

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: January 31st, 2022

Follow-up:

Diagnosis: none

Work Duty: Sedentary Work false greater than to the until next visit on

Chief Complaint: Right Hand, and Right Forearm , and grinding,

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of grinding , at Right Hand, and Right Forearm. He states the symptoms have been present since January 1st, 2022, at none to none level intensity. He denies any injury. He states symptoms are worse with stairs, and in & out of chair and get better with massage. He denies any radiating symptoms. He has received treatment for this issue in the past. Cortisone He has taken the following medications to help with this condition:

Allergies:

1. ZOCOR (Oral Pill) Zocor reaction

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily
3. Simvastatin (Oral Pill)-100 mcg 2x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- Knee arthroplasty - total
- Carpal tunnel release

Family History:

Mother's Conditions: Hypertension, and Arthritis

Fathers's Conditions: Heart Disease, Cancer, and Stroke

Grand Parents Conditions: Cancer, Hypertension, and Stroke

Siblings Conditions: Hypertension

Social History:

Occupation:Engineer

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

HandDominance: single

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: Muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He is .

Vitals:

Ht: 5' 6"

Wt: 130 lbs

BMI: 20.980257

BP: Very high today

Pulse: 70

RR: 14

Skin Exam positive for:

- Petechia
- Abrasion
- Laceration

Range of motion:

Strength:

Right	Name	Left
5/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5

5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5

Assessment:

John Smith is a 38 year old male with: none

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.
Treatment plan includes:

The patient will follow up in .

Work Duty:

Sedentary Work false greater than to the until next visit on

Ali, M.D.

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