

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** Unarmed c1

**Date:** July 22nd, 2022

**Follow-up:** in Follow up after MRI.

**Diagnosis:** unspecified injury of right quadriceps muscle, fascia and tendon, sequela (s76.101s)

**Chief Complaint:** Left anterior thigh pain

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, left-hand dominant male who works as an engineer. He comes in today complaining of occasional and superficial pain to his left anterior thigh. He states the symptoms have been present since July 20th, 2022, at No Symptoms to mild level intensity and developed gradually. He denies any injury. He states symptoms are worse with running and get better with ice. He denies any radiating symptoms. He has received previous treatment. He has taken the following medications to help with this condition: UNITHROID (Oral Pill)

**Allergies:**

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives

**Medications:**

1. SYNTHROID (Oral Pill) - 100 mcg 2x Daily
2. amLODIPine (Oral Pill) - 5 mg 2x Daily
3. LEVO-T (Oral Pill) - 2
4. SYNTHROID (Oral Pill) - 1

**Past Medical History:**

1. Anxiety
2. Kidney disease
3. Seizure disorder

**Past Surgical History:**

- ARTHROPLASTY TOTAL KNEE
- Tonsillectomy
- Aortic valve replacement
- NEUROLYSIS CARPAL TUNNEL
- REPAIR SHOULDER CUFF AVULSION
- I&D ABSCESS-SIMPLE
- EXCISION BENIGN TUMOR

**Family History:**

**Mother's Conditions:** blood clots

**Father's Conditions:** heart disease and stroke

**Grand Parents Conditions:** cancer and stroke

**Siblings Conditions:** heart disease

**Social History:**

**Occupation:** Engineer

**Martial Status:** single

**Smokes:** No

**Drinks:** yes - 1 per sitting/weekly

**Hand Dominance:** left

**Review of Systems:**

**General:** fever or chills and trouble sleeping

**Neurological:** tingling

**Skin:** none

**Hematologic:** none

**Musculoskeletal:** muscle or joint pain and back pain

**Endocrine:** none

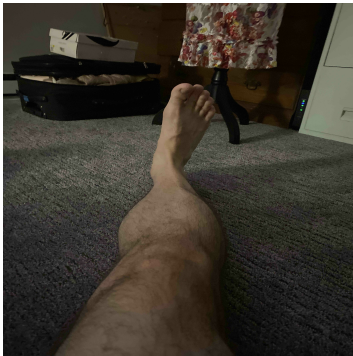
**Psychiatric:** none

**Physical Examination:**

**General Examination:** John Smith is an awake, alert and oriented male. He appears stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress. Gait is nonantalgic.

**Skin Exam positive for:**

- Edema



**Vascular Exam:**

Right	Name	Left
2+	Femoral Pulse	2+
2+	Popliteal Pulse	2+
2+	Dorsalis Pedis Pulse	2+
2+	Posterior Tibial Pulse	2+
2+	Capillary Refill	2+

**Neuro Exam:**

- Normal sensation distally

**The patient has tenderness to palpation at:**

- Right Anterior Thigh Distal Quadriceps Tendon
- Right Greater Trochanter

**The patient has no tenderness at:**

- Right Anterior Thigh ASIS
- Right Anterior Thigh AIIS
- Right Anterior Thigh Great Trochanter
- Right Anterior Thigh IT Band
- Right Anterior Thigh rectus femoris
- Right Anterior Thigh Adductors

**Range of motion:**

- Right Knee Flexion/Extension 0°-105°
- Left Knee Flexion/Extension 0°-140°

**Strength:**

Right	Name	Left
4/5	Knee Flexion	5/5

**The patient has a positive:**

- Pain with Flexion on the Right Knee
- Pain with Extension on the Right Knee

**Assessment:** John Smith is a 38 year old male with:

1. Unspecified injury of right quadriceps muscle, fascia and tendon, sequela (S76.101S)

**Plan:** John Smith presents signs and symptoms consistent with: unspecified injury of right quadriceps muscle, fascia and tendon, sequela (s76.101s)

Diagnosis and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

- MRI
- Crutches - dispensed today

The patient will follow up in Follow up after MRI.