



# X-rays

## How safe are they?

### X-RAY DEPARTMENT



**T**hirty years ago, X-rays were the only way to see what was going on inside your body. Now other methods of medical imaging are available, some using different types of radiation from X-rays. They are briefly described on the next two pages. Patients are sometimes concerned about the possible harmful effects of radiation, so this leaflet goes on to explain the risks and to put them into perspective.