



Taking care of a tattoo is not just the responsibility of the artist but also of the client, and it's very important.

⚠ ATTENTION ⚠

? ⚠ What you will need for tattoo aftercare ⚠ ?

- 1 Bepanthen Cream or Studio-Provided Cream
- 2 Liquid soap without additives, like Biły jeleń or similar
- 3 Dry hygienic/cosmetic wipes

??? ⚠ ⊖ WHAT YOU ABSOLUTELY MUST NOT DO ⊖ ⚠ ???

- 0 Touch the tattoo with dirty hands or let someone else touch it
- 1 Consume alcohol for 5-6 days after the session
- 2 Steam, rub, scratch, or pick at the fresh tattoo
- 3 Sunbathe or visit a sauna, pool, or bathhouse for a month
- 4 Peel off any scabs if they form
- 5 Engage in physical activities that cause sweating for 2-3 weeks (sweating can lead to poor healing and infection)
- 6 Use other creams meant for body, hands, or skin on the tattoo
- 7 Apply alcohol or other medications to the tattoo
- 8 Have close contact with animals

⚠ ⚠ ⚠ ALSO, WHAT NOT TO DO WITH THE HEALING FILM ⚠ ⚠ ⚠

- 1 Avoid taking hot baths; only take light warm showers (to prevent premature peeling of the healing film)
- 2 Don't prick or peel the healing film

3 Don't wrap or cover the healing film with anything else

4 Don't remove the healing film before the designated time!!!

4/1 There are exceptions; if you experience discomfort, constant burning, pain, pulsation, or the tattoo feels like it's burning, it's better to remove the film. (But these sensations should be constant, not just from sudden movements, contact with clothes, or touching it)

??? HOW TO TAKE CARE OF THE TATTOO ???

I've applied a healing film that should stay on your skin for 3-4 days!!!

After that, you need to remove it after softening it first.

I recommend using a clean towel to avoid infection.

⚠️⊖ The towel should be moderately hot to avoid burning yourself ⊖⚠️

⊖!!! Remove the healing film preferably on the 4th night before going to bed!!! ⊖

⊖⚠️ Make sure to change your bedsheets ⚠️⊖

- Before removing the film, it's desirable to bathe so that no shower gel or shampoo gets on the fresh tattoo, as they might cause irritation or burning.
- To properly soften the film, wet a clean towel with hot water and apply it to the tattoo for 30 seconds, repeating 2-3 times without breaks.
- To remove the film, gently pull from one corner and down with smooth motions (do not attempt to rip it off like tape).
- After removing the film, wash your hands with soap, take some liquid soap in your hand, apply it gently to the tattoo, and rub the area slowly and carefully for 30 seconds. Then rinse everything off under slightly warm water until your skin feels perfectly clean without any slime or soap residue; wash until your skin squeaks.
- Now, you need to dry the tattoo using only dry sterile wipes. Take 2-3 wipes and pat the tattoo dry. After this procedure, let the skin breathe for about 5-10 minutes.

⚠️⚠️⚠️ **If you have pets, it's better to apply cream immediately** ⚠️⚠️⚠️

- Apply a medium layer of cream, let it absorb a bit, and then go to sleep.

1 In the morning, wash your hands, and with clean hands, wash the tattoo to make the skin perfectly clean. Dry it, apply cream, and repeat this procedure every 3-4 hours for 2-3 days.

