

John,Smith

DOB: January 20th, 1984

Date Of Encounter: June 20th, 2022

MRN: Unarmed c1

Follow-up:

Diagnosis: sprain of right rotator cuff capsule, initial encounter (s43.421a) and bicipital tendinitis, right shoulder (m75.21)

Work Duty: Full duty

Chief Complaint: Right shoulder pain

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including nsaids and tylenol. He states that since last visit, symptoms are worse and he grades his pain 5 to 8 out of 10 level intensity. The patient reports improvement in symptoms since receiving injection at last visit, and states that it was helpful for 2 weeks. The patient admits to no trauma.

Allergies:

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives
2. SYNTHROID (Oral Pill) - 1234

Medications:

1. amlodipine/hydrochlorothiazide/valsartan (Oral Pill) mg 1x Daily

Physical Examination:

General Examination: John Smith is an awake, alert and oriented male. He appears stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress. Gait is nonantalgic.

Vitals:

Ht: 5' 6"

Wt: 130 lbs

BMI: 20.980257

BP: 120 / 80

Pulse: 70

RR: 14

Temp: 98°F

CV: Regular rate and rhythm

Pulm: CTAB

Skin Exam positive for:

- Edema



Vascular Exam:

| Right | Name | Left |
|-------|------------------|------|
| 2+ | Radial Pulse | 2+ |
| 2+ | Brachial Pulse | 2+ |
| 2+ | Capillary Refill | 2+ |

Neuro Exam:

- Normal sensation distally

The patient has tenderness to palpation at:

- Right Shoulder Bicipital Groove
- Right Long Head of Biceps Tendon

Range of motion:

- Right Shoulder Abduction 0° - 125°
- Left Shoulder Abduction 0° - 180°
- Right Shoulder Extension 10° - 135°
- Left Shoulder Extension 45°

Strength:

| Right | Name | Left |
|-------|-------------------------------|------|
| 4/5 | Shoulder Abduction | 5/5 |
| 5/5 | Shoulder Forward Flexion | 5/5 |
| 5/5 | Shoulder Horizontal Abduction | 5/5 |
| 5/5 | Shoulder Internal Rotation | 5/5 |
| 4/5 | Shoulder External Rotation | 5/5 |

The patient has a positive:

- Speed Test on the Right Shoulder
- Hawkins on the Right Shoulder
- Neer on the Right Shoulder

The patient has a negative:

- Apprehension on the Right Shoulder

- Belly Press on the Right Shoulder

Assessment: John Smith is a 38 year old with:

1. Sprain of right rotator cuff capsule, initial encounter (S43.421A)
2. Bicipital tendinitis, right shoulder (M75.21)

Plan:

John Smith presents with signs and symptoms consistent with improved Bicipital tendinitis, right shoulder, and worsened Sprain of right rotator cuff capsule, initial encounter. Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- Tylenol
- Surgery - REPAIR SHOULD CUFF AVULSI
- Abduction sling

The patient is happy with the plan moving forward.

Work Duty:

Full duty

Dr. Ryan, Doctor



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