



### CAPSULE PROPOSAL FORM

Date Submitted: February 21, 2023	Semester: <b>2<sup>nd</sup> semester AY 2022-2023</b>	Duration of the Project: <b>6 months</b>									
Team Leader: John Herbert Gulinao											
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College/Campus: <b>Sarmiento Campus</b>	Department: <b>GATE Department</b>	Program: <b>Social Sciences</b>									
Project Title: <b>Being Gay and Gray: 'Paglingap' as Transformative Approach to Mitigate Social Stagnation</b>											
Funding Source:	Total Project Amount:										
<div style="display: flex; justify-content: space-between;"> <div> Members:   Rebecca Astilla  Claudine Marcos  Eric John Galang  Myrsel Laluna  Krystal Emerald Guanco  Jeanne Rose Regala </div> <div> College/Department/Agency:  <b>GATE DEPARTMENT</b> </div> </div>											
<b>Research Agenda:</b>											
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; padding: 5px; vertical-align: top;"> <input type="checkbox"/> Climate Change and Adaptation </td> <td style="width: 33%; padding: 5px; vertical-align: top;"> <input type="checkbox"/> Diagnosis and Prevention of Human Diseases and Health Status of Vulnerable Groups </td> <td style="width: 33%; padding: 5px; vertical-align: top;"> <input checked="" type="checkbox"/> Restructuring Society and understanding of Culture towards Inclusive Nation Building </td> </tr> <tr> <td style="padding: 5px; vertical-align: top;"> <input type="checkbox"/> Biodiversity and the Management of the Natural Environment </td> <td style="padding: 5px; vertical-align: top;"> <input type="checkbox"/> Industry assistance Towards Efficient production and Achieving Global Standards </td> <td style="padding: 5px; vertical-align: top;"> <input type="checkbox"/> Emerging Technology and Applications to Inclusive nation Building </td> </tr> <tr> <td style="padding: 5px; vertical-align: top;"> <input type="checkbox"/> Food Safety and Security </td> <td style="padding: 5px; vertical-align: top;"> <input type="checkbox"/> Cultural Heritage and Conservation </td> <td style="padding: 5px; vertical-align: top;"> <input type="checkbox"/> Education and the Pedagogy for the Filipino </td> </tr> </table>			<input type="checkbox"/> Climate Change and Adaptation	<input type="checkbox"/> Diagnosis and Prevention of Human Diseases and Health Status of Vulnerable Groups	<input checked="" type="checkbox"/> Restructuring Society and understanding of Culture towards Inclusive Nation Building	<input type="checkbox"/> Biodiversity and the Management of the Natural Environment	<input type="checkbox"/> Industry assistance Towards Efficient production and Achieving Global Standards	<input type="checkbox"/> Emerging Technology and Applications to Inclusive nation Building	<input type="checkbox"/> Food Safety and Security	<input type="checkbox"/> Cultural Heritage and Conservation	<input type="checkbox"/> Education and the Pedagogy for the Filipino
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		Learners
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**United Nations Sustainable Development Goals**

<input type="checkbox"/> 1 No Poverty	<input type="checkbox"/> 2 Zero Hunger	<input checked="" type="checkbox"/> 3 Good Health and Well-Being	<input type="checkbox"/> 4 Quality Education
<input checked="" type="checkbox"/> 5 Gender Equality	<input type="checkbox"/> 6 Clean water and sanitation	<input type="checkbox"/> 7 Affordable and Clean Energy	<input type="checkbox"/> 8 Decent work and Economic Growth
<input type="checkbox"/> 9 Industry, Innovation, and Infrastructure	<input checked="" type="checkbox"/> 10 Reduced Inequalities	<input type="checkbox"/> 11 Sustainable Cities and Communities	<input type="checkbox"/> 12 Responsible Consumption and Production
<input type="checkbox"/> 13 Climate Action	<input type="checkbox"/> 14 Life Below Water	<input type="checkbox"/> 15 Life on Land	<input checked="" type="checkbox"/> 16 Peace, Justice, and Strong Institutions
<input type="checkbox"/> 17 Partnerships for the Goals			

**Program Component:**

<input checked="" type="checkbox"/> ANIB DAMPI	<input type="checkbox"/> YAMAN	<input type="checkbox"/> KAGYAT
<input type="checkbox"/> BALAT	<input type="checkbox"/> UGNAY	

**Subprogram/s (Pls. Specify)** \_\_\_\_\_

**Projected Output**

<input checked="" type="checkbox"/> Publication	<input type="checkbox"/> Partnership and Places	<input type="checkbox"/> Policies
<input type="checkbox"/> Patent/IPs	<input type="checkbox"/> Profit	<input checked="" type="checkbox"/> People Services: Specify <b>Extension Service</b>
<input type="checkbox"/> Product/Process		

**Rationale:** *(Must contain at least 500 words)*

Erik Erikson's seminal work on Psychosocial Theory had received widespread recognition as a valuable input on understanding human development in the academe. However, among his stages of development, generativity, and stagnation delves not

just into the individual but also into the relationship of people to society which heralds at the end of early adulthood, approximately from ages 40-65. Generativity which refers to the notion of giving back to the society, is characterized by being a productive citizen and establishing involvement in community activities and organizations. In a general sense, Erikson emphasized that achieving generativity would lead to the feeling of usefulness, accomplishment, and satisfaction that would result in successful aging. In contrast, difficulty, or failure to achieve a sense of generativity would lead to stagnation which would yield on the feeling of loss, isolation, and disconnection from the community. In the status model by Bradley (1997), stagnant individuals are characterized by low involvement and generally low inclusivity. This is manifested by having a low investment of personal energy in work, having no interest in political or social movements, does not exhibit a sense of responsibility to promote the growth or well-being of the community, lacking knowledge about what young people need, and being unsupportive or indifferent to the youth choices and direction. Thus, in a broad description, a stagnant individual seems truly stuck on the mere idea of survival, having no interest in society and having little satisfaction with oneself.

This study will probe into the social stagnation experienced among the LGBTQIA+ community. The researchers choose the LGBTQIA+ community as the focus of the study to provide a clear picture and representation of their struggles on being accepted and recognized in the society for being 'gay'. As emphasized in the article of Pereira and Banerjee (2021), people belonging to the LGBTQIA+ are more exposed to adversity, stigma, marginalization, discrimination, and less social support and therefore become at risk of having unhealthy well-being and community isolation. The same dilemma of prejudices was also experienced by LGBTQIA+ communities in the Philippines. In the article of Manalastas, Muyargas, Docena & Torre (2022), it reiterates that Filipino public attitudes towards same-sex sexualities are moderately tolerant only at the surface. It is because there is still a highly negative perception existing especially on issues involving same-gender dating, same-sex marriage, and gender transitioning.

Aligned with the UNESCO Sustainable Development Goals, this research aims to look at how '*Paglingap*' (*literally means providing care*) can be used as a transformative approach to further integrate members of LGBTQIA+ on the society. With the goal of promoting social inclusivity and generativity, the researchers will explore how this Filipino value could mitigate social stagnation among the LGBTQIA+ community. *Paglingap*, which came from the word *lingap* (or care), was based on the traditional Filipino culture of communal cooperation to provide care and help to people in need. In the context of this research, *Paglingap* will be used to denote community-based, grass-root approaches and initiatives that are used to alleviate social issues and help disadvantaged people regardless of age and gender orientation. This endeavor would be significant not only to ensure community involvement but also to provide a framework on how Filipino values can address Filipino concerns and issues in the society.

**Objectives:**

The research shall specifically:

1. Identify factors that contribute to the social stagnation of people ages 40 and above belonging to the LGBTQIA+ society.
2. Determine the existing practices by the community to address social stagnation.
3. Iterate the importance of addressing social stagnation to promote a more inclusive society.
4. Probe on how Filipino traditional value (*paglingap*) can be used as a transformative approach to mitigate social stagnation.

Earlier results within the research area by applicants; related works already in progress  
N/A

**Methodology:** (*Provide details of the following*)  
**Research Design**

The study will be qualitative in nature. Specifically, the researchers will employ phenomenological design. This approach aims to describe the lived experiences of participants and understand the essence of a phenomenon based on their standpoint while bracketing the assumptions that outsiders have about the situation being investigated (Neubauer, Witkop & Varpio, 2019).

Furthermore, as the phenomenological research design explores the narrative accounts of participants, it also contributes to the creation of awareness about the occurrence and contributes to the development of new perspectives and theories in interpreting social phenomena.

**Research Site and the Participants/Respondents /Subjects (If applicable)**

The study will be conducted in the province of Bulacan. In terms of sampling, the study will utilize a purposive technique. This sampling allows the researchers to select the best-fit participants based on the objectives of the study.

To explore the existence of social stagnation, participants will be composed of members of the LGBTQIA+ community, ages 40-65 years old, who experience social stagnation based on the status model suggested by Bardley (1997). In addition, Social Workers will be interviewed to identify the community practices use to address the said phenomenon.

**Data Collection and Analysis**

In terms of data collection, the study will employ semi-structured interview. This interview format encourages two-way communication between the researcher and the participant. In addition, it creates rich data as it aims to explore the thoughts, feelings, and beliefs of the subject (Creswell, 2014).

Furthermore, the researchers will employ Colaizzi's 1978 method of data analysis which aims to reveal emergent themes and understand the experiences of the members of the LGBTQIA+ community dwelling with stagnation which will result in a feeling of loss

and detachment from the community.

Lastly, the researchers will follow the steps in Colaizzi's method in phenomenology as follows: (1) familiarizing oneself with the transcript of the interview; (2) extracting significant statements of the participants; (3) attaching meanings based on the highlighted statements; (4) turning the formulated meanings into themes; (5) describing the phenomenon based on the generated themes; (6) synthesize the phenomenon; and (7) consult with participants to validate the findings (Praveena & Sasikumar, 2021).

**Ethical Considerations:** *(Provide a brief discussion)*

To ensure ethical compliance, the researchers will ensure the anonymity of the participants in the study. The participants will also be asked to sign consent forms as the written agreement of their participation in the research and permission to record the entire interview. The study will also be conducted in accordance with the Data Privacy Act of 2012 to ensure the confidentiality of the data and identities of the participants. All information that will be collated will be used only for this research purpose.

**Specific Expected Output of Research Project:**

Results of data interpretation and analysis shall be utilized to design a comprehensive extension program that would help LGBTQIA+; senior citizens or other relevant groups that are experiencing social stagnation to become more productive individuals and members of the society patterned from the traditional value system of '*Paglingap*'.

**Summary of Budgetary Requirements**

Personal Services  
Details: **Honoraria**

**Estimated Cost:**

Maintenance and Other Operating Expenses  
Details: Transportation cost (for conducting interviews); Internet connection expenses;  
Printing of manuscript

**Estimated Cost:**

Grand Total:

Php [   ]

**References:**

Bradley, C. (1997). Generativity–Stagnation: Development of a Status Model. , 17(3), 262–290. doi:10.1006/drev.1997.0432

Bradley, C., & Marcia, J. (1998). Generativity-Stagnation: A Five-Category Model. , 66(1), 39–64.

Creswell, J. W. (2014). *Research Design: Qualitative, Quantitative and Mixed Methods Approaches* (4th ed.). Thousand Oaks, CA: Sage.

Pereira, H., & Banerjee, D. (2021). Successful Aging Among Older LGBTQIA+ People: Future Research and Implications. *Frontiers in psychiatry*, 12, 756649. <https://doi.org/10.3389/fpsyt.2021.756649>

Manalastas, E. J., Muyargas, M. M., Docena, P. S., & Torre, B. A. (2022). Psychologists taking action for LGBT+ rights and well-being in the Philippines. *Routledge international handbook of community psychology: Facing global crises with hope*, 1, 2.

Neubauer, B.E., Witkop, C.T. & Varpio, L. How phenomenology can help us learn from the experiences of others. *Perspect Med Educ* 8, 90–97 (2019). <https://doi.org/10.1007/s40037-019-0509-2>

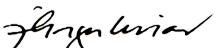
Praveena, K., & Sasikumar, S. (2021). Application of Colaizzi's Method of Data Analysis in Phenomenological Research. *Yenepoya University. Medico-legal Update*, Vol 21, No. 2.

**Note: Please use the Sample Budgetary Requirements in Excel**

Work Plan / Gant Chart													
Objectives	Expected Output	Activities / Work plan	MONTH										
			1	2	3	4	5	6	7	8	9	10	11
1. Submit Capsule Proposal Form	Capsule Proposal Form	Complete Capsule Proposal Form		1									
2. Gather literature and relevant data on the proposed study	Literature review	Read existing literature/ study on the topic proposed  Developing literature review			2								
3. Design research instrument and validate questionnaire	Research instrument	Designing research instrument suitable for the study  Validation of			3								

		research questions to be used on the study																	
4. Identifying Research participants	List of research participants in the study	Identifying research participants				4													
5. Data collection; Conducting interviews	Data collated from the participants	Conducting interview and FGD  Transcribing responses from the participants				5													
6. Analyze data collated and publish results	Data analysis report	Conduct data analysis and prepare final report/manuscript of the research					6												

Prepared and submitted by:

  
**JOHN HERBERT GULINAO**  
 (Signature Over Printed Name)  
 Team Leader

Evaluated by:

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 (Signature Over Printed Name)  
 Academic Program Chair