

## Dangers of distracted driving

- Distracted driving crashes killed more than 3,000 people and injured 416,000 in 2010.
- Reaction time is delayed for a driver talking on a cell phone as much as it is for a driver who is legally drunk.
- More texting leads to more crashes. With each additional 1 million text messages, fatalities from distracted driving rose more than 75%.
- People under the age of 20 are involved in more fatal crashes due to distractions than any other age group.
- Studies show that drivers who send or receive text messages focus their attention away from the road for an average of 4.6 seconds. At 55 mph, this is equivalent to driving the length of a football field blindfolded!



## Healthier Workers Safer Workplaces A Stronger America.

"It is well recognized that texting while driving dramatically increases the risk of a motor vehicle injury or fatality. We are asking employers to send a clear message to workers and supervisors that your company neither requires nor condones texting while driving."

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If you have questions or need more information,  
contact OSHA at 1-800-321-OSHA (6742).  
TTY 1-877-889-5627.



**MORE WORKERS  
ARE KILLED  
EVERY YEAR IN  
MOTOR VEHICLE  
CRASHES THAN ANY  
OTHER CAUSE.**

**Businesses can  
help solve this  
big problem.**