

**Munir, Hussain**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** January 26th, 2022

**Follow-up:** 1 month

**Diagnosis:** Other tear of unspecified meniscus, current injury, right knee, initial encounter

**Work Duty:** Light Duty no kneeling, and no climbing greater than to the until next visit on Feb 14, 2022

**Chief Complaint:** Right Knee pain,

**History Of Presenting Illness:**

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of dull, achy, and sore at Right Knee. He states the symptoms have been present since January 1st, 2022, at mild to severe level intensity. He "admits to Twisted knee". He states symptoms are worse with weightbearing, walking, pivoting, stairs, and kneeling and get better with medication, and bracing. He denies any radiating symptoms. He has not received any treatment for this issue in the past. He has taken the following medications to help with this condition: ALEVE (Oral Pill) 220 mg 2x Daily ,

**Allergies:**

1. ZOCOR (Oral Pill) Zocor reaction

**Medications:**

1. ZOCOR (Oral Pill)-4-mg 2x Daily
2. SYNTHROID (Oral Pill)-25-mg 2x Daily
3. amLODIPine (Oral Pill) mcg 1x Daily

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

**Past Surgical History:**

**Family History:**

**Mother's Conditions:** Hypertension, and Arthritis

**Fathers's Conditions:** Heart Disease, Cancer, and Stroke

**Grand Parents Conditions:** Cancer, Hypertension, and Stroke

**Siblings Conditions:** Hypertension, Stroke, and Blood Clots

**Social History:**

**Martial Status:** single

**Smokes:** yes - 1 pack/daily

**Drinks:** yes - 1 per sitting/daily

**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** Muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** Hussain Munir is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

Ht:

Wt:

BMI:

BP:

Pulse:

RR:

**Skin Exam positive for:**

- Edema

**Range of motion:** External Rotation: Right: 10, Left:**Right Knee Strength:**

Right Strength	Name	Left Strength
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5
5/5	Knee Flexion	5/5
4/5	Knee Extension	5/5

The patient has a positive:

- McMurray on the right
- McMurray on the right

The patient has a negative:

- McMurray on the left
- McMurray on the left

**Diagnostic Studies:**

Four of you x-rays of the right knee demonstrate well preserved joint spaces with no fractures or dislocations no lytic or blastic changes no significant degenerative joint changes.

**Assessment:**

Hussain Munir is a 38 year old male with: Other tear of unspecified meniscus, current injury, right knee, initial encounter

**Plan:** Hussain Munir presents signs and symptoms consistent with: Other tear of unspecified meniscus, current injury, right knee, initial encounter

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Cortisone
- Hinged knee brace

The patient will follow up in 1 month.

**Work Duty:**

Light Duty no kneeling, and no climbing greater than to the until next visit on Feb 14, 2022