

John,Smith

DOB: January 20th, 1984

Date Of Encounter: June 4th, 2022

MRN: Unarmed

Follow-up: The patient will follow up in 1 month.

Diagnosis: trigger finger, right middle finger (m65.331)

Work Duty: Full duty

Chief Complaint: Left hand pain

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has not been compliant with treatment plan. He states that since last visit, symptoms are worse, and grades his pain 0 to 8 out of 10 level intensity. The patient reports no improvement in symptoms since receiving injection at last visit. The patient admits to no trauma..

Allergies:

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives
2. SYNTHROID (Oral Pill) - Sun reaction
3. Levothyroxine (Oral Pill) - Testing reaction
4. LEVO-T (Oral Pill) - Levi reaction

Medications:

1. XANAX XR (Oral Pill) mg PRN

Physical Examination:

John,Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

Skin: none

The patient has tenderness to palpation at:

- Thumb right hand CMC Joint
- Index finger right hand CMC Joint
- Ring finger right hand CMC Joint
- Middle finger right hand Metacarpal
- Middle finger right hand Proximal Phalanx
- Thumb left hand MCP Joint
- Middle finger right hand MCP Joint
- Ring finger left hand CMC Joint
- Right Ulnar Fovea

Strength:

Right	Name	Left

5/5	Hand EPL	5/5
5/5	Hand FPL	5/5

The patient has a positive:

- CMC Grind on the Right Hand
- Elsen on the Left Hand

The patient has a negative:

- Bunnell on the Right Hand
- FDS Deficiency on the Left Hand

Assessment: John Smith is a 38 year old with:

1. Trigger finger, right middle finger (M65.331)

Plan:

John Smith presents with signs and symptoms consistent with worsened Trigger finger, right middle finger, worsened Bicipital tendinitis, right shoulder, persistent Sprain of unspecified ligament of right ankle, initial encounter, and persistent Bicipital tendinitis, right shoulder. Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- NSAIDS
- Rest, ice, compression, elevation
- Wrist brace

The patient will follow up in 1 month. The patient is happy with the plan moving forward.

Work Duty:

Full duty