

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: February 28th, 2022

Follow-up:

Diagnosis: none

Work Duty: Sedentary Work false greater than to the left false until next visit on

Chief Complaint: Left anterior lower leg, left knee, right anterior thigh, and right knee pain

History Of Presenting Illness:

John Smith is a very pleasant 38 year old male who presents with the complaint of sore pain to his left anterior lower leg, left knee, right anterior thigh, and right knee. He states the symptoms have been present since February 1st, 2022, at none to none level intensity. He denies any injury. He states symptoms are worse with driving, and walking and get better with heat. He denies any radiating symptoms. He has not received treatment for this issue in the past. He has not taken any medications to help with this issue.

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema
4. high blood pressure
5. seizure disorder

Past Surgical History:

- Carpal tunnel release
- I&D (NON)/INFECTED CYST
- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1
- I&D ABSCESS-SIMPLE
- INCISION AND REMOVAL OF FB/SUTURES-SIMPLE
- I&D ABSCESS-SIMPLE

Family History:

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke

Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

Social History:

Occupation: Engineer

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Hand Dominance: left

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: John Smith is an a&o x 2 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:

Ht: 4' 8"

Wt: 127 lbs

BMI: 28.469706

BP: 130

Pulse: 70

RR: 10

Skin Exam positive for:

- Pallor
- Petechia
- Abrasion
- Laceration

The Patient has tenderness to palpation at:

- Medial Malleolus Ankle
- Posterior Tibial Tendon Ankle
- Distal Fibula Ankle
- Achilles Tendon Ankle

Range of motion:

- Right Hip Flexion 12° Left Hip Flexion 0°
- Right Hip Internal Rotation 0° Left Hip Internal Rotation 34°

Strength:

Right	Name	Left
5/5	Ankle Dorsiflexion	5/5
5/5	Ankle Plantarflexion	5/5
5/5	Ankle Inversion	5/5
5/5	Ankle Eversion	5/5
5/5	Ankle EHL	5/5
5/5	Ankle FHL	5/5
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

The patient has a positive:

- Anterior Drawer on the left Ankle
- Patellofemoral Grind on the right Knee

The patient has a negative:

- Anterior Drawer on the right Knee
- Lachman's on the left Knee

Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.
Treatment plan includes:

The patient will follow up in .

Work Duty:

Sedentary Work false greater than to the leftfalse until next visit on