

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** June 27th, 2022

**MRN:** Unarmed c1

**Follow-up:**

**Diagnosis:** none

**Work Duty:** Full duty

**Chief Complaint:** Right shoulder pain

### **History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including nsais and tylenol. He states that since last visit, symptoms are worse and he grades his pain 5 to 8 out of 10 level intensity. The patient reports improvement in symptoms since receiving injection at last visit, and states that it was helpful for 2 weeks. The patient admits to no trauma.

### **Allergies:**

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives
2. SYNTHROID (Oral Pill) - 1234

### **Medications:**

1. amLODIPine/Hydrochlorothiazide/Valsartan (Oral Pill) mg 1x Daily

### **Physical Examination:**

**General Examination:** John Smith is an awake, alert and oriented male. He appears stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress. Gait is nonantalgic.

### **Vitals:**

Ht: 5' 6"

Wt: 130 lbs

BMI: 20.980257

BP: 120 / 80

Pulse: 70

RR: 14

Temp: 98°F

CV: Regular rate and rhythm

Pulm: CTAB

### **Skin Exam positive for:**

- Edema



### Vascular Exam:

Right	Name	Left
2+	Radial Pulse	2+
2+	Brachial Pulse	2+
2+	Capillary Refill	2+

### Neuro Exam:

- Normal sensation distally

### The patient has tenderness to palpation at:

- Right Shoulder Bicipital Groove
- Right Long Head of Biceps Tendon

### Range of motion:

- Right Shoulder Abduction  $0^{\circ}$ - $125^{\circ}$
- Left Shoulder Abduction  $0^{\circ}$ - $180^{\circ}$
- Right Shoulder Extension  $10^{\circ}$ - $135^{\circ}$
- Left Shoulder Extension  $45^{\circ}$

### Strength:

Right	Name	Left
4/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5

### Spine Strength:

Name	value
Thoracic/Lumbar Extension	4/5

### The patient has a positive:

- Speed Test on the Right Shoulder
- Hawkins on the Right Shoulder
- Neer on the Right Shoulder

**The patient has a negative:**

- Apprehension on the Right Shoulder
- Belly Press on the Right Shoulder

**Assessment: John Smith is a 38 year old with:**

**Plan:**

John Smith presents with signs and symptoms consistent with improved Bicipital tendinitis, right shoulder, and worsened Sprain of right rotator cuff capsule, initial encounter. Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- Tylenol
- Surgery - REPAIR SHOULD CUFF AVULSI
- Abduction sling

The patient is happy with the plan moving forward.

**Work Duty:** Full duty

Dr. Ryan, Doctor



**6/18/2022, 7:57:24 PM**