

Popular scientific project description for project funded by Ekhagastiftelsen

Popular scientific project description is to be submitted within 2 months of project grant.

Application number:	2019-03
Project title:	Effects of Whole-System Anthroposophic Medicinal Product Interventions: a Systematic Review and Meta-analyses
Receiver of grant (name, address):	Dr. Harald Hamre ESCAMP Zechenweg 6 D-79111, Freiburg Germany
Contact / project manager:	Dr. Harald Hamre Tel: +49 761 1560307 Email: harald.hamre@escamp.org
Project start (yyyy-mm-dd): *	2019-11-01
Project end (yyyy-mm-dd): *	2020-12-31
By Ekhagastiftelsen granted sum:	530.000 SEK

Project description: (max 150 words)

Anthroposophic Medicinal Products (AMPs) are natural medicines that have the therapeutic goal to support the patient's natural ability for self-healing. In order to guarantee the availability of AMPs for doctors and patients in the future, there is a need to demonstrate effectiveness of AMPs. The aim of this project is to perform a systematic review to investigate the effects of whole-system AMP interventions. Searches will be performed in several databases. Two researchers will independently screen references, perform study selection, data entry and assess the quality of included studies. Primary outcome is change in any relevant clinical outcome from studies where data can be pooled through meta-analysis. If meta-analysis is not possible, the primary outcome is the number of studies with high plausibility effects for AMPs on a whole system level. This systematic review will compile the state of the evidence for AMP use by patients in every day clinical practice.

* Dates for project start and end should be the dates for which the grant is received (Not dates for total project if longer than period for which grant is received)