

	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>
<b>Breakfast</b>	Gobi Parantha, Pickle, mint Chutney + compulsory breakfast items	Moong daal kitchadi, Coconut Chutney + compulsory breakfast items	Poori, aloo tomato, compulsory breakfast items
	<b>Compulsory Breakfast items- Bread, butter, Jam, Tea, Coffee, Milk</b>		
<b>breakfast extras</b>	boiled egg, omlet, corn flakes	boiled egg, bournvita/boost, corn flakes	boiled egg, omlet, corn flakes
<b>Lunch</b>	Masoor Dal, Phulka, Malai Kofta, Sweet/Ice Cream, Rice, Compulsory lunch items	Toor Dal, Baigan Bharta, Phulka, Rice, Compulsory lunch items	Moong Dal, bitter gourd karela, phulka, Rice, Compulsory lunch items
	<b>Compulsory lunch items- Curd + Pickle + Fryums/ Papad + Sugar+Salt + Salad, lemon</b>		
<b>Lunch Salads</b>	Ra, cu,ca	cu,br,ca	To, cu,ra
<b>Lunch Extras</b>	egg masala, Non veg curry, Veg curry, Rice/noodles items	egg masala, Non veg curry, Veg curry, Rice/noodles item	egg masala, Non veg curry, Veg curry, Rice/noodles item
<b>tea time</b>	coffee	coffee	coffee
	tea	tea	tea

Sheet1

	milk	milk	milk
<b>tea time extras</b>	samosa	sundal	papdi chat
	mirchi bajji	pani poori	bajji
	bhelpoori	vada	pani poori
<b>Dinner</b>	mix dal, Dum Aloo, phulka, Compulsory dinner items, fruit salad	Soya Badi Gravy, Phulka, moong dal, Compulsory dinner items	Lauki Kofta , phulka, toor dal, Compulsory dinner items
<b>Compulsory dinner items + salad</b>	Rice + Buttermilk + Salad, lemon + Papad/Fryums	Rice + Buttermilk + Water Melon + Salad, lemon + Papad/Fryums	Rice + Buttermilk + Banana (Moris) + Salad, lemon + Papad/Fryums
<b>Dinner Salads</b>	To, cu,ra	On, cu,ca	cu, on, br
<b>Dinner Extras</b>	Noodles, Veg curry, Non veg curry, Rice item	Noodles, Veg curry, Non veg curry, Rice item	Noodles, Veg curry, Non veg curry, Rice item

Wednesday	Thrusday	Friday	Saturday
Idli, Vada, sambar, chutney/bread pakoda, sprouts	Vegetble Maggi (30% vegetables), Tomato Sauce and Chilli sauce+ compulsory breakfast items	Lemon poha, mint chutney, compulsory breakfast items	Rava Dosa, Sambar, coconut Chutney + compulsory breakfast items
boiled egg, omlet, bournvita, horlicks	boiled egg, omlet, corn flakes	boiled egg, corn flakes, bournvita,boost	boiled egg, omlet, milkshakes
Rajma Masala, Cabbage Capsicum, phulka, Rice, Compulsory lunch items	Kadhi with Pakoda, spicy aloo dry, phulka, Rice ,lemon juice, Compulsory lunch items	Dal Makhani,Bhindi Fry, phulka, Rice, Compulsory lunch items	Mix Dal, Kadai Paneer, Phulka, Rice, Compulsory lunch items
Br, cu, ca	cu, to, ra	cu, br, ca	On,Ca, cu
egg masala, Non veg curry, Veg curry, Rice/noodles item	egg masala, Non veg curry, Veg curry, Rice/noodles item	egg masala, Non veg curry, Veg curry, Rice/noodles item	egg masala, Non veg curry, Veg curry, Rice/noodles item
coffee	coffee	coffee	coffee
tea	tea	tea	tea

Sheet1

milk	milk	milk	milk
cutlet	bajji	samosa	cutlet
dahipoori	pani poori	bread pakoda	parupu vada
kachori	samosa masala chat	bajji	samosa masala chat
Oil Chapathi, Tendali Sabji Dry, chana daal, Compulsory dinner items	Aloo Parantha ,Pickle, Curd, rajma Dal, Compulsory dinner items	Chhola, oil chapathi, Toor Dal, rice, Compulsory dinner items	Phulka, Veg Biryani, Raita, Green Peas Masala, Milk with boost/bournvita, Compulsory dinner items
Rice + Buttermilk + fruit salad+ Salad, lemon + Papad/Fryums	Rice +Buttermilk+ seasonal fruit + Salad, lemon + Papad/Fryums	Rice + Buttermilk + Pineapple + Salad, lemon + Papad/Fryums	Banana + Salad, lemon + Papad/Fryums
cu, ra, br	Ra, cu, ca	Ca, cu, ra	cu, br, ra
Noodles, Veg curry, Non veg curry, Rice item	Noodles, Veg curry, Non veg curry, Rice item	Noodles, Veg curry, Non veg curry, Rice item	Noodles, Veg curry, Non veg curry, Rice item