

**Basic:** This meal cannot be augmented with other procedures (such as Deep Fry) or gizmos. Only takes 1 minute to eat. The next use of Basic or Proficient Foraging or Salvaging that requires time to perform has its Mind cost reduced by 5 to a minimum of 1 Mind. If the consuming character is at 80 or less total XP, also gain 'Upsurge: 5 Mind. Wasteland or Combat Skills Only'.