

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** April 24th, 2022

**Follow-up:** in 1 month

**Diagnosis:** other spondylosis with radiculopathy, cervical region (m47.22)

**Work Duty:** Full duty

**Chief Complaint:** Right side of neck, right shoulder, right posterior arm, and right forearm pain, numbness, weakness, and tingling

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an Engineer. He comes in today complaining of constant numbness, weakness, tingling and burning, stabbing pain to his right side of neck, right shoulder, right posterior arm, and right forearm. He states the symptoms have been present since January 1st, 2020, at mild to severe level intensity and developed suddenly. He admits to injury: " felt pain while lifting a box". He states symptoms are worse with sleeping, getting dressed, and driving and get better with rest, and medication. He admits to the radiation of symptoms down right arm . He has not received treatment for this issue in the past. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg TID

**Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

**Past Medical History:**

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

**Past Surgical History:**

- NEEDLE ASPIRATION-ABS/HEMATOMA
- ARTHROPLASTY TOTAL KNEE
- ARTHROPLASTY TOTAL KNEE
- Hysterectomy
- I&D FURUNCLE
- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1

**Family History:****Mother's Conditions:** hypertension, and arthritis**Fathers's Conditions:** heart disease, cancer, and stroke**Grand Parents Conditions:** cancer, hypertension, and stroke**Siblings Conditions:** hypertension**Social History:****Occupation:** Engineer**Martial Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** right**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

**Physical Examination:** John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

BMI: 0.0

**Skin Exam positive for:**

- Normal

**The Patient has tenderness to palpation at:**

- Cervical Spine Neck
- Male Skeletal C Geo

**Strength:**

Right	Name	Left
5/5	Upper Spine Shoulder Abduction	/5
5/5	Upper Spine Elbow Flexion	/5
5/5	Upper Spine Elbow Extension	/5

5/5	Upper Spine Hand Grasp	/5
5/5	Upper Spine APB	/5
5/5	Upper Spine FDI	/5
5/5	Upper Spine ADM	/5

**Spine Strength:**

Name	value
Cervical Spine Flexion	5/5
Cervical Spine Extension	5/5
Thoracic/Lumbar Flexion	5/5
Thoracic/Lumbar Extension	5/5

**Reflexes:**

Right	Name	Left
2+	Biceps	2+
2+	Triceps	2+
1+	Brachioradialis	2+

**The patient has a positive:**

- Spurling on the right Neck
- Pain with Cervical Flexion on the right Neck
- Pain with Cervical Extension on the right Neck

**Distribution Of Radiation:**

- C6-Right

**Assessment:** John Smith is a 38 year old male with:

1. Other spondylosis with radiculopathy, cervical region (M47.22)

**Plan:** John Smith presents signs and symptoms consistent with: other spondylosis with radiculopathy, cervical region (m47.22)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:


- Physical Therapy - Traction, Modalities, Posture training
- NSAIDS
- Tylenol

The patient will follow up in 1 month.

**Work Duty:**

Full duty

Dr. Ryan, Doctor

A handwritten signature in black ink, appearing to read "Ryan", written over the printed name "Dr. Ryan, Doctor".

**4/20/2022, 12:20:41 PM**