

John,Smith

DOB: January 20th, 1984

Date Of Encounter: April 30th, 2022

Return: The patient will follow up in 6 weeks.

Diagnosis: other spondylosis with radiculopathy, cervical region (m47.22)

Work Duty: Full duty

Chief Complaint: Right side of neck, right shoulder, right posterior arm, and right forearm pain, numbness, weakness, and tingling

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including tylenol, and physical therapy. He states that since last visit, symptoms are worse, and grades his pain 2 to 6 out of 10 level intensity. The patient admits to no trauma.

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Physical Examination:

John,Smith is an awake, alert and oriented male that appears his stated age. He have a pleasant demeanor. He are able to follow commands appropriately. He are in no acute distress.

Vitals:

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

Skin: none

The Patient has tenderness to palpation at:

- Neck
- Neck
- Neck
- Male Skeletal C Geo

Range of motion:

- Right Cervical Spine Flexion 0-45°
- Right Cervical Spine Extension 0-45°

- Right Cervical Spine Rotation Left 0-70°

Strength:

Right	Name	Left
5/5	Upper Spine Shoulder Abduction	/5
5/5	Upper Spine Elbow Flexion	/5
5/5	Upper Spine Elbow Extension	/5
5/5	Upper Spine Hand Grasp	/5
5/5	Upper Spine APB	/5
5/5	Upper Spine FDI	/5
5/5	Upper Spine ADM	/5

Reflexes:

Right	Name	Left
2+	Biceps	2+
2+	Triceps	2+
2+	Brachioradialis	2+
1+	Patellar Tendon	1+
1+	Achilles	1+

The patient has a positive:

- Spurling on the right Neck
- Pain with Cervical Flexion on the right Neck
- Pain with Cervical Extension on the right Neck

Distribution Of Radiation:

- C6-Right

Assessment: is a 38 year old with:

1. Other spondylosis with radiculopathy, cervical region (M47.22)

Plan:

John Smith presents with signs and symptoms consistent with other spondylosis with radiculopathy, cervical region (m47.22) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes

- Tylenol
- RICE
- Cortisone

The patient will follow up in 6 weeks. The patient was provided with Brace, and abc. The patient is happy with the plan moving forward.