

**John,Smith**

**DOB:** January 20th, 1984

**Date Of Encounter:** May 29th, 2022

**MRN:** Unarmed

**Return:**

**Diagnosis:** lateral epicondylitis, right elbow (m77.11)

**Work Duty:** Full duty

**Chief Complaint:** Right elbow pain

### **History Of Presenting Illness**

John Smith presents today for follow up. Since last appointment, he has been compliant with treatment plan including nsaid, and wrist brace. He states that since last visit, symptoms are worse, and grades his pain 5 to 8 out of 10 level intensity. The patient reports no improvement in symptoms since receiving injection at last visit. The patient admits to no trauma.

### **Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Sulfamethoxazole/Trimethoprim (Oral Pill) Hives
3. Penicillin V potassium (Oral Pill) Hives

### **Medications:**

1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
2. amLODIPine (Oral Pill) mcg 2x Daily

### **Physical Examination:**

John,Smith is an awake, alert and oriented male that appears his stated age. He has a pleasant demeanor. He is able to follow commands appropriately. He is in no acute distress.

### **Vitals:**

Ht: 5' 11"

Wt: 139 lbs

BMI: 19.384447

BP: 120 / 80

Pulse: 73

RR: 16

CV: Regular rate and rhythm

PULM: CTAB

**Skin:** none

**The Patient has tenderness to palpation at:**

- Elbow right
- Right Distal Biceps Tendon

**Range of motion:**

- Right Elbow Pronation 90°-° Left Elbow Pronation 90°-°

**Strength:**

Right	Name	Left
5/5	Elbow Flexion	5/5
5/5	Elbow Extension	5/5

**The patient has a positive:**

- Elbow Flexion Test on the right Elbow

**Assessment: John Smith is a 38 year old with:**

1. Lateral epicondylitis, right elbow (M77.11)

**Plan:**

John Smith presents with signs and symptoms, Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit. Treatment plan includes:

- MRI -
- Cortisone - Jbjb Bjbjbj
- Cane
- Crutches
- Ice machine

The patient was provided with Cane, Crutches, and Ice machine. The patient is happy with the plan moving forward.