

Smith, John

DOB: January 20th, 1984

MRN: Unarmed

Date: June 4th, 2022

Follow-up: .

Diagnosis: none

Work Duty: Sedentary Work - false greater than to the left false until next visit in

Chief Complaint: Right wrist pain

History Of Presenting Illness:

John Smith is a very pleasant 38 year old, left-hand dominant male who works as an engineer. He comes in today complaining of constant sharp, sore, tender pain to his right wrist. He states the symptoms have been present since June 1st, 2022, at moderate to severe level intensity and developed suddenly. He admits to injury: " i tripped over my dog.". He states symptoms are worse with carrying, lifting, grasping, and using phone and get better with ice, rest, and medication. He denies any radiating symptoms. He has not received treatment for this issue in the past. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg TID

Allergies:

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives
2. SYNTHROID (Oral Pill) - Sun reaction
3. Levothyroxine (Oral Pill) - Testing reaction
4. LEVO-T (Oral Pill) - Levi reaction

Medications:

1. amLODIPine (Oral Pill) - 5 mg 1x Daily

Past Medical History:

1. Anxiety
2. COPD/Emphysema
3. Seizure disorder

Past Surgical History:

- Carpal tunnel release

Family History:

Mother's Conditions: blood clots

Fathers's Conditions: heart disease, and stroke

Grand Parents Conditions: cancer, and stroke

Siblings Conditions: heart disease

Social History:

Occupation: Engineer

Martial Status: single

Smokes: No

Drinks: No

Hand Dominance: left

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination:

The patient has tenderness to palpation at:

- Thumb right hand IP Joint
- Index finger right hand PIP Joint
- Medial Epicondyle on the Right Elbow
- Olecranon on the Left Elbow
- Thumb right hand IP Joint
- Index finger right hand PIP Joint
- Medial Epicondyle on the Right Elbow
- Olecranon on the Left Elbow
- Middle finger right hand MCP RCL

The patient has no tenderness to palpation at:

- Lateral Epicondyle on the Right Elbow
- Radial Head/Neck on the Right Elbow
- Lateral Epicondyle on the Right Elbow
- Radial Head/Neck on the Right Elbow

Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

The patient will follow up.

Work Duty:

Sedentary Work - false greater than to the left false until next visit in

