

## Landing Page

```
workoutfromhome > landingpage.html > html > body
1 <!DOCTYPE html>
2 <html>
3 <head>
4 <meta name="viewport" content="width=device-width, initial-scale=1">
5 <link rel="stylesheet" href="css/style.css">
6 <link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css" integrity="sha256-eZrrJcwDc/3U0hst6t61SL200B7362qM31on1gyExkL0=">
7 </head>
8 <body>
9 <!--header-->
10 <div class="header">
11 <!-- <a href="#default" class="logo">WORKOUT <br> FROM <br> HOME</a-->
12 <a href="landingpage.html" class="logo"></a>
13 <div class="header-right">
14
15 <a href="login.html">LOG IN &nbsp;   &nbsp;  | </a>
16 <a href="Signup.html">SIGN UP</a>
17 </div>
18 </div>
19 <!-- Navbar-->
20 <div class="topnav">
21 <a href="home.html">Home</a>
22 <a href="workoutpage.html">What is Workout</a>
23 <a href="categories.html">Categories</a>
24 <a href="aboutme.html">About</a>
25 <a href="contact.html">Contact</a>
26 </div>
27
28 <!-- Image Section-->
29 <div>
30 <a href="home.html"></a>
31 </div>
32 <div class="home_row">
33 <div class="home_column">
34 <a href="mealplan.html"></a>
35 </div>
36 <div class="home_column">
37 <a href="aboutme.html"></a>
38 </div>
39 </div>
40
41 <!--Footer-->
42 <footer>
43 <div class="f.container">
44 <div class="footer-top">
45 <ul>
46 <li><a href="www.facebook.com"><i class="fa fa-facebook-square" aria-hidden="true"/></i> Facebook</a></li>
47 <li><a href="www.instagram.com"><i class="fa fa-instagram" aria-hidden="true"/></i> Instagram</a></li>
48 <li><a href="www.youtube.com"><i class="fa fa-youtube-square" aria-hidden="true"/></i> Youtube</a></li>
49 </ul>
50 </div>
51 <div class="footer-bottom">
52 <span>
53 Copyright @ 2021 by Joshua S. Ravelo
54 </span>
55 <span class="f-b-r">
56 <a href="landingpage.html"></a>
57 </span>
58 </div>
59 </div>
60 </footer>
61
62
63 </body>
64 </html>
65
```

## Home Page

```
workoutfromhome > home.html > html > body > section.calendar > div > a > img
1 <!DOCTYPE html>
2 <html>
3 <head>
4 <meta name="viewport" content="width=device-width, initial-scale=1">
5 <link rel="stylesheet" href="css/style.css">
6 <link rel="stylesheet" href="css/home.css">
7 <link rel="stylesheet" href="https://maxcdn.bootstrapcdn.com/bootstrap/4.5.2/css/bootstrap.min.css">
8 <link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css" integrity="sha256-e2rr3cw0c/3u0hdsdt61st2o08y36zqM10n1gYExkL8=">
9 <script src="https://ajax.googleapis.com/ajax/libs/jquery/3.5.1/jquery.min.js"></script>
10 <script src="https://cdnjs.cloudflare.com/ajax/libs/popper.js/1.16.0/umd/popper.min.js"></script>
11 <script src="https://maxcdn.bootstrapcdn.com/bootstrap/4.5.2/js/bootstrap.min.js"></script>
12 </head>
13 <body>
14 <!-- Header -->
15 <div class="header">
16 <!-- <a href="#default" class="logo">WORKOUT <br> FROM <br> HOME</a-->
17 <a href="landingpage.html" class="logo"></a>
18 <div class="header-right" style="font-family: Alyssum, Alyssum, Alyssum;">
19 <a href="login.html">LOG IN &nbsp; &nbsp; <a href="signup.html">SIGN UP</a>
20 </div>
21 </div>
22 <!-- Navber -->
23 <div class="topnav" style="font-family: Alyssum, Alyssum, Alyssum;">
24 <a href="home.html">Home</a>
25 <a href="workoutpage.html">What is Workout</a>
26 <a href="categories.html">Categories</a>
27 <a href="aboutme.html">About</a>
28 <a href="contact.html">Contact</a>
29 </div>
30 <!-- Carousel Section -->
31 <div style="background-color: #000000;">
32 <div id="demo" class="carousel slide" data-ride="carousel">
33 <ul class="carousel-indicators">
34 <li data-target="#demo" data-slide-to="0" class="active"></li>
35 <li data-target="#demo" data-slide-to="1"></li>
36 <li data-target="#demo" data-slide-to="2"></li>
37 </ul>
38 <div class="carousel-inner">
39 <div class="carousel-item active">
40 
41 <div class="carousel-caption">
42 <h3>Strength does not come from physical capacity. It comes from an indomitable will.</h3>
43 <p>Mahatma Gandhi</p>
44 </div>
45 </div>
46 <div class="carousel-item">
47 
48 <div class="carousel-caption">
49 <h3>You just cant beat the person who never gives up.</h3>
50 <p>Babe Ruth</p>
51 </div>
52 </div>
53 <div class="carousel-item">
54 
55 <div class="carousel-caption">
56 <h3>There are two types of pain in this world: pain that hurts you, and pain that changes you.</h3>
57 <p>George Helas</p>
58 </div>
59 </div>
60 </div>
61 <a class="carousel-control-prev" href="#demo" data-slide="prev">
62 <span class="carousel-control-prev-icon"></span>
63 </a>
64 <a class="carousel-control-next" href="#demo" data-slide="next">
65 <span class="carousel-control-next-icon"></span>
66 </a>
67 </div>
68 </div>
69 </div>
70 </div>
71 </div>
72 </div>
73 <section class="calendar">
74 <div>
75 <a href="home.html"></a>
76 </div>
77 </section>
78 </div>
79 </div>
80 <!-- Footer -->
81 <div class="container">
82 <div class="footer-top">
83 <ul>
84 <li><a href="https://www.facebook.com"><i class="fa fa-facebook-square" aria-hidden="true"></i> Facebook</a></li>
85 <li><a href="https://www.instagram.com"><i class="fa fa-instagram" aria-hidden="true"></i> Instagram</a></li>
86 <li><a href="https://www.youtube.com"><i class="fa fa-youtube-square" aria-hidden="true"></i> Youtube</a></li>
87 </ul>
88 </div>
89 <div class="footer-bottom">
90 <span>
91 Copyright © 2021 by Joshua S. Ravelo
92 </span>
93 <span class="fa fa-heart">
94 <a href="#"></a>
95 </span>
96 </div>
97 </div>
98 </div>
99 </div>
100 </div>
101 </div>
102 </div>
103 </div>
104 </div>
105 </div>
```

## Login Page

```
File Edit Selection View Go Run Terminal Help
login.html - Untitled (Workspace) - Visual Studio Code

workoutfromhome > login.html > html > body > div
1 <!DOCTYPE html>
2 <html>
3 <head>
4 <meta name="viewport" content="width=device-width, initial-scale=1">
5 <link rel="stylesheet" href="css/style.css">
6 <link rel="stylesheet" href="css/login.css">
7 <link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css" integrity="sha256-eZrrJcw0c/3uHsdtd61sL2o0B9362qM3lon1gyExkL8=">
8 </head>
9 <body>
10 <!--header-->
11 <div class="header">
12 <!-- <a href="#default" class="logo">WORKOUT <br> FROM <br> HOME</a-->
13 <a href="landingpage.html" class="logo"></a>
14 <div class="header-right">
15
16 <a href="login.html">LOG IN &nbsp; &nbsp; &nbsp; </a>
17 <a href="Signup.html">SIGN UP</a>
18 </div>
19 </div>
20 <!--Navbar-->
21 <div class="topnav">
22 <a href="home.html">Home</a>
23 <a href="workoutpage.html">What is Workout</a>
24 <a href="categories.html">Categories</a>
25 <a href="aboutme.html">About</a>
26 <a href="contact.html">Contact</a>
27 </div>
28 <!--Image Section-->
29 <div style="background-color: #black;">
30 <div class="log_bg_img">
31 <form action="/action_page.php" class="login_container">
32 <h1>Login</h1>
33
34 <label for="email"><b>Enter Email Address</b></label>
35 <input type="text" placeholder="Enter Email" name="email" required>
36
37 <label for="psw"><b>Password</b></label>
38 <input type="password" placeholder="Enter Password" name="psw" required>
39
40 <button type="submit" class="login_btn">Login</button>
41 <a class="log_a" href="#about">Forget Password</a>
42 </form>
43 </div>
44 </div>
45
46
47 <!--footer-->
48 <div class="container">
49 <div class="footer-top">
50 <ul>
51 <li><a href="https://www.facebook.com"><i class="fa fa-facebook-square aria-hidden="true"></i> Facebook</a></li>
52 <li><a href="https://www.instagram.com"><i class="fa fa-instagram aria-hidden="true"></i> Instagram</a></li>
53 <li><a href="https://www.youtube.com"><i class="fa fa-youtube-square aria-hidden="true"></i> Youtube</a></li>
54 </ul>
55 </div>
56 <div class="footer-bottom">
57 <span>
58 Copyright @ 2021 by Joshua S. Ravelo
59 </span>
60 <span class="f-b-r">
61 <a href="#"></a>
62 </span>
63 </div>
64 </div>
65 </div>
66 </div>
67 </div>
68
69
70 </body>
71 </html>
```

## Sign up Page

```
File Edit Selection View Go Run Terminal Help
signin.html - Untitled (Workspace) - Visual Studio Code
landingpage.html • home.html • login.html • mealplan.html • signup.html X

workoutfromhome • signup.html • html • body • div • div.signup_bg-img
1 <!DOCTYPE html>
2 <html>
3 <head>
4 <meta name="viewport" content="width=device-width, initial-scale=1">
5 <link rel="stylesheet" href="css/style.css">
6 <link rel="stylesheet" href="css/signup.css">
7 <link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css" integrity="sha256-eZrrJcw0c/3uHsdtdG1sL2o8Y362q3lonIgyExkL0=">
8 </head>
9 <body>
10 <!--header-->
11 <div class="header">
12 <!-- <a href="#default" class="logo">WORKOUT <br> FROM <br> HOME</a-->
13 <a href="landingpage.html" class="logo"></a>
14 <div class="header-right">
15
16 <a href="login.html">LOG IN &nbsp; &nbsp; &nbsp; </a>
17 <a href="Signup.html">SIGN UP</a>
18 </div>
19 </div>
20 <!-- NavBar-->
21 <div class="topnav">
22 <a href="home.html">Home</a>
23 <a href="workoutpage.html">What is Workout</a>
24 <a href="categories.html">Categories</a>
25 <a href="aboutme.html">About</a>
26 <a href="contact.html">Contact</a>
27 </div>
28 <!-- Image Section-->
29 <div style="background-color: #000000;">
30 <div class="signup_bg-img">
31 <form action="action_page.php" class="signup_container">
32 <h1>Sign Up</h1>
33
34 <label for="email"><b>Email</b></label>
35 <input type="text" placeholder="Enter Email" name="email" required>
36
37 <label for="psw"><b>Password</b></label>
38 <input type="password" placeholder="Enter Password" name="psw" required>
39
40 <label for="psw"><b>Repeat Password</b></label>
41 <input type="password" placeholder="Repeat Password" name="psw" required>
42
43 <p>By creating an account you agree to our <a href="#" style="color: #007bff;">Terms & Privacy</a>.</p>
44
45 <div class="clearfix">
46 <button type="button" class="cancelbtn">Cancel</button>
47 <button type="submit" class="signupbtn">Sign Up</button>
48 </div>
49
50 </form>
51 </div>
52
53 </div>
54
55
56
57 <!--footer-->
58 <footer>
59 <div class="container">
60 <div class="footer-top">
61 <ul>
62 <li><a href="https://www.facebook.com"><i class="fa fa-facebook-square" aria-hidden="true"></i> Facebook</a></li>
63 <li><a href="https://www.instagram.com"><i class="fa fa-instagram" aria-hidden="true"></i> Instagram</a></li>
64 <li><a href="https://www.youtube.com"><i class="fa fa-youtube-square" aria-hidden="true"></i> Youtube</a></li>
65 </ul>
66 </div>
67 <div class="footer-bottom">
68 <span>
69 Copyright © 2021 by Joshua S. Ravelo
70 </span>
71 <span class="f-b-n">
72 <a href="#"></a>
73 </span>
74 </div>
75 </div>
76 </footer>
77 </body>
78 </html>
79
```

## Categories Page

[illegible]

About Page

```
File Edit Selection View Go Run Terminal Help aboutme.html - Untitled (Workspace) - Visual Studio Code
workoutfromhome > aboutme.html > hml > body
1 <!DOCTYPE html>
2 <html>
3 <head>
4 <meta name="viewport" content="width=device-width, initial-scale=1">
5 <link rel="stylesheet" href="css/style.css">
6 <link rel="stylesheet" href="css/about.css">
7 <link rel="stylesheet" href="https://cdn.jsdelivr.net/npm/font-awesome@4.7.0/css/font-awesome.min.css" integrity="sha256-eZrrJcUOC/3uHsd61st2oB9362qP3lonigXi40=">
8 </head>
9 <!--header-->
10 <div class="header">
11
12 <!-- <a href="#default" class="logo">WORKOUT <br> FROM <br> HOME</a-->
13 <a href="landingpage.html" class="logo"></a>
14 <div class="header-right">
15
16 <a href="login.html">LOG IN &nbsp; &nbsp; &nbsp; | </a>
17 <a href="Signup.html">SIGN UP</a>
18 </div>
19 </div>
20 <!-- Navabar-->
21 <div class="topnav">
22 <a href="home.html">Home</a>
23 <a href="workoutpage.html">What is Workout</a>
24 <a href="categories.html">Categories</a>
25 <a href="aboutme.html">About</a>
26 <a href="contact.html">Contact</a>
27 </div>
28 <!-- Image Section
29 <div>
30 | <a href="home.html"> CATEGORIES</a>
31 </div-->
32
33 <div class="about_title"><h1 style="text-align: center;">About</h1>
34 <p> It is a fact that we are too preoccupied with work, school, and other tasks. Our body is
35 aging, and as we age, it gets a lot of problem/health issues. It is by general and common
36 knowledge that being active physically( working out, stretching, etc.) can lessen or even
37 avoid such health risks. The pandemic is still prevailing, all of us are doing lesser
38 physical activities because of the protocols, such as not being able to go out (cant
39 walk more often like before), gyms are closed and more, that prevents us to become physically
40 active. With the help of this website, maybe it can change lives, because it will be guiding
41 anyone who are dedicated to adding WORKOUT as their daily or weekly activity, one step at a time.
42 </p>
43 </div>
44 <div class="me_title"><h1 style="text-align: center;">ABOUT JOSHUA RAVELO</h1>
45 <div class="me_row">
46 <div class="me_column">
47 <div class="me_title">Beginner Calisthenics Ches and Triceps Exercises </h3>
48 <p class="fa fa-circle" aria-hidden="true">Student in University of San Carlos </p><br>
49 <p class="fa fa-circle" aria-hidden="true">BS Information Technology - 1A</p><br>
50 <p class="fa fa-circle" aria-hidden="true">Likes to Workout </p>
51 </div>
52 <div class="me_column">
53 <a href="#"></a>
54 </div>
55 </div>
56 </div>
57 <!--footer-->
58 <div class="f_container">
59 <div class="footer-top">
60 <ul>
61 <li><a href="www.facebook.com"><i class="fa fa-facebook-square" aria-hidden="true"></i> Facebook</a></li>
62 <li><a href="www.instagram.com"><i class="fa fa-instagram" aria-hidden="true"></i> Instagram</a></li>
63 <li><a href="www.youtube.com"><i class="fa fa-youtube-square" aria-hidden="true"></i> Youtube</a></li>
64 </ul>
65 </div>
66 <div class="footer-bottom">
67 <span>
68 Copyright @ 2021 by Joshua S. Ravelo
69 </span>
70 <span class="f-b-r">
71 <a href="landingpage.html"></a>
72 </span>
73 </div>
74 </div>
75 </div>
76 </div>
77 </div>
78 </div>
79 </div>
```

## What is Workout Page

```
workoutpage.html - Untitled (Workspace) - Visual Studio Code
workoutpage.html x
workoutfromhome > workoutpage.html > html > body > div.work_row > div.work_column1
1 <!DOCTYPE html>
2 <html>
3 <head>
4 <meta name="viewport" content="width=device-width, initial-scale=1">
5 <link rel="stylesheet" href="css/style.css">
6 <link rel="stylesheet" href="css/workout.css">
7 <link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css" integrity="sha256-eZrrJcwDc/3Udhsdt6IsL2o0BY362qM3lon1gyExkL8=">
8 </head>
9 <body>
10 <!--header-->
11 <div class="header">
12 <!-- <a href="#default" class="logo">WORKOUT <br> FROM <br> HOME</a-->
13 <a href="landingpage.html" class="logo"></a>
14 <div class="header-right">
15
16 <a href="login.html">LOG IN &nbsp;&nbsp;&nbsp; &nbsp;&nbsp; | </a>
17 <a href="signup.html">SIGN UP</a>
18 </div>
19 </div>
20 <!-- navbar-->
21 <div class="topnav">
22 <a href="home.html">Home</a>
23 <a href="workoutpage.html">What is Workout</a>
24 <a href="categories.html">Categories</a>
25 <a href="aboutme.html">About</a>
26 <a href="contact.html">Contact</a>
27 </div>
28 <!-- Image Section-->
29 <div>
30 <a href="home.html"></a>
31 </div>
32 <div class="work_row">
33 <div class="work_column1">
34 <h2 class="work_title">WORKOUT </h2>
35 <p>The magic is in the movements.The definition of a workout is the act of doing physical exercise and training.
36 A program of specific exercises, especially one intended to achieve a particular goal. <br><br> </p>
37 </div>
38 <div class="work_column2">
39 <h2 class="work_title">ONE STEP AT A TIME </h2>
40
41 <p>When you start something new, you cant do everything all at once and then expect the journey to be over,
42 we do on thing at a time. If you want to stat working out you cant do all of your weeks workout in one session. </p>
43 </div>
44 </div>
45 <!--footer-->
46 <footer>
47 <div class="f_container">
48 <div class="footer-top">
49 <ul>
50 <li><a href="www.facebook.com"><i class="fa fa-facebook-square" aria-hidden="true"></i> Facebook</a></li>
51 <li><a href="www.instagram.com"><i class="fa fa-instagram" aria-hidden="true"></i> Instagram</a></li>
52 <li><a href="www.youtube.com"><i class="fa fa-youtube-square" aria-hidden="true"></i> Youtube</a></li>
53 </ul>
54 </div>
55 <div class="footer-bottom">
56 <span>
57 Copyright © 2021 by Joshua S. Ravelo
58 </span>
59 <span class="f-b-p">
60 <a href="landingpage.html"></a>
61 </span>
62 </div>
63 </div>
64 </footer>
65
66 </body>
67 </html>
68
69
```

## Contact Page

The screenshot shows a web browser displaying the 'contact.html' page. The page has a dark theme with a header, a main content area with a contact form, and a footer. The contact form includes fields for name, email, and message, and a submit button. The page is titled 'Contact Us' and includes a navigation bar with links to Home, Workout, Categories, About, and Contact.

```

38 |         <p>I am always looking to collaborate with movers and shakers in the world. Send an email to
39 |         joshuaravelo5553.jr@gmail.com if you are interested in collaborating, training harder than last time,
40 |         or whatever else. If you have any specific questions about any of my coaching plan options
41 |         you can email me.
42 |     </p>
43 | </div>
44 |
45 |
46 | <!--footer-->
47 | <footer>
48 |     <div class="f_container">
49 |         <div class="footer-top">
50 |             <ul>
51 |                 <li><a href="www.facebook.com"><i class="fa fa-facebook-square aria-hidden="true"></i> Facebook</a></li>
52 |                 <li><a href="www.instagram.com"><i class="fa fa-instagram aria-hidden="true"></i> Instagram</a></li>
53 |                 <li><a href="www.youtube.com"><i class="fa fa-youtube-square aria-hidden="true"></i> Youtube</a></li>
54 |             </ul>
55 |         </div>
56 |         <div class="Footer-bottom">
57 |             <span>
58 |                 | Copyright © 2021 by Joshua S. Ravelo
59 |             </span>
60 |             <span class="f-b-r">
61 |                 <a href="landingpage.html"></a>
62 |             </span>
63 |         </div>
64 |     </div>
65 | </footer>
66 |
67 |
68 | </body>
69 | </html>
70 |

```



## Meal Planner Page

```
File Edit Selection View Run Terminal Help mealplan.html - Untitled (Workspace) - Visual Studio Code
landingpage.html home.html login.html mealplan.html X signup.html categories.html aboutme.html workoutpage.html contact.html

workoutfromhome > mealplan.html > html > body > div.con_title
1 <!DOCTYPE html>
2 <html>
3 <head>
4 <meta name="viewport" content="width=device-width, initial-scale=1">
5 <link rel="stylesheet" href="css/style.css">
6 <link rel="stylesheet" href="css/about.css">
7 <link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css" integrity="sha256-eZrrJcwDc/3Uhsdt6Is120OBY362qJ3lonIgyEkl0=">
8 </head>
9 <body>
10 <!--header-->
11 <div class="header">
12 <!-- <a href="#default" class="logo">WORKOUT <br> FROM <br> HOME</a-->
13 <a href="landingpage.html" class="logo"></a>
14 <div class="header-right">
15
16 <a href="login.html">LOG IN &nbsp;&nbsp;&nbsp;| </a>
17 <a href="Signup.html">SIGN UP</a>
18 </div>
19 </div>
20 <!-- Navbar-->
21 <div class="topnav">
22 <a href="home.html">Home</a>
23 <a href="workoutpage.html">What is Workout</a>
24 <a href="categories.html">Categories</a>
25 <a href="aboutme.html">About</a>
26 <a href="contact.html">Contact</a>
27 </div>
28 <!-- Image Section
29 <div>
30 <a href="home.html"> CATEGORIES</a>
31 </div>-->
32
33 <div class="con_title"><h1> MEAL PLANNER</h1>
34 
35 </div>
36
37 <!-- footer-->
38 <div>
39 <div class="f_container">
40 <div class="footer-top">
41 <ul>
42 <li><a href="http://www.facebook.com"><i class="fa fa-facebook-square" aria-hidden="true"></i> Facebook</a></li>
43 <li><a href="http://www.instagram.com"><i class="fa fa-instagram" aria-hidden="true"></i> Instagram</a></li>
44 <li><a href="http://www.youtube.com"><i class="fa fa-youtube-square" aria-hidden="true"></i> Youtube</a></li>
45 </ul>
46 </div>
47 <div class="footer-bottom">
48 <span>
49 Copyright @ 2021 by Joshua S. Ravelo
50 </span>
51 <span class="f-b-r">
52 <a href="landingpage.html"></a>
53 </span>
54 </div>
55 </div>
56 </div>
57 </div>
58 </div>
59 </div>
60 </div>
61
62 </body>
63 </html>
64
65
```

Stylesheet's

Style.css

```
* {box-sizing: border-box;}

body {
  margin: 0;
  font-family: Alyssum, Alyssum, Alyssum;
  margin-left: 20px;
  margin-right: 20px;
}

.header {
  overflow: hidden;
  background-color: #f1f1f1;
  padding: 20px 10px;
}

.header a {
  float: left;
  color: #e2a165;
  text-align: center;
  padding: 12px;
  text-decoration: none;
  font-size: 18px;
  line-height: 25px;
  border-radius: 4px;
}

.header a.logo {
  font-size: 25px;
  font-weight: bold;
}

.header a:hover {
  background-color: #ddd;
```

```
    color: black;
}

.header a.active {
    background-color: dodgerblue;
    color: white;
}

.header-right {
    float: right;
}

@media screen and (max-width: 500px) {
    .header a {
        float: none;
        display: block;
        text-align: left;
    }

    .header-right {
        float: none;
    }
}

/* End Of Header*/

/* Navbar*/

.topnav {
    overflow: hidden;
    background-color: #f1f1f1;
    border: 5px solid #e2a165;
    ;
}

.topnav a {
    float: left;
    color: black;
    text-align: center;
    padding: 14px 16px;
    text-decoration: none;
    font-size: 17px;
}

.topnav a:hover {
    background-color: #ddd;
```

```

        color: black;
    }
/* End of Navbar*/

/* Image SLanding Page */

.home_column {
    float: left;
    width: 50%;
    padding: 5px;
}

/* Clearfix (clear floats) */
.home_row::after {
    content: "";
    clear: both;
    display: table;
}
/* End Image SLanding Page */

/* Footer*/

footer {

    background: #e2a165;
    color: #fff;
    padding: 15px 0px 15px 0px;
    width: 100%;
}

.footer-top {
    margin-bottom: 15px;
    border-bottom: 3px solid white;
    padding-bottom: 15px;
}

.footer-top ul {
    padding: 0;
    margin: 0;
    margin-left: 33.33%;
}

.footer-top li {
    list-style: none;
    display: inline-block;

```

```

margin-right:100px;
justify-content: center;
}
.footer-top a {
color:white;
}
.footer-top a:hover {
color:#e64946;
}
.f-b-r {
float:right;
}
.f-b-r a {
color:white;
}

```

About.css

```

/* About Page */
.about_titlef{
text-align: justify;
background-color: black;
border-style: solid;
border-color: #f1f1f1;
padding-bottom: 5px;
padding-left: 50px;
padding-right: 50px;
font-family: Arial;
color: #e2a165;
font-size: 20px;
}

.me_column {
float: left;
width:50%;
background-color: black;
color:#e2a165;
text-align: center;
font-size: 20.1px;
padding-bottom: 10px;
}

```

```

/* Clearfix (clear floats) */
.home_row::after {
    content: "";
    clear: both;
    display: table;
    padding: 5px;
}

.me_titlef{
    text-align: center;
    font-family: Arial;
    color: #e2a165;
    padding-bottom: 10px;
    padding-top: 10px;
    background-color: black;
}

/*End About Page */

.con_titlef{
    text-align: center;
    background-color: black;
    border-style: solid;
    border-color: #f1f1f1;
    padding-bottom: 5px;
    padding-left: 50px;
    padding-right: 50px;
    font-family: Arial;
    color: #e2a165;
    font-size: 20px;
}

```

Category.css

```

/* Paragraph Page */

.cat_title, .cat_titlef {
    text-align: center;
}

.cat_titlef {
    text-align: center;
    background-color: #e2a165;
    border-color: #f1f1f1;
    padding-bottom: 5px;
    padding-top: 5px;
}

```

```

.cat_column2
{
    float: left;
    width:33.33%;
    padding: 10px;
    border-style: solid;
    border-color: #f1f1f1;
    background-color: #e2a165;
    font-size: 15px;
    color: black;
    font-family: Arial;

}

.cat_column1, .cat_column3 {
    float: left;
    width:33.33%;
    padding: 10px;
    border-style: solid;
    border-color: #f1f1f1;
    background-color: #000;
    font-size:15px;
    color: #e2a165;
    font-family: Arial;

}
.cat_row{
    text-align: left;
}

/* Clearfix (clear floats) */
.cat_row::after {
    content: "";
    clear: both;
    display: table;
}
/* End Image SLanding Page */

```

Home.css

```

/* Make the image fully responsive */
body {

```

```

margin: 0;
font-family: Alyssum, Alyssum, Alyssum;
margin-left: 20px;
margin-right: 20px;
}
.carousel-inner img {
width: 100%;
height: 100%;
}

.meal_title{
color: #e2a165;
background-color: black;
display: center;
text-align: center;
}

```

Login.css

```

* {
  box-sizing: border-box;
}

.log_bg-img {
  /* The image used */
  background-image: url("../img/homef.png");
  min-height: 380px;
  /* Center and scale the image nicely */
  background-position: center;
  background-repeat: no-repeat;
  background-size: cover;
  position: relative;
  width: 26%;
  margin-left: 35%;
}

/* Add styles to the form container */
.login_container {
  position: absolute;
  margin: 20px;
  max-width: 300px;
  padding: 16px;
  color: black;
}

```



```

/* Full-width input fields */
input[type=text], input[type=password] {
  width: 100%;
  padding: 15px;
  margin: 5px 0 22px 0;
  border: none;
}

input[type=text]:focus, input[type=password]:focus {
  background-color: #ddd;
  outline: none;
}

/* Set a style for the submit button */
.login_btn {
  background-color: #e2a165;
  color: white;
  padding: 16px 20px;
  border: none;
  cursor: pointer;
  width: 100%;
  opacity: 0.9;
  font-family: Alyssum, Alyssum, Alyssum;
}

.login_btn:hover {
  opacity: 1;
}

.log_a:hover{
  color: #e2a165;
}

```

Signup page

```

* {
  box-sizing: border-box;
}

.signup_bg-img {
  /* The image used */

```

```

background-image: url("../img/homef.png");
min-height: 550px;
/* Center and scale the image nicely */
background-position: center;
background-repeat: no-repeat;
background-size: cover;
position: relative;
width: 40%;
margin-left: 30%;
}

/* Add styles to the form container */
.signup_container {
    position: absolute;
    margin: 20px;
    max-width: 300px;
    padding: 16px;
    color: black;
}

/* Full-width input fields */
input[type=text], input[type=password] {
    width: 100%;
    padding: 15px;
    margin: 5px 0 22px 0;
    border: none;
}

input[type=text]:focus, input[type=password]:focus {
    background-color: #ddd;
    outline: none;
}

/* Set a style for all buttons */
button {
    background-color: #e2a165;
    color: #000;
    padding: 14px 20px;
    margin: 8px 0;
    border: none;
    cursor: pointer;
    width: 100%;
    opacity: 0.9;
}

```

```

    font-family: Alyssum, Alyssum, Alyssum;
}

button:hover {
    opacity:1;
}

/* Extra styles for the cancel button */
.cancelbtn {
    padding: 14px 20px;
    background-color: #f1f1f1;
}

/* Float cancel and signup buttons and add an equal width */
.cancelbtn, .signupbtn {
    float: left;
    width: 50%;
}

```

Workouts.css

```

/* Paragraph Page */
.work_row{
    border-color: #f1f1f1;
    padding-bottom: 5px;
}

.work_title {
    text-align: center;
}

.work_column1 {

    float: left;
    width:50%;
    padding: 10px;
    border-color: gray;
    background-color: #e2a165;
    font-size: 20px;
    color: black;
    font-family: Arial;

}

.work_column2 {

```

```
float: left;
width:50%;
padding: 10px;
background-color: #000;
font-size: 20px;
color: #e2a165;
font-family: Arial;

}

/* Clearfix (clear floats) */
.work_row::after {
  content: "";
  clear: both;
  display: table;
}
/* End Image SLanding Page */
```