

# RAZIA S. SAHI

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## EDUCATION & RESEARCH

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- 2017 – Present     **University of California, Los Angeles**, Los Angeles, CA  
Ph.D. Student in Social Psychology, Quantitative Psychology Minor  
Advised by Drs. Naomi Eisenberger, Jennifer Silvers, and Matthew Lieberman
- 2016 – 2017        **University of Colorado, Boulder**, Boulder, CO  
Research Assistant in Positive Emotion and Psychopathology Lab  
Advised by Dr. June Gruber
- 2015 – 2016        **Emory University**, Atlanta, GA  
Visiting Graduate Student in Psychology  
Research Assistant in Hamann Cognitive Neuroscience Lab  
Advised by Dr. Stephan Hamann
- 2014 – 2017        **Georgia State University**, Atlanta, GA  
M.A. in Neurophilosophy (fully-funded)  
Advised by Drs. Andrea Scarantino and Eddy Nahmias
- 2008 – 2012        **New York University**, New York, NY  
B.A. in Psychology & Philosophy, Graduated with Honors

## AWARDS, FELLOWSHIPS, & HONORS

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- 2020                UCLA Harold H. Kelley Award for Exceptionally Meritorious Paper
- 2020                UCLA Graduate Research Mentorship – \$20,000 stipend + tuition/fees
- 2019                NIA Fellowship: Summer School in Social Neuroscience and Neuroeconomics
- 2018                NIH Fellowship: University of Michigan Training Course in fMRI
- 2018                FAPESP Fellowship: Advanced Social Neuroscience Workshop
- 2018                UCLA Graduate Summer Research Mentorship Award – \$6000 stipend + tuition/fees
- 2016                GSU Ralf F. Munster Fellowship for Excellence in Research
- 2015                GSU Ralf F. Munster Travel Fellowship – \$500 towards travel
- 2012                NYU Honors Scholar/Founders' Day Award

## PEER-REVIEWED PUBLICATIONS

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Guassi Moreira, J. F., **Sahi, R.S.**, Ninova, E., Parkinson, C., & Silvers, J. A. (in press). Performance and belief-based emotion regulation capacity and tendency: Mapping links with cognitive flexibility and perceived stress. *Emotion*.

**Sahi, R.S.** (in press). "It's okay to be angry: A functionalist perspective of the dangers of over-regulating anger." To appear in: [Special issue on emotion regulation], *Philosophical topics*.

**Sahi, R.S.** & Eisenberger, N. (in press). Why don't you like me: The role of the mentalizing network in social rejection. To appear in: Gilead M. & Ochsner, K.N., *The Neural Basis of Mentalizing - A Social-Cognitive and Affective Neuroscience Perspective*. New York: Springer.

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## MANUSCRIPTS

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**Sahi, R.S.,** Ninova, E., & Silvers, J. (under review). With a little help from my friends: Selective social potentiation of emotion regulation.

**Sahi, R.S.,** Cooper-White, M., Gan, S., Lee, M. Hazlett, L., Burns, S., Lieberman, M., Shamay-Tsoory, S., & Eisenberger, N. (under review). The comfort in touch: Immediate and lasting effects of handholding on emotional experiences.

**Sahi, R.S.,** Torre, J., Gaussi-Moreira, J., & Lieberman, M. (in preparation). The Affect Labeling Questionnaire (ALQ): Measuring affect labeling ability and implications for socio-emotional well-being.

## PRE-REGISTRATIONS OF RESEARCH IN-PROGRESS

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**Sahi, R.S., & Eisenberger, N.** (2020). Differentiating the hedonic and instrumental benefits of distinct forms of socio-affective feedback. Pre-registered on Open Science Framework: [osf.io/fj3cz](https://osf.io/fj3cz)

## CONFERENCE TALKS

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**Sahi, R.S.** (2020, online format due to COVID-19). *With a little help from my friends: Social reappraisal is more effective than reappraising alone.* [Flash talk] The Society for Affective Science (SAS), San Francisco, California.

**Sahi, R.S.** (2018). *A functionalist defense of the feeling and expression of moral anger.* [Symposium talk] Emotions and Expressions Workshop (ECOM), Mansfield, Connecticut.

**Sahi, R.S.** (2015). *The MSCEIT misses the mark: emotional intelligence is a practical ability.* [Symposium talk] European Philosophical Society for the Study of Emotions (EPSSE), Edinburgh, Scotland.

**Sahi, R.S.** (2015). *The MSCEIT misses the mark: emotional intelligence is a practical ability.* [Symposium talk] Southeast Philosophy Congress (SEPC), Morrow, Georgia.

## CONFERENCE POSTER PRESENTATIONS

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\*Indicates first author is mentee

He, J.\*, **Sahi, R.S.,** & Eisenberger, N. (2020). *Mirror my feedback? An exploratory analysis of preferences for giving and receiving social feedback.* Undergraduate Research Showcase (hosted by UCLA), Los Angeles, California.

**Sahi, R.S.** (2020, cancelled due to COVID-19). *With a little help from my friends: Social reappraisal is more effective than reappraising alone.* Aegina Summer School on Social Cognition, Aegina, Greece.

**Sahi, R.S.,** Cooper-White, M., Hazlett, L., Gan, S., Lee, M. Lieberman, M., & Eisenberger, N. (2020, cancelled due to COVID-19). *Silent support: Examining the dual-brain mechanisms underlying consoling touch.* The Social and Affective Neuroscience Society (SANS), Santa Barbara, California.

**Sahi, R.S.,** Cooper-White, M., Hazlett, L., Gan, S., Lee, M. Lieberman, M., & Eisenberger, N. (2019). *Silent support: Examining the dual-brain mechanisms underlying consoling touch.* International Society for the Research of Emotions (ISRE), Amsterdam, Netherlands.

Lee, M.\*, **Sahi, R.S.,** & Eisenberger, N. (2019). *Consoling touch: Showing you care.* Psychology Undergraduate Research Conference (hosted by UCLA), Los Angeles, California.

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- Sahi, R.S.,** Cooper-White, M., Hazlett, L., Gan, S., Lee, M. Lieberman, M., & Eisenberger, N. (2019). *I'm here for you: the effects of consoling touch on negative emotional experiences*. Society for Personality and Social Psychology (SPSP), Portland, Oregon.
- Sahi, R.S.,** Cooper-White, M., Hazlett, L., Lieberman, M., & Eisenberger, N. (2018). *I feel your pain: examining empathic processing and coregulation in romantic couples during consoling touch*. Sao Paolo School of Affective Neuroscience (SPSAN), São Paolo, Brazil.
- Sahi, R.S.** (2016). *The MSCEIT misses the mark: emotional intelligence is a practical ability*. The Foundations of Emotions in Mind, Brain, and Culture (hosted by Emory University), Atlanta, Georgia.
- Sahi, R.S.** (2016). *The MSCEIT misses the mark: emotional intelligence is a practical ability*. The Neuroscience Institute Brains and Behavior Retreat (hosted by Georgia State University), Atlanta, Georgia.
- Sahi, R.S.** (2015). *The MSCEIT misses the mark: emotional intelligence is a practical ability*. International Society for the Research of Emotions (ISRE), Geneva, Switzerland.

### POPULAR PRESS

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\*Indicates first author is mentee

- He, J.\* & **Sahi, R.S.** (2020, April). Is Happiness Feeling What's "Right"? [Web blog post]. Retrieved from <https://www.psychologyinaction.org/psychology-in-action-1/2020/3/6/is-happiness-feeling-whats-right>
- Sahi, R.S.** (2019, September). The Costs of Emotion Regulation. [Web blog post]. Retrieved from <https://www.psychologyinaction.org/psychology-in-action-1/2019/9/10/the-costs-of-emotion-regulation-facing-harm-as-vulnerable-individuals-and-marginalized-communities?rq=razia>
- Sahi, R.S.** (2019, March). Ouch: Understanding the Pain of Social Rejection. [Web blog post]. Retrieved from <https://www.psychologyinaction.org/psychology-in-action-1/2019/2/25/why-dont-you-like-me-understanding-the-pain-of-social-rejection?rq=razia>
- Sahi, R.S.** (2018, February). What is Empathy? [Web blog post]. Retrieved from <https://www.psychologyinaction.org/psychology-in-action-1/2018/2/21/what-is-empathy?rq=razia>
- Sahi, R.S.** (2017, November). Social Cognition and Language. [Web blog post]. Retrieved from <https://www.psychologyinaction.org/psychology-in-action-1/2017/11/4/social-cognition-and-language?rq=razia>

### TEACHING EXPERIENCE

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2020	<b>University of California, Los Angeles – Teaching Associate for Graduate Courses</b> Course: Sociology 210B Intermediate Statistical Methods (50% appointment – 1 quarter)
2018 – 2020	<b>University of California, Los Angeles – Teaching Associate for Undergraduate Courses</b> Course: Psych 136A Experimental Research Methods (50% appointment – 2 quarters) Course: Psych 137K Psychology of Emotion (50% appointment – 1 quarter) Course: Psych 135 Social Psychology (50% appointment – 1 quarter) Course: Psych 10 Introduction to Psychology (25% appointment – 1 quarter)
2014 – 2017	<b>Georgia State University – Instructor for Undergraduate Courses</b> Course: Philosophy 1010 Critical Thinking (50% appointment – 5 semesters) Course: Philosophy 1010 Critical Thinking (25% appointment – 2 semesters)

## RAZIA S. SAHI

- 2013 – 2014      **East Harlem Tutorial Program/Scholar's Academy – Lower School Math Instructor**  
Additional responsibilities: 5<sup>th</sup> Grade Team Leader, K-3 Emotional Intelligence Lesson Design
- 2012 – 2013      **Brownsville Ascend Lower School – Lower School Math Supplemental Instructor**
- 2011 – 2012      **New York University – Undergraduate Teaching Assistant**  
Course: Logic (1 section – undergraduate course)  
Course: EXCEL Academy Intro to Logic (2 sections – college preparatory program)

### EDITING EXPERIENCE

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- 2016 – 2017      **Oxford Handbook of Positive Emotion and Psychopathology, Oxford University Press**  
Copyeditor for editor June Gruber, Ph.D.

### INDUSTRY EXPERIENCE

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- 2018              **Resonance Inc.,** Los Angeles, CA  
Functional Near Infrared Spectroscopy Technician for Matthew Lieberman, Ph.D.

### PROFESSIONAL SERVICE

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Reviewer: *Social Cognitive Affective Neuroscience*

Ad-Hoc Reviewer (with Dr. Naomi Eisenberger): *Psychological Science, Perspectives on Psychological Science, PNAS, Biological Psychiatry*

Ongoing Contributor for UCLA Psychology in Action Blog: <https://www.psychologyinaction.org>

Coordinate and Lead Professional Development Workshops for UCLA SAN Lab Research Assistants:  
Statistics Workshops: Winter 2019, Summer 2019, Winter 2020  
Journal Club: Summer 2020

UCLA Social Psychology Student Colloquium Representative 2018 – 2020 (2 academic years)

UCLA Diversity Issues Committee Contributing Member 2019 – present

UCLA Underrepresented Graduate Students in Psychology Member 2018 – present

Society for Affective Science Conference Volunteer – 2018

### PROFESSIONAL TRAININGS & WORKSHOPS

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- 2020              University of Washington Neurohackademy (NIMH) – Online format due to COVID-19
- 2020              Towards More Reproducible Neuroimaging Research: A Hands-on Workshop (ReproNim)
- 2019              Duke University Summer School in Social Neuroscience and Neuroeconomics (NIA)
- 2018              Advanced Social Neuroscience Workshop (FAPESP)
- 2018              University of Michigan Training Course in fMRI (NIH)
- 2018              University of Connecticut Emotions and Expressions Workshop (NSF)

### PROFESSIONAL MEMBERSHIPS

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Society for Affective Science (SAS)  
Social and Affective Neuroscience Society (SANS)

# RAZIA S. SAHI

International Society for the Research of Emotions (ISRE)  
Society for Personality and Social Psychology (SPSP)

## **TECHNICAL SKILLS**

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### Data analysis/programming:

Proficient in R, MATLAB, SPSS, Microsoft Office Suite

Working knowledge of Python, SPM, FSL, SAS, HLM, MindWare, AcqKnowledge, E-Prime, PsychoPy

### Data collection:

Experienced in collecting neural data using functional near infrared spectroscopy (fNIRS), functional magnetic resonance imaging (fMRI), psychophysiology tools, and Qualtrics

### Clinical training:

Experienced in conducting clinical pre-assessments for medical and mental health history