**Data to be filled**

1. Is the subscription going to be required in order to create account and access ?

No. one can access sign-up and login as an individual user for free. However, there going to be modules that are premium such as wellness dashboard and goals( I am waiting for the answer of what are the premium and free modules). And thus, you create, then you login, then you fill and illustrate the free modules. But when you try to take assessment or edit the premium modules, a pop-up (or new page) appear asking to pay the subscription to get access to that module. Within the free account, the premium module should appear exactly on the figma design( with exemplary numbers on it) but uneditable unless we pay. As for the gm and cm, they must pay before they create account.

1. Development dashboard -> active inactive module:

Yes, it should have two percentages for active and inactive. It was forgotten by designer.

1. The goals are updated by members and changed on the gm dashboard dynamically.
2. Development progress -> Influence management: they must be picked from the top 5 influencers in the Career demog.
3. Salary.com remove it from CM and GM dashboards.
4. Gm and cm can create as many group/challenge as they want. But they have to pay for each of them.
5. Challenge payment goes to the same web app account. The admin will pay the CM behind the scene in person.
6. DISC module: the assessment link will provide all the number D, I, S,C, and the D, DC, DI for each of them. So there is no implicit calculation but only filling data.
7. Name of the indU on all the twelve goals is not required. So you either make sure that the name on the top-right will appear if gm/cm/visitor view the dashboard of the user or you put the name one time at the top-left of the goals module such as: Goals progress of Abderrahim Bendris.
8. As for the influencers (the top five and the ones in alignment): no need to upload their pictures. Only a standard unisex head picture with the person name under. Uploading picture will be in second version.
9. The badges should be a standard one (a pontagone) with the name of the challenge on it. in case the size doesn’t allow, you can force users to not exceed a given length in their challenge names.
10. What modules premium and what modules to be scalable for points by cm? waiting for answer.
11. What to do about the situation where the gm member is a cm member too. Should we verify that the common modules have the same data: yes. We share the last change in both regardless you change from the gm member account or cm member account.
12. What’s gonna happen to members accounts after the end. As for now, they get removed the moment the challenge ends. In version 2, we should see how to manage the data history of the app.
13. How modules are going to be filled:

|  |  |
| --- | --- |
| Dashboards/Modules | How to be filled |
| Persona Dashboard |  |
| Persona details | * Age   + Allow user to enter a number     - Range: 15 years – 110 years   + Categorize Users by Generation in Database     - (Gen Z) 9 – 24 years     - (Millennials) 25 – 40 years     - (Gen X) 41 – 56 years     - (Boomers II) 57 – 66 years     - (Boomers I) 67 – 75 years     - (Post War) 76 years and over * Gender   + Male   + Female   + Other   + Prefer Not Say * Marital Status   + Single   + Married   + Divorced * Ethnicity * American Indian or Alaska Native, * Asian * Black or African American, * Hispanic or Latino, * Native Hawaiian or Other Pacific Islander, * White, * Geographic Area   + Country   + State   + City   + Zip Code * Education Level   + High School / GED   + Some College   + Associate Degree   + Bachelor's Degree   + Master's Degree   + Doctorate Degree   + Post-Doctorate * Occupation   + Please find data in datasheet.xlsx/occupation * Income Level   + Lower – $32,048 or less   + Lower-Middle Class – $32,048 - $53,413   + Middle Class – $53,413 - $106,827   + Upper-Middle Class – $106,827 - $373,894   + Upper Class – $373,894 and up |
| Influence management | Pick from the 5 top influencers (career demog dash) |
| Challenge badges | The badges won in the challenges |
| Overall Progress | -Goal progress: the progress done in the goal module (development dashboard.  Ex: 30% in goal 1, 50% in goal 2, 70% in goal 3. Then overall progress->goal progress = (30%+50%+70%)/300%=50%  -Wellness progress: I am working on it. |
| Personality Results | [Free Personality Test | 16Personalities](https://www.16personalities.com/free-personality-test) |
| Persona statement, personality definition and other personality related labels. | Please find data in datasheet.xlsx/labels  Please note that the statement label is manually filled by the individual user and gm/cm members. |
| Personality Dashboard |  |
| Myers-Briggs (personality results) | [Free Personality Test | 16Personalities](https://www.16personalities.com/free-personality-test) |
| DISC | [DISC personality test | take this free DISC profile assessment at 123test.com](https://www.123test.com/disc-personality-test/) |
| Development Dashboard |  |
| Development progress | I am working on it. |
| Wellness Progress | I am working on it. |
| Influence management | Pick from the five top influencers in career demog dash |
| Goals | I am working on it. |
| Career demographics |  |
| People influence | They simply feel how many time (in minutes) they spend on the people category per week. Ex: I spend 3 hours with coworkers every week, 5 hours on partner and 2 hours on others. Then work is 30%, partner is 50% and others is 20%. Use the categorization in the design. |
| Activity influence | The same for activities. How many minutes I spend on each activity and show that in percentages. |
| Top five influencers | They simply tell the names of the five people they are the most connected to. Then we show only their names with a standard pic(a unisex head). No need for upload pic in this first version. |
| Salary.com | We simply show how to find the data on salary.com using 3-5 steps illustrations, then we give them the possibility to feel the five numbers in dollars as well as their profession name and location as shown on the figma design. The final result should be the default curve(as shown on design) with numbers on it. The curve doesn’t change with number. Nothing mathematical. |
| Wellness Dashboard | Please find tresholds and how to use them to determine whether strong or weak. I am working on the BMI. |

Aerobic Fitness:  10, Weak

Muscular Strength: 25, Strong

Endurance: 42, Strong

Flexibility: 15,  Weak

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Aerobic Fitness:  This is how many minutes it takes to run 1.5 miles. The Strong or Weak is based on age-based thresholds the chart below. Example: if a woman of 24 yo can run 1.5miles in less than 13 min, then strong. If she does it in more than 13min then weak.

| **Age** | **Women: Time in minutes** | **Men: Time in minutes** |
| --- | --- | --- |
| <30 | 13 | 11 |
| 30-40 | 13.5 | 11.5 |
| 40-50 | 14 | 12 |
| 50-60 | 16 | 13 |
| >60 | 17.5 | 14 |

Muscular Strength: This is how many push-ups can be done within 30 seconds. The Strong or Weak is based on the chart below.

| **Age** | **Women: Number of pushups** | **Men: Number of pushups** |
| --- | --- | --- |
| 25 | 20 | 28 |
| 35 | 19 | 21 |
| 45 | 14 | 16 |
| 55 | 10 | 12 |
| 65 | 10 | 10 |

Endurance: This is how many situps can be done within 30 seconds. The Strong or Weak is based on the chart below.

| **Age** | **Women: Number of situps** | **Men: Number of situps** |
| --- | --- | --- |
| 25 | 39 | 44 |
| 35 | 30 | 40 |
| 45 | 25 | 35 |
| 55 | 21 | 30 |
| 65 | 12 | 24 |

Flexibility: This is how far a person can stretch out from a seated position in inches. The Strong or Weak is based on the chart below.

| **Age** | **Women: Farthest reach** | **Men: Farthest reach** |
| --- | --- | --- |
| 25 | 21.5 in. (55 cm) | 19.5 in. (50 cm) |
| 35 | 20.5 in. (52 cm) | 18.5 in. (47 cm) |
| 45 | 20 in. (51 cm) | 17.5 in. (44 cm) |
| 55 | 19 in. (48 cm) | 16.5 in. (42 cm) |
| 65 | 17.5 in. (44 cm) | 15.5 in. (39 cm) |