John, Smith

**DOB:** January 20th, 1984

**Date Of Encounter:** May 26th, 2022

MRN: Unarmed

**Return:** 

**Diagnosis:** lateral epicondylitis, right elbow (m77.11)

Work Duty: Full duty

Chief Complaint: Right elbow pain

## **History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has not been compliant with treatment plan. He states that since last visit, symptoms are better, and grades his pain 1 to 8 out of 10 level intensity. The patient reports improvement in symptoms since receiving injection at last visit, and states that it was helpful for 1 day. The patient admits to trauma, including "Yes I had.".

#### Allergies:

- 1. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 2. Sulfamethoxazole/Trimethoprim (Oral Pill) Hives
- 3. Penicillin V potassium (Oral Pill) Hives

#### **Medications:**

- 1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
- 2. amLODIPine (Oral Pill) mcg 2x Daily

#### **Physical Examination:**

John, Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

## Vitals:

Skin: none

## The Patient has tenderness to palpation at:

- Elbow right
- Elbow left
- Wrist right
- Wrist left
- Right Distal Biceps Tendon

## Range of motion:

- Right Elbow Flexion/Extension 45°-90° Left Elbow Flexion/Extension 30°-90°
- Right Elbow Pronation 190°-90° Left Elbow Pronation 50°-60°

#### Strength:

Right	Name	Left
3/5	Elbow Flexion	3/5

4/5	Elbow Extension	3/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

## The patient has a positive:

- Tinel on the left Elbow
- Pain with Act Resisted Wrist Ext on the left Elbow

# **Diagnostic Studies:**

Hsbxjhbs xsbxb Zach cobs kxb ksx

# Assessment: is a 38 year old with:

1. Lateral epicondylitis, right elbow (M77.11)

## Plan:

John Smith presents with signs and symptoms consistent with improved lateral epicondylitis, right elbow (m77.11) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- NSAIDS
- MRI MRI details
- EMG Emg details
- Surgery I&D OF HEMATOMA-COMPLICATED
- 2" Ace
- Santa Barbara

The patient was provided with 2" Ace, and Santa Barbara. The patient is happy with the plan moving forward.