Math 4301 Mathematical Analysis I Lecture 16

Topic: Properties of Riemann Integral.

• **Definition** Let $f:[a,b] \to \mathbb{R}$ be bounded. We say that f is Riemann integrable over [a,b] if

$$\overline{\int_{a}^{b}} f \le \underline{\int_{a}^{b}} f.$$

In such a case, the number

$$\int_{a}^{b} f = \overline{\int_{a}^{b}} f = \int_{a}^{b} f$$

is called the *Riemann integral* of f over [a, b].

Theorem A bounded function $f:[a,b] \to \mathbb{R}$ is Riemann integrable over [a,b] if and only if, for every $\epsilon > 0$, there is $P \in \mathcal{P}([a,b])$, such that

$$U(f, P) - L(f, P) < \epsilon$$
.

 $\bullet\,$ From calculus we know that

if F is an antiderivative of f on the interval [a, b],

then we can find the value of $\int_{a}^{b} f(x) dx$ in a simple way, namely

$$\int_{a}^{b} f(x) dx = F(b) - F(a).$$

Recall, for a function $f:[a,b]\to\mathbb{R}$ a function

$$F:[a,b]\to\mathbb{R}$$

is called antiderivative of f if

$$\frac{d}{dx}F(x) = f(x)$$
, for all $x \in [a, b]$.

Theorem (Fundamental Theorem of Calculus) Let $f:[a,b] \to \mathbb{R}$ be continuous.

Then f has an antiderivative F and

$$\int_{a}^{b} f = F(b) - F(a).$$

If G is an antiderivative of f, then

$$\int_{a}^{b} f = G(b) - G(a).$$

Proof. Let $F:[a,b]\to\mathbb{R}$ be given by

$$F\left(x\right) = \int_{a}^{x} f\left(t\right) dt$$

- We show that F is differentiable.
- Since f is integrable, for all $x \in [a, b]$, $\int_a^x f(t) dt$ exists, so F(x) is defined for all $x \in [a, b]$.
- It is sufficient to show that

$$\frac{d}{dx}F(x) = f(x)$$
, for all $x \in (a,b)$.

• Let $x \in (a, b)$ and h > 0 be sufficiently small, so that

$$[x, x+h] \subset [a, b]$$
.

• Then

$$|\frac{F(x+h) - F(x)}{h} - f(x)| = |\frac{\int_{a}^{x+h} f(t) dt - \int_{a}^{x} f(t) dt}{h} - f(x)|$$

$$= |\frac{\int_{a}^{x} f(t) dt + \int_{x}^{x+h} f(t) dt - \int_{a}^{x} f(t) dt}{h} - f(x)|$$

$$= |\frac{\int_{x}^{x+h} f(t) dt}{h} - f(x)|$$

$$= |\frac{\int_{x}^{x+h} f(t) dt}{h} - \frac{f(x) h}{h}| = |\frac{\int_{x}^{x+h} f(t) dt}{h} - \frac{f(x) \int_{x}^{x+h} dt}{h}|$$

$$= |\frac{\int_{x}^{x+h} f(t) dt - \int_{x}^{x+h} f(x) dt}{h}|$$

$$= |\frac{\int_{x}^{x+h} f(t) - f(x) dt}{h}| \le \frac{\int_{x}^{x+h} |f(t) - f(x)| dt}{h}.$$

• Since f is continuous on [a, b], for $\epsilon > 0$ there is h > 0, such that, for all $t \in [x, x + h] \subset [a, b]$,

$$|f(t) - f(x)| < \epsilon.$$

• Thus.

$$\left| \frac{F\left(x+h \right) - F\left(x \right)}{h} - f\left(x \right) \right| \leq \frac{\int_{x}^{x+h} \left| f\left(t \right) - f\left(x \right) \right| dt}{h} \leq \frac{\epsilon h}{h} = \epsilon.$$

• This shows that

$$\lim_{h\to 0^{+}}\frac{F\left(x+h\right)-F\left(x\right)}{h}=f\left(x\right).$$

• Analogously, one shows that

$$\lim_{h \to 0^{-}} \frac{F(x+h) - F(x)}{h} = f(x).$$

• We showed that

$$\frac{d}{dx}F(x) = \lim_{h \to 0} \frac{F(x+h) - F(x)}{h} = f(x).$$

• Since $F(x) = \int_a^x f(t) dt$, so

$$F(a) = \int_{a}^{a} f(t) dt = 0$$

and

$$F\left(b\right) = \int_{a}^{b} f\left(t\right) dt,$$

so

$$\int_{a}^{b} f(x) dx = F(b) - F(a).$$

• Furthermore, since

$$G'(x) = f(x) = F'(x)$$
, for all $x \in (a, b)$

it follows that

$$G(x) = F(x) + C,$$

so

$$\int_{a}^{b} f(x) dx = F(b) - F(a) = (G(b) - C) - (G(a) - C)$$
$$= G(b) - G(a).$$

This finishes our proof. ■

• **Remark:** For instance $f:[0,1] \to \mathbb{R}$, f(x)=x is continuous on [0,1]. Thus, f has an antiderivative

$$F(x) = \int_0^x t \ dt = \frac{1}{2}x^2$$
, for all $x \in [0, 1]$,

so

$$\int_{0}^{1} f(x) dx = F(1) - F(0) = \frac{1}{2} \cdot 1^{2} - \frac{1}{2} \cdot 0^{2} = \frac{1}{2}.$$

Notice that $G(x) = \frac{1}{2}x^2 + 1$ is also antiderivative of f since

$$\frac{d}{dx}G(x) = x = f(x), \text{ for all } x \in [0,1].$$

By the Fundamental Theorem of Calculus, we can use also G to compute

$$\int_{0}^{1} f(x) dx = G(1) - G(0) = \frac{3}{2} - 1 = \frac{1}{2}.$$

Remark: Notice that for a > 0, $f : [0, a] \to \mathbb{R}$,

$$f\left(x\right) = \exp\left(-x^2\right)$$

is continuous. Therefore, by the Fundamental Theorem of Calculus, f has antiderivative, for instance

$$F(x) = \int_0^x \exp(-t^2) dt, \ x \in [0, a]$$

notice that an antiderivative of f cannot be expressed in terms of elementary functions.

Remark Let $f:[a,b] \to \mathbb{R}$ be continuous and

$$F(x) = \int_{a}^{u(x)} f(t) dt$$

where $u(x) \in [a, b]$, for each $x \in [a, b]$ and u is differentiable. Then by the chain rule

$$\frac{d}{dx}F(x) = f(u(x))u'(x).$$

Integral over a bounded subset $A \subseteq \mathbb{R}$

- Let $A \subseteq \mathbb{R}$ be bounded and $f: A \to \mathbb{R}$ be bounded.
- We extend f to [a,b] where $A \subseteq [a,b]$ by setting

$$\widetilde{f}(x) = \begin{cases} f(x) & \text{if } x \in A \\ 0 & \text{if } x \in [a, b] \setminus A \end{cases}$$

and define

$$\int_{A} f(x) dx = \int_{a}^{b} \widetilde{f}(x) dx.$$

Remark The definition of $\int_A f(x) dx$ does not depend on the interval [a, b], such that $A \subseteq [a, b]$. In particular $\int_A f(x) dx$ is well-defined.

• We say that a bounded subset A of \mathbb{R} has volume (or A is Jordan measurable), if the characteristic function

$$\chi_A: \mathbb{R} \to \mathbb{R}$$

of A defined by

$$\chi_A(x) = \begin{cases}
1 & \text{if } x \in A \\
0 & \text{if } x \in \mathbb{R} \backslash A
\end{cases}$$

is Riemann integrable over A.

• Define

$$v(A) = \int_{A} \chi_{A}(x) dx.$$

and we call it the volume of A if χ_A is integrable.

Example Let $A = \mathbb{Q} \cap [0,1]$. We observe that the characteristic function

$$\chi_A: \mathbb{R} \to \mathbb{R}$$

of A is defined by

$$\chi_A(x) = \begin{cases}
1 & \text{if } x \in \mathbb{Q} \cap [0, 1] \\
0 & \text{if } x \in \mathbb{R} \setminus (\mathbb{Q} \cap [0, 1])
\end{cases}$$

 \bullet Clearly, χ_A is not Riemann integrable (as we checked it before).

• Therefore, A has no volume.

Example Let $A = [a, b] \subset \mathbb{R}$, where a < b.

Then

$$v(A) = \int_{A} \chi_{A}(x) dx = b - a,$$

so A has volume.

- We say that $A \subseteq \mathbb{R}$ has volume zero if v(A) = 0,
- That is, for any $\epsilon > 0$, there are intervals $R_1, R_2, ..., R_m$, such that

$$A \subseteq \bigcup_{j=1}^{m} R_j$$
 and $\sum_{j=1}^{m} v(R_j) < \epsilon$.

- Let $A = \{x_1, x_2, ..., x_m\} \subset \mathbb{R}$ and $\epsilon > 0$ be given.
- WLOG we may assume that $x_1 < x_2 < ... < x_m$.
- Define

$$R_i = \left[x_i - \frac{\epsilon}{4m}, x_i + \frac{\epsilon}{4m}\right].$$

• Then

$$A \subseteq \bigcup_{j=1}^{m} R_j$$

and

$$\sum_{j=1}^{m} v(R_j) = \sum_{j=1}^{m} \left(x_i + \frac{\epsilon}{4m} - \left(x_i - \frac{\epsilon}{4m} \right) \right)$$
$$= \frac{1}{2m} \sum_{j=1}^{m} \epsilon = \frac{\epsilon}{2} < \epsilon.$$

• It follows that A has volume zero.

Exercise Give examples of bounded subsets of \mathbb{R} that have and don't have volume.

- a. One of the examples of a subset of $\mathbb R$ which has no volume is $A=\mathbb Q\cap [0,1]$.
- \bullet We observe that the characteristic function $\chi_A:\mathbb{R}\to\mathbb{R}$ of A defined by

$$\chi_{A}\left(x\right) = \left\{ \begin{array}{ll} 1 & \text{if} & x \in \mathbb{Q} \cap [0,1] \\ 0 & \text{if} & x \in \mathbb{R} \setminus (\mathbb{Q} \cap [0,1]) \end{array} \right.$$

is not Riemann integrable (as we checked it before).

b. Let

$$A = \left\{\frac{1}{n} : n \in \mathbb{N}\right\} \subset [0, 1] \,,$$

then its characteristic function $\chi_A : \mathbb{R} \to \mathbb{R}$, is given by

$$\chi_A(x) = \begin{cases}
1 & \text{if } x \in A \\
0 & \text{if } x \in \mathbb{R} \backslash A
\end{cases}$$

 \bullet We show that χ_A is Riemann integrable.

Solution: We see that $A \subset [0,1]$ so by the definition

$$v(A) = \int_{A} \chi_{A} = \int_{0}^{1} \widetilde{\chi_{A}}(x) dx$$

so we want to show that $\int_0^1 \widetilde{\chi_A}(x) dx$ exists.

 $\bullet \ \, \mbox{Let} \, P = \{x_0, x_1, ..., x_n\} \, \, \mbox{be a partition of} \, [0,1] \, , \, \mbox{such that}$

$$\Delta x_1 = x_1 - x_0 = \frac{1}{N}$$

and for j > 1,

$$\Delta x_j = x_j - x_{j-1} < \frac{1}{N^2}.$$

• We see that

$$L\left(\chi_A, P\right) = 0$$

and

$$U(\chi_A, P) \leq 1 \cdot \frac{1}{N} + \sum_{j=1}^{N-1} 1 \cdot \frac{1}{N^2} = \frac{1}{N} + \frac{N-1}{N^2}$$
$$= \frac{2N-1}{N^2} \to 0 \text{ as } N \to \infty$$

• Now, we see that, for all $N \in \mathbb{N}$,

$$0 \leq L\left(\chi_{A},P\right) \leq \int_{0}^{1} \chi_{A}\left(x\right) dx \leq \overline{\int}_{0}^{1} \chi_{A}\left(x\right) dx \leq U\left(\chi_{A},P\right) \leq \frac{2N-1}{N^{2}}.$$

• Therefore,

$$\underline{\int_{0}^{1}}\chi_{A}\left(x\right)dx=\overline{\int}_{0}^{1}\chi_{A}\left(x\right)dx=0,$$

so χ_A is Riemann integrable and

$$\int_{0}^{1} \chi_{A}(x) dx = 0.$$

• It follows that A has volume and

$$v(A) = 0.$$

Definition A subset $A \subseteq \mathbb{R}$ is said to be of *Lebesgue measure zero* if, for every $\epsilon > 0$, there is a countable family of intervals $I_1, I_2, ...$ in \mathbb{R} , such that

$$A \subseteq \bigcup_{j=1}^{\infty} I_j \text{ and } \sum_{j=1}^{\infty} v(I_j) < \epsilon.$$

• Let

$$A = \mathbb{N}$$

and $\epsilon > 0$ be given.

• Define, for each $j \in \mathbb{N}$,

$$I_j = \left[j - \frac{\epsilon}{2^{j+2}}, j + \frac{\epsilon}{2^{j+2}}\right].$$

• Clearly, $A \subseteq \bigcup_{j=1}^{\infty} I_j$ and since

$$v\left(I_{j}\right)=j+rac{\epsilon}{2^{j+2}}-\left(j-rac{\epsilon}{2^{j+2}}
ight)=rac{\epsilon}{2^{j+1}},$$

• Hence

$$\sum_{j=1}^{\infty} v(I_j) = \sum_{j=1}^{\infty} \frac{\epsilon}{2^{j+1}} = \frac{\epsilon}{2^2} \sum_{j=1}^{\infty} \frac{1}{2^{j-1}}$$
$$= \frac{\epsilon}{2^2} \frac{1}{1 - \frac{1}{2}} = \frac{\epsilon}{2} < \epsilon.$$

 \bullet It follows that A has Lebesgue measure zero.

Theorem Let A_i have Lebesgue measure zero, for i = 1, 2, ...

Then

$$A = \bigcup_{j=1}^{\infty} A_j$$

has measure zero.

Proof. Let $\epsilon > 0$ be given.

• Since A_i has Lebesgue measure zero there are intervals $R_{1,i}, R_{2,i}, \dots$ such that

$$A_i \subseteq \bigcup_{j=1}^{\infty} R_{j,i}$$

and

$$\sum_{j=1}^{\infty} v\left(R_{j,i}\right) < \frac{\epsilon}{2^{i}}.$$

• Clearly,

$$A \subseteq \bigcup_{i=1}^{\infty} \bigcup_{j=1}^{\infty} R_{j,i}$$

and

$$v(A) \leq \sum_{i=1}^{\infty} \sum_{j=1}^{\infty} v(R_{j,i}) < \sum_{i=1}^{\infty} \frac{\epsilon}{2^{i}}$$
$$= \frac{\epsilon}{2} \frac{1}{1 - \frac{1}{2}} = \epsilon.$$

• It follows that $A = \bigcup_{j=1}^{\infty} A_j$ has Lebesgue measure zero.

This finishes our argument. \blacksquare

• Proposition Let $F \subset \mathbb{R}$ be a set of measure zero and $H \subseteq F$. Then H has measure zero.

Proof. Let $\epsilon > 0$ be given.

- ullet Since F has measure zero,
- There is a countable family of intervals $\{I_i\}$ in \mathbb{R} , such that,
- $F \subseteq \bigcup_{n=1}^{\infty} I_n$ and

$$\sum_{n=1}^{\infty} v\left(I_n\right) < \epsilon.$$

• Since

$$H \subseteq F \subseteq \bigcup_{n=1}^{\infty} I_n,$$

ullet Then H has also measure zero.

This finishes our proof. \blacksquare

• Proposition Let $F \subset \mathbb{R}$ be a set of measure zero. Then, for every $\epsilon > 0$, there is a countable family of intervals $\{I_j\}$ such that

$$F \subseteq \bigcup_{n=1}^{\infty} \operatorname{Int}\left(I_n\right)$$

and

$$\sum_{n=1}^{\infty} v\left(I_n\right) < \epsilon.$$

Proof. Since $F \subset \mathbb{R}$ be a set of measure zero,

• There is a countable family of intervals $\{R_j\}$, such that

$$F \subseteq \bigcup_{n=1}^{\infty} R_n$$

and

$$\sum_{n=1}^{\infty} v\left(R_n\right) < \frac{\epsilon}{2}.$$

• Consider interval

$$R_i = [a_i, b_i]$$

and let

$$I_j = \left(a_j - \frac{\epsilon}{2^{j+2}}, b_j + \frac{\epsilon}{2^{j+2}}\right).$$

Then

$$v(I_j) = v(R_j) + \frac{\epsilon}{2^{j+1}}.$$

• Clearly I_j is open,

$$F \subseteq \bigcup_{n=1}^{\infty} I_n$$

and

$$\begin{split} \sum_{n=1}^{\infty} v\left(I_{n}\right) &=& \sum_{n=1}^{\infty} \left(v\left(R_{n}\right) + \frac{\epsilon}{2^{n+1}}\right) \\ &=& \sum_{n=1}^{\infty} v\left(R_{n}\right) + \sum_{n=1}^{\infty} \frac{\epsilon}{2^{n+1}} \\ &<& \frac{\epsilon}{2} + \frac{\epsilon}{2} \\ &=& \epsilon. \end{split}$$

• Since $I_j \subset \overline{I_j}$

$$F \subseteq \bigcup_{n=1}^{\infty} \overline{I_n}$$

and

$$v\left(I_{j}\right) = v\left(\overline{I_{j}}\right),$$

• Then

$$\sum_{n=1}^{\infty} v\left(\overline{I_n}\right) < \epsilon.$$

• Moreover,

$$\operatorname{Int}\left(\overline{I_{j}}\right)=I_{j},$$

so

$$F \subseteq \bigcup_{n=1}^{\infty} \operatorname{Int}\left(\overline{I_n}\right).$$

• Therefore, for the family $\{\overline{I_j}\}$:

$$F \subseteq \bigcup_{n=1}^{\infty} \operatorname{Int}\left(\overline{I_n}\right) \text{ and } \sum_{n=1}^{\infty} v\left(\overline{I_n}\right) < \epsilon$$

as desired.

This finishes our proof. ■

• Theorem (Lebesgue's Theorem) Let $A \subseteq \mathbb{R}$ be bounded and $f: A \to \mathbb{R}$ be a bounded function. Define $\widetilde{f}: \mathbb{R} \to \mathbb{R}$ by

$$\widetilde{f}(x) = \begin{cases} f(x) & \text{if } x \in A \\ 0 & \text{if } x \in \mathbb{R} \backslash A \end{cases}$$

Function f is Riemann integrable over A if and only if the set

$$D_{\widetilde{f}} = \left\{ x \in \mathbb{R} : \omega_{\widetilde{f}}(x) > 0 \right\}$$

of discontinuities of \widetilde{f} has Lebesgue measure zero.

Proof. We give a proof of this theorem in M 4302. \blacksquare

• Example Let us consider the function $f:[0,1]\to\mathbb{R}$ given by

$$f(x) = \begin{cases} \frac{1}{q} & if \quad x = \frac{p}{q}, \ \gcd(p, q) = 1\\ 0 & if \quad x \in [0, 1] \cap (\mathbb{R} \setminus \mathbb{Q}) \end{cases}$$

This function is known as Riemann function.

We show that the Riemann function is Riemann integrable.

- Using theorem above,
 it suffices to show that the set of all points,
 where f is discontinuous has measure zero in R.
- Recall, for a function

$$f: A \subseteq \mathbb{R} \to \mathbb{R}$$

and $x_0 \in A$,

define the oscillation of f on an open disk $D(x_0, \delta)$, $\delta > 0$ as follows

$$\omega_f\left(D\left(x_0,\delta\right)\right) = \sup\left\{\left|f\left(x\right) - f\left(y\right)\right| : x, y \in D\left(x_0,\delta\right) \cap A\right\}$$

and

$$\omega_f(x_0) = \inf \left\{ \omega_f(D(x_0, \delta)) : \delta > 0 \right\}.$$

• As we showed f is continuous at $x_0 \in A$ iff

$$\omega_f(x_0) = 0.$$

• Therefore, f is continuous at x_0 if and only if

$$x_0 \in [0,1] \cap (\mathbb{R} \backslash \mathbb{Q})$$
.

• From the above, we see that, the set D_f of all points where f is discontinuous is

$$D_f = [0,1] \cap \mathbb{Q}.$$

- Since D_f is countable (the set of all rational numbers in [0, 1] is countable), D_f has measure zero.
- \bullet From the Lebesgue theorem it follows that f is Riemann integrable.
- In addition, one may also show that

$$\int_{[0,1]} f = 0.$$

Corollary A bounded set $A \subset \mathbb{R}$ has volume iff ∂A has measure zero.

Proof. Exercise ■

• Corollary Let $A \subset \mathbb{R}$ be bounded and assume that A has volume.

A bounded function $f:A\to\mathbb{R}$ with a countable number of discontinuities is Riemann integrable over A.

Proof. Exercise ■

• Remark We note that a subset $F \subset \mathbb{R}$ of measure zero cannot contain a non-trivial interval, i.e.

$$I = [a, b],$$

such that a < b.

Theorem Let $A \subset \mathbb{R}$ be bounded of Lebesgue measure zero, $f: A \to \mathbb{R}$ be a bounded and Riemann integrable over A. Then

$$\int_{A} f(x) \, dx = 0.$$

Proof. Let I = [a, b] be an interval such that $A \subseteq I$ and $\widetilde{f}: I \to \mathbb{R}$

$$\widetilde{f}(x) = \begin{cases} f(x) & \text{if } x \in A \\ 0 & \text{if } x \in I \backslash A \end{cases}$$

be an extension of f.

• Since f is bounded, so is \widetilde{f} .

• Hence there is $M \geq 0$, such that

$$\left|\widetilde{f}\left(x\right)\right| \leq M.$$

• Let $P = \{x_0, x_1, ..., x_n\}$ be a partition of I.

• Since for all $x \in A$,

$$\widetilde{f}(x) \leq M \cdot \chi_A(x)$$
,

it follows that

$$L(f, P) = \sum_{i=1}^{n} m_i(\widetilde{f}) \Delta x_i \le M \sum_{i=1}^{n} m_i(\chi_A) \Delta x_i.$$

• Suppose that

$$m_i(\chi_A) \neq 0$$
,

for some i, and let $I_i = [x_{i-1}, x_i], x_{i-1} < x_i$

• Since $m_i(\chi_A) \neq 0$, $I_i \subseteq A$, $v(I_i) > 0$, A does not have Lebesgue measure zero. This gives us a contradiction.

• It follows that, for all i = 1, 2, ..., n:

$$m_i\left(\chi_A\right) = 0.$$

SO

$$L\left(\widetilde{f},P\right)\leq M\sum_{i=1}^{n}m_{i}\left(\chi_{A}\right)\Delta x_{i}=0.$$

• Now, we see that

$$M_i\left(\widetilde{f}\right) = -m_i\left(-\widetilde{f}\right)$$
, so

$$U\left(\widetilde{f},P\right) = \sum_{i=1}^{n} M_{i}\left(\widetilde{f}\right) \Delta x_{i}$$
$$= -\sum_{i=1}^{n} m_{i}\left(-\widetilde{f}\right) \Delta x_{i}$$
$$= -L\left(-\widetilde{f},P\right) \geq 0.$$

• It follows that, for any partition Q of I:

$$U\left(\widetilde{f},Q\right) \geq 0 \geq L\left(\widetilde{f},Q\right), \text{ so }$$

$$\int\limits_{A}^{\bullet} f \geq 0 \geq \int\limits_{A}^{\bullet} f$$

and since f is Riemann integrable,

$$\overline{\int\limits_A} f = \underline{\int\limits_A} f,$$

so

$$\int_A f = \int_{-A} f = 0.$$

This finishes our proof. ■

• Theorem Let $A \subseteq \mathbb{R}$ be bounded, $f: A \to \mathbb{R}$ be bounded, Riemann integrable,

$$f(x) > 0$$
,

for all $x \in A$, and

$$\int_{A} f(x) \, dx = 0.$$

Then the set

$$\{x \in A : f(x) \neq 0\}$$

has Lebesgue measure zero.

Proof. Let

$$A_{m} = \left\{ x \in A : f\left(x\right) > \frac{1}{m} \right\}$$

and $\epsilon > 0$ be given.

- Let $I = [a, b] \subseteq \mathbb{R}$ be an interval such that $A \subseteq I$.
- Define $\widetilde{f}: I \to \mathbb{R}$, by

$$\widetilde{f}(x) = \left\{ \begin{array}{ll} f(x) & \text{if} & x \in A \\ 0 & \text{if} & x \in I \backslash A \end{array} \right..$$

• Since

$$\int_{A} f(x) \, dx = 0,$$

and

$$\int_{A} f(x) dx = \overline{\int_{a}^{b}} \widetilde{f} = \inf \left\{ U\left(\widetilde{f}, P\right) : P \text{ is a partition of } I \right\},$$

there is a partition $P = \{x_0, x_1, ..., x_n\}$ of I, such that

$$0 \le U\left(\widetilde{f}, P\right) < \frac{\epsilon}{m}.$$

• Let $R_i = [x_{i-1}, x_i]$ be subinterval determined by P, such that

$$A_m \cap R_i \neq \emptyset$$
.

• Since $mM_i\left(\widetilde{f}\right) > 1$, it follows that

$$\sum_{i=1}^{n} v(R_i) = \sum_{i=1}^{n} \Delta x_i \le \sum_{i=1}^{n} m M_i(\widehat{f}) \Delta x_i < m \cdot \frac{\epsilon}{m} = \epsilon.$$

• Moreover,

$$A_m \subseteq \bigcup_{i=1}^n R_i,$$

so A_m has volume zero (hence also Lebesgue measure zero).

• Furthermore, we notice that

$$S = \{x \in A : f(x) \neq 0\} = \bigcup_{n=1}^{\infty} A_n$$

• Then S is a countable union of sets of measure zero, so S has measure zero.

This finishes our argument. ■