

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: February 9th, 2022

Follow-up:

Diagnosis: none

Work Duty: Sedentary Work false greater than to the left false until next visit on

Chief Complaint: Left hand, left wrist, and left forearm pain, and catching

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of catching and superficial pain to his left hand, left wrist, and left forearm. He states the symptoms have been present since February 1st, 2022, at mild to mild level intensity. He denies any injury. He states symptoms are worse with getting dressed, and weightbearing and get better with ice. He denies any radiating symptoms. He has received previous treatment include Cortisone and physical therapy which started on Feb 9, 2022 and had 48 sessions completed. He has not taken any medications to help with this issue.

Allergies:

1. Levothyroxine (Oral Pill)
2. Acetaminophen/Codeine (Oral Pill) Hallucinations
3. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily
3. Simvastatin (Oral Pill)-100 mcg 2x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- Knee arthroplasty - total
- Carpal tunnel release
- Arthroscopy

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:**Occupation:** Engineer**Martial Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** left**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He is .

Vitals:

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

Strength:

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5

5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5
5/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5

Spine Strength:

Name	value
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Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

The patient will follow up in .

Work Duty:

Sedentary Work false greater than to the leftfalse until next visit on