

Follow Up Note

John,Smith

DOB: January 20th, 1984

Date Of Encounter: March 4th, 2022

Return: 1 month

Diagnosis: unilateral primary osteoarthritis, right knee (ml 7.11)

Work Duty: Full duty

Chief Complaint: Right knee pain

History Of Presenting Illness

John Smith presents today for follow up. Since last appointment, the patient has been compliant with treatment plan including NSAIDS Tylenol . He states that since last visit, symptoms are Better, and grades his pain 3 level intensity. The patient reports no improvement in symptoms since receiving injection at last visit, and states that it was helpful . The patient admits to no trauma. .

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Physical Examination:

John,Smith is an awake, alert and oriented male that appears his stated age. They have a pleasant demeanor. They are able to follow commands appropriately. They are in no acute distress.

Vitals:

Ht: 5' 8"

Wt: 155 lbs

BMI: 23.565096

BP: 120/80

Pulse: 64

RR: 15

Skin: none

The Patient has tenderness to palpation at:

- undefined Knee
- undefined Knee
- Right_Anteromedial_Joint_Line
- Plane042

Range of motion:

- Right Knee Flexion 10-110° Left Knee Flexion 0-130°

Strength:

Right	Name	Left
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

Reflexes:

Right	Name	Left
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The patient has a positive:

- Patellofemoral Grind on the right Knee

Assessment: is a 38 year old with:

1. Unilateral primary osteoarthritis, right knee (M17.11)

Plan:

John Smith presents with signs and symptoms consistent with unilateral primary osteoarthritis, right knee (m17.11) Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes NSAIDS Tylenol . The patient will follow up 1 month. The patient was provided with . The patient is happy with the plan moving forward.

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