On September 26th, I, Shaan Hooey, sat down with our new Athletic Steward, Zhengbang Zhou. There has been some speculation regarding Zhengbang's plans as Athletic Steward, and I interviewed him to clarify his stance on a few topics that may have been unclear based on his speech last spring.

As an athletic Steward, you obviously have a passion for sports. What would you say might be your favourite sport?

"Definitely badminton."

What are you hoping to achieve as Athletic Steward this year?

"I really want to encourage that people go out and support the JV programs this year. In my opinion, A-Day was a huge success, as the blue army came out to watch the JV games, instead of just watching the varsity teams play. Also, when I was elected, I promised to develop an esports club at UCC, and that is something that I will strive to accomplish by the end of this year."

What is the most stressful thing about being the Athletic Steward?

"As a steward, you will get a lot more meetings, leadership opportunities and communication with teachers to ensure that everything happens according to plan As a result, sometimes you will have to sacrifice the your own personal needs, which is hard to do in the IB when academics begin to matter more and more. Very good time management skills are necessary in the steward position, and it can be quite stressful at times."

What is your go-to food before playing a sport?

"I don't really eat before playing sports, but, in general, my favourite food would probably be sushi. As a border, I get to order food a lot, and my favourite place to order from is sushi zone. I am also a big fan of popeyes."

Did you feel an increase in popularity after becoming the athletic steward?

"I definitely do get recognized more by the younger population, so I guess that yes, I am more popular."

E-sports have been increasing in popularity lately. Are you hoping to develop an esports program at UCC in the future?

"Yes, as I mentioned, we have already started an esports club at UCC. We are currently having our in-school tournament of league of legends, and we are also planning on having teams that go outside of school to participate at high-schools across North America. However, we still have a long way to go to reach that goal. Also, I just wanted to spread the message that, even though esports is very cool, it is not good to play too much. It is a very valuable skill to be able to regulate your game time."

We look forward to seeing excellent leadership from Zhengbang this year as the new Athletic Steward!