

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: May 10th, 2022

Follow-up: in 1 month

Diagnosis: unilateral primary osteoarthritis, right knee (m17.11)

Work Duty: Sedentary Work - false greater than to the left false until next visit in

Chief Complaint: Right knee pain, and buckling

History Of Presenting Illness:

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an Engineer. He comes in today complaining of constant buckling and dull, achy, sore pain to his right knee. He states the symptoms have been present since January 1st, 2020, at mild to severe level intensity and developed gradually. He denies any injury. He states symptoms are worse with weightbearing, walking, squatting, and stairs and get better with ice, rest, and medication. He denies any radiating symptoms. He has received previous treatment including cortisone. He has taken the following medications to help with this condition: SYNTHROID (Oral Pill)-25-mg 2x Daily Simvastatin (Oral Pill)-100 mcg 2x Daily ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed TYLENOL (Oral Pill) 500 mg BID

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
4. ZOCOR (Oral Pill)-100 mcg 2x Daily

Past Medical History:

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

Past Surgical History:

- SKIN BIOPSY
- Hysterectomy
- Intrauterine device (IUD)
- I&D OF HEMATOMA-COMPLICATED

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke
Grand Parents Conditions: cancer, hypertension, and stroke
Siblings Conditions: hypertension

Social History:

Occupation: Engineer
Martial Status: single
Smokes: yes - 1 pack/daily
Drinks: yes - 1 per sitting/daily
Hand Dominance: right

Review of Systems:

General: fever or chills, and trouble sleeping
Neurological: tingling
Skin: none
Hematologic: none
Musculoskeletal: muscle or joint pain, and back pain
Endocrine: none
Psychiatric: none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht: 5' 10"
Wt: 135 lbs
BMI: 19.368366
Pulse: 76

Skin Exam positive for:

- Edema to the Right knee

The Patient has tenderness to palpation at:

- Patellar Tendon Knee right
- Right Anteromedial Joint Line
- Right Anterolateral Joint Line
- Male Skeletal Patella Right Geo

Range of motion:

- Right Knee Flexion/Extension 10-120° Left Knee Flexion/Extension 0-130°

Strength:

Right	Name	Left

4/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

The patient has a positive:

- Pain with Flexion on the right Knee

Assessment: John Smith is a 38 year old male with:

1. Unilateral primary osteoarthritis, right knee (M17.11)

Plan: John Smith presents signs and symptoms consistent with: unilateral primary osteoarthritis, right knee (m17.11)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- Cortisone
- Home Exercise Program - Strengthening, Gait Training

The patient will follow up in 1 month.

Work Duty:

Sedentary Work - false greater than to the left false until next visit in

Ryan Davis, PA-C



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