

# First Last

## Therapist

Empathetic Therapist with efficient communication skills, devoted to providing and implementing effective treatment plans for children, adolescents, and adults. Determined and motivated to learn and help others. Works well without micromanagement and under pressure.

## WORK EXPERIENCE

### Resume Worded, New York, NY

#### Therapist

07/2019 – Present

#### Junior Therapist

10/2018 – Present

- Planned and provided direct therapeutic and educational services to 107 patients using individual, group and family therapy.
- Used a variety of psychological methods and techniques in screening, assessment and evaluation of over 100 patients identified as substance abusers/chemically dependent.
- Formulated client-centred treatment plans with specific goals and objectives and provided therapeutic counselling for 73 patients following such plans.
- Organized and maintained 402 clinical records following Department of Mental Health Standards and agency policies and procedures.

### Growthsi, San Francisco, CA

#### Behavioural Specialist

05/2017 – 10/2019

- Refined the treatment and behavioural plans for children of ages 5-18 with various diagnoses including autism, ADHD, and ODD.
- Executed detailed interventions to reduce behavioural excesses and increase behavioural deficits by 70%.
- Provided detailed clinical consultation to 47 therapeutic staff support.
- Assembled, examined, and graphed data to monitor 89 patients' progress and intervention effectiveness.
- Designed over 17 interventions techniques for parents, teachers, camp counsellors, and TSS.
- Organized and promoted about 27 Interagency Service Planning Team meetings.

### Resume Worded's Exciting Company, New York, NY

#### Family Therapist Trainee

08/2012 – 01/2015

- Gave individual therapy to 17 children (elementary, middle, and high school students) with special needs that presented with issues ranging from behavioural challenges to working through their mental health diagnosis.
- Used play therapy activities and a nonjudgmental atmosphere for 27 children to feel safe in divulging personal information.
- Used appropriate treatment methods to meet the different needs of 14 patients.
- Provided 18 patients with incentives (i.e.: utilized behavioural charts, organized extracurricular activities, applied token economy system, etc.) to work towards increasing their motivation and appropriate behaviours in class.

## CONTACT

- Denver, OH (Open to Remote)
- +1-234-456-789
- email@resumeworded.com
- linkedin.com/in/username
- github.com/resumeworded

## SKILLS

### Technology:

- DocuTrac QuicDoc (Advanced)
- Clinivate Clinitrak (Experienced)
- BRB Software HorizonMIS
- Core Solutions Care Enterprise
- Fagerman Technologies MedLook

### Techniques:

- Family Therapy
- Crisis Intervention
- Individual Counselling

### Tools and Frameworks:

- Kareo
- Coaching Loft
- Power Diary
- Therapy Notes
- Simple Practice

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## EDUCATION

### Resume Worded University

Bachelor of Science

Major in Psychology

Minors in Childhood Studies

Boston, MA – 05/2017

Awards: Resume Worded Teaching Fellow (only 5 awarded to class), Dean's List 2012 (Top 10%)

## OTHER

- Volunteered in a Community Development Project, run by ACB Corporation Inc. )
- ABC Certification (2022)
- Completed 10+ competitions on Psychology best practices in 2021.