

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** Unarmed c1

**Date:** June 11th, 2022

**Follow-up:** in 6 weeks.

**Diagnosis:** carpal tunnel syndrome, right upper limb (g56.01)

**Work Duty:** Full duty

**Chief Complaint:** Right hand pain, numbness, tingling and locking

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, left-hand dominant male who works as an engineer. He comes in today complaining of occasional numbness, tingling, locking and tender pain to his right hand. He states the symptoms have been present since June 1st, 2022, at mild to moderate level intensity and developed gradually. He denies any injury. He states symptoms are worse with sleeping and get better with rest. He denies any radiating symptoms. He has not received treatment for this issue in the past. He has not taken any medications to help with this issue.

**Allergies:**

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives

**Medications:**

1. amlODIPine/Hydrochlorothiazide/Valsartan (Oral Pill) mg 1x Daily

**Past Medical History:**

1. Anxiety
2. COPD/Emphysema
3. Seizure disorder

**Past Surgical History:**

- Tonsillectomy
- Intrauterine device (IUD)
- Aortic valve replacement
- ARTHROPLASTY TOTAL KNEE

**Family History:**

**Mother's Conditions:** blood clots

**Fathers's Conditions:** heart disease, and stroke

**Grand Parents Conditions:** cancer, and stroke

**Siblings Conditions:** heart disease

**Social History:**

**Occupation:** Engineer

**Martial Status:** single

**Smokes:** No

**Drinks:** yes - 1 per sitting/weekly

**Hand Dominance:** left

**Review of Systems:**

**General:** fever or chills, and trouble sleeping

**Neurological:** tingling

**Skin:** none

**Hematologic:** none

**Musculoskeletal:** muscle or joint pain, and back pain

**Endocrine:** none

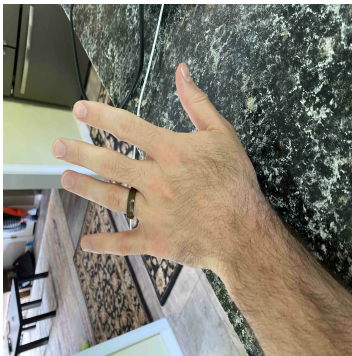
**Psychiatric:** none

**Physical Examination:**

**General Examination:** John Smith is disoriented male. He appears lesser than stated age. He has aggitation. He is able to follow instructions. He is in distress. Gait is antalgic.

**Skin Exam positive for:**

- Edema



**Strength:**

Right	Name	Left
4/5	Hand APB	5/5

**The patient has a positive:**

- Tinel Median Nerve on the Right Wrist
- Durkan on the Right Wrist
- Phalens on the Right Wrist

**The patient has a negative:**

- Tinel Median Nerve on the Left Wrist
- Durkan on the Left Wrist
- Phalens on the Left Wrist

**Assessment:** John Smith is a 38 year old male with:

1. Carpal tunnel syndrome, right upper limb (G56.01)

**Plan:** John Smith presents signs and symptoms consistent with: carpal tunnel syndrome, right upper limb (g56.01)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- EMG - RUE
- Wrist brace

The patient will follow up in 6 weeks.

**Work Duty:**

Full duty