

Smith, John

DOB: January 20th, 1984

MRN: 789

Date: April 30th, 2022

Follow-up: in

Diagnosis: none

Work Duty: Sedentary Work - false greater than to the left false until next visit in

Chief Complaint: Left mid back and grinding

History Of Presenting Illness:

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an Engineer. He comes in today complaining of occasional grinding to his left mid back. He states the symptoms have been present since April 3rd, 2022, at severe to mild level intensity and developed gradually. He denies any injury. He states symptoms are worse with in & out of chair and get better with massage. He admits to the radiation of symptoms down right arm . He has received previous treatment including cortisone. This is a treatment plan text. He has taken the following medications to help with this condition: Levothyroxine (Oral Pill)

Allergies:

1. Acetaminophen/Codeine (Oral Pill) Hallucinations
2. Penicillin V potassium (Oral Pill) Hives

Medications:

1. SYNTHROID (Oral Pill)-25-mg 2x Daily
2. Simvastatin (Oral Pill)-100 mcg 2x Daily
3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed

Past Medical History:

1. anxiety
2. COPD/Emphysema
3. hypertension
4. seizure disorder

Past Surgical History:

- NEEDLE ASPIRATION-ABS/HEMATOMA
- ARTHROPLASTY TOTAL KNEE
- ARTHROPLASTY TOTAL KNEE
- Hysterectomy
- I&D FURUNCLE
- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1
- I&D SEBACEOUS CYST-1
- REPAIR EXTEN. MUSCLE/TEN.
- test name

Family History:**Mother's Conditions:** hypertension, and arthritis**Fathers's Conditions:** heart disease, cancer, and stroke**Grand Parents Conditions:** cancer, hypertension, and stroke**Siblings Conditions:** hypertension**Social History:****Occupation:** Engineer**Martial Status:** single**Smokes:** yes - 1 pack/daily**Drinks:** yes - 1 per sitting/daily**Hand Dominance:** right**Review of Systems:****General:** fever or chills, and trouble sleeping**Neurological:** tingling**Skin:** none**Hematologic:** none**Musculoskeletal:** muscle or joint pain, and back pain**Endocrine:** none**Psychiatric:** none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He is .

Vitals:**Strength:**

Right	Name	Left
5/5	Lower Spine Hip Flexion	/5
5/5	Lower Spine Knee Extension	/5
5/5	Lower Spine Plantarflexion	/5
5/5	Lower Spine Dorsiflexion	/5

Spine Strength:

Name	value

Cervical Spine Flexion	5/5
Cervical Spine Extension	5/5
Thoracic/Lumbar Flexion	5/5
Thoracic/Lumbar Extension	5/5

Assessment: John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis and treatment plan was reviewed with the patient at today's visit.

Treatment plan includes:

The patient will follow up in .

Work Duty:

Sedentary Work - false greater than to the left false until next visit in