# 依赖

<dependency>

<groupId>com.alibaba</groupId>

<artifactId>fastjson</artifactId>

<version>1.2.4</version>

</dependency>

<dependency>  
 <groupId>com.google.code.gson</groupId>  
 <artifactId>gson</artifactId>  
 <version>2.8.2</version>  
</dependency>

# 对象转json

new Gson().toJson(user);

# Json转对象

new Gson().fromJson(str, User.class);

# 对象转Json

JSON.toJSONString(use);

# Json转对象

JSON.parseObject(jsonString, User.class);