John, Smith

DOB: January 20th, 1984

Date Of Encounter: May 12th, 2022

MRN: 789

Return: The patient will follow up in 2 weeks.

Diagnosis: sprain of unspecified ligament of right ankle, initial encounter (s93.401a)

Work Duty: Full duty

Chief Complaint: Right ankle pain

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including crutches, and physical therapy. He states that since last visit, symptoms are worse, and grades his pain 0 to 7 out of 10 level intensity. The patient admits to no trauma. ""

Allergies:

- 1. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 2. Penicillin V potassium (Oral Pill) Hives

Medications:

- 1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
- 2. LEVOXYL (Oral Pill)-7 mcg Once Daily
- 3. SYNTHROID (Oral Pill)-200 mcg Once Daily As Needed
- 4. ABILIFY (Oral Pill)-6 mcg 2x Daily As Needed

Physical Examination:

John, Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

Skin: none

The Patient has tenderness to palpation at:

Strength:

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Right	Name	Left
5/5	Ankle Dorsiflexion	5/5
5/5	Ankle Plantarflexion	5/5
5/5	Ankle Inversion	5/5
5/5	Ankle Eversion	5/5
5/5	Ankle EHL	5/5
5/5	Ankle FHL	5/5
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5

Assessment: is a 38 year old with:

1. Sprain of unspecified ligament of right ankle, initial encounter (S93.401A)

Plan:

John Smith presents with signs and symptoms consistent with sprain of unspecified ligament of right ankle, initial encounter (s93.401a) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- Tylenol
- RICE
- Crutches
- Aircast
- PTTD Airlift
- Tall Cam Walker boot

The patient will follow up in 2 weeks. The patient was provided with Crutches, Aircast, PTTD Airlift, and Tall Cam Walker boot. The patient is happy with the plan moving forward.