

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** April 30th, 2022

**Follow-up:** in

**Diagnosis:** none

**Work Duty:** Sedentary Work - false greater than to the left false until next visit in

**Chief Complaint:** Left hand and grinding

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of frequent grinding to his left hand. He states the symptoms have been present since April 3rd, 2022, at severe to mild level intensity and developed suddenly. He denies any injury. He states symptoms are worse with bending over and get better with heat. He admits to the radiation of symptoms down right leg . He has received previous treatments. He has taken the following medications to help with this condition: Levothyroxine (Oral Pill)

**Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

**Past Medical History:**

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

**Past Surgical History:**

- NEEDLE ASPIRATION-ABS/HEMATOMA
- ARTHROPLASTY TOTAL KNEE
- ARTHROPLASTY TOTAL KNEE
- Hysterectomy
- I&D FURUNCLE
- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1
- REPAIR EXTEN. MUSCLE/TEN.
- test name

**Family History:****Mother's Conditions:** hypertension, and arthritis**Fathers's Conditions:** heart disease, cancer, and stroke**Grand Parents Conditions:** cancer, hypertension, and stroke**Siblings Conditions:** hypertension**Social History:****Occupation:** Engineer**Martial Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** right**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** John Smith is male that appears . He has . He is able to follow instructions. He is .

**Vitals:****Strength:**

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5

5/5	Hand Pinch	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

**Assessment:** John Smith is a 38 year old male with:

**Plan:** John Smith presents signs and symptoms consistent with: none

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

The patient will follow up in .

**Work Duty:**

Sedentary Work - false greater than to the left false until next visit in