```java
public class LargestValueSol
{
    public static void main(String[] arg)
    {
        {
            int[] values = {32, 56, 79, 2, 150, 37};

            int highestValue = findMax(values);
            System.out.println("The highest score is " + highestValue);
        }
    }
    public static int findMax(int[] numbers)
    {
        int maxSoFar = numbers[0];

        // equivalent for loop
        for (int i = 0; i < numbers.length; i++)
        {
            if (numbers[i] > maxSoFar)
            {
                maxSoFar = numbers[i];
            }
        }

        /* Alternate solution as a while loop

        int i = 0;
        while (i < numbers.length){
            if (numbers[i] > maxSoFar)
            {
                maxSoFar = numbers[i];
            }
            i ++;
        }
        */
        return maxSoFar;
    }
}
```