

# Follow Up Note

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** March 3rd, 2022

**Return:** 1 month

**Diagnosis:** unilateral primary osteoarthritis, right knee (ml 7.11)

**Work Duty:** Full duty

**Chief Complaint:** Right knee pain

**History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, the patient has been compliant with treatment plan including NSAIDS Tylenol . He states that since last visit, symptoms are Better, and grades his pain 3 level intensity. The patient reports no improvement in symptoms since receiving injection at last visit, and states that it was helpful . The patient admits to no trauma. .

**Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

**Physical Examination:**

John,Smith is an awake, alert and oriented male that appears his stated age. They have a pleasant demeanor. They are able to follow commands appropriately. They are in no acute distress.

**Vitals:**

Ht: 5' 8"

Wt: 155 lbs

BMI: 23.565096

BP: 120/80

Pulse: 64

RR: 15

**Skin:** none

**The Patient has tenderness to palpation at:**

- undefined Knee
- undefined Knee
- Right\_Anteromedial\_Joint\_Line
- Plane042

**Range of motion:**

- Right Knee Flexion 10-110° Left Knee Flexion 0-130°

**Strength:**

Right	Name	Left
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

**Reflexes:**

Right	Name	Left
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**The patient has a positive:**

- Patellofemoral Grind on the right Knee

**Assessment: is a 38 year old with:**

1. Unilateral primary osteoarthritis, right knee (M17.11)

**Plan:**

John Smith presents with signs and symptoms consistent with unilateral primary osteoarthritis, right knee (m17.11) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes NSAIDS Tylenol . The patient will follow up 1 month. The patient was provided with . The patient is happy with the plan moving forward.

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