

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: March 20th, 2022

Follow-up: after surgery

Diagnosis: unilateral primary osteoarthritis, right knee (m17.11)

Work Duty: Full duty

Chief Complaint: Right knee pain

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of constant dull, achy, sore pain to his right knee. He states the symptoms have been present since January 1st, 2018, at mild to severe level intensity and developed gradually. He denies any injury. He states symptoms are worse with weightbearing, walking, stairs, squatting, and running and get better with rest, and medication. He admits to the radiation of symptoms down right leg . He has received previous treatment including cortisone. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg TID

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- TOTAL HIP REPLACEMENT
- I&D SEBACEOUS CYST-1
- SKIN BIOPSY
- ARTHROPLASTY TOTAL KNEE

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:

Occupation: Engineer

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Hand Dominance: left

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht: 5' 9"

Wt: 175 lbs

BMI: 25.84016

BP: 120/80

Pulse: 60

RR: 14

Skin Exam positive for:

- Normal
- Laceration to the Right Knee 3 cm x 5 cm in size,

The Patient has tenderness to palpation at:

- Posteromedial Joint Line Knee
- Posterolateral Joint Line Knee
- Right Anteromedial Joint Line
- Right Anterolateral Joint Line

Range of motion:

- Right Knee Flexion/Extension 10-120° Left Knee Flexion/Extension 0-130°

Strength:

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Right	Name	Left
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

The patient has a positive:

- Patellofemoral Grind on the right Knee
- Pain with Flexion on the right Hip
- Pain with Extension on the right Hip

Assessment: John Smith is a 38 year old male with:

1. Unilateral primary osteoarthritis, right knee (M17.11)

Plan: John Smith presents signs and symptoms consistent with: unilateral primary osteoarthritis, right knee (m17.11)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Surgery ARTHROPLASTY TOTAL KNEE

The patient will follow up after surgery.

Work Duty:

Full duty