

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: April 1st, 2022

Follow-up: after surgery

Diagnosis: strain of muscle(s) and tendon(s) of the rotator cuff of right shoulder, initial encounter (s46.011a)

Work Duty: Sedentary Work - no lifting, no pushing, and no pulling greater than 0 lbs. to the right hand, and arm until next visit in 2 weeks

Chief Complaint: Right shoulder pain

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of frequent dull, achy, sore pain to his right shoulder. He states the symptoms have been present since January 1st, 2019, at mild to moderate level intensity and developed gradually. He denies any injury. He states symptoms are worse with lifting overhead, lifting, driving, sleeping, and getting dressed and get better with rest, heat, and medication. He admits to the radiation of symptoms down right arm . He has not received treatment for this issue in the past. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg TID

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

Past Surgical History:

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:**Occupation:** Engineer**Marital Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** left**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht: 5' 8"

Wt: 141 lbs

BMI: 21.436634

BP: 120/80

Pulse: 65

RR: 16

Skin Exam positive for:

- Normal

The Patient has tenderness to palpation at:

- Torso Muscles Infraspinatus Muscle Right
- Torso Muscles Teres Minor Muscle Right

Range of motion:

- Right Shoulder Abduction 0-100° Left Shoulder Abduction 0-150°
- Right Shoulder Abduction 0-100° Left Shoulder Abduction 0-150°

Strength:

Right	Name	Left
5/5	Elbow Flexion	5/5

5/5	Elbow Extension	5/5
4/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5

The patient has a positive:

- Hawkins on the right Shoulder
- Apprehension on the right Shoulder
- Pain with Abduction on the right Shoulder

Assessment: John Smith is a 38 year old male with:

1. Strain of muscle(s) and tendon(s) of the rotator cuff of right shoulder, initial encounter (S46.011A)

Plan: John Smith presents signs and symptoms consistent with: strain of muscle(s) and tendon(s) of the rotator cuff of right shoulder, initial encounter (s46.011a)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Surgery REPAIR SHOULD CUFF AVULSI

The patient will follow up after surgery.

Work Duty:

Sedentary Work - no lifting, no pushing, and no pulling greater than 0 lbs. to the right hand, and arm until next visit in 2 weeks

Ali, M.D.



3/31/2022, 9:51:37 PM