

There are two target parameters that one wants to optimize when using a magic frequency to implement the birefringence effect for QND measurements:

- ① the effective coupling strength $\chi_{\text{eff}} = (\chi_{H\uparrow} - \chi_{H\downarrow}) - (\chi_{V\uparrow} - \chi_{V\downarrow}) = 2(\chi_{H\uparrow} - \chi_{H\downarrow})|_{\omega=\omega_{\text{magic}}}$, which determines the measurement backaction strength and the rate of spin-squeezing due to the measurement backaction.
- ② the peak value of squeezing parameter $\xi = 2j \langle \hat{N}_A \rangle \frac{\Delta J_{\perp}^2}{\langle J_{\parallel}^2 \rangle}$, which is the ultimate goal of the QND measurement purpose and is a modification based on the optimization result of χ_{eff} considering the decoherence process.

Since the final optimal choice of quantization axis towards parameter ② is based on optimizing ①, we consider the optimization target of parameter ① first.

Based on Ivan's simplification for the clock-state subspace we are considering, the tensor angular momentum element

$$\langle F, 0 | \left[\frac{\hat{F}_x \hat{F}_y + \hat{F}_y \hat{F}_x}{2} - 3\hat{F}^2 \delta_{ij} \right] | F, 0 \rangle = \langle F, 0 | \hat{U}_z \hat{U}_z^\dagger \left[\frac{\hat{F}_x \hat{F}_y + \hat{F}_y \hat{F}_x}{2} - 3\hat{F}^2 \delta_{ij} \right] \hat{U}_z \hat{U}_z^\dagger | F, 0 \rangle$$

$$= \langle F, 0 | \hat{U}_z^\dagger \left[\frac{\hat{F}_x \hat{F}_y + \hat{F}_y \hat{F}_x}{2} - 3\hat{F}^2 \delta_{ij} \right] \hat{U}_z | F, 0 \rangle$$

where $\hat{U}_z = e^{-i\hat{F}_z/\hbar}$ is an arbitrary rotation along z-axis. Therefore $\left[\frac{\hat{F}_x \hat{F}_y + \hat{F}_y \hat{F}_x}{2} - 3\delta_{ij} \hat{F}^2 \right]$ is invariant under z rotations, and all non-diagonal elements with x,y subscripts in the x-y-z basis or with \pm subscripts in the G_{\pm} - π basis are zero.

Further using $\langle F, 0 | \hat{F}_z | F, 0 \rangle = 0$, $\langle F, 0 | \hat{F}_x | F, 0 \rangle = \langle F, 0 | \hat{F}_y | F, 0 \rangle$ and $\langle F, 0 | \hat{F}^2 | F, 0 \rangle = F(F+1)$, one can get

$$\langle F, 0 | \left[\frac{\hat{F}_x \hat{F}_y + \hat{F}_y \hat{F}_x}{2} - 3\hat{F}^2 \delta_{ij} \right] | F, 0 \rangle = F(F+1) \left[\frac{\delta_{ij}}{6} - \frac{2}{3} \delta_{iz} \delta_{jz} \right]$$

\Rightarrow In terms of irreducible tensor components, the coupling strength can be written as

$$\chi_{\mu, F} = -\frac{2\pi\hbar\omega_0}{\omega_g} \vec{u}_{\mu}^*(\vec{r}_i) \cdot \langle F, 0 | \vec{J} | F, 0 \rangle \cdot \vec{u}_{\mu}(\vec{r}_i)$$

$$= Ng_0 \sum_{F'} \left\{ C_{J'FF'}^{(0)} |\mathcal{U}_{\mu}(\vec{r}_i)|^2 + C_{J'FF'}^{(2)} \sum_{j_i} \langle F, 0 | \left[\frac{\hat{F}_x \hat{F}_y + \hat{F}_y \hat{F}_x}{2} - 3\hat{F}^2 \delta_{ij} \right] | F, 0 \rangle \cdot \mathcal{U}_i^*(\vec{r}_i) \mathcal{U}_j(\vec{r}_i) \right\} \frac{\Gamma}{4\Delta_{FF'}}$$

$$= Ng_0 \sum_{F'} \left\{ C_{J'FF'}^{(0)} |\mathcal{U}_{\mu}(\vec{r}_i)|^2 + C_{J'FF'}^{(2)} F(F+1) \left[\frac{|\mathcal{U}_{\mu}(\vec{r}_i)|^2}{6} - \frac{1}{2} |\hat{e}_{\pi} \cdot \vec{u}_{\mu}(\vec{r}_i)|^2 \right] \right\} \frac{\Gamma}{4\Delta_{FF'}}$$

$$= Ng_0 \sum_{F'} \left\{ \left[C_{J'FF'}^{(0)} + C_{J'FF'}^{(2)} \frac{F(F+1)}{6} \right] |\vec{u}_{\mu}(\vec{r}_i)|^2 - C_{J'FF'}^{(2)} \frac{F(F+1)}{2} |\hat{e}_{\pi} \cdot \vec{u}_{\mu}(\vec{r}_i)|^2 \right\} \frac{\Gamma}{4\Delta_{FF'}}$$

To satisfy the magic wavelength condition that

$$\chi_{H\uparrow} - \chi_{H\downarrow} = \chi_{V\uparrow} - \chi_{V\downarrow},$$

We will have

$$\sum_{F'} \left\{ \left[C_{J'4F'}^{(0)} + \frac{5}{3} C_{J'4F'}^{(2)} \right] \frac{1}{\Delta_{4F'}} - \left[C_{J'3F'}^{(0)} + 2 C_{J'3F'}^{(2)} \right] \frac{1}{\Delta_{3F'}} \right\} \left[|\vec{u}_H(\vec{r}_i)|^2 + |\vec{u}_V(\vec{r}_i)|^2 \right]$$

$$= \sum_{F'} \left[\frac{10 C_{J'4F'}^{(2)}}{\Delta_{4F'}} - \frac{6 C_{J'3F'}^{(2)}}{\Delta_{3F'}} \right] \cdot \left[|\hat{e}_{\pi} \cdot \vec{u}_H(\vec{r}_i)|^2 + |\hat{e}_{\pi} \cdot \vec{u}_V(\vec{r}_i)|^2 \right]$$

$$\Leftrightarrow \sum_{F'} \left(\frac{A_{4F'}}{\Delta_{4F'}} - \frac{A_{3F'}}{\Delta_{3F'}} \right) \left[|\vec{u}_H(\vec{r}_i)|^2 + |\vec{u}_V(\vec{r}_i)|^2 \right] = \sum_{F'} \left(\frac{B_{4F'}}{\Delta_{4F'}} - \frac{B_{3F'}}{\Delta_{3F'}} \right) \cdot \left[|\hat{e}_{\pi} \cdot \vec{u}_H(\vec{r}_i)|^2 + |\hat{e}_{\pi} \cdot \vec{u}_V(\vec{r}_i)|^2 \right]$$

$$\text{with } \begin{cases} A_{FF'} = C_{J'FF'}^{(0)} - \frac{F(F+1)}{6} C_{J'FF'}^{(2)} \\ B_{FF'} = \frac{F(F+1)}{6} C_{J'FF'}^{(2)} \end{cases}$$

$$\text{with } \begin{cases} A_{FF'} = C_{J'FF'}^{(0)} - \frac{F(F+1)}{6} C_{J'FF'}^{(2)} \\ B_{FF'} = \frac{F(F+1)}{2} C_{J'FF'}^{(2)} \end{cases}$$

$$\Rightarrow \sum_{F'} \left(\frac{A_{4F'}}{\Delta_{4F'}} - \frac{A_{3F'}}{\Delta_{3F'}} \right) = \frac{|\hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1')|^2 + |\hat{e}_\pi \cdot \vec{u}_V(\vec{r}_1')|^2}{|\vec{u}_H(\vec{r}_1')|^2 + |\vec{u}_V(\vec{r}_1')|^2} \sum_{F'} \left(\frac{B_{4F'}}{\Delta_{4F'}} - \frac{B_{3F'}}{\Delta_{3F'}} \right)$$

The effective coupling strength at a magic frequency is then

$$\chi_{\text{eff}} = 2(\chi_{H\uparrow} - \chi_{H\downarrow})$$

$$= 2 \left\{ \sum_{F'} \left[\frac{A_{4F'}}{\Delta_{4F'}} - \frac{A_{3F'}}{\Delta_{3F'}} \right] \cdot |\vec{u}_H(\vec{r}_1')|^2 - \sum_{F'} \left[\frac{B_{4F'}}{\Delta_{4F'}} - \frac{B_{3F'}}{\Delta_{3F'}} \right] \cdot |\hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1')|^2 \right\} \frac{\Gamma}{4} n_g \sigma_0$$

$$= 2 \left[\frac{|\hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1')|^2 + |\hat{e}_\pi \cdot \vec{u}_V(\vec{r}_1')|^2}{|\vec{u}_H(\vec{r}_1')|^2 + |\vec{u}_V(\vec{r}_1')|^2} \cdot |\vec{u}_H(\vec{r}_1')|^2 - |\hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1')|^2 \right] \sum_{F'} \left(\frac{B_{4F'}}{\Delta_{4F'}} - \frac{B_{3F'}}{\Delta_{3F'}} \right) \frac{\Gamma}{4} n_g \sigma_0$$

$$= -2n_g \left[\underbrace{\frac{|\vec{u}_V(\vec{r}_1')|^2}{|\vec{u}_H(\vec{r}_1')|^2 + |\vec{u}_V(\vec{r}_1')|^2} |\hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1')|^2 - \frac{|\vec{u}_H(\vec{r}_1')|^2}{|\vec{u}_H(\vec{r}_1')|^2 + |\vec{u}_V(\vec{r}_1')|^2} |\hat{e}_\pi \cdot \vec{u}_V(\vec{r}_1')|^2}_{\text{quantization-axis dependent factor } Q_\pi} \cdot \underbrace{\sum_{F'} \left(\frac{B_{4F'}}{\Delta_{4F'}} - \frac{B_{3F'}}{\Delta_{3F'}} \right) \frac{\Gamma}{4} \sigma_0}_{\text{atomic structure-dependent factor } B \sim \frac{\Gamma}{4\Delta_{\text{eff}}}} \right]$$

Discussions:

<1> Regarding factor B:

B is detuning-dependent relative to the hyperfine splitting.

① For $\Delta \gg \Delta_{F_1'F_2'}^{\min}$ (detuning is far greater than hyperfine splitting),

$$B \doteq \frac{\Gamma}{4\Delta} \left[\sum_{F'} (B_{4F'} - B_{3F'}) \right] = \frac{\Gamma}{4\Delta} \left[\sum_{F'} (10C_{J'4F'}^{(2)} - 6C_{J'3F'}^{(2)}) \right] = 0$$

where we have used the fact that $\sum_{F'} C_{J'FF'}^{(2)} = 0$.

In fact, to obtain the magic frequency, we must couple $C_{J'FF'}^{(2)}$ with $\frac{1}{\Delta_{FF'}}$, which requires $\Delta \sim \Delta_{F_1'F_2'}^{\min}$.

② For $\Delta \sim \Delta_{F_1'F_2'}^{\min}$, we have two magic wavelengths which are close to $\omega_{33'}$ or $\omega_{44'}$.

It also ensures $B \neq 0$, yet B could be negative for the case of using some quantization-axis ($\Delta_{44'} < 0$, $\Delta_{33'} > 0$).

<2> Regarding the factor of Q_π :

$$Q_\pi = R_1 |\hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1')|^2 - R_2 |\hat{e}_\pi \cdot \vec{u}_V(\vec{r}_1')|^2 = R_1 x - R_2 y$$

with $R_1 > 0$, $R_2 > 0$, $R_1 - R_2 = 1$. In our case, $R_1 > R_2$.

$$\text{We also defined } \begin{cases} x \equiv |\hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1')|^2 = \hat{e}_\pi \cdot \vec{u}_H(\vec{r}_1') \vec{u}_H^*(\vec{r}_1') \cdot \hat{e}_\pi^* = \hat{e}_\pi \cdot \left(\sum_{i=1,2} g_H^i \hat{e}_H^i \hat{e}_H^{i*} \right) \cdot \hat{e}_\pi^* > 0 \\ y \equiv |\hat{e}_\pi \cdot \vec{u}_V(\vec{r}_1')|^2 = \hat{e}_\pi \cdot \vec{u}_V(\vec{r}_1') \vec{u}_V^*(\vec{r}_1') \cdot \hat{e}_\pi^* = \hat{e}_\pi \cdot \left(\sum_{i=1,2} g_V^i \hat{e}_V^i \hat{e}_V^{i*} \right) \cdot \hat{e}_\pi^* > 0 \end{cases}$$

where the positive semidefinite tensor $\vec{u}_H(\vec{r}_1') \vec{u}_H^*(\vec{r}_1')$ is diagonalized as $\sum_{i=1,2} g_H^i \hat{e}_H^i \hat{e}_H^{i*}$ with eigenvectors on the x-z plane (\hat{e}_H^i) and nonnegative eigenvalues g_H^i . Similarly, $\vec{u}_V(\vec{r}_1') \vec{u}_V^*(\vec{r}_1') = g_V^i \hat{e}_V^i \hat{e}_V^{i*}$ with eigenvector along \hat{y} .

So, $Q_\pi = Q_\pi(x, y)$ is guaranteed to reach an extrem value when either x or y is zero and the other is using its eigenvalue, since eigenvectors of $\vec{u}_H(\vec{r}_1') \vec{u}_H^*(\vec{r}_1')$ and $\vec{u}_V(\vec{r}_1') \vec{u}_V^*(\vec{r}_1')$ are guaranteed to be orthogonal.

That is when we choose the eigenvector directions as the quantization axis, we can find the maximal value of the absolute value of Q_π . The absolute value of Q_π is determined by the eigenvalues of g_H^z & g_V^z .

Since the equation to determine the magic wavelength λ & B is also determined by

$$B = \frac{|\vec{u}_H(\vec{k}')|^2 + |\vec{u}_V(\vec{k}')|^2}{|\hat{e}_\pi \cdot \vec{u}_H(\vec{k}')|^2 + |\hat{e}_\pi \cdot \vec{u}_V(\vec{k}')|^2} \sum_F \left(\frac{A_{4F'}}{\Delta_{4F'}} - \frac{A_{3F'}}{\Delta_{3F'}} \right) \frac{\Gamma}{4}$$

Since $x+y = |\hat{e}_\pi \cdot \vec{u}_H(\vec{k}')|^2 + |\hat{e}_\pi \cdot \vec{u}_V(\vec{k}')|^2$ is convex with respect to \hat{e}_π changing from one eigenvector to another for $\vec{u}_H(\vec{k}') \perp \vec{u}_V(\vec{k}')$ ($\phi=0, \pi$), one could expect B reaches extremes when $x+y$ is minimized when \hat{e}_π pointing to the eigenvector directions.

To the end, the optimal choice of quantization axis may be determined by the condition that

$$\frac{\text{Max} [R_1 x - R_2 y]}{\text{Min} [x + y]} \quad \leftarrow \text{not sure about this part.}$$

which should be able to confirmed with numerics, and should be along any of the eigenvectors $\{g_H^z, g_V^z\}$.

Numerics:

For $r_{I'} = 1.5a$, $a = 225 \text{ nm}$, one can find that

$$\begin{cases} g_H^1 = 6.1792 \times 10^{-11}, & \hat{e}_H = -0.8996i\hat{e}_x + 0.4368\hat{e}_z \\ g_H^2 = -4.1831 \times 10^{-5} \approx 0, & \hat{e}_H^2 = -0.4368i\hat{e}_x - 0.8996\hat{e}_z \\ g_V^1 = 3.3222 \times 10^{-11}, & \hat{e}_V = i\hat{e}_y \end{cases}$$

direction of the H mode
 $\hat{e}_H = \frac{\vec{u}_H(\vec{k}')}{|\vec{u}_H(\vec{k}')|}$

So, if we use $\hat{e}_\pi = \hat{e}_H^* = 0.8996i\hat{e}_x + 0.4368\hat{e}_z = -i\hat{e}_H$, we can have the maximum/minimum value of Q_π .

However, a quantization axis cannot be complex, and we want to find the real-space counterpart of those complex vectors. Below is how to find the real-number one.

We show that the optimal quantization axis satisfies

$$|\hat{e}_\pi \cdot \hat{e}_H| = |\hat{e}_\pi| \cdot |\hat{e}_H| = 1$$

we let $\hat{e}_H = [ia, b]$ in the $\{\hat{e}_x, \hat{e}_z\}$ basis, with $a^2 + b^2 = 1$.

We let a real vector $\hat{e}_\pi = [c, d]$ in the same basis, with $c^2 + d^2 = 1$.

\Rightarrow when \hat{e}_π is optimal,

$$|\hat{e}_\pi \cdot \hat{e}_H|^2 = |iac + bd|^2 = a^2c^2 + b^2d^2 = 1$$

$$\Leftrightarrow a^2c^2 + (1-a^2)(1-c^2) = 1$$

$$\Leftrightarrow 2a^2c^2 = a^2 + c^2$$

$$\Rightarrow \begin{cases} c^2 = \frac{a^2}{2a^2-1} = \frac{a^2}{a^2-b^2} \\ d^2 = \frac{-b^2}{a^2-1} \end{cases}$$

$$\{1=c^2=a^2, d^2=b^2=0; \text{ or } \}$$

Therefore, depending on the value of a^2 & b^2 , either c^2 or d^2 is negative, if $b \neq 0$.

Seems there is no real vector that can give the same maximum value of $|\hat{e}_T \cdot \hat{e}_H|$ as the complex vector $\hat{e}_T = \hat{e}_H^*$ applies.

To find the optimal quantization axis and ensure the axis is along a real vector, we can do the following.

$$\begin{aligned} |\hat{e}_T \cdot \hat{e}_H|^2 &= a^2 c^2 + b^2 d^2 \\ &= a^2 c^2 + (1-a^2)(1-c^2) = 1 + 2a^2 c^2 - (a^2 + c^2) \\ &= 1 - a^2 + (2a^2 - 1)c^2 \\ &\leq b^2 + (2a^2 - 1) = a^2 < 1. \end{aligned}$$

The maximum is reached when $c = \pm 1$, and hence $d = 0$. Or, $\hat{e}_T = [\pm 1, 0]$.
That is when the quantization is pointing along x -axis.