

John,Smith

DOB: January 20th, 1984

Date Of Encounter: April 1st, 2022

Return:

Diagnosis: unilateral primary osteoarthritis, right knee (m17.11)

Work Duty: Full duty

Chief Complaint: Right knee pain, grinding, and swelling

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, the patient has been compliant with treatment plan including Tylenol RICE . He states that since last visit, symptoms are Worse, and grades his pain 0 to 9 out of 10 level intensity. The patient reports no improvement in symptoms since receiving injection at last visit, and states that it was helpful . The patient admits to trauma,including .

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Physical Examination:

John,Smith is an awake, alert and oriented male that appears his stated age. They have a pleasant demeanor. They are able to follow commands appropriately. They are in no acute distress.

Vitals:

Ht: 5' 8"

Wt: 185 lbs

BMI: 28.12608

BP: 120/80

Pulse: 64

RR: 16

Skin: none

The Patient has tenderness to palpation at:

- undefined Knee
- undefined Knee
- undefined Knee
- undefined Knee
- Right Anteromedial Joint Line
- Right Anterolateral Joint Line

Range of motion:

- Right Hip Flexion 12° Left Hip Flexion 56°
- Right Hip Internal Rotation 23°

Strength:

Right	Name	Left
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
4/5	Hip Flexion	3/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

Reflexes:

Right	Name	Left
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The patient has a positive:

- Dial Test on the left Knee

Assessment: is a 38 year old with:

1. Unilateral primary osteoarthritis, right knee (M17.11)

Plan:

John Smith presents with signs and symptoms consistent with unilateral primary osteoarthritis, right knee (m17.11) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes

- Tylenol
- RICE

. The patient will follow up . The patient is happy with the plan moving forward.