

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** June 19th, 2022

**MRN:** Unarmed c1

**Follow-up:**

**Diagnosis:** lateral epicondylitis, right elbow (m77.11)

**Work Duty:** Full duty

**Chief Complaint:** Right elbow pain

**History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including wrist brace. He states that since last visit, symptoms are the same and he grades his pain 0 to 8 out of 10 level intensity. The patient reports improvement in symptoms since receiving injection at last visit, and states that it was helpful for 2 days. The patient admits to trauma, including "Awe".

**Allergies:**

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives

**Medications:**

1. amLODIPine/Hydrochlorothiazide/Valsartan (Oral Pill) mg 1x Daily

**Physical Examination:**

**General Examination:** John Smith is an awake, alert and oriented male. He appears stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

Ht: 5' 8"

Wt: 182 lbs

BMI: 27.669981

BP: 132 / 82

Pulse: 70

RR: 14

Temp: 98°F

CV: Regular rate and rhythm

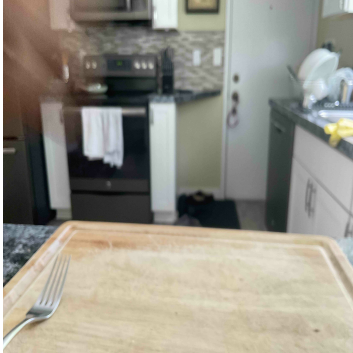
Pulm: CTAB

**Skin Exam positive for:**

- Normal
- Ecchymosis



- Edema



#### **Vascular Exam:**

Right	Name	Left
2+	Radial Pulse	2+
2+	Brachial Pulse	2+
2+	Capillary Refill	2+

#### **Neuro Exam:**

- Normal sensation distally

#### **The patient has tenderness to palpation at:**

- Right Lateral Epicondyle

#### **The patient has no tenderness at:**

- Right Elbow Medial Epicondyle
- Right Elbow Olecranon
- Right Elbow Posterolateral Joint Line
- Right Elbow Radial Head/Neck
- Right Elbow Biceps Tendon
- Right Elbow Tricep Tendon
- Right Elbow Radial Tunnel

#### **Range of motion:**

- Right Elbow Flexion/Extension 15°-105°
- Left Elbow Flexion/Extension 0°-140°
- Right Elbow Flexion/Extension 15°-100°
- Left Elbow Flexion/Extension 0°-140°
- Right Elbow Pronation 50°-45°
- Left Elbow Pronation 90°

**Strength:**

Right	Name	Left
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5
5/5	Elbow Supination	5/5
5/5	Elbow Pronation	5/5

**The patient has a positive:**

- Pain with Act Resisted Wrist Ext on the Right Elbow

**Assessment: John Smith is a 38 year old with:**

1. Lateral epicondylitis, right elbow (M77.11)

**Plan:**

John Smith presents with signs and symptoms consistent with worsened Lateral epicondylitis, right elbow. Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- Surgery - REPAIR EXTENSOR TENDON LE REPAIR EXTENSOR TENDON LE

The patient is happy with the plan moving forward.

**Work Duty:**

Full duty