

# Allegra DiCesare

## **Cardiothoracic ICU Nurse**

Boston, MA

[allegradicesare@gmail.com](mailto:allegradicesare@gmail.com)

(781) 775-6949

Cardiothoracic ICU Registered Nurse trained in aesthetic nursing and injectables, seeking a part time position where I can continue to pursue my passion in providing high quality patient care.

Authorized to work in the US for any employer

## Work Experience

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### **Cardiothoracic ICU Nurse**

Tufts Medical Center - Boston, MA

March 2019 to Present

- Closely monitor and care for critically ill unstable patients and implement appropriate interventions.
- In-depth understanding of pathophysiology, pharmacology, and the ability to recognize trends in patient's vital signs and condition that allows for prevention, identification and management of complications.
- Develop patient care plans; including assessments, evaluations, and nursing diagnoses.
- Skilled administering high risk medications such as paralytics, sedation, vasopressors, inotropes, narcotics, immunosuppressants, anticoagulants, etc
- Admit and extubate patients from the operating room after cardiothoracic surgery.
- Experience working with cardiac assistive devices; VAD, Centrimag, pacemaker, and ECMO
- Skilled working with airways devices, such as ETT intubated and tracheostomy patients.
- Ability to place peripheral IV's
- Daily maintenance and care for invasive access lines such as chest tubes, Foley catheters, central lines, PA/swans, arterial lines, and cannulas.
- Cooperates closely with house officers, intensivists, anesthesia, physician assistants, and surgeons
- Assist doctors and physician assistants with sterile procedures such as central line insertion, chest tube insertion/removal, intubation, cardioversion, etc
- Completed new grad nurse residency program with evidence based research project

### **Patient Care Technician, SICU/ MICU**

Beth Israel Deaconess Medical Center - Boston, MA

January 2018 to February 2019

Provided high quality patient care for the physical and emotional needs of acutely ill patients. Collaborated with nursing and medical staff during emergency situations/procedures to stabilize patients.

### **Senior Practicum, PACU**

Beth Israel Lahey Health - Boston, MA

September 2018 to December 2018

- Provided care to assigned patients & documented under the supervision of a clinical instructor. Performed frequent patient assessments, critical care monitoring, & review of diagnostic studies with appropriate follow through and physician consultation.
- Developed a moral basis for nursing action in critical care, strategies for interdisciplinary collaboration, & knowledge of resource utilization while working in large systems of care.

## Education

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### **Bachelor's in Nursing**

REGIS COLLEGE - Weston, MA

September 2017 to December 2018

### **B.A. in English and Minor in Biology**

SAINT MICHAEL'S COLLEGE - Colchester, VT

2013 to 2017

## Nursing Licenses

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### **RN**

Expires: March 2022

State: MA

### **RN**