

**Munir, Hussain**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** January 28th, 2022

**Follow-up:** 1 month

**Diagnosis:** Unilateral primary osteoarthritis, right knee

**Work Duty:** Full duty

**Chief Complaint:** Right Knee pain,

**History Of Presenting Illness:**

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of ,dull ,achy ,sore , pain at Right Knee. He states the symptoms have been present since January 1st, 2021, at mild to severe level intensity. He denies any injury. He states symptoms are worse with weightbearing, walking, in & out of chair, and squatting and get better with ice, rest, and medication. He denies any radiating symptoms. He has received treatment for this issue in the past. Cortisone He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg 3x Daily ,

**Allergies:**

1. ZOCOR (Oral Pill) Zocor reaction

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

**Past Surgical History:**

- Knee arthroplasty - total

**Family History:**

**Mother's Conditions:** Hypertension, and Arthritis

**Fathers's Conditions:** Heart Disease, Cancer, and Stroke

**Grand Parents Conditions:** Cancer, Hypertension, and Stroke

**Siblings Conditions:** Hypertension

**Social History:**

**Martial Status:** single

**Smokes:** yes - 1 pack/daily

**Drinks:** yes - 1 per sitting/daily

**Review of Systems:**

**General:** fever or chills, and trouble sleeping

**Neurological:** tingling

**Skin:** none

**Hematologic:** none

**Musculoskeletal:** Muscle or joint pain, and back pain

**Endocrine:** none

**Psychiatric:** none

**Physical Examination:** Hussain Munir is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

Ht: 5' 7"

Wt: 180 lbs

BMI: 28.188908

BP: 130/80

Pulse: 64

RR: 15

**Skin Exam positive for:**

- Edema

**The Patient has tenderness to palpation at:**

- Male\_Skeletal\_Patella\_Right\_Geo

**Range of motion:**

- Right Knee 10-100° Left Knee 0-130°
- Right Hip 0-120° Left Hip 0-120°
- Right Hip 0-30° Left Hip 0-30°

**Strength:**

Right	Name	Left
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5
4/5	Knee Flexion	5/5
4/5	Knee Extension	5/5

**The patient has a positive:**

- Apley's Grind on the right

- Pain with Flexion on the right

**Diagnostic Studies:**

Four view x-rays of the right knee demonstrate no fractures or dislocations however the generative giant changes in all three compartments

**Assessment:**

Hussain Munir is a 38 year old male with: Unilateral primary osteoarthritis, right knee

**Plan:** Hussain Munir presents signs and symptoms consistent with: Unilateral primary osteoarthritis, right knee

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Physical TherapyPT - Eval & Treat - Flexibility, Strengthening, gait training,
- NSAIDS
- Tylenol
- RICE
- Cortisone
- Hinged knee brace

The patient will follow up in 1 month.

**Work Duty:**

Full duty