

| Study                     |  |  |  |  |  | Subcomponent |
|---------------------------|--|--|--|--|--|--------------|
| Abler, 2007               |  |  |  |  |  | RV           |
| Addicott, 2021            |  |  |  |  |  | R L/S        |
| Admon, 2017               |  |  |  |  |  | P L/S, R L/S |
| Au–Yeung, 2024            |  |  |  |  |  | RV           |
| Beierholm, 2013           |  |  |  |  |  | RV           |
| Bellebaum, 2017           |  |  |  |  |  | R L/S, P L/S |
| Bernacer, 2013            |  |  |  |  |  | P L/S, R L/S |
| Burke, 2018               |  |  |  |  |  | RA           |
| Campbell–Meiklejohn, 2011 |  |  |  |  |  | RA           |
| Chakroun, 2023            |  |  |  |  |  | R L/S        |
| Clatworthy, 2009          |  |  |  |  |  | MB–w         |
| Cox, 2015                 |  |  |  |  |  | P L/S, R L/S |
| Cremer, 2023              |  |  |  |  |  | R L/S        |
| Daood, 2022               |  |  |  |  |  | RD           |
| Deserno, 2021             |  |  |  |  |  | MB–w         |
| Diederer, 2017            |  |  |  |  |  | R L/S        |
| Eisenegger, 2014          |  |  |  |  |  | P L/S, R L/S |
| Erfanian Abdoust, 2024    |  |  |  |  |  | RD           |
| Ersche, 2011              |  |  |  |  |  | MB           |
| Frank, 2006               |  |  |  |  |  | P L/S, R L/S |
| Graf, 2018                |  |  |  |  |  | RV           |
| Grimm, 2021               |  |  |  |  |  | RV           |
| Grob, 2012                |  |  |  |  |  | R L/S        |
| Guitart–Masip, 2012       |  |  |  |  |  | P+, P–       |
| Guitart–Masip, 2014       |  |  |  |  |  | P+, P–       |
| Haarsma, 2021             |  |  |  |  |  | R L/S        |
| Halahakoon, 2024          |  |  |  |  |  | R L/S, P L/S |
| Hebart, 2015              |  |  |  |  |  | P+, P–       |
| Hirschbichler, 2022       |  |  |  |  |  | RA           |
| Howlett, 2017             |  |  |  |  |  | R L/S        |
| Ikeda, 2019               |  |  |  |  |  | RV           |
| Jansen, 2023              |  |  |  |  |  | R L/S        |
| Janssen, 2015             |  |  |  |  |  | MB           |
| Jocham, 2011              |  |  |  |  |  | P L/S, R L/S |
| Jocham, 2014              |  |  |  |  |  | R L/S, P L/S |
| Kahnt, 2015               |  |  |  |  |  | R L/S        |
| Kayser, 2012              |  |  |  |  |  | RD           |
| Kelm, 2013                |  |  |  |  |  | RD           |
| Kelm, 2015                |  |  |  |  |  | P L/S        |
| Mehta, 2001               |  |  |  |  |  | RV           |
| Mehta, 2005               |  |  |  |  |  | RV           |
| Michely, 2020             |  |  |  |  |  | RV           |
| Mikus, 2022               |  |  |  |  |  | MB, R L/S    |
| Murray, 2019              |  |  |  |  |  | R L/S, P L/S |
| Norbury, 2013             |  |  |  |  |  | RA–w         |
| Pessiglione, 2006         |  |  |  |  |  | R L/S, P L/S |
| Pine, 2010                |  |  |  |  |  | RD           |
| Pizzagalli, 2008          |  |  |  |  |  | R L/S        |
| Riba, 2008                |  |  |  |  |  | RA–w         |
| Rigoli, 2016              |  |  |  |  |  | RA           |
| Robinson, 2010            |  |  |  |  |  | MB–w         |
| Rutledge, 2015            |  |  |  |  |  | RA           |
| Scholz, 2022              |  |  |  |  |  | P+, P–       |
| Smith, 2024               |  |  |  |  |  | RD           |
| Soder, 2021               |  |  |  |  |  | RD           |
| Vo, 2018                  |  |  |  |  |  | MB           |
| Wagner, 2020              |  |  |  |  |  | RD           |
| Walsh, 2018               |  |  |  |  |  | R L/S, P L/S |
| Wardle, 2011              |  |  |  |  |  | RD           |
| Weber, 2016               |  |  |  |  |  | RD, P+       |
| Weis, 2012                |  |  |  |  |  | R L/S        |
| Westbrook, 2020           |  |  |  |  |  | RD           |
| Westbrook, 2024           |  |  |  |  |  | R L/S        |
| Wunderlich, 2012          |  |  |  |  |  | MB           |
| de Wit, 2002              |  |  |  |  |  | RD           |
| van den Bosch, 2022       |  |  |  |  |  | MB           |
| van der Schaaf, 2013      |  |  |  |  |  | MB           |
| van der Schaaf, 2014      |  |  |  |  |  | MB           |

Random sequence generation

Allocation concealment

Blinding of participants and experimenters

Blinding of outcome assessment

Incomplete outcome data

Criteria

Risk of Bias

Low

Unsure

High