



PERSONAL CHALLENGES

THE CIRCLE OF DEBUNKING



MY LOVELY ME

Write down 4-5 personal attributes that make you unique or that are core part of you character or personality.



NOTHING IS FOREVER

For each point on the left write down some events that might lead you to losing your abilities or will make them irrelevant or not so unique.

GROUP VARIATION

Pass the list with your attributes to the next person. Get similar list from the previous one. Each member of the group writes down the ideas for the rest. No repeats are allowed.

1

2

3

4

5