

| Study | | | | | | Subcomponent |
|---------------------------|--|--|--|--|--|--------------|
| Abler, 2007 | | | | | | RV |
| Addicott, 2021 | | | | | | R L/S |
| Admon, 2017 | | | | | | P L/S, R L/S |
| Au–Yeung, 2024 | | | | | | RV |
| Beierholm, 2013 | | | | | | RV |
| Bellebaum, 2017 | | | | | | P L/S, R L/S |
| Bernacer, 2013 | | | | | | P L/S, R L/S |
| Burke, 2018 | | | | | | RA |
| Campbell–Meiklejohn, 2011 | | | | | | RA |
| Chakroun, 2023 | | | | | | R L/S |
| Clatworthy, 2009 | | | | | | MB–w |
| Cox, 2015 | | | | | | P L/S, R L/S |
| Cremer, 2023 | | | | | | R L/S |
| Daood, 2022 | | | | | | RD |
| Deserno, 2021 | | | | | | MB–w |
| Diederer, 2017 | | | | | | R L/S |
| Eisenegger, 2014 | | | | | | P L/S, R L/S |
| Erfanian Abdoust, 2024 | | | | | | RD |
| Ersche, 2011 | | | | | | MB |
| Frank, 2006 | | | | | | R L/S, P L/S |
| Graf, 2018 | | | | | | RV |
| Grimm, 2021 | | | | | | RV |
| Grob, 2012 | | | | | | R L/S |
| Guitart–Masip, 2012 | | | | | | P+, P– |
| Guitart–Masip, 2014 | | | | | | P+, P– |
| Haarsma, 2021 | | | | | | R L/S |
| Halahakoon, 2024 | | | | | | P L/S, R L/S |
| Hebart, 2015 | | | | | | P+, P– |
| Hirschbichler, 2022 | | | | | | RA |
| Howlett, 2017 | | | | | | R L/S |
| Ikeda, 2019 | | | | | | RV |
| Jansen, 2023 | | | | | | R L/S |
| Janssen, 2015 | | | | | | MB |
| Jocham, 2011 | | | | | | R L/S, P L/S |
| Jocham, 2014 | | | | | | R L/S, P L/S |
| Kahnt, 2015 | | | | | | R L/S |
| Kayser, 2012 | | | | | | RD |
| Kelm, 2013 | | | | | | RD |
| Kelm, 2015 | | | | | | P L/S |
| Mehta, 2001 | | | | | | RV |
| Mehta, 2005 | | | | | | RV |
| Michely, 2020 | | | | | | RV |
| Mikus, 2022 | | | | | | MB, R L/S |
| Murray, 2019 | | | | | | R L/S, P L/S |
| Norbury, 2013 | | | | | | RA–w |
| Pessiglione, 2006 | | | | | | R L/S, P L/S |
| Pine, 2010 | | | | | | RD |
| Pizzagalli, 2008 | | | | | | R L/S |
| Riba, 2008 | | | | | | RA–w |
| Rigoli, 2016 | | | | | | RA |
| Robinson, 2010 | | | | | | MB–w |
| Rutledge, 2015 | | | | | | RA |
| Scholz, 2022 | | | | | | P–, P+ |
| Smith, 2024 | | | | | | RD |
| Soder, 2021 | | | | | | RD |
| Vo, 2018 | | | | | | MB |
| Wagner, 2020 | | | | | | RD |
| Walsh, 2018 | | | | | | P L/S, R L/S |
| Wardle, 2011 | | | | | | RD |
| Weber, 2016 | | | | | | RD, P+ |
| Weis, 2012 | | | | | | R L/S |
| Westbrook, 2020 | | | | | | RD |
| Westbrook, 2024 | | | | | | R L/S |
| Wunderlich, 2012 | | | | | | MB |
| de Wit, 2002 | | | | | | RD |
| van den Bosch, 2022 | | | | | | MB |
| van der Schaaf, 2013 | | | | | | MB |
| van der Schaaf, 2014 | | | | | | MB |

Random sequence generation

Allocation concealment

Blinding of participants and experimenters

Blinding of outcome assessment

Incomplete outcome data

Criteria

Risk of Bias

Low

Unsure

High