

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** February 9th, 2022

**Follow-up:** 1 month

**Diagnosis:** carpal tunnel syndrome, right upper limb (g56.01)

**Work Duty:** Sedentary Work false greater than to the left false until next visit on

**Chief Complaint:** Right hand pain, numbness, and weakness

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of numbness, weakness and dull, burning pain to his right hand. He states the symptoms have been present since January 1st, 2022, at mild to moderate level intensity. He denies any injury. He states symptoms are worse with writing, and sleeping and get better with bracing. He denies any radiating symptoms. He has received previous treatment including and Brace. He has not taken any medications to help with this issue.

**Allergies:**

1. Levothyroxine (Oral Pill)
2. Acetaminophen/Codeine (Oral Pill) Hallucinations
3. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

**Past Surgical History:**

- Knee arthroplasty - total
- Carpal tunnel release
- Arthroscopy
- Intrauterine device (IUD)

**Family History:**

**Mother's Conditions:** hypertension, and arthritis

**Fathers's Conditions:** heart disease, cancer, and stroke

**Grand Parents Conditions:** cancer, hypertension, and stroke

**Siblings Conditions:** hypertension

**Social History:****Occupation:** Engineer**Marital Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** left**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

**Skin Exam positive for:**

- Normal

**Strength:**

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
4/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5

5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

**The patient has a positive:**

- Tinel Median Nerve on the right Wrist
- Durkan on the right Wrist

**Assessment:** John Smith is a 38 year old male with:

1. Carpal tunnel syndrome, right upper limb (G56.01)

**Plan:** John Smith presents signs and symptoms consistent with: carpal tunnel syndrome, right upper limb (g56.01)

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- Compression gloves

The patient will follow up in 1 month.

**Work Duty:**

Sedentary Work false greater than to the leftfalse until next visit on