Smith, John

**DOB:** January 20th, 1984

**MRN:** 789

Date: February 23rd, 2022

Follow-up: 2 weeks

**Diagnosis:** cholera due to vibrio cholerae 01, biovar eltor (a00.1)

Work Duty: Light Duty no pushing, no repetitive movements, no typing, and no weight bearing greater

than 10 lbs. to the rightarm until next visit on 6 weeks

Chief Complaint: Left hand, left elbow, left forearm, and left wrist pain, and tingling

## **History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of tingling and superficial pain to his left hand, left elbow, left forearm, and left wrist. He states the symptoms have been present since February 1st, 2022, at mild to moderate level intensity. He denies any injury. He states symptoms are worse with in & out of car, walking, and driving and get better with heat. He denies any radiating symptoms. He has received previous treatment including Cortisone and physical therapy which started on Feb 23, 2022 and has completed 1 sessions. He has taken the following medications to help with this condition: Levothyroxine (Oral Pill)

#### Allergies:

- 1. Levothyroxine (Oral Pill)
- 2. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 3. Penicillin V potassium (Oral Pill) Hives

#### **Medications:**

- 1. SYNTHROID (Oral Pill)-25-mg 2x Daily
- 2. Simvastatin (Oral Pill)-100 mcg 2x Daily
- 3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
- 4. Simvastatin (Oral Pill)-100 mcg 2x Daily
- 5. LEVO-T (Oral Pill)-100 mcg Once Daily

## Past Medical History:

- 1. anxiety
- 2. asthma
- 3. COPD/Emphysema
- 4. high blood pressure
- 5. seizure disorder

#### **Past Surgical History:**

- patient wala Knee arthroplasty total
- Carpal tunnel release

#### **Family History:**

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

**Social History:** 

Occupation: Engineer
Martial Status: single
Smokes: yes - 1 pack/daily
Drinks: yes - 1 per sitting/daily

Hand Dominance: left

#### **Review of Systems:**

General: fever or chills, and trouble sleeping

**Neurological:** tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none Psychiatric: none

**Physical Examination:** John Smith is an a&o x 2 male that appears greater than stated age. He has aggitation. He is able to follow instructions. He is in distress.

#### Vitals:

Ht: 5' 6" Wt: 130 lbs BMI: 20.980257

BP: 120/110 Pulse: 70 RR: 14

#### **Skin Exam positive for:**

- Erythema
- Ecchymosis
- Petechia
- Open Wound
- Warmth

#### The Patient has tenderness to palpation at:

- Metacarpal right hand at thumb
- MCP Joint right hand at middle finger
- Proximal Phalanx right hand at ring finger
- Arm\_Muscles\_Brachioradialis\_Muscle\_Right001

## Range of motion:

• Right Hand Opposition 30-50° Left Hand Opposition 50-60°

• Right Hand Circumduction 30-60° Left Hand Circumduction 40-60°

# **Strength:**

Right	Name	Left
3/5	Hand EPL	4/5
4/5	Hand FPL	3/5
3/5	Hand APB	4/5
3/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

# The patient has a positive:

- Scaphoid Shift on the left Wrist
- Tinel Median Nerve on the left Wrist

# The patient has a negative:

- Scaphoid Shift on the right Wrist
- Mid Carpal Clunk on the right Wrist
- Tinel Ulnar Nerve on the left Wrist
- Tinel Ulnar Nerve on the right Wrist

# **Diagnostic Studies:**

This is a test x-ray study

#### Dedeknnke

**Assessment:** John Smith is a 38 year old male with:

1. Cholera due to Vibrio cholerae 01, biovar eltor (A00.1)

**Plan:** John Smith presents signs and symptoms consistent with: cholera due to vibrio cholerae 01, biovar eltor (a00.1)

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

- Prescription Medication Cdcdc. No cjnjenj ce
- MRI Nednejdn ejdnenjenj bee ine ine
- Surgery I&D SEBACEOUS CYST-1 I&D ABSCESS-SIMPLE
- Walker
- Cane
- Crutches

The patient will follow up in 2 weeks.

### Work Duty:

Light Duty no pushing, no repetitive movements, no typing, and no weight bearing greater than 10 lbs. to the rightarm until next visit on 6 weeks