

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: February 9th, 2022

Follow-up: 1 month

Diagnosis: carpal tunnel syndrome, right upper limb (g56.01)

Work Duty: Sedentary Work false greater than to the left false until next visit on

Chief Complaint: Right hand pain, numbness, and weakness

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of numbness, weakness and dull, burning pain to his right hand. He states the symptoms have been present since January 1st, 2022, at mild to moderate level intensity. He denies any injury. He states symptoms are worse with writing, and sleeping and get better with bracing. He denies any radiating symptoms. He has received previous treatment include and Brace. He has not taken any medications to help with this issue.

Allergies:

1. Levothyroxine (Oral Pill)
2. Acetaminophen/Codeine (Oral Pill) Hallucinations
3. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily
3. Simvastatin (Oral Pill)-100 mcg 2x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- Knee arthroplasty - total
- Carpal tunnel release
- Arthroscopy

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:**Occupation:** Engineer**Marital Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** left**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

Skin Exam positive for:

- Normal

Strength:

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
4/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5

5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

The patient has a positive:

- Tinel Median Nerve on the right Wrist
- Durkan on the right Wrist

Assessment: John Smith is a 38 year old male with:

1. Carpal tunnel syndrome, right upper limb (G56.01)

Plan: John Smith presents signs and symptoms consistent with: carpal tunnel syndrome, right upper limb (g56.01)

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- Compression gloves

The patient will follow up in 1 month.

Work Duty:

Sedentary Work false greater than to the leftfalse until next visit on