

Sheet1

	Monday	Tuesday	Wednesday	Thursday	Friday
Break Fast	Rava upma coconut chutne	Idly +vada Tomato Chutne Sambar	Maggi Tomato sauce Omlette	Onion uthappam Groundnut chutn Sambar	Pongal+Vada Coconut Chutne Sambar
Break Fast Extras	Boiled egg Bread, Butter & Coffee, tea & Corn Flakes Sambhar Vada Milkshakes	Bread, Butter & Coffee, tea & Corn Flakes Omlette Bournvita	Bread, Butter & Coffee, tea & Corn Flakes Boiled Egg Boost	Bread, Butter & Coffee, tea & Corn Flakes caterer choice Horlicks	Bread, Butter & Coffee, tea & Corn Flakes Omlette Egg Noodles
Lunch	Rice Poori Green peas ma Gongura dal Brinjal Sambar Tomato Rasam Curd Papad	Rice Pudina chapath Moong daal Channa Masala Avarakka samb Karakulambu Curd fryums	Rice Oil chapathi Mix daal Bhindi fry Drum stick sam Morekulambu Curd Papad Sweet/ice cream	Rice Phulka Potato podimas Egg curry Ladies finger sam Pepper Rasam Curd fryums	Rice Pudima chapath Raw banana cur Chicken curry Raddish sambar Karakulambu Curd Papad
Lunch Salad	Pickle,sugar,sal Raddish Cucumber Carrot Fried Rice-Egg	Pickle,sugar,sal Tomato Cucumber Onion Fried Rice-Veg	Pickle,sugar,sal Onion Cucumber Carrot Fried Rice-Chic	Pickle,sugar,salt Raddish Cucumber Beet root Fried Rice-Egg	Pickle,sugar,salt Onion Cucumber Carrot Noodles-Egg

Lunch Extras

4 Extras of caterer Choice - One veg Gravy, one non veg gravy is compulsory and remaining 2 can be juice or othes as per caterer choice	4 Extras of caterer Choice - One veg Gravy, one non veg gravy is compulsory and remaining 2 can be juice or othes as per caterer choice	4 Extras of caterer Choice - One veg Gravy, one non veg gravy is compulsory and remaining 2 can be juice or othes as per caterer choice	4 Extras of caterer Choice - One veg Gravy, one non veg gravy is compulsory and remaining 2 can be juice or othes as per caterer choice	4 Extras of caterer Choice - One veg Gravy, one non veg gravy is compulsory and remaining 2 can be juice or othes as per caterer choice
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Evening snacks

Tea, coffee, mTea, coffee, miTea, coffee, miTea, coffee, milkTea, coffee, mil

Evening snacks extras

Chat item of caterer choice	Chat item of caterer choice	Chat item of caterer choice	Chat item of caterer choice	Chat item of caterer choice
Milk shakes	fruit juices	Milk shakes	fruit juices	Milk shakes
Bajji	Samosa	Medu vada	Cutlet	Bread Pakoda
Dosa	Phulka	Dosa	Veg fried rice	Dosa with masal
Tomato Chutne	Mix veg gravy	Tomato chutne	Rice	Groundnit chutn
Rice	Rice	Rice	Radish sambar	Rice
Drum stick sar	Ladies finger sa	Raddish sambar	Gobu mutter	Avarakka samba
Egg Masala	Chicken dry	Rasam	Rasam	Rasam
Butter milk	Butter milk	Butter milk	Butter milk	Butter milk
Pickle, Salt, le	Pickle, Salt, ler	Pickle, Salt, ler	Pickle, Salt, lem	Pickle, Salt, lem
Seasonal	Banana	Water melon	Papaya	Fruit salad
fryums	Papad	fryums	Papad	fryums
tomato	Raddish	Tomato	carrot	Beet root
onion	carrot	Beet root	onion	radish
Carrot	Cucumber	Cucumber	Cucumber	Cucumber
Omlette/boile	Omlette/boiled	Omlette/boiled	Omlette/boiled	Omlette/boiled
Veg curry of ca	Veg curry of ca	Veg curry of ca	Veg curry of ca	Veg curry of cae

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Dinner Extras	Non veg curry	Non veg curry	Non veg curry	Non veg curry	Non veg curry
	Fruit juice/lassi	Fruit juice/lassi	Fruit juice/lassi	Fruit juice/lassi	Fruit juice/lassi
	Veg/non veg dry	Veg/non veg dry	Veg/non veg dry	Veg/non veg dry	Veg/non veg dry

Saturday	Sunday
Rava dosa	Wheat dosa
Tomato Chutney	Coconut Chutney
Sambar	Sambar
Bread, Butter & Jam	Bread, Butter & Jam
Coffee, tea & milk	Coffee, tea & milk
Corn Flakes	Corn Flakes
Boiled Egg	Boiled Egg
Milkshakes	Boost
Veg Briyani with	Chicken Briyani
Chapathi	Onion Raitha
Paneer butter	Chicken salna
Lime juice	Ice cream
Curd	Curd
fryums	fryums
Pickle,sugar,salt	Pickle,sugar,salt, lemon
Tomato	Onion
Cucumber	Cucumber
Beet root	Carrot

5 Extras of caterer Choice - One veg Gravy, one non veg gravy is compulsory and remaining 2 can be juice or other as per caterer choice	5 Extras of caterer Choice - One veg Gravy, one non veg gravy is compulsory and remaining 2 can be juice or other as per caterer choice
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Tea, coffee, milk

Chat item of caterer choice	Chat item of caterer choice
fruit juices	Milk shakes
Dahi Vada	Kachori

Sambar Rice	Aloo Paratha
Curd Rice	Curd+Sugar
Variety Rice	Rice
Potato Chips	Avarakka sambar
Boost or Bournv	Rasam
Coconut chutn	Butter milk
Pickle, Salt, le	Pickle, Salt, lemon
Banana	Seasonal fruit
Papad	fryums
Carrot	tomato
onion	beet root
Cucumber	Cucumber
Omlette/boile	Omlette/boiled egg
Veg curry of cæ	Veg curry of caerer choice

Non veg curry Non veg curry  
Fruit juice/las:Fruit juice/lassi  
Veg/non veg d\Veg/non veg dry