

Comment

Protein folding: Over half a century lasting quest

Comment on “There and back again: Two views on the protein folding puzzle” by Alexei V. Finkelstein et al.

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Most proteins fold into unique three-dimensional (3D) structures that determine their biological functions, such as catalytic activity or macromolecular binding. Misfolded proteins can pose a threat through aberrant interactions with other proteins leading to a number of diseases including Alzheimer's disease, Parkinson's disease, and amyotrophic lateral sclerosis [1,2]. What does determine 3D structure of proteins? The first clue to this question came more than fifty years ago when Anfinsen demonstrated that unfolded proteins can spontaneously fold to their native 3D structures [3,4]. Anfinsen's experiments lead to the conclusion that proteins fold to unique native structure corresponding to the stable and kinetically accessible free energy minimum, and protein native structure is solely determined by its amino acid sequence. The question of how exactly proteins find their free energy minimum proved to be a difficult problem. One of the puzzles, initially pointed out by Levinthal, was an inconsistency between observed protein folding times and theoretical estimates. A self-avoiding polymer model of a globular protein of 100-residues length on a cubic lattice can sample at least 10^{47} states. Based on the assumption that conformational sampling occurs at the highest vibrational mode of proteins (\sim picoseconds), predicted folding time by searching among all the possible conformations leads to $\sim 10^{27}$ years (much larger than the age of the universe) [5]. In contrast, observed protein folding time range from microseconds to minutes. Due to tremendous theoretical progress in protein folding field that has been achieved in past decades, the source of this inconsistency is currently understood that is thoroughly described in the review by Finkelstein et al. [6].

Finkelstein and colleagues provide a summary of existing protein folding theories with a special emphasis on the theoretical evaluation of the rates to overcome the free-energy barrier separating the natively folded (N) and unfolded states (U). The authors first make estimates of the free-energy barrier height from the perspective of the folded state by looking into protein unfolding (N-to-U transition). They argue that due to the principle of detailed balance (i.e. the rates of direct and reverse reactions should be equal), the protein folding time can be derived from the time the protein takes to unfold. Then the authors look into the free-energy barrier height from the perspective of the unfolded state (U-to-N transition) and provide rough estimates of the size of the conformational space that the protein samples *en route* to its native structure. This size is significantly lower than the initial estimate suggested by Levintal, hence

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suggesting that there are specific mechanisms that lead to protein folding to its native state bypassing most of the conformational space [7]. Comparing the estimates of the folding times derived from N-to-U and U-to-N transitions, the authors conclude that they are essentially the same and match experimental data. This convergence of the results from two different approaches demonstrates the validity of the described theoretical methods.

The review by Finkelstein and colleagues, in addition to being informative, is written in simple, easy to follow language. Protein folding is a complicated theoretical problem and the authors focus on physical intuition of the readers and minimize the use of mathematics, thus making the review available to a broader audience. One concept that may be especially important to such a broader audience is the volcano-shaped free energy folding landscape. Generally known concept of the free energy folding funnel [8,9] assumes that proteins fold from a denatured state (maximum of the free energy) to a native state (minimum of the free energy) following a smooth energy funnel. This funnel concept, however, cannot explain all-or-none transitions between folded and unfolded states, which assume that a high free-energy barrier separates the native and unfolded states. Whereas the volcano-shaped landscape suggests that during folding, a protein first climbs to the rim of volcano (maximum of the free energy landscape) and only then falls into the volcano's throat (minimum of the free energy landscape).

Besides important protein field overview, it is important to mention a wealth of information obtained from molecular dynamics (MD) simulations of protein folding [10–12]. The last decades were marked by an explosive growth in available computing power and continuous refinements of existing force fields [13,14]. Of the most notable developments worth mentioning is growing use of GPUs (that enables efficient parallelization of MD simulations), harnessing power of distributed computing (like Folding@home project [15]), and custom-built supercomputers for MD simulations (Anton [16]). With these advances, it is currently possible to model the folding of ~ 100 residue length protein on the milliseconds timescale using accurate all-atom force fields [17–19]. The accuracy of predicted structures can reach ~ 1 Å RMSD (Root Mean Square Deviation) as compared to structures from the Protein Data Bank. Even longer folding time scales can be assessed using MD simulations with coarse-grained force fields [20,21]. The high accuracy of predicted structures and the ability to assess time scales relevant to protein folding, makes MD an invaluable tool for verification of different folding theories. While experiments could be challenging to design and they often do not provide the time resolution necessary to delineate different folding pathways, MD trajectories are readily available and they can be used to analyze protein folding at any relevant time scale (from femtoseconds to milliseconds).

Protein folding field has significantly transformed from focusing on questions pertaining to the basic mechanisms of protein folding to application of these mechanisms for protein design and control of protein function [22]. Finkelstein and colleagues provide a comprehensive summary of the studies done to understand protein folding mechanisms.

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