

John,Smith

DOB: January 20th, 1984

Date Of Encounter: May 28th, 2022

MRN: Unarmed

Return: The patient will follow up in 6 weeks.

Diagnosis: sprain of unspecified ligament of right ankle, initial encounter (s93.401a)

Work Duty: Full duty

Chief Complaint: Right ankle pain

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including physical therapy, nsaid, crutches, aircast, tylenol, and, rest, ice, compress elevate. He states that since last visit, symptoms are better, and grades his pain 2 to 6 out of 10 level intensity. The patient admits to no trauma.

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Sulfamethoxazole/Trimethoprim (Oral Pill) Hives
3. Penicillin V potassium (Oral Pill) Hives

Medications:

1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
2. amLODIPine (Oral Pill) mcg 2x Daily

Physical Examination:

John,Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

Vitals:

Ht: 5' 11"

Wt: 203 lbs

BMI: 28.309662

BP: 120 / 80

Pulse: 70

RR: 14

CV: Regular rate and rhythm

PL: CTAB

Skin: none

The Patient has tenderness to palpation at:

- Ankle right
- Ankle right
- Right Foot
- Right Calcaneofibular Ligament

Range of motion:

- Right Ankle Dorsiflexion 15.0°-30.0° Left Ankle Dorsiflexion 20.0°-50.0°

Strength:

Right	Name	Left
4/5	Ankle Dorsiflexion	5/5
4/5	Ankle Plantarflexion	5/5
5/5	Ankle Inversion	5/5
5/5	Ankle Eversion	5/5
5/5	Ankle EHL	5/5
5/5	Ankle FHL	5/5
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5

The patient has a positive:

- Pain with Act Plantar Flexion on the right Ankle
- Pain with Act Dorsi Flexion on the right Ankle

Assessment: is a 38 year old with:

1. Sprain of unspecified ligament of right ankle, initial encounter (S93.401A)

Plan:

John Smith presents with signs and symptoms consistent with persistent Sprain of unspecified ligament of right ankle, initial encounter, worsened Sprain of unspecified ligament of right ankle, initial encounter, resolved Sprain of unspecified ligament of right ankle, initial encounter, worsened Cholera due to *Vibrio cholerae* 01, biovar eltor, and worsened Cholera due to *Vibrio cholerae* 01, biovar eltor Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- Physical Therapy - Continue
- NSAIDS
- Tylenol
- Rest, ice, compress, elevate

The patient will follow up in 6 weeks. Coban The patient is happy with the plan moving forward.

Dr. Ryan, Doctor



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