John, Smith

DOB: January 20th, 1984

Date Of Encounter: May 29th, 2022

MRN: Unarmed

Follow-up:

Diagnosis: other meniscus derangements, unspecified medial meniscus, right knee (m23.303)

Work Duty: Light Duty - no lifting, no pushing, no pulling, and no grasping greater than 5 lbs. to the

right hand until next visit in 1 month

Chief Complaint: Left knee pain

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has not been compliant with treatment plan. He states that since last visit, symptoms are the same, and grades his pain 0 to 10 out of 10 level intensity. The patient reports no improvement in symptoms since receiving injection at last visit. The patient admits to no trauma.

Allergies:

- 1. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 2. Sulfamethoxazole/Trimethoprim (Oral Pill) Hives
- 3. Penicillin V potassium (Oral Pill) Hives

Medications:

- 1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
- 2. amLODIPine (Oral Pill) mcg 2x Daily

Physical Examination:

John, Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

Vitals:

Ht: 5' 6" Wt: 130 lbs

BMI: 20.980257 BP: 120 / 80 Pulse: 70 RR: 14

CV: Regular rate and rhythm

PULM: CTAB

Skin: none

The Patient has tenderness to palpation at:

Strength:

Right	Name	Left
5/5	Knee Flexion	5/5

5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

Assessment: John Smith is a 38 year old with:

1. Other meniscus derangements, unspecified medial meniscus, right knee (M23.303)

Plan:

John Smith presents with signs and symptoms consistent with worsened Other meniscus derangements, unspecified medial meniscus, right knee} Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit.

The patient is happy with the plan moving forward.

Work Duty:

Light Duty - no lifting, no pushing, no pulling, and no grasping greater than 5 lbs. to the right hand until next visit in 1 month