

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** April 17th, 2022

**Return:** 6 weeks

**Diagnosis:** lateral epicondylitis, right elbow (m77.11)

**Work Duty:** Full duty

**Chief Complaint:** Right elbow pain

**History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, the patient has been compliant with treatment plan including Tylenol, and Physical Therapy. He states that since last visit, symptoms are Worse, and grades his pain 3 to 8 out of 10 level intensity. The patient admits to no trauma.

**Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

**Physical Examination:**

John,Smith is an awake, alert and oriented male that appears his stated age. They have a pleasant demeanor. They are able to follow commands appropriately. They are in no acute distress.

**Vitals:**

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

**Skin:** none

**The Patient has tenderness to palpation at:**

- undefined Elbow
- Right Lateral Epicondyle

**Range of motion:**

- Right Elbow Flexion/Extension 0-140°

**Strength:**

Right	Name	Left
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5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

**The patient has a positive:**

- Pain with Act Resisted Wrist Ext on the right Elbow

**Assessment: is a 38 year old with:**

1. Lateral epicondylitis, right elbow (M77.11)

**Plan:**

John Smith presents with signs and symptoms consistent with lateral epicondylitis, right elbow (m77.11)

Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit.

Treatment plan includes

- NSAIDS
- Cortisone
- Home Exercise Program - Heat, Stretching, Massage, Ice

. The patient will follow up 6 weeks. The patient is happy with the plan moving forward.

Dr. Ryan, Doctor



**4/9/2022, 5:39:33 PM**