

## Week 10 - Time evolution

→ Systems over time

- $|\Psi(t)\rangle = e^{-i\hat{H}t/\hbar} |\Psi(0)\rangle$  gives Schrödinger's it  $\frac{\partial}{\partial t} |\Psi(t)\rangle = \hat{H} |\Psi(t)\rangle$

This comes from our previous discussion on unitary operators:

1. The generator of time translations is  $\hat{A}$

2. Stone's theorem says that for every self-adjoint operator  $\hat{A} = \hat{A}^\dagger$  we have a unitary group  $\hat{U}(t)$ . So:

$\hat{U}(t) = e^{-i\hat{A}t}$  or, in our case, the  $\hat{U}(t)$  that governs evolution over time of a system has some corresponding  $\hat{A}$ .

Guess experimentally,  $\hat{A} = \hat{H}/\hbar$ , similar to last class...?

3. So:

$$|\Psi(t)\rangle = e^{-i\hat{H}t/\hbar} |\Psi(0)\rangle, \text{ which means}$$

$|\Psi(t+dt)\rangle = e^{-i\hat{H}dt/\hbar} |\Psi(t)\rangle$  to which we can apply the expansion we've been using:

$$\begin{aligned} |\Psi(t+dt)\rangle &= |\Psi(t)\rangle + dt \frac{\partial}{\partial t} |\Psi(t)\rangle \\ &= |\Psi(t)\rangle + dt \frac{\partial}{\partial t} (e^{-i\hat{H}t/\hbar} |\Psi(0)\rangle) \\ &= |\Psi(t)\rangle - i\hat{H} \frac{dt}{\hbar} |\Psi(t)\rangle \end{aligned}$$

4.  $i\hbar \frac{\partial}{\partial t} |\Psi(t)\rangle = \hat{H} |\Psi(t)\rangle$

This is how a system evolves over time (if isolated) — deterministically! Very different from the stochastic change as a result of measurement.

→ Spectral Properties of the Hamiltonian

- For eigenstates of  $\hat{H}$ ,  $|\Psi_i\rangle$ :

$$\hat{H} |\Psi_i\rangle = E_i |\Psi_i\rangle$$

so, if our initial state  $|\Psi(t=0)\rangle = |\Psi_i\rangle$ , we know:

$$|\Psi(t)\rangle = e^{-i\hat{H}t/\hbar} |\Psi(0)\rangle = e^{-i\hat{H}t/\hbar} |\Psi_i\rangle$$

$$= e^{-iE_it/\hbar} |\Psi_i\rangle \text{ because } |\Psi_i\rangle \text{ is an eigenstate of } \hat{H}.$$

This tells us that the state changes by a global phase factor  $e^{-iE_it/\hbar}$ , and a state is a ray, so global phase factors don't actually matter (they change the length but not direction) — State does not change.

We can see this another way:

$$\langle \hat{A} \rangle_{\Psi(t)} = \langle \Psi(t) | \hat{A} | \Psi(t) \rangle = e^{iEit/\hbar} \langle \varphi_i | \hat{A} | \varphi_i \rangle e^{-iEit/\hbar}$$

$$= \langle \varphi_i | \hat{A} | \varphi_i \rangle$$

$$= \langle \hat{A} \rangle_{\varphi(0)}$$

The expectation value of the isolated system does not change with time.

The final state after measurement also does not change:

$|\Psi\rangle \mapsto \hat{\rho}|\Psi\rangle$  after measurement

so, after time  $t$  (of a system with initial state  $|\Psi_i\rangle \dots$ ) we measure:  
 $\hat{\rho}e^{-iEit/\hbar} |\Psi_i\rangle = e^{-iEit/\hbar} \hat{\rho} |\Psi_i\rangle$

which to us, where states are rays, is the same as state  $\hat{\rho}|\Psi_i\rangle$ ,  
 where we measure at  $t=0$ .

For this reason, eigenstates of  $\hat{H}$  are called stationary states.

If our initial state is not a stationary state  $|\Psi_i\rangle$ , this is different:

$$|\Psi(t)\rangle = \sum_i |\Psi_i\rangle \langle \Psi_i | \Psi(t) \rangle = \sum_i |\Psi_i\rangle c_i(t) \text{ and,}$$

$$|\Psi(t)\rangle = e^{-i\hat{H}t/\hbar} |\Psi(t=0)\rangle = e^{-i\hat{H}t/\hbar} \sum_i |\Psi_i\rangle c_i(t=0)$$

$$= \sum_i e^{-i\hat{H}t/\hbar} |\Psi_i\rangle c_i(t=0) = \sum_i e^{-iE_it/\hbar} |\Psi_i\rangle c_i(0)$$

$$= \sum_i |\Psi_i\rangle c_i(t), \text{ where } c_i(t) = e^{-iE_it/\hbar} c_i(0)$$

We see that each expansion coefficient  $c_i(t)$  for each corresponding eigenbasis vector of  $\hat{H}$ ,  $|\Psi_i\rangle$  changes over time at the rate  $E_i/\hbar$ .

Because  $E_i$  is different for each  $|\Psi_i\rangle$ ,  $|\Psi(t)\rangle$  is not the same state as  $|\Psi(0)\rangle$ . Each component of  $|\Psi(t)\rangle$  changes differently over time. (if all  $E_i$  eigenvalues were the same, we could pull out a global phase factor. But clearly that is not the case!)

The expectation value is also not constant:

$$\langle \hat{A} \rangle_{\Psi(t)} = \langle \Psi(t) | \hat{A} | \Psi(t) \rangle$$

$$= \sum_i \underbrace{e^{iE_it/\hbar}}_{c_i^*(t)} c_i^*(0) \langle \varphi_i | \hat{A} | \varphi_i \rangle \underbrace{e^{-iE_it/\hbar}}_{c_i(t)} c_i(0)$$

If our basis is the eigenstates of  $\hat{H}$ , an element in  $\hat{A}$ 's matrix,  $A_{ij}$  is

$$A_{ij} = \langle \Psi_i | \hat{A} | \Psi_j \rangle$$

Also,  $\omega_{ji} = E_j - E_i / \hbar$  is what we call a Bohr angular frequency.

We can then rewrite:

$$\langle \hat{A} \rangle_{\Psi(t)} = \sum_{ij} A_{ij} c_i^*(0) c_j(0) e^{-i\omega_{ji}t}$$

which must be a real value.

We can break this down further:

$$\begin{aligned} \langle \hat{A} \rangle_{\Psi(t)} &= \sum_{j=i} A_{ii} |c_i(0)|^2 + \sum_{j>i} A_{ij} c_i^*(0) c_j(0) e^{-i\omega_{ji}t} \\ &\quad + \sum_{j<i} A_{ij} c_i^*(0) c_j(0) e^{-i\omega_{ji}t} \end{aligned}$$

since they are just indices, we can flip all  $i$ 's &  $j$ 's in the last term:

$$\sum_{(j)} A_{ji} c_j^*(0) c_i(0) e^{-i\omega_{ij}t}$$

we know  $A_{ji} = A_{ij}^*$  and  $\omega_{ji} = E_j - E_i / \hbar$ , so  $\omega_{ij} = -\omega_{ji}$  and  $e^{-i\omega_{ij}t} = e^{i\omega_{ji}t}$ , so this whole term is actually the complex conjugate of the second term!

By definition,  $z + z^* = 2\operatorname{Re}(z)$ , so:

$$\langle \hat{A} \rangle_{\Psi(t)} = \sum_i A_{ii} |c_i(0)|^2 + 2\operatorname{Re} \sum_{j>i} A_{ij} c_i^*(0) c_j(0) e^{-i\omega_{ji}t}$$

We can also write any complex  $z$  as  $|z|e^{i\phi}$  for some  $\phi$ , so we can rewrite  $A_{ij} c_i^*(0) c_j(0)$  as  $|A_{ij} c_i^*(0) c_j(0)| e^{i\phi_{ij}}$ :

$$\begin{aligned} \langle \hat{A} \rangle_{\Psi(t)} &= \sum_i A_{ii} |c_i(0)|^2 + 2 \sum_{j>i} |A_{ij} c_i^*(0) c_j(0)| \operatorname{Re} \{ e^{-i(\omega_{ji}t - \phi_{ij})} \} \\ &= \sum_i A_{ii} |c_i(0)|^2 + 2 \sum_{j>i} |A_{ij} c_i^*(0) c_j(0)| \cos(\omega_{ji}t - \phi_{ij}) \end{aligned}$$

Evidently, this first term does not vary with time (it is static) and the second is a sinusoid with period  $T = 2\pi/\omega_{ji}$  and is offset a distance  $\tau = \phi_{ij}/\omega_{ji}$  from the origin.

$\therefore$  The expectation value wrt arbitrary initial state  $|\Psi(0)\rangle$  oscillates with time

For an arbitrary  $|\Psi(0)\rangle$ , the expectation value is static only if  $|\Psi(0)\rangle = |\Psi_i\rangle$  as we saw earlier, or  $\hat{A}$  commutes with  $\hat{H}$ :

- We want the "t" term to be 0. Since  $w_{ji}$  can't be 0 for all  $j$  and  $i$ , and not all  $c_i(0)$ ,  $c_j(0)$  can be 0 (for arbitrary  $|\Psi(0)\rangle$ ), we need  $A_{ij} = 0$ .

- For  $A_{ij}$  (which recall is in  $\hat{H}$ 's eigenbasis),  $A_{ij} = \langle \varphi_i | \hat{A} | \varphi_j \rangle$  which is guaranteed if  $[\hat{A}, \hat{H}] = 0$

$$\begin{aligned}\langle \varphi_i | [\hat{A}, \hat{H}] | \varphi_j \rangle &= \langle \varphi_i | 0 | \varphi_j \rangle = 0 \\ &= \langle \varphi_i | \hat{A}\hat{H} - \hat{H}\hat{A} | \varphi_j \rangle \\ &= \langle \varphi_i | \hat{A}\hat{H} | \varphi_j \rangle - \langle \varphi_i | \hat{H}\hat{A} | \varphi_j \rangle \\ &= E_i \langle \varphi_i | \hat{A} | \varphi_j \rangle - E_j \langle \varphi_i | \hat{A} | \varphi_j \rangle \\ &= (E_j - E_i) \langle \varphi_i | \hat{A} | \varphi_j \rangle\end{aligned}$$

so for  $j \neq i$ ,  $A_{ij} = 0$ , so the matrix of  $A$  is diagonal in  $\hat{H}$ 's eigenbasis  $\Rightarrow \hat{A}$  and  $\hat{H}$  commute.

$\therefore [\hat{A}, \hat{H}] = 0 \Rightarrow \langle \hat{A} \rangle_{\Psi(t)}$  is constant over t.

In other words:

$$\begin{aligned}\langle \hat{A} \rangle_{\Psi(t)} &= \langle \Psi(t) | \hat{A} | \Psi(t) \rangle \\ &= \langle \Psi(0) | e^{i\hat{H}t/\hbar} \hat{A} e^{-i\hat{H}t/\hbar} | \Psi(0) \rangle\end{aligned}$$

If  $[\hat{H}, \hat{A}] = 0$  we can rearrange these operators

$$\langle \hat{A} \rangle_{\Psi(t)} = \langle \Psi(0) | \hat{A} e^{i\hat{H}t/\hbar} e^{-i\hat{H}t/\hbar} | \Psi(0) \rangle = \langle \hat{A} \rangle_{\Psi(0)}$$

More about expectation values... Assuming  $\frac{\partial A}{\partial t} = 0$  and we know (or expect)  $\frac{d}{dt} \langle \hat{A} \rangle_{\Psi(t)} \neq 0$  unless  $\hat{A}$  and  $\hat{H}$  commute. We can obtain this relationship as:

$$\begin{aligned}\frac{d}{dt} \langle \hat{A} \rangle_{\Psi(t)} &= \frac{d}{dt} \langle \Psi(0) | e^{i\hat{H}t/\hbar} \hat{A} e^{-i\hat{H}t/\hbar} | \Psi(0) \rangle \\ &= \langle \Psi(0) | \frac{d}{dt} e^{i\hat{H}t/\hbar} \hat{A} e^{-i\hat{H}t/\hbar} + e^{i\hat{H}t/\hbar} \hat{A} \frac{d}{dt} e^{-i\hat{H}t/\hbar} | \Psi(0) \rangle \\ &= \frac{i}{\hbar} \langle \Psi(0) | e^{i\hat{H}t/\hbar} (\hat{H}\hat{A} - \hat{A}\hat{H}) e^{-i\hat{H}t/\hbar} | \Psi(0) \rangle \\ &= \frac{i}{\hbar} \langle [\hat{H}, \hat{A}] \rangle_{\Psi(t)}\end{aligned}$$

We can apply this to get N2L/Ehrenfest's theorem. Say we have a free particle in 1D with  $\hat{H} = \hat{P}^2/2m + V(\hat{x})$ . If our  $\hat{A}$  is  $\hat{P}$ :

$$\langle x | [\hat{H}, \hat{P}] = \langle x | \left[ \frac{\hat{P}^2}{2m} + V(\hat{x}), \hat{P} \right] = \langle x | [V(\hat{x}), \hat{P}]$$

$$= \langle x | V(\hat{x}) \hat{P} - \langle x | \hat{P} V(\hat{x})$$

$$\begin{aligned} \langle x | \hat{V}(x) \hat{p} - \langle x | \hat{p} \hat{V}(x) &= V(x) \langle x | \hat{p} - \langle x | \hat{p} V(x) \\ &= V(x) (-i\hbar \frac{d}{dx}) \langle x | + i\hbar \frac{d}{dx} (\langle x | \hat{V}(x)) \\ &= -i\hbar V(x) \frac{d}{dx} \langle x | + i\hbar \frac{d}{dx} (V(x) \langle x |) \\ &\quad - \underline{i\hbar V(x) d/dx \langle x |} + \underline{i\hbar dV/dx \langle x |} + \underline{i\hbar V(x) \frac{d}{dx} \langle x |} \end{aligned}$$

$$= i\hbar \frac{dV}{dx} \langle x | = i\hbar \langle x | \frac{dV}{dx} (\hat{x})$$

so,  $[\hat{H}, \hat{p}]$  in this case is  $i\hbar \frac{dV}{dx} (\hat{x})$

We can use our earlier result to do:

$$\begin{aligned} \frac{d \langle \hat{p} \rangle_{\Psi(t)}}{dt} &= \frac{i}{\hbar} \langle [\hat{H}, \hat{p}] \rangle_{\Psi(t)} = \frac{i}{\hbar} \langle i\hbar \frac{dV}{dx} \rangle_{\Psi(t)} \\ &= - \langle \frac{dV}{dx} \rangle_{\Psi(t)} \quad (\text{Ehrenfest's theorem}) \end{aligned}$$

Note how this mirrors  $\frac{dp}{dt} = ma = F = -\frac{dV}{dx}$  in classical mechanics!

→ Momentum and the Hamiltonian

- Momentum-space wave function  $\langle p | \Psi \rangle = \phi(p)$

- For a free particle in 1D with mass  $m$ :

$\hat{H} = \hat{p}^2/2m$ , so  $[\hat{H}, \hat{p}] = 0$  and eigenstates of  $\hat{p}$  are eigenstates of  $\hat{H}$ . We also have generalized eigenstates so that

$\hat{p} |\hat{p}\rangle = p |\hat{p}\rangle$ ,  $p \in \sigma(\hat{p}) = \mathbb{R}$  (momentums are real valued)

$$\langle \hat{p} | \hat{p}' \rangle = \delta(p - p')$$

and,  $\hat{H} |\hat{p}\rangle = p^2/2m |\hat{p}\rangle$ , so  $\sigma(\hat{H}) = \mathbb{R}_0^+$  ( $p^2$  is 0 or  $\mathbb{R}^+$ )

What does  $\hat{p} |\hat{p}\rangle$  look like in position space?

$$\langle x | \hat{p} |\hat{p}\rangle = p \langle x | \underbrace{\hat{p}}_{\text{momentum}}$$

$-i\hbar \frac{d}{dx} \phi_p(x) = p \underbrace{\phi_p(x)}_{\text{momentum}} \rightarrow (-i\hbar \frac{d}{dx} - p) \phi_p(x) = 0$  which is a linear ODE (1st order) with a known solution:

$$\frac{d \phi_p}{dx} \left( \frac{1}{\phi_p} \right) = \frac{ip}{\hbar} \Rightarrow \frac{d(\ln \phi_p)}{dx} = \frac{ip}{\hbar} \quad (\text{which is a constant!})$$

$$\ln \phi_p(x) = \frac{ip}{\hbar} x + C_p \rightarrow e^{C_p} e^{-ipx/\hbar} = \phi_p(x)$$

call  $e^{C_p}$  some normalization constant  $N_p$ .

We can determine  $N_p$  by enforcing  $\langle \hat{p} | \hat{p}' \rangle = \delta(p - p')$

Insert the identity  $\int dx |x\rangle \langle x|$ :

$$\langle \hat{p} | \hat{p}' \rangle = \int dx \langle \hat{p} | x \rangle \langle x | \hat{p}' \rangle = \int dx \phi_p^*(x) \phi_{p'}(x)$$

$$= N_p^* N_{p'} \int_{-\infty}^{\infty} e^{i(p'-p)x/\hbar} dx = \hbar N_p^* N_{p'} \int_{-\infty}^{\infty} e^{-i(p'-p)x/\hbar} dx / \hbar$$

(say  $u = x/\hbar$ )

$$= \hbar N_p^* N_{p'} \int_{-\infty}^{\infty} du e^{-i(p'-p)u}$$

$$= 2\pi\hbar N_p^* N_{p'} \delta(p'-p) \quad (\text{using } \int_{-\infty}^{\infty} e^{ikx} dx = 2\pi\delta(k) \dots)$$

since we want  $\langle p|p' \rangle = \delta(p-p')$ , and  $\delta(p-p') = \delta(p'-p)$ ,

$$2\pi\hbar N_p^* N_{p'} \delta(p'-p) = 2\pi\hbar N_p^* N_p \delta(p'-p) = \delta(p'-p)$$

$$|N_p|^2 = \frac{1}{2\pi\hbar}$$

$$|N_p| = \frac{1}{\sqrt{2\pi\hbar}}, \text{ so } N_p = \frac{1}{\sqrt{2\pi\hbar}} e^{i\theta_p}$$

$$\text{so, } \phi_p(x) = \langle x|p \rangle = \frac{1}{\sqrt{2\pi\hbar}} e^{i\theta_p} e^{ipx/\hbar}$$

Finally, to enforce the action of  $\hat{B}_{\Delta p}|p\rangle = |p+\Delta p\rangle$ , we can set  $\theta_p$ :

$$\langle x|\hat{B}_{\Delta p}|p\rangle = \langle x|p+\Delta p\rangle$$

$$\text{LHS, since } \hat{B}_{\Delta p} = e^{i\Delta p \hat{x}/\hbar} \text{ is } e^{i\Delta p x/\hbar} \frac{1}{\sqrt{2\pi\hbar}} e^{i\theta_p} e^{ipx/\hbar}$$

$$\text{RHS, using } \phi_{p+\Delta p}(x) \text{ is } \frac{1}{\sqrt{2\pi\hbar}} e^{i\theta_{p+\Delta p}} e^{i(p+\Delta p)x/\hbar}$$

so clearly  $\theta_p = \theta_{p+\Delta p}$  for any  $\Delta p$ , so  $\theta_p$  is the same for all  $p$ . For convenience we can even set it to 0. Now:

$$\phi_p(x) = \langle x|p \rangle = \frac{1}{\sqrt{2\pi\hbar}} e^{ipx/\hbar}$$

We can see what  $\hat{T}_{\Delta x}$  and  $\hat{B}_{\Delta p}$  applied to  $\phi_p(x)$  looks like (where, of course,  $\langle x|p \rangle$  is the position-space wavefunction of a momentum eigenstate)

$$\langle x|\hat{T}_{\Delta x}|p\rangle = \langle \hat{T}_{-\Delta x}x|p\rangle = \langle x-\Delta x|p\rangle = \frac{1}{\sqrt{2\pi\hbar}} e^{ip(x-\Delta x)/\hbar}$$

$$\langle x|\hat{B}_{\Delta p}|p\rangle = \langle x|p+\Delta p\rangle = e^{i\Delta p x/\hbar} \frac{1}{\sqrt{2\pi\hbar}} e^{ipx/\hbar} = \frac{1}{\sqrt{2\pi\hbar}} e^{i(p+\Delta p)x/\hbar}$$

- Because  $p \rightarrow |p\rangle$  (each eigenvalue  $p$  corresponds to a unique eigenstate  $|p\rangle$ ,  $\hat{p}$  is non-degenerate),  $\{\hat{p}\}$  is a CSCO.

But because  $\hat{H}|p\rangle = \frac{p^2}{2m}|p\rangle$ , where eigenvalue  $E = p^2/2m$ , a single  $E$  corresponds to two eigenvectors,  $|p\rangle = |\sqrt{2mE}\rangle$  and  $|p\rangle = |- \sqrt{2mE}\rangle$  (in other words,  $\hat{H}|p\rangle = E|p\rangle$  and  $\hat{H}|-p\rangle = E|-p\rangle$ ...)

How can we create a CSCO with  $\hat{H}$ ? We start by re-defining the set of eigenstates we're working with:

$$|\Psi^\pm\rangle = |p\rangle \pm |-p\rangle$$

We can guarantee that states  $|\Psi^\pm\rangle$  are still eigenvectors because  $|p\rangle$  and  $|-p\rangle$  have the same eigenvalue wrt  $\hat{H}$ :

$$\begin{aligned}\hat{H}(|p\rangle \pm |-p\rangle) &= \hat{H}|p\rangle \pm \hat{H}|-p\rangle = E|p\rangle \pm E|-p\rangle \\ &= E(|p\rangle \pm |-p\rangle)\end{aligned}$$

It follows that  $|\Psi^\pm\rangle$  are not eigenstates of  $\hat{p}$  since  $|p\rangle$  and  $|-p\rangle$  do not have the same eigenvalue wrt  $\hat{p}$ !

$$\hat{p}|\Psi^\pm\rangle = p|p\rangle \pm (-p)|-p\rangle = p|\Psi^\pm\rangle$$

As a position-space wavefunction, we now have:

$$\langle x|\Psi^\pm\rangle = \langle x|p\rangle \pm \langle x|-p\rangle = \frac{1}{\sqrt{2\pi\hbar}} (e^{ipx/\hbar} \pm e^{-ipx/\hbar})$$

and if we choose to add, we get  $\sqrt{\frac{2}{2\pi\hbar}} \cos\left(\frac{px}{\hbar}\right) = \sqrt{\frac{2}{\pi\hbar}} \cos\left(\frac{px}{\hbar}\right)$

to subtract, we get  $i\sqrt{\frac{2}{\pi\hbar}} \sin\left(\frac{px}{\hbar}\right)$

This alone does not make  $\hat{H}$  a CSCO, though. We need the parity operator  $\hat{\Pi}$ :

$$\begin{aligned}\hat{\Pi}|x\rangle &= | -x \rangle \rightarrow \hat{\Pi}|\Psi^\pm\rangle = (-p) \pm |p\rangle = \pm |\Psi^\pm\rangle \\ &\quad \begin{cases} |-p\rangle + |p\rangle = +|\Psi^+\rangle \\ |-p\rangle - |p\rangle = -|\Psi^-\rangle \end{cases}\end{aligned}$$

Clearly  $\hat{\Pi}$  is self-adjoint:

$$\langle \phi | \hat{\pi} \psi \rangle = \int_{-\infty}^{\infty} \phi^*(x) \hat{\pi} \psi(x) dx = \int_{-\infty}^{\infty} \phi^*(x) \psi(-x) dx, \text{ if } u = -x \text{ and}$$

$$du = -dx$$

$$\langle \phi | \hat{\pi} \psi \rangle = - \int_{\infty}^{-\infty} \phi^*(-u) \psi(u) du = \int_{-\infty}^{\infty} \phi^*(-u) \psi(u) du$$

$$= \int_{-\infty}^{\infty} (\hat{\pi} \phi(u))^* \psi(u) du = \langle \hat{\pi} \phi | \psi \rangle$$

and it commutes with  $\hat{H}$ :

$$\hat{H} \hat{\pi} |\psi_{\pm}\rangle = \hat{H} (\pm |\psi_{\pm}\rangle) = \pm E |\psi_{\pm}\rangle$$

$$\hat{\pi} \hat{H} |\psi_{\pm}\rangle = \hat{\pi} (E |\psi_{\pm}\rangle) = E (\pm |\psi_{\pm}\rangle) = \pm E |\psi_{\pm}\rangle$$

We also see that where  $\hat{H}$  is degenerate,  $\hat{\pi}$  is not:

$$\hat{H} |\psi_{\pm}\rangle = E |\psi_{\pm}\rangle \text{ but } \hat{\pi} |\psi_{\pm}\rangle = \pm |\psi_{\pm}\rangle \text{ (for both } |\psi_+\rangle \text{ and}$$

$|\psi_-\rangle$ ,  $\hat{H}$  gives eigenvalue  $E$ , but  $\hat{\pi}$  gives  $+1$  and  $-1$  respectively.)

So,  $\{\hat{H}, \hat{\pi}\}$  is a CSCO.