

Munir, Hussain

DOB: January 1st, 1996

MRN: 789

Date: January 19th, 2022

Follow-up: 1 month

Diagnosis: none

Work Duty: Full duty

Chief Complaint: Left Knee pain,

History Of Presenting Illness:

Hussain Munir is a very pleasant 26 year old male who presents with the complaint of Dull pain, Achy pain, Sore pain, and Deep pain at Left Knee. He, states the symptoms have been present since December 6th, 2020, at Mild to Severe level intensity. He denies any injury. He states symptoms are worse with weightbearing, walking, and stairs and get better with ice, rest, and medication. He denies any radiating symptoms. He has received treatment for this issue in the past Cortisone Brace He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg 2x Daily , TYLENOL (Oral Pill) ,

Allergies:

Medications:

1. ZOCOR (Oral Pill)-4-mg 2x Daily
2. SYNTHROID (Oral Pill)-25-mg 2x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema

Past Surgical History:

Family History:

Mother's Conditions: Hypertension, and Arthritis

Fathers's Conditions: Heart Disease, and Stroke

Grand Parents Conditions: Cancer, Hypertension, and Stroke

Siblings Conditions: Hypertension, and Stroke

Social History:

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: Muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: Hussain Munir is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Skin Exam positive for:

- Normal

The Patient has tenderness to palpation at:

Range of motion: Abduction: Right: , Left:

Left Knee Strength:

Right Strength	Name	Left Strength
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5
5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5

The patient has a positive:

- McMurray on the left
- McMurray on the left

The patient has a negative:

- McMurray on the right
- McMurray on the right

Diagnostic Studies:

Three view x-rays of the right knee demonstrate severe osteoarthritic changes with joint space narrowing sclerosis and osteophyte formation

Assessment:

Hussain Munir is a 26 year old male with: none

Plan: Hussain Munir presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- RICE
- Cortisone
- NSAIDS
- Tylenol
- RICE
- Cortisone
-

The patient will follow up in 1 month.

Work Duty:

Full duty