

# MARIA ANZUMANI

CLINICAL PSYCHOLOGIST

## CONTACT

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## PROFILE

Highly empathetic and dedicated Clinical Psychologist with over 8 years of experience providing comprehensive psychological assessments, evidence-based therapies, and crisis intervention to diverse populations in Pakistan. Proven ability to build strong therapeutic relationships, conduct thorough diagnostic evaluations, and develop individualized treatment plans to promote mental well-being and positive change. Committed to ethical practice and continuous professional development.

## SPECIALIZATION

- DEPRESSION
- ANXIETY DISORDERS

## EXPERIENCE

### Senior Clinical Psychologist | *The Mindful Clinic, Karachi*

2020 – Present

Provided individual, group, and family therapy to adults and adolescents with a wide range of psychological issues, including anxiety, depression, PTSD, and personality disorders.

Conducted comprehensive psychological assessments using standardized tests and clinical interviews to formulate accurate diagnoses and treatment plans.

## EDUCATION

### M.Phil. in Clinical Psychology

2013

University of Karachi, Karachi

### B.Sc. (Hons.) in Psychology

2011

Lahore University of Management Sciences (LUMS), Lahore