

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: March 16th, 2022

Follow-up: after surgery

Diagnosis: none

Work Duty: Sedentary Work - false greater than to the left false until next visit in

Chief Complaint: Left hand, left wrist, and left knee pain, and grinding

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of Frequently grinding and deep pain to his left hand, left wrist, and left knee. He states the symptoms have been present since March 1st, 2022, at No Symptoms to mild level intensity and developed suddenly. He admits to injury: "we are in a group chat and i ". He states symptoms are worse with getting dressed, and carrying and get better with massage, ice, and rest. He admits to the radiation of symptoms. He has received previous treatment including cortisone, viscosupplementation, brace and physical therapy which started on 15-mar-2022 and has completed 5 sessions. He has not taken any medications to help with this issue.

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:

Occupation: Engineer

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Hand Dominance: left

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He is .

Vitals:

Ht: 5' 6"

Wt: 130 lbs

BMI: 20.980257

BP: 12

Pulse: 70

RR: 14

Skin Exam positive for:

- Pallor to the 12 123 in size, 345

The Patient has tenderness to palpation at:

- DRUJ Wrist
- Ulnar Fovea Wrist
- DRUJ Wrist
- Ulnar Fovea Wrist
- Arm Muscles Biceps Brachii Right

Strength:

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5

5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Surgery EXCISION LESION HEAD HAND FT.

The patient will follow up after surgery.

Work Duty:

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