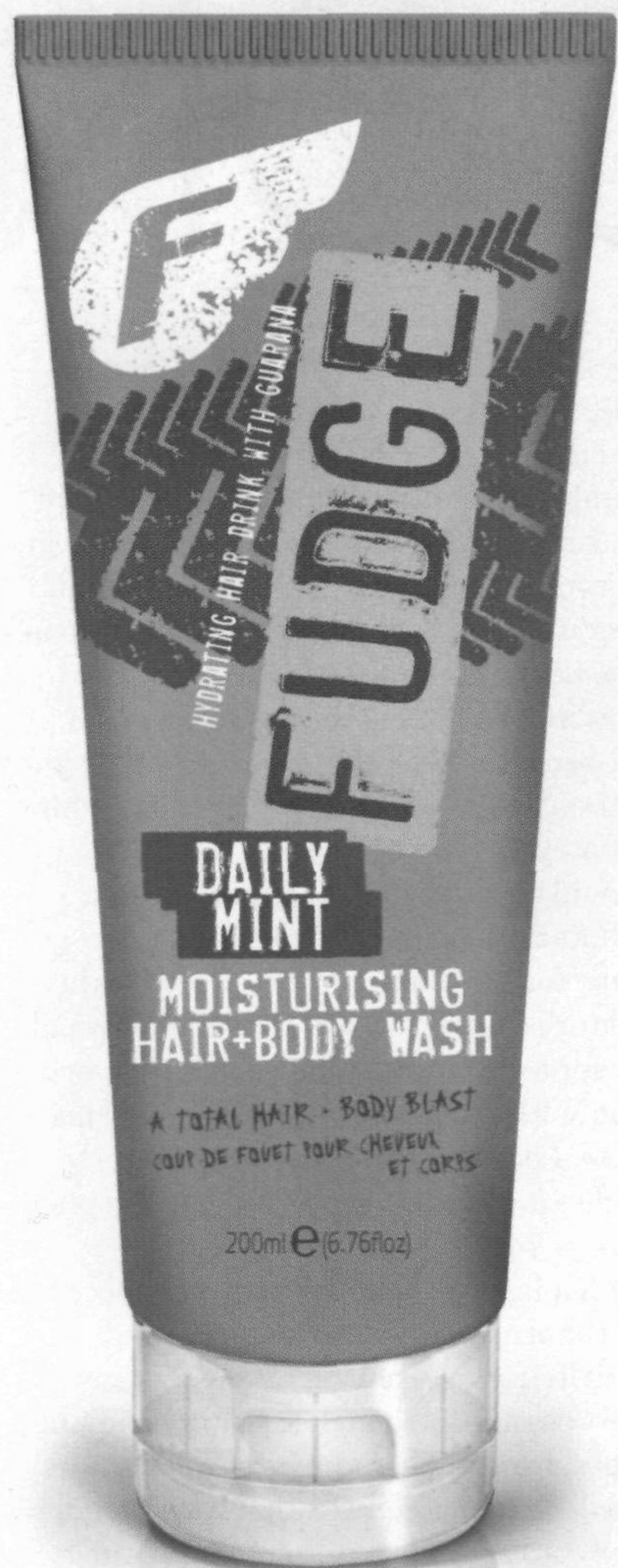


LUXURY LIVING



DAILY MINT HAIR & BODY WASH

PUT A ZING in your step with Fudge's invigorating new Daily Mint Hair & Body Wash, designed to stimulate your senses and nourish your hair and body in an instant.

With its cooling peppermint hit, soy bean and coconut cleansing system, as well as its Hydrating Hair Drink Complex with guarana, your hair and skin will feel soft, moisturised and hydrated. Perfect for any gym bag or weekend away. £9.95 For your nearest Fudge hair salon, call +44 1282 683 100 (www.fudge.com)

MIND AND BODY STIMULATION

KOREGIN 3000 IS a traditional energy booster used to help the body cope with physical and psychological stress and infections. Koregin 3000 capsules contain highly concentrated Korean ginseng root extract. They provide 600mg of the finest quality standardised ginseng extract from herbs grown in the Korean foothills. Korean ginseng is a popular choice, as it promotes an overall feeling of wellbeing. Research has also suggested that Korean ginseng may also help men who suffer from impotence, by improving erectile function. Koregin 3000 retails at £10.99 for 30 capsules.

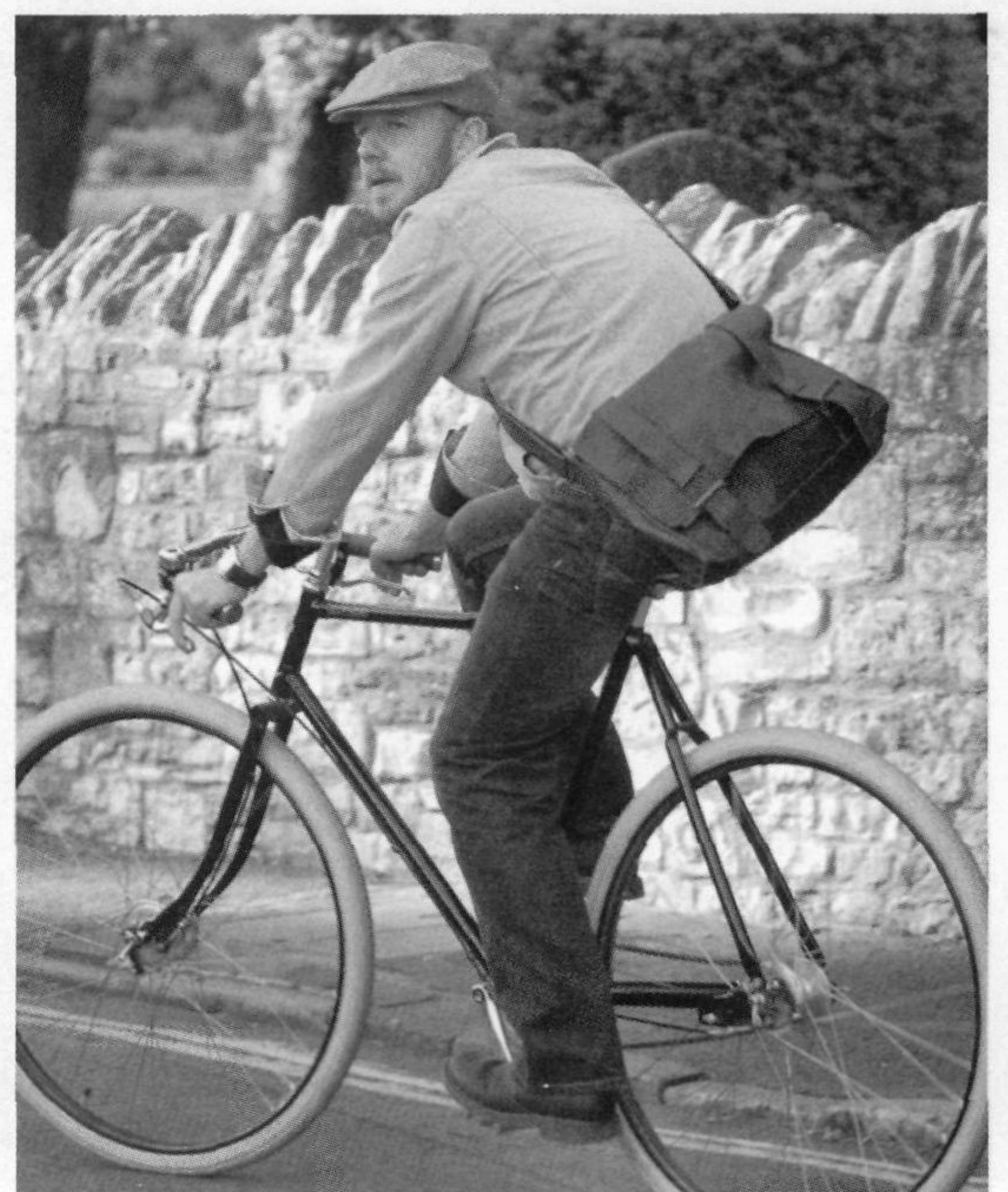
Contact HealthAid on +44 20 8426 3400 for purchase and stockist information, or visit www.healthaid.co.uk



THE PASHLEY GUV'NOR

SINGLE-SPEED BIKES are having something of a renaissance among those in the cycling know, and the influence is also spreading further afield. Sitting proudly at the top of the class of this revival is the Pashley Guv'nor. A doffed cap in the direction of politer times when life was simpler and you didn't buy your bread from a deli, patisserie or hyper market, but from a baker (remember them?).

Based on a Path Racer produced by the company in the Thirties, the Pashley Guv'nor uses Reynolds 531 tubing (ask your dad) for lightness matched with steely strength. The 28in wheels provide a balanced, stately feel, while modern Sturmey Archer componentry gives a speedy ride and weatherproof braking. It's all topped off with a titanium-railed Brooks leather saddle and hand-stitched leather grips for a touch of luxury.



Contact Pashleys for a brochure on +44 1789 292 263 or visit www.pashley.co.uk