Munir, Hussain

**DOB:** January 20th, 1984

**MRN:** 789

Date: January 25th, 2022

Follow-up: 2 weeks

Diagnosis: Cholera, unspecified

Work Duty: Light Duty no pushing, and no typing greater than 5 lbs. to the 5 lbs. until next visit on Jan

26, 2022

Chief Complaint: Left Hand, Left Forearm, and Left Elbow, catching, and weakness,

## **History Of Presenting Illness:**

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of catching, and weakness at Left Hand, Left Forearm, and Left Elbow. He states the symptoms have been present since January 1st, 2022, at none to mild level intensity. He denies any injury. He states symptoms are worse with stairs, and lifting and get better with heat. He denies any radiating symptoms He has not received any treatment for this issue in the past He has taken the following medications to help with this condition:

#### **Medications:**

- 1. ZOCOR (Oral Pill)-4-mg 2x Daily
- 2. SYNTHROID (Oral Pill)-25-mg 2x Daily

## Past Medical History:

- 1. anxiety
- 2. asthma
- 3. COPD/Emphysema
- 4. thyroid

### **Past Surgical History:**

**Family History:** 

Mother's Conditions: Hypertension, and Arthritis

**Fathers's Conditions:** Heart Disease, Cancer, and Stroke **Grand Parents Conditions:** Cancer, Hypertension, and Stroke **Siblings Conditions:** Hypertension, Stroke, and Blood Clots

**Social History:** 

Martial Status: single Smokes: yes - 1 pack/daily Drinks: yes - 1 per sitting/daily

**Review of Systems:** 

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: Muscle or joint pain, and back pain

Endocrine: none Psychiatric: none

**Physical Examination:** Hussain Munir is a disoriented male that appears greater than stated age. He has a pleasent demeanor. He is able to follow instructions. He is in distress.

# Skin Exam positive for:

• Edema

- Pallor
- Abrasion
- CMC Joint right hand at thumb
- Metacarpal right hand at index finger
- MCP Joint right hand at middle finger
- Proximal Phalanx right hand at ring finger
- PIP Joint right hand at small finger
- AC Joint Shoulder
- Bicipital Groove Shoulder
- Corocoid Shoulder
- Lateral Proximal Humerus Shoulder

Range of motion: Supination: Right: 23, Left: 32

#### Left Hand, Left Forearm, and Left Elbow Strength:

Right Strength	Name	Left Strength
4/5	Shoulder Abduction	3/5
4/5	Shoulder Forward Flexion	2/5
4/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal	5/5

	Rotation	
5/5	Shoulder External Rotation	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5

The patient has a positive:

- Jobes on the right
- Speed Test on the left

- Hawkins on the right
- Jobes on the right
- Speed Test on the left
- Hawkins on the right
- Jobes on the right
- Speed Test on the left
- Hawkins on the right
- Jobes on the right
- Speed Test on the left
- Hawkins on the right

# The patient has a negative:

- Jobes on the left
- Speed Test on the right
- Hawkins on the left
- Jobes on the left
- Speed Test on the right
- Hawkins on the left
- Jobes on the left
- Speed Test on the right
- Hawkins on the left
- Jobes on the left
- Speed Test on the right
- Hawkins on the left

## **Diagnostic Studies:**

Edede

Ededd

#### **Assessment:**

Hussain Munir is a 38 year old male with: Cholera, unspecified

Plan: Hussain Munir presents signs and symptoms consistent with: Cholera, unspecified

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

- NSAIDS
- MRIEdeded
- Tylenol
- RICE
- EMGSee
- 4" Ace
- Walker

The patient will follow up in 2 weeks.

# Work Duty:

Light Duty no pushing, and no typing greater than 5 lbs. to the 5 lbs. until next visit on Jan  $26,\,2022$