

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** 789

**Date:** May 10th, 2022

**Follow-up:** in after EMG

**Diagnosis:** carpal tunnel syndrome, right upper limb (g56.01)

**Work Duty:** Full duty

**Chief Complaint:** Right hand pain, numbness, and tingling

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an Engineer. He comes in today complaining of frequent numbness, tingling and burning pain to his right hand. He states the symptoms have been present since April 1st, 2022, at mild to severe level intensity and developed gradually. He denies any injury. He states symptoms are worse with sleeping, and writing and get better with rest, and bracing. He denies any radiating symptoms. He has received previous treatment including brace. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg PRN

**Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
4. ZOCOR (Oral Pill)-100 mcg 2x Daily

**Past Medical History:**

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

**Past Surgical History:**

- SKIN BIOPSY
- Hysterectomy
- Intrauterine device (IUD)

**Family History:**

**Mother's Conditions:** hypertension, and arthritis

**Fathers's Conditions:** heart disease, cancer, and stroke

**Grand Parents Conditions:** cancer, hypertension, and stroke

**Siblings Conditions:** hypertension

**Social History:**

**Occupation:** Engineer

**Martial Status:** single

**Smokes:** yes - 1 pack/daily

**Drinks:** yes - 1 per sitting/daily

**Hand Dominance:** right

**Review of Systems:**

**General:** fever or chills, and trouble sleeping

**Neurological:** tingling

**Skin:** none

**Hematologic:** none

**Musculoskeletal:** muscle or joint pain, and back pain

**Endocrine:** none

**Psychiatric:** none

**Physical Examination:** John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

BMI: 0.0

**Skin Exam positive for:**

- Normal

**Strength:**

Right	Name	Left
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
4/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5

5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

**The patient has a positive:**

- Tinel Median Nerve on the right Wrist
- Durkan on the right Wrist
- Phalens on the right Wrist

**Assessment:** John Smith is a 38 year old male with:

1. Carpal tunnel syndrome, right upper limb (G56.01)

**Plan:** John Smith presents signs and symptoms consistent with: carpal tunnel syndrome, right upper limb (g56.01)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- EMG - Right Upper Extremity - Eval for CTS

The patient will follow up in after EMG.

**Work Duty:**

Full duty

Ryan Davis, PA-C



**4/24/2022, 10:03:22 PM**