

Popular scientific project description for project funded by Ekhagastiftelsen

Application number:	2014-63
Project title:	Development and Implementation of a Permanent Regulatory Framework for Anthroposophic Medicinal Products in Europe
Receiver of grant (name, address):	ESCAMP Zechenweg 6 D-79111 Freiburg Germany
Contact / project manager:	Dr. med. Harald Johan Hamre
Project start (yyyy-mm-dd): *	2014-01-01
Project end (yyyy-mm-dd): *	2016-12-31
By Ekhagastiftelsen granted sum:	350.000 SEK

Project description: (max 150 words)

There is a need for a permanent regulatory frame work for anthroposophic medicinal products (AMPs) in Europe. The objective of ESCAMP is to develop methods for the scientific assessment of quality, safety and effectiveness of AMPs, and to implement these in publications and monographs. ESCAMP published that anthroposophic medicine is a whole medical system that can promote self-management of patients. Analysis of the EvaMed pharmacovigilance database with 44,662 patients, demonstrated that adverse drug reactions to AMPs in outpatients are rare, it was a safe treatment. Furthermore, a description of the Vademecum was given on how this series of mini-reviews on AMP use can be used for scientific purposes. In conclusion, ESCAMP has structurally and successfully worked to build the scientific basis for a permanent regulatory framework for AMPs. Continuation of ESCAMPs activities is needed in order to further build the scientific evidence, necessary to guarantee the future availability of AMPs.

* Dates for project start and end should be the dates for which the grant is received (Not dates for total project if longer than period for which grant is received)