

Munir, Hussain

DOB: January 20th, 1984

MRN: 789

Date: January 21st, 2022

Follow-up: Surgery

Diagnosis: Strain of muscle, fascia and tendon of other parts of biceps, right arm, initial encounter

Work Duty: Sedentary Work to the 0 lbs. greater than 0 lbs. until next visit on Jan 31, 2022

Chief Complaint: Right Elbow pain, test

History Of Presenting Illness:

Hussain Munir is a very pleasant 38 year old male who presents with the complaint of Sore pain, Sharp pain, and Burning pain at Right Elbow. He, states the symptoms have been present since December 15th, 2020, at Mild to Moderate level intensity. He denies any injury. He states symptoms are worse with lifting, and grasping and get better with rest, and medication. He denies any radiating symptoms. He has not received any treatment for this issue in the past He has taken the following medications to help with this condition: Ibuprofen (Oral Pill) 600 mg 2x Daily , Ibuprofen (Oral Pill) ,

Allergies:

Medications:

1. ZOCOR (Oral Pill)-4-mg 2x Daily
2. SYNTHROID (Oral Pill)-25-mg 2x Daily

Past Medical History:

1. anxiety
2. asthma
3. COPD/Emphysema

Past Surgical History:

Family History:

Mother's Conditions: Hypertension, and Arthritis

Fathers's Conditions: Heart Disease, and Stroke

Grand Parents Conditions: Cancer, Hypertension, and Stroke

Siblings Conditions: Hypertension, and Stroke

Social History:

Martial Status: single

Smokes: yes - 1 pack/daily

Drinks: yes - 1 per sitting/daily

Review of Systems:

General: fever or chills, and trouble sleeping

Neurological: tingling

Skin: none

Hematologic: none

Musculoskeletal: Muscle or joint pain, and back pain

Endocrine: none

Psychiatric: none

Physical Examination: Hussain Munir is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Skin Exam positive for:

- Ecchymosis

Range of motion: Pronation: Right: 15, Left:

Right Elbow Strength:

Right Strength	Name	Left Strength
5/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5
4/5	Elbow Flexion	5/5
5/5	Elbow	5/5

	Extension	
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
3/5	Wrist Supination	5/5

The patient has a positive:

- Pain with Act Resisted Supination on the right
- Pain with Act Resisted Supination on the right

The patient has a negative:

- Pain with Act Resisted Supination on the left
- Pain with Act Resisted Supination on the left

Diagnostic Studies:

Three view x-rays of the right elbow demonstrate no fractures or dislocations no acute on the abnormalities

Assessment:

Hussain Munir is a 38 year old male with: Strain of muscle, fascia and tendon of other parts of biceps, right arm, initial encounter

Plan: Hussain Munir presents signs and symptoms consistent with: Strain of muscle, fascia and tendon of other parts of biceps, right arm, initial encounter

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- Surgery Right Distal Biceps Tendon Debridement & Reinsertion
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The patient will follow up in Surgery.

Work Duty:

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