

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** May 11th, 2022

**MRN:** 789

**Return:**

**Diagnosis:** lateral epicondylitis, right elbow (m77.11)

**Work Duty:** Full duty

**Chief Complaint:** Right elbow pain

### **History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including wrist brace, nsaid's, and tylenol. He states that since last visit, symptoms are better, and grades his pain 2 to 4 out of 10 level intensity. The patient reports improvement in symptoms since receiving injection at last visit, and states that it was helpful for 1 month. The patient admits to no trauma.

### **Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

### **Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
4. ZOCOR (Oral Pill)-100 mcg 2x Daily

### **Physical Examination:**

John,Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

### **Vitals:**

RR: 90

**Skin:** none

### **The Patient has tenderness to palpation at:**

- Elbow right
- Elbow right
- Elbow left

### **Range of motion:**

- Right Wrist Flexion 70°-80°° Left Wrist Flexion 70°-80°°

### **Strength:**

Right	Name	Left
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

**Assessment: is a 38 year old with:**

1. Lateral epicondylitis, right elbow (M77.11)

**Plan:**

John Smith presents with signs and symptoms consistent with lateral epicondylitis, right elbow (m77.11)

Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit.

The patient is happy with the plan moving forward.