CS 2601 Linear and Convex Optimization

6. Gradient descent (part 3)

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Fall 2022

Step size

Gradient descent

$$\boldsymbol{x}_{k+1} = \boldsymbol{x}_k - t_k \nabla f(\boldsymbol{x}_k)$$

- constant step size: $t_k = t$ for all k
- exact line search: optimal t_k for each step

$$t_k = \arg\min_{s} f(\boldsymbol{x}_k - s\nabla f(\boldsymbol{x}_k))$$

• backtracking line search (Armijo's rule): t_k satisfies

$$f(\mathbf{x}_k) - f(\mathbf{x}_k - t_k \nabla f(\mathbf{x}_k)) \ge \alpha t_k \|\nabla f(\mathbf{x}_k)\|_2^2$$

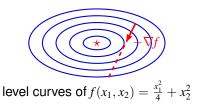
for some given $\alpha \in (0,1)$.

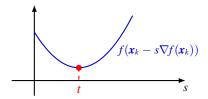
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Exact line search

- 1: initialization $x \leftarrow x_0 \in \mathbb{R}^n$
- 2: while $\|\nabla f(x)\| > \delta$ do
- 3: $t \leftarrow \arg\min_{s} f(\mathbf{x} s\nabla f(\mathbf{x}))$
- 4: $\mathbf{x} \leftarrow \mathbf{x} t \nabla f(\mathbf{x})$
- 5: end while
- 6: **return** *x*

Find a t for each iteration, But this step could cost a lot





Note. Often impractical; used only if the inner minimization is cheap.

Exact line search for quadratic functions

$$f(\mathbf{x}) = \frac{1}{2}\mathbf{x}^T \mathbf{Q}\mathbf{x} + \mathbf{b}^T \mathbf{x}, \quad \mathbf{Q} \succ \mathbf{O}$$

- gradient at x_k is $g_k = \nabla f(x_k) = Qx_k + b$
- second-order Taylor expansion is exact for quadratic functions,

$$h(t) = f(\mathbf{x}_k - t\mathbf{g}_k)$$

$$= f(\mathbf{x}_k) + \nabla f(\mathbf{x}_k)^T (-t\mathbf{g}_k) + \frac{1}{2} (-t\mathbf{g}_k)^T \nabla^2 f(\mathbf{x}_k) (-t\mathbf{g}_k)$$

$$= \left(\frac{1}{2} \mathbf{g}_k^T \mathbf{Q} \mathbf{g}_k\right) t^2 - \mathbf{g}_k^T \mathbf{g}_k t + f(\mathbf{x}_k)$$

• minimizing h(t) yields best step size

$$t_k = \frac{\boldsymbol{g}_k^T \boldsymbol{g}_k}{\boldsymbol{g}_k^T \boldsymbol{Q} \boldsymbol{g}_k}$$

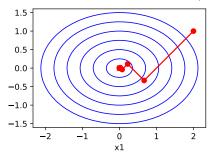
update step

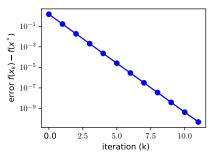
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Example

$$f(x_1, x_2) = \frac{1}{2} \mathbf{x}^T \mathbf{Q} \mathbf{x} = \frac{\gamma}{2} x_1^2 + \frac{1}{2} x_2^2, \quad \mathbf{Q} = \text{diag}\{\gamma, 1\}$$

Well-conditioned. $\gamma = 0.5, x_0 = (2, 1)^T$





Fast convergence.

Note. Successive gradient directions are always orthogonal, as

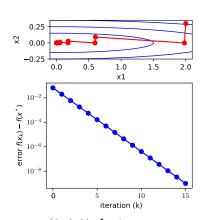
$$0 = h'(t_k) = -\nabla f(\mathbf{x}_k - t_k \nabla f(\mathbf{x}_k))^T \nabla f(\mathbf{x}_k) = -\nabla f(\mathbf{x}_{k+1})^T \nabla f(\mathbf{x}_k)$$

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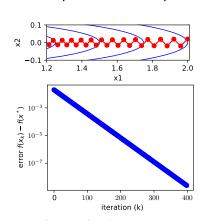
Example (cont'd)

$$f(x_1, x_2) = \frac{1}{2} \mathbf{x}^T \mathbf{Q} \mathbf{x} = \frac{\gamma}{2} x_1^2 + \frac{1}{2} x_2^2, \quad \mathbf{Q} = \text{diag}\{\gamma, 1\}$$

III-conditioned. $\gamma = 0.01$, convergence rate depends on initial point



 $x_0 = (2, 0.3)$, fast convergence



 $x_0 = (2, 0.02)$, slow convergence

Convergence analysis

Theorem. If f is m-strongly convex and L-smooth, and x^* is a minimum of f, then the sequence $\{x_k\}$ produced by gradient descent with exact line search satisfies

$$f(\mathbf{x}_k) - f(\mathbf{x}^*) \le \left(1 - \frac{m}{L}\right)^k \left[f(\mathbf{x}_0) - f(\mathbf{x}^*)\right]$$

Notes.

- $0 \le 1 \frac{m}{L} < 1$, so $f(x_k) \to f(x^*)$ exponentially fast
- $\frac{m}{2} ||x_k x^*||^2 \le f(x_k) f(x^*)$ by strong convexity, so $x_k \to x^*$ exponentially fast
- The number of iterations to reach $f(x_k) f(x^*) \le \epsilon$ is $O(\log \frac{1}{\epsilon})$. For $\epsilon = 10^{-p}$, k = O(p), linear in the number of significant digits.
- The convergence rate depends on the condition number L/m and can be slow if L/m is large. When close to x^* , we can estimate L/m by $\kappa(\nabla f^2(x^*))$.

Proof

Similar to slide 12 of §6 part 2, with a modified first step (highlighted).

- 1. Lower bound the improvement in the k-th iteration
 - By the quadratic upper bound for L-smooth functions,

$$f(\mathbf{x}_k - t\nabla f(\mathbf{x}_k)) - f(\mathbf{x}_k) \le -t(1 - \frac{Lt}{2})\|\nabla f(\mathbf{x}_k)\|^2$$

Minimize over t on both sides,

$$f(\mathbf{x}_{k+1}) - f(\mathbf{x}_k) \le -\frac{1}{2L} \|\nabla f(\mathbf{x}_k)\|^2 \tag{\dagger}$$

2. Upper bound the suboptimality gap (slide 8 of §6 part 2),

$$f(\mathbf{x}_k) - f(\mathbf{x}^*) \le \frac{1}{2m} \|\nabla f(\mathbf{x}_k)\|^2$$
 (‡)

3. Eliminate $\|\nabla f(x_k)\|$ from (†) and (‡),

$$f(\mathbf{x}_{k+1}) - f(\mathbf{x}^*) \le \left(1 - \frac{m}{L}\right) [f(\mathbf{x}_k) - f(\mathbf{x}^*)]$$

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Backtracking line search

9: **return** *x*

Exact line search is often expensive and not worth it. Suffices to find a good enough step size. One way to do so is to use backtracking line search, aka Armijo's rule.

Gradient descent with backtracking line search

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1: initialization x \leftarrow x_0 \in \mathbb{R}^n

2: while \|\nabla f(x)\| > \delta do

3: t \leftarrow t_0  X_{\{k+1\}}  Negative gradient

4: while f(x - t\nabla f(x)) > f(x) - \alpha t \|\nabla f(x)\|_2^2 do

5: t \leftarrow \beta t

6: end while

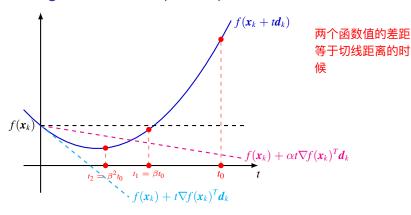
7: x \leftarrow x - t\nabla f(x)

8: end while
```

 $\alpha \in (0,1)$ and $\beta \in (0,1)$ are constants. Armijo used $\alpha = \beta = 0.5$ Values suggested in [BV]: $\alpha \in [0.01,0.3], \beta \in [0.1,0.8]$

Note. For general d, use condition $f(x + td) > f(x) + \alpha t \nabla f(x)^T d$

Backtracking line search (cont'd)



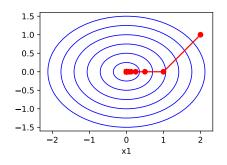
- $\nabla f(\mathbf{x}_k)^T \mathbf{d}_k < 0$ for descent direction \mathbf{d}_k
- start from some "large" step size t_0 ([BV] uses $t_0 = 1$)
- reduce step size geometrically until decrease is "large enough"

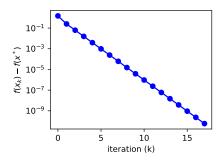
$$\underbrace{f(\pmb{x}_k) - f(\pmb{x}_k + t\pmb{d}_k)}_{\text{actual decrease in function value}} \geq \alpha \times \underbrace{t | \nabla f(\pmb{x}_k)^T \pmb{d}_k |}_{\text{decrease along tangent line}}$$

Example

$$f(x_1, x_2) = \frac{1}{2} \mathbf{x}^T \mathbf{Q} \mathbf{x} = \frac{\gamma}{2} x_1^2 + \frac{1}{2} x_2^2, \quad \mathbf{Q} = \text{diag}\{\gamma, 1\}$$

Well-conditioned. $\gamma = 0.5, x_0 = (2, 1)^T$



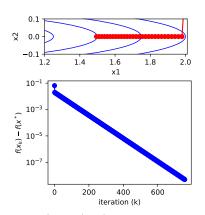


Fast convergence.

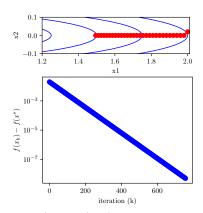
Example (cont'd)

$$f(x_1, x_2) = \frac{1}{2} \mathbf{x}^T \mathbf{Q} \mathbf{x} = \frac{\gamma}{2} x_1^2 + \frac{1}{2} x_2^2, \quad \mathbf{Q} = \text{diag}\{\gamma, 1\}$$

Ill-conditioned. $\gamma = 0.01$



 $x_0 = (2, 0.3)$, slow convergence



 $x_0 = (2, 0.02)$, slow convergence

Convergence analysis

Theorem. If f is m-strongly convex and L-smooth, and x^* is a minimum of f, then the sequence $\{x_k\}$ produced by gradient descent with backtracking line search satisfies

$$f(\mathbf{x}_k) - f(\mathbf{x}^*) \le c^k [f(\mathbf{x}_0) - f(\mathbf{x}^*)]$$

where

$$c = 1 - \min \left\{ 2m\alpha t_0, \frac{4m\beta\alpha(1-\alpha)}{L} \right\}$$

Notes.

最大特征值大于最小特征值

• $c \in (0,1)$, as

$$\frac{4m\beta\alpha(1-\alpha)}{L} \le \frac{\beta m}{L} \le \beta < 1$$

so $x_k \to x^*$ and $f(x_k) \to f(x^*)$ exponentially fast

• Number of iterations to reach $f(x_k) - f(x^*) \le \epsilon$ is $O(\log \frac{1}{\epsilon})$. For $\epsilon = 10^{-p}$, k = O(p), linear in the number of significant digits.

Proof

The inner loop terminates with a step size bounded from below.

1. By the quadratic upper bound for *L*-smooth functions,

$$f(\mathbf{x}_k - t\nabla f(\mathbf{x}_k)) \le f(\mathbf{x}_k) - t(1 - \frac{Lt}{2}) \|\nabla f(\mathbf{x}_k)\|^2$$

2. The inner loop terminates for sure if

$$-t(1-\frac{Lt}{2})\|\nabla f(\mathbf{x}_k)\|^2 \le -\alpha t\|\nabla f(\mathbf{x}_k)\|^2 \implies t \le \frac{2(1-\alpha)}{L}$$

3. The step size in backtracking line search satisfies initial value

$$t_k \ge \eta \triangleq \min \left\{ t_0, \frac{2\beta(1-\alpha)}{L} \right\}$$

- $ightharpoonup t_k = t_0$ if Armijo's condition is satisfied by t_0
- lackbox otherwise, $\frac{t_k}{\beta} > \frac{2(1-\alpha)}{L}$, since the inner loop did not terminate at $\frac{t_k}{\beta}$

上一轮循环中需要满足的条件

Proof (cont'd)

Now we look at the outer loop

- 4. Lower bound the improvement in the *k*-th iteration
 - By Armijo's condition in the inner loop,

$$f(\mathbf{x}_{k+1}) = f(\mathbf{x}_k - t_k \nabla f(\mathbf{x}_k)) \le f(\mathbf{x}_k) - \alpha t_k \|\nabla f(\mathbf{x}_k)\|^2$$

▶ Since $t_k \ge \eta$ by step 3,

$$f(\mathbf{x}_{k+1}) - f(\mathbf{x}^*) \le f(\mathbf{x}_k) - f(\mathbf{x}^*) - \alpha \eta \|\nabla f(\mathbf{x}_k)\|^2$$

5. Upper bound the suboptimality gap by (‡) of slide 7,

$$\|\nabla f(\mathbf{x}_k)\|^2 \ge 2m[f(\mathbf{x}_k) - f(\mathbf{x}^*)]$$

6. Eliminate $\|\nabla f(\mathbf{x}_k)\|$ from steps 4 and 5,

$$f(\mathbf{x}_{k+1}) - f(\mathbf{x}^*) \le (1 - 2m\alpha\eta)[f(\mathbf{x}_k) - f(\mathbf{x}^*)] = c[f(\mathbf{x}_k) - f(\mathbf{x}^*)]$$

SO

$$f(\mathbf{x}_k) - f(\mathbf{x}^*) \le c^k [f(\mathbf{x}_0) - f(\mathbf{x}^*)]$$

Nesterov's accelerated gradient descent (AGD)

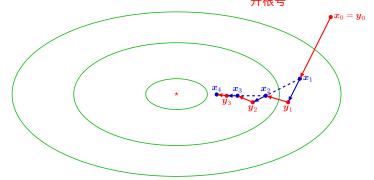
Suppose f is L-smooth and m-strongly convex ($m \ge 0$)

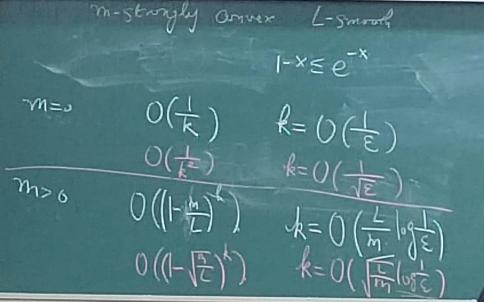
- 1: initialize $x_0 = y_0$
- 2: **for** $k = 0, 1, 2, \dots$ **do**

??????

- 3: $\mathbf{x}_{k+1} = \mathbf{y}_k \frac{1}{L} \nabla f(\mathbf{y}_k)$
- 4: $\mathbf{y}_{k+1} = \mathbf{x}_{k+1} + \beta_k (\mathbf{x}_{k+1} \mathbf{x}_k)$
- 5: end for

可以把时间复杂度指数前的常数 开根号





Accelerated gradient descent (cont'd)

Theorem. Suppose f is L-smooth and m-strongly convex. Let q=m/L, $\alpha_0 \in [\sqrt{q},1), \ \alpha_{k+1} = \frac{\sqrt{(\alpha_k^2-q)^2+4\alpha_k^2}+q-\alpha_k^2}{2}$ for $k \geq 0$. If $\beta_k = \frac{\alpha_k(1-\alpha_k)}{\alpha_k^2+\alpha_{k+1}}$ for k > 0, then

$$f(\mathbf{x}_k) - f^* \le \min\left\{ (1 - \sqrt{q})^k, \frac{4}{(2 + k\sqrt{\gamma_0})^2} \right\} \left(f(\mathbf{x}_0) - f^* + \frac{\gamma_0}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2 \right),$$
 where $\gamma_0 = \alpha_0(\alpha_0 - q)/(1 - \alpha_0)$.

Note. The convergence rate of AGD is $O(1/k^2)$ if m=0 and $O((1-\sqrt{q})^k)$ if m>0. Recall the rate of GD is O(1/k) if m=0 and $O((1-q)^k)$ if m>0.

Note. Nesterov also proved lower bounds for first-order methods, i.e. there exists an L-smooth f_1 , and an L-smooth and m-strongly convex f_2 s.t.

$$f_1(\mathbf{x}_k) - f^* = \Omega\left(\frac{1}{k^2}\right), \quad f_2(\mathbf{x}_k) - f^* = \Omega\left(\left(\frac{1 - \sqrt{q}}{1 + \sqrt{q}}\right)^{2k}\right).$$

Nonconvex functions

GD can also be applied to nonconvex functions, but with no guarantee for optimality. It only finds an approximately stationary point.

Theorem. If f is L-smooth, then for step size $t \in (0, \frac{1}{L}]$, the sequence $\{x_k\}$ produced by GD satisfies

$$\min_{0 \le i \le k} \|\nabla f(\mathbf{x}_i)\| \le \sqrt{\frac{2(f(\mathbf{x}_0) - f^*)}{t(k+1)}}$$

Proof. By slide 15 of §6 part 1,

$$\min_{0 \le i \le k} \|\nabla f(\mathbf{x}_i)\|^2 \le \|\nabla f(\mathbf{x}_i)\|^2 \le \frac{2}{t} (f(\mathbf{x}_i) - f(\mathbf{x}_{i+1}))$$

Summing over i from 0 to k completes the proof.

Note. The convergence rate is $O(1/\sqrt{k})$, which turns out to be optimal for deterministic algorithms for finding stationary points of functions with Lipschitz gradients.