John,Smith
DOB: January 20th, 1984
Date Of Encounter: May 13th, 2022
MRN: Unarmed

Return: The patient will follow up in 1 month.
Diagnosis: sprain of unspecified ligament of right ankle, initial encounter (s93.401a)
Work Duty: Full duty

Chief Complaint: Right ankle pain

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including physical therapy, aircast, and crutches. He states that since last visit, symptoms are better, and grades his pain 1 to 4 out of 10 level intensity. The patient admits to trauma, including

Allergies:
1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:
1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
2. LEVOXYL (Oral Pill)-7 mcg Once Daily
3. SYNTHROID (Oral Pill)-200 mcg Once Daily As Needed
4. ABILIFY (Oral Pill)-6 mcg 2x Daily As Needed

Physical Examination:

John,Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

Skin: none

The Patient has tenderness to palpation at:
- Ankle right
- Ankle right
- Ankle right
- Ankle right

Range of motion:
- Right Ankle Dorsiflexion 10.0°-25.0°° Left Ankle Dorsiflexion 20°-50°°

Strength:

Right	Name	Left
4/5	Ankle Dorsiflexion	5/5
5/5	Ankle Plantarflexion	5/5
5/5	Ankle Inversion	5/5

5/5	Ankle Eversion	5/5
5/5	Ankle EHL	5/5
5/5	Ankle FHL	5/5

Assessment: is a 38 year old with:

1. Sprain of unspecified ligament of right ankle, initial encounter (S93.401A)

Plan:

John Smith presents with signs and symptoms consistent with improved sprain of unspecified ligament of right ankle, initial encounter (s93.401a) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- Physical Therapy - Continue with Therapy
- NSAIDS
- Tylenol

The patient will follow up in 1 month. The patient is happy with the plan moving forward.