

SỞ GD&ĐT BẮC GIANG**ĐỀ THI THỬ THPT QUỐC GIA NĂM 2025****Môn thi: TIẾNG ANH – Mã đề: 803***(Đề thi có 06 trang)**Thời gian làm bài: 50 phút; 40 câu hỏi trắc nghiệm*

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 5.

Plastic is a material that has become an essential part of modern life. However, the widespread use of plastic has created a serious environmental problem. Many plastic items (1) _____. This leads to pollution in our oceans, landfills, and cities, posing a threat to wildlife and human health. Despite these issues, there are several ways we can go green with plastic and reduce its harmful impact.

One of the most effective ways to go green with plastic is by reducing our consumption of single-use plastic. Instead, we should use reusable alternatives, such as metal straws, cloth bags, and bamboo utensils. (2) _____.

Recycling plastic is another key aspect of going green. Plastic materials (3) _____. This process helps conserve resources, reduces energy consumption, and keeps plastic out of the environment. Many communities now also have recycling programs where people can drop off their plastic waste for processing.

Another great way to go green with plastic is by supporting products made from recycled plastic. Companies are increasingly producing goods like clothing, furniture, and even construction materials from recycled plastic. (4) _____.

In conclusion, going green with plastic involves reducing, recycling, and reusing. By making small but meaningful changes in our daily habits, (5) _____. Whether it's cutting down on single-use plastic or supporting companies that use recycled materials, every action counts in the fight to protect the planet.

Question 1.

- A. are discarded after a single use and take hundreds of years to decompose completely
- B. which are thrown away after being used once and they decompose over a long period
- C. that is often thrown away in the landfills where it takes a long time to break down
- D. having been discarded carelessly and often take centuries to decompose thoroughly

Question 2.

- A. Over time, these small yet consistent actions can lead to substantial environmental improvements, ensuring a healthier and more sustainable planet for generations to come.
- B. The production of reusable alternatives like metal straws and cloth bags requires more resources than single-use plastics, increasing their environmental impact during manufacturing.
- C. We can significantly contribute to environmental pollution by throwing away all reusable alternatives, as they take up less space in landfills compared to single-use plastics.
- D. In some situations, single-use plastics are more hygienic and practical, such as in medical or emergency settings where contamination risks are high.

Question 3.

- A. which the waste can transform into new products minimize the reliance on producing virgin plastic materials.
- B. that are properly recycled can be reprocessed and transformed into a wide variety of new products.
- C. are properly recycled to become new products help to reduce the demand for additional plastic materials.

D. can be turned into new goods decrease the need for manufacturing fresh plastic materials.

Question 4.

- A. Plastic production helps reduce the demand for these products so plastic may be the most appealing choice for eco-conscious consumers.
- B. These products provide an eco-friendly option but do not have a significant impact on new plastic production demand.
- C. These items help reduce the demand for new plastic production and provide an eco-friendly option for consumers.
- D. These sustainable items help reduce the need for new plastic production, yet their impact may be limited.

Question 5.

- A. small changes in daily life can contribute to lowering plastic's environmental impact, while helping to reduce its harm to ecosystems and wildlife.
- B. we can significantly reduce the environmental impact of plastic and help mitigate its harmful effects on ecosystems, wildlife, and natural resources
- C. the environment can benefit greatly from efforts to reduce plastic use and its effects on ecosystems, wildlife, and natural resources,
- D. their efforts can be key in reducing plastic's effects on ecosystems, wildlife, and natural resources, while also lowering the environmental footprint.

Read the following passage about apologies and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions from 6 to 13.

Apologies have the power to heal and restore relationships, whether personal or professional. Admitting mistakes and showing regret demonstrates humility and respect for the other person's feelings. Apologies are not just about saying the right words they show a willingness to take responsibility. This can rebuild trust, mend relationships, and strengthen connections. Whether between friends, family, or colleagues, a genuine apology helps to heal and move forward.

A true apology goes beyond words. It involves recognizing the harm caused, expressing sincere regret, and, when needed, offering solutions or compensation. For example, if someone misses an important work deadline, simply saying "sorry" might not be enough. Offering a plan to fix the mistake or prevent it from happening again shows accountability and makes the apology more meaningful. Without these steps, apologies may seem **empty** and fail to resolve the real issue.

In the workplace, apologies are essential for resolving conflicts. When a manager apologizes for an error, **it** creates a sense of fairness and respect within the team. Employees who feel heard and appreciated are more likely to trust their leaders and work better together. **Apologies can turn mistakes into opportunities to strengthen teamwork and improve workplace culture.** They also encourage open communication, helping employees feel safe to express concerns and **fostering** a healthier work environment.

Some people hesitate to apologize because they think it shows weakness. In reality, it takes courage to admit mistakes and "swallow one's pride". Apologizing shows emotional maturity and sets an example for others to take responsibility. In both personal and professional settings, a heartfelt apology can turn conflicts into chances for growth and better understanding.

Question 6. Which of the following is NOT mentioned as a result of apologizing?

- A. Healing relationships
- B. Preventing future mistakes
- C. Rebuilding trust
- D. Strengthening connections

Question 7. The word "**empty**" in paragraph 2 is OPPOSITE in meaning to _____.

- A. meaningful
- B. incomplete
- C. smooth
- D. partial

Question 8. The word "it" in paragraph 3 refers to _____.

- A. an error B. a conflict C. fairness D. an apology

Question 9. The word "fostering" in paragraph 3 could be best replaced by _____.

- A. managing B. encouraging C. adapting D. rejecting

Question 10. Which of the following best paraphrases the underlined sentence in paragraph 3?

- A. Sincere apologies should focus on improving traditional culture and fixing mistakes rather than building teamwork.
 B. Mistakes, when followed by apologies, can improve teamwork and workplace culture.
 C. Thoughtful apologies can reduce teamwork mistakes and help create a perfect workplace.
 D. Workplace culture improves when there are fewer repeated mistakes to apologize for.

Question 11. Which of the following is TRUE according to the passage?

- A. A simple "sorry" is sufficient in workplace conflicts.
 B. Apologizing shows both courage and emotional maturity.
 C. Apologies benefit both personal and family relationships.
 D. Offering solutions can make an apology less effective.

Question 12. In which paragraph does the writer mention how apologies can encourage communication in the-workplace?

- A. Paragraph 3 B. Paragraph 4 C. Paragraph 2 D. Paragraph 1

Question 13. In which paragraph does the writer explore reasons why people avoid apologizing?

- A. Paragraph 4 B. Paragraph 3 C. Paragraph 2 D. Paragraph 1

Read the following leaflet and mark the letter A, B, C, or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 14 to 19.

Prioritize Your Well-Being!

Make self-care a daily habit for a healthier and happier life.

* Key Insights

Many individuals spend most of their time taking care of (14) _____ but forget about their own well-being. This can lead to burnout and stress. Remember, for the sake of your own well-being, taking care of yourself is not selfish but essential for maintaining overall balance in life.

* Practical Tips

- Dedicate time to activities that (15) _____ your mind and body, such as yoga or meditation.
- Focus on building positive routines like getting enough sleep and maintaining good nutrition. These can enhance emotional (16) _____.
- (17) _____ feeling overwhelmed, talk to a professional to prioritize your mental health.
- Track your habits to see measurable (18) _____.
- Use self-care journals and online (19) _____ to stay consistent.

Question 14. A. another B. other C. others D. the others

Question 15. A. take after B. break down C. get through D. boost up

Question 16. A. confidence B. resilience C. organisation D. disorder

Question 17. A. With a view to B. By virtue of C. In need of D. In case of

Question 18. A. breakthrough B. evolution C. recovery D. progress

Question 19. A. blogs B. transactions C. commercials D. resources

Read the following advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 20 to 25.

FAMILY TIME SERVICES

At Family Time Services, we understand how challenging it can be to balance work, life, and family. That's why we've created a series of programs to make family life more (20) _____. Our services include

activities such as a family dinner evening or a/an (21) _____.

One of our most popular features is the Family Together app (22) _____ as a digital planner to help members schedule events and manage time more efficiently. You can also explore local activities (23) _____ your family, ensuring you never miss out on the best options.

With Family Time Services, parents can (24) _____ time with their children, building memories that will last a lifetime. Whether you're organizing weekly game nights or a big celebration, our services allow (25) _____ and creating meaningful connections.

Question 20. A. excitingly B. excited C. exciting D. excitement

Question 21. A. camping adventurous trip B. trip adventurous camping
C. adventurous camping trip D. adventurous trip camping

Question 22. A. describing B. is described C. which describes D. described

Question 23. A. for B. off C. on D. up

Question 24. A. send B. make C. do D. put

Question 25. A. to bond B. bonding C. bond D. to bonding

Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 26 to 30.

Question 26.

- a. Sarah: Yes, reading helps kids expand their vocabulary, improve their imagination, and develop critical thinking skills.
- b. Sarah: I'm going to set aside time each day for my kids to read and discover new books.
- c. Tom: Do you encourage your kids to read more books?
- d. Tom: How can you make reading fun for your kids?
- e. Tom: Well, I don't know whether this works for my sons or not. They seem to have been addicted to social media and online games. Thanks, anyway.

A. c-b-d-a-e B. c-a-d-b-e C. d-a-c-b-e D. c-e-d-b-a

Question 27.

- a. Doctor: It sounds uncomfortable. Based on what you've described, I'd recommend taking it easy for a few days and staying hydrated.
- b. Patient: I've been feeling quite tired, and my throat has been sore for the past few days.
- c. Doctor: Could you tell me about your symptoms?

A. c - a - b B. c - b - a C. a - b - c D. b - a - c

Question 28.

Hi Emma,

- a. I wanted to share some exciting news-I've recently achieved one of my personal goals!
- b. I hope this letter finds you in good spirits.
- c. Have you achieved anything you're proud of lately? Let's celebrate our wins together soon! I'm sure we can inspire each other to keep moving forward.
- d. It wasn't easy, but the hard work paid off. This achievement has made me more confident about setting higher goals.
- e. It's also a reminder that small steps can lead to big success. What about you?

Take care,

John

A. a - b - d - c - c B. b - c - a - d - c C. a - d - b - c - e D. b - a - d - e - c

Question 29.

- a. Night shifts can be particularly demanding on employee wellbeing and health.
- b. To combat this, we do not have employees on night shifts for extended periods.

- c. Due to the nature of our business, it's sometimes necessary that our staff work at night.
 d. This can include disruption to the body clock, fatigue, sleeping difficulties, disturbed appetite and digestion, reliance on sedatives or stimulants, social and domestic problems and other symptoms of ill health.
 e. This is because workers' bodies will just have started to adapt to the new pattern.
- A. c - a - d - b - c B. b - c - d - a - c C. d - c - b - a - c D. a - b - c - d - e**

Question 30.

- a. It has been found that access to even the most basic green spaces can provide a better quality of life for dementia sufferers and help people avoid obesity.
 b. Research also indicates that green roofs can be integrated with drainage systems on the ground, such as street trees, so that the water is managed better, and the built environment is made more sustainable.
 c. Besides, there is evidence to demonstrate the social value of green roofs.
 d. Ongoing research shows how green roofs in cities can integrate with 'living walls': environmentally friendly walls which are partially or completely covered with greenery, including a growing medium, such as soil or water.
 e. Doctors are increasingly prescribing time spent gardening outdoors for patients dealing with anxiety and depression.
- A. d - a - c - b - c B. d - c - b - c - a C. d - c - a - b - e D. d - b - c - c - a**

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions from 31 to 40.

[I] This technology overlays virtual objects and information onto real-world environments, creating interactive experiences that were once unimaginable. [II] AR is making waves in education, gaming, and even social interactions, promising a future where technology feels more integrated into our daily lives. [III] Very soon, AR could revolutionize every aspect of how we interact with information and entertainment, making the virtual world seem as real as the one around us. [IV]

In education, AR is proving to be a powerful tool for engagement and understanding. Students can now explore a 3D model of the solar system in their classrooms or **dissect** a virtual frog without harming a real one. These experiences bring lessons to life, making complex topics easier to grasp. AR also fosters creativity, encouraging students to think outside the box and engage with their studies in new ways. With AR, learning is no longer confined to textbooks and lectures. **It** allows students to start strong and immediately apply what they learn, helping them dive into real-world scenarios with ease.

The entertainment industry is another area which AR has a significant impact on. Games like Pokémon Go have shown how AR can create immersive, real-world experiences that capture the imagination of millions. In the future, AR could revolutionize how we watch movies, attend concerts, or even try on clothes while shopping online. Imagine sitting in your living room and having a holographic performance appear right before your eyes. AR can also **break the mold**, introducing groundbreaking ways to entertain audiences and keep them engaged like never before. The possibilities are endless.

AR is truly a golden opportunity to reshape our interaction with the world. However, like any new technology, it comes with challenges. Developers and educators must ensure that AR is accessible, user-friendly, and free from misuse. With thoughtful innovation, AR has the potential to become a game-changer in both education and entertainment, bridging the gap between imagination and reality.

Question 31. Where in paragraph 1 does the following sentence best fit?

Augmented reality (AR) is transforming the way we learn, work, and play by blending digital content with the physical world.

- A. [II] B. [I] C. [IV] D. [III]**

Question 32. Which of the following could best replace the phrase "**break the mold**" in paragraph 3?

- A. show up B. take up C. shake up D. put up

Question 33. The word **It** in paragraph 2 refers to _____.

- A. classroom learning B. trading application
 C. AR technology D. student creativity

Question 34. According to paragraph 2, which of the following is NOT mentioned as a benefit of AR in education?

- A. Allowing students to explore complex ideas
 B. Encouraging creativity and critical thinking
 C. Offering engaging learning experiences
 D. Increasing students' academic stability

Question 35. The word **dissect** in paragraph 2 is OPPOSITE in meaning to _____.

- A. assemble B. analyze C. cut open D. catch

Question 36. Which of the following best summarises paragraph 3?

- A. Augmented Reality is primarily beneficial for enhancing online shopping rather than entertainment.
 B. The entertainment industry has nearly reached its peak due to Augmented Reality technologies.
 C. Augmented Reality is transforming entertainment by offering innovative and immersive experiences.
 D. The entertainment industry uses Augmented Reality mainly to gradually replace traditional forms of gaming.

Question 37. According to paragraph 4, which of the following is TRUE about AR?

- A. It is ensured that AR technology remains free from misuse.
 B. Developers need to make AR accessible and user-friendly.
 C. AR's potential to revolutionize society outweighs its challenges.
 D. AR requires no further innovation to become a game-changer.

Question 38. Which of the following best paraphrases the underlined sentence in paragraph 4?

- A. Reshaping how people perceive the world can be achieved by adopting AR technology.
 B. AR has the potential to replace traditional ways of interacting with the environment.
 C. By using AR, people can explore limitless opportunities to interact with their surroundings.
 D. AR is a minor chance to slightly alter how we interact with the world, offering limited benefits.

Question 39. Which of the following can be inferred from the passage?

- A. AR experiences are likely to replace traditional methods of education and entertainment soon.
 B. Gaming applications might be the main driving force behind the development of AR technology.
 C. AR will likely dominate both education and entertainment industries in the near future.
 D. AR technology presents new opportunities for interactive learning and real-world applications.

Question 40. Which of the following best summarises the passage?

- A. In education, AR enhances engagement and understanding, allowing students to explore 3D models and virtual dissections, fostering creativity and real-world application, making learning more interactive and effective.
 B. AR significantly impacts entertainment, with games like Pokémon Go creating immersive experiences, and future applications like holographic performances and virtual shopping, revolutionizing how we consume media and shop.
 C. AR technology is reshaping how we view the world, but its applications are still limited to gaming, entertainment, niche industries, and certain professions, indicating room for broader adoption.
 D. AR overlays virtual objects onto real environments, transforming education, gaming, and entertainment, enhancing engagement, creativity, and real-world application despite challenges in accessibility and misuse.