# Introduction to Machine Learning

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University of Science and Technology of China

Lecturer: Jie Wang Homework 2
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Name: San Zhang ID: PBXXXXXXXX

**Notice**, to get the full credits, please present your solutions step by step.

## Exercise 1: Lipschitz Continuity 10pts

Suppose that  $f: \mathbb{R}^n \to \mathbb{R}$  is twice continuously differentiable, and the gradient of f is Lipschitz continuous, i.e.,

$$\|\nabla f(x) - \nabla f(y)\|_2 \le L\|x - y\|_2, \forall x, y \in \mathbb{R}^n,$$

where L > 0 is the Lipschitz constant. Please find the relation between L and the largest eigenvalue of  $\nabla^2 f(x)$ .

**Solution:** Let the largest eigenvalue of  $\nabla^2 f(x)$  be  $\lambda_{\max}(x)$ . We show that L > 0 is the Lipschitz constant if and only if

$$L \ge \lambda_{\max}(x), \forall x \in \mathbb{R}^n.$$

 $\Rightarrow$ : For all  $d \in \mathbb{R}^n$ , let  $x_t = x + td$ , t > 0. Then

$$t \int_0^t \langle \nabla^2 f(x+\tau d) d, d \rangle d\tau = \langle \nabla f(x_t) - \nabla f(x), x_t - x \rangle$$

$$\leq \|\nabla f(x_t) - \nabla f(x)\|_2 \|x_t - x\|_2$$

$$\leq t^2 L \|d\|_2, t > 0.$$

Dividing by  $t^2$  and letting  $t \to 0^+$ , we have

$$d^{\top} \nabla^2 f(x) d \le L \|d\|_2^2.$$

Let d be a corresponding eigenvector of  $\lambda_{\max}(x)$ , and then we have

$$\lambda_{\max}(x) < L$$
.

 $\Leftarrow$ : Let  $L \ge \sup_x \lambda_{\max}(x)$  and suppose  $L < +\infty$ . For all  $x, y \in \mathbb{R}^n$ , let d = y - x. Note that  $\lambda_{\max}(x) = \|\nabla^2 f(x)\|_2$ . Thus we have

$$\|\nabla f(y) - \nabla f(x)\|_{2} = \|\int_{0}^{1} \nabla^{2} f(x + \tau d) d \, d\tau\|_{2}$$

$$\leq \int_{0}^{1} \|\nabla^{2} f(x + \tau d)\|_{2} \|d\|_{2} \, d\tau = \int_{0}^{1} \lambda_{\max}(x + \tau d) \|d\|_{2} \, d\tau$$

$$\leq L \|d\|_{2} = L \|y - x\|_{2}.$$

## Exercise 2: Gradient Descent for Convex Optimization Problems 20pts

Consider the following problem

$$\min_{x} f(x),\tag{1}$$

where f is convex and its gradient is Lipschitz continuous with constant L > 0. Assume that f can attain its minimum.

- 1. Show that the optimal set  $\mathcal{C} = \{y : f(y) = \min_x f(x)\}$  is convex.
- 2. Suppose that  $d(x, \mathcal{C}) = \inf_{z \in \mathcal{C}} ||x z||_2$ . Consider the problem (1) and the sequence generated by the gradient descent algorithm. Show that  $d(x_k, \mathcal{C}) \to 0$  as  $k \to \infty$ .

#### Solution:

1. Suppose  $f^* = \min_x f(x)$ . Let  $x, y \in \mathcal{C}$ . For all  $\lambda \in [0, 1]$ , we have

$$f^* \le f(\lambda x + (1 - \lambda)y)$$
  
 
$$\le \lambda f(x) + (1 - \lambda)f(y)$$
  
 
$$= f^*.$$

Thus,  $\lambda x + (1 - \lambda)y \in \mathcal{C}$  and  $\mathcal{C}$  is convex.

2. First, we show that  $\{x_k\}$  is bounded. Let  $x^* \in \mathcal{C}$ . The Cosine theorem implies that

$$||x_{k+1} - x^*||^2 = ||x_{k+1} - x_k + x_k - x^*||^2$$

$$= ||x_{k+1} - x_k||^2 + 2\langle x_{k+1} - x_k, x_k - x^* \rangle + ||x_k - x^*||^2$$

$$= \alpha^2 ||\nabla f(x_k)||^2 - 2\alpha \langle \nabla f(x_k), x_k - x^* \rangle + ||x_k - x^*||^2$$

$$\leq \alpha^2 ||\nabla f(x_k)||^2 - 2\alpha (f(x_k) - f^*) + ||x_k - x^*||^2$$

$$\leq \frac{4}{L^2} ||\nabla f(x_k)||^2 + ||x_k - x^*||^2.$$
(2)

By summing up the inequality (2) for i = 0, 1, ..., k, we have

$$||x_{k+1} - x^*||^2 \le ||x_0 - x^*||^2 + \frac{4}{L^2} \sum_{i=0}^k ||\nabla f(x_i)||^2$$

$$\le ||x_0 - x^*||^2 + \frac{4}{L^2} \sum_{i=0}^\infty ||\nabla f(x_i)||^2$$

$$\le ||x_0 - x^*||^2 + \frac{4}{L^2} \frac{f(x_0) - f^*}{\alpha(1 - \frac{L}{2}\alpha)}$$

i.e., the sequence  $\{x_n\}$  is bounded.

Next, we show that  $d(x_k, \mathcal{C}) \to 0$ , i.e.  $\limsup_k d(x_k, \mathcal{C}) = 0$ .

As  $d(x_k, \mathcal{C}) \leq d(x_k, x^*)$ ,  $d(x_k, \mathcal{C})$  is bounded and  $\limsup_k d(x_k, \mathcal{C}) < +\infty$ . We show that  $\limsup_k d(x_k, \mathcal{C}) = 0$  by contradiction.

Suppose that  $\limsup_k d(x_k, \mathcal{C}) = \epsilon > 0$ . There exists a subsequence  $\{x_{n_k}\}$  such that  $d(x_{n_k}, \mathcal{C}) \to \epsilon$  as  $k \to \infty$ . Hence, there exists K > 0 such that  $d(x_{n_k}, \mathcal{C}) \geq \frac{\epsilon}{2}$  for all  $k \geq K$ . As  $\{x_n\}$  is bounded,  $\{x_{n_k}\}$  has a further convergent subsequence  $\{x_{n_{k_l}}\}$  such that  $x_{n_{k_l}} \to x^{\infty}$  as  $l \to \infty$ . Clearly,  $x^{\infty} \notin \mathcal{C}$ , as  $d(x_{n_k}, \mathcal{C}) \geq \frac{\epsilon}{2}$  for all  $k \geq K$ .

However, the continuity of f implies that

$$f^* = \lim_{n \to \infty} f(x_n)$$
$$= \lim_{l \to \infty} f(x_{n_{k_l}})$$
$$= f(x^{\infty}),$$

i.e.  $x^{\infty} \in \mathcal{C}$ , which leads to a contradiction.

# Exercise 3: Gradient Descent for Strongly Convex Optimization Problems 50pts

A function f is strongly convex with parameter  $\mu$  if  $f(x) - \frac{\mu}{2} ||x||_2^2$  is convex.

1. Show that a continuously differentiable function f is strongly convex if and only if

$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} ||y - x||_2^2, \forall x, y \in \mathbb{R}^n$$

2. Suppose that f is twice differentiable. Please find the relation between  $\mu$  and the smallest eigenvalue of  $\nabla^2 f(x)$ .

Consider the following problem

$$\min_{x} f(x), \tag{3}$$

where f is strongly convex with convexity parameter  $\mu > 0$  and its gradient is Lipschitz continuous with constant L > 0.

- 3. Show that the problem (3) admits a unique solution.
- 4. Show that

$$f(y) \ge f(x) - \frac{1}{2\mu} \|\nabla f(x)\|_2^2, \forall x, y.$$
 (4)

5. Consider the problem (3) and the sequence generated by the gradient descent algorithm. Suppose that  $x^*$  is the solution to the problem 3. Show that

$$f(x_k) - f(x^*) \le (1 - \mu \alpha (2 - L\alpha))^k (f(x_0) - f(x^*)).$$

Find the range of  $\alpha$  such that the function values  $f(x_k)$  converge linearly to  $f(x^*)$ .

### **Solution:**

1. Let  $g(x) = f(x) - \frac{\mu}{2} ||x||_2^2$ , then g is convex if and only if

$$g(y) \ge g(x) + \langle \nabla g(x), y - x \rangle, \forall x, y \in \mathbb{R}^n.$$

As  $\nabla g(x) = \nabla f(x) - \mu x$ , we get f is strongly convex if and only if

g is convex,

$$\Leftrightarrow f(y) - \frac{\mu}{2} \|y\|_2^2 \ge f(x) - \frac{\mu}{2} \|x\|_2^2 + \langle \nabla f(x) - \mu x, y - x \rangle, \forall, x, y \in \mathbb{R}^n,$$

$$\Leftrightarrow f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} \|y - x\|_2^2, \forall x, y \in \mathbb{R}^n,$$

$$\Leftrightarrow f \text{ is strongly convex.}$$

2. Let the smallest eigenvalue of  $\nabla^2 f(x)$  be  $\lambda_{\min}(x)$ . We show that  $f(x) - \frac{\mu}{2} ||x||_2^2$  is convex if and only if  $\mu \leq \lambda_{\min}(x)$  for all  $x \in \mathbb{R}^n$ .

 $\Rightarrow$ : The strong convexity implies

$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} ||y - x||_2^2,$$
  
$$f(x) \ge f(y) + \langle \nabla f(y), x - y \rangle + \frac{\mu}{2} ||y - x||_2^2.$$

Adding them together leads to

$$\langle \nabla f(y) - \nabla f(x), y - x \rangle \ge \mu \|y - x\|_2^2. \tag{5}$$

For all  $d \in \mathbb{R}^n$ , let  $x_t = x + td$ , t > 0. Then

$$t \int_0^t \langle \nabla^2 f(x+\tau d)d, d\rangle d\tau = \langle \nabla f(x_t) - \nabla f(x), x_t - x \rangle$$
  
 
$$\geq t^2 \mu ||d||_2, t > 0,$$

the last step comes from the inequality (5). Dividing by  $t^2$  and letting  $t \to 0^+$ , we have

$$d^{\top} \nabla^2 f(x) d \ge \mu \|d\|_2^2$$

Let d be a corresponding eigenvector of  $\lambda_{\min}(x)$ , and then we have

$$\lambda_{\min}(x) \ge \mu$$
.

 $\Leftarrow$ : For all  $z \in \mathbb{R}^n$ , we have

$$\nabla^2 f(z) = U \Sigma U^{\top},$$
 (eigen-decomposition)

where  $\Sigma = (\lambda_1, \lambda_2, ..., \lambda_n), \lambda_1 \ge \lambda_2 \ge ... \ge \lambda_n \ge \mu > 0$  and  $U^{\top}U = I$ .

For all  $x, y \in \mathbb{R}^n$ , there exists  $t \in [0, 1]$  such that z = tx + (1 - t)y and

$$f(y) = f(x) + \langle \nabla f(x), y - x \rangle + \frac{1}{2} (y - x)^{\top} \nabla^{2} f(z) (y - x)$$

$$= f(x) + \langle \nabla f(x), y - x \rangle + \frac{1}{2} (y - x)^{\top} U \Sigma U^{\top} (y - x)$$

$$\geq \frac{\lambda_{n}}{2} \|U^{\top} (y - x)\|_{2}$$

$$\geq \frac{\mu}{2} \|y - x\|_{2}.$$

3. Existence: We have

$$\lim_{\|x\| \to +\infty} f(x) = +\infty,$$

since

$$f(x) \ge f(0) + \langle \nabla f(0), x \rangle + \frac{\mu}{2} ||x||_2^2$$

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Thus, there exists R > 0 such that  $f(x) \ge f(0)$  for all  $x \notin B_R(0)$ , where  $B_R(x) = \{y : ||y - x|| \le R\}$ . Since  $B_R(0)$  is compact, the continuous function f(x) attains the minimum in  $B_R(0)$ , i.e.,

$$\exists x^* \in B_R(0), \text{ s.t. } f(x^*) = \min_{x \in B_R(0)} f(x).$$
 (Weierstrass's Theorem)

For  $x \notin B_R(0)$ , we have

$$f(x) \ge f(0) \ge f(x^*)$$

Therefore,  $x^*$  is a global minimum point.

Uniqueness: Suppose that there exist  $a, b \in \mathbb{R}^n$  such that  $f(a) = f(b) = \min_{x \in \mathbb{R}} f(x)$  and  $a \neq b$ . Thus  $\nabla f(a) = 0$  and

$$f(b) \ge f(a) + \frac{\mu}{2} ||b - a||_2^2 > f(a),$$

which leads to a contradiction.

4. We have

$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} ||y - x||_2^2$$

$$= f(x) - \frac{1}{2\mu} ||\nabla f(x)||_2^2 + \frac{\mu}{2} ||y - x + \frac{1}{\mu} \nabla f(x)||_2^2$$

$$\ge f(x) - \frac{1}{2\mu} ||\nabla f(x)||_2^2.$$

5. Since the gradient of f is Lipschitz continuous, we have

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{L}{2}||y - x||_2^2.$$

The update rule implies that

$$f(x_{k+1}) \le f(x_k) - \alpha (1 - \frac{L\alpha}{2}) \|\nabla f(x_k)\|_2^2$$

$$f(x_{k+1}) - f^* \le f(x_k) - f^* - \alpha (1 - \frac{L\alpha}{2}) \|\nabla f(x_k)\|^2$$

$$\le f(x_k) - f^* - 2\mu \alpha (1 - \frac{L\alpha}{2}) (f(x_k) - f^*)$$

$$= (1 - \mu \alpha (2 - L\alpha)) (f(x_k) - f^*),$$

where the last inequality comes from the inequality (4). Therefore,

$$f(x_k) - f(x^*) \le (1 - \mu \alpha (2 - L\alpha))^k (f(x_0) - f(x^*)).$$

To guarantee convergence, let  $1 - \mu \alpha (2 - L\alpha) < 1$ , i.e.,  $0 < \alpha < \frac{2}{L}$ .

# Exercise 4: Programming Exercise 20pts

We provide you with a data set, where the number of samples n is 16087 and the number of features d is 10013. Suppose that  $x \in \mathbb{R}^{n \times d}$  is the input feature matrix and  $y \in \mathbb{R}^n$  is the corresponding response vector. We use the linear model to fit the data, and thus we can formulate the optimization problem as

$$\arg\min_{\mathbf{w}} \frac{1}{n} \|y - \bar{x}\mathbf{w}\|_2^2,\tag{6}$$

where  $\bar{x} = (\mathbf{1}, x) \in \mathbb{R}^{n \times (d+1)}$  and  $\mathbf{w} = (w_0, w_1, \dots, w_n)^{\top} \in \mathbb{R}^{d+1}$ . Finish the following exercises by programming. You can use your favorite programming language.

1. Normalize the columns  $x_i$  of  $\bar{x}$   $(2 \le i \le d+1)$  as follows:

$$x_{ij} \leftarrow \frac{x_{ij} - \min(x_i)}{\max(x_i) - \min(x_i)},$$

where  $x_{ij}$  denote thes jth entry of  $x_i$ . Use the normalized  $\bar{x}$  in the following exercises.

- 2. Use the closed form solution to solve the problem (6), and get the solution  $\mathbf{w}_0^*$ .
- 3. Use the gradient descent algorithm to solve the problem (6). Stop the iteration until  $|f(\mathbf{w}_k) f(\mathbf{w}_0^*)| < 0.1$ , where  $f(\mathbf{w}) = \frac{1}{n} ||y \bar{x}\mathbf{w}||_2^2$ . Plot  $f(\mathbf{w}_k)$  versus the iteration step k.

Compare the time cost of the two approaches in 2 and 3.

**Solution:** Please refer to "HW2.ipynb".