

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: February 8th, 2022

Follow-up:

Diagnosis: none

Work Duty: Sedentary Work false greater than to the left false until next visit on

Chief Complaint: Left posterior lower leg, left knee, and left anterior thigh pain, and grinding

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of grinding and deep pain to his left posterior lower leg, left knee, and left anterior thigh. He states the symptoms have been present since February 1st, 2022, at none to mild level intensity. He denies any injury. He states symptoms are worse with writing, and walking and get better with heat. He denies any radiating symptoms. He has received previous treatment include Viscosupplementation, Physical Therapy and physical therapy which started on Jan 6, 2022 and had 19 sessions completed. He has not taken any medications to help with this issue.

Allergies:

1. Levothyroxine (Oral Pill)
2. Acetaminophen/Codeine (Oral Pill) Hallucinations
3. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily
3. Simvastatin (Oral Pill)-100 mcg 2x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- Knee arthroplasty - total
- Carpal tunnel release
- Arthroscopy

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:

Occupation: Engineer

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Hand Dominance: left

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He is .

Vitals:

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

Range of motion:

Strength:

Right	Name	Left
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5

Spain:

Name	value
Cervical Spine Flexion	5/5
Cervical Spine Extension	5/5
Thoracic/Lumbar Flexion	5/5
Thoracic/Lumbar Extension	5/5

Reflexes:

Right	Name	Left
	Biceps	
	Triceps	
	Brachioradialis	
	Patellar Tendon	
	Achilles	

Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

The patient will follow up in .

Work Duty:

Sedentary Work false greater than to the leftfalse until next visit on

Ali, M.D.