

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** Unarmed c1

**Date:** July 4th, 2022

**Follow-up:** in 1 month.

**Diagnosis:** lesion of sciatic nerve, right lower limb (g57.01)

**Work Duty:** Sedentary Work - false greater than to the left false until next visit in

**Chief Complaint:** Right lower back and left lower back pain

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, left-hand dominant male who works as an engineer. He comes in today complaining of constant and dull, achy, sore pain to his right lower back and left lower back. He states the symptoms have been present since June 1st, 2022, at moderate to severe level intensity and developed suddenly. He admits to injury: "felt pain while lifting a couch ". He states symptoms are worse with driving and pain in bed and get better with rest and heat. He admits to the radiation of symptoms down right leg . He has not received treatment for this issue in the past. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg TID

**Allergies:**

1. Sulfamethoxazole/Trimethoprim (Oral Pill) - Hives

**Medications:**

1. SYNTHROID (Oral Pill) - 100 mcg 2x Daily
2. amLODIPine/Hydrochlorothiazide/Valsartan (Oral Pill) mg 1x Daily
3. LEVOXYL (Oral Pill) - 100 mcg 2x Daily PRN
4. PANADOL (Oral Pill) mcg 2x Daily
5. Ibuprofen (Oral Pill) - 100 mcg 2x Daily
6. Ibuprofen (Oral Pill) - 122 mcg 2x Daily
7. Ibuprofen (Oral Pill) - 100 mcg 2x Daily
8. Ibuprofen (Chewable) - 100 mcg 2x Daily
9. amLODIPine (Oral Pill) - 5 mg 2x Daily

**Past Medical History:**

1. Anxiety
2. Kidney disease
3. Seizure disorder

**Past Surgical History:**

- ARTHROPLASTY TOTAL KNEE
- Tonsillectomy
- Aortic valve replacement
- REPAIR EXTENSOR TENDON LE
- NEUROLYSIS CARPAL TUNNEL
- REPAIR SHOULD CUFF AVULSI

**Family History:**

**Mother's Conditions:** blood clots

**Fathers's Conditions:** heart disease and stroke

**Grand Parents Conditions:** cancer and stroke

**Siblings Conditions:** heart disease

**Social History:**

**Occupation:** Engineer

**Martial Status:** single

**Smokes:** No

**Drinks:** yes - 1 per sitting/weekly

**Hand Dominance:** left

**Review of Systems:**

**General:** fever or chills and trouble sleeping

**Neurological:** tingling

**Skin:** none

**Hematologic:** none

**Musculoskeletal:** muscle or joint pain and back pain

**Endocrine:** none

**Psychiatric:** none

**Physical Examination:**

**General Examination:** John Smith is an awake, alert and oriented male. He appears stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress. Gait is antalgic.

**Vitals:**

Ht: 5' 6"

Wt: 130 lbs

BMI: 20.980257

BP: 120 / 80

Pulse: 67

RR: 14

Temp: 98.6°F

CV: Regular rate and rhythm

Pulm: CTAB

**Skin Exam positive for:**

- Normal

**Neuro Exam:**

- Normal sensation distally

**The patient has tenderness to palpation at:**

- Right Back Lumbar Spine
- Left Lumbar Musculature
- Right Lumbar Musculature

**Strength:**

Right	Name	Left

5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

**Spine Strength:**

Name	value
Thoracic/Lumbar Flexion	5/5
Thoracic/Lumbar Extension	5/5

**The patient has a positive:**

- Straight Leg Raise on the Right
- Pain with Lumbar Flexion on the Right
- Pain with Lumbar Extension on the Right
- Pain with Lumbar Lateral Bending on the Right

**The patient has a negative:**

- Straight Leg Raise on the Left
- Pain with Thoracic Lateral Bending on the Right
- Clonus on the Right
- Babinski on the Right

**Distribution Of Radiation:**

- S1-Right

**Assessment:** John Smith is a 38 year old male with:

1. Lesion of sciatic nerve, right lower limb (G57.01)

**Plan:** John Smith presents signs and symptoms consistent with: lesion of sciatic nerve, right lower limb (g57.01)

Diagnosis and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

- Physical Therapy - Sciatica
- NSAIDS
- Tylenol
- Rest, ice, compression, elevation
- Thoracic rib belt

The patient will follow up in 1 month.

**Work Duty:** Sedentary Work - false greater than to the left false until next visit in

