

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** June 11th, 2022

**MRN:** Unarmed c1

**Follow-up:**

**Diagnosis:** carpal tunnel syndrome, right upper limb (g56.01)

**Work Duty:** Full duty

**Chief Complaint:** Right hand pain, numbness, tingling and locking

**History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including emg and wrist brace. He states that since last visit, symptoms are worse and he grades his pain 6 to 8 out of 10 level intensity. The patient admits to no trauma.

**Allergies:**

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives

**Medications:**

1. amLODIPine/Hydrochlorothiazide/Valsartan (Oral Pill) mg 1x Daily

**Physical Examination:**

**General Examination:** John Smith is disoriented male. He appears lesser than stated age. He has aggitation. He is able to follow instructions. He is in distress. Gait is antalgic.

**Vitals:**

Ht: 3' 3"

Wt: 78 lbs

BMI: 36.05128

BP: 84 / 53

Pulse: 30

**Skin Exam positive for:**

- Normal
- Normal

**The patient has tenderness to palpation at:**

- Right Wrist Distal Ulna
- Right Wrist Snuffbox
- Right Wrist Distal Ulna
- Right Wrist Snuffbox
- Thumb right hand CMC Joint
- Index finger right hand CMC Joint

**Strength:**

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Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
4/5	Hand APB	5/5
5/5	Hand FDI	5/5

**The patient has a positive:**

- Tinel Median Nerve on the Right Wrist
- Durkan on the Right Wrist

**Assessment: John Smith is a 38 year old with:**

1. Carpal tunnel syndrome, right upper limb (G56.01)

**Plan:**

John Smith presents with signs and symptoms consistent with worsened Carpal tunnel syndrome, right upper limb. Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- Surgery NEUROLYSIS CARPAL TUNNEL NEUROLYSIS CARPAL TUNNEL

The patient is happy with the plan moving forward.

**Work Duty:**

Full duty