

**Munir, Hussain**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** January 26th, 2022

**Follow-up:** 1 week

**Diagnosis:** Cholera, unspecified

**Work Duty:** Light Duty no pushing, no repetitive movements, no weight bearing, and no bending greater than 5 lbs. to the 5 lbs. until next visit on Jan 26, 2022

**Chief Complaint:** Left Hand pain, numbness, catching, and swelling,

**History Of Presenting Illness:**

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of numbness , catching , swelling , and ,dull ,achy ,sharp , pain at Left Hand. He states the symptoms have been present since January 1st, 2022, at severe to severe level intensity. He "admits to yes i have a previous injury". He states symptoms are worse with weightbearing, lifting, carrying, walking, and writing and get better with massage, heat, and bracing. He denies any radiating symptoms. He has received treatment for this issue in the past. Cortisone Brace He has taken the following medications to help with this condition: Levothyroxine (Oral Pill) 100 mcg 2x Daily , LEVO-T (Oral Pill) 200 mg 3x Daily As Needed,

**Allergies:**

1. ZOCOR (Oral Pill) Zocor reaction

**Medications:**

1. ZOCOR (Oral Pill)-4-mg 2x Daily
2. SYNTHROID (Oral Pill)-25-mg 2x Daily
3. amLODIPine (Oral Pill) mcg 1x Daily

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

**Past Surgical History:**

**Family History:**

**Mother's Conditions:** Hypertension, and Arthritis

**Fathers's Conditions:** Heart Disease, Cancer, and Stroke

**Grand Parents Conditions:** Cancer, Hypertension, and Stroke

**Siblings Conditions:** Hypertension, Stroke, and Blood Clots

**Social History:**

**Martial Status:** single

**Smokes:** yes - 1 pack/daily

**Drinks:** yes - 1 per sitting/daily

**Review of Systems:**

**General:** fever or chills, and trouble sleeping

**Neurological:** tingling

**Skin:** none

**Hematologic:** none

**Musculoskeletal:** Muscle or joint pain, and back pain

**Endocrine:** none

**Psychiatric:** none

**Physical Examination:** Hussain Munir is a disoriented male that appears greater than stated age. He has a pleasant demeanor. He is able to follow instructions. He is in distress.

**Vitals**

Ht: 5' 6"

Wt: 130 lbs

BMI: 20.980257

BP: 120/130

Pulse: 70

RR: 14

**Skin Exam positive for:**

- Erythema
- Petechia
- Open Wound
- Warmth

**The Patient has tenderness to palpation at:**

- CMC Joint right hand at thumb
- Metacarpal right hand at index finger
- MCP Joint right hand at middle finger
- Proximal Phalanx right hand at ring finger
- PIP Joint right hand at small finger
- Arm\_Muscles\_Palmaris\_Longus\_Muscle\_Left
- Arm\_Muscles\_Brachioradialis\_Muscle\_Left
- Arm\_Muscles\_Biceps\_Brachii\_Left

**Range of motion:**

- Right Hand 30-120 Left Hand 20-130

**Left Hand Strength:**

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Right Strength	Name	Left Strength
3/5	Hand EPL	4/5
3/5	Hand FPL	4/5
3/5	Hand APB	3/5
2/5	Hand FDI	4/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5

The patient has a negative:

- CMC Grind on the right
- Bunnell on the right
- Elsen on the left
- FDS Deficiency on the right
- FDP Deficiency on the right

The patient has a positive:

- CMC Grind on the left
- Bunnell on the left
- Elsen on the right
- FDS Deficiency on the left
- FDP Deficiency on the left

### Diagnostic Studies:

Xsxsx

Xsxsxs

### Assessment:

Hussain Munir is a 38 year old male with: Cholera, unspecified

**Plan:** Hussain Munir presents signs and symptoms consistent with: Cholera, unspecified

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- MRIx
- EMGx
- Viscosupplementation
- 2" Ace
- Crutches
- Ice machine

The patient will follow up in 1 week.

**Work Duty:**

Light Duty no pushing, no repetitive movements, no weight bearing, and no bending greater than 5 lbs. to the 5 lbs. until next visit on Jan 26, 2022