9.1

$$\begin{split} \psi_{\text{nlm}} &= R_{\text{nl}} \, Y_{1}^{\text{m}} \\ \psi_{\text{100}} &= \frac{1}{\sqrt{\pi \, a^{3}}} \, \text{e}^{-r/a} \\ \psi_{\text{200}} &= \frac{1}{\sqrt{8 \, \pi \, a^{3}}} \, \text{e}^{-r/\,(2 \, a)} \\ \psi_{\text{210}} &= \frac{1}{\sqrt{32 \, \pi \, a^{3}}} \, \frac{r}{a} \, \text{e}^{-r/\,(2 \, a)} \, \text{Cos} \, [\theta] \end{split}$$

or

$$\psi_{210} = \frac{1}{\sqrt{32 \pi a^3}} \frac{1}{a} e^{-r/(2a)} z$$

$$\psi_{21\pm 1} = \mp \frac{1}{\sqrt{64 \pi a^3}} \frac{r}{a} e^{r/(2a)} \sin[\theta] e^{\pm i \phi}$$

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$$\psi_{21\pm1} = \mp \frac{1}{\sqrt{64 \pi a^3}} \frac{1}{a} e^{r/(2a)} (x \pm i y)$$

 $H_{\mbox{\scriptsize ii}}^{\prime} = 0$ because any combination will yield zero within the integral

$$\int z |\psi|^2 dx dy dz$$

H'_{ij} = 0 for all except

$$H_{100,210}' = -e \, E \, \frac{1}{\sqrt{\pi \, a^3}} \, \frac{1}{\sqrt{32 \, \pi \, a^3}} \, \frac{1}{a} \, \int e^{-r/a} \, e^{-r/(2 \, a)} \, r^2 \, \text{Cos} \, [\theta]^2 \, r^2 \, \text{Sin} [\theta] \, dr \, d\theta \, d\phi$$

$$\int_{a}^{\infty} r^{4} e^{-r/a} e^{-r/(2a)} dr$$

ConditionalExpression $\left[\frac{256 \text{ a}^5}{81}, \text{ Re} \left[\text{a}\right] > 0\right]$

$$\int_{\theta}^{\pi} \cos \left[\theta\right]^{2} \sin \left[\theta\right] d\theta$$

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$$\begin{split} &H_{180,210}'' = -e\,E\,\frac{1}{\sqrt{32}}\,\frac{1}{\pi\,a^3}\,\frac{1}{a}\,\frac{256\,a^5}{81}\,\frac{2}{3}\,\times\,2\,\pi\\ &H_{180,210}'' = -e\,E\,a\,\frac{1}{\sqrt{32}}\,\frac{256}{81}\,\frac{4}{3}\\ &\frac{1}{\sqrt{32}}\,\frac{256}{81}\,\frac{4}{3}\,\,//\,N\\ &0.744936\\ &H_{180,210}'' = -0.7449\,e\,E\,a\\ &9.2\\ &\dot{c}_a = -\frac{\dot{i}}{\hbar}\,H_{ba}'\,e^{-i\,\omega_0\,t}\,c_b\\ &\dot{c}_b = -\frac{\dot{i}}{\hbar}\,H_{ba}'\,e^{i\,\omega_0\,t}\,c_a\\ &\dot{c}_b = -\frac{\dot{i}}{\hbar}\,H_{ba}'\,\left(i\,\omega_0\,e^{i\,\omega_0\,t}\,c_a + \left(-\frac{\dot{i}}{\hbar}\,H_{ba}'\,e^{-i\,\omega_0\,t}\,c_b\right)\,e^{i\,\omega_0\,t}\right)\\ &\ddot{c}_b = -\frac{\dot{i}}{\hbar}\,H_{ba}'\,\left(i\,\omega_0\,e^{i\,\omega_0\,t}\,c_a + \left(-\frac{\dot{i}}{\hbar}\,H_{ba}'\,e^{-i\,\omega_0\,t}\,c_b\right)\,e^{i\,\omega_0\,t}\right)\\ &\ddot{c}_b = \left(-\frac{\dot{i}}{\hbar}\,H_{ba}'\,i\,\omega_0\,e^{i\,\omega_0\,t}\,c_a + \left(-\frac{\dot{i}}{\hbar}\,H_{ba}'\,e^{-i\,\omega_0\,t}\,c_b\right)\,e^{i\,\omega_0\,t}\right)\\ &\ddot{c}_b = \dot{i}\,\omega_0\,\dot{c}_b + \frac{1}{\hbar^2}\,|\,H_{ab}'|^2\,c_b\\ &\ddot{c}_b - i\,\omega_0\,\dot{c}_b + \alpha^2\,c_b = \theta\\ &DSolve[cb^{\prime\prime\prime}[t] - i\,\omega_0\,cb^{\prime\prime}[t] + \alpha^2\,cb[t] = \theta,\,cb[t],\,t]\\ &\left\{\left\{cb[t] \rightarrow e^{\frac{\dot{i}}{2}\left(\frac{\dot{i}\,\omega_0-\sqrt{-4\,\alpha^2-\omega_0^2}}{a}\right)}\,c[1] + e^{\frac{\dot{i}}{2}\left(\frac{\dot{i}\,\omega_0+\sqrt{-4\,\alpha^2-\omega_0^2}}{a}\right)}\,c[2]\right\}\right\}\\ ∨\\ &c_b[t] = e^{i\,\omega_0\,t/2}\,\left(A\,e^{i\,\omega\,t/2} + B\,e^{-i\,\omega\,t/2}\right)\\ &c_b[t] = e^{i\,\omega_0\,t/2}\,\left(A\,e^{i\,\omega\,t/2} + B\,e^{-i\,\omega\,t/2}\right)\\ &c_b[t] = D\,e^{i\,\omega_0\,t/2}\,Sin[\omega\,t/2] + \frac{\dot{\omega}}{2}\,e^{i\,\omega_0\,t/2}\,Cos[\omega\,t/2]\right)\\ &\dot{c}_b[t] = \frac{\omega}{2}\,D\,e^{i\,\omega_0\,t/2}\,\left(\cos[\omega\,t/2] + \frac{\dot{u}\,\omega_0}{\omega}\,Sin[\omega\,t/2]\right) = -\frac{\dot{i}}{\hbar}\,H_{ba}'\,e^{i\,\omega_0\,t/2}\,C_0\\ &c_a[t] = \frac{\dot{i}\,h}{H_{ba}'}\,\frac{\omega}{2}\,D\,e^{i\,\omega_0\,t/2}\left(\cos[\omega\,t/2] + \frac{\dot{i}\,\omega_0}{\omega}\,Sin[\omega\,t/2]\right) = -\frac{\dot{i}}{\hbar}\,H_{ba}'\,e^{i\,\omega_0\,t/2}\right\} \\ &c_a[t] = \frac{\dot{i}\,h}{H_{ba}'}\,\frac{\omega}{2}\,D\,e^{i\,\omega_0\,t/2}\left(\cos[\omega\,t/2] + \frac{\dot{i}\,\omega_0}{\omega}\,Sin[\omega\,t/2]\right) \\ &c_b[t] = \frac{\dot{i}\,h}{H_{ba}'}\,\frac{\omega}{2}\,D\,e^{i\,\omega_0\,t/2}\left(\cos[\omega\,t/2] + \frac{\dot{$$

$$\begin{array}{l} c_{a}\left[\,\boldsymbol{\theta}\,\right] \;=\; \boldsymbol{1} \\ \\ \Rightarrow \frac{\,\mathrm{i}\,\,\,\hbar}{H_{ha}^{\prime}}\;\,\frac{\,\omega}{2}\,\,D \;=\; \boldsymbol{1} \Rightarrow D \;=\; \frac{2\,\,H_{ba}^{\prime}}{\,\mathrm{i}\,\,\,\hbar\,\,\omega} \end{array}$$

$$c_{a}[t] = e^{i \omega_{\theta} t/2} \left(\cos \left[\omega t / 2 \right] + \frac{i \omega_{\theta}}{\omega} \sin \left[\omega t / 2 \right] \right)$$

$$c_{b}[t] = \frac{2 H'_{ba}}{i \hbar \omega} e^{i \omega_{\theta} t/2} \sin \left[\omega t / 2 \right]$$

where
$$\omega = \sqrt{\omega_0^2 + \frac{4 \text{ H}'_{ab}^2}{\hbar^2}}$$

$$ca = e^{i\omega\theta t/2} \left(\cos \left[\omega t / 2 \right] + \frac{i\omega\theta}{\omega} \sin \left[\omega t / 2 \right] \right);$$

$$cb = \frac{2 \operatorname{Hab}}{\frac{1}{2} h \omega} e^{\frac{1}{2} \omega \theta t/2} \operatorname{Sin} \left[\omega t / 2 \right];$$

\$Assumptions = $\{\omega 0 \in \text{Reals}, t \in \text{Reals}, \omega \in \text{Reals}\};$ $ca * ca^* + cb * cb^* // \text{FullSimplify}$

$$\cos\left[\frac{\mathsf{t}\,\omega}{2}\right]^{2} + \frac{\left(\omega 0^{2}\,\tilde{n}^{2} + 4\,\mathsf{Hab}\,\mathsf{Conjugate}\,[\,\mathsf{Hab}\,]\,\right)\,\mathsf{Sin}\left[\frac{\mathsf{t}\,\omega}{2}\right]^{2}}{\omega^{2}\,\tilde{n}^{2}}$$

which simplifies to 1 when
$$\omega = \sqrt{\omega_0^2 + \frac{4 \, {\rm H_{ab}'}^2}{\hbar^2}}$$

9.5

$$c_a^{(0)}[t] = a$$

$$c_b^{(0)}[t] = t$$

$$\dot{c}_{a} = -\frac{\dot{\mathbb{I}}}{\hbar} \, H_{ab}^{\prime} \, e^{-i \, \omega_{\theta} \, t} \, \left(b - \frac{\dot{\mathbb{I}}}{\hbar} \, \frac{a}{\hbar} \, \int_{\theta}^{t} \! H_{ba}^{\prime} [\, t^{\, \prime} \,] \, e^{i \, \omega_{\theta} \, t^{\, \prime}} \, \, \mathrm{d}t^{\, \prime} \right)$$

$$c_a^{(2)}[t] =$$

$$a-\frac{\text{i} b}{\hbar} \int_{0}^{t} H_{ab}^{'}[\texttt{t'}] \ \text{e}^{-\text{i} \omega_{0} \, \texttt{t'}} \, \text{d} \texttt{t'} - \frac{a}{\hbar^{2}} \int_{0}^{t} H_{ab}^{'}[\texttt{t'}] \ \text{e}^{-\text{i} \omega_{0} \, \texttt{t'}} \left(\int_{0}^{\texttt{t'}} H_{ba}^{'}[\texttt{t''}] \ \text{e}^{-\text{i} \omega_{0} \, \texttt{t''}} \, \text{d} \texttt{t''} \right) \, \text{d} \texttt{t''}$$

Switch all of the a's and b's and change $\omega_{\rm 0}$ to $-\omega_{\rm 0}$

$$c_{b}^{(2)}[t] =$$

$$b-\frac{\text{i} \ a}{\hbar} \int_0^t H_{ba}^{'}[\texttt{t'}] \ \text{e}^{\text{i} \ \omega_0\,\texttt{t'}} \ \text{d}\texttt{t'} - \frac{b}{\hbar^2} \int_0^t H_{ba}^{'}[\texttt{t'}] \ \text{e}^{\text{i} \ \omega_0\,\texttt{t'}} \ \left(\int_0^{\texttt{t'}} H_{ab}^{'}[\texttt{t''}] \ \text{e}^{\text{i} \ \omega_0\,\texttt{t''}} \ \text{d}\texttt{t''} \right) \ \text{d}\texttt{t''}$$

9.6

When H' is independent of t,

$$c_{b}^{(2)}[t] = c_{b}^{(1)}[t] = -\frac{i}{\hbar}H'_{ba}\int_{0}^{t}e^{i\omega_{0}t'}dt'$$

$$\begin{split} &\int_{\theta}^{t} e^{i\,\omega_{\theta}\,tp}\,dtp \\ &-\frac{i\,\left(-1+e^{i\,t\,\omega_{\theta}}\right)}{\omega_{\theta}} \\ &c_{b}^{(2)}\left[t\right] = c_{b}^{(1)}\left[t\right] = -\frac{H_{ba}^{\prime}}{\hbar\,\omega_{\theta}}\,\left(e^{i\,\omega_{\theta}\,t}-1\right) \\ &(\text{from 9.18}) \\ &c_{a}^{(2)}\left[t\right] = 1 - \frac{1}{\hbar^{2}}\int_{\theta}^{t}H_{ab}^{\prime}\,e^{-i\,\omega_{\theta}\,t}\left(\int_{\theta}^{t^{\prime}}H_{ab}^{\prime}\,e^{i\,\omega_{\theta}\,t^{\prime\prime}}\,dt^{\prime\prime}\right)\,dt^{\prime} \\ &\int_{\theta}^{t} \text{Hab}\,e^{-i\,\omega_{\theta}\,tp}\left(\int_{\theta}^{tp}\text{Hab}\,e^{i\,\omega_{\theta}\,tpp}\,dtpp\right)dtp \\ &\frac{\text{Hab}^{2}\,\left(1-e^{-i\,t\,\omega_{\theta}}-i\,t\,\omega_{\theta}\right)}{\omega_{\theta}^{2}}\,\left(1-i\,t\,\omega_{\theta}-e^{-i\,\omega_{\theta}\,t}\right) \end{split}$$