

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** February 9th, 2022

**Follow-up:**

**Diagnosis:** none

**Work Duty:** Sedentary Work false greater than to the leftfalse until next visit on

**Chief Complaint:** Left hand, and left forearm

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of to his left hand, and left forearm. He states the symptoms have been present since February 1st, 2022, at none to none level intensity. He denies any injury. He states symptoms are worse with false and get better with false. He denies any radiating symptoms. He has not received treatment for this issue in the past. He has not taken any medications to help with this issue.

**Allergies:**

1. Levothyroxine (Oral Pill)
2. Acetaminophen/Codeine (Oral Pill) Hallucinations
3. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily
3. Simvastatin (Oral Pill)-100 mcg 2x Daily

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

**Past Surgical History:**

- Knee arthroplasty - total
- Carpal tunnel release
- Arthroscopy

**Family History:**

**Mother's Conditions:** hypertension, and arthritis

**Fathers's Conditions:** heart disease, cancer, and stroke

**Grand Parents Conditions:** cancer, hypertension, and stroke

**Siblings Conditions:** hypertension

**Social History:****Occupation:** Engineer**Martial Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** left**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** John Smith is male that appears . He has . He is able to follow instructions. He is .

**Vitals:**

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

**Strength:**

| Right | Name       | Left |
|-------|------------|------|
| 3/5   | Hand EPL   | 3/5  |
| 5/5   | Hand FPL   | 5/5  |
| 5/5   | Hand APB   | 5/5  |
| 5/5   | Hand FDI   | 5/5  |
| 5/5   | Hand ADM   | 5/5  |
| 5/5   | Hand Grip  | 5/5  |
| 5/5   | Hand Pinch | 5/5  |

|     |                               |     |
|-----|-------------------------------|-----|
| 5/5 | Wrist Flexion                 | 5/5 |
| 5/5 | Wrist Extension               | 5/5 |
| 5/5 | Wrist Pronation               | 5/5 |
| 5/5 | Wrist Supination              | 5/5 |
| 5/5 | Elbow Flexion                 | 5/5 |
| 5/5 | Elbow Extension               | 5/5 |
| 5/5 | Shoulder Abduction            | 5/5 |
| 5/5 | Shoulder Forward Flexion      | 5/5 |
| 5/5 | Shoulder Horizontal Abduction | 5/5 |
| 5/5 | Shoulder Internal Rotation    | 5/5 |
| 5/5 | Shoulder External Rotation    | 5/5 |

**Assessment:** John Smith is a 38 year old male with:

**Plan:** John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

The patient will follow up in .

**Work Duty:**

Sedentary Work false greater than to the leftfalse until next visit on