

# MARIA ANZUMANI

CLINICAL PSYCHOLOGIST

## CONTACT

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## PROFILE

Highly empathetic and dedicated Clinical Psychologist with over 8 years of experience providing comprehensive psychological assessments, evidence-based therapies, and crisis intervention to diverse populations in Pakistan. Proven ability to build strong therapeutic relationships, conduct thorough diagnostic evaluations, and develop individualized treatment plans to promote mental well-being and positive change. Committed to ethical practice and continuous professional development.

## SPECIALIZATION

- DEPRESSION
- ANXIETY DISORDERS

## EDUCATION

M.Phil. in Clinical Psychology

2013

University of Karachi, Karachi

B.Sc. (Hons.) in Psychology

2011

Lahore University of Management Sciences (LUMS), Lahore

## EXPERIENCE

**Assistant Psychologist | The Aman Foundation, Karachi**

2015 – 2017

Assisted senior psychologists in conducting assessments and providing therapeutic interventions.

Conducted initial screenings and gathered relevant patient history.

Supported community outreach programs focused on mental health awareness and destigmatization.