

**Munir, Hussain**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** January 20th, 2022

**Follow-up:** 1 month

**Diagnosis:** none

**Work Duty:** Full duty

**Chief Complaint:** Left Knee pain,

**History Of Presenting Illness:**

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of Dull pain, Achy pain, Sore pain, and Deep pain at Left Knee. He, states the symptoms have been present since December 6th, 2020, at Mild to Severe level intensity. He denies any injury. He states symptoms are worse with weightbearing, walking, and stairs and get better with ice, rest, and medication. He denies any radiating symptoms. He has received treatment for this issue in the past Cortisone Brace He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg 2x Daily , TYLENOL (Oral Pill) ,

**Allergies:**

**Medications:**

1. ZOCOR (Oral Pill)-4-mg 2x Daily
2. SYNTHROID (Oral Pill)-25-mg 2x Daily

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema

**Past Surgical History:**

**Family History:**

**Mother's Conditions:** Hypertension, and Arthritis

**Fathers's Conditions:** Heart Disease, and Stroke

**Grand Parents Conditions:** Cancer, Hypertension, and Stroke

**Siblings Conditions:** Hypertension, and Stroke

**Social History:**

**Martial Status:** single

**Smokes:** yes - 1 pack/daily

**Drinks:** yes - 1 per sitting/daily

**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** Muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** Hussain Munir is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Skin Exam positive for:**

- Normal

**Range of motion:** Abduction: Right: , Left:**Left Knee Strength:**

Right Strength	Name	Left Strength
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5

The patient has a positive:

- McMurray on the left
- McMurray on the left

The patient has a negative:

- McMurray on the right
- McMurray on the right

**Diagnostic Studies:**

Three view x-rays of the right knee demonstrate severe osteoarthritic changes with joint space narrowing sclerosis and osteophyte formation

**Assessment:**

Hussain Munir is a 38 year old male with: none

**Plan:** Hussain Munir presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- RICE
- Cortisone
- NSAIDS
- Tylenol
- RICE
- Cortisone
- 

The patient will follow up in 1 month.

**Work Duty:**

Full duty