

When seeing a specialist: your checklist



- ☐ If I need to start taking a new medicine straightaway, has the hospital provided me with a supply to last at least seven days (or less, if I need to take the medicine for a shorter period)?
- ☐ Do I understand what the medication is for, how to take it and any side effects?
- ☐ If appropriate, has a Patient Information Leaflet (PIL) been supplied?
- ☐ Do I have the contact details for the specialist's office if I have a question?
- ☐ If I need a Fit Note, has the hospital provided me with one, and does it cover the length of time the specialist expects me to be off work?
- ☐ Do I need a hospital follow up appointment and if so, do I know how this is organised?
- ☐ If appropriate, do I have the names and contact details of organisations who can give me more information or support if I need it?

If you are unsure about any of the questions in the checklist, please make sure you discuss them with a member of staff before you leave hospital.



Access an electronic copy of this leaflet:
www.england.nhs.uk/patientinterface/

This information can be made available in alternative formats, such as easy read or large print, and may be available in alternative languages, upon request. Please contact **0300 311 22 33** or email: england.contactus@nhs.net.

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What happens when you are referred by your GP to see a specialist?



This leaflet describes what you can expect to happen when your GP refers you to see a specialist or consultant, at a hospital or a community health centre.