

Munir, Hussain

DOB: January 20th, 1984

MRN: 789

Date: January 26th, 2022

Follow-up: 1 week

Diagnosis: Cholera, unspecified

Work Duty: Light Duty no pushing, no repetitive movements, no weight bearing, and no bending greater than 5 lbs. to the 5 lbs. until next visit on Jan 26, 2022

Chief Complaint: Left Hand pain, numbness, catching, and swelling,

History Of Presenting Illness:

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of numbness , catching , swelling , and ,dull ,achy ,sharp , pain at Left Hand. He states the symptoms have been present since January 1st, 2022, at severe to severe level intensity. He "admits to yes i have a previous injury". He states symptoms are worse with weightbearing, lifting, carrying, walking, and writing and get better with massage, heat, and bracing. He denies any radiating symptoms. He has received treatment for this issue in the past. Cortisone Brace He has taken the following medications to help with this condition: Levothyroxine (Oral Pill) 100 mcg 2x Daily , LEVO-T (Oral Pill) 200 mg 3x Daily As Needed,

Allergies:

1. ZOCOR (Oral Pill) Zocor reaction

Medications:

1. ZOCOR (Oral Pill)-4-mg 2x Daily
2. SYNTHROID (Oral Pill)-25-mg 2x Daily
3. amLODIPine (Oral Pill) mcg 1x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

Family History:

Mother's Conditions: Hypertension, and Arthritis

Fathers's Conditions: Heart Disease, Cancer, and Stroke

Grand Parents Conditions: Cancer, Hypertension, and Stroke

Siblings Conditions: Hypertension, Stroke, and Blood Clots

Social History:

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: Muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: Hussain Munir is a disoriented male that appears greater than stated age. He has a pleasant demeanor. He is able to follow instructions. He is in distress.

Vitals:

Ht: 5' 6"

Wt: 130 lbs

BMI: 20.980257

BP: 120/130

Pulse: 70

RR: 14

Skin Exam positive for:

- Erythema
- Petechia
- Open Wound
- Warmth

The Patient has tenderness to palpation at:

- CMC Joint right hand at thumb
- Metacarpal right hand at index finger
- MCP Joint right hand at middle finger
- Proximal Phalanx right hand at ring finger
- PIP Joint right hand at small finger
- Arm_Muscles_Palmaris_Longus_Muscle_Left
- Arm_Muscles_Brachioradialis_Muscle_Left
- Arm_Muscles_Biceps_Brachii_Left

Range of motion:

- Right Hand 30-120 Left Hand 20-130

Left Hand Strength:



| Right Strength | Name | Left Strength |
|----------------|------------|---------------|
| 3/5 | Hand EPL | 4/5 |
| 3/5 | Hand FPL | 4/5 |
| 3/5 | Hand APB | 3/5 |
| 2/5 | Hand FDI | 4/5 |
| 5/5 | Hand ADM | 5/5 |
| 5/5 | Hand Grip | 5/5 |
| 5/5 | Hand Pinch | 5/5 |

Diagnostic Studies:

Xsxsx

Xsxsxs

Assessment:

Hussain Munir is a 38 year old male with: Cholera, unspecified

Plan: Hussain Munir presents signs and symptoms consistent with: Cholera, unspecified

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- MRI Xsxsx
- EMG Xsxsxsxcxc
- Viscosupplementation
- 2" Ace
- Crutches
- Ice machine

The patient will follow up in 1 week.

Work Duty:

Light Duty no pushing, no repetitive movements, no weight bearing, and no bending greater than 5 lbs. to the 5 lbs. until next visit on Jan 26, 2022