John,Smith

**DOB:** January 20th, 1984

**Date Of Encounter:** May 8th, 2022

Return:

**Diagnosis:** medial epicondylitis, right elbow (m77.01)

Work Duty: Full duty

Chief Complaint: Right elbow pain, and tingling

#### **History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including tylenol, and physical therapy. He states that since last visit, symptoms are worse, and grades his pain 2 to 8 out of 10 level intensity. The patient reports improvement in symptoms since receiving injection at last visit, and states that it was helpful for 1 days, 2 weeks, Months months. The patient admits to trauma, including

## Allergies:

- 1. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 2. Penicillin V potassium (Oral Pill) Hives

#### **Medications:**

- 1. SYNTHROID (Oral Pill)-25-mg 2x Daily
- 2. Simvastatin (Oral Pill)-100 mcg 2x Daily
- 3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
- 4. ZOCOR (Oral Pill)-100 mcg 2x Daily

## **Physical Examination:**

John, Smith is an awake, alert and oriented male that appears his stated age. He have a pleasant demeanor. He are able to follow commands appropriately. He are in no acute distress.

#### Vitals:

Ht: Wt:

BMI: 0.0

BP:

Pulse:

Skin: none

### The Patient has tenderness to palpation at:

• Elbow

#### Range of motion:

• Right Elbow Supination 50°-55°° Left Elbow Supination 90°-90°°

### **Strength:**

Right	Name	Left
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

# The patient has a positive:

• Pain with Act Resisted Wrist Ext on the right Elbow

# Assessment: is a 38 year old with:

1. Medial epicondylitis, right elbow (M77.01)

# Plan:

John Smith presents with signs and symptoms consistent with worsened medial epicondylitis, right elbow (m77.01) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes

Cortisone

The patient is happy with the plan moving forward.