

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: May 12th, 2022

Follow-up: in 1 month

Diagnosis: unilateral primary osteoarthritis, right knee (m17.11)

Work Duty: Full duty

Chief Complaint: Right knee pain, and buckling

History Of Presenting Illness:

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an engineer. He comes in today complaining of constant buckling and dull, achy pain to his right knee. He states the symptoms have been present since May 1st, 2019, at mild to severe level intensity and developed suddenly. He denies any injury. He states symptoms are worse with weightbearing, walking, and stairs and get better with ice, rest, and medication. He denies any radiating symptoms. He has received previous treatment including cortisone. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg TID

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
2. LEVOXYL (Oral Pill)-7 mcg Once Daily
3. SYNTHROID (Oral Pill)-200 mcg Once Daily As Needed
4. ABILIFY (Oral Pill)-6 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

Past Surgical History:

- SKIN BIOPSY
- Hysterectomy
- test name
- Intrauterine device (IUD)
- I&D OF HEMATOMA-COMPLICATED
- NEEDLE ASPIRATION-ABS/HEMATOMA
- REPAIR EXTENSOR TENDON LE

Family History:**Mother's Conditions:** hypertension, and arthritis**Fathers's Conditions:** heart disease, cancer, and stroke**Grand Parents Conditions:** cancer, hypertension, and stroke**Siblings Conditions:** hypertension**Social History:****Occupation:** Engineer**Martial Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** right**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

Physical Examination: John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

Vitals:**Skin Exam positive for:**

- Edema to the Right knee

The Patient has tenderness to palpation at:

- Patella Knee right
- Right Anteromedial Joint Line
- Right Anterolateral Joint Line

Range of motion:

- Right Knee Flexion/Extension 20°-125°° Left Knee Flexion/Extension 0°-140°°

Strength:

Right	Name	Left
5/5	Knee Flexion	5/5

5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

The patient has a positive:

- Patellofemoral Grind on the right Knee

The patient has a negative:

- Patellofemoral Grind on the left Knee

Assessment: John Smith is a 38 year old male with:

1. Unilateral primary osteoarthritis, right knee (M17.11)

Plan: John Smith presents signs and symptoms consistent with: unilateral primary osteoarthritis, right knee (m17.11)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- Cortisone Right Knee
- Hinged knee brace
- Crunches

The patient will follow up in 1 month.

Work Duty:

Full duty