Smith, John

DOB: January 20th, 1984

**MRN:** 789

**Date:** May 9th, 2022

Follow-up: in Diagnosis: none

Work Duty: Sedentary Work - false greater than to the left false until next visit in

Chief Complaint: Left ankle pain

#### **History Of Presenting Illness:**

John Smith is a very pleasant 38 year old, right hand dominant, male who works as an Engineer. He comes in today complaining of frequent deep pain to his left ankle. He states the symptoms have been present since May 15th, 2022, at severe to mild level intensity and developed suddenly. He denies any injury. He states symptoms are worse with in & out of chair and get better with heat. He admits to the radiation of symptoms . He has received previous treatment. He has taken the following medications to help with this condition: Levothyroxine (Oral Pill)

### Allergies:

- 1. Acetaminophen/Codeine (Oral Pill) Hallucinations
- 2. Penicillin V potassium (Oral Pill) Hives

#### **Medications:**

- 1. SYNTHROID (Oral Pill)-25-mg 2x Daily
- 2. Simvastatin (Oral Pill)-100 mcg 2x Daily
- 3. ZOCOR (Oral Pill)-3 mcg 2x Daily As Needed
- 4. ZOCOR (Oral Pill)-100 mcg 2x Daily

#### Past Medical History:

- 1. anxiety
- 2. COPD/Emphysema
- 3. hypertension
- 4. seizure disorder

#### **Past Surgical History:**

- SKIN BIOPSY
- Hysterectomy
- Intrauterine device (IUD)

**Family History:** 

Mother's Conditions: hypertension, and arthritis

Fathers's Conditions: heart disease, cancer, and stroke Grand Parents Conditions: cancer, hypertension, and stroke

Siblings Conditions: hypertension

**Social History:** 

Occupation: Engineer
Martial Status: single
Smokes: yes - 1 pack/daily

**Drinks:** yes - 1 per sitting/daily

Hand Dominance: right

**Review of Systems:** 

General: fever or chills, and trouble sleeping

**Neurological:** tingling

Skin: none

Hematologic: none

Musculoskeletal: muscle or joint pain, and back pain

**Endocrine:** none **Psychiatric:** none

Physical Examination: John Smith is male that appears . He has . He is able to follow instructions. He

is.

### Vitals:

## The Patient has tenderness to palpation at:

- TMT Joint Right Foot
- Metatarsal Right Foot
- Metarsal Head Right Foot
- Proximal Phalanx Right Foot

## **Strength:**

Right	Name	Left
5/5	Ankle Dorsiflexion	5/5
5/5	Ankle Plantarflexion	5/5
5/5	Ankle Inversion	5/5
5/5	Ankle Eversion	5/5
5/5	Ankle EHL	5/5
5/5	Ankle FHL	5/5
5/5	Knee Flexion	5/5

5/5	Knee Extension	5/5
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**Assessment:** John Smith is a 38 year old male with:

Plan: John Smith presents signs and symptoms consistent with: none

Diagnosis and treatment plan was reviewed with the patient at today's visit. Treatment plan includes:

The patient will follow up in .

# Work Duty:

Sedentary Work - false greater than to the left false until next visit in