

# Sample APA Research Paper

## Sample Title Page

Place manuscript page headers one-half inch from the top. Put five spaces between the page header and the page number.

Running on Empty 1

Full title, authors, and school name are centered on the page, typed in uppercase and lowercase.

Running on Empty:  
The Effects of Food Deprivation on  
Concentration and Perseverance  
Thomas Delancy and Adam Solberg  
Dordt College