

# Amanda Frias

Fairhaven, MA

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## Work Experience

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### **Laborer**

John magrath and sons - Rochester, MA

July 2015 to Present

Build custom cabinets finish work

### **Home Health Aide (HHA)**

Master peice - Mattapoisett, MA

May 2012 to December 2016

Help assist patient in home and help them with ADLS

### **Laborer/Helper**

Eric's Lawn Care Service - Fairhaven, MA

January 2010 to April 2012

Lawn maintenance

### **Dietary Aide**

Hathaway Manor Extended Care Facility is a rehabilitation and skilled nursing facility set in a quiet residential neighborhood. We have been caring for people in the New Bedford area since 1989

June 2008 to January 2009

All aspects of kitchen duty helping the cook prep food run the dish room do the tray line ect

### **Dietary Aide**

Alden Court Nursing & Rehabilitation Center - Fairhaven, MA

April 2005 to February 2008

All aspects of kitchen duties, tray line ,bringing trucks to appropriate floors ,running dish room and prep food.

## Education

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Wareham Senior High School

## Skills

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- Landscaping
- Construction Laborer
- Mowing

- Masonry
- Lawn Care
- Dietary aide
- Home Health Aide

## Certifications and Licenses

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### **Driver's License**

## Groups

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### **Volunteer**

August 2014 to Present

I volunteer at the animal shelter In my free time. I like to help people and animals in need, and it makes me happy to spend time with animals.

## Additional Information

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I work extremely well with others , I'm a team player. I take my work very seriously and I always give it my all. I never have issues with getting to work and I'm always on time.