Smith, John

DOB: January 20th, 1984

**MRN:** 789

Date: February 8th, 2022

Follow-up: Diagnosis: none

Work Duty: Sedentary Work false greater than to the leftfalse until next visit on

Chief Complaint: Left posterior lower leg, and left knee pain, and tingling

### **History Of Presenting Illness:**

John Smith is a very pleasant 38 year old male who presents with the complaint of tingling and superficial pain to his left posterior lower leg, and left knee. He states the symptoms have been present since February 1st, 2022, at mild to mild level intensity. He denies any injury. He states symptoms are worse with false and get better with heat. He denies any radiating symptoms. He has received previous treatment include physical therapy which started on Dec 8, 2021 and had 20 sessions completed. He has not taken any medications to help with this issue.

#### Allergies:

- 1. Levothyroxine (Oral Pill)
- 2. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 3. Penicillin V potassium (Oral Pill) Hives

#### **Medications:**

- 1. SYNTHROID (Oral Pill)-25-mg 2x Daily
- 2. amLODIPine (Oral Pill) mcg 1x Daily
- 3. Simvastatin (Oral Pill)-100 mcg 2x Daily

### Past Medical History:

- 1. anxiety
- 2. asthma
- 3. COPD/Emphysema
- 4. high blood pressure
- 5. seizure disorder

#### **Past Surgical History:**

- Knee arthroplasty total
- Carpal tunnel release
- Arthroscopy

### **Family History:**

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

**Social History:** 

Occupation: Engineer Martial Status: single

**Smokes:** yes - 1 pack/daily **Drinks:** yes - 1 per sitting/daily

**Hand Dominance:** left

**Review of Systems:** 

General: fever or chills, and trouble sleeping

**Neurological:** tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

Endocrine: none Psychiatric: none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He

is.

## Vitals:

Ht: Wt:

BMI: 0.0

BP: Pulse: RR:

## **Spine Strength:**

| Name                      | value |
|---------------------------|-------|
| Cervical Spine Flexion    | 5/5   |
| Cervical Spine Extension  | 5/5   |
| Thoracic/Lumbar Flexion   | 5/5   |
| Thoracic/Lumbar Extension | 5/5   |

## Reflexes:

| Right | Name | Left |
|-------|------|------|
|       |      |      |

| Biceps          |  |
|-----------------|--|
| Triceps         |  |
| Brachioradialis |  |
| Patellar Tendon |  |
| Achilles        |  |

**Assessment:** John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis, diagnostic studies, and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

The patient will follow up in .

# Work Duty:

Sedentary Work false greater than to the leftfalse until next visit on