

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** May 29th, 2022

**MRN:** Unarmed

**Follow-up:** in 1 month.

**Diagnosis:** other meniscus derangements, unspecified medial meniscus, right knee (m23.303)

**Work Duty:** Sedentary Work - false greater than to the left false until next visit in

**Chief Complaint:** Left knee pain

### **History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including nsaid, crutches, and hinged knee brace. He states that since last visit, symptoms are worse, and grades his pain 6 to 8 out of 10 level intensity. The patient reports no improvement in symptoms since receiving injection at last visit. The patient admits to no trauma.

### **Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Sulfamethoxazole/Trimethoprim (Oral Pill) Hives
3. Penicillin V potassium (Oral Pill) Hives

### **Medications:**

1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
2. amLODIPine (Oral Pill) mcg 2x Daily

### **Physical Examination:**

John,Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

**Skin:** none

### **The Patient has tenderness to palpation at:**

- Anteromedial Joint Line Knee right
- Plane

### **Range of motion:**

- Right Knee Flexion/Extension 5°-140° Left Knee Flexion/Extension 0°-140°

### **Strength:**

<b>Right</b>	<b>Name</b>	<b>Left</b>
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

**The patient has a positive:**

- McMurray on the Right Knee

**Assessment: John Smith is a 38 year old with:**

1. Other meniscus derangements, unspecified medial meniscus, right knee (M23.303)

**Plan:**

John Smith presents with signs and symptoms consistent with worsened Lateral epicondylitis, right elbowOther meniscus derangements, unspecified medial meniscus, right kneeOther meniscus derangements, unspecified medial meniscus, right knee, improved Lateral epicondylitis, right elbowOther meniscus derangements, unspecified medial meniscus, right knee, improved Lateral epicondylitis, right elbowOther meniscus derangements, unspecified medial meniscus, right knee, and improved Lateral epicondylitis, right elbowOther meniscus derangements, unspecified medial meniscus, right knee} Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit.

- Knee immobilizer 20"
- ROM brace

in 1 month. The patient was provided with Knee immobilizer 20", and ROM brace. The patient is happy with the plan moving forward.

**Work Duty:**

Sedentary Work - false greater than to the left false until next visit in