

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: March 2nd, 2022

Follow-up: Post-Op

Diagnosis: carpal tunnel syndrome, right upper limb (g56.01)

Work Duty: Sedentary Work false greater than to the left false until next visit on

Chief Complaint: Right hand numbness, weakness, and tingling

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of numbness, weakness tingling to his right hand. He states the symptoms have been present since January 1st, 2021, at mild to moderate level intensity. He denies any injury. He states symptoms are worse with grasping, carrying, writing, sleeping, and driving and get better with bracing. He denies any radiating symptoms. He has received previous treatment including and Brace. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg PRN

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1
- I&D FURUNCLE
- I&D ABSCESS-SIMPLE
- RESECTION CERVICAL COMPONENT
- RESECTION LUMBAR VERTEBRAL
- I&D SEBACEOUS CYST-1

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:

Occupation: Engineer

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Hand Dominance: left

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht: 5' 8"

Wt: 175 lbs

BMI: 26.605753

BP: 120/80

Pulse: 64

RR: 15

Skin Exam positive for:

- Normal

Strength:

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
4/5	Hand APB	5/5
5/5	Hand FDI	5/5

5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

The patient has a positive:

- Tinel Median Nerve on the right Wrist
- Durkan on the right Wrist

Assessment: John Smith is a 38 year old male with:

1. Carpal tunnel syndrome, right upper limb (G56.01)

Plan: John Smith presents signs and symptoms consistent with: carpal tunnel syndrome, right upper limb (g56.01)

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Surgery NEUROLYSIS CARPAL TUNNEL

The patient will follow up in Post-Op.

Work Duty:

Sedentary Work false greater than to the leftfalse until next visit on

Ali, M.D.



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