

**DARUSSALAM**

GLOBAL LEADER IN ISLAMIC BOOKS



# MY DU'Â BOOK



*Selected supplications (Du'â')*  
*for every child according to*  
*the Qur'ân and the Sunnah.*

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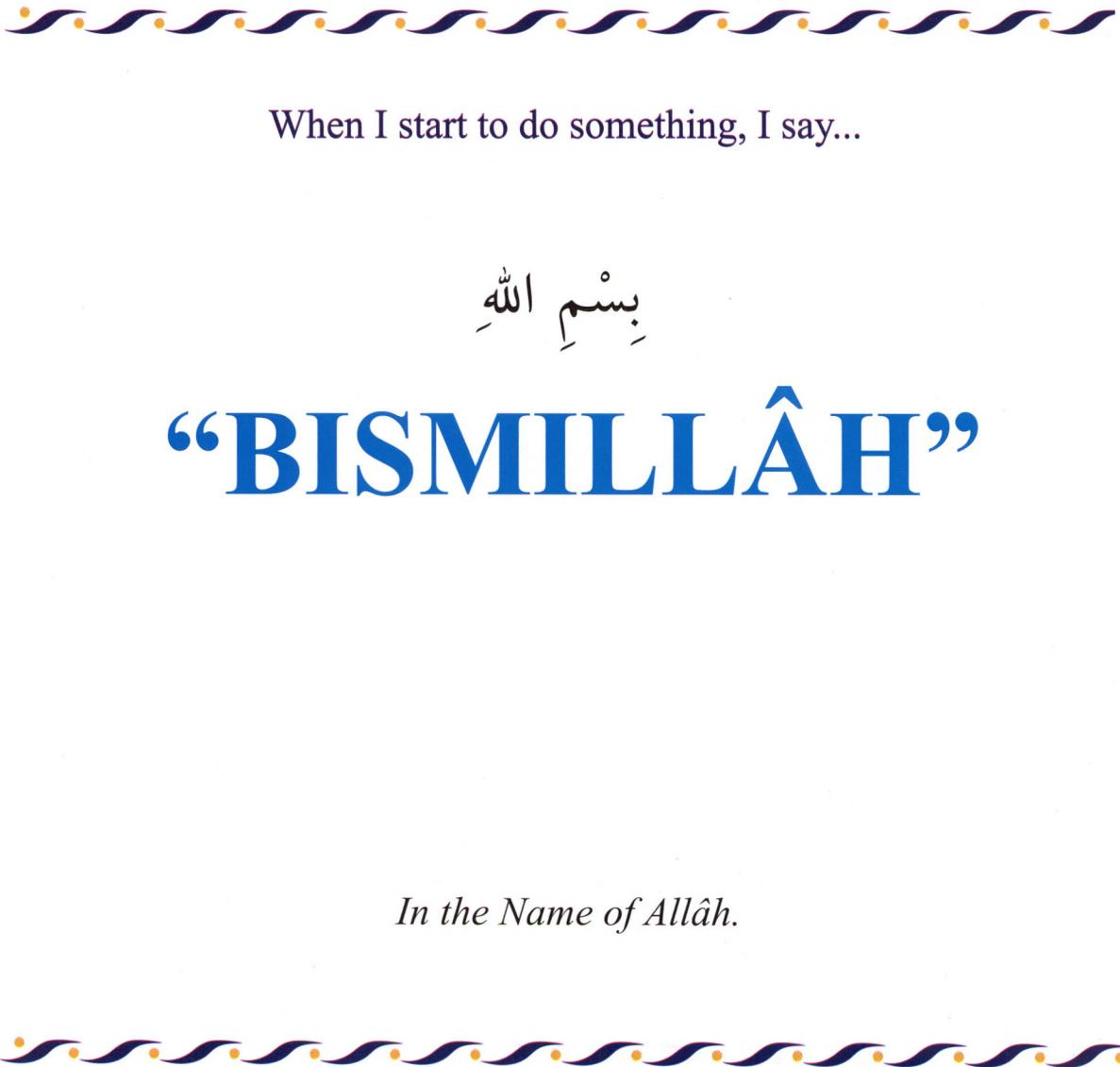


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﴿ قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِقِ لِلَّهِ رَبِّ الْعَالَمِينَ ﴾

*“Say: Verily, my prayer, my sacrifice,  
my living, and my dying are for Allâh,  
the Lord of the ‘Âlamîn (mankind,  
jinn and all that exists). ” (6: 162)*

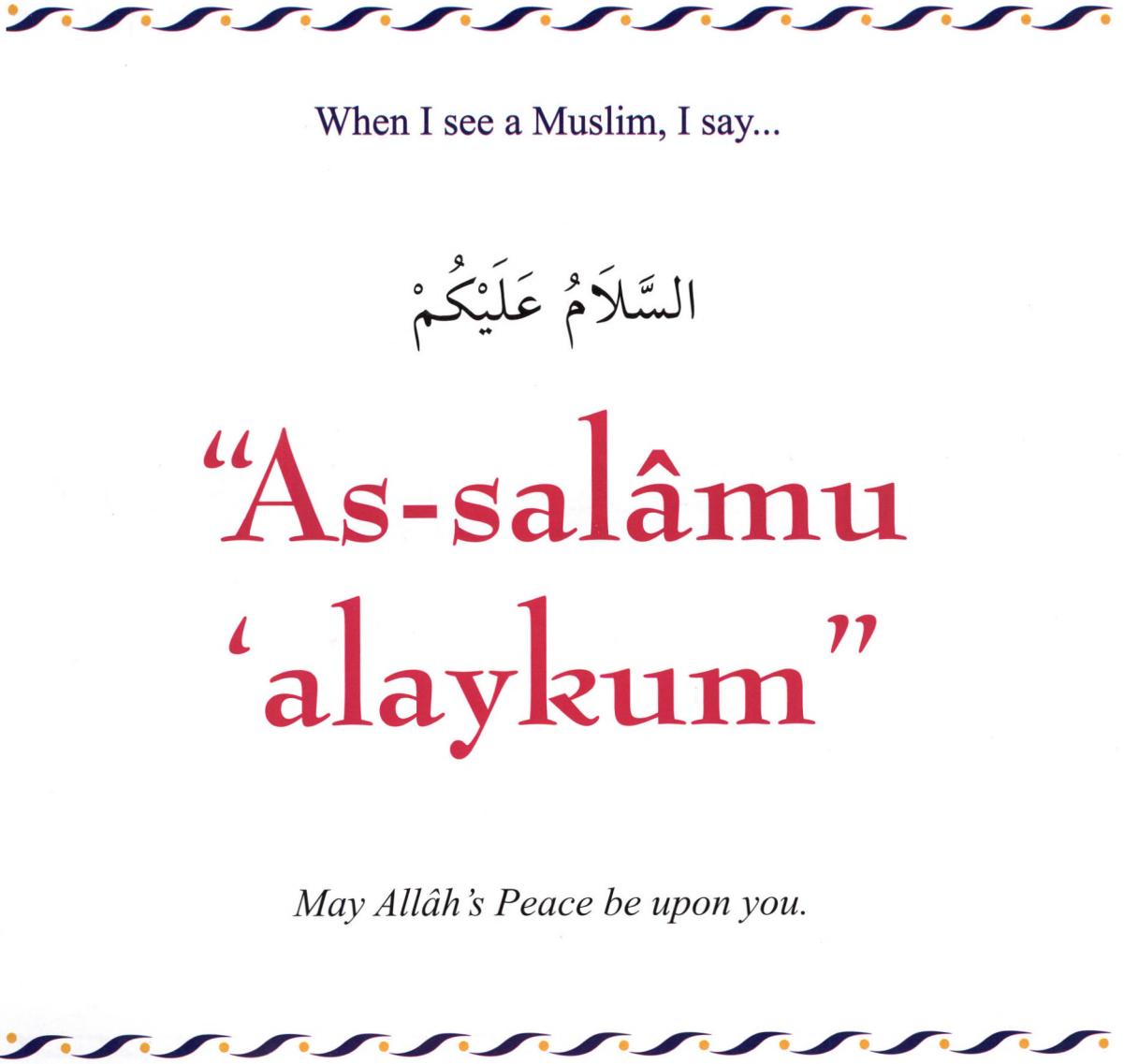


When I start to do something, I say...

بِسْمِ اللَّهِ

**“BISMILLÂH”**

*In the Name of Allâh.*



When I see a Muslim, I say...

السَّلَامُ عَلَيْكُمْ

“As-salâmu  
‘alaykum”

*May Allâh’s Peace be upon you.*



When I plan anything for the future I say...

إِنْ شَاءَ اللَّهُ

**“IN SHÂ’ ALLÂH”**

*If Allâh wills.*





The greatest words for me to say are...

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ

**“Lâ ‘ilâha ‘illallâhu  
Muhammadur-  
Rasûlullâh”**

*None has the right to be worshipped except Allâh  
and Muhammad is the Messenger of Allâh.*





When the name of our Prophet Muhammad  
is mentioned, I say...

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

**“SALLALLÂHU  
'ALAYHI WA  
SALLAM”**

*May the Peace and Blessing of Allâh be upon Him.*





When I go out from my home, I say...

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

"Bismillâhi tawakkaltu  
'alal-lâhi wa lâ hawla  
wa lâ quwwata 'illa billâh"

*In the Name of Allâh, I trust in Allâh  
and there is no strength nor power except with Allâh.*





When I enter my home, I say...

بِسْمِ اللَّهِ وَلِجَنَا، وَبِسْمِ اللَّهِ خَرَجَنَا وَعَلَى رَبِّنَا تَوَكَّلْنَا

“Bismillâhi walajnâ

wa bismillâhi

kharajnâ wa ‘alâ

Rabbinâ tawakkalnâ”

*In the Name of Allâh we enter, and in the Name of Allâh we leave, and we trust in Our Lord.*





When someone does something good for me, I say...

جَزَّاكَ اللَّهُ خَيْرًا

**"JAZĀKALLĀHU  
KHAYRA"**

*May Allāh give you a better reward.*





When I see something that pleases me, I say...

مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ

**“MÂ SHÂ’ ALLÂH  
LÂ QUWWATA  
‘ILLÂ BILLÂH”**

*This is what Allâh has willed,  
there is no power except with Allâh.*





When I sneeze, I say...

الْحَمْدُ لِلّٰهِ

“Alhamdu Lillâh”

*All Praise be to Allâh.*





And in reply, you say...

يَرْحَمُكَ اللَّهُ

# “Yarhamukallâh”

*May Allâh bestow His Mercy on you.*





And then, I say...

يَهْدِيْكُمُ اللّٰهُ وَيُصْلِحُ بَالَّكُمْ

“Yahdeekumullâhu  
wa yuslihu  
bâlakum”

*May Allâh guide you and set right all your affairs.*



When I eat with another person, I say...

اللَّهُمَّ أَطْعِمْ مَنْ أَطْعَمْتَنِي وَاسْقِ مَنْ سَقَانِي

**“Allâhumma  
’At’im man  
’At’amanee wasqi  
man saqânee”**

*O Allâh, feed him who fed me  
and give him drink who gave me drink.*

When I finish my meal, I say...

الْحَمْدُ لِلّٰهِ الَّذِي أَطْعَمَنِي هُذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِّنِّي وَلَا قُوَّةٌ

“Alhamdu lillâhil-ladhî  
’At’amanee hâdha  
wa razaqaneehi  
min ghayri hawlim-  
minnî wa lâ quwwatin”

*All praise be to Allâh who fed me this and provided  
me with it, without any strength or power from me.*



After hearing the '*Adhān*' in the morning and evening, I say...

رَضِيَتُ بِاللَّهِ رَبِّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا

**“Radeetu billâhi Rabban  
wa bil-Islami deenan  
wa bimuhhammadin  
sallallâhu ‘alayhi  
wa sallama Nabiyyan”**

*I am pleased with Allâh as the Lord and Islam as the  
religion and Muhammad ﷺ as the Prophet.*



When I get up from a meeting, I say...

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهُدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ  
أَسْتَغْفِرُكَ وَأَتُوْبُ إِلَيْكَ

**“Subhânaka Allâhumma  
wa bihamdika  
'ashhadu 'an lâ 'ilâha  
'illâ 'Anta, 'astaghfiruka  
wa 'atûbu 'ilayk”**

*O Allâh! Glory is for you and Praise is for You, I testify that none has the right to be worshipped except You, I ask your forgiveness and I repent unto You.*



When I break my fast in Ramadân, I say...

ذَهَبَ الظَّمَاءُ وَابْتَلَتِ الْعُرُوقُ وَثَبَتَ الأَجْرُ إِنْ شَاءَ اللَّهُ

“Dhabhabaz-Zama'u  
wabtallatil-'urooqu  
wa thabatal-'ajru  
'in shâ' Allâh”

*The thirst has gone and the veins are moistened  
and the reward is established, if Allâh wills.*



When I enter the toilet, I say...

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

"Allâhumma 'innî  
'a'ûdhu bika minal  
khubuthi  
walkhabâ'ith"

*O Allâh, I seek protection in you from  
unclean spirits, male and female.*



When I come out of the toilet, I say...

غُفرَانَكَ

# “Ghufrânaka”

*I ask your forgiveness.*





When I enter the mosque, I say...

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ الْكَرِيمِ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

**“BISMILLÂHI  
WAS-SALÂTU  
WAS-SALÂMU  
‘ALÂ RASÛLILLÂH,  
ALLÂHUMMAFTAH LÎ  
'ABWÂBA RAHMATIK”**

*In the Name of Allâh and Peace and Blessing be upon the  
Messenger of Allâh, O Allâh! Open for me the gates of your Mercy.*





When I step out of the mosque, I say...

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ الْكَرِيمِ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

"BISMILLÂHI  
WAS-SALÂTU  
WAS-SALÂMU  
'ALÂ RASÛLILÂH,  
ALLÂHUMMA 'INNÎ  
'AS'ALUKA MIN FADLIK"

*In the Name of Allâh and Peace and Blessing be upon the Messenger of Allâh, O Allâh! I ask for your favor from you.*





When any affliction happens to me, I say...

إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ

“Innâ lillâhi  
wa ‘innâ  
'ilayhi râji'ûn”

*Truly, to Allâh we belong and truly to Him we shall return.*



When I find anyone in affliction, I say...

الْحَمْدُ لِلّٰهِ الَّذِي عَافَنِي مِمَّا ابْتَلَاهُ بِهِ

وَفَضَّلَنِي عَلٰى كَثِيرٍ مِّمَّنْ خَلَقَ تَفْضِيلًا

“Alhamdu lillâhil-ladhî  
‘Âfânî mimmab-talâka  
bihi wa faddalanî  
‘alâ kathîrim-mimman  
khalaqa tafdeelâ”

*All praise is for Allâh, Who saved me from what he has afflicted you with and favored me more than many others He created.*



When I visit a sick person, I say...

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

“Lâ ba’sa  
tahûrun  
'in shâ' Allâh”

*Don't worry it is for Purification\* if Allâh wills.*

\* This purification is referring to the purification of sins.

Prophet Muhammad ﷺ taught us that any pain that a Muslim suffers results in forgiveness of his sins. This forgiveness in itself is a type of purification.





When I face an enemy, I say...

حَسْبُنَا اللَّهُ وَنَعْمَ الْوَكِيلُ

"Hasbunā-lâhu

wa

Ni'mal-Wakîl"

*Allâh is sufficient for us and He is the best disposer of affairs.*





When I am angry, I say...

أَعُوذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

“ ’A‘ûdhu  
billâhi minash-  
Shaytânir-Rajîm”

*I seek refuge with Allâh from Satan, the cursed one.*



When I enter a Muslim graveyard, I say...

السَّلَامُ عَلَى أَهْلِ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ،  
وَإِنَّا إِنْ شَاءَ اللَّهُ بِكُمْ لَأَحْقُونَ

**“As-salâmu  
‘alâ ’ahlid-diyâri  
minal-mu’mineena  
wal-muslimeena  
wa ’inna ’in shâ’ Allâhu  
bikum lalâhiqûn”**

*Peace be upon the people of this abode, from among  
the believers and those who have submitted  
and if Allâh wills, we will also join you.*



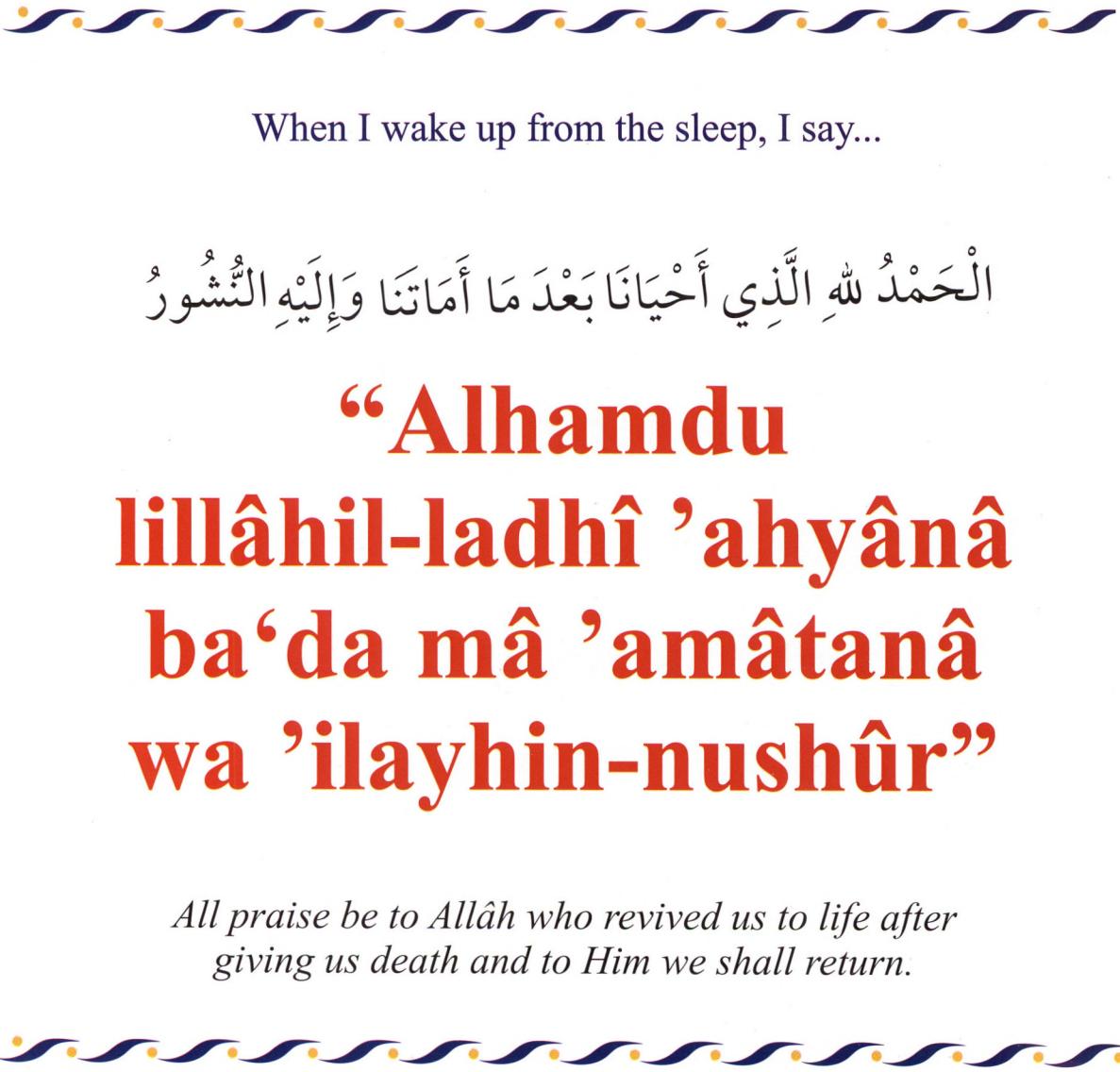
When I intend to sleep, I say...

بِاسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

**“Bismika  
Allâhumma  
'amûtu  
wa 'ahyâ”**

*By your Name, O Allâh, I die and live.*





When I wake up from the sleep, I say...

الْحَمْدُ لِلّٰهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلٰيْهِ التُّشُّوْرُ

**“Alhamdu  
lillâhil-ladhî ’ahyânâ  
ba‘da mâ ’amâtanâ  
wa ’ilayhin-nushûr”**

*All praise be to Allâh who revived us to life after giving us death and to Him we shall return.*