Smith, John

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** March 16th, 2022

Follow-up: after surgery

Diagnosis: none
Work Duty: Full duty

Chief Complaint: Left forearm tingling, and weakness

#### **History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of Frequently tingling weakness to his left forearm. He states the symptoms have been present since March 9th, 2022, at No Symptoms to mild level intensity and developed gradually. He admits to injury: "yes i have injury." He states symptoms are worse with driving, and putting on socks and shoes and get better with bracing, and medication. He admits to the radiation of symptoms down left arm, Yes radiating down arms. He has received previous treatment including cortisone and brace. He has taken the following medications to help with this condition: Simvastatin (Oral Pill) 100 mcg BID

## Allergies:

- 1. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 2. Penicillin V potassium (Oral Pill) Hives

#### **Medications:**

- 1. SYNTHROID (Oral Pill)-25-mg 2x Daily
- 2. Simvastatin (Oral Pill)-100 mcg 2x Daily
- 3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

#### Past Medical History:

- 1. anxiety
- 2. COPD/Emphysema
- 3. hypertension
- 4. seizure disorder

#### **Past Surgical History:**

- TOTAL HIP REPLACEMENT
- I&D SEBACEOUS CYST-1
- SKIN BIOPSY
- ARTHROPLASTY TOTAL KNEE

#### **Family History:**

Mother's Conditions: hypertension, and arthritis

**Fathers's Conditions:** heart disease, cancer, and stroke **Grand Parents Conditions:** cancer, hypertension, and stroke

**Siblings Conditions:** hypertension

**Social History:** 

Occupation: Engineer Martial Status: single

Smokes: yes - 1 pack/daily **Drinks:** yes - 1 per sitting/daily

Hand Dominance: left

**Review of Systems:** 

General: fever or chills, and trouble sleeping

**Neurological:** tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

**Endocrine:** none **Psychiatric:** none

**Physical Examination:** John Smith is an a&o x 3 male that appears equal to the stated age. He has a

pleasent demeanor. He is able to follow instructions. He is in no acute distress.

# Vitals:

Ht: 5' 6" Wt: 130 lbs

BMI: 20.980257

BP: 120 Pulse: 70 RR: 14

#### **Skin Exam positive for:**

• Erythema to the Hi bro Hi bro I don't in size, I don't think you need

# The Patient has tenderness to palpation at:

- Distal Radius Wrist
- Distal Ulna Wrist
- Snuffbox Wrist
- Ulnar Fovea Wrist
- FCU Wrist
- 1st Dorsal Compartment Wrist
- Intersection Point Wrist
- Intersection Point Wrist
- Pisotriquetral Joint Wrist
- Arm Muscles Deltoideus Muscle Right
- Arm Muscles Biceps Brachii Right

# Range of motion:

• Right Wrist Supination 123° Left Wrist Supination 0°

- Right Wrist Ulnar Deviation 134° Left Wrist Ulnar Deviation 0°
- Right Elbow Pronation Ba ° Left Elbow Pronation Hi dear brother°

# **Strength:**

Right	Name	Left
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

# The patient has a positive:

- Phalens on the left Wrist
- Pain with Radial Deviation on the left Wrist

## The patient has a negative:

- Tinel Median Nerve on the right Wrist
- Tinel Ulnar Nerve on the right Wrist
- Pain with Radial Deviation on the right Wrist

# **Diagnostic Studies:**

Hi dear sir I will be here in about a week or two to help for help thanks bro I

**Assessment:** John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

- Tylenol
- RICE
- Surgery SKIN BIOPSY

The patient will follow up after surgery.

# **Work Duty:**

Full duty