Smith, John
DOB: January 20th, 1984
MRN: Unarmed
Date: May 27th, 2022

Follow-up: in 1 week with X-Rays
Diagnosis: none
Work Duty: Full duty

Chief Complaint: Left side of neck pain

History Of Presenting Illness:

John Smith is a very pleasant 38 year old, left hand dominant, male who works as an engineer. He comes in today complaining of occasional sore pain to his left side of neck. He states the symptoms have been present since May 1st, 2022, at severe to mild level intensity and developed gradually. He denies any injury. He states symptoms are worse with lifting overhead and get better with ice. He admits to the radiation of symptoms . He has received previous treatment. He has taken the following medications to help with this condition: Simvastatin (Oral Pill)

Allergies:
1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Sulfamethoxazole/Trimethoprim (Oral Pill) Hives
3. Penicillin V potassium (Oral Pill) Hives

Medications:
1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
2. amLODIPine (Oral Pill) mcg 2x Daily

Past Medical History:
1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

Past Surgical History:
- REPAIR EXTEN. MUSCLE/TEN.
- Knee replacement
- Carpal tunnel release
- REPAIR EXTENSOR TENDON LE
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- NEEDLE ASPIRATION-ABS/HEMATOMA

Family History:
Mother's Conditions: blood clots
Fathers's Conditions: heart disease, and stroke

Grand Parents Conditions: cancer, and stroke
Siblings Conditions: heart disease

Social History:
Occupation: Engineer
Martial Status: single
Smokes: No
Drinks: No
Hand Dominance: left

Review of Systems:
General: fever or chills, and trouble sleeping
Neurological: tingling
Skin: none
Hematologic: none
Musculoskeletal: muscle or joint pain, and back pain
Endocrine: none
Psychiatric: none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasent demeanor. He is able to follow instructions. He is in no acute distress. Gait is antalgic

Vitals:

Ht: 5' 6"
Wt: 130 lbs
BMI: 20.980257
BP: 120 / 80
Pulse: 70
RR: 14
CV: Regular rate and rhythm
PL: Crackles

The Patient has tenderness to palpation at:
- AC Joint Shoulder right
- Bicipital Groove Shoulder right

Range of motion:

- Right Neck Cervical Extension 0°- 15° Left Neck Cervical Extension 0°-40°

Strength:

Right	Name	Left
5/5	Upper Spine Shoulder Abduction	5/5

5/5	Upper Spine Elbow Flexionn	5/5
5/5	Upper Spine Elbow Extension	5/5
5/5	Upper Spine Hand Grasp	5/5
5/5	Upper Spine APB	5/5
5/5	Upper Spine FDI	5/5
5/5	Upper Spine ADM	5/5
5/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5

Spine Strength:

Name	value
Cervical Spine Flexion	5/5
Cervical Spine Extension	5/5
Thoracic/Lumbar Flexion	5/5
Thoracic/Lumbar Extension	5/5

Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis and treatment plan was reviewed with the patient at today's visit.
Treatment plan includes:

- Tylenol
- Rest, ice, compress, elevate
- Coban

The patient will follow up in 1 week with X-Rays.

Work Duty:

Full duty