

**Smith, John**

**DOB:** January 20th, 1984

**MRN:** Unarmed

**Date:** May 26th, 2022

**Follow-up:** in 1 month

**Diagnosis:** unilateral primary osteoarthritis, right knee (m17.11)

**Work Duty:** Full duty

**Chief Complaint:** Right knee pain

**History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, left hand dominant, male who works as an engineer. He comes in today complaining of constant dull, achy, sore pain to his right knee. He states the symptoms have been present since May 1st, 2020, at mild to severe level intensity and developed gradually. He denies any injury. He states symptoms are worse with weightbearing, walking, and stairs and get better with ice, rest, and medication. He denies any radiating symptoms. He has received previous treatment including cortisone. He has taken the following medications to help with this condition: TYLENOL (Oral Pill) 500 mg TID

**Allergies:**

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Sulfamethoxazole/Trimethoprim (Oral Pill) Hives
3. Penicillin V potassium (Oral Pill) Hives

**Medications:**

1. ZOCOR (Oral Pill)-9 gram 2x Daily As Needed
2. amLODIPine (Oral Pill) mcg 2x Daily

**Past Medical History:**

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

**Past Surgical History:**

- REPAIR EXTEN. MUSCLE/TEN.
- Knee replacement
- Carpal tunnel release
- REPAIR EXTENSOR TENDON LE
- REPAIR EXTENSOR TENDON LE
- NEEDLE ASPIRATION-ABS/HEMATOMA

**Family History:**

**Mother's Conditions:** blood clots

**Fathers's Conditions:** heart disease, and stroke

**Grand Parents Conditions:** cancer, and stroke

**Siblings Conditions:** heart disease

**Social History:**

**Occupation:** Engineer

**Martial Status:** single

**Smokes:** No

**Drinks:** No

**Hand Dominance:** left

**Review of Systems:**

**General:** fever or chills, and trouble sleeping

**Neurological:** tingling

**Skin:** none

**Hematologic:** none

**Musculoskeletal:** muscle or joint pain, and back pain

**Endocrine:** none

**Psychiatric:** none

**Physical Examination:** John Smith is an a&o x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**Vitals:**

**Skin Exam positive for:**

- Edema to the Right Knee

**The Patient has tenderness to palpation at:**

- Posteromedial Joint Line Knee right
- Posterolateral Joint Line Knee right
- Posteromedial Joint Line Knee right
- Posterolateral Joint Line Knee right
- Right Anteromedial Joint Line
- Right Anterolateral Joint Line

**Range of motion:**

- Right Knee Flexion/Extension 10°-120°° Left Knee Flexion/Extension 0°-140°°
- Right Hip Flexion 0°-115°° Left Hip Flexion 30°-120°°

**Strength:**

Right	Name	Left

5/5	Knee Flexion	5/5
5/5	Knee Extension	5/5
5/5	Hip Flexion	5/5
5/5	Hip Extension	5/5
5/5	Hip Abduction	5/5

**The patient has a positive:**

- Patellofemoral Grind on the right Knee

**Assessment:** John Smith is a 38 year old male with:

1. Unilateral primary osteoarthritis, right knee (M17.11)

**Plan:** John Smith presents signs and symptoms consistent with: unilateral primary osteoarthritis, right knee (m17.11)

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- Tylenol
- Viscosupplementation
- Hinged knee brace

The patient will follow up in 1 month.

**Work Duty:**

Full duty

Dr. Ryan, Doctor



**5/11/2022, 7:46:44 PM**