

Munir, Hussain

DOB: January 20th, 1984

MRN: 789

Date: January 27th, 2022

Follow-up: 1 month

Diagnosis: none

Work Duty: Sedentary Work false greater than to the until next visit on

Chief Complaint: Left Ankle pain,

History Of Presenting Illness:

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of ,Dull ,Achy ,Sharp , pain at Left Ankle. He states the symptoms have been present since January 2nd, 2022, at Mild to Moderate level intensity. He "admits to rolled ankle". He states symptoms are worse with weightbearing, and walking and get better with ice, rest, bracing, and medication. He denies any radiating symptoms. He has received treatment for this issue in the past. Brace He has taken the following medications to help with this condition: ALEVE (Oral Pill) 220 mg 2x Daily , ALEVE (Oral Pill) ,

Allergies:

1. ZOCOR (Oral Pill) Zocor reaction

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

Family History:

Mother's Conditions: Hypertension, and Arthritis

Fathers's Conditions: Heart Disease, Cancer, and Stroke

Grand Parents Conditions: Cancer, Hypertension, and Stroke

Siblings Conditions: Hypertension

Social History:

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Review of Systems:**General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** Muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

Physical Examination: Hussain Munir is an a&o x 3, and a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht: 5

Wt: 5

BMI: 5

BP:

Pulse:

RR: 5

Skin Exam positive for:

- Edema
- Ecchymosis

The Patient has tenderness to palpation at:

- TMT Joint right ankle
- TMT Joint right ankle

Range of motion:**Strength:**

Right	Name	Left
5/5	Ankle Dorsiflexion	5/5
5/5	Ankle Plantarflexion	5/5
5/5	Ankle Inversion	5/5
5/5	Ankle Eversion	5/5
5/5	Ankle EHL	5/5
5/5	Ankle FHL	5/5

Diagnostic Studies:

X-ray is ordered performed interpreted today by me demonstrate a Jones fracture of the left foot

Assessment:

Hussain Munir is a 38 year old male with: none

Plan: Hussain Munir presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- Cortisone

The patient will follow up in 1 month.

Work Duty:

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