

Munir, Umer

DOB: January 20th, 1984

MRN: 789

Date: January 25th, 2022

Follow-up: 2 week

Diagnosis: Strain of muscle, fascia and tendon of other parts of biceps, right arm, initial encounter, and Stress fracture, right radius, initial encounter for fracture

Work Duty: Light Duty to the greater than until next visit on

Chief Complaint: Right Wrist pain, Weakness, Swelling, and Buckling,

History Of Presenting Illness:

Umer Munir is a very pleasant 38 year old male who presents with the complaint of Sharp pain, Tender pain, Burning pain, Weakness, Swelling, and Buckling at Right Wrist. He, states the symptoms have been present since January 17th, 2022, at Moderate to Severe level intensity. He denies any injury. He states symptoms are worse with lifting, grasping, writing, and carrying and get better with ice, rest, bracing, and medication. He denies any radiating symptoms He has not received any treatment for this issue in the past He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 325 mg 2x Daily , TYLENOL (Oral Pill) ,

Medications:

1. ZOCOR (Oral Pill)-4-mg 2x Daily
2. SYNTHROID (Oral Pill)-25-mg 2x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema

Past Surgical History:

Family History:

Mother's Conditions: Hypertension, and Arthritis

Fathers's Conditions: Heart Disease, and Stroke

Grand Parents Conditions: Cancer, Hypertension, and Stroke

Siblings Conditions: Hypertension, and Stroke

Social History:

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: Muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: Umer Munir is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Skin Exam positive for:

- Edema
- Ecchymosis

Range of motion: External Rotation: Right: 15, Left:

Right Wrist Strength:

Right Strength	Name	Left Strength
5/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5
5/5	Elbow Flexion	5/5

5/5	Elbow Extension	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

The patient has a positive:

- Pain with Act Resisted Supination on the right
- Pain with Act Resisted Supination on the right
- Pain with Act Resisted Supination on the right

The patient has a negative:

- Pain with Act Resisted Supination on the left
- Pain with Act Resisted Supination on the left
- Pain with Act Resisted Supination on the left

Diagnostic Studies:

So three view x-rays of the right wrist demonstrate a Gusta radius fracture with significant dorsal displacement

Assessment:

Umer Munir is a 38 year old male with: Strain of muscle, fascia and tendon of other parts of biceps, right arm, initial encounter, and Stress fracture, right radius, initial encounter for fracture

Plan: Umer Munir presents signs and symptoms consistent with: Strain of muscle, fascia and tendon of other parts of biceps, right arm, initial encounter, and Stress fracture, right radius, initial encounter for fracture

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- OtherShort arm cast

The patient will follow up in 2 week.

Work Duty:

Light Duty to the greater than until next visit on