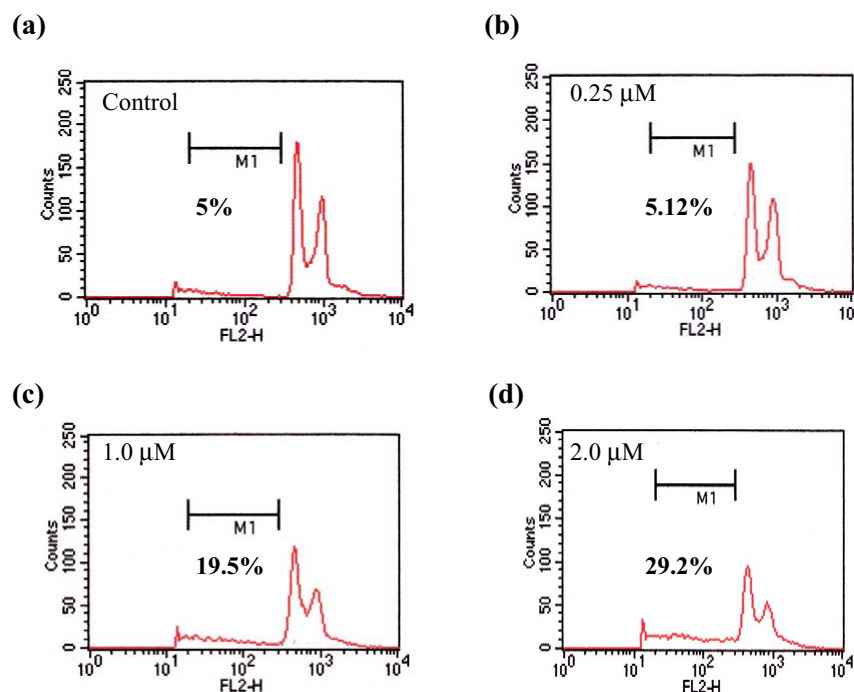


Figure 4

Apoptosis induced by bis-aziridinynaphthoquinone (AZ-1). BC-M1 cells were treated in 24-hour culture with (a) dimethylsulfoxide control, (b) 0.2 μ M AZ-1, (c) 1.0 μ M AZ-1, or (d) 2.0 μ M AZ-1 before propidium iodide staining and analysis of the DNA content. Apoptosis is apparent from the large population of cells with increased DNA content in the sub-G₁ area (M1 area). FL2-H, fluorescence two-peak high.

formation of apoptotic bodies was observed obviously at concentrations as low as 0.5 μ M AZ-1 in MCF-7 cells (Fig. 6).

Tumor cell apoptosis associated with protein expression and caspase-3 activity

We next set out to determine whether the induction of BC-M1 cell apoptosis by AZ-1 was associated with expression of apoptosis-related proteins. We found that AZ-1 induced changes in BC-M1 cell expression of the checkpoint protein p53 and the cell arrest protein p21 in a dose-related manner (Fig. 7). The p53 protein showed increasing expression from 11% to 43% at 0.5 μ M and 1 μ M AZ-1, and then decreased to 31% at the 2 μ M concentration of AZ-1, and p21 protein increased from 6% to 22% from the 0.5 μ M to 2 μ M concentrations of AZ-1 added to BC-M1 cells for 24 hours compared with control, respectively. The other proteins including TIAR, pro-caspase protein and cell cdk2 also showed a dose-dependent decreasing manner (Fig. 8). From the western blot results and the values in the relative protein expression-quantifying table (Figs 7 and 8) it was revealed that the expression of proteins was affected by various concentrations of AZ-1 in BC-M1 cells after 24 hours of treatment, and these relative protein expressions were compared with the control. The cdk2, pro-caspase protein and TIAR were reduced to about 62%, 85% and

65%, and to 40%, 67% and 57% when BC-M1 cells treated with 1 μ M AZ-1 and 2 μ M AZ-1 for 24 hours compared with control, respectively. Based on the results of western blot analysis in the expression of pro-caspase protein, we determined the enzyme activity of caspase-3 in BC-M1 cells after challenge by various concentrations of AZ-1 from 0.5 μ M to 4 μ M for 24 hours. The enzyme activity of caspase-3 dose-dependently increased with concentrations of AZ-1. The activity was more than twofold over the control in BC-M1 cells after 3 μ M AZ-1 treatment for 24 hours (Fig. 9).

Assay of the apoptosis signal by ¹H-NMR

According to some previous reports, the ratio of the CH₂ and CH₃ peak area on the cell membrane was directly in proportion with the signal of apoptosis. From our results we also observed the same phenomena that the ratio of the CH₂ and CH₃ peak area was increasing according to the concentration of AZ-1 (Fig. 10). It was about 1.7-fold higher than the control at 2 μ M AZ-1 treatment in BC-M1 cells.

Discussion

Breast cancer is the most common malignancy in women, and it is highly curable if diagnosed at early stage. It is now well established that adjuvant systemic therapy improves