

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** February 7th, 2022

**Follow-up:**

**Diagnosis:** none

**Work Duty:** Sedentary Work false greater than to the left false until next visit on

**Chief Complaint:** Left hand, left forearm, and left elbow pain, and numbness

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of numbness and sore pain to his left hand, left forearm, and left elbow. He states the symptoms have been present since February 1st, 2022, at none to mild level intensity. He denies any injury. He states symptoms are worse with weightbearing, socks & shoes, and writing and get better with ice. He denies any radiating symptoms. He has received treatment for this issue in the past including Cortisone Viscosupplementation and Physical Therapy. He has not taken any medications to help with this issue.

**Allergies:**

1. Levothyroxine (Oral Pill)
2. Acetaminophen/Codeine (Oral Pill) Hallucinations
3. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily
3. Simvastatin (Oral Pill)-100 mcg 2x Daily

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

**Past Surgical History:**

- Knee arthroplasty - total
- Carpal tunnel release
- Arthroscopy

**Family History:**

**Mother's Conditions:** hypertension, and arthritis

**Fathers's Conditions:** heart disease, cancer, and stroke

**Grand Parents Conditions:** cancer, hypertension, and stroke

**Siblings Conditions:** hypertension

**Social History:****Occupation:** Engineer**Marital Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** left**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** John Smith is male that appears . He has . He is able to follow instructions. He is .

**Vitals:**

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

**Range of motion:**

- Right Elbow Extension 12° Left Elbow Extension 13°

**Strength:**

Right	Name	Left
5/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5

5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5

**Assessment:** John Smith is a 38 year old male with:

**Plan:** John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- RICE
- Viscosupplementation
- Cortisone

The patient will follow up in .

**Work Duty:**

Sedentary Work false greater than to the leftfalse until next visit on

Ali, M.D.