## Smith, John

**DOB:** January 20th, 1984

MRN: Unarmed c1 Date: June 12th, 2022

Follow-up: in 2 weeks.

**Diagnosis:** none **Work Duty:** Full duty

Chief Complaint: Right hand locking

## **History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, left-hand dominant male who works as an engineer. He comes in today complaining of frequent and locking to his right hand. He states the symptoms have been present since June 5th, 2022, at mild to severe level intensity and developed suddenly. He denies any injury. He states symptoms are worse with grasping, and driving and get better with rest. He denies any radiating symptoms. He has not received treatment for this issue in the past. He has not taken any medications to help with this issue.

## Allergies:

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives

#### **Medications:**

1. amLODIPine/Hydrochlorothiazide/Valsartan (Oral Pill) mg 1x Daily

## Past Medical History:

- 1. Anxiety
- 2. COPD/Emphysema
- 3. Seizure disorder

# **Past Surgical History:**

- Tonsillectomy
- Intrauterine device (IUD)
- Aortic valve replacement
- ARTHROPLASTY TOTAL KNEE
- NEUROLYSIS CARPAL TUNNEL
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- REPAIR EXTEN. MUSCLE/TEN.
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#### Family History:

Mother's Conditions: blood clots

Fathers's Conditions: heart disease, and stroke Grand Parents Conditions: cancer, and stroke

Siblings Conditions: heart disease

#### **Social History:**

Occupation: Engineer Martial Status: single

Smokes: No

**Drinks:** yes - 1 per sitting/weekly

**Hand Dominance:** left

**Review of Systems:** 

General: fever or chills, and trouble sleeping

**Neurological:** tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none Psychiatric: none

# **Physical Examination:**

General Examination: John Smith is disoriented male. He appears lesser than stated age. He has

aggitation. He is able to follow instructions. He is in distress. Gait is antalgic.

# **Skin Exam positive for:**

• Normal

#### Vascular Exam:

- Radial Pulse 2+
- Brachial Pulse 2+
- Capillary Refill 2+

#### **Sensation Exam:**

• Normal sensation distally

# **Strength:**

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5

5/5	Hand Pinch	5/5

**Assessment:** John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

• Cortisone -

The patient will follow up in 2 weeks.

# Work Duty:

Full duty