

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** May 10th, 2022

**Follow-up:** in 1 month

**Diagnosis:** sprain of unspecified ligament of right ankle, initial encounter (s93.401a)

**Work Duty:** Full duty

**Chief Complaint:** Right ankle pain

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an Engineer. He comes in today complaining of constant deep pain to his right ankle. He states the symptoms have been present since April 3rd, 2022, at severe to mild level intensity and developed suddenly. He denies any injury. He states symptoms are worse with in & out of chair and get better with heat. He admits to the radiation of symptoms down right arm . He has received previous treatment including cortisone. He has taken the following medications to help with this condition: Levothyroxine (Oral Pill)

**Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
4. ZOCOR (Oral Pill)-100 mcg 2x Daily

**Past Medical History:**

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

**Past Surgical History:**

- SKIN BIOPSY
- Hysterectomy
- Intrauterine device (IUD)

**Family History:**

**Mother's Conditions:** hypertension, and arthritis

**Fathers's Conditions:** heart disease, cancer, and stroke

**Grand Parents Conditions:** cancer, hypertension, and stroke

**Siblings Conditions:** hypertension

**Social History:****Occupation:** Engineer**Marital Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** right**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

BMI: 0.0

**Skin Exam positive for:**

- Edema to the Right ankle
- Ecchymosis to the Right ankle

**The Patient has tenderness to palpation at:**

- ATFL Ankle right
- ATFL Ankle right
- Right Lateral Malleolus

**Strength:**

Right	Name	Left
5/5	Ankle Dorsiflexion	5/5
5/5	Ankle Plantarflexion	5/5
5/5	Ankle Inversion	5/5
5/5	Ankle Eversion	5/5
5/5	Ankle EHL	5/5

5/5	Ankle FHL	5/5
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**Assessment:** John Smith is a 38 year old male with:

1. Sprain of unspecified ligament of right ankle, initial encounter (S93.401A)

**Plan:** John Smith presents signs and symptoms consistent with: sprain of unspecified ligament of right ankle, initial encounter (s93.401a)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Physical Therapy -

The patient will follow up in 1 month.

**Work Duty:**

Full duty