

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: March 30th, 2022

Follow-up: in

Diagnosis: none

Work Duty: Sedentary Work - false greater than to the left false until next visit in

Chief Complaint: Left forearm and grinding

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of frequent grinding to his left forearm. He states the symptoms have been present since March 1st, 2022, at severe to mild level intensity and developed suddenly. He denies any injury. He states symptoms are worse with bending over, putting on socks and shoes, squatting, and running and get better with heat, sitting, and bracing. He admits to the radiation of symptoms down right leg, down left arm, into groin, into thigh, and into neck. He has received previous treatment including cortisone. He has not taken any medications to help with this issue.

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

Past Surgical History:

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:

Occupation: Engineer
Marital Status: single
Smokes: yes - 1 pack/daily
Drinks: yes - 1 per sitting/daily
Hand Dominance: left

Review of Systems:

General: fever or chills, and trouble sleeping
Neurological: tingling
Skin: none
Hematologic: none
Musculoskeletal: muscle or joint pain, and back pain
Endocrine: none
Psychiatric: none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He is .

Vitals:

BMI: 0.0

Strength:

Right	Name	Left
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis and treatment plan was reviewed with the patient at today's visit.
Treatment plan includes:

The patient will follow up in .

Work Duty:

Sedentary Work - false greater than to the left false until next visit in