

Munir, Hussain

DOB: January 20th, 1984

MRN: 789

Date: January 28th, 2022

Follow-up: 1 month

Diagnosis: Unilateral primary osteoarthritis, right knee

Work Duty: Full duty

Chief Complaint: Right Knee pain,

History Of Presenting Illness:

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of ,dull ,achy ,sore , pain at Right Knee. He states the symptoms have been present since January 1st, 2021, at mild to severe level intensity. He denies any injury. He states symptoms are worse with weightbearing, walking, in & out of chair, and squatting and get better with ice, rest, and medication. He denies any radiating symptoms. He has received treatment for this issue in the past. Cortisone He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg 3x Daily ,

Allergies:

1. ZOCOR (Oral Pill) Zocor reaction

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. amLODIPine (Oral Pill) mcg 1x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- Knee arthroplasty - total

Family History:

Mother's Conditions: Hypertension, and Arthritis

Fathers's Conditions: Heart Disease, Cancer, and Stroke

Grand Parents Conditions: Cancer, Hypertension, and Stroke

Siblings Conditions: Hypertension

Social History:

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: Muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: Hussain Munir is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht: 5' 7"

Wt: 180 lbs

BMI: 28.188908

BP: 130/80

Pulse: 64

RR: 15

Skin Exam positive for:

- Edema

The Patient has tenderness to palpation at:

- Male_Skeletal_Patella_Right_Geo

Range of motion:

- Right Knee 10-100° Left Knee 0-130°
- Right Hip 0-120° Left Hip 0-120°
- Right Hip 0-30° Left Hip 0-30°

Strength:

Right	Name	Left
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5
4/5	Knee Flexion	5/5
4/5	Knee Extension	5/5

The patient has a positive:

- Apley's Grind on the right

- Pain with Flexion on the right

Diagnostic Studies:

Four view x-rays of the right knee demonstrate no fractures or dislocations however the generative giant changes in all three compartments

Assessment:

Hussain Munir is a 38 year old male with: Unilateral primary osteoarthritis, right knee

Plan: Hussain Munir presents signs and symptoms consistent with: Unilateral primary osteoarthritis, right knee

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Physical TherapyPT - Eval & Treat - Flexibility, Strengthening, gait training,
- NSAIDS
- Tylenol
- RICE
- Cortisone
- Hinged knee brace

The patient will follow up in 1 month.

Work Duty:

Full duty