

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** February 23rd, 2022

**Follow-up:**

**Diagnosis:** none

**Work Duty:** Sedentary Work no weight bearing greater than to the left arm until next visit on 3 weeks

**Chief Complaint:** Right ankle, left ankle, and left anterior lower leg and grinding

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of grinding to his right ankle, left ankle, and left anterior lower leg. He states the symptoms have been present since February 1st, 2022, at none to mild level intensity. He denies any injury. He states symptoms are worse with in & out of car and get better with bracing. He denies any radiating symptoms. He has not received treatment for this issue in the past. He has not taken any medications to help with this issue.

**Allergies:**

1. Levothyroxine (Oral Pill)
2. Acetaminophen/Codeine (Oral Pill) Hallucinations
3. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

**Past Medical History:**

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

**Past Surgical History:**

- Knee arthroplasty - total
- Carpal tunnel release
- Aortic valve replacement

**Family History:**

**Mother's Conditions:** hypertension, and arthritis

**Fathers's Conditions:** heart disease, cancer, and stroke

**Grand Parents Conditions:** cancer, hypertension, and stroke

**Siblings Conditions:** hypertension

**Social History:****Occupation:** Engineer**Marital Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** left**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** John Smith is male that appears . He has . He is able to follow instructions. He is .

**Vitals:**

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

**Skin Exam positive for:**

- Petechia
- Abrasion

**Range of motion:**

- Right Hip Internal Rotation 3° Left Hip Internal Rotation 12°
- Right Hip Abduction 0° Left Hip Abduction 12°

**Strength:**

| Right | Name                 | Left |
|-------|----------------------|------|
| 5/5   | Ankle Dorsiflexion   | 5/5  |
| 5/5   | Ankle Plantarflexion | 5/5  |
| 5/5   | Ankle Inversion      | 5/5  |

|     |                |     |
|-----|----------------|-----|
| 5/5 | Ankle Eversion | 5/5 |
| 5/5 | Ankle EHL      | 5/5 |
| 5/5 | Ankle FHL      | 5/5 |
| 5/5 | Knee Flexion   | 5/5 |
| 5/5 | Knee Extension | 5/5 |

**Assessment:** John Smith is a 38 year old male with:

**Plan:** John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Surgery I&D (NON)/INFECTED CYST I&D FURUNCLE I&D ABSCESS-SIMPLE

The patient will follow up in .

**Work Duty:**

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