

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19

22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41

43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62

64	4
65	5
66	6
67	7
68	8
69	9
70	C
7:	1
72	2
73	3
74	4
7:	5
76	6
77	7
78	8
79	9
80	C
81	1
82	2
83	3

85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100

Copyright, usage, attribution etc

You can use these notebooks in any way you wish with the following restrictions:

- 1. The copyright for these PDF files remains with Mark Smith.
- 2. You may not distribute them, in any form, blank or filled without obtaining prior written permission.
- 3. You may not sell them, in any form, blank or filled in without obtaining prior written permission.
- 4. You may not modify or remove any part of them, including any copyright or attribution notices.
- 5. You must try to at all times be kind.



























































































































































