type  
*model dependent!*
- The ingoing Vaidya spacetime does not capture the backreaction of the **reflected** GW waves  
*can be important for large reflectivity!*
- Did not describe what happens as the star impacts the ECO  
*takes place roughly as the ringdown signals impinge on the final object!*

# Details

arXiv:1902.08180

Reflected waves for type (c) ECOs ?

Back-reactions of reflected waves?

Spinning cases?      Echo waveform from Teukolsky equations?

Numerical relativity simulations?