

John,Smith

DOB: January 20th, 1984

Date Of Encounter: May 8th, 2022

Return:

Diagnosis: medial epicondylitis, right elbow (m77.01)

Work Duty: Full duty

Chief Complaint: Right elbow pain, and tingling

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has not been compliant with treatment plan. He states that since last visit, symptoms are better, and grades his pain 1 to 8 out of 10 level intensity. The patient reports improvement in symptoms since receiving injection at last visit, and states that it was helpful for 1 day . The patient admits to trauma, including "Yes I had."

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
4. ZOCOR (Oral Pill)-100 mcg 2x Daily

Physical Examination:

John,Smith is an awake, alert and oriented male that appears his stated age. He have a pleasant demeanor. He are able to follow commands appropriately. He are in no acute distress.

Vitals:

Ht:

Wt:

BMI: 0.0

BP:

Pulse:

RR:

Skin: none

The Patient has tenderness to palpation at:

- Elbow
- Elbow
- Wrist
- Wrist
- Right Distal Biceps Tendon

Range of motion:

- Right Elbow Flexion/Extension 45°-90° Left Elbow Flexion/Extension 30°-90°
- Right Elbow Pronation 190°-90° Left Elbow Pronation 50°-60°

Strength:

Right	Name	Left
3/5	Elbow Flexion	3/5
4/5	Elbow Extension	3/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

The patient has a positive:

- Tinel on the left Elbow
- Pain with Act Resisted Wrist Ext on the left Elbow

Diagnostic Studies:

Hsbxjhbs xsbxb Zach cobs kxb ksx

Assessment: is a 38 year old with:

1. Medial epicondylitis, right elbow (M77.01)

Plan:

John Smith presents with signs and symptoms consistent with improved medial epicondylitis, right elbow (m77.01) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes

- NSAIDS
- MRI - MRI details
- EMG - Emg details
- Surgery I&D OF HEMATOMA-COMPLICATED

The patient was provided with 2" Ace, and Santa Barbara. The patient is happy with the plan moving forward.