

## ARTHRITIS

"Inflammation of Joints characterized by the degeneration and damage to the Joint tissue"

### Symptoms

- Pain after physical activity
- Creaking sound from Joints
- Stairs, Get-up

- ① **OSTEO ARTHRITIS**
- Progressive disease
  - Knee, Hip Joints

- ② **RHEUMATOID ARTHRITIS** (Auto-Immune disorder)
- ↳ Inflamed Synovial membrane.

- ③ **GOUT** → Metabolic disorder

"Accumulation of uric acids in Joints"

- Crystals are found in joints.

Sodium urate crystals

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