

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: May 9th, 2022

Follow-up: in

Diagnosis: unilateral primary osteoarthritis, left hip (m16.12)

Work Duty: Full duty

Chief Complaint: Left hip pain

History Of Presenting Illness:

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an Engineer. He comes in today complaining of constant dull, achy, sharp pain to his left hip. He states the symptoms have been present since May 1st, 2020, at mild to severe level intensity and developed gradually. He denies any injury. He states symptoms are worse with weightbearing, walking, and in & out of car and get better with rest, and medication. He admits to the radiation of symptoms down left leg . He has not received treatment for this issue in the past. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg BID

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
4. ZOCOR (Oral Pill)-100 mcg 2x Daily

Past Medical History:

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

Past Surgical History:

- SKIN BIOPSY
- Hysterectomy
- Intrauterine device (IUD)

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:

Occupation: Engineer

Marital Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Hand Dominance: right

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Skin Exam positive for:

- Normal

The Patient has tenderness to palpation at:

- ASIS Hip
- AIIS Hip
- Iliac Crest Hip
- Ischium Hip
- Left Greater Trochanter

Range of motion:

- Right Hip Flexion 30°-120° Left Hip Flexion 25°-90°

Strength:

Right	Name	Left
5/5	Hip Flexion	4/5
5/5	Hip Extension	5/5

5/5	Hip Abduction	5/5
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The patient has a positive:

- FABER on the left Hip
- FADIR on the left Hip
- Stinchfield on the left Hip
- Log Roll on the left Hip

Diagnostic Studies:

Right hip x rays demonstrate significant degenerative changes.

Assessment: John Smith is a 38 year old male with:

1. Unilateral primary osteoarthritis, left hip (M16.12)

Plan: John Smith presents signs and symptoms consistent with: unilateral primary osteoarthritis, left hip (m16.12)

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Cortisone Right Hip

The patient will follow up in .

Work Duty:

Full duty