



*High on Carbs
on Taste*

Breakfast

CARBS BREAKFAST----- 100

2 EGGS OF YOUR CHOICE, TOAST, GREENERY, MARINATED MUSHROOMS AND PATATE AL FORNO.

HALLOUMI ROLL----- 120

HALLOUMI CHEESE, BASIL, SUNDRIED TOMATO.

SMOKED TURKEY ----- 105

CHOICE OF BREAD, LETTUCE, SPICY MAYONNAISE, SMOKED TURKEY, CHEDDAR AND PATATE AL FORNO.

TUNA ----- 110

CHOICE OF BREAD, MAYONNAISE, LETTUCE, ONIONS, TUNA AND PATATE AL FORNO

MIX CHEESE----- 115

CHOICE OF BREAD, LETTUCE, CHEDDAR, EMMENTAL, GOUDA CHEESE AND PATATE AL FORNO.

ROAST BEEF ----- 110

CHOICE OF BREAD, LETTUCE, MAYONNAISE, CHEDDAR, ROAST BEEF AND PATATE AL FORNO.

SALMON----- 210

CHOICE OF BREAD, CREAM CHEESE, ONIONS, CAPERS, SALMON AND PATATE AL FORNO.

AVOCADO BRUSCHETTA ----- 85

CHOICE OF BREAD, MARINATED TOMATOES, AVOCADO AND PATATE AL FORNO.



Appetizers

<i>FRIES</i> -----	70
<i>CHEESE FRIES</i> -----	80
<i>MOZZARELLA STICKS</i> -----	85
<i>BRUSCHETTA</i> -----	90
<i>PIZZA TOAST</i> -----	90
<i>FRIED MUSHROOMS</i> -----	90
<i>CURLY FRIES</i> -----	95
<i>CHICKEN STRIPS</i> -----	105
<i>TRUFFLE FRIES</i> -----	115
<i>TRUFFLE FRIED MUSHROOMS</i> -----	120
<i>TRUFFLE CURLY FRIES</i> -----	135
<i>HONEY CHIPOTLE STRIPS</i> -----	115
<i>CHICKEN CROQUETTES</i> -----	115
<i>SHRIMP TEMPURA</i> -----	210

Pasta 100

1

PENNE
SPAGHETTI
FETTUCCHINE

FARFALLE
CONCHIGLIE
FRESH PASTA

Type

RIGATONI 10

Sauce

WHITE
PESTO
RED
PINK

2

3

Protein

GRILLED CHICKEN	70
CHICKEN STRIPS	70
MINCED MEAT	75
MEATBALLS	75
STEAK	110
SEAFOOD	130
SHRIMP	135

Toppings

PEPPER	FREE
ONIONS	FREE
SUN DRIED TOMATO	FREE
CARAMELIZED ONIONS	15
JALAPENO	15
CHEETOS	15
MASHROOM	20
TAKIS	20
TRUFFLE OIL	45

5

Cheese

MOZZARELLA	15
CHEDDAR	15
BUFFALO	15
BLUE CHEESE	20
PARMESAN	30

4

Pizza

MARGHERITA-----	140
<i>MARINARA SAUCE, MOZZARELLA, BUFFALO CHEESE AND BASIL.</i>	
PENNE PIZZA-----	150
<i>CHOICE OF SAUCE, PENNE, MOZZARELLA AND BUFFALO CHEESE.</i>	
MUSHROOM-----	160
<i>CREAM SAUCE, MOZZARELLA, MUSHROOM AND BASIL.</i>	
BBQ CHICKEN-----	175
<i>MARINARA SAUCE, BBQ SAUCE, CHICKEN, MOZZARELLA AND CARAMELIZED ONION.</i>	
PESTO PRESTO-----	170
<i>PESTO SAUCE, SUN DRIED TOMATOES, CHICKEN AND MOZZARELLA CHEESE.</i>	
CHICKEN RANCH-----	175
<i>MARINARA SAUCE, RANCH SAUCE CHICKEN AND MOZZARELLA.</i>	
QUATTRO FORMAGGI-----	185
<i>MARINARA SAUCE, MOZZARELLA, CHEDDAR, PARMESAN, BLUE CHEESE AND BASIL.</i>	
DIAVOLA-----	175
<i>MARINARA SAUCE, MOZZARELLA, PEPPERONI, JALAPENO AND BASIL.</i>	
ITALIAN SAUSAGE-----	180
<i>MARINARA SAUCE, MOZZARELLA, ITALIAN SAUSAGE AND BASIL.</i>	
TRUFFLE MUSHROOM-----	190
<i>CREAM SAUCE, MOZZARELLA, MUSHROOM, TRUFFLE OIL AND BASIL.</i>	
PHILLY CHEESE STEAK-----	240
<i>CREAM SAUCE, STEAK, CARAMELIZED ONION, CREAM CHEESE AND MOZZARELLA.</i>	
SEAFOOD-----	270
<i>MARINARA SAUCE, MOZZARELLA, OCTOPUS, MUSSELS, CALAMARI AND SHRIMPS.</i>	
SALMON-----	280
<i>MARINARA SAUCE, MOZZARELLA, SALMON, CAPRI AND ONIONS.</i>	

Extras

JALAPENO - FREE BROCCOLI - FREE SPINACH - FREE ONIONS - FREE SWEET CORN - FREE
MUSHROOM - 20 MOZZARELLA - 20

Salads

ROCCA SALAD-----	105
CEASAR SALAD-----	120
CAPRESE SALAD-----	150
BURRATA SALAD-----	155
CHICKEN CEASAR SALAD-----	165
CALIFORNIA CHICKEN SALAD-----	175
SHRIMP SALAD-----	200

Calzone

CARBS CALZONE-----	150
MARINARA SAUCE, MUSHROOM, SMOKED TURKEY, PEPPERONI, MOZZARELLA AND CREAM CHEESE.	
BBQ CHICKEN-----	150
BBQ SAUCE, CHICKEN, MOZZARELLA AND ONIONS.	
PESTO PRESTO-----	150
PESTO SAUCE, SUN DRIED TOMATOES, CHICKEN AND MOZZARELLA CHEESE.	
ITALIAN SAUSAGE-----	150
MARINARA SAUCE, MOZZARELLA, CREAM CHEESE AND ITALIAN SAUSAGE.	
PHILLY CHEESE STEAK-----	170
CREAM SAUCE, CREAM CHEESE, MOZZARELLA, ONION AND STEAK.	
QUATTRO FORMAGGI-----	150
MARINARA SAUCE, MOZZARELLA, CHEDDAR, PARMESAN, BLUE CHEESE AND BASIL.	

Extras

JALAPENO - FREE BROCCOLI - FREE SPINACH - FREE ONIONS - FREE SWEET CORN - FREE
MUSHROOM - 20 MOZZARELLA - 20

Desserts

MINI PANCAKES-----	70
NUTELLA - LOTUS - MIX.	
NUTELLA CALZONE-----	120
EXTRAS : STRAWBERRY - BANANA.	
LOTUS CALZONE-----	140
EXTRAS : STRAWBERRY - BANANA.	
NUTELLA FRESH PASTA-----	130
NUTELLA PIZZA-----	150



Beverages

Hot Drinks

CLASSIC TEA	30
GREEN TEA	30
CAPPUCCINO	65
LATTE	65
ESPRESSO	45
ESPRESSO MACCHIATO	50
TURKISH COFFEE	35
HOT CHOCOLATE	70
MATCHA	75

Soft Drinks

BIRELL	30
SPARKLING WATER	30
SCHWEPPES	30
FAYROUZ	30
MIRANDA	30
PEPSI	30
7UP	30
REDBULL	55
SMALL WATER	20

Smoothies

WATERMELON	60
ORANGE	55
POMEGRANATE	65
MANGO	70
BLUEBERRY	65
STRAWBERRY	65
LEMON MINT	50

Cold Drinks

COFFEE FRAPPE	75
CARAMEL FRAPPE	80
VANILLA FRAPPE	80
MOCHA FRAPPE	80
SPANISH LATTE	80
ICED LATTE	75

Milkshakes

VANILLA	90
CHOCOLATE	90
LOTUS	95
STRAWBERRY	90
OREO	95

C A R B S



PHONE: 01116580408 - 01228434841
14 AHMED ABD EL-AZIZ ST. KAFR ABDO, ALEXANDRIA
MARASSI SPORTS AREA, NORTH COAST