# Muneer, Hussain Munir

**DOB:** February 15th, 1994

**MRN:** 123

Date: January 14th, 2022

Follow-up: 2 week

Diagnosis: Trigger finger, left middle finger

Work Duty: Full Duty - to the none greater than until next visit on

Chief Complaint: Left Hand tender, sore, locking, and catching

### **History Of Presenting Illness:**

Hussain Munir Muneer is a very pleasant 27 year old male who presents with the complaint of tender, sore, locking, and catching at Left Hand. He, states the symptoms have been present since September 1st, 2020, at mild to severe level intensity. He denies any injury. He states symptoms are worse with lifting, grasping, writing, and carrying and get better with massage, and heat. He denies any radiating symptoms.

Hussain Munir Muneer has received treatment for this issue in the past:

1. Cortisone

He has taken the following medications to help with this condition:

### Allergies:

- 1. ZOCOR (Oral Pill) As
- 2. ZOCOR (Oral Pill) Pollen

#### **Medications:**

- 1. ZOCOR (Oral Pill) 1 mcg 2x Daily
- 2. ZOCOR (Oral Pill) 3 mcg 3x Daily As Needed
- 3. SYNTHROID (Oral Pill)-8 gram Once Daily

### **Past Medical History:**

- 1. other
- 2. anemia
- 3. anxiety
- 4. asthma
- 5. COPD/Emphysema
- 6. Depression
- 7. high blood pressure
- 8. MRSA Infection
- 9. vascular

## Past Surgical History:

**Family History:** 

Mother's Conditions: none Fathers's Conditions: none

Grand Parents Conditions: Heart Disease, Hypertension, Stroke, and Diabetes

Siblings Conditions: none

**Social History:** 

Martial Status: single Smokes: yes - 1 pack/daily

**Drinks:** yes - 1 per sitting/weekly

**Review of Systems:** 

General: weight loss or gain Neurological: dizziness

Skin: lumps

Hematologic: none

Musculoskeletal: Muscle or joint pain **Endocrine:** Heat or cold intolerance

**Psychiatric:** Stress

**Physical Examination:** Hussain Munir Muneer is an a&o x 3 male that appears equal to the stated age. He has a pleasent demeanor. He is able to follow instructions. He is in no acute distress.

## Skin Exam positive for:

• Normal

## The Patient has tenderness to palpation at:

• A1 Pulley right hand at middle finger

Range of motion: Right: , Left:

### **Left Hand Strength:**

Right Strength	Name	Left Strength
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
	Hand	

5/5	APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5

The patient has a positive:

The patient has a negative:

# **Diagnostic Studies:**

#### Assessment:

Hussain Munir Muneer is a 27 year old male with: Trigger finger, left middle finger

**Plan:** Hussain Munir Muneer presents signs and symptoms consistent with: Trigger finger, left middle finger

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

### Cortisone

The patient will follow up in 2 week.

# Work Duty:

Full Duty