

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** April 30th, 2022

**Return:** The patient will follow up in 1 month with X-Rays.

**Diagnosis:** carpal tunnel syndrome, right upper limb (g56.01), and trigger thumb, right thumb (m65.311)

**Work Duty:** Full duty

**Chief Complaint:** Right hand pain, numbness, and tingling

### **History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including tylenol. He states that since last visit, symptoms are the same, and grades his pain 0 to 8 out of 10 level intensity. The patient admits to trauma,including

### **Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

### **Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

### **Physical Examination:**

John,Smith is an awake, alert and oriented male that appears his stated age. He have a pleasant demeanor. He are able to follow commands appropriately. He are in no acute distress.

### **Vitals:**

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

**Skin:** none

### **Strength:**

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5

5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

**Assessment: is a 38 year old with:**

1. Carpal tunnel syndrome, right upper limb (G56.01)
2. Trigger thumb, right thumb (M65.311)

**Plan:**

John Smith presents with signs and symptoms consistent with carpal tunnel syndrome, right upper limb (G56.01) and new onset Trigger thumb, right thumb (M65.311) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes

- Cortisone

The patient will follow up in 1 month with X-Rays. The patient is happy with the plan moving forward.  
Ryan Davis, PA-C



**4/28/2022, 10:00:59 PM**